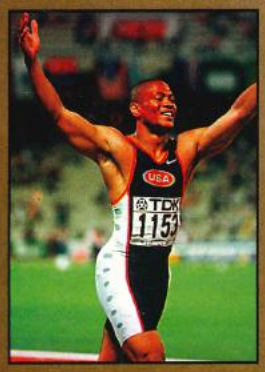
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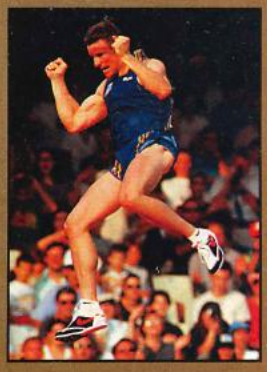
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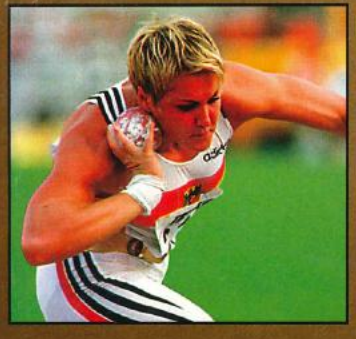
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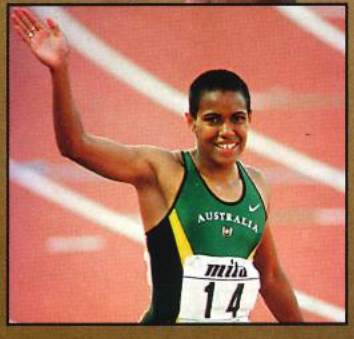
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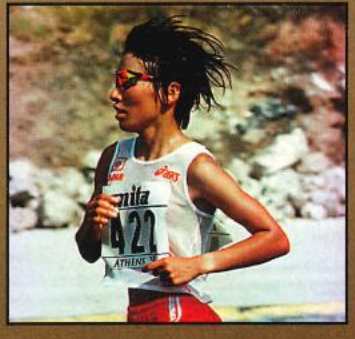
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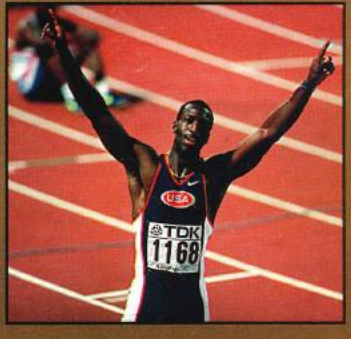












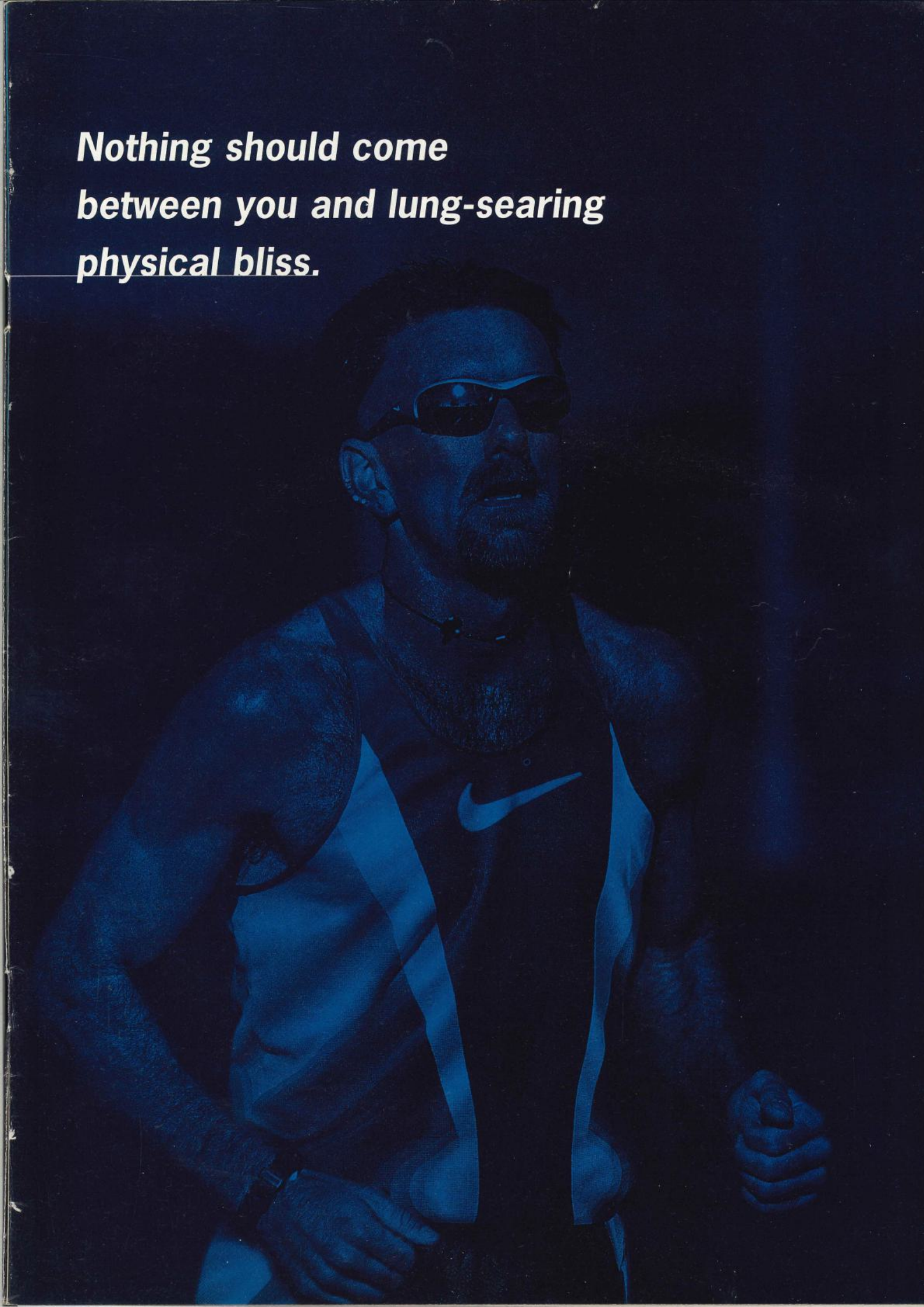
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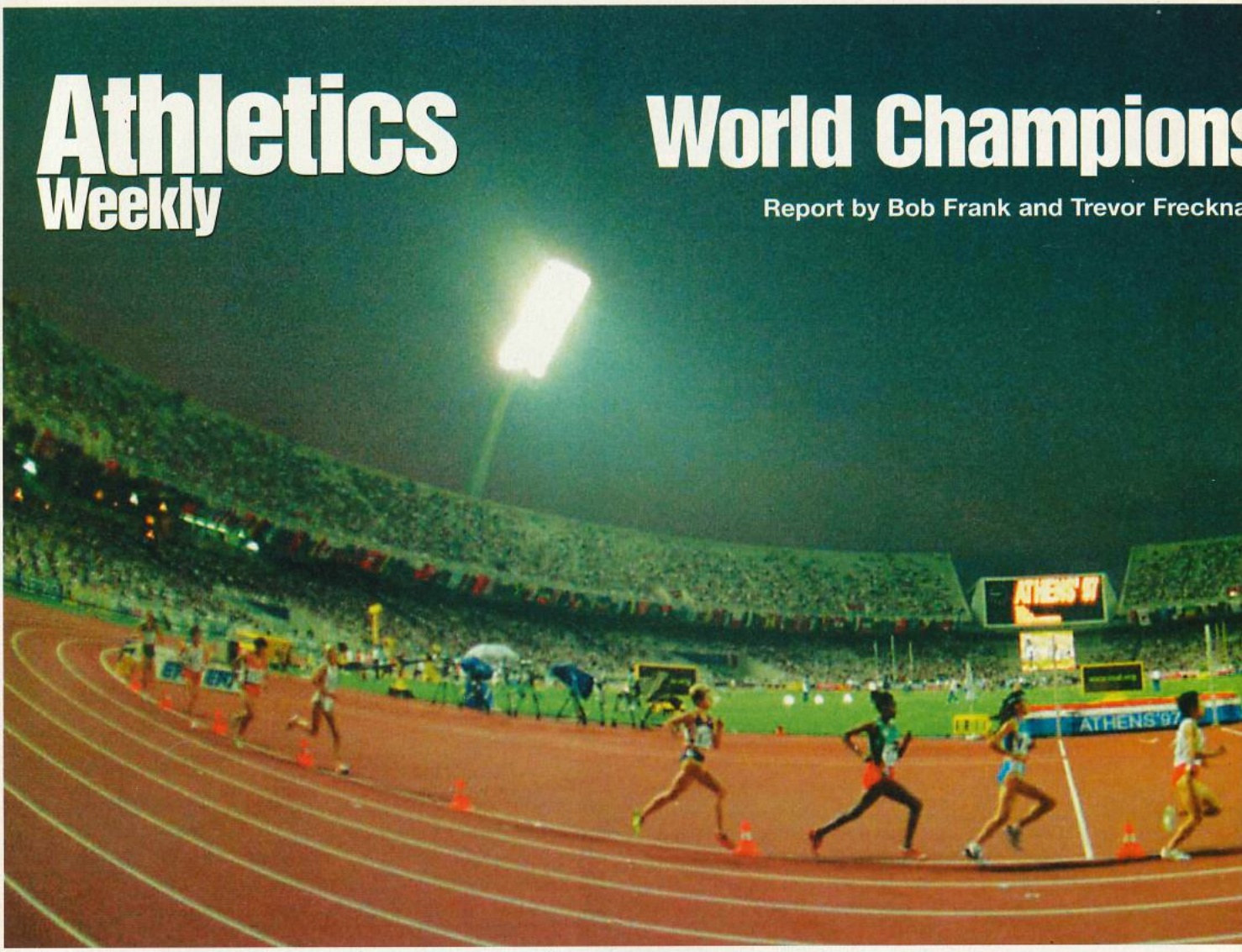
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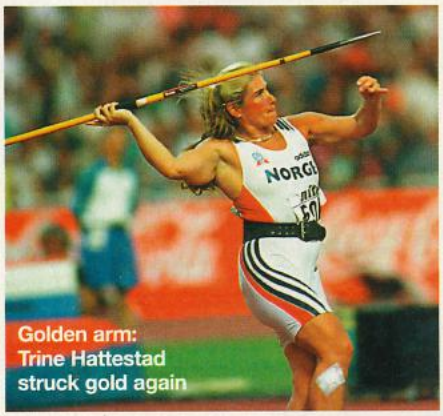


Athletics Weekly

World Champions

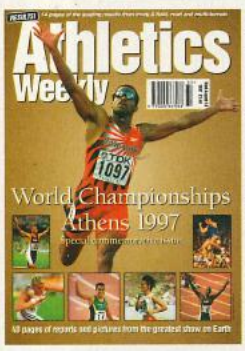
Report by Bob Frank and Trevor Freckna





Golden arm: Trine Hattestad struck gold again

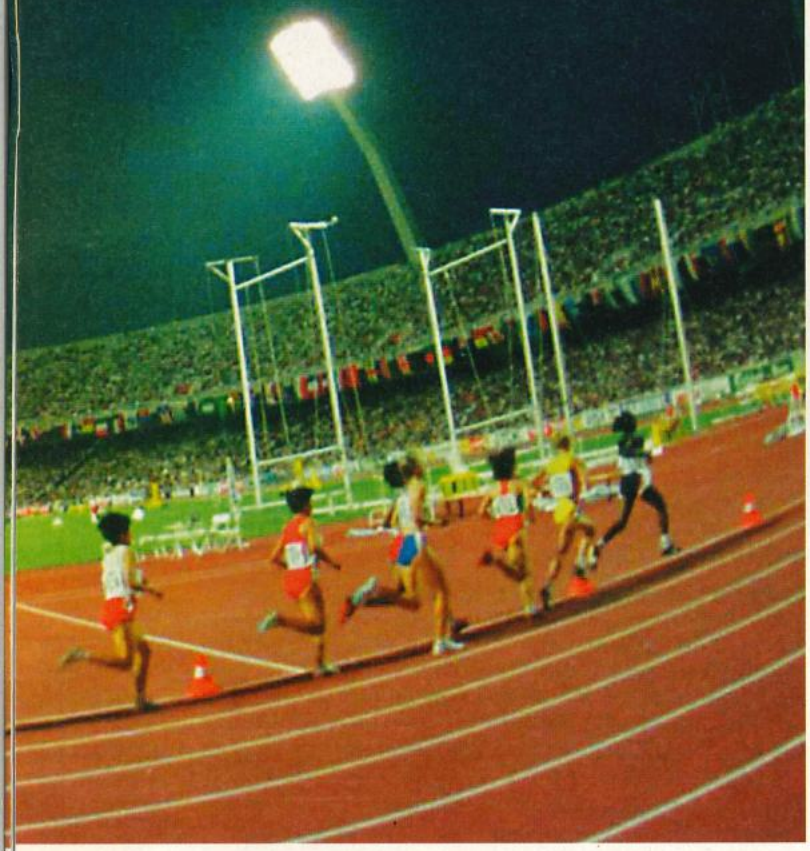




Cover: Main picture: Ato Boldon, 200m. Clockwise from right: Sergey Bubka, pole vault, Michael Johnson, 400m, Hiromi Suzuki, marathon, Cathy Freeman, 400m, Astrid Kumbernuss, shot, Maurice Greene, 100m

hips, Athens, 1997

Pictures by Mark Shearman



BRITISH athletics does not have a world or Olympic champion in its ranks for the first time since 1980. And our gold starvation could continue for some years to come – unless the country adopts a more professional attitude towards helping the would-be champions.

That was the stark warning from BAF performance director Malcolm Arnold after Britain returned from the World Championships in Athens with five silver medals and one bronze.

The tally left GBR 26th in the medals table – but fourth behind the giants of the USA, Germany and Russia in the placing table devised by the IAAF giving points for positions one to eight in every final.

Both sets of statistics back up Arnold's insistence that the talent is there to be developed.

"Having won 33 medals in Europe this year at U18, U20 and U23 levels, it is obvious there is still a rich vein of athletics talent," he said.

"It was very important for the sport we won at least a gold medal and that didn't happen.

"The gripe is the same: seven consecutive years' lack of funding."

Recalling that his predecessor Frank Dick resigned rather than handle a shrinking coaching budget, Arnold pointed out he was still awaiting Sports Council funding originally promised for April 1.

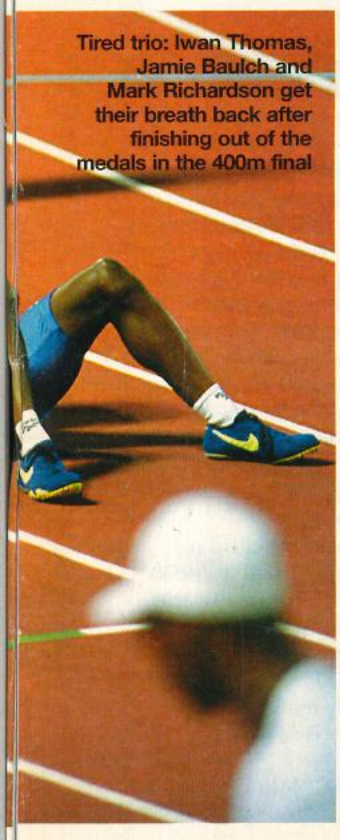
"We are playing catch-up all the time," he said.

He pointed out Germany's system of funding athletes was now in its fourth year ... and he might also have added that the Olympic Park in which these championships were staged included three warm-up tracks in addition to the competition arena plus a national academy. Britain, of course, is still pondering where to put its academy – and is planning a national stadium in isolation at Wembley.

Jonathan Edwards, Britain's only world champion from 1995, put the athletes' perspective: "We just don't seem to have had a lot of really good fortune over the last two years. They say you make your own luck. But it's not blowing in our direction.

"We have outstanding athletes. The world has moved forward, but not by that much.

"I thought the tide had turned a little bit at the European Cup in Munich, but maybe not ..."



Tired trio: Iwan Thomas, Jamie Baulch and Mark Richardson get their breath back after finishing out of the medals in the 400m final



Roger Black ran leg two as the 4x400 squad sped to silver behind the USA

Athletics Weekly Comment

What a week that was

THERE was never any doubt the distance medals would go to Africa, but how about those wins by Haile Gebrselassie, Daniel Komen, Hicham El Guerrouj and Denmark's adopted Kenyan, Wilson Kipketer? Awesome!

No Britons won gold but encouraging displays by our young sprinters and 400m squad suggest it won't be long before these guys put the 'Great' back into Britain. Provided they get the financial and technical backing called for by Malcolm Arnold.

NIGEL WALSH, Editor

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Athens: the facts

Men

100

THE USA's new speed king, 23-year-old Maurice Greene snatched the title from Donovan Bailey – and equalled the championship best of the great Carl Lewis, 9.86 seconds.

Canada's Olympic champion and world record holder, who revealed afterwards he had lost 14lb since he last raced in Europe but declined to explain why, took silver ahead of the USA's other discovery, Tim Montgomery.

This meant Frank Fredericks was stranded in fourth place, ahead of the pre-race favourite, Ato Boldon, who in the second round had clocked 9.87 seconds, the fastest time ever at a World Championships outside the finals.

200

THE man who can run fast anywhere except in a major final at last got his hands on a gold medal.

But it's hard to depict Ato Boldon's success as any more than a consolation prize for those disappointed in the 100m.

Especially as the silver went to Frank Fredericks, the Namibian who will probably be remembered as the best sprinter never to win a major 100m title.

It was a slow race, too. The 23-year-old Trinidadian's PB is 19.77 seconds - the fastest ever run by a Caribbean. His 20.04 clocking in Athens was made even more embarrassing by the wind speed reading 2.3m/s at his back, though it was more of a cross breeze swirling around the giant bowl of the Olympic Stadium.

Boldon celebrated by hurling his spikes into the crowd and said: "I came here wanting to win two gold medals but my body gave up at the wrong time.

"After what my body did to me in the 100, this was the hardest run of the year.

"History will show I've won the slowest World Championships 200m, but I raced the best on the day.

"I opened my season faster than I ran today but I had the mental edge to win when my legs didn't have anything left.

"Physically I don't think anyone was 100 per cent."

Fredericks, who only got past Brazilian 26-year-old Claudinei Da Silva in the last 15 metres, speculated on what might have been if he had managed to "save a little bit" in the semi- or quarter-finals.

And he completed the 'consolation prize' scenario by adding: "I just hope at the next World Championships, I can do better at the 100 so I don't have to double again."

Da Silva, slowest out of the blocks, hung on for third, Brazil's first medal of the championships.

British interest ended in the semi-finals.

Doug Walker ran a PB 20.49 for second behind Boldon in his first round heat and improved it to 20.61 in his semi but could only finish sixth.

Julian Golding, the European U23 200m champion, also clocked 20.49 in the first round but was seventh in his semi (20.61).



Cruise control: Wilson Kipketer lived up to his pre-race 'favourite' tag

A Win is a Win

THESE are the times that have won world 200m titles:

Time	Champion	Year
20.14	C Smith (USA)	1983
20.16	C Smith (USA)	1987
20.01	M Johnson (USA)	1991
19.85	F Fredericks (NAM)	1993
19.79	M Johnson (USA)	1995
20.04	A Boldon (TRI)	1997

Reaction times in '97 final:
1 Boldon 0.132; 2 Fredericks 0.127; 3 Da Silva 0.141; 4 Garcia 0.131; 5 Panagiotopoulos 0.115; 6 Thompson 0.184; 7 Drummond 0.144; 8 Stevens 0.183

800

PRE-RACE talk was not whether Wilson Kipketer would win but whether he would break the world record.

The Kenyan-born Dane is in a totally different class and has proved himself capable of running a wide range of tactics.

On this occasion it looked as though he may be chasing the 1:41.73 world record he shares with Sebastian Coe but in the third quarter he slowed and had to settle for victory in 1:43.38.

At 200m (23.47) Kipketer was on world record schedule and he held a four metre lead at the bell (49.68) as a battle emerged behind him for the other medals.

Mark Everett, who had looked in danger of going out in the second round before moving from last to second in the final straight, held second until the back straight when Norberto Tellez went past.

Kipketer went through 600m unchallenged in 76.99 with Olympic champion Vebjorn Rodal and Patrick Konchellah making late bids for the medals behind Tellez, who was on his way to a season's best in second.

The field featured the seven fastest in the world this year but it was the remaining finalist – American Rich Kenah – who sneaked through on the inside to outdip Konchellah on the line for bronze.

After defending his title, Kipketer admitted he only decided his tactics about 30 seconds before the gun.

"We are playing a game," he explained, "and you don't play a game other people know.

"I therefore ran the four races (two rounds, a semi-final and a final) with a different tactic so the other athletes would have no idea how I would run the final."

Kipketer is the only 800m runner in the world with the ability to run in such a way which led former Olympic champion Alberto Juantorena to say: "He is the perfect runner, especially in the second half of the race.

"I admire him, not only because he runs so smoothly, but also because he uses his brain as well as his legs.

"It is up to him when he breaks the world record, maybe in Zurich on Wednesday."

Kenah, who set a PB for bronze, said: "I had a one in seven chance for one of the two remaining medals because Kipketer is in a world of his own. The rest of us were evenly matched so I wasn't surprised to get a medal.

"I've been planning to execute this game plan all

Two lap trivia

Number of performances in the world all-time top 20

Wilson Kipketer	8
Joaquim Cruz	5
Sebastian Coe	2
Johnny Gray	2
Sammy Koskei	1
Vebjorn Rodal	1
Hezekiel Sepeng	1

■ KENYAN Patrick Konchellah sent out an appeal after winning his 800m semi-final with one shoe.

He pleaded: "Please find my shoe. I have another pair but the set I ran the semi- finals in are my fastest.

"Losing my shoe right at the bell caused me to run off balance."

Fortunately he appeal was heard and the shoe was handed in to compatriot Moses Kiptanui."

■ CANNOCK and Stafford's Tom Mayo thought he had become known to Greek fans as he turned up to watch the championships with national U20 cross country champion Simon Wilkinson.

