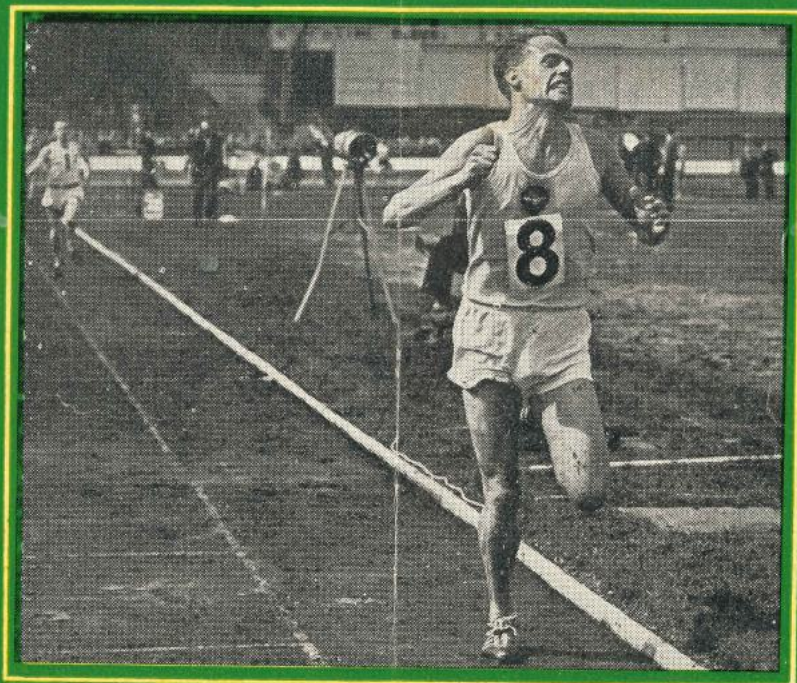


Athletics WEEKLY

Aug. 18th, 1956

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Vol. 10, No. 33



DEREK IBBOTSON WINS 3:59.4 MILE

GT. BRITAIN v. CZECHOSLOVAKIA



W.A.A.A. CHAMPIONSHIPS

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

Walking

by A. D. McSweeney

Hastings to Brighton 38 Miles

BELGRAVE dominated this South Coast annual, promoted by the Brighton A.C., and almost had 1, 2 and 3 in the individual race. George Checkley walked one of his best races, after an off colour show in the Dover 29 miles, and won by over eight minutes from clubmate Bob Newson. Norman Guilment, who won in 1953, lost third place by inches to the fast improving Pat McAvoy, of St. Albans. But the Bels scored 1, 2, 3 to win the team race with the minimum of 6 points. Poly, without Vic Stone, were second with 22pts., and the holders Surrey W.C., third with 29.

Gale force winds, met head-on for about 20 miles, made the going tough and against those going for Time standards. Times after the winner were slower than usual. Checkley was soon in front and at 7 miles was 400 yards ahead of R. A. West (Cambridge), followed by Newson, McGreechan, Beecham, and Guilment (all Belgrave), the McAvoy brothers and H. D. Neilson, last year's winner. This was much the position for the next few miles with Checkley increasing his lead. Soon after the 15 miles point West dropped behind Newson and he eventually retired. At Ringmer, 25 miles, where for once the cricket match was not in progress on the picturesque village green, Checkley had a winning lead with the next six being Newson, P. J. McAvoy, McGreechan—who along with Beecham also dropped out later, Guilment, J. W. McAvoy and V. Burr (Birmingham). Neilson, troubled by a swollen bone in his foot, was 8th.

The long pull up Lewes Hill saw little change and at the top with 8 miles to go Checkley was 7 minutes in the lead. From there to the finish Guilment made ground and went through strongly to catch McAvoy and looked likely to challenge Newson for second place, but Newson had something in reserve and the St. Albans man stuck to Guilment to get a photo-finish verdict on the line for 3rd place.

Northern 20 Kilometres

This special invitation race put on at Manchester on August Saturday of course failed, at such short notice, to get the representative field hoped for, Coleman, Vickers and Hall in particular being missing. Roland Hardy had a very easy win by over four minutes from Albert Johnson—who was a long-distance possibility

anyway. The race did provide another opportunity for Bryan Hawkins, Alf Poole and Bob Goodall to try and catch the selectors' eye, but they all failed by 2 or more minutes to get within the stipulated 98 minutes.

The actual selections will, of course, be known by the time this is in print and, on the grounds of cost alone, we must not be too disappointed if we find that the full quota of three men are not selected for each of the two walks.

Pontypool 7 (?) Miles. They are very short of tape measures in South Wales. This race, won by the AAA Junior Mile Champion, Mike Shannon, of Newport, proved to be over nine miles, when later checked. It says much for the stamina of young Mike that he maintained his good lead over that extra two miles or so to beat Dai Barry, of Roath. T. J. Simons, of Worcester, is going up the field every time out and was 3rd, beating such a good man as F. O'Reilly, of Lozells, currently in the first half dozen at this distance in the Midlands.

Aug. 4th. Northern 20km. Manchester. 1, R. Hardy (Sheffield U.H.) 1.35.47; 2, A. Johnson (Sheffield) 1.39.54; 3, B. Hawkins (Met. W.C.) 1.40.08; 4, A. Poole (Worcester H.) 1.40.30; 5, D. J. Thompson (Met. W.C.) 1.41.14; 6, R. F. Goodall (Woodford Grn.) 1.43.08.

Aug. 4th. Pontypool Open 7 Miles. 1, M. Shannon (Newport H.) 79.54; 2, D. Barry (Roath H.) 82.42; 3, T. J. Simons (Worcester H.) 83.44; 4, F. O'Reilly (Lozells H.) 84.24; 5, M. Pope (Newport H.) 87.14; 6, I. Williams (Godiva H.) 88.45.

Aug. 6th. Chertsey Open 6 Miles. 1, S. F. Vickers (Belgrave H.) 44.37; 2, E. Hall (Belgrave H.) 45.51; 3, R. E. Davies (Woodford Grn.) 46.48; 4, G. Meadows (Highgate H.) 47.16; 5, D. J. Thompson (Met. W.C.) 47.45; 6, G. M. Weston (Cambridge H.) 47.55. **Teams:** 1, Belgrave 10; 2, Woodford Green 22; 3, Met. W.C. 25. **Handicap—**P. W. Johnson (Poly. H.).

Aug. 11. Hastings to Brighton 38 Miles. 1, G. Checkley (Belgrave H.) 6h.1m.2s.; 2, R. Newson (Belgrave H.) 6.9.21; 3, P. J. McAvoy (St. Albans C.) 6.12.45; 4, M. N. Guilment (Belgrave H.) 6.12.45; 5, J. W. McAvoy (St. Albans C.) 6.18.45; 6, H. D. Neilson (Woodford Grn.) 6.19.01. **Teams:** 1, Belgrave H. (1, 2, 3) 6; 2, Poly. H. (4, 7, 11) 22; Surrey W.C. (5, 8, 13) 29. **Handicap:** 1, V. Burr (Birmingham W.C.); 2, J. Coomber (Highgate H.); 3, P. J. McAvoy (St. Albans C.). **Veteran—**A. E. Sharp (Poly.).

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EVERY SATURDAY — NINEPENCE

THE teams for Melbourne will not be announced until some time after these notes are being written and any comment will have to wait until next week. I very much doubt if there are many surprises, for the teams almost pick themselves.

For the first time I had to watch a White City meeting on T.V. instead of being there on the spot, when Britain met Czechoslovakia. I thought the coverage was excellent, though I did find Dr. Roger Bannister's frequent errors in referring to the women's christian names and clubs irritating. His hesitant style is not, in my view, suitable for television or radio. Norris McWhirter came over very well, however.

In our last number, which I did not see until it was in print, the article, "Be Fair to Athletes," was not credited to George Pallett, as it should have been. George also kindly covered the Czech match in my absence.

A few items of news regarding some of our athletes may be interesting—Robin Woodland, the 18 year-old hurdler and quarter-miler, put up an amazingly good performance during the Hercules tour abroad. In Malmo, Sweden, he ran Larabee (U.S.A.) to a very close finish over 400m., Larabee clocking 48.6 and Woodland 48.8, easily his best to date. Next to Derek Johnson this seems to be the best by a British junior over 400m. or 440 yards.

Polevaulter R. Petitjean, who had a son and heir born early in March, then twisted an ankle and only resumed training on 18th July, has shown excellent consistency in his three competitive efforts since—12ft. at Croydon on 28/7, 12ft. 4in. at Widnes on 4/8, and 12ft. 6in. at Chester on 6/8. The lay-off doesn't seem to have done him any harm.

The other item concerns Vic Fowle, who told me too late to include in our previous number that he was entering hospital for a long awaited operation. He was expecting to be in for two or three weeks, so by the time this is being read, Vic may be thinking of coming out again and, I hope, looking forward to next cross-country season!

My thanks to those who have sent in additions or amendments to the British Best Performers' list. Mr. O'Neill is abroad on holiday at present, but all these have been forwarded to him and will be incorporated in his next list.

Sqdn. Leader Noel-Johnson, former athletics chief of Fighter Command, writes in connection with our recent reference to the necessity for place times. Attending his first R.A.F. Championships since leaving the Service recently, he approached the announcer's box with a request for these other times and performances, but was, he says, rudely told to mind his own business! Seems to me the R.A.F. should pick their announcers with more care.

THE EDITOR.

Letters to the Editor

LACK OF COURTESY—OR WAS IT?

Dear Sir,

I am writing this letter because your magazine always prints the views of the ordinary club athlete. My reason is over the way the A.A.A. officials acted this morning (Sunday) at Paddington Recreation Ground, while holding trials for the British Sprint Olympic teams for the Relay events.

The middle distance coach of my club (Queen's Park Harriers) had organised a 20min. Paarlauf, on the 15th minute an announcement on the loud speaker told (not asked) all athletes to leave the track. I went up and asked the announcer to wait five minutes and then the track could be completely at their disposal. He turned round, looked right through me and went on to the track, picking out the athletes still running, embarrassing them in front of a crowd of spectators.

