

Athletics

WEEKLY

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M. RUDDY WINNING THE A.A.A. JUNIOR 220 YARDS

**SPECIAL BRITISH
EMPIRE COMMONWEALTH
GAMES NUMBER**

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

Race Walking

By A. D. McSweeney

BRYAN Hawkins' win at the White City on Bank Holiday Monday should prove just the tonic for him. On a day when walking times were not fast—it was too humid—Bryan clocked his personal best by one second, within my reckoning, whereas Coleman particularly—trying to work off the tail end of a hay fever spell—was a minute and a half down on his time for 10,000m. in the A.A.A. '7.' Both beat Schwab of Switzerland as anticipated, but Schwab is Switzerland's first string for the Europeans, with Gaby Raymond as his partner. The Swiss have selected L. Marquis (4.44.48) and R. Charriere (4.58.20) for the 50km. Times in parenthesis represented performances in their recent National Championship.

In answer to the query about Barraclough's omission from the White City event—and he has had a wonderful first full season—we must say that his name was put forward but the A.A.A. were the people who finally issued the invitations.

While the big guns were performing elsewhere Ron Davies of Woodford saw a chance at Chertsey and took it. He won a very good race and his walking was above reproach. Local favourite, Bryan Shepherd, tried hard to hold Davies but had to be content with second place. The young 'Met' boys easily won the team race. Proportion of starters was rather disappointing at this meeting, which may be their last as the ground is soon to be built on.

R.W.A. Nymegen Record Maintained

The Nymegen Marches ended very successfully for our civilian teams and we upheld our record of finishing every team and every man since the Marches were made international in 1928. The Metropolitan Police team also reached journey's end without serious mishap but their women colleagues were not so fortunate and suffered a loss of four non-finishers of their team of twelve starters.

It was my personal pleasure to receive the Dutch 'Gold' Cross for having participated successfully on ten occasions, an honour or award gained previously by only one other Britisher. He was R. J. 'Bob' Martin of

North London H., his distinction being gained just prior to the war. Martin, then Hon. Gen. Secretary of our Association, was nearing the veteran stage, and I remember how gallantly he strove to complete his task on an occasion when the heat was far more trying than the squally weather we had this time.

Entries for the Hastings to Brighton 38 miles, starting from Hastings front to-day, Saturday at 11 a.m., is quite a good one although not the best. Norman Guilment, who last year put up a record time for the present course—used since 1949—is defending, but his runner-up and former record holder, Charlie Megnin, is very much out of training and not likely to figure prominently. Vic Stone, Poly H., winner of the recent Blackpool '100' will push the best, but his Club, team winners 1952 and '53, are not to formidable and Belgrave look good enough to step into their first win in this race, with the two London 'bobbies' McGreechan and Checkley backing up Guilment.

Only a month hence we ring down the curtain on the distance programme with the London-Brighton Open, and intending competitors should not that entries positively close on Monday next, 16th, to A. I. Bell, the new Surrey W.C. Race Hon. Secretary, at 21 Rydal Road, London, S.W.16. Standards are 1st class 9h. 15m.; 2nd class 10hrs.

The Welsh Area have made a start at last on the 'Badge' scheme, which has been so popular in other R.W.A. Areas, and they hold their first 6 miles event at Cardiff to-day. May this herald spurt of activity in the principality where, it must be admitted, officials have had a hard task.

New London Venture

Since his visit to Italy last autumn as chaperone to Wilf Cowley and M. N. Guilment, L. W. 'Timber' Woodcock, the Assn. Hon. Gen. Sec., has been very keen to get an event abroad for our middle distance men. His idea is behind the formation, a few days ago, of an organisation styled the 'Union of London Walking Clubs.' This has as its first objective the arranging of

continued on page 19

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CONTENTS

	PAGE
RACE WALKING ...	2
HOW FAR WILL YOU GO ...	4
SCOTTISH AND WOMEN'S RESULTS	5
INTERNATIONAL MEETING AT WHITE CITY	6
A.A.A. JUNIOR CHAMPIONSHIPS	7
THE BRITISH EMPIRE GAMES	8
PRESENTATION OF FIELD EVENTS	18
RESULTS ...	19

EVERY SATURDAY — NINEPENCE

WHAT a last day it was at Vancouver when the Empire Games were concluded!

Bannister proved himself the world's greatest miler, though every honour to John Landy in defeat after acting as pacemaker almost throughout. Last year there is no doubt he would have succeeded in running Roger into the ground, but the present Bannister is a very different athlete from the one who used to think a little training three times a week was sufficient. This was a Bannister who had realised that, though his potential was the greatest in the world, very hard work was necessary to achieve that potential.

The only way any runner is likely to beat Bannister in his present fitness is with a sprint finish over the last 50 yards after staying with him throughout. There were several who might have managed it when the pace was not so hot, but I am very doubtful whether any runner in the world could run at a 4 minute mile pace and still produce that sprint at the end. Nevertheless, Roger will be in for some very hot competition at Berne and, in many ways, it may be more difficult than his race at Vancouver.

Hard Luck, Jim.

Everyone in Britain will sympathise with that grand sportsman, Jim Peters, in the tragic ending to what would have been a great triumph in the Empire Games marathon.

There was a lesson to be learned here — of which more anon — but if other athletes following in his footsteps benefit from his experience, his great sacrifices will not have been in vain.

Don't feel you have let the Old Country down, Jim. We think just as much of you now as we should have done if you'd won the race in world record time, and on a course of such severity this would have been next to impossible. No-one could have put up a better show of British "guts" and we're proud of you!

THE EDITOR

Cover photo by H. W. Nea'e

Brian Shenton will be interested in this photograph of M. Ruddy (Polytechnic H.)—whom he is coaching—losing form as he reaches the tape to win the A.A.A. Junior 220 yards Championship.

HOW FAR WILL YOU GO?

It's a matter of hard work says ARTHUR NEWTON

CAN you get anywhere near the top at middle-distance or long-distance running? Probably "yes," but not "certainly." Mostly it's a matter of incentive, and it's mighty few who ever have enough to drive them to the finish. The only other item is one of heredity; some men, probably a relatively small proportion, are incapable of ever approaching top performance because their mental and physical make-up is of a type that will not respond, no matter how great their incentive. Yet there is little doubt that the great majority, given certain conditions, can surely get to the top rank if they work hard enough at it and go about it the right way.

I've always avoided telling fellows just how hard the work is apt to be because I knew they'd find it out for themselves; and after that, if they had enough incentive, they'd learn all that was necessary. If you're one of the many—probably the great majority of us—who are capable of altogether outmatching the noble army of also-rans, it means you've got work ahead of you, lasting over several years, of the sort that the ordinary man regards as "impossible." Well, if you honestly think it's impossible it probably is in your case; but you may be one of those fellows who decide that even so it's worth a real dust up to find out just where the impossibility lies. In which case you'll pile on the training.

World marks are far too advanced nowadays to take any chances, and the preparation for new ones, even native records, needs daily work of a severe description, much harder than the man-in-the-street would care to contemplate. As you and I are men-in-the-street it means that we shall have to learn how to do such work, and you can't learn anything that's worthwhile in less time than nature has decreed to be reasonable: nature doesn't provide or permit short cuts.

You can reckon then that you've got two or three years at least of specialised hard work ahead of you which will not admit at any time of anything like shirking or

let-up. Every day of every week, bar Sundays perhaps, no matter what the weather, must see you turn out and do your bit, regardless of discomfort or disinclination: it MUST be done. Have you got a heavy cold? Then you must still do some training, though you would be wise to reduce the amount temporarily because each outing under such conditions is much harder work than when things are normal. A bad foot or muscle? The same thing applies; do much less training while the injury persists, but do some. Once you've got over your indisposition you'll find that you didn't really lose ground but practically consolidated the position you had got to before the trouble occurred. Fight shy of this "senseless"—that's what most doctors would call it—schedule and you postpone indefinitely your chance of complete success.

PUNISHMENT

Yes, you've literally got to "fight" your way to the top, and you'll have to put up with an amount of punishment while you're about it. For months you're likely to wonder whether it's really worth all the trouble and endless inconvenience, all the more so because to a certain extent others are involved as well as yourself—late nights or early mornings, depending on what time you train, may add to the housekeeping or family difficulties. And for anything up to a year you feel physically almost worn out. I can only suggest that you stick it as others have done, and that presently you will discover that nature has fortified your mind and muscles so that the daily workout is no longer the terrible strain it used to be, nor is "bad" weather—even the worst—any more than a passing joke. Up to that stage you've got only your own mind to rely on, for other people will tell you you're just killing yourself, and progress seems to be pitifully slow considering the energy you've put into it. But once you've become inured to hard work you'll find most of your initial

continued at foot of next column

Scottish Results

July 19th

Broughty Ferry Sports. 100: R. E. Ellis (HMS Condor) 7, 10.5; 880: J. Johnstone ("Q") 20, 2:06.0; **Mile:** A. C. Black (Hawkhill) 25, and R. A. Baird (Hawkhill) 75, 4:33.0; **12M. Road:** J. E. Farrell (Maryhill) 1:08.36; **Junior 440:** H. Ryan (Strathtay) 22, 57.0; **Youths 220:** T. K. Burt (Unatt.) 7, 25.3.

Berwick FC Sports. 100: B. Cox (Heaton) 9, 10.1; 220: B. Cox (Heaton) 19, 22.5; 880: H. F. Eden (Gosforth) 70, 1:50.6; **Mile:** H. F. Eden (Gosforth) 150, 4:11.7; **Youths 100:** R. H. Fraser (Tweedside) 9, 10.3; **Invit. Event:** 440: D. Johnson (Wood. Gn.) Scr. 48.8.