Mayo was asked for his autograph but was then taken aback to find the signature hunter thought he was Olympic champion Vebjorn Rodal.

week and it worked right down to the last step. I could afford no lapses, no mistakes and the way Wilson went off from the start made it a perfect race for me because I'm not as fast in a sprint as everyone else."

1500

MOROCCAN Hicham El Guerrouj ended Noureddine Morceli's six-year reign as world champion – then pledged to take the Algerian's world record, too.

The 22-year-old El Guerrouj said: "It was a classic 'sit and kick' race. In the last 500m, I showed everybody I am very, very quick. There is nobody to beat me at the moment."

The victory helped erase El Guerrouj's Olympic pain: approaching the bell in Atlanta's 1500m final, he had tripped and fallen.

And the memory haunted him to such an extent, he said after he collected his world title: "Atlanta was a black part in my life.

"It is very difficult to accept I lost the Olympic title. I cried today because I was happy. It will help me forget I am not Olympic champion."

The Moroccan, second to Morceli in the 1995 world final, was never in any danger this time. The surprise came when 20-year-old Reyes Estevez hustled up to the shoulder of his better-known Spanish compatriot Fermin Cacho and pushed Morceli out of the medals.

After Germany's Rudiger Stenzel led the field through 400m in 61.08, Estevez took them past 800m in 2:02.04.

El Guerrouj took the lead with 600m left and at the bell (2:43.35) had a stride's advantage over Morceli and Cacho, the champions of the last two Olympics – a sight for which meeting promoters around Europe would have paid fortunes.

Down the back straight the youngster's lead grew to three strides. As the final bend unfolded, it was 10 metres and Cacho had passed Morceli.

While El Guerrouj began to celebrate, Estevez stormed past Morceli in the last couple of strides to double Spain's medal joy behind the consistent Cacho, who prepares himself so well for the majors – he was first at the 1992 Olympics, second at the 1993 Worlds, first at the 1994 Europeans, eighth at the 1995 Worlds (so he isn't a machine!) and second in Atlanta.

For Estevez, the bronze medal was a glorious surprise four days after his 21st birthday.

He said: "It is a dream which became even bigger by beating Morceli. I never expected it. Only right at the end did I think I might get bronze."

Cacho said: "I was expecting to win because I am in very good shape. But El Guerrouj is very strong.

"But I am very happy that Reyes got a medal in his first final. He had no pressure – nothing to lose."

El Guerrouj had all the pressure and everything to lose, arriving in Athens as the world's No.1 for the year at 3:29.30 (in Stockholm on July 7) and with the millstone of Atlanta round his neck.

He said: "From the beginning of the race, I was near the front – always in second place. But I feared it was very slow. It was not in my interests to stay there and I just went for the finish."

He added: "Today is an historic day. I hope in the coming months to be able to break the world record (Morceli's 3:27.36 in Nice in 1995). And in two years' time I want to be Olympic champion."

Only then will El Guerrouj's Atlanta nightmare be over.

n John Mayock, ninth in the final in 3:38.67, had shown steely pace judgment to get through his semi-final, won by El Guerrouj in 3:38.92.

The British No.1 was seventh at the bell and, as the charge began along the back straight, Spaniard Isaac Vicosa was sent crashing to the track.

Into the finishing straight, Mayock outkicked Canadian Kevin Sullivan and American Steve Holman to snatch the last qualifying spot for the final.



Hicham El Guerrouj confidently won the 1500m title to make up for his '96 Olympic misfortune

Mayock said after the final: "It was an exciting, immensely tough competition. I'm pleased to have made it to Olympic and World finals. Now I can go to Zurich looking for a PB."

Kevin McKay's Athens adventure ended in the second semi-final, led home by three of the first four finalists – though Morceli, Estevez and Cacho crossed the line in reverse order this time.

The Sale Harrier was six metres off the leaders with 300m to go and went out to lane three in the finishing straight in a vain bid to find the pace and space to progess.

5000

FORMER world record-holder Daniel Komen gave Kenya their fourth successive 5000m gold medal after a decisive kick at 3000m.

The world two-mile and 3000m record-holder threw in laps of 59.3 and 58.3 to stretch a 30m gap in the space of 400m

European and former Olympic champion Dieter Baumann set the pace from the gun followed by North American record-holder Bob Kennedy.

Dionisio Castro burst to the front with eight-and-a-half laps to go with Kennedy quickly following the move along with Baumann and Komen.

At 2km Baumann put in a 60.1 second lap to go five metres clear of 1996 Kenyan 5000m champion Tom Nyariki.

The former Kenyan sprinter then moved to the front until 3km when Komen displayed a sudden kick to go well clear and from then on the race was for silver and bronze.

Komen, who races 10,000m champion Haile Gebrselassie over 5000m in Zurich tonight (Wednesday) said: "This was much harder than grand prix races. It was a very important race for me as it was my first World Championships and I found it very different, there are more tactics and anyone can win.

"After the Stockholm Grand Prix I was ill with malaria but it cleared up quickly and I felt okay.

"As soon as I arrived here I knew I faced a lot of pressure and would have to run fast to win but I had to find a way to tackle it.

"Now I have two days rest before racing Haile Gebrselassie and I am still working on a plan to beat him."

Boulami said: "The Kenyans made it fast but us Moroccans tried to follow them – mbut only I could run at that pace.

"I couldn't stay with Komen but next time I hope to get the gold medal myself because I already have enough silver and bronze."

Nyariki revealed: "I shared a room with Daniel so we had a chance to talk a lot about our tactics for the race. We knew a slow pace would not

be favourable to us so we agreed to speed it up. When Daniel pulled away I fought for second place but I just could not get it."

Olympic bronze medallist Khalid Boulami, second in Gothenburg two years ago, secured the same position in a sprint with Nyariki while Baumann was outkicked for fourth by French-based Morrocan Smail Sghyr.

In the heats the Britons all suffered and went out at the first hurdle. British cross country champion Keith Cullen finished 10th, saying: "I felt like s**t, it was so muggy out there."

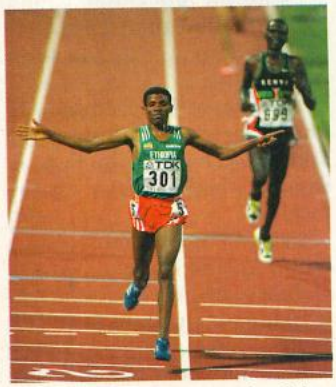
Commonwealth champion Rob Denmark was trouble by an Achilles injury and said: "It made me run unnaturally and I couldn't pick my foot up properly. It's like making excuses but it's a fact and it's very disappointing."

In the second heat Adrian Passey ran very positively and took the pace out but blew up completely with four laps to go.

10,000

HAILE GEBRSELASSIE, who made a late decision to come to Athens, completed a hat-trick of world 10,000m titles and then admitted: "I don't care about the World Championships anymore."

Although the world record-holder claims never to have said he would not compete in



Fine finish: Haile Gebrselassie's deadly kick left his rivals trailing in his wake

Athens, there were suggestions the IAAF put pressure on him to run when he voiced concern about running 25 laps around the tough Mondo track.

Gebrselassie had suffered bad blisters when running on a similar track to win the Olympic title last year but he said: "This track was a little better, not as hard as the one in Atlanta. I still had a little bit of a problem but my feet are not too bad."

Gebrselassie also had even less of a problem with the opposition who seemed to play into his hands by failing to drag out a fast pace and leaving the Ethiopian to leave them floundering with 500m to go.

Said Beriou, the latest in a long line of world class Moroccans, was the first to show but it was 1993 world cross country silver medallist Dominic Kirui and 1996 African 5000m champion Paul Koech who set much of the pace, albeit slowly.

Gebrselassie, the man everyone feared, simply followed everything that happened at the front.

Former world record-holder Salah Hissou moved to the front but as the Kenyan national anthem played for the three African steeplechase medallists Kirui moved to the front to lead a Kenyan 1-2-4 with only third-placed Gebrselassie breaking their dominance.

Habte Jifar gave his fellow Ethiopian company as Hissou moved to the front once more. Gebrselassie followed the move while three-times world cross country champion Paul Tergat began to show shortly approaching halfway.

Jifar took the field through 5km in a pedestrian 13:58.79 but Kirui was first to show any desire to stretch the field with 11 laps to go.

Hissou took over at the front before Koech tried to pick it up but Gebrselassie looked ominously comfortable with the pack now down to six at 7km.

With three laps to go Hissou once more moved to the front, inevitably followed by Gebrselassie, while Rotterdam Marathon winner Domingos Castro (in 2:07:51 - the 1997 world lead) was hanging on superbly in his best major championship performance since finishing fifth in the 1991 World Championships 5000m.

Koech was at the front when Gebrselassie made his sudden move and within the space of 100m he was 20m clear. Tergat eventually decided to take up the chase but it was too late and he had to settle for silver with Hissou third in a repeat of the Olympic 1-2-3.

The champion said: "I am proud to have done a triple but I don't care about the World Championships any more. The Olympic gold medal is what is important to me. It wasn't a fast race because everyone wanted to win. The second lap was very slow."

Reports from South Africa this week claimed Gebrselassie was backing Cape Town's bid to host the 2004 Olympics, but he said: "As an African I would like it to be in Cape Town because the Olympics have never been to Africa. But as an athlete I would like it to be in Stockholm because I plan to run the marathon at the 2004 Olympics and Stockholm would be better conditions." More immediately, he will run in Zurich tonight (Wednesday) saying: "Zurich is the best track in the world."

Tergat said: "It is never easy to run in this company but I have the silver medal so it is a great moment for me. It has been a great night for Africa with the steeplechase and 1500m results.

"I will now be looking to add to my three wins in the World Cross Country Championships and I may move up to the marathon for the 2000 Olympics."

Hissou plans an attempt on Gebrselassie's world record in Brussels on August 22 but the Ethiopian replied: "If someone breaks my world record I will start to train again!"

400H

CHAMPAGNE flowed in a small corner of the British team after Stephane Diagana turned the formbook upside down and won his first major title at the age of 28 years and 12 days.

The Senegal-born Frenchman, who missed last season with a stress fracture of the foot, is managed by Mike Whittingham, who played a big part in devising the BAF athlete services' programme and numbers Roger Black among his other athletes.

Diagana became Black's training partner in 1993 after Britain's own one-lap hurdles inspiration Kriss Akabusi retired.

Not even Whittingham and Black could have realistically expected Diagana to improve on the bronze medal he won at the last Worlds, even after the holder, Derrick Adkins, went out in the semis.

But Diagana, in lane six, defied the sciatic problem which has forced him out of meetings in Paris and Nice this year, went out positively and was clearly ahead to hurdle eight.

Then all eyes were on lane three and the expected surge of the favourite, American



Stephane Diagana caused a major upset by winning the 400H

Bryan Bronson who has the fastest time in the world this year, 47.77 seconds in Lausanne a month ago. But as Bronson said later: "I couldn't get my rhythm. Don't ask why. It was totally off."

And suddenly the future loomed large in lane one. South Africa's Llewellyn Herbert, 12 years all but two days younger than Diagana – and faster than the legendary Ed Moses was aged 20 – powered past Bronson. But he couldn't quite catch Diagana.

While Herbert's silver medal winning time of 47.86 lowered his own national record, Diagana's golden burst of 47.70 was the fastest in the world this year.

"It's a great moment for me," said the new champion with the old head. "I reserved my power in the rounds because I knew about the open situation. And it paid off."

3000SC

IT was big-time deja vu all over again for world record-holder Moses Kiptanui.

At last year's Olympics, he was relegated to second by his training partner, Joseph Keter.

This time, it was 23-year-old Wilson Kipketer who outsprinted the favourite from the final barrier to beat him for the first time as Kenyans took all three medals for the first time.

Kiptanui, winner of the last three world titles, happily agreed afterwards they worked out a team plan: "We knew if the race was going to be slow, it would be difficult for us to finish in the top three places. For us to run a comfortable race and win three medals, it is better if we go a little bit faster."

As Kipketer and Bernard Barmasai were both in their first major final, Kiptanui set the pace that would gradually wear down the opposition.

The plan almost unravelled at a barrier with five laps to go. Kipketer stumbled against the kerb on landing but it was Moroccan Brahim Boulami who fell. He got up and battled on but was unable to make an impact.

Kipketer, on the other hand, took it all in his stride.Another Moroccan, Saad Al Asmari, briefly led with 500m to go but with more than 200m left, the medals were already on their way to Kenya.

The only question was: Whose luggage would include which colour reward?

Barmasai, so unassuming that after winning a Belgian CrossCup race last winter, he insisted he wasn't good enough to go home for the Kenyan Trials, seemed to settle for bronze off the last water jump as his team-mates raced ahead.

The surprises came after the last barrier. Kipketer stormed away to victory in 8:05.84 - a time bettered this year only by himself, Kiptanui and Barmasai.

The last lap took 57.7 seconds and, as Kiptanui led at the bell, Kipketer's time was more life 57.5!

Kiptanui, probably stunned to be upstaged again, was almost crowded out of silver by Barmasai. Although the electronic timing could not separate them, an eagle-eyed photo-finish inspector managed to confer second on Kiptanui.

The new champion talked afterwards with the confidence and innocence that has been producing Kenyan steeplechase gold medallists since Amos Biwott won the 1968 Olympic title.

"I was expecting at least a medal," said Kipketer. "We had planned the pace of the race to go high but it was my first World Championship and I could not trust myself (to make the pace). Moses agreed to take the lead.

"It was only in the last 800m that I worked really hard. I was feeling very tired in the last 300m.

"The big happiness is all three of us have medals."

Behind them, the first non-African was Mark Croghan from the USA in sixth, followed by Jim Svenoy, whose 8:14.80 was a Norwegian record.

■ Britain's interest ended in the heats when Rob Hough's brave effort ran out of steam with a kilometre to go.

He was in third position until then, running at 8:20 pace, as against his season's best 8:28.54 which had got him through the first round. His problems began with just over three laps to go when he seemed to slip on the water jump barrier as the Kenyans, Barmasai and Kipketer, moved onto his shoulder.

From that moment, he slipped back, eventually coming in last, explaining: "I just had no energy."

His elimination was not nearly as dramatic as that of Alessandro Lambruschini, the 32-year-old Italian who won the Olympic bronze medal last year, is the European champion and had his four-year unbeaten European Cup record ended by Hough in Munich.

Lambruschini dropped out of the first semi-final with an Achilles injury with 450m to go.

High Jump

JAVIER SOTOMAYOR proved once again he is in a class of his own.

Even a first attempt failure at his opening height didn't faze the world record-holder.

Grant earns respect

ONE OF the biggest gambles in the history of British athletics came so close to paying off with a medal.

Dalton Grant, who arrived in Athens with a season's best of 2.27m, passed in the final at 2.20m, 2.25m and 2.29m and came into the arena at 2.32m.

It was the highest he's ever come into a competition but he responded to the pressure with a first time clearance to go equal first with Norwegian Steiner Hoen. Big favourite Javier Sotomayor had failed his opening jump of 2.25m - clearing at the second attempt – so Grant was ahead of the big Cuban in the chase for the medals.

Tim Forsyth had a failure at 2.29 but then passed at 2.32 before clearing 2.35 at the second attempt. And with Pole Artur Partyka clearing a season's best of 2.35 behind Sotomayor's world leading 2.37, Grant was pushed put of the medals into equal fourth.

It was the third time the Haringey athlete had placed fourth in the World Championships but he remained happy to have rediscovered his form.

He joked: "I messed up, I should have come in at 2.35!"

Having improved his season's best by 1cm in the qualifying rounds when attaining the required 2.28 standard, Grant had no concerns about passing the early heights in the final.

He explained: "I knew I could do it. I could tell because this year I've been finding myself more and more and getting back to my old self. Although I only cleared 2.28 at the third attempt in qualifying, that final jump felt good. Competition wise, after a reasonable start this year I went down to around 2.20 but I just needed some rest. My son Raphael was born two months ago so I wasn't getting much sleep which was really hard.

"Other people might think I'm crazy coming in at 2.32 but they all respect me. I think this was the best competition of my life ... my season's best was only 2.27 coming into it but I've cleared 2.32.

"With me getting over food poisoning I didn't want to be out in the sun too much, so I decided to come in at 2.32.

"I was going for a medal and although I came fourth I'm happy. The last time I did something like that was 1991 and this has now given me a lot of confidence for next year and the European Championships. I'm hungry to do well again, I don't know why but the hunger is definitely back."

Former world junior champion Steve Smith, considered a medal prospect going into the championships, was clearly affected by his recent Achilles injury and went out at the qualifying stage.

The 1993 champion bounced back from that early fright and sailed over his second attempt at 2.25m before clearing first time at 2.32m and 2.35m.

That latter jump put the 29-year-old into the gold medal position as the other men to clear that height – Olympic silver medallist Artur Partyka and Commonwealth champion Tim Forsyth – needed two attempts.

Sotomayor secured the title with a second attempt clearance at 2.37, with Partyka and Forsyth taking the other medals – the Pole in a season's best.

Sotomayor took one attempt at 2.41, trying to break his 1993 championship best performance of 2.40 but it was not to be.

He said: "This makes up for what happened in Atlanta



World beater: Sotomayor

Women's 400

Freeman's triumph



COMMONWEALTH 200m and 400m champion Cathy Freeman put a tormented first half of 1997 behind her to strike gold in a close finish.

The Olympic silver medallist has had problems off the track but peaked to perfection as she just held off world indoor silver medallist Sandie Richards and 1993 champion Jearl Miles-Clark.

The year's world leader won a five-way battle down the final straight to win the closest ever finish in a World Championships.

Gritt Breuer, producing her best display since returning from a three-year doping suspension, led at halfway but Freeman held the upper hand coming into the final straight and held off Richards' late surge.

The Oceania and Commonwealth record-holder then revealed: "It's not been an easy year, I've had a few personal problems. There's been a lot of stuff going on off the track so my overriding emotion is one of relief, so I'm going to savour this moment."

Freeman, believed to have split from her boyfriend who remains her manager, added: "This year has really tested me mentally, physically and emotionally and I've got through a few rough patches. There have been times when I was pretty down, things don't go smoothly all the time, but it is a testament to my character that I bounced back.

"It can be a struggle after an Olympic year because there's no competition like the Olympics and you can't just turn your emotions on and off.

"Mentally I was very down after the Olympics and this has been the toughest year of my short career so this victory has done wonders for my confidence.

"My start wasn't ideal, it let me down, but from 150 metres I poured on the aggression."

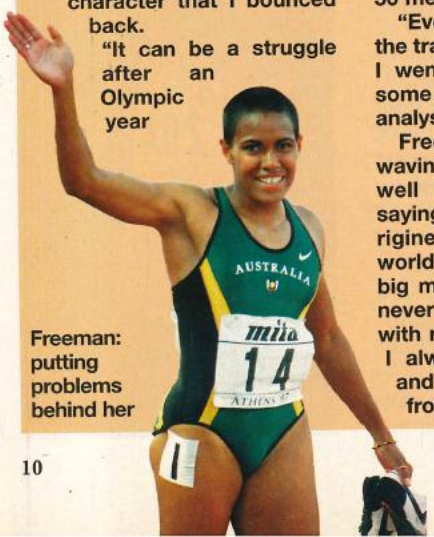
Richards, who clocked her second PB of the championships, was closing on Freeman who joked: "I could see her out of the corner of my eye – how can you not see anyone as big and black as Sandie!"

A delighted Richards said: "It is the first time I've broken 50 seconds so I'm delighted and to get the silver medal is very pleasing. It was heartbreaking to see Cathy so close in the last 10 metres but I knew she would be this strong because we trained together recently."

Jearl Miles-Clark, second in the 1997 rankings and fifth ranked at 800m, was not so pleased, saying: "It wasn't exactly what I expected but Cathy ran a great race. I felt good at the start but I just didn't have it in those last 50 metres.

"Every time I step on to the track I expect to win and I went off hard but made some mistakes we'll have to analyse and correct."

Freeman celebrated by waving the aborigine flag as well as the Australian, saying: "I'm a proud aborigine and being the first world champion is a pretty big milestone as a culture. I never had a serious problem with racial discrimination but I always took it personally and I've taken strength from it."



Freeman: putting problems behind her

Heptathlon

Lewis' ste

Commonwealth champion Denise Lewis bounced back from near-disaster on day one to add to her major medal collection

DENISE LEWIS came through the toughest two days of her athletics life and smiled: "That's the first time I've really enjoyed a major competition!"

Showing strength of mind and body far beyond her 24 years, she survived two 18-hour days against vastly more experienced opponents – and put Britain on the medals table.

Moreover, the Olympic bronze medallist did it at a time when the team needed an inspirational act. "I have been very professional and come away with a silver medal," she said with a simplicity that hints at the clarity of thought which contributes to success.

"I have shown mental toughness over the past two days."

She did not clutter her mind with might-have-beens after hitting hurdle eight so hard in the first event, she almost fell and lost as much as three-hundredths of a second – 40 or more points.



rling silver

With that stumble went all realistic chance of pressurising Germany's Sabine Braun into a mistake.

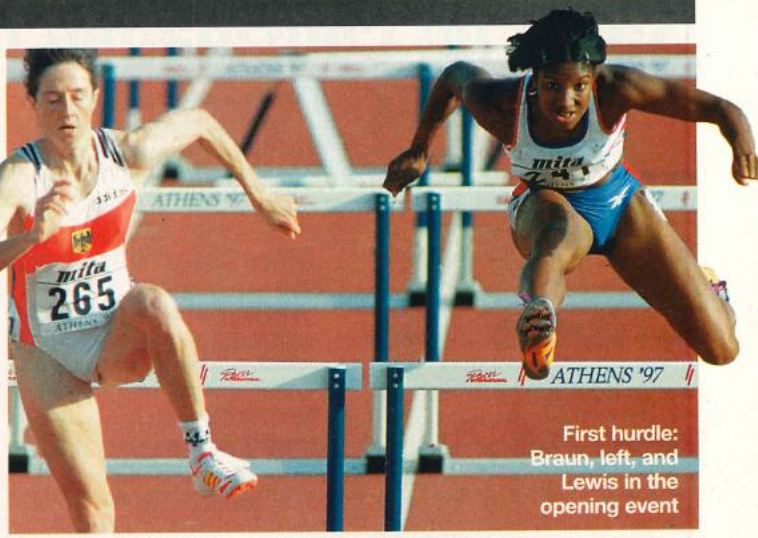
Such is Lewis's determination, though, she clung to her golden aim until the end of event six before acknowledging: "Sabine has experience on her side."