Finally, when they obtained their own way, there were two teams running. On the 2nd stage, Mike Ruddy stopped with a pulled muscle, when our coach offered to treat him (being willing) the British team manager would not allow it. The coach, of course, is a qualified physiotherapist.

A few suggestions as to how the A.A.A. could have been rather more tactful and thoughtful over this—

A notice could have been put on the track (there is a board there) announcing that at a certain time the British Sprint Relay Team would be having trials and would all athletes keep clear, which we would have willingly done.

After all, this track is a public one, so officials please be more thoughtful towards the club athletes, for they are considered to be the backbone of British athletics.

Yours truly,

James Whittingham,
Queen's Park Harriers

Mr. Jack Crump says:—

If some people will look for trouble, they usually find it! It was the Paddington track officials who asked (or ordered) athletes off, and not A.A.A. or B.A.A.B. officials. If someone had come up and mentioned to us that a "paarlauf" was in progress, we should have

been only too willing to wait another five minutes for it to be concluded.

Mr. Whittingham is quite wrong about Ruddy and the Q.P.H. physiotherapist. Naturally enough, I would not allow just anyone to attend to our best athletes, but as soon as the Q.P.H. man mentioned that he was a qualified physiotherapist at Paddington Hospital, I was only too pleased, with Ruddy's agreement, to allow him to treat his injury, which he did then, and the next day as well, for which we were extremely grateful.

PRESUMPTION

Dear Sir,

Will someone please correct a childish impression I had that our Olympic team was to be selected and announced this coming weekend. The Chief Coach seems to have given the Press quite a different version and it seems fairly evident to them that so far as our Ladies' relay (and presumably the sprints, too!) is concerned, the job is as good as done.

If anything was needed to put our provincial girls on their mettle, this bit of presumption on Mr. Dyson's part just about takes the biscuit. Admitted, that a relay team require lots of baton practice (lots more by the look of it!) but why select Nos. 1, 2, 4 and 6 from the Southern "100?" Would it not be better to wait for the W.A.A.A. results, which Jack Crump expects to produce plenty of shocks, and start building a relay team **after** the selectors have done their job?

Yours, etc.,

R. E. S. Clay
Holbeach

CREDIT WHERE IT IS DUE

Dear Sir,

I have just been shown a report from one of our National daily papers on the recent Prague v. London athletics match. The gentleman who wrote this report really should get his facts correct, as he is misleading the public.

He writes that the victories of Sheila Hoskin and June Paul were in no small measure due to the coaching received from Geoff Dyson at Motspur Park on Sunday mornings. But, let us give credit where it is due. Almost

everyone connected with athletics knows that Miss Hoskin is coached by George Pallett, and has been for a long time. As for Mrs. Paul, since her come-back last October she has been coached by Charlie Warner, of Highgate Harriers. I understand the only coaching these girls receive at Motspur Park is in the new (to our athletes) baton changing technique.

There must be many other cases of athletes being coached by people who do it in their spare time, not to get into the public's eye but for personal satisfaction and a genuine love of athletics—people of whom the public seldom, if ever, hear.

As for the baton-changing, surely if a new method is advocated, it would have been better to have brought it into being earlier than this Olympic year. After our girls' efforts against the Czechs this week-end at the White City, I cannot help but feel it would be wiser to stick to the "old-fashioned" method. After all, it served quite well at Helsinki, when our girls were placed third in the Olympic sprint relay final—no mean feat.

Yours sincerely,

Ron Chipperfield,
Hampstead.

COMMENTARIES ON TRACK EVENTS

Dear Mr. Editor,

I notice that in his report on the meetings in U.S.A., Peter May states that he liked the sort of commentary given by the announcer while the races were on.

So far as field events are concerned a detailed commentary is undoubtedly very valuable and informative to spectators, without in any way affecting the competition. Where track events are concerned, however, it is to be hoped we shall not have running commentaries of the type heard at some local athletic and cycle meetings, which can affect the tactics of a race by informing the leaders what is taking place behind them.

Would it have been fair to Frank Sando, for example, in his attempt at overhauling Ken Norris in this year's A.A.A. 6 Miles, to have had the announcer comment in such a way as to warn Norris?

Any commentary on track events should be restricted to information on the event itself

and the various competitors; it should not comment on the progress of the race.

Yours sincerely,

H. C. Rogers,
Cambridge H.

RECORD ATTEMPTS

Dear Sir,

I am in full agreement with your correspondent, Mr. P. Jex, that athletes and club officials are not, on the whole, to blame for the unwanted publicity on the "new record attempt" lines that we see from time to time in the national newspapers.

However, I do feel that the A.A.A. could give us a stronger lead on the matter, especially where a race, or event, has become subjected to a great deal of ridiculous publicity several days before the fixture. The newspapers played up the recent 10,000m. Croydon race for some days beforehand, and we were made very much aware of the fact that Mr. Pirie was going to try for a new world record. Some writers gave the names of certain runners "ready to assist Pirie in his record bid" and there were even detailed descriptions of Pirie's personal attempts at track-levelling. Even if neither the participating athletes nor the club officials were in any way responsible for this press build-up it is still most unreasonable to suggest that they were entirely oblivious to it.

I maintain that the A.A.A. should take disciplinary action in future against any athlete or official found guilty of knowingly taking part in an event publicised as a "record attempt."

I am,

Yours sincerely,
Charles Bannister.
Q.P.H. and R.R.C.

Other letters have been held over until next week.

WORLD RECORD FOR 100m.

In Berlin's Olympic Stadium, at an international Services' meeting, Willie Williams, the coloured U.S.A. sprinter, beat the world record for 100m. with 10.1sec., on 3rd August. The next day Ira Murchison, another U.S.A. coloured runner, clocked the same time. They met in the final on 5th August, Williams winning a great race in 10.1 after the smaller Murchison had led until just past the half-distance, when Williams came through powerfully to win by a yard.

GEORGE PALLETT reports on *Gt. Britain v Czechoslovakia*
at *White City, August 4th—6th*

(Men) **GT. BRITAIN 119 pts. CZECHOSLOVAKIA 93 pts.**
(Women) **GT. BRITAIN 58 pts. CZECHOSLOVAKIA 46 pts.**

WHEN London met Prague on 21st/22nd July, it was a Prague inflated to national status. London's men lost by 17pts. (103-120), while London's women won comfortably 63-43.

The reinforcement of London might bring better performances, but in some events could not improve points scoring—the national men's team could win, but might lose. The women could not but win.

The first day was notable for a javelin win by Peter Cullen—one not expected. Praise Cullen and Harradine who, although fourth, has recovered valiantly from a spell of bad form to a very good 215ft. which left us un-ashamed.

Spotlight, please, for Ken Wood and Derek Ibbotson, less publicised than most, winner of the one and three miles. They have shone consistently throughout the season — great-hearted runners.

Recovery of Mike Ruddy; not for nothing I pulled him out of the 200 metres in Prague to recover confidence in a 400 metres with his supreme fitness. It worked. Mike's back. Note Peter Hildreth's determination to get to Melbourne—14.3 against 14.4 in Prague.

The women? June Paul's powerful acceleration to emphasise her outstanding class. The world class jumping of Sheila Hoskin and Thelma Hopkins—with Sheila marking her first

personal win over Thelma. Follow me through the programme—

Javelin (Men). Jan Perek led the first round (214.7½), and followed with a second round 218.6. Peter Cullen threw his wooden javelin aside, and hurled an armour piercing metal missile to a personal best 224.9½—new British national and English native record. Perek continued to strive, but a last throw of 222.5½ failed to dislodge Cullen.

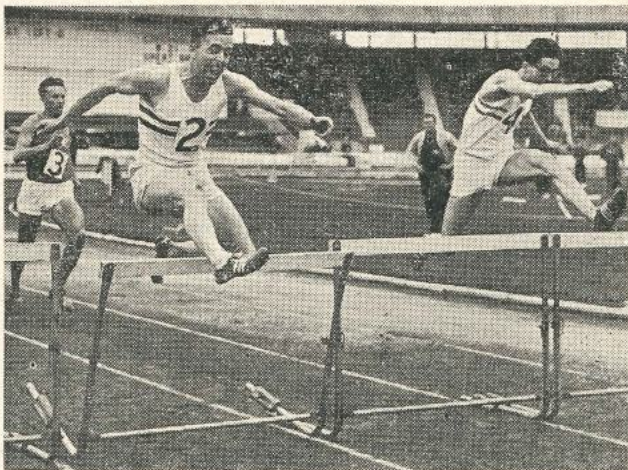
Long Jump (Women). The sprinter beat the high jumper, with the high jumper the more consistent in the gusty conditions, as is always to be expected. First and second places both assured in the first round — Sheila Hoskin 19.7½ and Thelma Hopkins 10.5½. Czech record holder (19.9½), Zlata Rozkosna, registered her best of 18.9½ in round 5.

120y.H. Peter Hildreth, with electric start, led at the first hurdle. A grim, determined Jack Parker inched his way level, and they rose to the last together. Hildreth with the edge on the run in—the Czechs never in the hunt. Parker close enough to equal Hildreth's time—too much wind (but only just too much) for a record.

100y. (Women). Tiny Madeleine Weston's short, quick stride had her quickly in the lead, an implacable and powerfully striding June Paul rapidly overhauling her, and driving re-

★
Tom Farrell (G.B.) No. 2, is still leading in the 440 yards hurdles race against the Czechs, but he is tiring and hits a hurdle, to be passed by his colleague, Peter Hildreth, No. 4.

H. W. Neale



morselessly to a two yard plus victory. The Czechs outdistanced, Czech record holder Libuse Strejckova beaten into fourth place by team mate, Vera Svajgrova.

High Jump (Men)—Jiri Lansky and Jaroslav Kovar, certain first two places on form, only an inch ahead of a 6ft. 4in. Paul Stableforth—his best ever. Paul is finding something in his approach at last, and there is more there. Piper at 5ft. 10in., was lamentably below his best.

Weight (Women). Not again, Suzanne! But still among them. Her 45.11 victory in Prague dropped to 43.4½, but still only an inch behind winner Jirina Voborilova, who revenged her defeat by team mate Vera Zapadlova a fortnight previously. Pity we have only one girl in this event to place among these strong throwing countries.