July 20th

Field Events Club H: 1, L. Nisbet 146' 6"; 2, J. Malcolm 142' 0"; 3, D. Boyd 135' 3"; **D:** 1, J. Malcolm 111' 9"; 2, R. Nicol 107' 11"; 3, D. Boyd 103' 4"; **J:** 1, R. Nicol 128' 10"; 2, D. Boyd 116' 4"; 3, J. Malcolm 80' 6".

Aberdeen Corp. Sports. 100: J. W. Allan (Aberdeen) 7, 10.1; 220: J. W. Allan (Aberdeen) 15, 22.0; 440: S. Davidson (Aberdeen) 32, 50.2; 880: J. V. Paterson (Edin. SH) 6, 1:56.2; **Mile:** A. J. Wood (Aberdeen U.) 80, 4:13.5; **LJ:** R. Masson (Aberdeen) 2' 6"; 22' 7½"; **HJ:** W. Piper (Glas. P.) scr. 6' 1" (gd. rec.); **HSJ:** J. Shand (Aberdeen) 5' 0"; 45' 0½"; **Relay: SAAA** 1:35.1. **Junior 100:** D. Munro ("Q") 7, 10.2; 880: E. Johnstone (Aberdeen) 36, 2:02.1.

muscle breakdowns are cured for good and all, and subsequent training is not only easier but even pleasurable, at any rate for 75 per cent. of your daily workout. Even then, if you look back over the last six months you'll see at once that great improvement has really taken place, but from then on it will be more marked, always provided you don't indulge in too much racing.

I would never advise a set daily schedule, for you don't know from Adam what your physical conditions or the weather are going to be in the immediate future. Personally I used to set myself a definite weekly mileage which was no more than I could do quite easily. If I happened to be a bit off colour I could still manage it, though it might mean rather tough going. But when

Women's Results

July 22nd

Windsor and E. beat Guildford and G. 26 pts. to 22. 100: W. Eames (G); J: J. Wathen (G); 4 x 110 Relay: Windsor; **Junior 100:** R. Crisp (W) 11.9; **HJ:** White 4' 10".

July 24th

Gillingham F.D.C. Meeting. 100: M. Gunter (Bexhill) 7½, 10.8; 220: 1, E. J. Wheeler (Utd. Banks) 10, 25.4; 4 x 110 Relay: Rainham SSAC 53.3; **Scratch Event:** 100: E. J. Wheeler (Utd. Banks); 2, M. Gunter (Bexhill); 3, J. Underwood (Dover) 11.2.

Somerset Constab. Meeting Som. WAAA 100 Champ.: 1, A. Reynolds (Bristol S.); 2, B. J. Pritchett (Bath); 3, D. A. Hedditch (Bristol S.) 11.5; **Som. 220:** 1, M. J. Pritchett (Bath); 2, P. R. Belton (Yeovil); 3, P. Walker (Unatt.) 27.7; **Som. HJ:** 1, M. Higley (Yeovil) 5' 0"; 2, P. Hembury (Bristol S.) 4' 11"; 3, P. R. Belton (Yeovil) 4' 11".

This year's Bristol to Weston-Super-Mare and Back Road Relay will be held on Saturday, 30th October. Westbury Harriers, organisers of this event, would welcome some of the leading Southern Clubs. Hon. Sec. is E. Cawley, 20 North View, Staple Hill, Bristol.

all went well I'd find myself on top of my weekly figure perhaps by Thursday: right! that was a good chance to put in a bit extra on Friday and Saturday: it pays to be generous rather than stingy with training. Only once or twice in a year did I find I couldn't complete this weekly schedule, and that was generally due to overmuch travelling, though occasionally an injury would play temporary havoc. All the same, for nineteen years on end I never had as much as a week's holiday from training: the longest stretch was six days and that was after I had been run over by a car and broken a shoulder bone. Make up your mind then: because others have got there YOU can get there too, provided you undertake the necessary work and allow sufficient time.

INTERNATIONAL MEETING AT WHITE CITY

August 2nd

The outstanding performances of this meeting, which lacked a certain amount of atmosphere with so many of the stars away, were K. Wood's 1500 metres when he beat that very good athlete, Mugosa, with a great last lap in which he went from fifth to first and was still five yards down as he came into the straight, Henderson's grand run against the very smooth but rather short striding Nielsen—who finished as though he was out for a steady training run—Hawkins' easy win in the walk, Hildreth's determined hurdling and Shirley's impressive steeplechasing. All the winning women's performances were excellent and proved that we have plenty of talent left at home to replace those who are away. Diane Leather's 2:10.4 for her 880 stage had much to do with Birchfield's success in the relay, in which the first four teams beat the British National record.

The improving Dangerfield also ran a great race in the 400 metres hurdles and was given the same time as the winner, a creditable 53.9.

Results

100m.: 1, J. Vercruyse (Belg.) 10.8; 2, C. N. Gibbs (G.B.) 10.9; 3, E. R. Sandstrom (G.B.) 10.9; 4, A. Wanko (Fr.) 11.1; 5, S. Lorgier (Yugo.) 11.2; 6, N. Down (G.B.) 11.2.

200m.: 1, C. N. Gibbs (G.B.) 21.6; 2, J. Vercruyse (Belg.) 22.0; 3, R. Sandstrom (G.B.) 22.1; 4, W. J. Ferguson (G.B.) 22.3; 5, A. Wanko (Fr.) 22.5; 6, M. Jovanck (Yugo.) 22.6.

400m.: 1, K. I. Baker (G.B.) 49.4; 2, H. Connor (G.B.) 50.0; 3, Wrighton (G.B.) 50.3; 4, D. Stoclet (Belg.) 50.5; 5, D. Dupoux (Fr.) 51.2.

800m.: 1, G. Nielsen (Denmark) 1:50.5; 2, R. D. Henderson (G.B.) 1:51.5; 3, G. Rasquin (Lux.) 1:51.2; 4, R. T. G. Day (G.B.) 1:51.5; 5, W. Aylett (G.B.) 1:52.1; 6, I. Ormsby (Aust.) 1:54.8.

1500m.: 1, K. Wood (G.B.) 3:49.8; 2, V. Mugosa (Yugo.) 3:50.8; 3, F. L. Wyatt (G.B.) 3:51.2; 4, J. Evans (G.B.) 3:55.0; 5, W. Muller (Lux.) 3:56.2; 6, A. Ballieux (Belg.) 3:56.2.

5000m.: 1, F. Herman (Belg.) 14:18.0; 2, K. L. Norris (G.B.) 14:19.0; 3, M. L. Maynard (G.B.) 14:22.2; 4, P. J. Pirie (G.B.) 14:27.2; 5, H. V. Foord (G.B.) 14:33.8; 6, A. F. Perkins (G.B.) 14:35.0.

3,000m. S'chase: 1, E. Shirley (G.B.) 9:10.6; 2, K. E. Johnson (G.B.) 9:15.2; 3, E. L. Hardy (G.B.) 9:16.4; 4, P. Segedin (Yugo.) 9:24.0; 5, R. A. Morley (G.B.) 9:25.6; 6, A. E. Foster (G.B.) 9:27.2.

110m. Hdls: 1, P. B. Hildreth (G.B.) 14.7; 2, S. Lorgier (Yugo.) 14.8; 3, I. Heinrich (Fr.) 15.3; 4, P. A. L. Vine (G.B.) 15.5; 5, V. C. Matthews (G.B.) 15.7.

400m. Hdls: 1, J. Voillejuin (Fr.) 53.9; 2, N. Dangerfield (G.B.) 53.9; 3, A. I. D. Francis (P/Rico) 54.1; 4, D. Stoclet (Belg.) 54.8; 5, B. A. R. Thomas (G.B.) 56.9; 6, D. Woodford (G.B.) 57.8.

Senior Inter-Regional Medley Relay: 1, North 3:29.0; 2, Midlands 3:29.4; 3, South 3:29.6; 4, West 3:43.0.

Junior Inter-Regional Medley Relay: 1, South 3:32.0; 2, North 3:33.4; 3, Midlands 3:36.2; 4, Wales 3:37.4.

10,000m. Walk: 1, B. Hawkins (G.B.) 46:16.0; 2, G. W. Coleman (G.B.) 47:12.8; 3, F. Schwab (Switz.) 47:17.6; 4, R. H. Richards (G.B.) 48:24.6; 5, H. T. Whitlock (G.B.) 48:55.4; 6, A. H. Poole (G.B.) 49:45.2.

High Jump: 1, E. E. Rouven (Fr.) 6'2"; 2, C. Vandyck (G.B./G.Coast) 6'2"; 3, N. G. A. Gregor (G.B.) 6".

Pole Vault: 1, N. G. A. Gregor (G.B.) 13'3"; 2, R. Larsen (Den.) 13'; 3, G. M. Schmidt (G.B.) 13'; 4, G. Chevillarp (Fr.) 13'; 5, G. Broad (G.B.) 12' 6"; 6, G. Calladine (G.B.) 12'.

Junior 100 Yds.: 1, J. A. N. Railton (Liv. Pembroke) 10.1; 2, J. A. Spooner (Essex Beagles) 10.2; 3, G. Curtis (Wales) 10.3; 4, B. Kinsey (Harehills) 10.4.

Junior 220 Yds.: 1, M. Ruddy (Poly.) 2, B. Kinsey (Harehills) 3, D. Pulsford (Rhymney G.S.); 4, M. Atkins (Ruislip) 22.3.

Women

100m.: 1, E. Wheeler (G.B.) 12.0; 2, J. Scrivens (G.B.) 12.2; 3, M. Jacquet (Fr.) 12.4; 4, C. Flament (Fr.) 12.6; 5, M. Babovic (Yugo.) 12.7; 6, M. Tuce (Yugo.) 13.1.

80m. Hdls: 1, P. Wainwright (G.B.) 11.6; 2, I. Pond (G.B.) 11.6; 3, M. Babovic (Yugo.) 11.6; 4, C. O'Gorman (G.B.); 5, C. Flament (Fr.); 6, I. Wilson (G.B.).