The German has, too. She's 32, has competed in four Olympic Games (winning bronze in 1992), was the 1991 world champion, will be seeking to complete a European Championships hat-trick next year, and has her steely eyes firmly set on the Sydney Olympics in 2000 – irrespective of whether world leader Ghada Shouaa, the currently-injured Syrian, is there.

But our battling Brummie added: "I wouldn't underestimate myself at all. I'm really strong.

"I'm still on the stepping stones: new training regimes with Darryl (Bunn, who has coached her since she came into the sport as an U13); and my nutritionist Brian Welsby will be looking at how to improve my strength even further.

"It's all about putting the jigsaw together and making it perfect."



First hurdle: Braun, left, and Lewis in the opening event



Standard bearer: Denise Lewis

How Denise struck silver in Athens

"I HAD a shaky start in the hurdles. Once I hit that one, I had to stay on my feet. Anything else would have been a disaster." She was fifth in 13.43; Braun first with 13.16.

"High jump? In the last couple of championships, I've let myself down. After three attempts at 1.81, I thought, 'Not again!' I just didn't want to go out like that because I'm in great shape. So 1.84 was OK." But Braun went to 1.90.

"I expected PBs in the shot because I've been working really hard on my throws." Her 14.55m did not make an impression on Braun (15.08); Olympic silver medallist Natalya Sazanovich went to 15.03; Remigija Nazaroviene found 15.41.

"The 200m wasn't quite a PB. I did 24.10 in Gotzis. But after such a long day, everybody's times were down." Sazanovich clocked 23.92; Braun's 24.46 set up a comfortable overnight lead.

"The long jump at 10 past eight the next morning was all about preparation – getting up at 4.30am and being alert for such a ridiculous start time. I just aimed to be competitive and make the best of a bad situation." Her 6.47m was 16 points better than Braun's 6.42; Poland's Ursula Wlodarczyk pushed for bronze with 6.63m.

"Before the javelin, Darryl and I agreed I would have to go four metres ahead of Sabine. Once I'd finished only 1.22m in front of her, I knew realistically gold had gone." No top contender bettered Lewis's 52.70m. Sazanovich's hopes dissolved with 43.70m.

"In the 800, I just had to be steady. We knew the Lithuanian and the Pole would go out hard because there was so little between them for the bronze. Darryl and myself went through the best and worst scenarios. I just had to be sensible and, for a change after an 800m, I was still standing." Her 2:17.54 brought her in just behind Braun (2:17.32).

Only after the end of competition did Lewis's thoughts turn briefly to a negative: "The timetable was a disgrace. How can you expect people to perform at their best when they have to be up at 4.30? Some of us only had three-and-a-half hours' sleep."

Then the smile returned as she added: "The support was fantastic. The British fans were up there in the stands at eight in the morning and 10 at night. It's really special to get a medal and be the first Briton to get one."

■ SABINE BRAUN said after reclaiming the world title she last held in 1991: "This is my best success yet. Now I'm moving on to Sydney for the Olympic gold."

■ REMIGIJA NAZAROVIENE, the bronze medal winner from the Ukraine, said: "I hope to be in this position on more occasions in future!"

Three majors: three medals

THESE are the three performances that have earned Denise Lewis the 1994 Commonwealth Games title, 1996 Olympic bronze medal and 1997 World silver:

Venue	110H	HJ	SP	200	LJ	JT	800	Pts
Victoria	13.66	1.74	13.22	25.11	6.44	53.68	2:17.60	6325
Atlanta	13.45	1.77	13.92	24.44	6.32	54.82	2:17.41	6561
Athens	13.43	1.84	14.55	24.13	6.47	52.70	2:17.54	6654

Silver no consolation for Edwards

Triple jump

RARELY has a Briton been so disappointed to win a silver medal.

Jonathan Edwards, the last athlete from our little islands to win a major title (the World Championships triple jump in 1997), was so upset to be beaten by a PB 17.85m by Cuba's Yoelvis Quesada, he shed a tear during the inevitable post-event TV interview.

And the world record-holder's usually ready smile did not return during his many press interviews over the next two hours.

Not necessarily because he had failed to break Britain's frustrating run of 17 silver medals but no golds at major championships since he went out to 18.29m in Gothenburg.

But because "I just don't think I performed very well."

He never mentioned the heel problem that had forced him out of competition for five-and-a-half weeks prior to Athens – though he seemed to have trouble with his step phase – no doubt because it is not in his nature to appear to be giving excuses.

That said, sources close to him reckon he was in shape to go over 18m if everything had clicked as it did every time he stepped on to a runway in 1995.

And he could not think of a reason why the runway in Athens had not become another magic carpet.

"I warmed up well," he said. "Hand on heart, I thought I would come out and jump a long way. It was a bit of a shock not to do that.

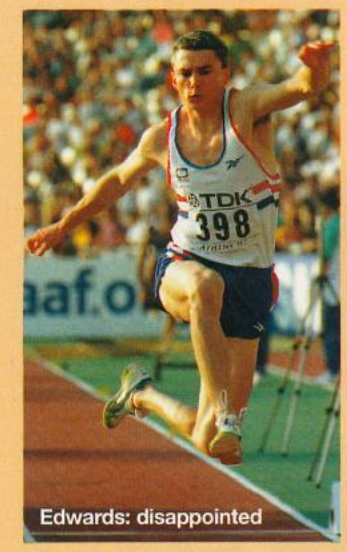
"It's the second most disappointing thing after not qualifying for the Olympics in '92. I'll be all right in a few days. But right now..."

He deepened the mystery by adding: "Since I've been here, I've felt business as usual. I've not felt as if I've not jumped for five-and-a-half weeks. I've not felt injured.

"Then I came up against a brick wall."

It was made in Cuba and erected in the first two rounds. Quesada went out to 17.60m and the winning 17.85m after which, as Edwards said: "I was playing catch-up."

The man who beat Edwards in Atlanta, Kenny Harrison, didn't play long: he went out at halfway, managing no better than 17.05.



Edwards: disappointed

But Edwards battled on. Second with 17.33m after the first round, he fouled in the second and watched Quesada's compatriot Aliecer Urrutia relegate him to third with 17.64m, his furthest of the season and within six centimetes of his lifetime best.

In the third round, Edwards's jump folded off the step and he managed only 16.80m.

But he bounced back in the fourth with 17.66m to creep back into second – and punched the air with moderate satisfaction.

Taking off behind the board in the fifth, he was measured at 17.57m.

But fighting to the last, he saved his best 'til last. Sadly 17.69m wasn't enough.

"I felt when it mattered I would be able to jump better," he said. "It's not everything but it is important to me.

"Obviously there is the prospect of losing but overall I was looking to come here to defend my title."

And Quesada underlined the importance of the occasion: "I have beaten Jonathan before but that was a very special win over him."

Majors and records

EDWARDS' MAJORS

1988	Olympics dnq
1992	Olympics dnq
1993	Worlds 3rd
1994	Europeans 6th
1995	Worlds 1st
1996	Olympics 2nd
1997	Worlds 2nd

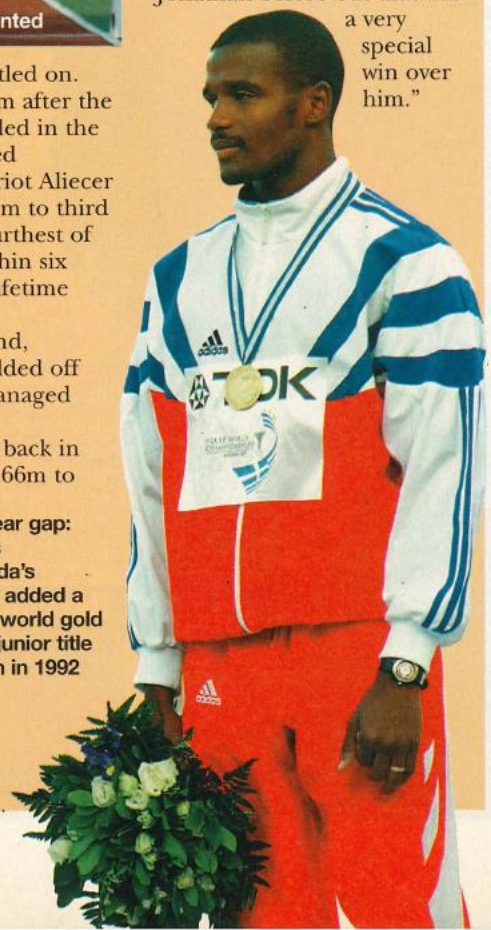
QUESADA'S RECORD

1990	World Juniors 2nd
1991	Worlds 7th
1992	World Juniors 1st
1992	Olympics 6th
1993	Worlds 12th
1995	Worlds 4th
1996	Olympics 3rd

How the best measured up

BIOMECHANICAL analysis of the medallists' best jumps showed Edwards was the only one of the three whose jump was the biggest phase. The phase ratios are given as percentages:

Athlete	Hop	Step	Jump	Result
Quesada	37	29	34	17.85m
Edwards	35	29	36	17.69m
Urrutia	37	31	32	17.64m



Five-year gap: Yoelvis Quesada's victory added a senior world gold to the junior title he won in 1992

(when injuries restricted him to equal 11th) and I dedicate my victory to all those who did not forget me, and also my son Javier whose picture I had in my bag during the competition.

"Even though I had some problems this season I never doubted I could win. I was ready to win with 2.37m, 2.39m or whatever it needed - I was very confident.

"I've had some problems this year with my left ankle but it was no big deal. I took time off after the Olympics last year and started again in October. I had trouble with my ankle in July but I was still very confident going into this competition.

"Breaking the world record again keeps me motivated and I will try again next year."

Partyka said: "It was a very difficult competition for me as I injured my take off foot around six months ago so I am very satisfied to get a medal.

"I think 'Soto' is coming back again and Lambros Papakostas and Steiner Hoen were unlucky."

Papakostas, who had the largest crowd of the championships so far on their feet, achieved a season's best of 2.32m and came agonisingly close at 2.35. He said: "My goal was to win and I prepared very well, but because the championships were in Greece I was anxious and made some technical mistakes which denied me a medal."

Pole vault

TWO minor miracles brightened a sultry evening.

First Nick Buckfield became the first British pole vaulter ever to be clapped and cheered along a runway in a major competition – and came mighty close to clearing 5.80m with his second effort.

As it was, he had to settle for a first-time clearance at 5.70m – one centimetre shy of his UK record – for fifth place.

The second amazing happening was Sergey Bubka suddenly finding top form at the moment he most needed it to complete a perfect six world titles.

Nobody has dominated his event like the 33-year-old Ukraine. But he looked

Bubka's record

1983 World Champs	st
1985 World Indoors	1st
1986 Europeans	st
1987 World Indoors	1st
1987 World Champs	1st
1988 Olympics	1st
1990 Europeans	6th
1991 World Indoors	1st
1992 Olympics	nh
1993 World Champs	1st
1995 World Indoors	1st
1995 World Champs	1st
1996 Olympics	dns
1997 World Champs	1st

human in qualifying – and failed with his first attempt at his opening height, 5.70m, in the final.

Then the man who has set 17 world records became the ace gambler, passing until 5.91m (which he cleared again at the second bid), then sailing over a championship best 6.01m first time after seeing Russian Maksim Tarasov clear 5.96m at the first attempt.

Tarasov, too, gambled with two attempts at 6.06m after knocking the bar off once at 6.01 – but it was Bubka's night.

He had the bar raised to a world record 6.15m, jogged a few steps towards it on the runway, then turned to accept the crowd's acclaim. And why not? He's unique.

While American Dean Starkey cleared a season's highest 5.91m at the third attempt for the bronze medal, Olympic champion Jean Galfione and South African Riaan Botha, who has a best of 5.91m this year, no-heighted at 5.70m in the final.

Botha's compatriot Okkert Brits blanked out in the qualifying group just as he had in Atlanta last year and in the 1994 final of the Commonwealth Games.

Bubka doubtless added to their pain when he said the Achilles problem, which stopped him going for his second Olympic title last year, still pained him. "This was not my best title, but it was the most difficult. I have done only three training sessions in pole vault this season."

Long jump

IVAN PEDROSO retained his title with his opening leap and then staged an attack on the world record.

The Cuban was intent on setting a world record to make up for his Sestriere disappointment in 1995. On that occasion he jumped a world record-beating 8.96 at altitude but it wasn't forwarded for ratification because the wind gauge (which showed 1.2m/sec) was obsured and possibly gave a false reading.

In his quest for the 'big one' Pedroso failed on his next four jumps, admitting: "I wanted the first jump for the gold medal and after that I was trying to reach nine metres. My fourth and fifth attempts were very close."

1995 world indoor bronze medallist Erick Walder was consistent but couldn't quite snatch the gold, his best of 8.38m in the last round falling just 4cm short.



Two-timer: Ivan Pedrosa won his second world long jump gold with his opening leap

He said: "Great competition, great series for me, great crowd. Everything went as I liked except the placing... the big one might come in a few days in Monte Carlo."

Former World Student Games champion Kirill Sosunov also saved his best until last, snatching bronze in the final round to deny Olympic silver medallist James Beckford.

He admitted: "I knew before the final that the first two places were already occupied as I would probably need 8.50-8.60 for the gold medal. The only possibility left was to fight hard for the bronze and I kept trying right to the end."

Shot put

A DISAPPOINTING competition for the Americans at least had a golden ending when John Godina was declared champion five days after the event.

Aleksandr Bagach had beaten the defending champion by 3cm with a 21.47m putt but later tested positive for the stimulant ephedrine.

CJ Hunter was elevated to the bronze medal position behind Oliver-Sven Buder's PB of 21.24m to give the USA two of the three medals and compensate for world record-holder Randy Barnes going out in the qualifying rounds and world No.2 for 1997 Kevin Toth being out of sorts.

The Americans had four of the world's top five in action due to Godina's wild card invitation.

Bagach, who was banned for two years due to excessive testosterone levels in 1989, had ironically joked after his victory: "I have been tested five times this year and this will make it six but it doesn't matter ... the beer is free."

Discus

GERMAN giant Lars Riedel extended his domination to a fourth world title – all four of his legal efforts flying beyond anything his rivals in the final could manage.

The other two medals were settled by season's bests. Lithuanian Virgilijus Alekna, fifth behind the all-conquering Riedel in last year's Olympics, went out to 66.70m in the second round.

Jurgen Schult, the 37-year-old German whose world record 74.08m still stands from 1986, took the bronze with 66.14m in the first round – just two centimetres more than Olympic silver medallist Vladimir Dubrovshchik from Belarus.

Britain's Robert Weir, fourth after the first round with 63.06m, could not improve on it and finished eighth. He fared better than Olympic bronze medallist Vasili Kaptyukh, whose only legal throw flopped out to 60.12m, leaving him 11th.

Glen Smith did not progress through the qualifiers, managing only 54.40m.

Riedel's record

This is how Lars Riedel has dominated the last four World Championships:

1991	66.20
1993	67.72
1995	68.76
1997	68.54

Hammer

A DOZEN years after winning the World Student Games title, 34-year-old Heinz Weis snatched his first major gold medal as a senior with the very last throw of a fascinating competition.

The German who hails from Trier, exchanged the lead with Russian Vasiliy Sidorenko for three rounds in the middle of the competition.

Then European champion Andrey Skvaruk snatched the lead in the final round with 81.46m - only for Weis to respond with 81.78m.

As if that wasn't enough, there'd been a sensation in the qualifiers. The champion of 1993 and 1995 Andrey Abduvaliev, who didn't turn up for last year's Olympics, failed by 32cm to get into the final, managing only 74.96m.

Decathlon

OLYMPIC bronze medallist Tomas Dvorak set six PBs but branded himself stupid for missing Daley Thompson's 13-year-old European record.

The 25-year-old Czech went into the final event – the 1500m – knowing his first world title was secure and that the world record was probably out of reach.

But as he came down the final straight in triumph he inexplicably slowed down to a walk and casually strolled over the line.

His actions left him just 10 points short of Thompson's European record set when winning the Olympic title in Los Angeles. He was also just 54 points adrift of Dan O'Brien's five-year-old world record.

He said: "I'm very happy to have won but I was so stupid to stop before the finish line - it cost me the European record.

"It has been a more difficult competition than the

Men's Javelin

Backley's last-gasp medal

Steve Backley's final throw secured silver behind Marius Corbett but denied team-mate Mick Hill a place on the podium

STEVE BACKLEY produced the goods in the final round to double Britain's medal tally and leave his close friend Mick Hill devastated.

Training partner Hill was in bronze medal position from the first round but Backley's 86.80m earned him the silver and pushed Hill to fourth.

But Backley admitted he would gladly swap all three of his major championships silver medals for a global gold, being denied on this occasion by an amazing performance from South African Marius Corbett.

The 21-year-old former world junior champion wasn't considered a medal threat but added an amazing five metres to his PB in setting an African record of 88.40m and he followed that with the competition's second best throw (87.40).

Although happy with his performance, Backley said: "I would like to have left Athens with the gold medal but unfortunately the South African had something to do with that. And I also know what it would have meant for Mick to win a medal so that doesn't sit well with me, it's not what I would have wanted.

"I apologised to Mick. I feel gutted for him, it would have changed his life, but at least he did have a chance to throw again."

Perhaps Backley and Hill will never have a better chance as two of the biggest favourites were well below par. World record-holder Jan Zelezny and 1995 bronze medallist Boris Henry, who between them have the top seven throws of 1997, were strangely subdued with Zelezny failing to make the cut-off after three throws.

Backley said: "Boris didn't look his normal self and Jan has been a bit erratic this year. He was throwing last and perhaps the pressure got to him after seeing the South African throw a big one early on."



No reward: Mick Hill had the bronze snatched away by Backley's final throw

'I gave it everything I had but it's fallen a little bit short. It wasn't as if I didn't have another chance after Steve went into the medals, I had another throw to do it'

Mick Hill

That early throw from Corbett was a major surprise for everyone as the former rugby player started the year with a PB of just 77.98.

Backley said: "What can you say, a PB by five metres. I take my hat off to him. I don't think even he can believe it, he looks shellshocked and I have to admit I wouldn't have predicted he'd even get a medal. I've only met him once or twice and at 21 years old you tend to think of him as a kind of understudy, but he was very impressive. In an open arena with a bit of a tailwind that would have been 91-92 metres.

"But I'm happy with my own performance. Coming into the last round fifth and finishing second I've got to be happy. But it took me a few rounds to find my feet. It affects you when someone goes big early on and it took me a few rounds to take in what was happening.

"I changed my technique in the fifth round, I threw my check marks away and just threw, and I got positive feedback from that so I knew I could do it in the last round.

"That technique is what I've been working on all year and I've thrown well, but then I get here and it wasn't happening."

Backley wasn't helped by a dispute with field officials who were starting the clock for the athletes before the javelins from previous throws had been returned.

He said: "The javelins have to be back before the clock starts. I was mad and that frame of mind doesn't suit me so I am absolutely delighted to have stuffed the Greek on the last throw.

"But I feel I have done well but come out as the bad guy because Mick has been such an inspiration to me."

Hill said: "I'm absolutely gutted, I'm as sick as a flock of parrots.

"I gave it everything I had in my arms but it's fallen a little bit short. It wasn't as if I didn't have another chance after Steve went into the medals, I had another throw to do it.

"I said 'well done mate' because Steve did the business again but I still think it's the best throw by a development officer. A few months ago if you'd said I would come fourth I'd have taken it but if I stay healthy for the next few years I want to get on the rostrum. I had one foot on it this time, but give it another year and I think I can go even better."

Corbett was understandably delighted, saying: "I didn't have a good qualifying competition but I thought if I did a big one in the final I would be maybe fourth or fifth.

"But even after my big throw I had to stay focused in case I had to produce another big one late on."

When Zelezny produced his world lead of 94.02 in Stellenbosch in March, Corbett was 14 metres behind - breaking 80 metres for the first time with an 82.76m throw.

His progress since taking the



Fortune favours the bold: Steve Backley's decision to alter his run-up in the final paid handsome dividends

Steve Backley's 1997 season

May 30	Riga	1st	89.02
June 8	Moscow	2nd	83.90
June 13	Tallinn	1st	85.46
June 18	Helsinki	1st	87.96
June 22	Munich	1st	86.86
June 29	Sheffield	1st	86.90
July 13	Birmingham	1st	86.20
Aug 5	Athens	2nd	86.80

world junior title has been delayed by back, elbow and shoulder injuries and he admitted: "I was thinking about going back to playing rugby again. I played at school but in 1993 I had to make a choice between rugby and athletics – I was only a provincial rugby player and I toured England with the national junior team in athletics so it was an easy choice.

"I did one competition at the end of 1996 where I threw about 70 metres and since coming back I've had a few technical problems, things were not coming right - but today everything came right and the adrenalin played a big role."

The giant from Queenstown in the Eastern Cape joked: "We want the 2004 Olympics so I had to do something."

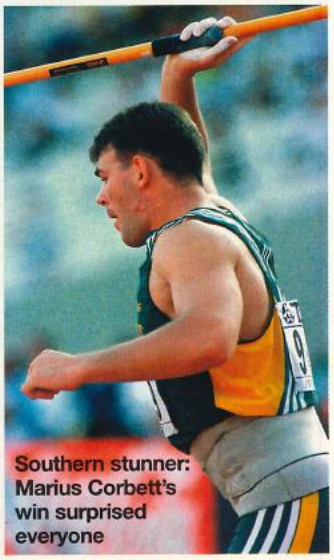
Corbett earned quick reward as, having agreed to compete at Crystal Palace on August 16 just the previous day, he was then also asked to throw in the lucrative Zurich meeting as he awaited the medal presentation.