440y. Peter Higgins too fast over the first furlong? He stormed to the halfway mark, Mike Wheeler strong after him. Both jaded in the straight, Higgins holding on to win, but Wheeler giving way to Josef Trousil who equalled Higgins' time.

Mile. Brian Hewson straight into the lead, a determined Stanislas Jungwirth taking over in the back straight. Jungwirth first lap 59.6; over to Dusan Cikel, who registered 2:34 for the 880 yards—still bunched in the order Cikel, Jungwirth, Hewson and a patiently waiting Ken Wood. Jungwirth into the lead, Hewson moving in the back straight to split the Czechs—Wood still waiting, waiting. Three quarters in 3:6.0, and still on—no long finishes. Hewson struggling to pass Jungwirth up the straight, when frantically comes Wood outside both, machine driven, for a tight win with Jungwirth and Hewson locked in that order with the same time.

880y. (Women). Betty Loakes led a bunched first lap in a slow 72.3sec. Phyllis Perkins took over—a two girl race. Loakes valiantly attacked in the back straight—Perkins held her off, strode indomitably and majestically home, with Loakes holding off a tiring Bedriska Mullerova, whose team mate Dagmar Kosilkova was at a distance.

3 miles. Turn and turn about in the lead was the plan and accomplishment of Derek Ibbotson and Ken Norris—over to you, over to you and so on. An ineffective Tomis trailing from half distance. Marko Graf holding the two Englishmen, Ibbotson powerful and easy. A serene procession to the bell, then an eel-like slip through on the *inside* of both Englishmen by Graf, who led to the back straight. An electric last lap of 57.8 by Ibbotson, who flared away over the last furlong, a regulation 25

yards between him and Graf, and between Graf and Norris. Mile—Norris 4:31.4, two miles 9:5.2.

Long Jump (Men). Only Zdenek Prochazka on form—to win some six inches below Roy Cruttenden's distance in Prague a fortnight before. He had three over 24ft.—Cruttenden only two over 23ft. Box was mediocre. I wonder what Wilmshurst, the warrior, might have done?

Hammer. A needle match. Close in Prague a fortnight previously, the four protagonists were hopeful either to maintain or break the sequence. Don Anthony certainly split the Czechs—his throwing determined and grim—three feet covered the last three. Peter Allday seeming to spin so fast one wondered which was the missile. Anthony had four valid throws within a range of 2ft. 3in.

220y. (Men). A flash of Brian Shenton, a quick overhaul by Vilem Mandlik, Mike Ruddy trailing into the straight, then fighting through to second place behind Mandlik. Shenton losing form in desperation at the end. Ruddy 21.4 for 200m.—qualifying for Olympic consideration.

440y. Relay (Women). Draw a veil, quickly. Both teams disqualified and the British take-overs travesties. A re-run. Madeleine Weston fumbles to Ann Pashley, down goes the baton. Ann Pashley and June Paul foul the takeover. Four downhearted girls who could not entirely be blamed for following a plan filmed at each take-over to provide material for study. There will be plenty. The Games are the target.

Steeplechase. Vlastimil Brlica, no mean steeplechaser, and Ivan Takac played turn and turn about. Brasher and Disley—a confidently running Disley, followed a pace which suited. Disley flashes into lead for the last lap, Brasher follows, Disley's shoe bursts as he approaches the last water jump, he stumbles over, Brasher tries to pass but Disley holds, and both finish inside Shirley's British All-Comers' National and Native record of 8:47.6.

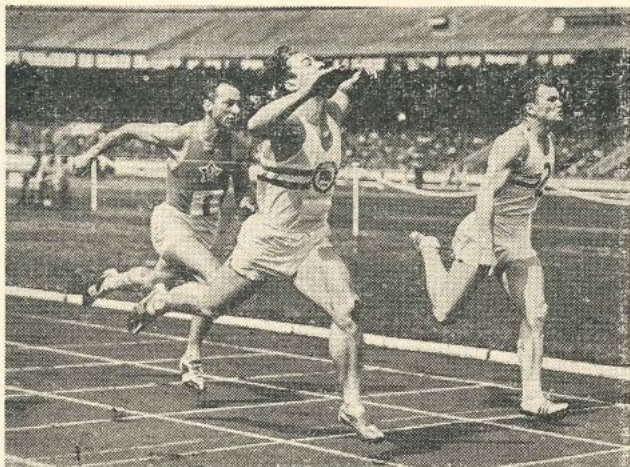
Mile Relay. Nothing occurred to prevent an expected British win. A steady increasing lead from start to finish.

A.T.C. v. A.C.F. The only interest in three events was South London Harrier Langridge's calmly won 880 yards for the A.C.F. in 1min. 59.8sec.

Score. First Day—G.B. 63, Czechoslovakia 54 (men). G.B. 28, Czechoslovakia 21 (women).

Second Day 6th August

Notable for Mark Pharoah's discus victory, Ken Wilmshurst's best ever triple jump to



Unexpectedly, Gt. Britain have the first two in the 100 yards, won by John Young (centre) from E. R. Sandstrom (right), in the match against Czechoslovakia.

H. W. Neale

snatch an unexpected win; Olga Fikotova's obliteration of Nina Ponomaryeva's all comers' discus record; a crazily fast first lap by Phyllis Perkins which almost lost a record in the 1½ miles women's relay, and a gloriously inspired repetition of the British national and native mile time by Derek Ibbotson. Nothing seems fast enough to prevent this great runner flying the last lap.

Discus (men). Pharaoh whipped out the winner in his first throw. Carr had three fouls and was obviously worried. Vrabel's penultimate was his best—he tried too hard in his last. Valent took three throws before settling down—then it was too late.

Pole Vault. Aggravation of old injury by Geoff Elliott when warming up let in Bert Hopkins. Absence of Michael Schmidt, George Broad has left out vaulting weaker than ever. Too much for Hopkins, but Ian Ward excelled himself under the burden of full responsibility—equalling the height of Jiri Krejcar and Stanislas Stefkovic. The Czechs were technically better performers and deserved full points.

440y. Hurdles. Reserve Peter Hildreth, inside lane, set a deceptively fast pace. Farrell seemed to have the race in hand at half distance, three yards up on Hildreth. At the last hurdle Hildreth rose with the Czechs, Lubomir Bartos and Miroslav Borsuk, Farrell still slightly ahead, but Hildreth was devastating in the rush for the tape—a worthy winner.

Javelin (women). Dana Zatopkova unusually erratic—shooting 121.5 on her third and fouling her fourth. Only on her fifth, the winner, did she get near normal standard. Williams

got her third and fourth over 130ft., and our girls did well to split the Czechs.

Weight (men). Jiri Skobla had to win. Palmer, suffering from aftermath of stomach trouble and an unsettling experience on Sunday, was not his usual reliable self, but John Savidge took his place to split the Czechs—his best was his second heave.

80m. Hurdles. Thelma Hopkins away first, but a fast build up by technically more perfect Pam Elliott, caught her at hurdle 6 and left her struggling unsuccessfully trying to hold off Mirka Trkalova, who was well beaten by Pauline Wainwright, in Prague, a fortnight earlier. Wonder why Wainwright was left out?

100y. (men). An unsteady John Young broke. On the mark again, Sandstrom followed suit, but a clear start at the third try found a flailing Young driving relentlessly inches all the way ahead of Sandstrom and well beating the more fancied Czechs, Vaclav Janeczek and Vilem Mandlik.

Discus (women). Olga Fikotova's first, second and fifth throws were all winners, but the second was best. Stepani Metova's fourth gave her second place. Suzanne Allday and Maya Giri were valiant but this was out of their class. The Czech girls were smoother.

Triple Jump. Frost could not hope to compete with this field, but Ken Wilmshurst excelled for the first time this year. His first three were over 50ft. (51.2½—the winner, 50.6, 50.4½). The consistent Martin Rehak and the erratic Vlastimil Kaleyky, both better on recorded form, could not match an ebullient Wilmshurst.

880y. (men). Ca' canny for 220 yards meant a slow time. All close at the bell, Alex Zvolensky leading, Mike Rawson made the now common tearaway in the back straight. Derek Johnson followed, but Rawson held an established three yard lead to the finish. Ludvig Liska tried hard to inch a struggling Johnson out of second place without success.

220y. (women). A fiercosomely strong and confident June Paul led record holder Jean Scrivens from start to finish. In contrast to the discus, now it was the Czech's turn to be outclassed—Libuse Strejckova and Marta Pospilova were way down.

6 miles. Frank Sando dictated, Foord followed, and the British pair at two miles were happily out on a fast training spin with the Czechs, Ullsperger and Rudolf, already trailing. A Sunday stroll for our pair, with a friendly chat in the fourth mile to relieve the monotony. Vaclar Rudolf was never in the hunt, and Zatopek's protege, Ullsperger, is not a Zatopek—yet.

High Jump (women). Bad conditions found Olga Modrachova erratic and in trouble. Audrey Bennett was disappointed after her win in Prague. Thelma Hopkins had a clear margin and better adapted herself.

440y. Relay (men). Adrian Breacker and Brian Shenton, on stages 3 and 4, had the attack to weather, for here were the Czechs, Vaclav Janecek and Vilem Mandlik. This let John Young and Roy Sandstrom establish a powerful lead. Janecek reduced it against Breacker, but a rocketing Shenton held off Mandlik. Baton passing fair and will improve—as it must.

Match result—(Men): G.B. 119, Czech. 93. (Women) G.B. 58, Czech. 46.

Cadets Match. We can do better than this at an international meeting. ACF beat ATC 67-58. The second day's racing brought only a candlelight—J. A. Haynes effective 51.0sec. 440 yards win. The mile was a crawling mediocrity.

3,000m. Invitation. An anticlimax. Douglas did the work at mid-stage—although the impression was of a chummy Saturday's social run over the country. Perkins, Norris and Brasher all kept well placed in a compact field, and Brasher broke loose 220 yards from home. Perkins and a jaded Norris had to be satisfied with a battle for second place.