Long Jump: 1, S. Hoskin (G.B.) 19'4½"; 2, S. Cawley (G.B.) 19'1"; 3, J. Whitehead (G.B.) 18'3"; 4, E. Tuce (Yugo.) 18'; 5, M. Jacquet (Fr.) 17' 11½"; 6, J. Rowlands (G.B.) 16'9".

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A.A.A. JUNIOR CHAMPIONSHIPS

Birmingham, July 31st

100: 1, J. A. N. Railton (Liv.Pembroke) 9.9 (record); 2, J. A. Spooner (Essex Beagles) 10.1; 3, J. E. Cousins (Westbury H.) 10.2; 4, D. V. Kinsey (Leeds Harehills) 10.3; 5, J. M. Holmes (Sutton & C.) 10.6; 6, G. C. Plumbly (Carshalton H.) 10.8.

220: 1, M. J. Ruddy (Poly H.) 21.9 (record); 2, J. Spooner (Essex Beagles) 22.0; 3, J. A. N. Railton (Liv.Pembroke) 22.5; 4, B. H. A. Morris (Worthing H.) 23.2; 5, J. R. Boughton (Ilford A.C.) 25.2.

440: 1, H. R. Smith (Halsowen C. F. E.) 50.1; 2, D. R. Pulsford (Rhydney G.S.) 50.4; 3, R. Frampton (S. London H.) 50.5; 4, J. M. Morgan (Queen's Pk. H.) 50.7; 5, P. D. Kelly (R. Signals) 53.2; 6, A. T. Day (Manchester & D.L.C.) 53.6.

880: 1, R. A. Beaumont (Shaftesbury H.) 1:59.0; 2, B. D. Fox (Sale H.) 1:59.5; 3, R. G. Shuttleworth (Ilford A.C.) 1:59.6; 4, I. S. Cumming (Newark A.C.) 1:59.9; 5, R. W. Chase (Shaftesbury H.) 2:00.8; 6, B. W. Kent-Smith (Barnstaple A.C.) 2:01.0.

Mile: 1, R. Dunkley (Shaftesbury H.) 4:15.6; 2, M. J. Reeve (Southend A.C.) 4:19.6; 3, J. B. Herring (Blackheath H.) 4:21.0; 4, W. H. Watson (Edin.Univ.) 4:21.6; 5, K. Gilligan (Waterloo H.) 4:24.4; 6, A. J. Osborne (Small Heath) 4:26.2.

120 Hdls.: 1, R. A. Sutton (Poly H.) 15.2; 2, W. N. Thompson (Workop Coll.) 15.3; 3, M. J. Gatehouse (Bristol Univ.) 15.4; 4, I. R. Ford (King's Sch., Peterboro.) 15.4; 5, J. T. Hyslop (Rotherham G.S.) 15.6; 6, K. F. E. Harris (Brighton Coll.) 15.8.

200L Hdls.: 1, W. B. Thompson (Workop Coll.) 23.5; 2, W. Dixon (Camb. H.) 23.8; 3, D. T. Cook (Herne Hill H.) 24.1; 4, C. W. Surety (Ilford A.C.) 24.3; 5, W. E. Price (Birm. Univ.) 24.4; 6, J. T. Hyslop (Rotherham G.S.) 25.0.

Mile Walk: 1, G. Howell (Univ. Coll., London) 6:54.0; 2, K. W. Barber (Met. W.C.) 7:14.8; 3, A. G. Thompson (Met. W.C.) 7:18.6; 4, M. J. Evans (Uxbridge A.C.) 7:23.4; 5, J. F. Thomas (St. Julien's) 7:25.6; 6, R. Dearing (Surrey W.C.) 7:31.0.

Javelin: 1, A. Collins (G.B.) 138'2"; 2, A. Dukes (G.B.) 126'5"; 3, A. Williams (G.B.) 123'8"; 4, J. Ogden (G.B.) 121'10".

Inter-Club Medley Relay: 1, Birchfield H. (Leather, Wilson, Quinton, Nusser) 4:01.8 (British Nat. rec.); 2, London Olympiades "B" 4:05.4; 3, Ilford "A" 4:07.6; 4, Spartan 4:12.6; 5, Selsonia 4:13.4; 6, Cambridge H. 4:22.0.

High Jump: 1, J. Billington (St. Alban's Sch.) 6'; 2, D. G. Singleton (Notts. A.C.) 5'11"; 3, E. T. Yeend (Eton Manor) 5'11"; 4, A. J. Galbraith (Gala H.) 5'10"; 5, M. A. Bloxham (Kingswood Sch.) 5'8"; 6, D. E. Williams (Towyn G.S.) 5'7".

Long Jump: 1, D. J. Hadler (Camb. H.) 22'4"; 2, M. Chapman (Hermes) 22'3½"; 3, P. T. Johnson (S. London H.) 22'2½"; 4, J. B. Wolley (Wrexham Grove) 22'; 5, A. M. Reid (Sutton & C.) 21'11½"; 6, A. H. B. Thomas (Canton H.S.) 21'8".

Hop, Step & J.: 1, J. T. Darlington (Birchfield H.) 44'5½"; 2, C. Mills (Neath G.S.) 44'0½"; 3, M. D. Terry (Southall A.C.) 43'7"; 4, A. M. Ridings (Winton H.) 43'4½"; 5, I. C. Cuthbertson (London A.C.) 42'11"; 6, K. Holloway (Wolverhampton H.) 41'3½".

Pole Vault: 1, M. E. Nugent (S. London H.) 11'9"; 2, A. Cowey (Bede G.S.) 11'6"; 3, G. C. Bell (Essex Beagles) 11'; 4, C. S. Smith (Poly H.) 10'6"; 5, P. H. Burleigh (Merchant Taylor's Crosby) 10'6"; 6, W. J. C. North (Acton C.S.) 10'6".

Weight: 1, J. P. Jones (Belgrave H.) 53'1" (record); 2, D. R. Harrison (Sherborne Sch.) 49'4"; 3, C. G. Smith (Thames Valley H.) 48'10"; 4, S. M. Copland (Surrey Beagles) 47'3"; 5, F. G. Crozier (T.V.H.) 46'4"; 6, M. M. Armour (Fettes Coll.) 43'8".

Discus: 1, G. A. Carr (Wanstead C.H.S.) 156'4" (record); 2, D. S. Ellis (Epsom & E.H.) 148'9"; 3, G. R. Northern (London A.C.) 142'5"; 4, J. A. Pullinger (Gosport Borough) 141'9"; 5, W. Dixon (Camb H.) 141'4"; 6, M. M. Armour (Fettes Coll.) 128'6".

Javelin: 1, M. Lanning (Thames Valley H.) 182'10"; 2, D. Westhout (Woodford Gn.) 180'6"; 3, D. Cannell (Liverpool H.) 179'4"; 4, A. Thompson (Army App. Sch.) 172'2"; 5, B. H. Ellis (Whitchurch G.S.) 168'5"; 6, M. V. Canty (T.V.H.) 168'3".

Hammer: 1, M. J. Ellis (Thames Valley H.) 181'8" (record); 2, J. A. Pullinger (Gosport Borough) 152'1"; 3, D. Miles (Mansfield H.) 140'2".

Senior Events

4 x 110 Relay: 1, Belgrave H. 42.6; 2, T.V.H. 42.9; 3, Manchester A.C. 43.2; 4, R. High Sch. F.P. 43.4; 5, Notts A.C. 43.5; 6, Lincoln Well. 43.8.

4 x 440 Relay: 1, Herne Hill H. 3:18.6; 2, Poly H. 3:19.0; 3, Woodford Gn. 3:21.8; 4, Liverpool H. 3:21.8; 5, T.V.H. 3:22.6; 6, Birchfield H. 3:28.0.

THE BRITISH EMPIRE GAMES

Empire Stadium, Vancouver, 31st July—7th August

Saturday, July 31st

FROM the cool and cloudy conditions in Britain, the English team and several of the Commonwealth teams found themselves transported into the midst of a beautiful Canadian summer, and no-one appreciated this more than Emmanuel Ifeajuna, the Nigerian, who showed that his White City form was all wrong by winning the high jump at 6ft. 8ins. for a new Empire record.

Only 5ft. 7in. in height, and jumping with one shoe, as he did in the A.A.A. Championships, Ifeajuna has a quick, powerful, cat-like take-off and makes the most of his natural spring. Patrick Etolu (Uganda) and Nafiu Osagie, also of Nigeria, also beat the old Games record by taking second and third places with 6ft. 6½in. Peter Wells was back in something like his old form and, representing New Zealand, took fourth place with 6ft. 5in., but Derek Cox could not improve on 6ft. 2in.

The 100 yards served to explode the myth of Hec Hogan as a world beater, he failed to win any of his short sprint races and, though powerful, with his rugged style he never looked in it with Mike Agostini, a beautiful mover with a terrific finish.

Only home sprinter to exhibit the speed and dash for this class of competition was Ken Jones, the veteran from Wales. Even he was last in the final, but in what is likely to be his last big meeting, he went out in a blaze of glory. Ellis showed 9.8 in his heat, when he was beaten by Agostini, but was well out of it in the semi-final.

We fared a little better in the women's 100, though there was no stopping the Australians, Marjorie Jackson-Nelson and Winsome Cripps. Ann Pashley's quick getaway helped her to make a fight of it in her heat but in the final Jackson-Nelson was soon out in front and not troubled to win from Cripps, who just beat Edna Maskell for second place, with Pashley fourth.

Our other girls were never on terms with these speedsters.

The race which aroused the most enthusiasm was the six miles with the spectators sensing another Driver-Sando duel, the news of their recent tussle having travelled ahead of them. King of New Zealand set off at a fast pace and Warren (Australia) was up there for a time, but before long it was Sando, Driver and Peters in a bunch at the head of affairs.