The bronze medal went to Greek favourite Konstantinos Gatsioudis, giving the host nation their first medal of the championships. He said: "I've worked really hard and I believe this medal belongs to me. I probably could have won the silver medal but I was unlucky."

Zelezny said: "No excuses, I threw well in qualifying but the final was an off-day. My technique was very poor."

He then rounded on rival Henry, saying: "I was surprised Boris used two unauthorised personal javelins in the final, how can this be?"

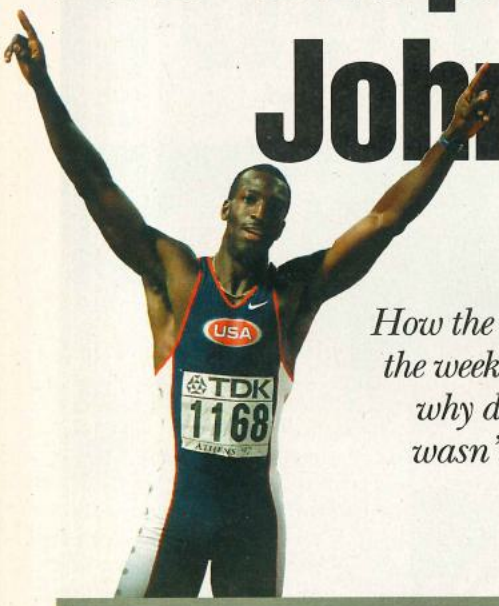
Henry replied: "This model of Nemeth javelin has been used over the world for about two years but it wasn't on the list of the organising committee for these championships. The German federation asked the organisers for additional information and authorisation and I assume it has been authorised."



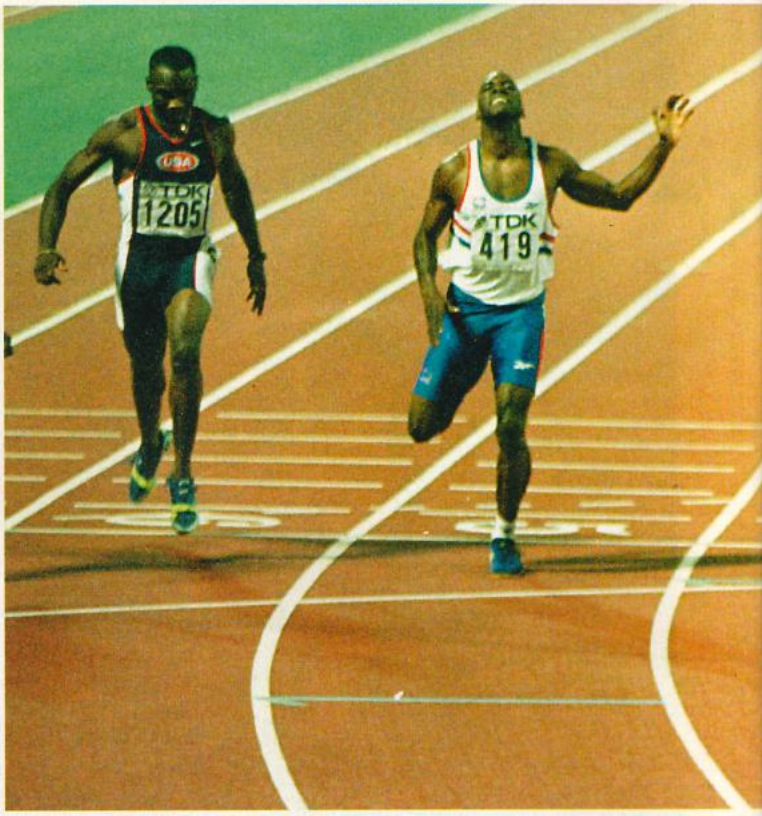
Southern stunner: Marius Corbett's win surprised everyone

Men's 400 metres

No stopping Johnson



How the hottest medals of the week were won – and why defeat for the Brits wasn't a Greek tragedy



What they said



■ MARK RICHARDSON: "I ran a PB. If I had gone off too quick, I would have blown up. But I know now I can take on anybody in the world – to run a PB after three hard rounds gives me confidence."

On just missing a medal for the second time: "Fourth is about the worst position in the world. I would rather come last. I had a good chance to get a medal. Unfortunately it was not to be. It's not easy out there. Normally bronze medals are won in 44.5."

■ IWAN THOMAS: "I did what I had to do. I didn't want to come off thinking I'd not tried my best.

"Maybe I went too hard. When I got to the bend, I thought I would get a medal. But they were a bit stronger. I'm still third-fastest in the world."

On Johnson: "I planned to catch him. I knew he would come strong at the end. I thought I could hold him off but it didn't happen.

"I'm still on a learning curve. This is only my second season. I've got 10 years yet."

■ JAMIE BAULCH: "I'm really happy. I got to the final but I just felt really tired. I went with Iwan but after 200m I didn't feel as I had in the other rounds. I didn't feel relaxed, which is silly."

Of his selection ahead of Black: "It was a bit of pressure. I felt I had to prove a lot to the British public and to myself. There were all sorts of things going on before the games which I thought were unnecessary. But as soon as I got through the first round, I knew I was in shape and rightly here."

On the Brits' performances: "Obviously you go to win. Iwan, Mark and I all wanted to win. The Americans are very strong.

"When you think of the size of Britain and the fact there are 200 countries here, I think we have done really well."

British finalists in the men's 400m

1983	none
1987	Derek Redmond 5th
1991	Roger Black 2nd
1993	none
1995	Mark Richardson 5th, Roger Black 7th
1997	Mark Richardson 4th, Iwan Thomas 6th, Jamie Baulch 8th

World top 400m times 1997

43.75	Michael Johnson USA	Waco April 19
44.08	Butch Reynolds USA	Lausanne July 2
44.36	IWAN THOMAS GBR	BIRMINGHAM July 13
44.37	Davis Kamoga UGA	Athens Aug 5
44.39	Tyree Washington USA	Athens Aug 5
44.47	MARK RICHARDSON GBR	ATHENS Aug 5
44.49	Roxbert Martin JAM	Kingston June 19
44.50	Jerome Young USA	Athens Aug 4
44.57	Antonio Pettigrew USA	Athens Aug 5
44.65	Michael McDonald JAM	Gosier May 3

The race ...

TO Michael Johnson went his third world 400m title, ending all doubts about his fitness, physical and psychological.

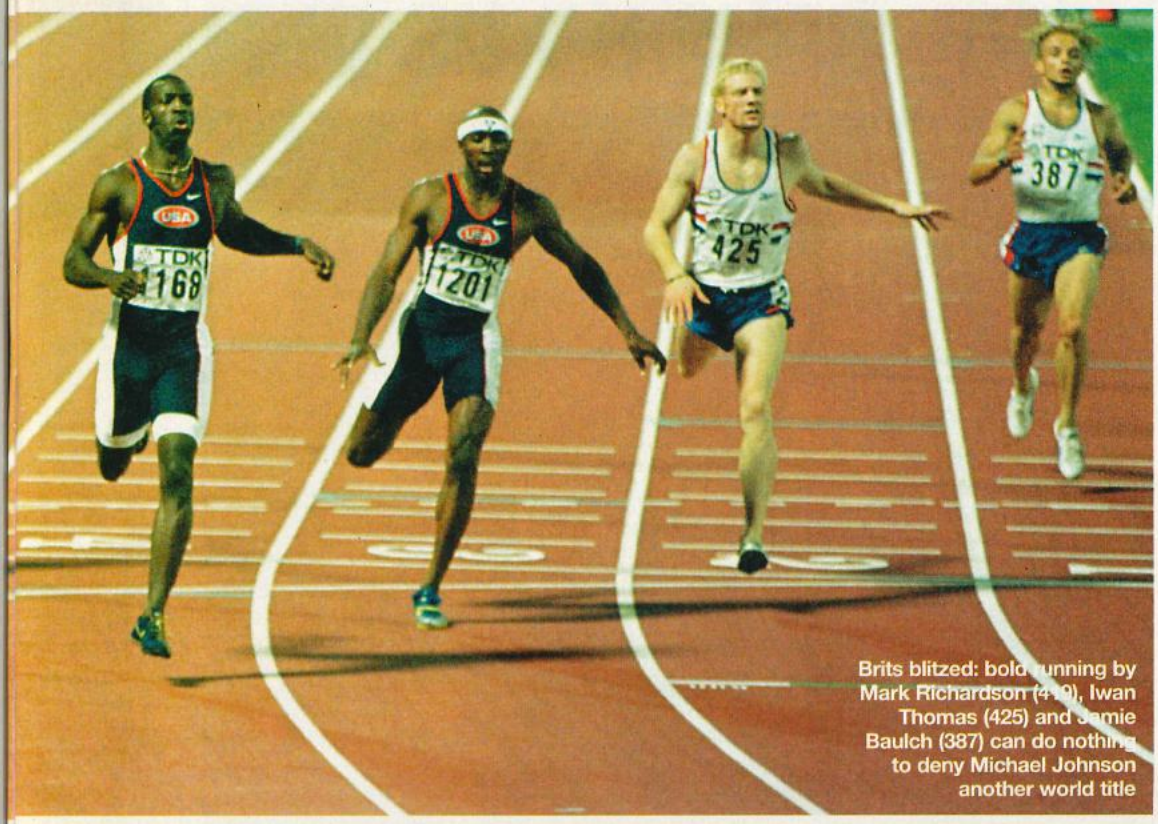
To the Britons went nothing tangible – except the satisfaction of becoming the first trio from these little islands ever to reach a World Championships 400m final and the belief that we are on the way toward becoming the equals of the giants.

Of all the events in hot and humid Athens, this was the steamiest: Johnson, the world's best, in only as a wild card because the IAAF changed its own rules, out to prove his right to defend his title; three more Americans, including one who had questioned whether Johnson had the heart for the battle; three Britons bidding to emerge from the shadow of Roger Black, the only Briton to have won an individual 400m Worlds medal; and Uganda's Olympic bronze medallist Davis Kamoga, quietly representing the rest of the world.

Iwan Thomas, in lane two rather than his favoured seven or eight, was so anxious he false started. At the second time of asking, he blasted away and within 100m was up to the shoulder of Tyree Washington in lane three.

The UK record-holder actually caught Johnson in lane four by 200m and a shock was imminent. For 50m, the double Olympic champion seemed hesitant – explaining later that he was briefly hit by cramp and with it, self-doubt: Was this going to be the year when nothing went right for Mr Perfect?

But as they swept round the crown of the bend toward the



Brits blitzed: bold running by Mark Richardson (419), Iwan Thomas (425) and Jamie Baulch (387) can do nothing to deny Michael Johnson another world title

finishing straight, Johnson had begun to surge. From that moment the race was won even though there was probably only 50m to go when the 29-year-old Texan actually hit the front.

Behind his arched back, pumping arms and high lifting knees, the individual battles were absorbing.

Thomas's searing start had taken its toll while Baulch, in lane one and inevitably tempted to go with his compatriot's pace, found nothing in the second half.

But as they faded, Richardson grew in strength in lane five. Having got to within a half-metre of Young by half-distance, he then targeted Kamoga in seven.

But the Ugandan, inspired at having overhauled 1991 world champion Antonio Pettigew in lane eight, drove on to take silver in a national record 44.37 seconds – a quarter of a second behind the imperious Johnson.

Which left Richardson, fifth in 1995, to battle for bronze with the youngest, brashest American of them all. Closing all the time, the quiet man from Windsor Slough and Eton ran a PB 44.47. But Washington, a Californian "having fun with track" before he becomes a pro American footballer, also PB'd – 44.39.

The USA won the other two Brit battles, too: Young (44.51) got past the tired out Thomas (44.52) on the line for fifth; Pettigrew ran a season's fastest 44.57 for seventh ahead of Baulch, whose best had come in the quarter- and semi-finals.

Said Pettigrew: "I'm just tired. I expected to give Michael a run for his money but I didn't have it. At 200, I thought I would stay with it. But I had a terrible day. Maybe I ran too fast in round two."

On the Brit pack: "They're great. They are young. I take nothing away from the British guys. They came here prepared and they ran well."

To Thomas and Pettigrew go the records of having run the fastest times ever for sixth and seventh in a 400m race – no reward at all for Thomas's positive contribution to the entire series.

It was so breathtaking that for minutes later, the 40,000 in the stadium were so quiet as to be almost funereal – feverishly trying to take in all that had happened in 45.22 seconds of supreme drama.

Semi-finals

Expression of arrogance

THE semi-finals amounted to a fresh American declaration of independence ... or maybe a simple expression of arrogance ... as they overtly set out to put the British upstarts in their place.

Washington set the tone after he burst past the decelerating Baulch and Richardson in the last few strides, raised his arms in the air and, once over the line, indulged in a mini bout of shadow boxing.

The second American super power demonstration was much more seemly. Johnson's pick-up from 200m made a mockery of his second round struggles, when he eased down too soon and qualified as a fastest loser.

Thomas, after his customary blazing start, was content to do just enough to qualify for his second major final in only his second summer at the top.

In their own words

■ MICHAEL JOHNSON: "It's been a tough time for me since the race in Toronto. Coming back from the injury has been difficult but these things happen. I'd accepted everything ... the race in Paris (which ended his eight-year, 57-race winning streak) ... and come to terms with the fact if I didn't get back this year, I had been very fortunate over the last few years.

"I gave it my all and trained as hard as I could over the last month-and-a-half. And it all paid off. I felt very confident all along. The first round went very well. The second round, I made some mistakes.

"I expected to run a lot faster in the final but a victory is a victory and I'm happy to defend my championship."

On being put under pressure by Thomas: "A lot of people said Michael can only run from the front. I showed Michael can run from the back.

"My quad started to cramp 250 metres into the race. I had planned to run my first 200 in 21.1 and to really work the third 100. In trying to do that, in the middle of the curve, I felt the cramp in the adductor. I kind of eased back and all my form fell apart. I lost my focus. I'm sure I lost half-a-second.



"But as I kept running, it started to go away and coming out of the curve, I was about two metres behind Tyree and Iwan. I was confident I could come down the home stretch and go away to win the gold."

On Washington's pre-final assertion that Johnson did not have the heart for the battle: "Tyree is young and when you're young, you're sometimes a little brash. After the race, I embraced Tyree to thank him for giving me that incentive.

"I'm not going to hold it against him. I will help him and all the young guys coming up to do the best they possibly can."

■ TYREE WASHINGTON: "I expected to go out and win. But I'm only 20 years old. This is a new experience for me. I'm not very happy with the bronze medal."

His re-think on Johnson: "He showed a lot of heart in the final – a lot of courage. I respect him for that."

Relay boys do us proud



Silver streaks: Thomas, Richardson, Baulch and Black celebrate finishing second behind the Americans

4 x 400m

BRITAIN's last bid for gold was always going to be a long shot – but don't tell Iwan Thomas, Roger Black, Jamie Baulch and Mark Richardson.

They gave their all in search of the impossible dream – a victory over a USA team that flew in world record-holder Butch Reynolds 24 hours before the final and then didn't need him. Or Michael Johnson.

As Thomas said of the Yanks: "They're phenomenal."

And so was the grit of the Brits as they refused to accept the inevitable until the last stride.

Thomas led them off against Jerome Young. The UK record-holder's split was the slowest of the four (44.8 seconds). "I was so tired after so many races in 10 days," he said. Young, on the other hand, ran like a man possessed with the obsession to emerge from the shadow of his compatriots Johnson and Tyree Washington who had won individual medals. He'd beaten Thomas by a hundredth of a second in the individual final; he beat him by seven metres or more in the relay.

But Black stormed through his first 100m so purposefully, he tucked in third, five metres behind America's former world champion Antonio Pettigrew and on the shoulder of Greg Haughton of Jamaica, the revelations of the race. Black's unofficial split: 44.3.

Baulch, bless his Welsh dragon's heart, went a fifth of a second faster, actually taking the lead before tying up in the straight in the face of a renewed onslaught from Chris Jones.

And hard though Mark Richardson tried on the final lap, he could not close Washington's four-metre lead completely.

For Britain was the satisfaction of pushing USA to the world's fastest time of the year, 2:56.47, and pulling Jamaica in third to a national record 2:56:75.

And the frustration of of earning the fifth and final silver medal of these championships.

For the semi-final, Britain had rested Richardson, allowing his Windsor Slough and Eton clubmate Mark Hylton to lead off the team, which comfortably won its heat.



Bronze battlers: Braithwaite, Campbell, Golding and Walker finished third to unveil a new generation of medal-winning British sprint talent

4 x 100m

TEAM spirit honed endlessly through the winter enabled Britain's new generation of sprinters to start life at the top.

To win a bronze medal, they came through the fire of cynicism from Britain's senior sprinters, such as Linford Christie and John Regis.

And third leg hero Dougie Walker even survived a hamstring that 'went' 10 yards before he handed over to Julian Golding for the 'glory' leg.

In fact, it was glory, glory all the way for the squad honed by BAF sprints coach Richard Simmons as a parting gift before he takes a new job with the British Olympic Association.

They are such a genuine unit, world junior 100m record-holder Dwain Chambers went and warmed up with the selected quartet even though he knew he'd been dropped from the final.

The pack was shuffled through each of the three rounds – and they came up trumps as only they believed possible after Ian Mackie had to go home with a back injury.

Marlon Devonish had a hamstring problem after the first round, in which Britain won from France in 38.47 seconds. Chambers was a pretty swift replacement for the semi-final, in which the team finished second (38.25) to Ghana's national record 38.12.

Come the final, the medal chase was opened by the absence of the USA. New world 100m champion Maurice Greene and Dennis Mitchell, the only survivor of the team that ran the world record 37.40 in the 1993 World Championships, watched from changeovers three and two respectively as the ambition to overthrow Canada fell at the first takeover of the first round heat.

Brian Lewis simply could not catch 100m bronze medallist Tim Montgomery with "the stick".

The comedy of errors became a Greek tragedy in the semi-finals when the host nation's progress to the final was halted by their 'glory' leg runner, Pavalakakis, dropping the baton 40m from the line. The Greek protest that it had been knocked from his grip by a flailing French arm was rejected by the jury of appeal.

Only the Greek spectators noted France made a mess of the final. Certainly the Brits in the crowd didn't.

All their eyes were on Darren Braithwaite, shuffled onto the first leg and away at

such blistering pace that Campbell led the way down the back straight.

Walker kept the momentum going round the top bend so well only Canada's reigning champions were clear of the rampaging young lions. Donovan Bailey took the holders home in the world's fastest time of the year, 37.86 seconds.

Not even the knife-like pain from his left hamstring stopped Walker reaching European U23 200m champion Julian Golding, who ran his third fabulous last leg of the series.

David Ezinwa swept Nigeria into second place in 38.07 seconds.

But Golding stormed up the straight stride-for-stride with Cuba's Perez Rionda – and it seemed an age before the photo-finish confirmed the Brits had the bronze by a mere thousandth of a second.

"I knew I'd timed my dip at the right time," said Golding, epitomising the confidence of the squad. "I knew it was going to be close and just concentrated on staying relaxed.

"When I heard the announcer say 'Great Britain and Northern Ireland 38.14' and he hadn't mentioned Cuba, I jumped a mile in the air, I was so ecstatic."

And he was quick to add: "We give a lot of this to Marlon and Dwain."

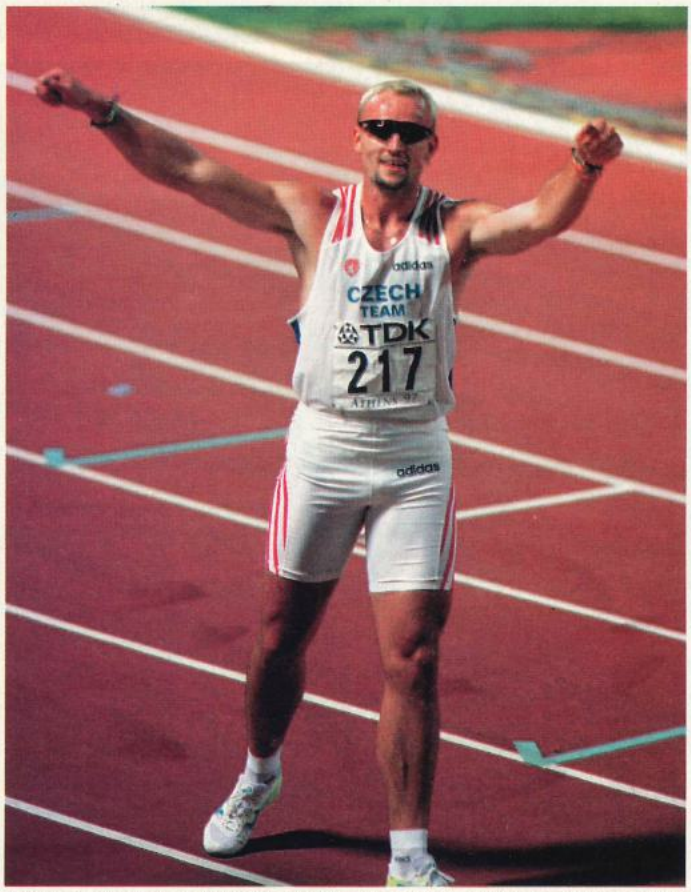
Braithwaite also demonstrated the unselfishness of the squad when he said: "I just wanted to get a good start – but hats off to Doug. This is the icing on the cake for all the hard work we've put in together."

Walker himself, packing ice on his injury, said: "It went 10 yards from Julian. I couldn't have gone much further.

"But I had to get to him because we knew we had a chance – especially after the Americans went."

Campbell, fresh from an individual PB, said: "We have a great team spirit and knew we could do it. I'm just a bit disappointed for the lads who could not be involved.

"Don't forget their contributions."



Czech mate: Tomas Dvorak set six PBs on his way to decathlon gold

Olympics because of the timetable and the weather. We were starting at 8am and going on until late. We had to get up very early in the morning and the weather was very hot so I am very tired after two days of tough competition.

"I knew to break the world record I would need to break my 1500m PB (4:29.69) which was going to be very hard after two days."