1½ miles Relay (women). Teams obviously arranged to provide a race. Madeline Wooller set a steady fast pace for an approximate 2:11 first half mile, Hodges surprisingly with her at the end. A sedate crawl by Norah Smalley on receipt from Wooller deservedly led to last

lap defeat by Betty Loakes—despite the unnecessary dramatics by Smalley at a minor stumble on the last bend. Perkins took from Smalley to rush past Vincent for an under-minute first lap, which left her in the last furlong casting agonising glances back at Vincent, who was closing the gap. Loakes-Smalley second stage around 2:17 and Perkins around 2:16. Verdict—shocking pace judgment in last two stages.

Emsley Carr Mile. Sparkling champagne! Surreptitious pace making for Boyd. Clarke, Disley, Delaney led round the first bend, Disley led into lap 2, with Boyd and Ibbotson on his heels. Beginning lap 3 it was Gordon, Boyd and Ibbotson—an Ibbotson finding the pace comfortable. Beginning lap 4, exhortations from Ibbotson having failed to goad a willing but unable Gordon to move faster, Ibbotson himself went out, opened a gap from a frantically striving Boyd and, warned of the possibility, thrashed himself into lonely glory in the home straight. Boyd, too, was lonely but in splendour; behind Ibbotson, true, but a class ahead of the others.

Comment. Centre field commentary a good idea—but vital statistics of field competitors uninteresting and marked the paucity of material for commentary. Distance indicators at long jump early inefficient, and sometimes annoyingly obscured by the operating stewards. Starting better than normal. Comment from spectators around — too many intervals, six miles with four runners uninteresting and should be early in programme. Noted—rising interest in field events and general recognition of good performance. Criticism of Geoff Elliott's loss of form in pole vault—it was Ian Ward!

Verdict. Derek Ibbotson saved the day. The 3000 metres invitation and crazy running in women's 1½ miles relay nearly ruined it.

Complete results—

100: 1, J. R. C. Young (GB) 10.0; 2, E. R. Sandstrom (GB) 10.1; 3, V. Janecek (C) 10.2; 4, V. Mandlik (C) 10.2.

220: 1, V. Mandlik (C) 21.4; 2, M. J. Ruddy (GB) 21.6; 3, B. Shenton (GB) 21.7; 4, V. Janecek (C) 21.9.

440: 1, F. P. Higgins (GB) 48.8; 2, J. Trousil (C) 48.8; 3, M. K. V. Wheeler (GB) 49.0; 4, J. Jirasek (C) 49.6.

880: 1, M. A. Rawson (GB) 1:55.0; 2, D. J. N. Johnson (GB) 1:55.6; 3, C. Liska (C) 1:55.9; 4, A. Zvolensky (C) 1:57.0.

Mile: 1, K. Wood (GB) 4:03.8; 2, S. Jungwirth (C) 4:04.0; 3, B. S. Hewson (GB) 4:04.0; 4, D. Cikel (C) 4:06.8.

3 Miles: 1, G. D. Ibbotson (GB) 13:28.2; 2,
Continued on page 17

MICHAEL WHEELER

(BOURNEMOUTH A.C.)

*answers the
Questionnaire*



- ★
- Name (Surname first):** Wheeler, Michael Keith Valentine
- Birthplace and date:** Watford, 14/2/35
- Height:** 6ft. 2in.
- Weight:** 12 stone
- Occupation:** School Master
- Club:** Bournemouth A.C.
- When did you first commence athletics?** 1952
- What were your first events?** 100yds., 220yds., 440yds., 880yds., 1 mile, long jump, shot.
- What are your favourite events now?** 100yds., 220yds., 440yds.
- What are your best marks at these events?** 100yds. 9.8; 220yds. 21.6; 440yds. 47.7; all done this year. 1955. 46.6 (metric relay leg).
- Give brief details of your athletic career, championships won, dates and performances:**
- 1952 1st Public Schools 440yds. 51.1.
 1953 1st Public Schools' 440yds. 50.0 (rec.); 1st 100yds. 10.3.
 1954 1st Hants 400yds.; 3rd Southern Champs. 440yds. 49.4.
 1955 1st Hants 440yds.; 3rd Inter-Counties 440yds. 49.1;
 1st Kinnaird 440yds. 49.4; 2nd A.A.A. Champs.

47.7; 1st G.B. v. Hungary 48.3; 1st GB v. France 400m. 47.7; 2nd G. B. v. USSR 47.4; GB v. Czechoslovakia.

1956 2nd Inter-Counties 440yds. 47.9; 1st Hants 100yds. 9.8; 1st 220yds. 21.8; 1st 440yds. 49.1; 1st Southern Champs. 440yds. 47.7; 1st, A.A.A. Champs. 47.7.

Which performance gave you most personal satisfaction and why?

A.A.A. Championships 1955. It had always been my ambition to beat Peter Fryer. I did not succeed in this race, but I had the great satisfaction of sharing the English record with the man who had given me such encouragement in athletics.

How many days a week do you train in (a) Summer and (b) Winter?

(a) 2. (b) 4 or 5.

At what time of the day do you normally do your training?

Evening.

How long do you spend on each training session?

1-2 hours.

Give a brief outline of your training in the Summer season, with a typical week's work:

Monday: 3 x 330yds. sprint starts.
Tuesday: Rest.
Wednesday: 4 x 220yds.—sprint starts.
Thursday: Rest
Friday: Rest
Saturday: Race
Sunday: Jog or rest.

Give a brief outline of your training in the Winter season, with a typical week's work:

Actual winter 24 miles jogging a week. In the spring:—
Monday: 3 x 100yds., gym exercises, 3 x 100yds.
Tuesday: 660yds., gym exercises, 2 x 100yds.
Wednesday: Gym exercises.
Thursday: 3 x 100yds., gym exercises, 880yds. or 660yds.
Friday: Rest.
Saturday: Rest.
Sunday: Jog.

How often do you compete in the competitive season(s)?

Twice a week if possible.

Describe briefly the warming-up you do before competition and time taken:

½M. jogging, 3 x 150yds. fast stride. About 15-20mins.

How many days rest do you prefer before competition?

Two.

Name the coaches who have coached you:

C. J. E. Betty (Taunton Sch.) and P. C. Hearl (Bournemouth).

Have you any suggestions for improvements in competition or athletics generally?

More encouragement and thought for the Southern athlete. Why not hold the Southern Championships at Southampton or Brighton, so that we are not all having to come to London.

What advice would you offer to the young athlete or novice?

Find a good coach. Get the will to win. Do not let athletics rule your life, but mix your pleasures equally.

Scottish Notes

By W. DIVERTY

SCOTTISH JUNIOR CHAMPIONSHIPS At New Meadowbank

The S.A.A.A. Junior Championships provided a fine afternoon's sport and several new records were made as well as equalled.

Junior Results

100y: 1, A. G. Watson (Shettleston) 10.6; 2, J. D. Middlemiss (Edin. H.) 10.7; 3, J. H. Durham (Fettes C.) 10.7. **220y:** 1, G. A. Irving (Braidburn) 24.0; 2, J. H. Durham (Fettes C.); 3, A. G. Watson (Shettleston). **440y:** 1, I. M. Smith (Vic. Pk.) 51.4; 2, R. L. Hay (Geo. Heriots); 3, J. R. Cargill-Thomson (Vic. Pk.). **880y:** 1, I. McIsaac (Vic. Pk.) 1:59.3 (eq. C.R.); 2, J. Thomson (Motherwell YMCA) 1:59.4; 3, R. G. Clark (Clydesdale H.) 2:2.6. **1m:** 1, M. I. Gillies (Vic. Pk.) 4:32.7; 2, D. McNish (Watsonian A.C.); 3, S. Taylor (Aberdeen A.C.). **120y.H:** 1, R. H. Weir (Falkirk T.S.) 15.7 Champ. Rec.; 2, R. D. McLeod (Aberdeen Un.); 3, M. E. Weir (Edin. Un.). **220y.H:** 1, I. M. Alexander (Geo. Heriots) 24.7; 2, R. H. Weir (Falkirk T.S.); 3, M. E. Weir (Edin. Un.). **H.J:** 1, A. R. Houston (Vic. Pk.) 5'9"; 2, J. G. Shand (Aberdeen A.C.) 5'7"; 3, I. L. Thomas (Motherwell YMCA) 5'5". **L.J:** 1, C. J. Stalker (Dollar Ac) 21'3"; 2, W. Talbot (Motherwell YMCA) 21'0"; 3, E. W. Fraser (Aberdeen A.C.) 20'3½". **P.V:** 1, E. L. Campbell (Geo. Heriots) 9'6"; 2, W. D. Bonner (Geo. Heriots) 9'0"; 3, A. Ramsay (Geo. Heriots) 9'0". **S.P:** 1, R. R. Sharp (Vic. Pk.) 44'6½" (Champ. Rec.); 2, J. Wilson (Queen Victoria S.) 44'10"; 3, J. Macdonald (Geo. Watson's) 44'8½". **H:** 1, J. J. Stott (Fettes C.) 135'4½"; 2, R. C. Kirkwood (Fettes C.) 125'0"; 3, W. R. Cunningham (Athenian) 83'0". **J:** 1, M. S. Pearce (HMS Caledonia) 153'8½"; 2, R. P. Mather (Glas. Un.) 150'3"; 3, A. Ramsay (Heriot A.C.) 141'8½". **D:** 1, W. D. Bonnar (Dollar Ac) 136'11" (Champ. Rec.); 2, J. D. Macdonald (Geo. Watson's) 131'11"; 3, R. R. Sharp (Vic. Pk.) 122'2".

Youths

100y: 1, R. Hall (Dunfermline H.S.) 10.4; 2, M. W. Hinde (Johnstone H.S.); 3, A. Black (Tillicoultry). **880y:** 1, D. Hamilton (Braidburn) 2:6.9; 2, G. G. Pearson (Tillicoultry); 3, P. M. Flaherty (St. Modans). **H.J:** 1, D. S. Cairns (Springburn H.) 5'8"; 2, P. T. Mackenzie (Fettes C.) 5'6"; 3, D. R. Harvey (Kirkcaldy) 5'2½". **S.P:** 1, T. Gifford (Boroughmuir S.) 44'2"; 2, K. L. Orr (Royal H.S.)