Peters was actually in the lead in the second half of the race for a time, but at the bell it was Sando, Driver, Peters. With 250 yards to go, with Sando pushing it as hard as he could, Driver made his effort and tore past his rival, who fought hard to hold him and keep the winning margin down to five yards. The last lap was too fast for Jim Peters, whose 29:20.0 was a wonderful performance. Stan Cox was fifth behind Geoff Warren of Australia and Ian Binnie, only a shadow of his usual self, was sixth. Driver's time was 65.1 sec. better than the previous best performance.

In the qualifying heats of the 880 yards Derek Johnson came up with a fast time to win his heat most impressively. In this heat Don Macmillan was eliminated after a desperate struggle with Parnell of Canada Brian Hewson took the second heat but in a terrific tussle to qualify Ferguson (Canada) and Hamilton (Scotland) just edged out David Law. An altogether slower heat saw Australia's Bailey winning and Ian Boyd qualifying easily in third place.

Lean of Australia won the first heat of the 440 hurdles in impressive fashion setting a new Games record of 52.3 sec., representing Wales, taking second place. Kane and Wilmshurst had no difficulty in taking the first two places in the other heat.

The only other event was the women's shot putting, won easily by the versatile New Zealander, Yvette Williams, with 45ft. 9½in. Suzanne Allday was sixth with 39ft. 2½in.

With such perfect weather it was a pity there were not more spectators attending the Games. Less than 12,000 attended and there were many empty seats, due, possibly, to the prices which were on the high side. Though well organised, there were long waits between events and what seemed an excessively long time before results were announced. Many of the athletes were not too happy about the track which was hard underneath, but tending to flake and crumble on top.

The manager of the English team, Leslie Truelove, had his share of worries, with Lillington, Box and Dick on the injured list, the former with knee trouble, Box with a strained back, and Alan Dick with internal troubles which, later necessitated his removal to hospital for a check-up. On the other hand Freddie Green was training with such enthusiasm that he was asked to cut his programme down somewhat. It was announced that Wales would house the next Empire Games, in 1958, in Cardiff.

MEN

100 YARDS—Heats

Heat 1: 1, H. Nelson (Canada) 9.8; 2, H. Hogan (Aust.) 9.8; 3, A. Khaliq (Pak.) 9.9; 4, Lillington (Eng.) 10.0 finished 5th.

Heat 2: 1, M. Agostini (Trin.) 9.8; 2, G. Ellis (Eng.) 9.8; 3, B. Springbett (Can.) 9.9.

Heat 3: 1, E. Ajada (Nig.) 9.9; 2, K. Jones (Wales) 10.0; 3, B. Nduga (Ugan.) 10.0; K. Box (Eng.) 10.1, finished 4th.

Heat 4: 1, D. McFarlane (Can.) 9.9; 2, B. Shenton (Eng.) 9.9; 3, M. Butt (Pak.) 10.0.

First Semi-Final: 1, Ajada 9.7; 2, Hogan 9.7; 3, McFarlane 9.8; 4, Nduga 9.8; 5, Ellis 9.9; 6, Khaliq 10.0.

Second Semi-Final: 1, Agostini 9.7; 2, Nelson 9.8; 3, Jones 9.8; 4, Springbett 9.9; 5, Shenton 9.9; 6, Butt 9.9.

Final: 1, M. Agostini (Trin.) 9.6 (eq. E.G. record); 2, D. McFarlane (Can.) 9.7; 3, H. Hogan (Aust.) 9.7; 4, E. Ajado (Nig.) 9.7; 5, H. Nelson (Can.) 9.7; 6, K. Jones (Wales) 9.8.

880 YARDS—Heats

First 3 qualify for Final

Heat 1: 1, D. Johnson (Eng.) 1:51.6; 2, W. Baillie (N.Z.) 1:52.3; 3, B. Parnell (Can.) 1:53.2; 4, D. Macmillan (Aust.) 1:54.5; 5, W. Kwateng (G.Coast) 1:57.7; 6, R. Estick (Jam.) 2:02.5.

Heat 2: 1, B. Hewson (Eng.) 1:52.7; 2, R. Ferguson (Can.) 1:53.2; 3, J. Hamilton (Scot.) 1:53.3; 4, D. Law (Eng.) 1:53.4; 5, J. Hutchins (Can.) 1:52.7; 6, P. Phillips (Wales) 1:58.7.

Heat 3: 1, J. Bailey (Aust.) 1:54.2; 2, D. Clement (Can.) 1:55.1; 3, I. Boyd (Eng.) 1:56.0; 4, K. Keter (Kenya) 2:01.0.

440 YARDS HURDLES—Heats

First 3 qualify for Final

Heat 1: 1, D. Lean (Aust.) 52.3 (E.G. record); 2, R. Shaw (Wales) 53.8; 3, D. Fleming (N.Z.) 53.8; 4, K. Holmes (Can.) 54.1; 5, J. McRoberts (Can.) 56.8; 6, K. Barno (Kenya) 57.2.

Heat 2: 1, H. Kane (Eng.) 55.3; 2, K. Wilmshurst (Eng.) 55.4; 3, M. Gaziuk (Can.) 56.2; 4, A. Brown (S. Rhod.) 56.3; 5, M. Khan (Pak.) 57.2.

SIX MILES

1, P. B. Driver (Eng.) 29:09.4 (E.G. record); 2, F. D. Sando (Eng.) 29:10.0; 3, J. H. Peters (Eng.) 29:20.0; 4, E. G. Warren (Aust.) 29:42.6; 5, S. E. W. Cox (Eng.) 30:11.4; 6, I. Binnie (Scot.) 30:15.2.

HIGH JUMP

1, E. Ifeajuna (Nig.) 6'8" (E.G. record); 2, P. Etolu (Ugan.) 6'6½"; 3, N. Osagie (Nig.) 6'6¼"; 4, P. Wells (N.Z.) 6'5"; 5, J. Vernon (Aust.) 6'4"; 6, D. Cox (Eng.) 6'2"; 7, K. Maratim (Kenya) 6'2"; 8, M. Jeffries (N.Z.) 6'2".

WOMEN

100 YARDS—Heats

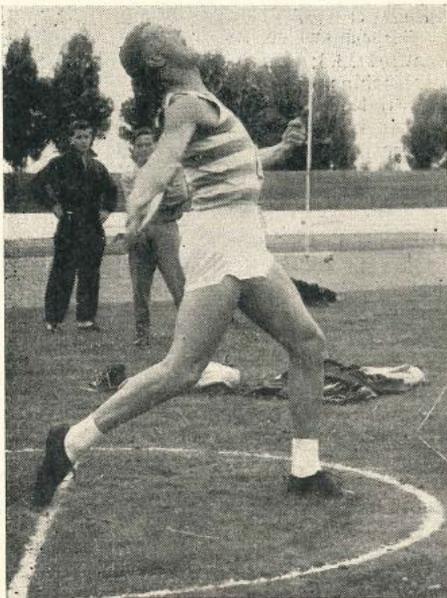
Heat 1: 1, M. J—Nelson (Aust.) 10.9; 2, A. Pashley (Eng.) 10.9; 3, G. Bemister (Can.) 11.0; 4, S. Burgess (Eng.) 11.1; 5, P. Devine (Scot.) 11.1; 6, N. Fogarty (Aust.) 11.2.

Heat 2: 1, W. Cripps (Aust.) 10.9; 2, E. Maskell (N. Rhod.) 11.0; 3, H. Armitage (Eng.) 11.1; 4, S. Hampton (Eng.) 11.2; 5, T. Jones (Bermuda) 11.3; 6, A. Murray (Can.) 11.4.

Final: 1, M. Jackson-Nelson (Aust.) 10.7 (E.G. record); 2, W. Cripps (Aust.) 10.8; 3, E. Maskell (N. Rhod.) 10.8; 4, A. Pashley (Eng.) 10.9; 5, G. Bemister (Can.) 10.9; 6, H. Armitage (Eng.) 11.0.

PUTTING THE SHOT

1, Y. Williams (N.Z.) 45'9"; 2, J. MacDonald (Can.) 42'7"; 3, M. C. Swanepoel (S. Africa) 42'0"; 4, M. Lawrance (Can.) 40'4¾"; 5, T. Fisher (N. Rhod.) 40'4¼"; 6, S. Allday (Eng.) 39' 2¾".



CARR (Wanstead C.G.S.) won the A.A.A. Junior Discus Throwing Championship with 166ft. 4in. another best championship performance. *H. W. Neale*

Tuesday, August 3rd

WHEN the track and field events were continued the weather had changed. It was cloudy and cool, and the rain which fell helped to keep many spectators away so that the stadium was comparatively empty.

The women's 220 yards heats started off the proceedings and three of the four English girls were amongst the six qualifying for the final, Shirley Burgess being somewhat unfortunate in that she was knocked out by her team-mate Ann Johnson, both being credited with the same time. Marjorie Jackson-Nelson and Winsome Cripps were in a class of their own and the final looked like being a repeat of the 100 yards.

In the men's 220, both Box and Lillington had withdrawn owing to their respective troubles and were reserving themselves for the relay to come. Ellis and Shenton won their heats in the same time, 22.2, and in

the semi-finals both got through comfortably and were obviously more suited to the longer journey than the short sprint. It was good to see Ken Jones getting through, but the sensation of the event was Mike Agostini's failure to qualify in the second race, Nelson of Canada beating him by inches for third place. MacFarlane went out in Ken Jones' heat in the first round.

It was a great day for England when her runners took the first three places in both the 880 yards and three miles. In the longer event the bunch at the head of affairs always included Chataway, Green, Sando and Maiyoro, the Kenyan who had shown us at the White City that coloured athletes can run long distances.