Dvorak led the 1500m for most of the way but was passed by Olympic fourth placer Steve Fritz and Atlanta silver medallist Frank Busemann with a lap to go. He eventually finished third in 4:35.40 to go third on the world all-time list and beating Thompson's 8774 stadium record set when winning the European title in 1982.

American Chris Huffins, who holds the decathlon record for the 100m, predictably took an early lead in the competition with a 10.39 clocking as Dvorak ran a PB of 10.60 for second.

Dvorak followed with a shot PB of 16.32 to close Huffin's lead to 37 points as Commonwealth champion Michael Smith recorded the best ever throw in a World Championships decathlon (17.54) to beat American Rob Muzzio's 1993 mark by 55cm.

Huffins increased his lead with a high jump PB of 2.06 with former high jump specialist Jagan Hames (PB of 2.30m in 1994) missing the championship best of 2.25m by 1cm. Eventual bronze medallist Busemann cleared a PB of 2.09m

Huffins took just a 21-point lead into day two as the eventual medallists all clocked PBs in the final event of day one – the 400m.

That lead lasted just 13.61 seconds into day two when Dvorak's 110m hurdles PB gave him the lead. Busemann was the fastest with 13.55 to stay third as 1992 Olympic champion Robert Zmelik fell at the sixth hurdle and didn't finish. Poland's Sebastian Chmara, sixth after the first day, dropped out overnight.

Dvorak threw 45.16m in the discus, just a metre short of his PB, but slipped to third as Huffins regained the initiative. Eduard Hamalainen threw the furthest with 50.50 to move into second.

Hamalainen took the lead with a 5.20 pole vault as Dvorak's 5.00m PB added 20cm to his previous best and established himself as favourite due to his superior javelin ability. Huffins slipped to fourth behind Busemann who equalled his 5.00m PB while Erki Nool climbed to sixth with a 5.40m clearance.

Disaster struck Huffins in the javelin with three fouls, including two outside the sector around 45 metres.

Dvorak took command with a PB of 70.34 which gave him a cushion of around 15 seconds for the 1500m over Hamalainen. Busemann in third needed to find 20 seconds on the Finn to snatch the silver medal.

Hamalainen missed his PB by just five points as he finished the 1500m in 4:37.10 but he had the satisfaction of setting a national record for ►

Decathlon progression

After one event: 1 Chris Huffins (USA) 1001; 2 Tomas Dvorak (CZE) 952; 3 Jon Arnar Magnusson (ICL) 949; 4 Erki Nool (EST) 935; 5 Victor Houston (BAR) 924; 6 Frank Busemann (GER) 915 ... 8 Eduard Hamalainen (FIN) 903

After two events: 1 Huffins 2023; 2 Busemann 1965; 3 Dvorak 1922; 4 Houston 1876; 5 Roman Sebrle (CZE) 1868; 6 Magnusson 1864

After three events: 1 Huffins 2830; 2 Dvorak 2793; 3 Hamalainen 2686; 4 Michael Smith (CAN) 2672; 5 Busemann 2665; 6 Magnusson 2657

After four events: 1 Huffins 3689; 2 Dvorak 3596; 3 Busemann 3552; 4 Sebrle 3504; 5 Smith 3503; 6 Sebastian Chmara (POL) 3491

After five events: 1 Huffins 4548; 2 Dvorak 4527; 3 Busemann 4446; 4 Hamalainen 4435; 5 Sebrle 4405; 6 Chmara 4389

After six events: 1 Dvorak 5552; 2 Huffins 5517; 3 Busemann 5479; 4 Hamalainen 5443; 5 Sebrle 5339; 6 Ramil Ganiyev (UZB) 5287

After seven events: 1 Huffins 6371; 2 Hamalainen 6324; 3 Dvorak 6322; 4 Busemann 6196; 5 Ganiyev 6075; 6 Sebrle 6071

After eight events: 1 Hamalainen 7296; 2 Dvorak 7232; 3 Huffins 7161; 4 Busemann 7106; 5 Ganiyev 7079; 6 Erki Nool (EST) 6925

After nine events: 1 Dvorak 8127; 2 Hamalainen 8031; 3 Busemann 7903; 4 Nool 7751; 5 Ganiyev 7744; 6 Steve Fritz (USA) 7726

After 10 events: 1 Dvorak 8837; 2 Hamalainen 8730; 3 Busemann 8652; 4 Fritz 8463; 5 Ganiyev 8445; 6 Nool 8413

Men's 110 hurdles

Jackson chases shadow

Defending champion Allen Johnson flew to a season's best 12.93 when it counted, pulling Colin Jackson to his fastest time in three years



OF all the medals Britain hoped to win in Athens, this was the one we had the least right to expect.

Not just because Colin Jackson's best time of the year on the way to Athens, 13.24 seconds, didn't rank him among the top six favourites for the event.

Not even because his effervescence had been soured by the animosity between the Welshman and the then executive chairman of BAF Peter Radford since he walked out of the 1995 World Trials "injured" and pitched up in a race in Italy 24 hours later. He says now of the castigation: "That hurt quite a bit. It took me a time to wake up and say, 'OK Colin, you've got to get on with racing. You're not going to have any influence there'."

No, Britain had no right to expect him to complete his world medals set because after the Atlanta Olympics, Jackson was a spent force.

His knees were so bad it hurt him to do the thing he did best – start like lightning – and without that joyful impetus, he was never going to again scale the heights of the event in which he remains world record-holder at 12.91 seconds, the time he ran in Stuttgart to win the 1993 world title. No-one believed he could get near it in Athens. Not even Jackson.

But he knew he could run 13.05 seconds. He said so, confidently. And he kept his promise, brilliantly.

True, the reigning world and Olympic champion Allen Johnson finished in front of him, in 12.93 seconds, the fastest time of the year ... a mere two-hundredths of a second shy of Jacko's WR.

As Jackson acknowledged: "Allen's was a phenomenal performance. I feel proud to be second to that."

Britain, too, should be proud he was second. Proud and grateful...

■ Grateful to Chris Sharp, an orthotics expert in Swansea who achieved something even Jackson believed impossible – get rid of his knee pains.

Jackson explained: "The best part of my race was the start and I couldn't start properly because my knees were hurting. Chris saw me run, gave me a call and said: 'I honestly think I can help you.' I thought, 'Oh yeah!'

"But I went to see him, he filmed me running and provided me with orthotics made of moulded foam.

"I put them in my trainers for a start and the pain went from my knees. I took three-and-a-half months to get balanced running with them, but I was without pain."

■ Grateful to Malcolm Arnold, who despite the distractions of his duties as BAF chief coach and the time-consuming process of trying to develop the Lottery funding for Britain's top athletes, found time to take Jackson back to the basics which he had begun coaching him 14 years ago.

To do this, Jackson had to virtually move to Birmingham, where Arnold is now based. And he went back to hurdles school at the Birmingham University track.

The pupil recalled after passing his finals with flying colours: "I was going to the track and he was saying to me, 'Jackson, I want to see some light at the end of the tunnel.' We would do a hurdles session and I would ask him, 'Any light at the end of the tunnel?'

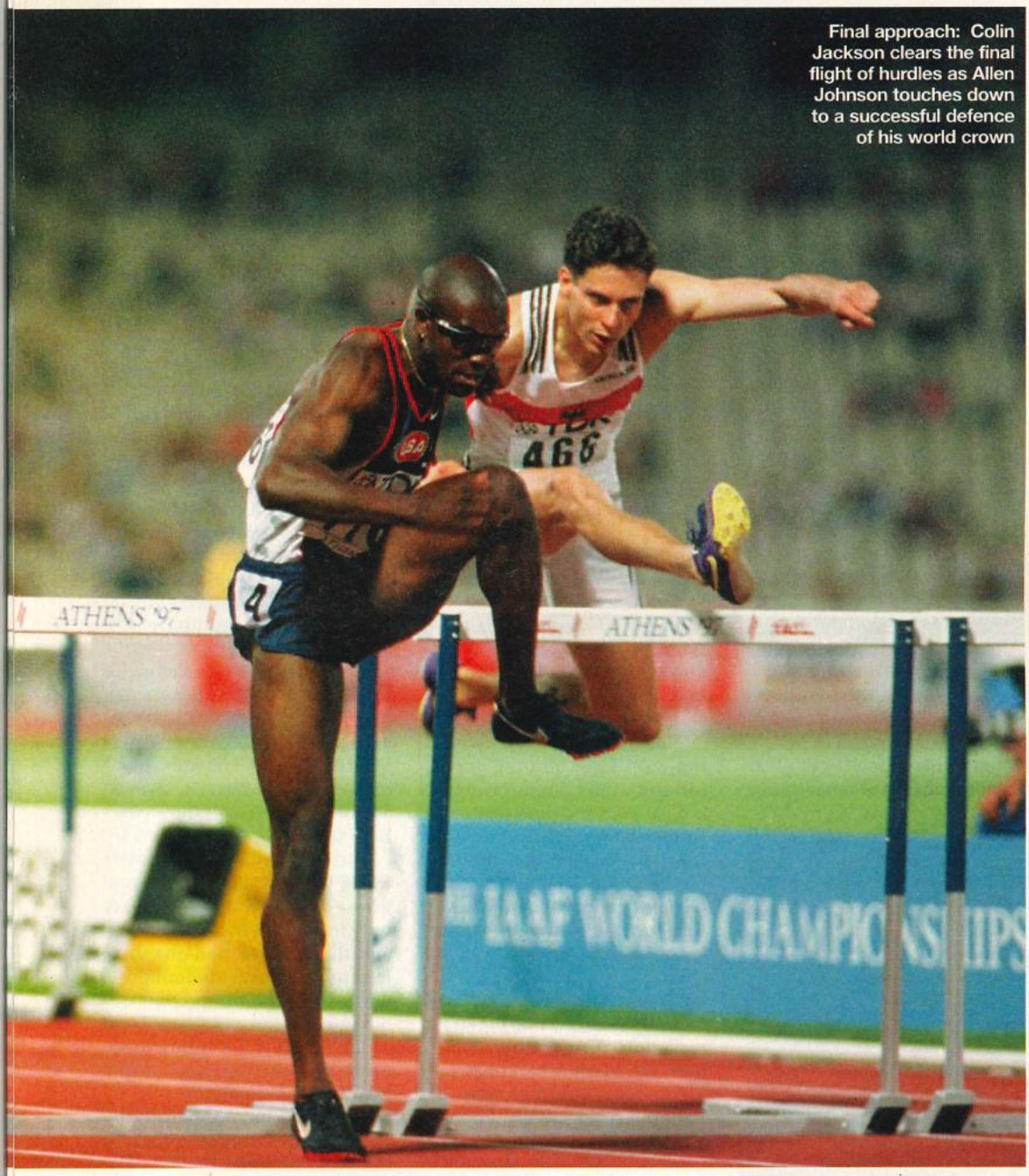
"He would ask, 'How long is the tunnel?' He isn't a hard task-master. He's very easy. That's why he is so brilliant. I wasn't ready at the beginning of the year and he got me ready despite all his other distractions. We gelled all the elements.

"I would come to training complaining. He would come to training complaining. We'd have a good moan and then get on with it."

■ Grateful to Allison Curbishley, the impish little European U23 400m champion who did some of the sessions with Jackson, who otherwise trained in isolation.

"She's such a laugh," said Jackson. "And so positive.

"When it's wet and windy, she'll say, 'Get on with it!' And



Final approach: Colin Jackson clears the final flight of hurdles as Allen Johnson touches down to a successful defence of his world crown

we just get on with it.

"She'll be a hurdles champion herself soon."

■ Grateful most of all to Jackson himself. In his 13th season of life in the pressure cooker of high expectation, he not only coped with a smile. He also rediscovered his appetite for more success.

In the first round in Athens, he clocked 13.19 seconds, the fastest ever at this stage of a World Championships. It looked effortless. In round two, he clocked 13.19 to Mark Crear's 13.15 and said: "That's fine! I'm running cautiously in the heats."

Come the semi-finals, Jackson pipped Johnson 13.24 to 13.31, the American clipping the seventh, the Briton brushing the eighth.

In the final, though Jackson reacted fastest as usual (0.118, the same as Frenchman Dan Philibert), Johnson (0.128) got to the first barrier ahead.

It was crucial, as both acknowledged. "I didn't expect him to take off so swiftly," said Jackson. "But running 12.93, you don't go into the first hurdle slow!"

Crucially, the Welshman's technique held up under the pressure and he came home a clear second ahead of three season's bests – Igor Kovac, who had not lost to Jackson this season, snatched bronze (13.18) because Florian Schwarthoff dipped so early, he fell over the line (13.20) while Philibert ran a PB 13.26 for fifth.

But the night was all about the men who took gold and silver ... especially the Welshman who came back from the sporting dead.

Jackson's major years

1985	Euro Juniors	2nd
1986	World Juniors	1st
1987	World Champs	3rd
1988	Olympics	2nd
1990	Euro Ch/CG	1st/1st
1991	World Champs	sf
1992	Olympics	7th
1993	World Champs	1st
1994	Euro Ch/CG	1st/1st
1995	World Champs	–
1996	Olympics	4th
1997	World Champs	2nd

Talk now turns to the world record

BOTH the gold and silver medallists agreed Colin Jackson's four-year-old world record of 12.91 seconds will go before the end of the season.

Jackson said: "I will definitely go under 13 seconds before the end of the season – and under 12.9.

"There's a world record for me and Johnson. If the conditions are right and both of us get it right, we will both go under 12.9."

Jackson has seven competitions in which to prove his second prophesy of summer, having predicted he would run 13.05 in Athens.

The meetings are Zurich tonight, Berlin, Brussels, Crystal Palace, Gateshead, Bellinzona in Switzerland and the IAAF Grand Prix Final in Japan.

Johnson said: "The world record is important to me. But if I don't get it, it's not the end of the world.

"Every race, I'm going out to be as perfect as I can. The world record will be mine ... if Colin lets me."

Of his title defence he said: "It was difficult. I had the pressure of trying to defend my title. I saw past champions and world record-holders not making their finals and getting upset. I didn't want that to happen to me."

■ PROUD coach Malcolm Arnold, who has guided Jackson since he was 16, said: "Had somebody offered me that result two weeks ago, I'd have paid for it.

"He's a lot happier person now. He is running and hurdling a lot better. After his early season performances, he has worked really hard to crack it.

"I compliment Allen on what he has done. If Colin had beaten him, he would have had to break his world record – that puts Allen's performance into perspective."

■ THE downside for Britain was that Tony Jarrett did not reach the final.

He had taken the bronze medal in 1991 and silvers in 1993 and 1995. On form, he seemed to be the Brit most likely to beat Johnson.

And nothing happened in the first two rounds to suggest his new technique, worked out with Latvian Ludmila Olijar, would break down under pressure.

But it did in the semi-final. Having been debited with a false start, Jarrett was away slowly and never got into contention for the leading four places.

He was understandably distraught.

But fighter that he is, he will take inspiration from Jackson's climb from the pit of despair.

his new country having previously competed for Belarus.

He was pleased to take silver as Dvorak was in such good form but bronze medallist Busemann was not so pleased, cursing his below-par javelin throw.

Marathon

A SPANISH victory came as no surprise but it was Berlin Marathon winner Abel Anton who caused an upset by sprinting past team-mate and defending champion Martin Fiz within sight of the Panathinaikon Stadium.

Anton was content to allow European champion Fiz do all the work in the closing stages but with about 250m to go he kicked and his more fancied countryman was beaten.

Willy Kolumbo of Congo (formerly Zaire) and 1993 silver medallist Luketz Swartbooi were the first to make an impression, breaking away on the uphill section approaching 15km, at that point Fiz led the chasing pack of 16 who were 11 seconds behind.

Fellow Spaniard Fabian Roncero, last year's Carpi Marathon winner who was 15th in London two years ago, left the pack to chase the leading pair and he hit the front approaching halfway.

Through 13.1 miles in 67:08, Roncero held a seven-second advantage but an eight-strong pack – including Fiz and Anton – reeled him in soon after.

South American record-holder Vanderlei de Lima made a break at 25km and quickly opened a 10m lead and his spell at the front was shortlived as Fiz set off in pursuit, followed by Anton with former Chicago and Fukuoka Marathons champion Luis dos Santos fourth.

With the pace picking up the Spaniards began to pull away while Commonwealth champion Steve Moneghetti was running a well-judged race and closing on third placed dos Santos. Former European junior 10,000m champion Danilo Goffi was also moving through the field on his way to an eventual fourth place.

The downhill 5km split between 35-40km was covered in 15:06 as the battle for gold continued.

Anton, who won the Dong-A Marathon this year despite falling over, made a sudden kick just before the stadium and immediately went clear, waving to the crowd as he came home five seconds clear to maintain his 100 per cent marathon record (from three races).

He said: "I knew I was going to win from 22 kilometres. Fiz asked for my help to speed up the race but I told him I preferred to run the way I liked... he understood.

"I moved up to the marathon after winning the 10,000m at the 1994 European Championships. But as Spain had all three medallists in the marathon in Helsinki I had no chance to make the Olympic team.

"Spain is so good at producing marathon runners because of the good work done six or seven years ago when our top cross country runners took up marathon running."

Fiz, who was dehydrated after the race, was a comfortable second while Moneghetti recorded his third top eight place in a World Championships with the bronze medal.

He said: "It is a very special day for me. This might be my last World Championships so I told myself I had to take my chance and fortunately my effort wasn't wasted."





Long, hard road: silver medallist Martin Fiz leads eventual winner Abel Anton, left, while sole British finisher Dave Buzza tries to cool down

20kmW

IT was a case of third time lucky for 25-year-old Mexican Daniel Garcia, who was disqualified from both the 1993 and 1995 World Championships.

This time he picked up only two warnings – and the main sufferer at the hands of the judges was long-time leader Ilya Markov, the 31-year-old Russian who won the silver medal at the Atlanta Olympics. He was thrown out with just two of the seven road laps remaining.

With Olympic champion Jefferson Perez dropping back from the halfway mark, Garcia picked up the pace to overtake Markov's compatriot Mikhail Shchennikov, who took the silver medal 40m ahead of Mikhail Khmelnitsky from Belarus.

50kmW

THE loneliness of the long distance walker was not alleviated by the overwhelming apathy toward the morning sessions.

Robert Korzeniowski articulated the frustration perfectly after setting out at 7am local time, beating heat rising to 30°C and winning Poland's first gold medal.

"It is a pity not to have been given the Polish flag after my arrival," said the Olympic champion. "Nobody was there..."

It was a fine achievement to defeat the current No.1 and reigning champion Jesus Angel Garcia from Spain by 13 seconds.

The pair had pulled away from Russia's Oleg Ishutkin after reaching 35km in a fraction over two hours 39 minutes and were together until 45km (3:22:21). Then 29-year-old Korzeniowski made his decisive move.

Garcia was stretchered out of the stadium with both legs cramped and said: "I've never felt heat like this before."

Third place went to Mexican Miguel Angel Rodriguez, who fairly revelled in the conditions. More than 50 seconds adrift of the medals with 15km to go, he caught Ishutkin within 7km and finished 94 seconds ahead of him.

As if the heat was enough pressure, all three medallists walked a tightrope for the last 10km, knowing they had received two warnings. One more and they would have been DQ'd.

Women

100

MARION JONES, former star of the basketball court, is now ace of the track and she's here to stay.

In the absence of 1997 world leader Gail Devers, whose wild card invitation was only for the sprint hurdles and therefore turned down, Jones was an overwhelming favourite and didn't disappoint.

She ignored the controversy when Merlene Ottey failed to hear the recall gun after Sevatheda Fynes had false-started and calmly set about the task in hand.

An angry Ottey had run 70 metres before stopping and then took her time to walk back to the start and delay the re-run.

But when the race got underway it was Zhanna Pintussevich who gave her the biggest fright and the Ukranian threw her arms aloft in celebration thinking she had pipped Jones on the line.

The photo finish showed Jones had won by two hundreths in a new world lead as Pintussevich improved her national record once more. Fynes improved her PB to take the bronze medal.

Jones revealed she has no intentions of going back to basketball, saying: "I'll be

sticking with athletics for a couple – or several – years."

200

HAVING gone so close to causing a surprise in the 100m, Zhanna Pintussevich struck gold in the longer sprint.

The former European indoor sprint champion had pushed world leader Marion Jones all the way earlier in the week but went one better with a strong second half.

But she was thankful Susanthika Jayasinghe, who set Asian records in the first round and semi-final, got a poor start as the Sri Lankan would surely have taken the title judging by the way she stormed through to second.

Her runner-up spot gave her country their first athletics medal at a major championship since Duncan White won the 400m hurdles silver at the 1948 London Olympics – when her nation was known as Ceylon.

Jayasinghe pipped Merlene Ottey on the line as the Jamaican had to settle for bronze – a record 14th World Championships medal.

Ottey, hoping to put her 100m disappointment behind her, got a great start and was at least a metre up on Pintussevich off the turn.

But as Ottey faded in the last 50m Pintussevich came through and Jayasinghe produced a storming finish to also pip the defending champion.

Pintussevich said: "I don't know what happened to Merlene as she should have won this one, but I felt I had a good shot at gold too and it made up for my disappointment in the 100m.

"I need a good massage and five days rest because I am so tired after so many rounds - but I am fresh in my head!

"Last year was a bad year for me. Apart from finishing eighth in the Olympics (100m) I got divorced, which wasn't easy for me.

"I changed my training and now I realise what is needed to win."

Jayasinghe said: "I didn't get a good start, if I had I think I would have won.