43'3"; 3, I. Johnstone (Motherwell YMCA) 41'3".

Senior Relay Championships

4 x 110y: 1, Victoria Pk. "B" (A. S. Dunbar, R. Quinn, H. Quinn, R. Whitelock) 43.8; 2, Glasgow University 44.2; 3, Victoria Pk. "A" 44.3. **4 x 440y:** 1, Edinburgh Un. (K. A. Robertson, I. Sutherland, C. A. R. Dennis, J. V. Paterson) 3:26.8 (Champ. Rec.); 2, Glasgow University; 3, Victoria Pk.

SCOTTISH SCHOOLS' A.A.A. CHAMPIONSHIPS

Boys

Weather conditions at Westerlands were bad, with rain falling all afternoon which, together with a stormy wind, made things difficult for the competition. The Eric Liddell Trophy for the best performance of the day was won by Malcolm Gillies (Hyndland S.S.) for his victory in the mile. His time of 4:28.3 was excellent in view of the adverse conditions. Another fine senior performance was put up by A. G. Watson (Whitehill S.S.) who won the 100yds. in 10.2 and the 220yds. in 22.7. The best Junior achievement of the meeting was in the 100yds. won by R. Hall (Dunfermline M.S.) in 10.1.

Senior (17/19yrs.): **100:** A. G. Watson (Whitehill) 10.2; **220:** A. G. Watson (Whitehill) 22.7; **440:** R. L. Hay (G. Heriots) 52.3; **880:** W. Hunter (Wishaw) 2:03.6; **Mile:** M. Gillies (Hyndland) 4:28.3; **120H:** L. Weir (Falkirk T.) 15.4; **220H:** M. Alexander (G. Heriots) 23.6; **LJ:** D. A. McLeod (Edin.) 20'1½"; **HJ:** J. Freebairn (Kilayth) 5'7"; **HSJ:** L. J. Salker (Dollar Ac.) 43'9½"; **PV:** E. L. Campbell (G. Heriots) 8'0"; **Wt:** R. Russ (Boroughmuir) 44'2½"; **D:** J. D. McDonald (G. Watson's C.) 130'5½"; **J:** G. F. Boyce (Aberdeen) 155'6½"; **H:** J. J. Stott (Fettes C.) 134'8½".

Girls

Held at Dunfermline

The Frances Basher Shield for the best performance of the meeting was won by Moira Campbell (Paisley G.S.) who won the Senior 100yds. in 11.3. G. Stead (Hyndland S.S.) had a good double success, winning the long jump 16'0½" and the javelin 75'1". In the junior programme M. Lyman (Bellahouston) recorded a double victory in the 100yds. 11.6 and the long jump 15'9¾".

Continued on page 19

WOMEN'S A.A.A. CHAMPIONSHIPS

WHITE CITY, AUGUST 10th-11th

IT was a pity that the strong winds on the Saturday interfered with the excellent performances at the Women's A.A.A. Championships, held at the White City last week-end.

They prevented June Paul's 10.6 for the 100 yards, and Pam Elliott's 11.1 for the 80m. hurdles going forward as British records, and with such a long straight and similar conditions applying, I cannot see how a record can be claimed for the 220 yards either. Which is a pity, for June's sprinting was really great stuff.

The previous evening in the 100 semi-finals, timekeepers gave Heather Armitage 10.8 and Ann Pashley 10.9, but the judges gave them the other way round. Mrs. Gillis, the referee, rightly gave the judges' verdict, but though this time equalled the British record—also equalled by June Paul in the other semi-final—it could not go through as the timekeepers could only give Armitage 10.9. Madeleine Weston had to withdraw from the 100 semi-finals owing to a badly swollen ankle caused by a bite.

In the final the next day Pashley was quickly away and into a slight lead, but after 20 yards the field split into two groups, with June Foulds chasing and passing Pashley 20 yards out, and Pashley just holding off Armitage, the other three not being in the hunt. The time was 10.6, but the wind assistance was considerable. In the 220 it was Paul again, and after the long straight was reached, she did not appear to be fully extended, despite the fast time. Janet Ruff retained her 440 title without any trouble and her time of 56.5 is just about

the fastest on record, though not recognised by the I.A.A.F.

Phyllis Perkins ran a fine tactical race to win the 880, never showing in front until she made her burst for home with 200 yards to go. Then it was all over bar the shouting, with Loakes a good second. Wooller probably has the ability to go faster but lacks the drive of the first two. It was a roughish race, with Smalley stumbling after 220 yards and nearly going headlong; then just after the bell Vincent and Oliver got tangled up and nearly did the same.

It was a very subdued Diane Leather who took the mile. Vincent led until just before she dropped out at 2½ laps, then Leather went up and, without pushing herself too hard, went on to win quite easily from the strong finishing June Bridgeland in what to her must seem rather slow time.

Dilys Williams walked well and very fairly to take the mile walk from the holder, club colleague Beryl Randle, with yet another Birchfield girl third.

In the hurdles final, Iris Pond really pulled one out of the bag. She led over the first two hurdles and only Pam Elliott managed to catch her, going on to win by 1½ yards in 11.1, with the next two showing 11.2.

Competition in the long jump was very close, 8½ inches covering the first six, but Sheila Hosking was unable to reach her best form in the gusty conditions and won by the narrowest of margins.

★

The incident of the dropped baton in the Gt. Britain v. Czechoslovakia match, during the change-over between Madeleine Weston and Ann Pashley in the Women's 4 x 110 yds. Relay.

E. D. Lacey



★

Keep going on Bovril

It's the ounce of energy in reserve that makes a winner. The strength saved up for the final, record-breaking burst. That's why so many athletes train on Bovril.

The goodness of beef in Bovril builds up muscle and stamina. It strengthens and sustains you. And when you've played hard or worked hard—there's nothing so reviving as a cup of Bovril, piping hot. What a grand, cheering drink it is!



BOVRIL puts *beef* into you

June Paul wins the 100 yards for Gt. Britain against Czechoslovakia from Madeleine Weston (G.B.), well clear of the Czech runners.

E. D. Lacey



Audrey Bennett seemed to have booked a ticket for Melbourne with her earlier consistent performances this season, but a leg injury, a boil and the wind helped to make it "one of those days," and she could do no better than sixth. After a close tussle the title went to evergreen Dorothy Tyler, whose consistency year after year is amazing.

Suzanne Allday continued her rapid improvement by setting a new discus record and beating the former record for the shot, though she has a slightly better performance awaiting ratification. The other throwing event, the javelin, went to Orphall, of Spartan, after the young Stoke girl, Podmore, had led the qualifiers on the Friday.

Ann Roberts lost what must have been a very narrow decision to Hyman, of Hickleton Main, who was chasing the London girl from the start of the junior 100 yards, while in the junior relay Roberts just got up at the finish to give Olympiades the verdict over Southend.

Women's meetings are so often criticised that a word of praise will not come amiss. There were instances of lack of co-operation between starter, announcer and field events, and a shocking blunder over the junior sprint semifinals, but officiating seems to be improving and the announcing was better than at some of the men's meetings, with performances of the first six in each event given throughout without any prompting.

Complete results:—

100: 1, J. Paul (Spartan) 10.6; 2, A. Pashley (Gt. Yarmouth) 10.7; 3, H. Armitage (Longwood) 10.7; 4, V. Cutting (Ilford) 10.9; 5, S. M. Francis (Manc'r) 11.1; 6, S. Hampton (Phoenix) 11.2.

220: 1, J. Paul (Spartan) 23.8 (Brit. A-C, Brit. Nat. and Eng. Nat. record); 2, J. Scrivens (Selsonia) 24.0; 3, S. Hampton (Phoenix) 24.5; 4, H. Armitage (Longwood) 24.6; 5, S. Burgess (Woolwich Poly.) 24.9; 6, O. Lake (Grimsby) 25.6.

440: 1, J. Ruff (Basingstoke) 56.5 (Brit. A-C, Brit. Nat. and Eng. Nat. record); 2, J. C. Bonner (Ideal St.) 57.0; 3, J. Buckmaster (Aldershot) 57.6; 4, V. Murphy (Rowntrees) 58.5; 5, A. M. Reilly (Ardeer Rec.) 59.0; 6, J. G. Herman (Edinburgh) 60.4.

SOUTHALL ATHLETIC CLUB

Affiliated to A.A.A., Mx.C.A.A.A., etc.

INAUGURAL

TEN MILES OPEN ROAD RACE

on

Saturday, 22nd September, 1956

from

A.E.C. Sports and Social Club

Windmill Lane, Southall, Middlesex

at 3 p.m.

Hot Showers and Refreshments available.

INDIVIDUAL PRIZES—1st, 6 Gns.; 2nd, 4 Gns.; 3rd, 2 Gns. 1st Veteran (40 years and over on day of race) 3 Gns. 1st Novice (Never before competed in a race of Ten Miles or over) 3 Gns. Certificates to all finishers.

TEAM PRIZES—The Winning Team (4 to run, 3 to score) will hold the "Quaker" Challenge Trophy for One Year and receive a set of Medals. 2nd and 3rd Team—Set of Medals.

ENTRIES—On A.A.A. Forms, together with fees (7/6 each Team, 1/6 individuals) must reach P. J. Cahill, 23 Norman Avenue, Southall, by Monday, 10th September, 1956.

880: 1, P. Perkins (Ilford) 2:13.2; 2, B. Loakes (Kettering) 2:15.7; 3, M. Wooller (Spartan) 2:16.1; 4, I. P. Hodges (Birchfield) 2:16.1; 5, N. R. Smalley (Portsmouth A.) 2:16.3; 6, O. Foster (Harrogate) 2:20.0.

Mile: 1, D. S. Leather (Birchfield) 5:01.0; 2, J. Bridgland (So'ton) 5:03.2; 3, A. Oliver (Gosforth) 5:06.4; 4, N. R. Smalley (Ports. A.) 5:07.2; 5, R. Ashby (Cov. Godiva) 5:08.4; 6, M. A. Bonanno (Highgate) 5:20.8.