Chataway was always lying handy and waiting for the tactical moment to put in his fast finish—this time to the end. After the halfway mark the pace hotted up considerably and at the bell Maiyoro was there with Green, Sando and Chataway close together. Chataway had been boxed in a little earlier but managed to extricate himself when he wanted. Sando and Green really piled on the pace round the last lap, but with 250 yards to go Chataway went into his usual burst and was soon out in front with a lead of several yards. This time Green could not respond and his rival made no mistake of easing up coming into the straight. Instead, it was Sando who fought the Birchfield runner round the last bend and right up to the finishing line, with Green just getting his chest in front. Maiyoro, outpaced in that fast last lap, was still a good fourth, with 20 yards to spare from Peter Driver, the six miles winner. The first seven all broke 14 mins., showing just how much distance running has improved in the last few years, while Ian Binnie in seventh place equalled the old record of 13min. 59.6sec. by Matthews of New Zealand in 1938.

The 880 went more or less as anticipated, Ferguson of Canada was forcing the pace round the last lap, but with 220 to go he was passed by Hewson, who went fast for home, only to be passed in turn by Derek Johnson, who looked an obvious winner once he started his sprint for the finish, but was challenged by Hewson and only just

held him off at the tape. His time beat Pat Boot's old record of 1:51.2, which was equalled by Hewson in second place. Ian Boyd excelled himself in taking third place with 1:51.9 to make it another all-English final.

Ken Wilmshurst gave us another win in his speciality, the hop, step and jump, in which he had an inch to spare over Eseri of Nigeria with his fourth attempt of 50ft. 1½in. With his final effort he just fouled the board with an even better performance.

The 440 hurdles was held up while Wilmshurst completed the other event, but his efforts here undoubtedly cost him a good deal, for he looked a tired man and finished last in time considerably slower than that of which we know he is capable. David Lean, as expected, was a good winner, and Harry Kane was given an unexpectedly hard fight for second place by Bob Shaw, representing Wales, before he finally crossed the line to get an inches verdict with the timekeepers unable to split them.

Steve du Plessis was an easy winner for South Africa in the discus, setting up a new Games record of 169ft. 7½in. Mark Pharaoh was a good third but John Savidge was much below his best and finished ninth with 137ft. 4in.

The women's high jump was a triumph for the steadily improving Irish girl, Thelma Hopkins, who was a surprisingly easy winner at 5ft. 6in. Evergreen Dorothy Tyler was her usual consistent self in taking second place on failures over Alice Whitty of Canada, a grand effort after spending most of her time recently in hospital, but Sheila Lerwill was not her old confident self and had to be content with fourth place at 5ft. 2in.

The latest news of Alan Dick was that he was considerably better and would definitely run in the relay at least, probably the 440 yards as well. The cat was put amongst the pigeons when the English team manager and the two English marathon runners proved to their own satisfaction that the marathon course was nearly a mile over the correct 26 miles 385 yards, even to the extent of taking a Canadian official along with them on their fourth

check. Later, however, the Canadians re-measured the course carefully and found it to be the correct distance. Our men were never satisfied, however, that this was the case.

MEN

220 YARDS—Heats

Heat 1: 1, D. Jowett (N.Z.) 21.8; 2, H. Nelson (Can.) 22.1.

Heat 2: 1, H. Hogan (Aust.) 22.2; 2, E. Xavier (H. Kong) 22.7.

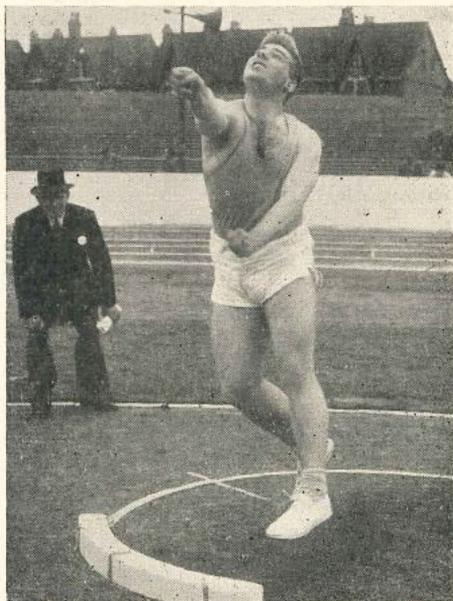
Heat 3: 1, M. Agostini (Trin.) 22.2; 2, B. Springbett (Can.) 22.5.

Heat 4: 1, G. Ellis (Eng.) 22.2; 2, R. Horsham (Jam.) 22.5.

Heat 5: 1, B. Shenton (Eng.) 22.2; 2, M. Butt (Pak.) 22.9.

Heat 6: 1, K. Jones (Wales) 22.4; 2, A. Amu (Nig.) 22.5.

First Semi-Final: 1, D. Jowett 21.9; 2, B. Shenton 22.1; 3, H. Hogan 22.3; 4, R. Horsham 22.3; 5, B. Springbett 22.4; 6, A. Amu 22.7.



J. P. JONES (Belgrave H.) winning the A.A.A. Junior Shot Putting Championship with 53ft. 1in., a new championship best performance. *H. W. Neale*

Second Semi-Final: 1, G. Ellis 22.0; 2, K. Jones 22.1; 3, H. Nelson 22.3; 4, M. Agostini 22.3; 5, M. Butt 22.9; 6, E. Xavier.

THREE MILES

1, C. J. Chataway (Eng.) 13:35.2 (E.G. record); 2, F. Green (Eng.) 13:37.2; 3, F. D. Sando (Eng.) 13:37.4; 4, N. Maiyoro (Kenya) 13:43.8; 5, P. B. Driver (Eng.) 13:47.0; 6, E. G. Warren (Aust.) 13:50.0; 7, I. Binnie (Scot.) 13:59.6.

880 YARDS

1, D. J. N. Johnson (Eng.) 13:50.7 (E.G. record); 2, B. S. Hewson (Eng.) 1:51.2; 3, I. H. Boyd (Eng.) 1:51.9; 4, W. Baillie (N.Z.) 1:52.5; 5, R. Ferguson (Can.) 1:52.7; 6, J. Hamilton (Scot.) 1:52.7; 7, W. Parnell (Can.) 1:53.8; 8, D. Clement (Can.) 1:54.9.

440 YARDS HURDLES

1, D. F. Lean (Aust.) 52.4; 2, H. Kane (Eng.) 53.3; 3, R. D. Shaw (Wales) 53.3; 4, D. Fleming (N.Z.) 53.9; 5, M. Gaziuk (Can.) 55.5; 6, K. S. D. Wilmshurst (Eng.) 56.3.

HOP, STEP & JUMP

1, K. S. D. Wilmshurst (Eng.) 50ft. 1½in.; 2, P. Eseri (Nig.) 50'0¼"; 3, B. Oliver (Aust.) 49'8¼"; 4, G. Armah (G. Coast) 47'3¼"; 5, R. McLaughlin (Can.) 47'0¼"; 6, L. Ogwang (Ugan.) 46'0¼".

DISCUS

1, S. du Plessis (S. Africa) 169'7½" (E.G. record); 2, R. Pella (Can.) 162'6"; 3, M. Pharaoh (Eng.) 156'11½"; 4, S. Raike (Can.) 150'; 5, H. Williams (Wales) 148'3"; 6, K. Swalwell (Can.) 147'1½"; J. Savidge (Eng.) 137'4", was 9th.

WOMEN

220 YARDS—Heats

First 2 qualify for Final

Heat 1: 1, W. Cripps (Aust.) 24.7; 2, A. Johnson (Eng.) 25.4; 3, S. Burgess (Eng.) 25.4.

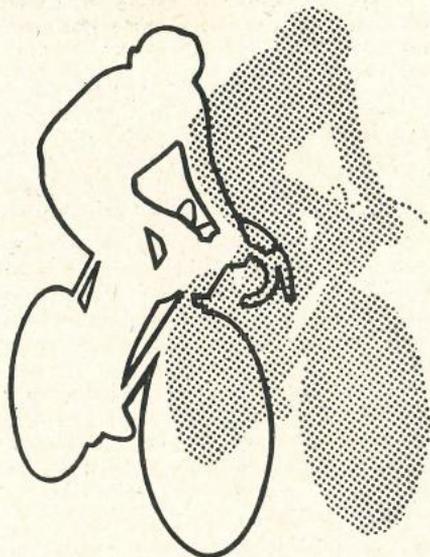
Heat 2: 1, M. Jackson-Nelson (Aust.) 24.3 (eq. E.G. record); 2, S. Hampton (Eng.) 25.5; 3, P. Devine (Scot.) 25.7.

Heat 3: 1, G. Bemister (Can.) 25.6; 2, H. Armitage (Eng.) 25.6; 3, N. Fogarty (Aust.).

HIGH JUMP

1, T. Hopkins (N. Ireland) 5'6" (E.G. record); 2, D. Tyler (Eng.) 5'3"; 3, A. Whitty (Can.) 5'3"; 4, S. Lerwill (Eng.) 5'2"; 5, C. Bernoth (Aust.) and N. Swinton (N.Z.) both 5'1".

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LUCOZADE

the sparkling **GLUCOSE** *drink*

REPLACES LOST ENERGY

Thursday, August 5th

THE third day of athletics was a real feast and provided England with another two first places, including the completion of a great "double" for Ken Wilms-hurst.

It was also a day of surprises, and perhaps the greatest of these was the unexpected second place of Chris Higham, who has promised so much and achieved so little in the last few years. He has not been in quite the same class as Parker this year, but hurdled in fine style here to finish second to Doubleday in his heat, and then again to take second place to Gardner in the final. Doubleday might well have been the winner, as he was expected to be, but when overtaking the eventual winner, K. Gardner (Jamaica), he over-reached himself, hit the last hurdle and fell heavily. Parker hit several hurdles and never got going pro-several hurdles and never got going properly.