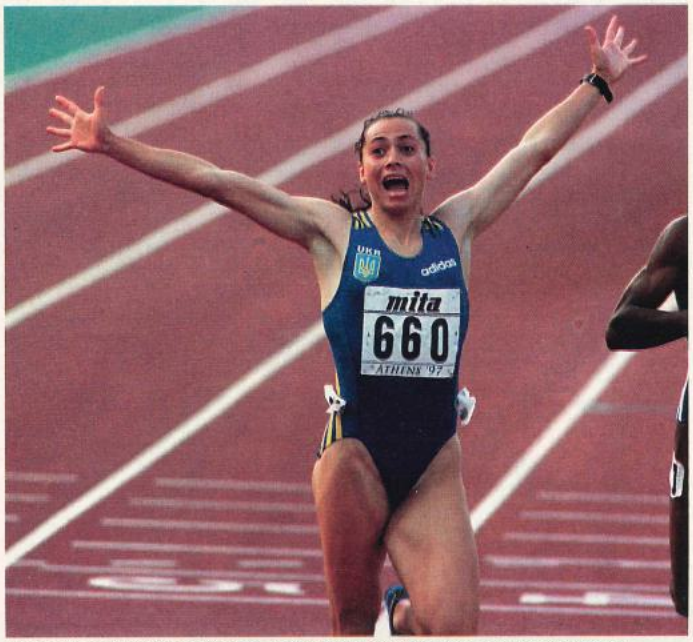
"Because I'm inexperienced and this was a big race for me I was hesitant at the start. Next time, when I have perfected my start, I am sure I will win.

"In the last 50 years Sri Lanka has not been able to get a medal but I am young and hope to get my country many more medals."

Ottey remained philosophical, saying: "I've had many problems this year. I was injured for a long period so there was no way I was prepared for the 200 ... see what happened in the last 30 metres.

"Because of my injuries I haven't had time to train and I felt tired today. There was no way I could feel 100 per cent after all the 100m and 200m races but I gave it a go."

Olympic 200m and 400m champion Marie Jose- Perec, who had originally threatened not to run in Athens, pulled out before the semi-finals due to hamstring trouble.



Time to celebrate: Zhanna Pintussevich wins the women's 200m

Britons Katharine Merry and Simmone Jacobs went out at the second round stage, Merry complaining she didn't hear the command 'set'.

Realising the other athletes were in the 'set' position, she was just following suit when the gun went off and she was therefore left with a mountain to climb.

800

ANA FIDELIA continued Cuba's success in the championships with a powerful second lap to defend her title.

The Olympic silver medallist ran a steady second half as world indoor champion Maria Mutola led through the bell in a modest 58.32 (after an opening 200m in 27.13).

Yelena Afansasyeva, the 1995 European Cup winner, was on the shoulder of Mutola - whose run of 42 straight victories was ended in the semi-finals of the last world championships when she was disqualified.

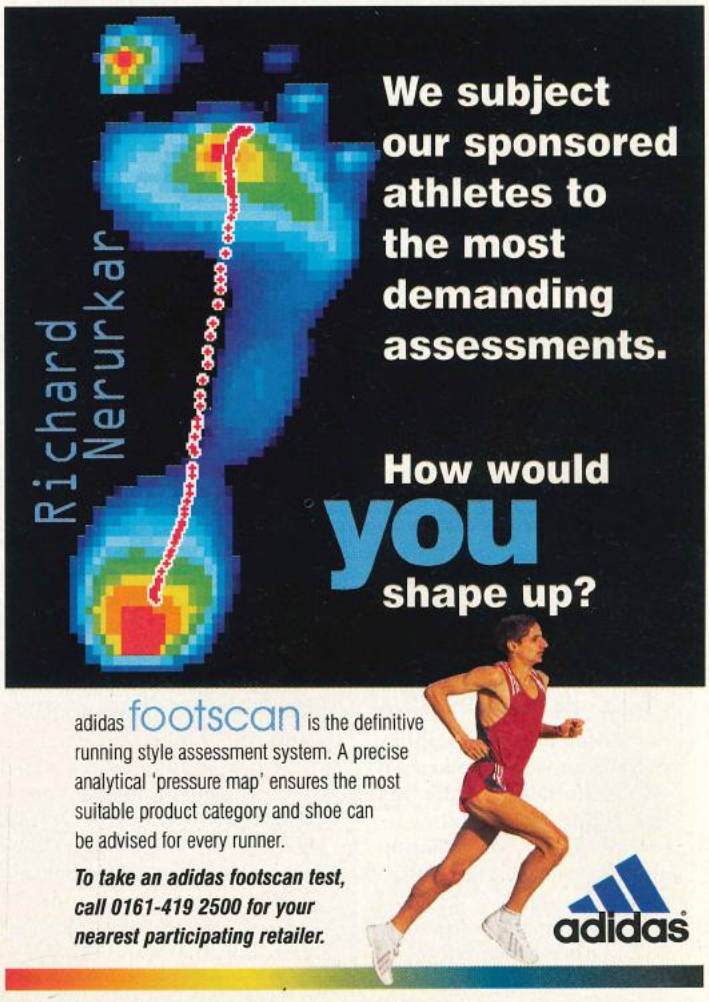
Quirot came into contention at 500m as she moved on to the shoulder of Mutola with Afanasyeva still in with a shout.

Quirot and Mutola battled it out down the final straight but Mutola faded in the last 50m and was then further frustrated as Afanasyeva pipped her on the line.

Quirot admitted: "After the medals of Javier Sotomayor and Yoelvis Quesada I wasn't

200m reaction times

Lane	Name	Reaction	Position	Time
1	Marina Trandenkova (RUS)	0.138	6	22.65
2	Melinda Gainsford-Taylor (AUS)	0.150	7	22.73
3	Merlene Ottey (JAM)	0.146	3	22.40
4	Susanthika Jayasinghe (SRI)	0.181	2	22.39
5	Zhanna Pintussevich (UKR)	0.124	1	22.32
6	Inger Miller (USA)	0.143	5	22.52
7	Yekaterina Leshchova (RUS)	0.149	4	22.50
8	Sylvianne Felix (FRA)	0.157	8	22.81



sure if I would be able to fulfil the expectations of El Commandante and the people of Cuba. I was thinking about it all night and could hardly sleep.

"But I did exactly what my coach told me to and it went to plan. I didn't go off very fast on the first lap but I attacked on the second lap and controlled the race.

"People keep asking me how long I will carry on because I'm 34, but I feel I'm getting stronger and stronger.

"Like all Cuban athletes I don't take drugs, my drug is my big heart. And as long as I feel strong I will carry on. I don't like finishing second so as long as I can keep winning big races I'll continue."

Afanasyeva revealed: "You will not believe it but I have twice dreamed I would finish second. So I put 'I was second' on a piece of paper and put it inside a book called the Soviet Encyclopedia two days before I left for Athens. As you see, dreams do come true."

Mutola, also third in Atlanta last year, was not so happy. She said: "I didn't see Yelena and I was surprised when she came past me. I thought I was safe in second but you win some you lose some – today I lost.

"I was planning to run harder and go through the first half in about 56 seconds. Yelena was alongside me and I thought we were going faster.

"Two days earlier I ran the perfect race and ran a good time but there was a bit of cutting in and I didn't want to fall down.

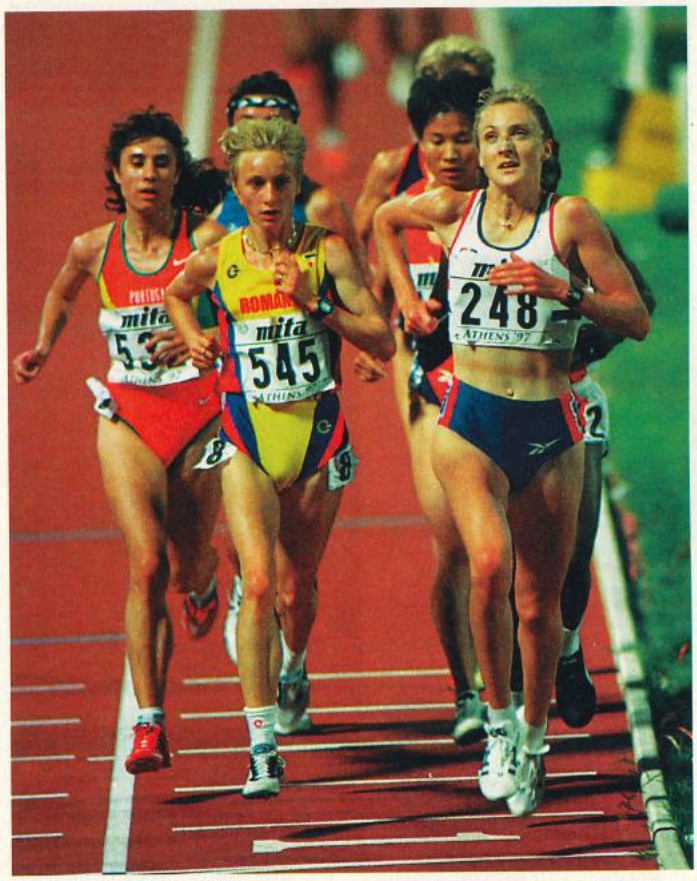
"Maybe because of that I lost concentration, but no excuses, I lost and I accept it."

1500

CARLA SACRAMENTO took the title as bronze medallist Anita Weyermann literally knocked Regina Jacobs' gold medal hopes.

Jacobs, the 1995 world indoor champion, and defending champion Sonia O'Sullivan were baulked on the back straight of the final lap by European junior record-holder Weyermann, allowing Sacramento to hit the front.

Jacobs quickly responded and made a brave bid for glory but it was the



Sting in the tail: Paula Radcliffe leads the women's 5000m as she tries to run the finish out of eventual winner Gabriela Szabo

Portuguese athlete – of Mozambican origin – who held on. She said: "Today was my day, this is the happiest moment of my life. I was looking to get a medal so I had to run intelligently. Now I will run the 800m in Zurich."

Jacobs was surprisingly upbeat rather than angry as she revealed: "Actually I'm really happy because 10 days ago I wasn't coming to these championships.

"I got sick when I first came over to Europe, then I got injured and my grandmother died. She died on June 26 but my family didn't tell me until July 7 because they thought I would go home.

"Then I got here on Tuesday and on Friday my purse and passport were stolen. I was thinking 'what else can happen?' but finally the world smiles on me.

"With 250 to go Anita Weyermann tripped Sonia and she grabbed my singlet – she gave it quite a tug – which was really disruptive as you lose your rhythm and stride pattern not to mention the energy you use to get back."

Weyermann took bronze in a season's best followed by a fast finishing Maite Zuniga and Leah Pells who both clocked their best times of the year with Andrea Suldesova sixth in a PB. Weyerman revealed: "With 300m to go I couldn't move so I went through the two girls in front. I didn't want to push anyone but I couldn't move so there was no decision to make. I was surprised to get third, it was a good race and I learned a lot.

"I just flew into the finish without even knowing I was third."

O'Sullivan was again knocked with 100m to go and, with her medal hopes gone, she stepped off the pedal and came home eighth. The world 2000m record-holder was still smiling afterwards though and looking forward to the 5000m.

5000

GABRIELA SZABO, the youngest ever winner of a world indoor title, produced her trademark finishing kick to see off her more experienced rivals.

She made her move with 250m to go after world cross country silver medallist Paula Radcliffe had attempted to drag the finish out of the feared Romanian.

Fernanda Ribeiro, who won the 10,000m four days earlier, had led through the opening kilometre but 1991 world junior cross country champion Lydia Cheromei (the youngest winner of that title at the age of 13) soon took over.

Szabo, the World Student Games champion, looked completely at ease the more the race went on and it was clear the pace would have to be increased if she was to be beaten.

Radcliffe took it on with three laps to go and reduced the group from seven to five but Ribeiro hit the front at the bell.

But as Szabo kicked to go away from Ribeiro and Olympic bronze medallist Roberta Brunet, Radcliffe's medal hopes were dashed when Cheromei cut her up badly with 150m to go.

She said: "I don't think you can say whether I'd have got a medal if that hadn't happened but she cut in too soon and I had to stop and go round her."

Nevertheless Radcliffe was satisfied with her fourth place, saying: "I was fifth at the Olympics last year so I'm up one place on that. I knew I was in good shape but you can't give a gap to someone like Szabo, I certainly can't.

"People get caught up in this 'I haven't got a sprint finish' but I've run 29 seconds for a last 200m before - and that's the time I'm told Szabo ran tonight.

"I'm still learning about tactics and the only place you can learn about championship racing is in championships."

Radcliffe, the 1992 world junior cross country champion, had suffered a scare a week before the final when she hurt her stomach muscles when her back was being stretched and she ran the semi-final in discomfort.

She wasn't helped by an Achilles injury to Ribeiro as the former Olympic champion would surely have helped to push on the pace and make life harder for the kickers like Szabo and Brunet.

Szabo said: "This was a very important day for me and the race went as I expected – tactical with the sprint finish deciding it all."

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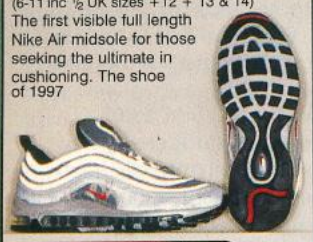
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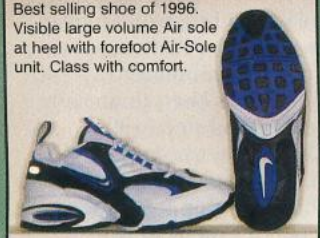
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Brunet, who took the silver medal with a strong finish, said: "I've had a difficult year with injuries during the winter. I had problems with my Achilles and then a serious foot injury after the European Cup so a month ago I didn't even think I would be here. But I've had a lot of help from the Italian federation who helped me with physiotherapy and I came here hopeful of a medal.

After finishing third in the Olympics and second here I now hope to get the gold medal at the European Championships next year."

Ribeiro said: "I was a bit tired after so many races and my Achilles was very painful."

In the heats Sonia O'Sullivan was a surprising non-qualifier to add to the disappointment of being baulked in the 1500m final.

She went through a bad spell and dropped rapidly down the field before making a late rally to finish seventh, although the fact the first heat was quicker meant the defending champion went out.

Habtemariam Nebiat of Eritrea had been one of the talking points of that first heat, running in an ill-fitting vest and no bra. After running several laps near the back of the field with her boobs hanging out, she covered her modesty by completing the race by holding her vest in place with one hand. Rumour had it she was disappointed to reach the finish to find no tape to breast! Did you know?

■ GABRIELA SZABO is the youngest ever winner of a world indoor title, taking the 1995 3000m crown at the age of 19

■ Fernanda Ribeiro ran an 84:02 half-marathon at the age of 11

■ Lydia Cheromei set a world age best of 33:20.83 for 10,000m when she was 13

■ Paula Radcliffe was 299th in her first big race – the 1986 English Schools' minor girls cross country championships.

10,000

IT WAS third time lucky for Sally Barsosio.

Not only did she strike gold in her third World Championships but she also set a world junior record after seeing two previous 'records' unratified due to lack of doping tests.

Barsosio made an immediate impact at her debut World Championships in 1993 when she finished third, only for her wayward elbows to bring her disqualification.

She was later reinstated to become the youngest ever World Championships medallist at the age of 15, although she and her mother apparantly claim she was older (her birth date is officially listed as March 21, 1978).

Although slower than her 1993 unratified 31:15.38, Barsosio was inside Annemari Sandell's 31:40.42 world junior record set at the Olympics last year.

Defending champion Fernanda Ribeiro took the lead at 4km but Barsosio moved onto her shoulder at halfway.

Olympic bronze medallist Gete Wami pulled up suddenly with nine laps to go and 400m later Commonwealth silver medallist Elana Meyer was tripped (ironically her hopes went crashing as fellow South African Marius Corbett was running round the outside of the track celebrating his javelin gold medal).

With three laps to go Barsosio made her move, running 34.3 for the next 200m followed with a 33.6sec split. Ribeiro followed initially but couldn't hold on as Barsosio increased her advantage to the finish. She said: "I had always planned to go away because Ribeiro has a strong kick and I didn't want to wait for it."

Olympic champion Ribeiro, although beaten, said: "I'm happy with second and not at all disappointed as I've been injured this year."

The bronze medal went to East Asian 10,000m champion Masako Chiba, who ran 66:43 for the Tokyo Half-marathon (net drop 33m) in January, although she complained the pace had been too slow.

100H

LUDMILA ENGQUIST, the Olympic champion, once again capitalised on Michelle Freeman's fallability on the big occasion.

Freeman ran two Commonwealth records on her way to the final, which was such a nervy affair there were three false starts. Two of them were credited to French champion Patricia Girard, who was DQ'd.

But Freeman led until the eighth hurdle, and only succumbed over the final flight to Engquist, who won her first world title as Miss Narozhilenko in 1991 for another country – the USSR, rather than Sweden where she now resides.

"If the first start had been OK, I think the winning time would have been around 12.45," said the champ, who had to be satisfied with a season's best 12.50.

To add to Freeman's frustration, European champion Svetla Dimitrova from Bulgaria came up with a trademark surge to snatch the silver medal in 12.58 – well below the 12.36 she ran at home last month to lead the year's rankings.

Britain's European U23 silver medallist Diane Allahgreen ran a season's best 13.03 seconds for second in her first round heat but went out in Engquist's semi-final, last in 13.25.

A season's best 13.08 seconds was not enough to get British champion Angie Thorp through the first round. She reacted fastest of all (0.107) but was fifth in the heat won by Engquist.



Swede success: Ludmila Engquist, left, clears the final hurdle ahead of Jamaica's Michelle Freeman

400H

THE queen is dead, long live the queen! Barely 30 hours after Sally Gunnell announced her retirement, 27-year-old Nezha Bidouane beat the favourites - and then had to dash off from her press conference to fly home and be congratulated by the King of Morocco.

And why not? Her's is the first World Championships medal won by a woman from this particular African state, whose commitment to athletics has been financially phenomenal since 1991.

Bidouane, who missed last year's Olympic Games with an Achilles tendon injury, was prepared exactly as British athletes will be once the Lottery funding works as it should.

After winning the Rome Grand Prix race in a PB 53.48 seconds, she went back home to prepare for Athens, popping out every now and then to test her progress. In this context, she won the Mediterranean Games title on June 17 in 55.01 seconds, but training was more important than times during that period. She didn't have to chase times to pay the rent.

Come the big week, she clocked two African records: 53.48 seconds to win her semi-final; 52.97 to take the gold medal.

And she did it the same way each time, coming from as much as six metres off the pace with two hurdles to go and finishing with power, suggesting she could have done another lap.

Deon Hemmings, the Olympic champion, and Kim Batten, the world record-holder, both knew exactly how Bidouane would run. And both were powerless to foil her charge from sixth at halfway to glory on the finish line.

Hemmings did her best, going off amazingly quickly

and closing on Batten in the lane outside her by the fourth hurdle. The American fought back only to fade off the last turn.

But just when Hemmings thought all her troubles were behind her, Bidouane began her charge, overtook her in the last stride-and-a -half ... and hardly stopped running until she reached Athens airport.

"I didn't expect it until the last 30 metres," she said. "I give this feat to Moroccan athletics and our king."

Which was only fair: she'd dedicated her semi-final record to her husband, steeplechaser Abdelaziz Sahere, who was unable to race in Athens because of injury. See? Not even the rich, organised Moroccans get it right every time.

Hemmings said: "I've done all I could. We're all human and this is just one race."

Bronze medallist Batten commented: "Bidouane did a big PR. I'm kind of shocked. And I'm really disappointed I never got into my rhythm."

High jump

WORLD indoor champion Hanna Haugland added the outdoor title in a jump-off with 1994 world junior champion Olga Kaliturina and Olympic and European bronze medallist Inga Babakova.

All three tied on 1.96 after narrowly failing at 1.99 but Haughland cleared the 1.99 jump-off height at the first attempt.

Fourth place went to world junior champion Yulia Lyakhova while 1995 silver medallist Alina Astafei was surprisingly back in equal seventh with just 1.93m.

Bromley's Debbie Marti was eliminated at the qualifying stages, failing at 1.92m.

Long jump

FORMER world indoor champion Lyudmila Galkina, who nearly died in a car accident last year, produced the longest leap in the world this year to surprisingly take gold.

The ex-world junior record-holder hadn't even made the final in Gothenburg or last year's Olympics but her 7.05m jump dashed Greek hopes of a home victory.

Olympic fourth placer Niki Xanthou, who fouled with a jump in the 6.80m region, brought a huge roar from the crowd when taking the lead in the third round but her joy was shortlived.

In the next round Galkina produced her winning jump and although Xanthou improved slightly to 6.94m she had to settle for silver.

Defending champion and former Derby Lady Fiona May, who held the lead for the first two rounds, came within a fraction of snatching the title in the final round.

She jumped in the air in frustration after passing Galkina's 7.05m only to see a red flag for the narrowest of fouls.

Galkina said: "We all knew the first one to jump seven metres would be the sure winner and I'm delighted it was me who did it. But I would like to thank my opponents for helping me to get the utmost from myself.

"My victory is a gift from god. Last October I had a serious accident and I was nearly killed. I only started training again in January so I cannot even describe how happy I am now."

Xanthou was equally happy to get on the rostrum, saying: "I defeated athletes who are usually ahead of me so I am very happy to have finally won a medal. In a world championship everyone starts from scratch and you have to prove you can do your best. I could have won the gold medal with a jump of about seven metres, a distance I knew I was capable of. I tried not think about what the other athletes have achieved in the past, I concentrated on myself and tonight I was luckier than I've been before. Now I hope to become more consistent.

"I would like to thank the Greek fans who proved they can fill a stadium."

May said: "I am very disappointed, this was clearly not my day but that's how it goes. I made many mistakes, especially in my run-up, and I paid for them. After my last jump I instantly looked behind to see if it was valid but it wasn't. I was surprised to get beaten by Lyudmila and Niki but they jumped very well."



Ashia Hansen: medal hopes ruined by injury

Olympic champion Chioma Ajunwa, who set a then-world lead of 7.01m in the qualifying rounds, withdrew after the first round of the final due to a calf injury suffered in training.

In the qualifying stages, Coventry's Jo Wise produced a season's best but it wasn't quite enough to reach the final."

Triple jump

IT was pain and anguish all the way for brave Brit Ashia Hansen as all her fit rivals hit their best form of the season at the right moment.

Hansen defied a back injury which had hampered her training for three crucial weeks to lead the qualifiers for the final.

But she never managed to threaten the 14.70 metres that got her there, never mind her 14.94m PB from Sheffield in June.

But she put on a brave face after having to settle for fifth: "I'm surprised I got five good jumps in. It's more than normal."