80m.Hdls.: 1, P. Elliott (Essex Ld.) 11.1; 2, I. Pond (Lond. Olymp.) 11.2; 3, P. Wainwright (Airedale) 11.2; 4, C. Quinton (Birchfield) 11.5; 5, A. C. Ivins (Blackpool and F.) 11.6; 6, S. M. Francis (Manc'r U.) 11.7.

Mile Walk: 1, D. Williams (Birchfield) 7:47.6; 2, B. Randle (Birchfield) 7:58.2; 3, R. T. Phillips (Birchfield) 8:13.4; 4, N. Loines (S. Heath) 8:21.6; 5, G. E. Williams (Lond. Olymp.) 8:24.4; 6, M. A. Rogers (Lond. Olymp.) 8:25.4.

Long Jump: 1, S. Hoskin (Spartan) 18'6½"; 2, J. Whitehead (Lond. Olymp.) 18'6¼"; 3, C. Cops (Southend) 18'4¼"; 4, M. Bignal (Millfield Sch. and Bristol S.) 18'3"; 5, D. J. Tyler (Mitcham) 17'11¼"; 6, J. Day (Mitcham) 17'10".

High Jump: 1, D. J. Tyler (Mitcham) 5'3"; 2, M. Bignal (Millfield Sch. and Bristol S.) 5'3"; 3, J. R. Pearce (Croydon) 5'3"; 4, L. Line (Univ. of Lond.) 5'2"; 5, S. Etherton (I. of Wight) 5'2"; 6, A. Bennett (Essex L.) 5'1".

Weight: 1, S. Allday (Spartan) 43'11¼"; 2, J. Cook (Lond. Olymp.) 39'11"; 3, M. Nusser (Birchfield) 36'6"; 4, G. Charman (Mitcham)

36'4"; 5, S. Needham (Spartan) 35'11¼"; 6, D. Coates (Oxford L.) 35'5¼".

Discus: 1, S. Allday (Spartan) 154'3" (Brit. A-C, Brit. Nat. and Eng. Nat. record); 2, S. Needham (Spartan) 135'5¼"; 3, M. Giri (Phoenix) 133'7½"; 4, M. Burtenshaw (Brighton) 126'9"; 5, M. E. Brazier (Croydon) 122'0½"; 6, P. S. Bailey (Lond. Olymp.) 120'6½".

Javelin: 1, D. Orphall (Spartan) 133'11"; 2, M. Podmore (Stoke-on-T.) 133'3"; 3, A. M. Williams (Bluecoat) 129'11½"; 4, M. J. Callendar (Ilford) 129'8½"; 5, A. M. Collins (Lond. Olymp.) 126'8"; 6, G. A. Smith (Bluecoat) 126'5".

Junior Events

100: 1, N. D. Hyman (Hickleton Main) 11.3; 2, A. Roberts (Lond. Olymp.) 11.3; 3, C. Theaker (Southend) 11.4; 4, E. A. Jenner (Welwyn) 11.4; 5, B. Fletcher (Ilford) 11.4; 6, P. Nutting (Ruislip-Northwood) 11.5.

4 x 110 Relay: 1, London Olymp. 52.2; 2, Southend 52.2; 3, Hickleton Main 53.1; 4, Mitcham 53.3; 5, Spartan 54.4. Selsonia disqualified.

London A.C. could do with another two teams for their Relays Meeting at Hurlingham Park track on Sept. 15th. Club secretaries interested please write to Guy Basan, 45 Tierney Road, Streatham Hill, London, S.W. 2., or phone City 6001 or Tulse Hill 6779 (home).



A close finish to the A.A.A. Junior 880 yards Championship. L. to R.: B. J. Turner (Hornchurch) 2nd, J. MacIsaac (Victoria Pk. A.A.C.) 3rd, and D. A. F. Haith (Thames Valley) 1st.

H. W. Neale

First three in the A.A.A. Marathon Championship. L. to R.: Harry Hicks (Hampstead) 1st, Eric Smith (Harehills L.C.) 3rd, and Stan Cox (Southgate) 2nd.

H. W. Neale



ROUNDHAY GALA "10" Leeds, August 6th

- | | |
|--|-------|
| 1. K. Pawson (Harehills) | 52.43 |
| 2. E. L. Smith (Harehills) | 53.02 |
| 3. G. Colson (Manchester) | 54.01 |
| 4. B. Birkenshaw (Rotherham) 54.03; 5. D. Pearson (Leeds) 54.38; 6. A. Etches (Sheff. Utd.) 54.41; 7. P. Wilkinson (Staveley) 55.02; 8. E. Beard (Leeds) 55.24; 9. D. Hodgson (Leeds St. M.) 55.36; 10. N. Ashcroft (Man'r) 55.41; 11. F. Lucop (Hull) 55.47; 12. E. Wilson (Lin. W.) 56.00; 13. A. Nendick (Hull) 56.53; 14. P. Wadsworth (Leeds St. M.) 56.55; 15. A. Lawton (Harehills) 57.10; 16. A. Cockroft (Harehills) 57.14. | |

Teams:

- | | Pts. |
|---------------|----------------|
| 1. Harehills | (1. 2. 15) 18 |
| 2. Leeds A.C. | (5. 8.21.) 34 |
| 3. Hull A.C. | (11.13.19.) 43 |

Yorkshire Championship: 1, K. Pawson; 2, E. L. Smith; 3, B. Birkenshaw.

INVITATION HAMMER THROW

In the invitation hammer throw at the new Woodside track, Watford, on August Bank Holiday, Engl, of Czechoslovakia, beat his compatriot, Maca, for the first time in four years, and only the second time ever. Despite the morning's continuous downpour, throwing conditions were excellent. Result:—1, O. Engl (Cz.) 188'1"; 2, M. Maca (Cz.) 188'3"; 3, D. W. J. Anthony (Poly) 182'6"; 4, P. C. Allday (L.A.C.) 181'1"; 5, M. J. Ellis (T.V.H.) 168'3".

BRITAIN v. CZECHOSLOVAKIA (contd.)

M. Graf (C) 13:32.8; 3, K. L. Norris (GB) 13:38.0; 4, M. Tomis (C) 13:54.8.

6 Miles: 1, F. D. Sando (GB) 28:59.4; 2, H. V. Foord (GB) 29:00.2; 3, I. Ullsperger (C) 29:12.0; 4, V. Rudolf (C) 29:36.8.

3000m. S'chase: 1, J. Disley (GB) 8:46.6; 2, C. W. Brasher (GB) 8:47.2; 3, V. Brlica (C) 8:51.8; 4, I. Takac (C) 8:52.6.

440 Hurdles: 1, P. B. Hildreth (GB) 52.9; 2, T. S. Farrell (GB) 53.7; 3, L. Bartos (C) 54.1; 4, M. Borsuk (C) 54.1.

120 Hurdles: 1, P. B. Hildreth (GB) 14.3; 2, F. J. Parker (GB) 14.3; 3, J. Mrazek (C) 15.0; 4, V. Becvarovsky (C) 15.1.

Long Jump: 1, Z. Prochazka (C) 24'2½"; 2, V. Martinek (C) 23'7"; 3, A. R. Cruttenden (GB) 23'3½"; 4, K. J. Box (GB) 21'11".

High Jump: 1, J. Lansky (C) 6'5"; 2, J. Kovar (C) 6'5"; 3, P. G. Stableforth (GB) 6'4"; 4, W. Piper (GB) 5'10".

Hop, Step and Jump: 1, K. S. D. Wilmshurst

British Workers' Sports Association

10 MILES NATIONAL ROAD RUNNING CHAMPIONSHIP

Sittingbourne, Kent, August 25th, 1956

Entry Fee 2/-, closing date 21st August

Entries on A.A.A. Forms to National Athletics Secretary, Mrs. L. Pearce, 27 Greenway, Redhill, Surrey.

(GB) 51'2½"; 2, M. Rehak (C) 50'4½"; 3, V. Kalecky (C) 49'0¼"; 4, D. C. Frost (GB) 45'8¼".
Pole Vault: 1, S. Stefkovic (C) 13'3"; 2, J. Krejcar (C) 13'3"; 3, I. Ward (GB) 13'3"; 4, A. B. Hopkins (GB) 12'0".

Weight: 1, J. Skobla (C) 56'4" (White City rec.); 2, J. Savidge (GB) 53'7"; 3, J. Plihal (C) 53'3½"; 4, W. B. L. Palmer (GB) 52'0".

Discus: 1, M. Pharaoh (GB) 168'1½"; 2, V. Vrabel (C) 159'0"; 3, G. Valent (C) 158'5"; 4, G. A. Carr (GB) 155'6½".

Javelin: 1, P. S. Cullen (GB) 224'9½"; 2, J. Perek (C) 222'5½"; 3, P. Jilek (C) 216'10"; 4, M. Harradine (GB) 215'1".

Hammer: 1, M. Maca (C) 194'0"; 2, D. W. J. Anthony (GB) 186'1½"; 3, O. Engl (C) 184'9½"; 4, P. C. Allday (GB) 183'4".

4 x 110 Relay: 1, Gt. Britain (Young, Sandstrom, Breacker, Shenton) 41.6; 2, Czechoslovakia (Prochazka, Simanek, Mandlik, Janecek) 41.9.

4 x 440 Relay: 1, Gt. Britain (F. P. Higgins, Salisbury, Wheeler, Johnson) 3:13.7; 2, Czechoslovakia (Jirasek, Heger, Bartos, Trousil) 3:17.4.

Women

100: 1, J. Paul (GB) 11.1; 2, M. Weston (GB) 11.3; 3, V. Svajgrova (C) 11.7; 4, L. Strejckova (C) 11.8.

220: 1, J. Paul (GB) 24.4; 2, J. Scrivens (GB) 24.8; 3, L. Strejckova (C) 25.9; 4, M. Pospisilova (C) 26.1.

880: 1, P. Perkins (GB) 2:14.3; 2, B. Loakes (GB) 2:15.5; 3, B. Mullerova (C) 2:16.7; 4, D. Kosilkova (C) 2:22.9.