It was good to see Brian Shenton back in his old form, and he was indeed unlucky in being drawn in the outside lane, and then having his rhythm upset when he trod in a pothole just after the start. He just failed to catch the New Zealander, Jowett, who got home by a short yard in the inside lane. Ken Jones ran with great dash to take third place, but George Ellis, like Hec Hogan, who tired after what looked very much like a flying start, was not at his best.

Our quarter-milers did well, both Fryer and Dick getting through to the final. Dick's effort was particularly praiseworthy in view of his indisposition. Kane had hard luck, failing to get through his heat though showing 48.7! Kevin Gosper (Australia), who has been domiciled in the States recently, was fastest up with 47.1 in his heat with a new Games record.

The heats of the mile provided a view of the fancied contestants for the eagerly awaited final on Saturday, but little more. In the first heat Warren of Australia made a terrific pace, but Bannister went on his way unperturbed, strolling along well behind Halberg (N.Z.) most of the way. Halberg's 4:07.4 was a new Games record. In heat two, Landy cruised along with Baillie (N.Z.) and Milligan, all three recording the same

time of 4:11.4. Law qualified in 4th place in heat 1, just keeping out John Disley and with Don Macmillan back in 6th place. Boyd was also fourth and went into the final, but Brasher was well out of it in 6th place with 4:15.4.

Ken Wilms-hurst really pulled one out of the bag in the long jump, when his winning leap of 24ft. 8½in. not only made a new record but gave him his second gold medal. Derek Cox surprised many by taking fourth place with a fine jump of 23ft. 7¼in. just in front of Hec Hogan.

Dennis Tucker, though only fourth in the javelin, threw further than he has ever done before. Two Pakistanis were in the lead when Achurch of Australia set a new Games record of 224ft. 9½in. with his last throw.

In the shot, John Savidge was on top form, with a first effort of 51ft. 11¼in. then one of 55ft. 0½in. which was disallowed, but which he later repeated and which set a new Games record which will take a lot of beating.

There were plenty of women's events, with Marjorie Jackson-Nelson's 24.0 sec. to equal her world record as the highlight. Winsome Cripps was a good second and too fast for our trio headed by Shirley Hampton, who finished 3rd, 4th and 5th.

Edna Maskell was a sound winner of the hurdles in the fast time of 10.9 sec., with Hobbins of Canada edging out Jean Desfor-ges from second place after being beaten by Jean in her heat. Both Desfor-ges and Seaborne equalled their heat times in the final, but could not improve on them.

In the javelin—where we *could* have had a second place—our two "makeshift" throwers, Tyler and Allday, finished 5th and 6th. Swanepoel of South Africa set a new Games record with 143ft. 9½in. which is still well below world standards.

MEN

220 YARDS—Final

1, D. Jowett (N.Z.) 21.5; 2, B. Shenton (Eng.) 21.5; 3, K. J. Jones (Wales) 21.9; 4, H. Nelson (Can.) 22.0; 5, H. Hogan (Aust.) 22.0; 6, G. Ellis (Eng.) 22.2.

440 YARDS—Heats

Heat 1: 1, K. Gosper (Aust.) 47.1 (E.G. record); 2, L. Sloan (Can.) 48.5. H. Kane was 3rd with 48.7.

Heat 2: 1, D. Jowett (N.Z.) 48.4; 2, J. Rogers (B. Guiana) 48.6.

Heat 3: 1, T. Tobacco (Can.) 48.3; 2, K. Boit (Kenya) 49.0.

Heat 4: 1, L. Gooden (Jam.) 54.5; 2, A. Dick (Eng.) 55.4.

Heat 5: 1, P. Fryer (Eng.) 48.6; 2, F. Bates (Trin.) 49.1.

Heat 6: 1, P. Higgins (Eng.) 49.1; 2, H. Ofori-Hyako (G. Coast) 49.5.

First Semi-Final: 1, K. Gosper 47.8; 2, T. Tobacco 48.4; 3, J. Rogers 48.4. P. Higgins was 6th with 50.3.

Second Semi-Final: 1, A. Dick 48.9; 2, D. Jowett 48.9; 3, P. Fryer 48.9.

120 YARDS HURDLES

Heat 1: 1, K. Doubleday (Aust.) 14.5; 2, C. Higham 14.7; 3, N. Williams (Can.).

Heat 2: 1, K. Gardner (Jam.) 14.7; 2, F. J. Parker (Eng.) 14.7; 3, D. Lean (Aust.).

Final: 1, K. Gardner (Jam.) 14.2; 2, C. Higham (Eng.) 14.9; 3, N. Williams (Can.) 14.9; 4, F. Parker (Eng.) 15.0; 5, D. Lean (Aust.) 15.2.

ONE MILE—Heats

First 4 qualify for Final

Heat 1: 1, M. Halberg (N.Z.) 4:07.4 (E.G. record); 2, R. Ferguson (Can.) 4:07.8; 3, R. G. Bannister (Eng.) 4:08.4; 4, D. C. Law (Eng.) 4:08.6; 5, J. I. Disley (Wales) 4:09.0; 6, D. R. T. Macmillan (Aust.) 4:11.0.

Heat 2: 1, W. Baillie (N.Z.) 4:11.4; 2, V. Milligan (N.I.) 4:11.4; 3, J. Landy (Aust.) 4:11.4; 4, I. Boyd (Eng.) 4:11.6; 5, W. Parnell (Can.) 4:13.8; 6, C. W. Brasher (Eng.) 4:15.4.

LONG JUMP

1, K. S. D. Wilmshurst (Eng.) 24'8 $\frac{1}{2}$ " (E.G. record); 2, K. Olowu (Nig.) 24'3"; 3, S. Williams (Nig.) 23'8 $\frac{1}{2}$ "; 4, D. Cox (Eng.) 23'7 $\frac{1}{2}$ "; 5, H. Hogan (Aust.) 23'2"; 6, A. Brown (S. Rhodesia) 23'1 $\frac{1}{2}$ ".

THROWING THE JAVELIN

1, J. Achurch (Aust.) 224'9 $\frac{1}{2}$ " (E.G. record); 2, M. Nawaz (Pak.) 223'4 $\frac{1}{2}$ "; 3, J. Khan (Pak.) 221'5 $\frac{1}{2}$ "; 4, D. Tucker (Eng.) 216'7"; 5, J. Veitch (S. Africa) 204'6"; 6, M. Tesot (Kenya) 203'0 $\frac{1}{2}$ ".

PUTTING THE SHOT

1, J. Savidge (Eng.) 55'0 $\frac{1}{2}$ " (E.G. record); 2, J. Pavelich (Can.) 49'0 $\frac{1}{4}$ "; 3, S. du Plessis (S. Africa) 49'; 4, S. Raike (Can.) 48'1 $\frac{1}{4}$ "; 5, L. Whitman (Can.) 45'8 $\frac{1}{2}$ "; 6, M. Pharaoh (Eng.) 46'10". G. Elliott (Eng.) was 8th with 45'1 $\frac{1}{4}$ " and D. Cox (Eng.) 10th with 41'4".

WOMEN

220 YARDS—Final

1, M. Jackson-Nelson (Aust.) 24.0 (eq. World rec. awaiting ratification); 2, W. Cripps (Aust.) 24.5; 3, S. Hampton (Eng.) 25.0; 4, A. Johnson (Eng.) 25.2; 5, H. Armistage (Eng.) 25.3; 6, G. Bemister (Can.) 25.5.

80 METRES HURDLES—Heats

Heat 1: 1, J. Desforges (Eng.) 11.2 (E.G. rec.); 2, Y. Williams (N.Z.) 11.3; 3, G. Hobbins (Can.) 11.3; 4, G. Wallace (Aust.) 11.4.

Heat 2: 1, E. Maskell (N. Rhodesia) 11.0 (E.G. rec.); 2, S. Eckel (Can.); 3, P. Seaborne (Eng.) 11.3; 4, T. Hopkins (N.I.) 11.4; 5, M. Middlemiss (Aust.) 12.0.

Final: 1, E. Maskell (N. Rhodesia) 10.9 (E.G. rec.); 2, Hobbins (Can.) 11.2; 3, J. Desforges (Eng.) 11.2; 4, P. Seaborne (Eng.) 11.3; 5, S. Eckel (Can.) 11.3; 6, Y. Williams (N.Z.) 11.4.

THROWING THE JAVELIN

1, M. Swanepoel (S. Africa) 143'9 $\frac{1}{2}$ " (E.G. record); 2, T. Fisher (N. Rhodesia) 137'8 $\frac{1}{2}$ "; 3, S. Couzens (Can.) 127'10 $\frac{1}{2}$ "; 4, M. Lawrence (Can.) 115'5"; 5, D. Tyler (Eng.) 108'0 $\frac{1}{2}$ "; 6, S. Allday (Eng.) 92'10".

Saturday, August 7th

THE final day was one of triumph and tragedy. The race which everyone had been waiting for was the mile and the setting was just right, with a slight breeze to temper a beautiful summer's day.

When the gun went, Baillie of New Zealand was the first to show in front, leading from Halberg, with Landy 3rd and Bannister 5th. At the 220 mark Law had gone into the lead but he did not hold it for long. Landy was going to see that the pace was fast—he dare not have it anything else if he was to stand a chance of beating Bannister—and at 350 yards he was in the lead and making it hot!

The first lap was 58.2 and Bannister had moved up to second place some seven yards behind the leader with a time of 59.2. Along the back straight Landy was about 8 yards out in front and at the half-mile he came past in 1:58.3, with Bannister having closed the gap to about 5 yards with a time of

1:59.0. Ferguson of Canada was in third place, Halberg fourth, and David Law had dropped out.

On the third lap Bannister gradually closed the gap still further until at the bell he was on Landy's elbow, their respective times being 2:58.4 and 2:58.5. Ferguson was 15 yards down but still in third place.