Battling to the end, her last round 14.49m was her best of the night - but virtually ignored by a home crowd spellbound by two battles ahead of her.

Czech Sarka Kasparkova, the Olympic silver medallist, struck gold in the fourth round with the furthest leap in the world this year, 15.20m – four centimetres further than the first round effort of 26-year-old Romanian Rodica Mateescu, whose only other major medal is a 400m hurdles silver at the 1988 World Junior Championships.

The bronze battle stirred even more Greek emotions. Olga Vasdeki, only 22, improved her national record to 14.46m in round four only for Yelena Govorova to follow her onto the runway and respond with a PB 14.67m to snatch the bronze medal.

Kasparkova, well aware of the favourite's tag after injuries struck down reigning champion Inessa Kravets on the way to Athens and the 1993 gold medallist Anna Biryukova in the qualifiers, said: "The first try of the Romanian girl didn't make me crazy. I knew I had five more jumps – so no hurry!

"It was harder to compete here than in Atlanta because everybody, especially at home, was awaiting a gold." Not quite everybody, Sarka – one or two were hoping for Ashia!

Shot put

THE most boring of the throws finals was settled in the second round by Astrid Kumbernuss, the 27-year-old reigning world and Olympic champion.

And she then thanked the silver medallist, Vita Pavlysh, for putting her in the mood by beating her at the World Indoor Championships in March and the Rio de Janeiro Grand Prix meet in May.

Since then, Kumbernuss has reeled off 19 wins and said: "My problem after Atlanta was to find myself a motive to stay at the top.

"I didn't know where to go since there were no strong opponents. Then I lost in the World Indoors and this lit the fire again inside me."

Alas Judy Oakes' fire went out in qualifying. She's as dominant in Britain as Kumbernuss is in the world. And she described her best effort of 17.84m for 14th qualifier as "rubbish".

"Everyone was struggling," said the 39-year-old who was 12th in the first World Champs in 1983.

"I've had a rough winter with injuries, a rough early season where I didn't really get the competition I needed – but eighth place in my group qualified with 17.99. That's ridiculous.

"Even 17.89 got through in the other group and that makes it worse."

It wasn't the right way to celebrate her 80th appearance for Great Britain and her mood matched her performance: "I don't enjoy the stress of it any more. I've been through it too many times."

But there's still fight there: "I certainly would not like to bow out on that sort of performance."

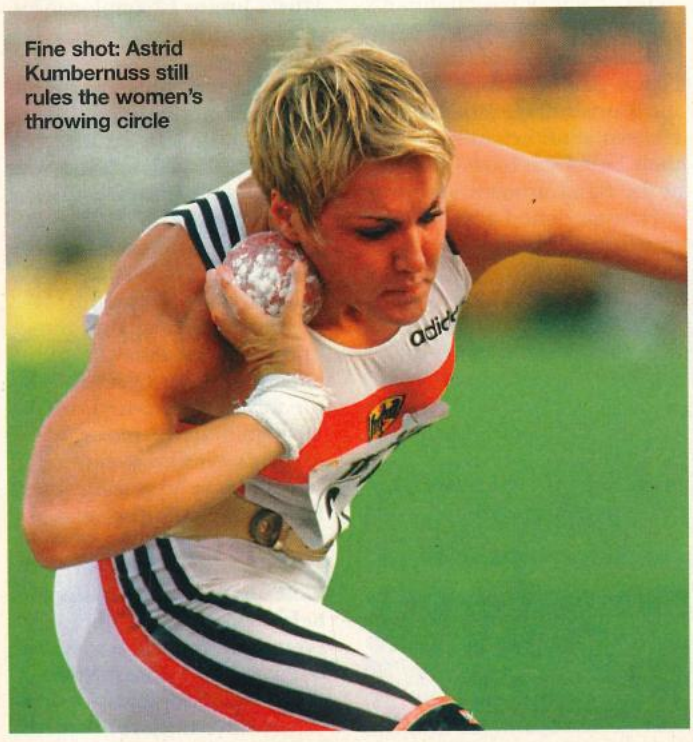
Discus

BEATRICE FAUMUINA, only 22, conquered huge nerves to win New Zealand's first ever World Championships medal – and make it gold.

After failing to qualify for the finals of the last World Champs and the Atlanta Olympics, she sliced her first two efforts out of the sector in qualifying in Athens before getting the last one out legally to 64.58m.

And in the final, she followed her first moderate (around 59m) effort out of the circle before being plainly surprised the circle judge red-flagged her second throw.

Third time lucky again, she came up with the winner – 66.82m, 1.70m short of her world leading year's best but comfortably far enough to relegate the reigning world champion and Olympic bronze medallist Ellina Zvereva from Belarus into second place with Atlanta silver medallist Natalya Sadova third.



Fine shot: Astrid Kumbernuss still rules the women's throwing circle

Faumuina, at 5ft 11in (1.80m) smaller than most of her leading rivals, is now set to rule the event for years in much the same way as Kumbernuss dominates the shot.

Of Samoan parentage, she was one of the few favourites to emerge from Athens triumphant - which, she acknowledged, made a pleasant change for her.

"It was almost like the qualifying was a dress rehearsal for the final," she said after hauling her 217lb (98kg) frame back from the brink of despair. "I can honestly tell you I didn't want to start out like that. But it was good to come back in the third with 66m."

Zvereva was angry: "I didn't put together one good throw."

She wasn't the only one. German Franka Dietzsch, fourth in this year's rankings, fouled-out in the qualifiers.

Javelin

CHELSEA girl Joanna Stone finally speared a major medal – and, though she emigrated from Britain aged one, it simply had to be silver!

The 24-year-old Queensland police officer, who says the only reminder of her birthplace is her mum's lingering London accent, responded magnificently to Trine Hattestad's opener, 68.78. That was enough to reclaim the title for the Norwegian mother-of-two, who won with 69.18m in 1993.

But Stone improved her PB by 44cm to 68.16m in round two and, three attempts later, found 66.64m. To prove it was no fluke, she concluded with 68.60m – then thanked her coach of the last 10 years, Michael Frawley, and the Australian Academy of Sport for sorting out her style and giving her renewed enthusiasm after she failed to qualify for the Olympic final last year.

Tanja Damaske took the bronze medal to Germany with a PB 67.12m.

Britain was not represented in the final. Tessa Sanderson's last fling of a distinguished career was in the qualifiers while Shelley Holroyd, best of the new generation, went out with 51.06m, nine metres below her best.

4x100

THE USA ran the second fastest 4x100m of all time to set a national record and championship best.

With a quartet of former World Student Games 100m champion Chryste Gaines, newly crowned world 100m champion Marion Jones, Olympic 200m fourth placer Inger Miller and Olympic 100m champion Gail Devers the Americans had shown their intent in the semi-finals when going fourth on the all-time list.

That 41.52 clocking had been just three hundreths of a second outside the 1993 national record set at the 1993 championships when Devers was denied the gold medal in a photo-finish with the Russians (Michelle Finn, Gwen Torrence and Wendy Vereen were the other members of the quartet).

In the final the Americans were in a class of their own as Gaines started well before handing over cleanly to 100m world leader Jones who powered down the back straight.

It was all over bar the shouting as Miller and Devers safely transferred the baton, something their male counterparts had not managed earlier in the evening.

They missed the 12-year-old world record of the old GDR by 0.1 seconds with Devers saying: "The world record is certainly within our reach but today was not about the world record it was about the gold medal."

Gaines added: "We were concerned about the baton changes after the men's disaster but we were quite confident as we had practised many times."

Devers, originally not named in the US team, had only competed because she was entitled to a wild card entry as the 1995 100m hurdles champion – although she had declined that individual invitation.

Jamaica, even without individual 200m bronze medallist Merlene Ottey, came through from fourth at halfway to take second as France recorded a national record to edge out Germany for bronze.

The Bahamas, after a

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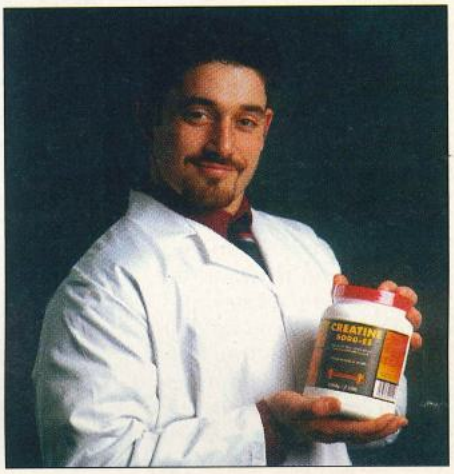
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TOMORROW'S WORLD AND BBC2 NEWS

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national record in the semi-finals, messed up the final baton change and slipped out of the reckoning.

4x400

GRITT BREUER, who ran the fastest leg in last year's Olympic 4x400m to help Germany to the bronze medals, again produced a storming climax to help set the world's fastest time of 1997.

After the break from lanes early into the second leg, Russia's Olga Kotlyarova (49.8) held a slight lead over Germany and the USA while Jamaica's Lorna Graham ran 50.0 to come into contention in fourth.

One lap hurdlers Kim Batten and Deon Hemmings then came into battle on the flat but Russia's Yekaterina Kulikova ran 50.5 to hold on to the lead. Batten ran 50.4 but Hemmings' 49.5 brought Jamaica onto the USA's heels.

Breuer took over in fourth but she rapidly closed the gap as four teams came into the home straight together.

Jearl Miles-Clark appeared to have the gold won for the USA but as Sandie Richards passed a fading Tatyana Alekseyeva, Breuer stole through on the inside with a tremendous finish.

She was timed at 48.7 with Miles-Clark clocking 49.2 and Richards 49.4.

European under-23 champion Allison Curbishley got Britain off to a good start as she challenged for the lead with a 51.5 clocking with Michelle Pierre handing over in fourth after a 51.6 seconds leg.

Michelle Thomas clocked 52.3 with Donna Fraser bringing the team home in sixth after a 51.0 split.

Marathon

JAPAN'S Hiromi Suzuki, who is backed by a chemical company back home, used the toughest formula to burn off her rivals as temperatures climbed past 30°C.

The 28-year-old, in only her second year of marathon running, chose the hardest uphill section, between 25km and 35km, to stride away from the title holder, Manuel Machado, and win by 74 seconds in a course record 2:29:48.



Angharad Mair: best British finish in the marathon

The first shock had come when Ethiopia's Olympic champion Fatuma Roba dropped out after leading through halfway in 75:42.

By 25km (90:23), there were only five chasing the medals: Suzuki and her team-mate Takako Tabise, Romanians Anuta Canuta and Lidia Simon, plus Machado.

From there, the more relentless the climbs, the harder Suzuki pushed on: 50m up at 28km, she had an 11 seconds advantage on Machado at 30km (1:48:18), having run the latest 5km in 17:13.

She passed 35km in 2:05:31 and quickened as the course descended into Athens. But proving how hard the conditions and course were, she was nowhere near her PB of 2:26:27 run last year.

Machado was never troubled in second but Catuna, third past 30km (1:48:52), eventually trailed in 11th as her team-mate Simon overcame sickness (caused, she explained later, because she missed her 25km drink) to pass Tobise in the last 5km and clinch third place.

Japan, with Tobise fourth and Nobuko Fujimura 10th, won the team race well ahead of Romania.

Britain's unsung heroines were sixth – unexpectedly claiming the scalps of Ethiopia, among others.

Angharad Mair (35) led them home, 23rd in 2:42:31 after being counted through 15km in 52nd place.

Sally Goldsmith, who worked her way through the field with her team-mate for some time, was 28th (2:44:20) and Danielle Sanderson closed in the counting trio in 35th (2:49:03).

Mair, who ran the second half two minutes faster than the first, said: "The muscles in my shins tightened and I was in pain for the first 15km. I tried to stay calm and felt strong in the second half."

Goldsmith said: "I hadn't felt well before the race. But the fact it was a team competition was important – I was determined to finish."

Sanderson was "very proud to finish" in virtually the same time with which she won the Crete Marathon in 1992. "I must have overtaken 25 between 15 and 25km."

Britain's fourth runner, European 100km champion Carolyn Hunter-Rowe was disappointed with her 47th place in 3:01:01, adding "I haven't felt well all week. It was an achievement for us all to finish."

Wheelchair races

Men's 1500

MEXICAN Saul Mendoza made a successful bid around the outside on the last lap and just held on to win in a PB of 3:06.30.

He said: "I am very satisfied with my performance. I prepared myself well at the Mexican Olympic training centre in Toluca and I found the fast track to my liking here."

1500 (Aug 8): 1 S Mendoza (MEX) 3:06.30; 2 H Frei (SUI) 3:06.42; 3 F Nietlispach (SUI) 3:06.43; 4 J Adams (CAN) 3:06.52; 5 P Couprie (FRA) 3:06.55; 6 J Luna (MEX) 3:06.56; 7 H Ericsson (SWE) 3:07.96. T Vardaxoglou (GRE)

Women's 800

AUSTRALIAN Louise Sauvage held off a determined effort from Canadian Chantal Peticlerc who nevertheless clocked a PB.

Sauvage led through the bell in 57.29 but had Peticlerc in her slipstream along the back straight before the pair battled it out over the last 200m.

Peticlerc tried to come around the outside of Sauvage on the bend but couldn't quite get past in the final straight.

She said: "It was a really tight finish. I looked up at the big screen and I could see Chantel coming up fast. She got me just after the finish, so that was alright."

Cardiff's Tanni Grey finished third in a season's best of 1:56.46.

800 (Aug 8): 1 L Sauvage (AUS) 1:52.11; 2 C Peticlerc (CAN) 1:52.49; 3 TANNI GREY 1:56.46; 4 M Wetterstrom (SWE) 1:57.10; 5 L Anggreny (GER) 1:57.10; 6 E Hunkeler (SUI) 2:03.67; 7 Y Semisch (GER) 2:07.34; 8 I Kourouvani (GRE) 3:07.83

10kmW

TINY Italian Annarita Sidoti dominated this event to win her country's first medal of the championships.

Aztec Cup winner Erica Alfridi took the field through the opening kilometre in 4:18.29 but from then on it was her team-mate who gained control.

Main challengers appeared to be former European 20kmW best-holder Olga Kardopoltseva, ex-world record-holder Larisa Khmelnitskaya and Irina Stankina, the youngest ever winner of a world title when triumphant in Gothenburg at the age of 18 years 135 days.

Also in the leading pack were Olympic champion Yelena Nikolayeva and 1997 World Cup runner-up Olimpiada Ivanova.

Sidoti, the former European, World Student and European Cup champion, led through halfway in 21:23.72 with Stankina second and Ivanova third.

But Stankina received her third warning at 8km and was disqualified, leaving Sidoti to go on to victory as Ivanova and Kardopoltseva took the other medals.

Sidoti said: "My legs were aching terribly in the last 3km. This medal is for Rossella Giordano (the Olympic and World Cup fifth placer) who was supposed to compete here. She didn't feel in shape so I replaced her."

STOP PRESS

■ WOMEN's 10km walk silver medallist Olimpiada Ivanova was disqualified on Sunday following a positive dope test. Olga Kardopoltseva is promoted into second place with Valentina Tsybulskaya now getting the bronze medal.

■ ANOTHER drugs disqualifiaction was Russian Liubov Tsyoma who stepped off the track after 700m of the women's 800m semi-finals. Both athletes tested positive for the banned substance Stanozolol and will be banned for two years.

1997 World Championships Placing Table

Pos	Country	1st	2nd	3rd	4th	5th	6th	7th	8th	Total
1	USA	7	3	8	1	6	5	8	4	189
2	Germany	5	1	4	5	1	6	4	1	126
3	Russia	1	4	3	6	3	3	4	4	116
4	GT BRITAIN	0	5	1	4	2	2	0	2	76.5
5	Kenya	3	2	2	2	1	1	1	0	69
6	Ukraine	2	4	1	2	0	1	1	1	65.5
7	Cuba	4	1	1	2	0	1	2	0	62
8	Jamaica	0	3	4	1	2	0	2	0	62
9	Italy	1	1	1	2	2	0	3	6	50
10	Belarus	0	2	2	1	3	2	0	0	49
11	Spain	1	3	1	1	0	1	1	2	47
12	Morocco	2	1	1	1	1	0	1	0	40
13	Portugal	1	2	1	0	0	2	0	0	34
14	China	0	0	0	3	2	2	2	1	34
15	Czech Rep	2	0	0	0	2	2	0	1	31
16	Poland	1	1	0	2	1	0	0	1	30
17	France	1	0	1	1	1	1	1	2	30
18	Australia	1	1	2	0	0	0	1	0	29
19	Greece	0	1	1	1	1	1	2	0	29
20	Canada	1	1	0	0	1	1	2	1	27
21	Norway	2	0	0	1	1	0	1	0	26.5
22	Romania	1	1	1	0	1	0	0	0	25
23	Japan	1	0	1	1	0	1	0	1	23
24	South Africa	1	1	0	0	1	0	0	1	20
25	Ethiopia	1	0	0	1	1	0	1	0	19
26	Nigeria	0	1	0	0	1	1	2	0	18
27	Finland	0	1	0	1	1	0	0	1	17
28	Brazil	0	0	1	0	2	1	0	0	17
29	Mexico	1	0	1	0	0	0	0	0	14
30	Lithuania	0	1	1	0	0	0	0	0	13
31	Sweden	1	0	0	0	1	0	0	1	12.5
32	Trini & Tobago	1	0	0	0	1	0	0	0	12

Pos	Country	1st	2nd	3rd	4th	5th	6th	7th	8th	Total
33	Namibia	0	1	0	1	0	0	0	0	12
34	New Zealand	1	0	0	0	0	1	0	0	11
35	Bahamas	0	0	1	0	0	1	1	0	11
36	Bulgaria	0	1	0	0	0	1	0	0	10
37	Denmark	1	0	0	0	0	0	0	1	9
38	Hungary	0	0	0	1	0	1	0	0	8
39eq	Sri Lanka	0	1	0	0	0	0	0	0	7
39eq	Uganda	0	1	0	0	0	0	0	0	7
41	Switzerland	0	0	1	0	0	0	0	1	7
42eq	Mozambique	0	0	1	0	0	0	0	0	6
42eq	Slovak Rep	0	0	1	0	0	0	0	0	6
44	Slovenia	0	0	0	1	0	0	1	0	6
45	Algeria	0	0	0	1	0	0	0	1	6
46eq	Saudi Arabia	0	0	0	1	0	0	0	0	5
46eq	Surinam	0	0	0	1	0	0	0	0	5
48	Ghana	0	0	0	0	1	0	0	1	5
49eq	Bermuda	0	0	0	0	1	0	0	0	4
49eq	Tunisia	0	0	0	0	1	0	0	0	4
49eq	Uzbekistan	0	0	0	0	1	0	0	0	4
49eq	Zambia	0	0	0	0	1	0	0	0	4
53eq	Barbados	0	0	0	0	0	1	0	1	4
53eq	Netherlands	0	0	0	0	0	1	0	1	4
55eq	Dominica	0	0	0	0	0	1	0	0	3
55eq	Estonia	0	0	0	0	0	1	0	0	3
55eq	Qatar	0	0	0	0	0	1	0	0	3
58eq	Ireland	0	0	0	0	0	0	1	1	3
58eq	Latvia	0	0	0	0	0	0	1	1	3
60eq	Israel	0	0	0	0	0	0	1	0	2
60eq	Senegal	0	0	0	0	0	0	1	0	2
60eq	Zimbabwe	0	0	0	0	0	0	1	0	2
63eq	Belgium	0	0	0	0	0	0	0	1	1
63eq	Korea	0	0	0	0	0	0	0	1	1

1997 World Championships Medal Table

Pos	Country	Gold	Silver	Bronze	Total
1	USA	7 (5, 2)	3 (1, 2)	8 (6, 2)	18 (12, 6)
2	Germany	5 (2, 3)	1 (1, 0)	4 (2, 2)	10 (5, 5)
3	Cuba	4 (3, 1)	1 (1, 0)	1 (1, 0)	6 (5, 1)
4	Kenya	3 (2, 1)	2 (2, 0)	2 (2, 0)	7 (6, 1)
5	Ukraine	2 (1, 1)	4 (1, 3)	1 (0, 1)	7 (2, 5)
6	Morocco	2 (1, 1)	1 (1, 0)	1 (1, 0)	4 (3, 1)
7eq	Czech Rep	2 (1, 1)	0	0	2 (1, 1)
7eq	Norway	2 (0, 2)	0	0	2 (0, 2)
9	Russia	1 (0, 1)	4 (2, 2)	3 (1, 3)	8 (4, 4)
10	Spain	1 (1, 0)	3 (3, 0)	1 (1, 0)	5 (5, 0)
11	Portugal	1 (0, 1)	2 (0, 2)	1 (0, 1)	4 (0, 4)
12	Australia	1 (0, 1)	1 (0, 1)	2 (2, 0)	4 (2, 2)
13eq	Italy (0, 1)	1 (0, 1)	1 (0, 1)	3 (0, 3)	
13eq	Romania	1 (0, 1)	1 (0, 1)	1 (0, 1)	3 (0, 3)
15eq	Canada	1 (1, 0)	1 (1, 0)	0	2 (2, 0)
15eq	Poland	1 (1, 0)	1 (1, 0)	0	2 (2, 0)
15eq	South Africa	1 (1, 0)	1 (1, 0)	2 (2, 0)	
18eq	France	1 (1, 0)	0	1 (0, 1)	2 (1, 1)
18eq	Japan	1 (0, 1)	0	1 (0, 1)	2 (0, 2)
18eq	Mexico	1 (1, 0)	0	1 (1, 0)	2 (2, 0)
21eq	Denmark	1 (1, 0)	0	0	1 (1, 0)
21eq	Ethiopia	1 (0, 1)	0	0	1 (1, 0)
21eq	New Zealand	1 (0, 1)	0	0	1 (0, 1)
21eq	Sweden	1 (0, 1)	0	0	1 (0, 1)
21eq	Trinidad & Tobago	1 (1, 0)	0	0	1 (1, 0)
26	GREAT BRITAIN	0	5 (4, 1)	1 (1, 0)	6 (5, 1)
27	Jamaica	0	3 (0, 3)	4 (1, 3)	7 (1, 6)
28	Belarus	0	2 (0, 2)	2 (1, 1)	4 (1, 3)
29eq	Greece	0	1 (0, 1)	1 (0, 1)	2 (1, 1)
29eq	Lithuania	0	1 (1, 0)	1 (0, 1)	2 (1, 1)
31eq	Bulgaria	0	1 (0, 1)	0	1 (0, 1)
31eq	Finland	0	1 (1, 0)	0	1 (1, 0)
31eq	Namibia	0	1 (1, 0)	0	1 (1, 0)
31eq	Nigeria	0	1 (1, 0)	0	1 (1, 0)
31eq	Sri Lanka	0	1 (0, 1)	0	1 (0, 1)
31eq	Uganda	0	1 (1, 0)	0	1 (1, 0)
37eq	Bahamas	0	0	1 (0, 1)	1 (0, 1)
37eq	Brazil	0	0	1 (1, 0)	1 (1, 0)
37eq	Mozambique	0	0	1 (0, 1)	1 (0, 1)
37eq	Switzerland	0	0	1 (0, 1)	
37eq	Slovak Republic	0	0	1 (1, 0)	1 (1, 0)

Figures in brackets indicate medals won by men and women respectively

Good things go in threes

LINFORD CHRISTIE joined Sally Gunnell and Tessa Sanderson in announcing his retirement.