80m. Hurdles: 1, P. Elliott (GB) 11.3; 2, M. Trkalova (GB) 11.6; 3, T. E. Hopkins (C) 11.7; 4, A. Stolzova (C) 11.7.

Long Jump: 1, S. Hoskin (GB) 19'7½"; 2, T. E. Hopkins (GB) 19'5½"; 3, Z. Rozkosna (C) 18'8½"; 4, V. Svozilova (C) 17'10½".

High Jump: 1, T. E. Hopkins (GB) 5'5"; 2, O. Modrachova (C) 5'4"; 3, A. Bennett (GB) 5'3"; 4, J. Voborilova (C) 5'3".

Weight: 1, J. Voborilova (C) 43'5½"; 2, S. Allday (GB) 43'4½"; 3, V. Zapadlova (C) 43'1½"; 4, J. Cook (GB) 39'11½".

Discus: 1, O. Fikotova (C) 165'4½" (Brit. All-Comers' rec.); 2, S. Mertova (C) 151'6½"; 3, S. Allday (GB) 144'2"; 4, M. Giri (GB) 138'9".

Javelin: 1, D. Zatopkova (C) 158'9½"; 2, A. Williams (GB) 134'5"; 3, J. Fleming (GB) 128'9½"; 4, I. Smejkalova (C) 127'2".

4 x 110 Relay: 1, Czechoslovakia (Svajgrova, Prokopova, Kovarikova, Strejckova) 49.0.
Gt. Britain dropped baton.

Invitation Events

"Emsley Carr" Trophy Mile: 1, G. D. Ibbotson (RAF) 3:59.4 (eq. Brit. Nat., Eng. Nat.

rec.); 2, I. Boyd (Herne Hill) 4:03.2; 3, R. Delaney (Eire) 4:06.4; 4, A. Gordon (Achilles) 4:06.8; 5, J. Disley (London AC) 4:07.0; 6, P. R. Clarke (RAF) 4:08.6.

3000m: 1, C. W. Brasher (Achilles) 8:19.0; 2, A. Perkins (Ilford) 8:19.6; 3, K. Norris (TVH) 8:19.6; 4, G. Knight (Essex Beagles) 8:28.2; 5, S. E. Eldon (Windsor and E.) 8:28.6; 6, J. Thorpe (St. Albans) 8:30.4.

Women

3 x 880 Relay: 1, Team "A" (M. Wooller, N. Smalley, P. Perkins) 6:45.8; 2, Team "B" (I. Hodges, B. Loakes, H. Vincent) 6:47.8.

Cadets' Match

100: 1, Cdt. Holland (ATC) 10.6; 2, RQMS B. Aniss (ACF) 10.6; 3, Cdt. R. Goodwill (ATC) 10.6.

220: 1, Cpl. P. J. White (ATC) 23.3; 2, RSM D. Littlewood (ACF) 23.6; 3, Cpl. B. Horeman (ACF) 23.6.

440: 1, Cdt. J. A. Haynes (ATC) 51.0; 2, Cpl. B. Mills (ACF) 51.8; 3, Sgt. A. Seager-Smith (ACF) 52.4.

880: 1, S. R. Langridge (ACF) 1:59.8; 2, Cdt. A. Milner (ATC) 2:00.1; 3, Cdt. D. Humphries (ATC) 2:00.8.

Mile: 1, B. Fernee (ACF) 4:32.0; 2, Cdt. Milner (ATC) 4:32.4; 3, D. Fernee (ACF) 4:32.4.

4 x 110 Relay: 1, A.C.F. 45.6 (ACF rec.); 2, A.T.C. 45.6 (ATC rec.); 3, A.C.F. "B" 46.5.

Teams: 1, A.C.F. 67pts.; 2, A.T.C. 58.

HARLOW INDUSTRIAL SPORTS ASSOCIATION

ATHLETIC MEETING

(Under A.A.A. and W.A.A.A. Laws)

SATURDAY, 15th SEPTEMBER, 1956
at 2 p.m.

Key Glass Works Sports Ground, Harlow

OPEN EVENTS (Scratch)

MEN—100yds.; 220yds.; 3 Miles. Team (4 run, 3 score) and Ind., Tug-of-War (Catch-weight).

LADIES—100yds.

ENTRY FEES—1/6 per event; 3M. Team, 6/-; T.-of-W. 10/-.

ENTRIES CLOSE—23rd August, to

J. CUMMINS,

23 Long Ley, Harlow, Essex.

VALUABLE PRIZES

SCOTTISH NEWS (contd.)

100: M. Campbell (Paisley GS) 11.3; **220:** E. Johnstone (Ayr) 27.8; **80mH:** S. McCrane (Park S.) 12.9; **LJ:** G. Stead (Hyndland) 16'0½"; **HJ:** S. McCrane (Park) 4'8"; **D:** S. Hallay (Morgan) 97'10"; **J:** G. Stead (Hyndland) 75'1".

RANGERS F.C. SPORTS, 4/8/56

Rangers F.C. had their usual good luck with the weather for their Sports. After a week of continuous rain, the weather was bright and sunny. Despite the absence of U.S. athletes, and the calls of the Gt. Britain v. Czechoslovakia match, some excellent sport was served up.

The 800m. was a fine race, with Scottish champion Jim Paterson, Edin. Un., making the pace in the first lap. Entering the final lap, M. A. Farrell, A.A.A., went ahead, followed by Paterson and D. C. E. Gorrie. Coming up the home straight, Paterson challenged strongly, but Farrell held on to win by a yard in 1:51.0. Jim Paterson did 1:51.1 and, running the extra yards, completed the half mile in 1:51.9, a new Scottish Native Record.

The 2 miles was not particularly fast, with J. R. Cameron setting the pace. H. Foord, A.A.A., led at the mile mark in 4:31.3. At the bell, Foord was dropped, with Maynard, A.A.A., taking the lead, followed by A. S. Jackson, Edin. Un., A. D. Breckenridge, Vic. Pk., and J. R. Cameron. As they came into the home straight, Cameron raced ahead, but Jackson challenged and beat him by a yard in 9:0.7.

Invitation Events

120y. (H'cp): 1, T. Erinle (Nigeria) scr. 11.8; 2, E. R. Sandstrom (A.A.A.) scr. 11.8; 3, J. G. Robertson (Glas. Un.) 2½, 11.8. **200m. (1):** 1, E. R. Sandstrom (A.A.A.) 22.3; 2, W. Henderson (Watsonians) 22.5; 3, J. G. Robertson (Glas. Un.) 22.5. **200m. (2):** 1, D. H. Segal (A.A.A.) 22.2; 2, A. H. Breacker (A.A.A.) 22.3; 3, A. S. Dunbar (Vic. Pk.) 22.4. **400m:** 1, T. S. Farrell (A.A.A.) 48.8; 2, H. Kane (A.A.A.) 49.2; 3, R. Quinn (Vic. Pk.) 49.7. **800m:** 1, M. A. Farrell (A.A.A.) 1:51.0; 2, J. V. Paterson (Edin. Un.) 1:51.1; 3, D. C. E. Gorrie (A.A.A.) 1:51.7. **1500m.:** 1, A. D. Gordon (A.A.A.) 3:52.5; 2, P. B. Driver (A.A.A.) 3:53.2; 3, J. A. Morrison (A.A.A.) 4:0.4. **2 Miles:** 1, A. S. Jackson (Edin. Un.) 9:0.7; 2, J. R. Cameron (A.A.A.) 9:0.8; 3, A. D. N. Breckenridge (Vic. Pk.) 9:2.7. **H.J.:** 1, B. O'Reilly (Eire) 6'4"; 2, S. Andersson (Sweden) 6'0"; 3, A. M. Law (Bellahouston H.) 6'0".

Open Events:

100y.: 1, H. Quinn, Vic. Pk. (4½) 10.0. **220y:** 1, H. Quinn, Vic. Pk. (10) 22.1. **880y:** 1, A. Small, Plebeian H. (20) 1:53.9. **Mile:** 1, J. Connolly, Bellahouston H. (75) 4:11.1. **8 Lap S'chase:** 1, C. Aitken, Wellpark (240) 9:52.5.

L.J.: 1, W. Purdie, Clydesdale H. (2'1") 22'5½". **100y. (Yths.):** 1, R. C. McCallum, Bellahouston H. (5½) 10.3. **220y. Jun.:** 1, A. G. Watson, Shettleston H. (3) 22.9.

OTHER RESULTS

Highgate H. Championship: **100:** J. Nygate 11.0; **220:** B. Magee 23.3 (Champ. rec.); **440:** D. Smith 53.0; **880:** H. Marlow 1:59.1 (Ch. rec.); **Mile:** J. Shilling 4:24.2; **3M:** G. Brown 14:39.5; **LJ:** D. Smith 20'7"; **HJ:** B. Magee 5'1"; **Wt:** G. Johnson 34'11"; **D:** D. Smith 95'11"; **J:** E. O'Callaghan 117'7". **Junior:** **100:** G. Howlett 10.9 (eq. rec.); **220:** E. Knight 25.4; **440:** C. Howlett 51.5 (Ch. rec.); **880:** R. Corbett 2:04.1 (rec.); **Mile:** K. Wiseman 4:51.0; **LJ:** A. Lipton 18'6"; **HJ:** A. Lipton 4'1"; **Wt:** R. Pritchett 27'8½"; **D:** M. Howard 70'3"; **J:** R. Blackwood 125'4" (Ch. rec.); **Youths:** **100:** R. Tutill 11.2; **220:** F. Povey 24.3 (Ch. rec.); **440:** F. Povey 55.9; **880:** A. Pinwell 2:03.4 (rec.); **Mile:** A. Pinwell 4:47.0 (rec.); **HJ:** J. Weldon 5'1"; **Wt:** J. Weldon 39'6"; **D:** J. Weldon 124'5"; **J:** J. Weldon 106'9".