With 300 yards to go Landy seemed to be drawing away, but with just under a furlong left Bannister started to gain ground. Coming round the last bend into the straight he made his effort and as Landy glanced to his left to see just how close is his rival Bannister passed him on his right. By the time he looked back his rival was in front and, whether he was too tired or whether he knew that it was useless, we shall never know, but Landy seemed to have little fight left and Bannister forged ahead to win a classic race in 3:58.8, with Landy 3:59.6, and Ferguson of Canada leading the rest of the field home in third place with 4:04.6 to just beat Milligan, who clocked 4:05.0.

Almost as much credit for this epic race is due to Landy as to Bannister, for he did all the pacemaking and tried all he knew to counter Roger's strong finish. What a pity we are unlikely to see many, if any, more races between these two great milers, with, perhaps, Landy trying other ways of beating his rival. These two alone could pack almost any stadium in the world.

Soon afterwards came the tragedy, a repeat of the Dorando race at the 1908 Olympics. Jim Peters had outdistanced his field and was leading by more than a quarter of an hour. Stan Cox had run into a telegraph pole at 23 miles, collapsed, and been taken to hospital. Many more of the competitors were also out of the race, which was run over one of the most gruelling courses ever used for the marathon. Joe McGhee, the eventual winner, was on the point of collapse several times and would probably have withdrawn but for the news of Peters' final collapse.

As Peters was seen to enter the stadium, he half tottered, half slid down the slope to the track. For the next ten minutes he fell, sometimes lying motionless for several seconds, struggled to his feet again, tottered forward a few yards, and fell again. Officials with a lifelong experience of athletics described it as the most harrowing sight they

had ever seen. How he ever came to be permitted to get as far as the stadium in that condition, we may never know, but there is little doubt that he should have been made to retire, as is provided by the rules governing the race.

Many would have stopped it there and then, but were prevented by over-zealous officials and others who thought he had only to travel as far as the normal finish line to win the race. But he had almost a lap to run, though he could have known little of this by the time he reached the track. When at last he collapsed at the feet of Mick Mays as he reached the usual finishing line, the English team masseur bent down to attend to him on the instructions of Les Truelove, the team manager. This automatically disqualified Peters, who could not have travelled the final furlong in any case.

It was some time before he responded to

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A.A.A. HANDBOOK, 1954

Contents include:

- Hon. Secretaries Affiliated Clubs and Addresses. Organisation and Functions. Articles and Laws; Coaching Scheme; Honorary Coaches; Competition Rules; Records Price 7/6d. 8/- Post Free

Publications obtainable from the:—

A.A.A. Crown Chambers, 118 Chancery Lane, London, W.C.2.

Practically everyone except the judges thought A. R. Pinnington, No. 22, had won the Civil Service 220 yards Championship, but J. A. Russell, No. 16, was given as the winner of a very close race.

H. W. Neale



medical treatment and oxygen, and longer still before he could be moved to hospital.

In the meantime Joe McGhee, the 24 year old R.A.F. officer representing Scotland, came wearily into the stadium to an unexpected victory, just over a minute ahead of the young South African Jackie Meckler. Only six of the sixteen competitors finished.

These two events overshadowed all else on the final day. Geoff Elliot again reached 14ft. to win the pole vault and set a new Games record after a fine tussle with Miller of Canada. Ken Gosper, as expected, took the 440 yards in 47.2 sec., just beating the 220 winner, Jowett of New Zealand. M. Iqbal improved still further on his new Games record in the preliminaries to win the hammer with 181ft. 8in. Anthony and Allday were unable to reach their qualifying distances and dropped to 4th and 5th. behind Dreyer (S. Africa) and Douglas, who improved considerably on his earlier throws to take third place.

The sprint relay was a great triumph for Canada who just beat Nigeria, both being credited with the same time, a Games record. Australia were third and England, just not quite good enough, fourth. The 4 x 440 relay saw England getting home by a few yards from Canada and the fact that they averaged 47.8 per quarter shows how well they ran, considering that our best man, Fryer, clocked 48.4 on the same day in the 440 final.

Yvette Williams scored a fine double with

discus and long jump in the women's events, an easy victory in the former with Suzanne Allday a good second. In the long jump she set a new Games record of 19ft. 11½in., with Thelma Hopkins beating Jean Desforges for second place only on their second jumps, both being credited with 19ft. 2in. In the relay our girls ran remarkably well and were only beaten by the narrowest of margins by Australia, with Canada well back in third place.

England easily came out best in the Games, but the importance of gold medals is already over-emphasised. The home country, Canada, did remarkably well in the track and field events, considering the lack of facilities and competition faced by their athletes. All in all, England can be well satisfied with her showing, though far from complacent, for we have a very different task ahead in Berne.

MEN

440 YARDS—Final

1, K. Gosper (Aust.) 47.2; 2, D. Jowett (N.Z.) 47.4; 3, T. Tobacco (Can.) 47.8; 4, P. Fryer (Eng.) 48.4; 5, J. Roberts (Br. Guiana) 48.5; 6, A. Dick (Eng.) 48.6.

ONE MILE—Final

1, R. Bannister (Eng.) 3:58.8 (Games rec.); 2, J. Landy (Aust.) 3:59.6; 3, R. Ferguson (Can.) 4:04.6; 4, V. Milligan (N.I.) 4:05.0; 5, M. Halberg (N.Z.) 4:07.2; 6, I. Boyd (Eng.) 4:07.2; 7, W. Baillie (N.Z.). D. Law (Eng.) retired.

MARATHON

1, J. McGhee (Scot.) 2:39.36; 2, J. Meckler (S. Africa) 2:40.57; 3, J. J. Barnard (S. Africa) 2:51.49.8; 4, B. Lush (Can.) 2:52.47.4; 5, G. Hillier (Can.) 2:58.43.4; 6, R. Crossan (N.I.) 3:00.12.2.

POLE VAULT

1, G. Elliot (Eng.) 14'0" (Games rec.); 2, R. Miller (Can.) 13'9"; 3, J. Burger (S. Africa) 13'6½"; 4, R. Adams (Can.) 13'0"; 5, M. Richards (N.Z.) 13'0"; 6, O. Anderson (Can.) 13'0".

THROWING THE HAMMER

1, M. Iqbal (Pak.) 181'8" (Games rec.); 2, J. Dreyer (S. Africa) 179'7½"; 3, E. Douglas (Scot.) 173'3"; 4, D. Anthony (Eng.) 171'2½" (171'9" in qual. round); 5, P. Allday (Eng.) 170'4" (172'5" in qual. round); 6, A. Valentine (Scot.) 169'0½" (170'11½" in qual. round).

4 x 110 YARDS RELAY—Heats

held on Friday, August 6th

Heat 1: 1, Nigeria 41.8; 2, Canada; 3, Australia. **Heat 2:** England 42.3; 2, Jamaica 42.3; 3, Pakistan 42.5.

Final: 1, Canada 41.3 (Games rec.); 2, Nigeria 41.3; 3, Australia 41.7; 4, England (B. Shenton, G. Ellis, A. Lillington, K. Box) 41.9; 5, Pakistan 42.0; 6, Jamaica.

4 x 440 YARDS RELAY

1, England (F. P. Higgins, A. Dick, P. Fryer, D. Johnson) 3:11.2 (Games rec.); 2, Canada 3:11.6; 3, Australia 3:16.0; 4, Kenya 3:17.6; 5, Gold Coast 3:18.6; 6, Jamaica 3:19.0.

WOMEN

LONG JUMP

1, Y. Williams (N.Z.) 19'11½" (Games rec.); 2, T. Hopkins (N.I.) 19'2"; 3, J. Desforges (Eng.) 19'2"; 4, R. Thorne (Can.) 17'10¼"; 5, A. Johnson (Eng.) 17'9½"; 6, A. Murray (Can.) 17.8½"; D. Tyler (Eng.) was 11th with 16'7¼".

THROWING THE DISCUS

1, Y. Williams (N.Z.) 147' 8"; 2, S. All-day (Eng.) 131'3½"; 3, M. Dupree (Can.) 126'10"; 4, H. Metchuk (Can.) 119'10"; 5, V. Lawrence (Aust.) 104'6"; 6, S. Couzens (Can.) 91'10½".

4 x 110 YARDS RELAY

1, Australia 46.8; 2, England (A. Pashley, H. Armitage, S. Burgess, S. Hampton) 46.9; 3, Canada 47.8.

Overseas News

SWEDEN

Sweden beat France 125-87 at Gothenburg

France were so poor in this match that there is some talk of Sweden dropping this match from their annual programme until they have built up a new and stronger team. Twenty-year-old Bengt Nilsson set a new Swedish and European record with 2.10m., just over 6ft. 10½in.

100: Carlsson (S) 10.9; Bonino (F) 11.0. **200:** Carlsson (S) 21.9; Mansson (S) 22.0. **400:** Degats (F) 49.0; du Gard (F) 49.0. **800:** Ekfeldt (S) 1:51.8; Djian (F) 1:51.9. **1500:** Ericsson (S) 3:51.8; Karlsson (S) 3:52.2. **5000:** Albertsson (S) 14:27.4; Andersson (S) 14:44.6. **10,000:** Mimoun (F) 30:12.8; Nilsson (S) 30:20.0. **3,000 S'chase:** Karlsson (S) 9:04.8; Soderberg (S) 9:08.6. **4 x 100 Relay:** Sweden 41.9; France 42.2. **110H:** Doen (F) 14.8; Roudniska (F) 14.9. **400H:** Cury (F) 52.4; Eriksson (S) 53.0. **HSJ:** Norman (S) 48'7"; Boulangers (F) 48'0". **PV:** Lundberg (S) 14'1¼"; Sillon (F) 13'11¼". **Wt:** R. Nilsson (S) 52'8¼"; Thomas (F) 52'5". **J:** Bengtsson (S) 226'11¼"; Frederiksson (S) 220'10¼". **HJ:** B. Nilsson (S) 6'10¼". **H:** Asplund (S) 179'2½"; Husson (F) 177'2".

A club party numbering 25 from Gosforth H. & A.C. are on a visit to Denmark and Sweden, a sequel to the match they had with Stockholm's Sparvagers Idrotts Forening in this country last year. They will attend the Swedish national championships this weekend.

WALTON ATHLETIC CLUB

present their 9th Annual

TEN MILES OPEN ROAD RACE

for the "Walton Chamber of Commerce" Trophy, at

Stompond Lane, Walton-on-Thames, Saturday, 16th Oct., 1954, at 3 p.m.

INDIVIDUAL AND TEAM PRIZES

Teams of six to enter: Four to score, 10/-; Individual fee 2/-.

Entries to R. J. Ewens, 85 Crockford Park Road, Addlestone, Weybridge, Surrey.

Nos. 264 and 218 busses pass Stompond Lane, which is 8 minutes from Walton-on-Thames Station.

Entries Close, 10th October, 1954

PRESENTATION OF FIELD EVENTS

A reply to Dennis Cullum

Dear Mr. Editor,

I was very interested to read the double page spread of criticism about field event presentation by Dennis Cullum, in the last issue of your magazine.

Others have bones of contention too, for I received a bitter tirade from a gentleman in Lancashire about the price of shandy at the championships and a London lady was most perturbed that it was necessary to start at 11 o'clock on Saturday morning when she had to be at work. And so on.

However, the main factor of the complaint made by Mr. Cullum seems to be, that the public are not being sufficiently well informed about the field events.

During the Championships, a visual indicator was operated in the centre of the arena showing to all who were interested, a progress of throwing events. Another indicator gave each individual performance in the broad jumps. Whilst, on Saturday at least, round by round progress and heights of jumps were shown on the main notice board.

All of which, although not reaching the heights of perfection required, did at least, I feel sure, provide some public service. But as a point of interest, A.A.A. Honorary Equipment Secretary Mr. Pat Sage has got the construction of bigger and better indicator boards in hand.

I can quite appreciate that it may well be most disconcerting for a jumper to be put off at the crucial moment by the report of a pistol, a loudspeaker announcement or the cheering of the crowd for a thrilling race on the track. But for this I can only see one cure and make the suggestion in all sincerity, that field events should comprise a separate programme.

Clearly, intense concentration is wanted if throws and jumps in keeping with modern standards are to be achieved and because of this field events are becoming rather protracted affairs. What is more, because of such essential concentration, I think one can trace a great deal more temperament than there used to be. And it is possibly to

combat this more than anything else that an athlete needs "Peace before Put" in order to give his best. All of which is reasonable enough.

But unfortunately they can never get it when track and field has to be presented together in a congested programme such as the championships, where often two field events and a track event must need be presented simultaneously. If races were to be held up for throws, or vice-versa, as suggested, I shudder to think how long the programme would last and how many people would be there to see the last event.

Now I wonder how really important to the general public it is that they should be visually or orally given particulars of each individual throw. Especially those early throws in a competition for which many athletes do not even bother to take off their sweat suits. Or what interest the public has for those jumping heights at which the stars do not participate.

Surely we must be a little circumspect about this. I don't think from the public point of view the situation is half as bad as it is made out to seem. Let us appreciate that it is not practical to educate the layman in field events, when thrilling track races are going on.

Three years ago I deliberately left a ten minute gap in the championship programme in order that the spectators could have an uninterrupted view of the final stages of the high jump. It worked out well from the jumping point of view. But oh! the complaints about the slowness of the meeting.

No, I really think that if detailed public presentation of field events is so desirable, then they must have a clear arena so that the enthusiasts can fully appreciate the merit of each throw or jump. I quite enjoyed the morning sessions at the Helsinki Olympics when this happened, although even then one got a certain confliction of interest between the hammer throw at one end and a high jump at the other.

Yours sincerely,

S. A. TOMLIN

Hon. Championship Secretary

Results

July 24th

Somerset Constab. Meeting. 100: B. J. Broad (Bristol Aero) 7½, 9.5; 220: R. Soloman (RAF) 17½, 22.2; 440: L. C. Locke (Lond. Univ.) 25, 49.1; **Mile:** P. C. Perry (Exeter) 80, 4:04.0. **880:** T. Aplin (Devonport) 72, 1:50.0. **Somerset 440 Champ:** 1, T. Barnes (Bristol S.); 2, R. U. Bridgeman (De Vey's); 3, L. J. Gay (Bristol) 52.4; **Somerset 880 Champ:** 1, B. Miller (Bristol S.); 2, W. G. Dunn (Bath); 3, P. Norris (Yeovil) 1:59.0. **Junior Somerset 880 Champ:** 1, K. W. Phillips (Taunton); 2, T. Harvey (BAC); 3, R. Skeates (Bath) 2:12.0; **Youths:** 220: M. L. Webber (Unatt.) 19, 23.4; **880:** F. W. J. Coles (Devonport) 2:04.8.

R.A.F. beat SUSSEX 77 pts. to 62.

100: 1, F/O E. R. Sandstrom (RAF); 2, E. Knight (S); 3, J. Williamson (S); 4, Cpl. Hatch (RAF) 9.7. **220:** 1, F/O Sandstrom (RAF); 2, E. Knight (S); 3, Cpl. Hatch (RAF); 4, J. Williamson (S) 22.4. **440:** 1, A. Groves (S); 2, AC Mitchell (RAF); 3, A. Watt (S); 4, F/O Nunez (RAF) 51.0. **880:** 1, P/O A. Gurney (RAF); 2, P. Abrahams (S); 3, B. E. Grogan (S); 4, Cpl. Clark (RAF) 1:59.3. **Mile:** 1, LAC Dunkley (RAF); 2, LAC M. J. Reeves (RAF); 3, H. V. Foord (S); 4, P. R. Chantler (S)

ATHLETICS MATCH

(Under A.A.A. Laws)

Organised by the Old Croydonians H. and Sponsored by "The Croydon Times"

CROYDON OLD BOYS' ASSOCIATIONS

versus

LONDON OLD BOYS' ASSOCIATIONS

At Croydon Sports Arena

Albert Road, South Norwood

On Wednesday, August 18th, 1954

Commencing 6.30 p.m.

Plus

International Class Invitation Events (100, 300, 880 yards), and 2 Miles Team and Individual Race (S. London H., Blackheath H., Surrey A.C., Belgrave H. and Herne Hill H.).

Athletes competing include Shenton, Gibbs, Tucker, Aylett, Disley, Fryer, Dick, Sexton, Boyd, Johnson, Maynard.

Admission: 2/- Adults; 1/- Children

Tickets half-price before the day, from "The Croydon Times," 104 High Street, Croydon, Surrey, or D. J. Clark, 153 Dalmally Road, Addiscombe, Croydon.

4:24.7. **3M:** 1, Cpl. W. P. Ranger (RAF) 14:20.4; 2, LAC A. N. Brown (RAF) 14:44.0; 3, M. Baker (S); 4, R. Newington (S). **120H:** 1, Cpl. Hocking (RAF); 2, LAC Williams (RAF); 3, D. Tierney (S); 4, W. Thorn (S) 15.4. **LJ:** 1, Cpl. N. F. Eggleton (RAF) 22'7½"; 2, P. Goldsmith (S) 21'11"; 3, Cpl. Bangs (RAF) 21'7½"; 4, J. Turner (S). **HJ:** 1, Cpl. Graham (RAF) 5' 10"; 2, SAC Brown (RAF) 5'10"; 3, P. Goldsmith (S); 4, P. Hambly (S). **PV:** 1, F. Jackson (S); 2, Cpl. Trotter (RAF); 3, Cpl. Bernard (RAF); 4, G. Reynolds (S) 10'6". **Wt:** 1, W. Holland (S) 41'8"; 2, AC Sampson (RAF) 39'11"; 3, A. Johnson (S) 39'11"; 4, SAC Wiseman (RAF) 35'9". **D:** 1, J. Shanahan (S) 130'9"; 2, AC J. Sampson (RAF) 130'3"; 3, A. Skoja (S) 120'1"; 4, S/T Cullum (RAF) 115'4". **J:** 1, D. Jacobs (S); 2, LAC Lanning (RAF); 3, J. Overhill (S); 4, SAC Brown (RAF) 169'9". **Medley Relay:** 1, RAF (P/O Gurney, Cpl. Hatch, F/O Sandstrom, Sgt. Dowling); 2, Sussex County AAA 3:30.5.

RACE WALKING (contd.)

a match in Paris for four or six walkers drawn from London clubs. Distance suggested is 25km.—about 15 miles, and proposed date at end of May next year.

Funds have to be raised and 'Timber' is not averse to accepting donations for the purpose.

August 2nd at Chertsey

British Legion Open 5½ Miles

1, R. E. Davies, Woodford Green A.C., 43m.24s.; 2, B. E. Shepherd, Walton A.C., 43.40; 3, D. J. Thompson, Met. W.C., 43.49; 4, J. R. Goodall, Woodford Green A.C., 44.51; 5, N. Thompson, Met. W.C., 45.02; 6, A. G. R. Thomson, Met. W.C., 45.12.

Handicap: 1, A. G. R. Thomson, Met., 38.42; 2, C. R. Hooper, Eastleigh A.C. 38.50; 3, D. J. Thompson, Met. W.C. 39.19.

Teams: 1, Met. W.C. 9; 2, Walton A.C. 26; 3, Belgrave H. 28.

Shirley Hampton (Phoenix) has now been nominated for the 4 x 100 metres relay in the European Championships at Berne, and she will also take the place of Heather Armitage in the 200 metres.

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