July 21st

John Dennis Trophy Meeting. **100:** Cleminson (S) 10.5; **220:** O'Shea (E) 24.5; **440:** Arnold (S) 53.7; **880:** Robins (S) 2:01.2; **Mile:** Barratt (E) 4:24.2; **3M:** Arnold (E) 14:48.2; **LJ:** Cleminson (S) 19'4"; **HJ:** Durkin (E) 5'4"; **Medley Relay:** Ealing 3:45.4. **Teams:** Southall 47pts; 2, Ealing 46; 3, Hampstead 4 and Wigmore 3. **Ron Jewkes Trophy (Juniors).** **100:** Aubrey (E) 10.9; **220:** Aubrey (E) 24.7; **440:** O'Dwyer (S) 56.5; **880:** Fry (S) 2:10.1; **Mile:** Yates (S) 4:47.6; **LJ:** Brenden (E) 19'0½"; **HJ:** Durkin (E) 5'4"; **Medley Relay:** Ealing 4:02.4. **Teams:** 1, Ealing 44; 2, Southall 41; 3, Hampstead and Wigmore 2.

Hackney Borough Sports. **Woodford Green A.C.** 24pts. beat **Shaftesbury 16** and **Hornsey St. M. 14.** **100:** E. Osei (WG) 10.3; **220:** A. Milton (WG) 22.6; **440:** A. Milton (WG) 51.0; **880:** R. McKay (H) 1:57.5; **Mile:** K. Rouse 4:19.8; **HJ:** A. Orton (S) 5'10"; **LJ:** A. Orton (S) 21'1"; **Wt:** L. Chinery (WG) 46'4"; **Open Events:** **100:** P. Hiscock (Eton M.) 7½, 9.9; **Mile:** J. Langwith (NLH) 126, 4:03.8. **3000m. S'chase:** A. Nearn (Herne Hill) 220, 9:23.4; **Invit. 2000m:** F. Salvat (Finchley) 5:23.2. **Junior 100:** B. Rider (Wood. Gn.) 10.5; **Mile (1):** B. Turner (Hornchurch) 4:22.4; **Mile (2):** D. Ellison (Sutton) 4:24.0; **Youths 100:** J. Leek (Hornsey) 10.7; **880:** M. Stains (Welwyn) 2:03.8; **LJ:** W. Humphries (Eton M.) 19'4½"; **4 x 110 Relay:** Eton Manor 47.2. **Middx. Junior 4 x 220 Relay:** Thames Valley H. 1:35.2; **Middx. Junior Medley Relay:** 1, Thames Valley H. 3:41.4.

July 24th

Shaftesbury H. 114pts. beat **Queens Park H.**

108 and Essex Beagles 91. **100:** A. Wingrove (S) 10.5; **220:** A. Wingrove (S) 23.3; **440:** R. Parker (S) 51.7; **880:** C. Lindsay (QPH) 1:59.3; **Mile:** P. O'Connor (QPH) 4:20.0; **2M. Team:** Shaftesbury 12pts.; **Ind.:** E. Baverstock (EB) 14:02.0 (track rec.); **Wt:** M. Lindsay (QPH) 42'6"; **J:** C. Fielding (S) 127'0". **Juniors: 100:** D. Griffiths (QPH) 10.6; **220:** R. Kemp (EB) 23.4; **440:** M. Beekman (S) 53.5; **880:** D. Gibbons (EB) 2:00.9; **Mile:** A. Dixon (S) 4:33.0; **LJ:** G. Lewis (QPH) 20'9"; **HJ:** V. Crichlow (QPH) 5'5"; **Teams:** 1, Shaftesbury 114pts.; 2, Queens Park H. 108; 3, Essex Beagles 91. **Invit. 1500m.:** 1, B. Barrett (Surrey AC) 3:50.2; 2, J. Cameron (TVH) 3:51.0; 3, J. Thorpe (St. A.) 3:52.8; 4, J. Shilling (Highgate) 3:56.6; 5, K. Gilligan (Perm.) 3:57.4; 6, G. Olding (Hornsey) 4:01.8; 7, L. Bevan (LAC) 4:03.8.

July 25th

SEFTON BRANCKER TROPHY MEETING R.A.F. 88pts. beat Middlesex 51 and Civil Service 44.

100: 1 F/O E. R. Sandstrom (RAF) 10.2; 2, O. G. Young (CS) 10.5; 3, Cpl. Fontyn (RAF) 10.5.

220: 1, F/O E. R. Sandstrom (RAF) 22.6; 2, LAC Segal (RAF) 22.7; 3, O. G. Young (CS) 23.2.

440: 1, J. W. Mitchell (CS) 49.2; 2, J/T Sampson (RAF) 49.5; 3, L. A. Smith (CS) 50.0.

880: 1, A. C. Healey (RAF) 1:54.0 (rec.); 2, A. Webster (CS) 1:54.0; 3, R. Mackay (M).

Mile: 1, Sgt. Clark (RAF) 4:09.6 (rec.); 2, B. Hollowell (CS) 4:12.0; 3, J. Davies (M) 4:12.4.

3M: 1, S. Salvat (M) 13:54.8 (rec.); 2, J. W. Brown (CS) 14:04.4; 3, LAC Firth (RAF) 14:18.8.

2M. Walk: 1, B. Hawkins (M) 14:25.8; 2, E. W. Hall (CS) 14:29.8; 3, R. Hutchison (M) 14:40.4.

120Hdls.: 1, Cpl. Johnston (RAF) 15.6; 2, F/O C. W. Miller (RAF) 15.8; 3, J. Hodge (M) 17.3.

LJ: 1, A. R. Cruttenden (CS) 24'3" (Eng. Nat. rec.); 2, F/O G. A. Lewis (RAF) 23'0½"; 3, R. P. Wales (CS) 22'6".

HJ: 1, SAC Stewart (RAF) 6'2" (eq. rec.); 2, C. Van Dyck (M) 6'2"; 3, Cpl. Thatcher (R.A.F.) 6'0".

HSJ: 1, G. Royden (M) 46'1"; 2, P. Engo (M) 44'8"; 3, Sgt. Robinson (RAF) 44'8".

Wt: 1, F/O M. Pharaoh (RAF) 46'1"; 2, SAC Carr (RAF) 44'7"; 3, G. Lindsey (M) 44'4".

D: 1, F/O M. Pharaoh (RAF) 165'4" (rec.); 2, SAC Carr (RAF) 157'8"; 3, J. Sampson (CS) 146'7".

J: 1, M. Harradine (M) 182'2"; 2, LAC Gribbler (RAF) 180'9"; 3, W. F. Hall (CS) 173'0".

Cambridge H. Championships. 440: K. Jones 52.4; **7M. Walk:** R. West 59:36.0; **HSJ:** G. Coleman 38'5"; **Wt:** P. Yaxley 33'7"; **Junior 440:** A. Seager-Smith 54.1; **HSJ:** J. Heywood 38'6"; **Wt:** P. Yaxley 41'6½"; **Youths' 440:** G. Bullman 55.0.

July 26th

Manchester Y.M.C.A. Hexathlon Championship. 1, D. Munt **100m:** 11.3; **800m:** 2:32.0; **LJ:** 19'3"; **HJ:** 5'0"; **Wt:** 26'2"; **J:** 128'8"; 2769 pts.; 2, F. Beswick 2694; 3, K. Stevenson 2647.

July 27th

Kent A.C. beat City of London College 63 pts. to 42. **100:** Whelan 10.4; **220:** Whelan 24.0; **440:** D. Harrison 53.1; **880:** D. Beech 2:07.4; **LJ:** Whelan 19'10"; **Wt:** Sampson 47'0"; **D:** Sampson 146'0"; **J:** M. Ellis 130'4".

July 28th

Hadleigh Olympiads Inter-Club match. 100: Harle (Hadleigh) 11.0; **220:** Webster (Had.) 24.2; **440:** H-Hutchinson (Chelmsford) 53.3; **880:** Courtman (Chel.) 2:01.9; **Mile:** Mount (Had.); **LJ:** W-Smith (Had.) 19'9½"; **HJ:** Geall (Thurrock) 5'5"; **Wt:** Jones (Had.); **D:** Fromant (Chel.) 108'2"; **J:** Walters (Brentwood) 163'3"; **Relay:** Chelmsford 3:47.0. **Juniors: 100:** Robinson (Hornchurch) 11.0; **220:** Jackson (Chingford) 24.0; **440:** Kent (Had.) 53.7; **880:** Cornell (Chel.) 2:01.0; **LJ:** Jackson (Ching.); **HJ:** Geall (Thur.) 5'5"; **Wt:** Riddington (Dartford) 48'2"; **D:** Fromant (Chel.); **J:** Armstrong (Col.); **Relay:** Chelmsford. **Teams:** 1, Chelmsford 70pts. **6M. Road Race:** 1, J. Heywood (Herne Hill) 30.45; 2, P. Weatherdon (Had.) 31.24; 3, L. Jones (Southend) 32.25; 4, A. Heywood (Herne H.) 32.32; 5, D. Smith (SLH) 32.35; 6, J. Duffy (Had.) 32.41; 7, L. Willmott (SLH) 32.53; 8, J. Lusty (SLH) 33.06; 9, G. Bascoe (Belgrave) 33.12; 10, C. Walker (Belg.) 33.26.

BROCKENHURST-BOURNEMOUTH 15M. ROAD RACE

1, R. Clark (Herne Hill) 1:25.09
2, H. Downer (Eastleigh) 1:27.47
3, E. Elderfield (TVH) 1:28.07
4, P. Vivian (TVH) 1:28.47; 5, E. Gebbett (Belgrave) 1:29.40; 6, R. Plummer (Belg.) 1:30.10; 7, H. Dennis (TVH) 1:31.31; 8, G. Winchester (Walton) 1:32.10; 9, D. Cameron (Walton) 1:32.20; 10, R. Minchington (TVH) 1:33.05; 11, A. Bundy (Eastleigh) 1:34.35; 12, J. Edwards (Bristol S.) 1:35.10; 13, F. Hatchard (Eastleigh) 1:36.53; 14, J. Cross (Highgate) 1:37.10; 15, A. Penstone (Belg.) 1:38.05.

Teams: **Pts.**
1, Thames Valley H. (3. 4. 7.) 14
2, Eastleigh A.C. (2.11.13) 26
3, Belgrave H. (5. 6.15) 26
4, Walton A.C. 43; 5, Tatchbury A.C. 80.