The former British captain, who won every 100m title during his incomparable career, said on Saturday: "I woke up this morning and felt I didn't miss it any more. I didn't miss the tension and I thought to myself, 'What's the point in carrying on?' I decided I don't miss the tension."

The BAF praised "the tremendous contribution Linford has made to British athletics as athlete, captain and now coach."

A statement on behalf of the Federation added: "It is sad to see him leave the competitive arena but we look forward to his future involvement in the sport."

Christie coaches Darren Campbell, who won a 4x100m bronze medal, and 4x400m silver medallist Jamie Baulch.





Gone: Sally Gunnell announces her retirement and right, Tessa Sanderson's last throw

RESULTS

MEN

100

Round 1 (Aug 2, first three + nine fastest)

Ht1 (-): 1 A Da Silva (BRA) 10.28; 2 J Zirignon (IVC) 10.31; 3 C Donaldson (NZL) 10.43; 4 C Chambers (CAN) 10.49; 5 P Neves (POR) 10.51; 6 P Dangbo (BEN) 10.78; 7 T Koula (TON) 10.85; 8 W Nyambek (MAL) 11.60. **Ht2 (0.4):** 1 M Krzywanski (POL) 10.37; 2 A Fedoriv (RUS) 10.38; 3 S Cali (FRA) 10.39; 4 T Martensson (SWE) 10.46; 5 N Ryan (IRL) 10.57; 6 T Kafri (ISR) 10.64; 7 R Mocci (GAB) 10.69; 8 N Kabitana (SOL) 11.61. **Ht3 (1.0):** 1 M Greene (USA) 10.32; 2 P Karlsson (SWE) 10.32; 3 P Balcerzak (POL) 10.41; 4 P Sivlee (NOR) 10.42; 5 D Mowatt (JAM) 10.52; 6 N Jones (GRN) 10.68; 7 A Serpas (ESA) 10.77; 8 D Bean (BER) 10.78. **Ht4 (1.4):** 1 A Pavlakakis (GRE) 10.11 (NR); 2 D Bailey (CAN) 10.17; 3 S Tilli (ITA) 10.25; 4 MARLON DEVONISH 10.26; 5 R Wells (BAH) 10.34; 6 M Lachkovics (AUT) 10.34; 7 R Rusidze (GEO) 10.67; 8 E Shaw (BLZ) 11.13. **Ht5 (-0.6):** 1 M Marsh (USA) 10.16; 2 P Stevens (BEL) 10.30; 3 A Marcoullides (CYP) 10.35; 4 K Ito (JPN) 10.46; 5 J Styles (BAH) 10.52; 6 A Genovelis (GRE) 10.58; 7 Lok To Wai (HKG) 10.67; 8 K Collins (STK) 21.73. **Ht6 (0.4):** 1 A Boldon (TRI) 10.11; 2 L Perez-Rionda (CUB) 10.33; 3 IAN MACKIE 10.42; 4 C Gats (ARG) 10.43; 5 M Janssen (ARU) 10.47; 6 I Meite (IVC) 10.50; 7 C Moreno (CHI) 10.53. **Ht7 (0.5):** 1 T Montgomery (USA) 10.12; 2 F Obikwelu (NGR) 10.22; 3 A Zakari (GHA) 10.26; 4 S Cooper (LBR) 10.35; 5 O Diarra (MLI) 10.42; 6 F Feo (ESP) 10.54; 7 Lee Heyeong-Gun (KOR) 10.73; 8 M Alam (BAN) 10.83. **Ht8 (-0.5):** 1 S Ogunkoya (NGR) 10.24; 2 C Papadias (GRE) 10.32; 3 R Pilarczyk (POL) 10.38; 4 I Ntheppe (CMR) 10.50; 5 T Bozic (SLO) 10.64; 6 H Dove-Edwin (SLE) 10.65; 7 M Bonello (MLT) 10.92; 8 M Amir (MLD) 11.18 (NR). **Ht9 (0.6):** 1 F Fredericks (NAM) 10.21; 2 A Porkhomovskiy (RUS) 10.25; 3 C Calado (POR) 10.26; 4 S Insakovs (LAT) 10.28 (NR); 5 C Villasenor (MEX) 10.50; 6 G Simon (ARG) 10.79; 7 M Mpho (BOT) 10.86; J Venancio (ESP) dq. **Ht10 (0.7):** 1 E Nkansah (GHA) 10.16; 2 P Spencer (JAM) 10.18; 3 DARREN CAMPBELL 10.21; 4 Y Zisimides (CYP) 10.30; 5 H Tsuche (JPN) 10.40; 6 L Jack (VAN) 10.97; 7 D Anson (FSM) 11.47; I Strakh (UKR) dnf. **Ht11 (-0.1):** 1 N Asahara (JPN) 10.22; 2 O Thompson (BAR) 10.26; 3 J Delai (FIJ) 10.32; 4 D Powell (JAM) 10.34; 5 C De Zoysa (SRI) 10.43; 6 A Kuchmuradov (UZB) 10.49; 7 N Nsue (GEQ) 11.65; 8 D Adachi (PLW) 11.90. **Ht12 (-0.3):** 1 R Esmie (CAN) 10.22; 2 D Ezinwa (NGR) 10.23; 3 E Tuffour (GHA) 10.24; 4 P Katsantonis (CYP) 10.36; 5 A Nketia (NZL) 10.41; 6 I Slehobr (CZE) 10.55; 7 P Pulu (PNG) 10.77; 8 T Davis (ANG) 11.07. **Ht13 (0.2):** 1 B Surin (CAN) 10.32; 2 E Wijmeersch (BEL) 10.43; 3 S Al-Kuwari (QAT) 10.48; 4 J Toledo (MEX) 10.56; 5 J Illan (ESP) 10.60; 6 A Almeida (GBS) 10.92; 7 H-P Huang (TPE) 11.09.

Round 2 (Aug 2, first two + four fastest): Ht1 (1.3): 1 Boldon 9.87; 2 Greene 9.90; 3 Fedoriv 10.22; 4 Papadias 10.23; 5 MACKIE 10.24; 6 Krzywanski 10.33; 7 Tsuchie 10.38; 8 Donaldson 10.40. **Ht2 (0.4):** 1 Surin 10.06; 2 Pavlakakis 10.22; 3 Perez-Rionda 10.25; 4 Balcerzak 10.32; 5 Katsantonis 10.33; 6 Wijmeersch 10.34; 7 Cali 10.47; Spencer dns. **Ht3 (1.2):** 1 Montgomery 9.99; 2 Bailey 10.10; 3 CAMPBELL 10.13; 4 Cooper 10.21; 5 Pilarczyk 10.26; 6 Al-Kuwari 10.40; 7 Karlsson 10.40; 8 Da Silva 12.56. **Ht4 (-0.3):** 1 Marsh 10.05; 2 Tuffour 10.23; 3 Zirignon 10.25; 4 Porkhomovskiy 10.27; 5 Ogunkoya 10.33; 6 Powell 10.35; 7 DEVONISH 10.37; 8 Marcoullides 10.39. **Ht5 (-0.7):** 1 Nkansah 10.15; 2 Obikwelu 10.17; 3 Esmie 10.25; 4 Stevens 10.31; 5 Insakovs 10.34; 6 Tilli 10.36; 7 Delai 10.47; 8 Wells 10.57. **Ht6 (0.5):** 1 Fredericks 9.99; 2 Ezinwa 10.11; 3 Asahara 10.17; 4 Thompson 10.21; 5 Zakari 10.29; 6 Zisimides 10.37; 7 Lachkovics 10.39; 8 Calado 10.41

Semi-finals (Aug 3) SF1 (-0.8): 1 Boldon 10.00; 2 Ezinwa 10.15; 3 Marsh 10.21; 4 Surin 10.22; 5 Pavlakakis 10.29; 6 Thompson 10.30; 7 Tuffour 10.33; 8 CAMPBELL 10.37. **SF2 (0.5):** 1 Greene 9.90; 2 Bailey 9.91; 3 Fredericks 9.93; 4 Montgomery 10.08; 5 Nkansah 10.18; 6 Obikwelu 10.20; 7 Cooper 10.30; 8 Asahara 10.33

FINAL (Aug 3, reaction times in brackets) (0.2): 1 Greene 9.86 (0.134); 2 Bailey 9.91 (0.145); 3 Montgomery 9.94 (0.134); 4 Fredericks 9.95 (0.129); 5 Boldon 10.02 (0.123); 6 Ezinwa 10.10 (0.135); 7 Surin 10.12 (0.147); 8 Marsh 10.29 (0.146)

200

Round 1 Ht1 (1.9): 1 A Boldon (TRI) 20.48; 2 DOUG WALKER 20.49 (PB); 3 G Panagiotopoulos (GRE) 20.60; 4 D Aliu (NGR) 20.60; 5 O Gibbons (CAN) 20.71; 6 E Tuffour (GHA) 20.72; 7 H Al-Dalhami (OMN) 21.45. **Ht2 (1.1):** 1 E Wijmeersch (BEL) 20.71; 2 F Fredericks (NAM) 20.74; 3 S Cooper (LBR) 20.88; 4 P Mukomana (ZIM) 20.88; 5 J Dipeba (BOT) 20.96; 6 P Johnson (AUS) 21.45. C Cheval (FRA) dns. **Ht3 (-0.2):** 1 S Insakovs (LAT) 20.72; 2 O Thompson (BAR) 20.75; 3 P Katsantonis (CYP) 20.77; 4 K Ito (JPN) 20.82; 5 JP Toledo (MEX) 21.03; 6 L Hedner (SWE 21.30; 7 W-S Tao (TPE) 21.85. **HT4 (2.0):** 1 P Stevens (BEL) 20.45; 2 JULIAN GOLDING 20.49; 3 C Occhiena (ITA) 20.90; 4 G Queneherve (FRA) 20.93; 5 R Pilarczyk (POL) 20.98; 6 P Dangbo (BEN) 21.58; 7 K Maynard (ISV) 21.64. **Ht5 (-0.2):** 1 G Puggioni (ITA) 20.73; 2 J Loua (GUI) 20.75; 3 J Drummond (USA) 20.76; 4 C Postinger (AUT) 20.77; 5 A Boussombo (GAB) 20.79 (NR); 6 T Lubin (FRA) 20.80; 7 A Ahundov (AZE) 22.08. **Ht6 (-0.7):** 1 K Little (USA) 20.68; 2 G Ryan (IRL) 20.69 (NR); 3 OWUSU DAKO 20.70; 4 S Brimacombe (AUS) 20.75; 5 A Attene (ITA) 20.92; 6 A Tynes (BAH) 21.00; 7 M Bin Haji (BRU) 22.37. **Ht7 (0.6):** 1 C da Silva (BRA) 20.59; 2 C Donaldson (NZL) 20.75; 3 I Nafpliotis (GRE) 20.84; 4 A Fedoriv (RUS) 20.88; 5 J Mayoral (ESP) 20.99; 6 K Galloway (MNT) 22.45. I Slahobr (CZE) dns. **Ht8 (0.6):** 1 G Moen (NOR) 20.79; 2 G Bradley (USA) 20.80; 3 C Gats (ARG) 20.86; 4 T Sbokos (GRE 20.94; 5 O Loum (SEN) 20.95; 6 A Douhou (CIV) 21.08; 7 B Sirimou (CMR) 21.45; 8 D Hadhari (COM) 21.59 (NR). **Ht 9 (1.2):** 1 I Garcia (CUB) 20.41; 2 T Douglas (BER) 20.46; 3 A Marcoullides (CYP) 20.47; 4 S Osovich (UKR) 20.56; 5 S Keitel (CHI) 20.72; 6 M-K Louahla (ALG) 21.31; 7 K Amnouayphone (LAO) 22.86; 8 M Alam (BAN) 23.54

Round 2 Ht1 (-3.5): 1 Stevens 20.77; 2 Douglas 20.78; 3 Donaldson 21.04; 4 Bradley 21.08; 5 Insakovs 21.22; 6 Tuffour 21.25; 7 Cooper 21.39; 8 DAKO 21.52. **Ht2 (-0.1):** 1 Fredericks 20.13; 2 Boldon 20.28; 3 Drummond 20.59; 4 GOLDING 20.69; 5 Wijmeersch 20.73; 6 Gibbons 20.78; 7 Marcoullides 20.83; 8 Occhiena 21.14. **Ht3 (0.4):** 1 Da Silva 20.27; 2 Little USA 20.38; 3 Osovich 20.54; 4 WALKER 20.56; 5 Panagiotopoulos 20.57; 6 Aliu 20.65; 7 Katsantonis 20.77; 8 Ryan 20.83. **Ht4 (1.6):** 1 Garcia 20.48; 2 Thompson 20.62; 3 Gats 20.87; 4 Loua 20.91; 5 Nafpliotis 20.94; 6 Keitel 20.96; 7 Puggioni 22.70. Moen dns

Semi-finals (Aug 7, four fastest) SF1 (-0.5): 1 Da Silva 20.35; 2 Garcia 20.39; 3 Panagiotopoulos 20.43; 4 Thompson 20.46; 5 Osovich 20.51; 6 Little 20.57; 7 GOLDING 20.61; 8 Gats 21.44. **SF2 (-0.2):** 1 Boldon 20.09; 2 Fredericks 20.18; 3 Drummond 20.29; 4 Stevens 20.42; 5 Douglas 20.43; 6 WALKER 20.61; 7 Aliu 20.78; 8 Donaldson 20.92

FINAL (Aug 8, 2.3): 1 Boldon 20.04; 2 Fredericks 20.23; 3 Da Silva 20.26; 4 Garcia 20.31; 5 Panagiotopoulos 20.32; 6 Thompson 20.37; 7 Drummond 20.44; 8 Stevens 20.44

400

Round 1 (Aug 3, first four + four fastest): Ht1: 1 JAMIE BAULCH 45.85; 2 R Martin (JAM) 46.04; 3 T Chiwira (ZIM) 46.09; 4 B Youla (CGO) 46.62 (NR); 5 R Galkin (UKR) 46.82; 6 A Andres (ESP) 46.94; N De Silva (TRI) dnf. **Ht2:** 1 M McDonald (JAM) 45.89; 2 D Kamoga (UGA) 46.17; 3 A Cardenas (MEX) 46.26; 4 Ju-Il Shon (KOR) 47.47; 5 L Kgopong (RSA) 47.66; 6 K Maynard (ISV) 47.83; 7 M Munir (PAK) 49.61; J Monye (NGR) dns. **Ht3:** 1 S Parrela (BRA) 45.35; 2 T Washington (USA) 45.35; 3 S Thilakeratne (SRI) 45.58 (NR); 4 I Wade (SEN) 45.61; 5 M Rusterholz (SUI) 45.76; 6 J-L Rapnouil (FRA) 45.85; 7 K Hughes (ANT) 47.11. **Ht4:** 1 IWAN THOMAS 45.62; 2 D Clarke (JAM) 45.77; 3 T Czubak (POL) 45.82; 4 A Malherbe (RSA) 46.08; 5 S-A Louahla (ALG) 46.22; 6 K Moumoulidis (GRE) 46.64; 7 E Demosthenous (CYP) 47.57. **Ht5:** 1 M Johnson (USA) 45.66; 2 E Coombs (STV) 45.78; 3 H Ndiaye (SEN) 45.84; 4 K Ochieng (KEN) 45.88; 5 M Vaccari (ITA) 46.00; 6 O Pericles (STP) 46.48; 7 J Podebradsky (CZE) 46.52. **Ht6:** 1 J Young (USA) 45.34; 2 MARK RICHARDSON 45.44; 3 S Bada (NGR) 45.79; 4 I Ismail (QAT) 45.88; 5 S Nakauncina (FIJ) 46.51; 6 S Omori (JPN) 47.09; 7 E Farrell (IRL) 48.20; 8 B Al Khaiwani (YEM) 50.96. **Ht7:** 1 A Pettigrew (USA) 45.67; 2 S Balosak (SVK) 45.84; 3 Chukwu 46.10; 4 Mackowiak 46.15; 5 Elouardi 46.95; 6 Darling 47.96; 7 Ignatius 49.01

Round 2 (Aug 3, first three + four fastest) Ht1: 1 Pettigrew 44.88; 2 THOMAS 44.98; 3 Mackowiak 45.26 (NR); 4 Martin 45.37; 5 Balosak 45.48; 6 Rusterholz 45.89; 7 Cardenas 46.63; 8 Shon 47.36. **Ht2:** 1 BAULCH 45.06; 2 Kamoga 45.25; 3 Wade 45.38; 4 Johnson 45.39; 5 Coombs 45.47; 6 Rapnouil 46.14; 7 Chiwira 46.22; 8 Youla 46.29 (NR). **Ht3:** 1 Chukwu 45.06; 2 Washington 45.09; 3 Clarke 45.27; 4 Ndiaye 45.44; 5 Thilakeratne 46.11; 6 Ochieng 46.28; 7 Vaccari 46.32; Parrela dns. **Ht4:** 1 Young 44.87; 2 RICHARDSON 45.05; 3 McDonald 45.16; 4 Bada 45.37; 5 Czubak 45.41; 6 Ismail 46.12; 7 Louahla 46.23; 8 Malherbe 46.73

Semi-finals (Aug 4) SF1: 1 Washington 44.61; 2 RICHARDSON 44.62; 3 BAULCH 44.69; 4 Pettigrew 44.87; 5 Clarke 45.07; 6 Wade 45.47; 7 Bada 45.96; Mackowiak dns. **SF2:** 1 Johnson 44.37; 2 Young 44.50; 3 Kamoga 44.57; 4 THOMAS 44.61; 5 Chukwu 45.26; 6 Martin 45.49; 7 Czubak 45.51; 8 McDonald 45.74

FINAL (Aug 5): 1 Johnson 44.12; 2 Kamoga 44.37 (NR); 3 Washington 44.39; 4 RICHARDSON 44.47; 5 Young 44.51; 6 THOMAS 44.52; 7 Pettigrew 44.57; 8 Baulch 45.22

800

Round 1 (Aug 4, first four + four fastest) Ht1: 1 W Kipketer (DEN) 1:46.34; 2 H Sepeng (RSA) 1:46.42; 3 E Tupuritis (LAT) 1:46.96; 4 T Oedegaard (NOR) 1:47.33; 5 J Destine (HAI) 1:47.76; 5 J Rakotoarimanana (MAD) 1:47.86; 6 MARK SESAY 1:49.00; 7 C Aidara (MAU) 1:56.85. **Split:** 53.00. **Ht2:** 1 N Tellez (CUB) 1:46.44; 2 P Stroubakos (GRE) 1:46.49; 3 A Longo (ITA) 1:46.79; 4 M Vernon-Watson (JAM) 1:46.96; 5 S Ngidhi (ZIM) 1:46.97; 6 I Komar (BLR) 1:47.53; 7 AM Khazaal (LEB) 1:50.66 (NR); 8 V Stojanov (FYROM) 1:52.65. **Split:** 51.01. **Ht3:** M Koers (NED) 1:47.17; 2 R Kenah (USA) 1:47.25; 3 A Bucher (SUI) 1:47.44; 4 JL Barbosa (BRA) 1:47.53; 5 M Wildner (AUT) 1:47.77; 6 S Kozhevnikov (RUS) 1:48.11; 7 M Haidara (BAH) 1:53.56; G D'Urso (ITA) dnf. **Split:** 52.70. **Ht4:** 1 P Konchellah (KEN) 1:47.15; 2 D Matthews (IRL) 1:47.33; 3 M van Heerden (RSA) 1:47.56; 4 N Kahan (BEL) 1:47.62; 5 V Lacis (LAT) 1:48.65; 6 L Byrne (GIB) 2:00.18. M Haida (MAR) dnf. J Achon (UGA) dns. **Split:** 52.76. **Ht5:** 1 V Rodal (NOR) 1:47.58; 2 A Hatungimana (BUR) 1:47.73; 3 ANDY HART 1:47.98; 4 H Mokganyetsi (RSA) 1:48.10; 5 P Soukup (CZE) 1:48.16; 6 M Tonks (NZL) 1:48.85; 7 AY Terap (CHA) 1:54.01; 8 M Molinari (SMR) 1:55.89. **Split:** 53.45. **Ht6:** 1 P Ndururi (KEN) 1:49.51; 2 V Lukas (CZE) 1:50.08; 3 A Hecini (ALG) 1:55.25; 4 B Rock (USA) 1:58.05; 5 C Modeste (STL) 2:01.24; PAUL WALKER dnf; M Moullai (IRN)/G Hood (CAN) dns. **Split:** 53.81. **Ht7:** 1 M Everett (USA) 1:47.10; 2 B Koech (KEN) 1:47.15; 3 B Lahlou (MAR) 1:47.33; 4 M Yagoub (SUD) 1:47.34; 5 K Osei (GHA) 1:47.45; 6 J Cerezo (ESP) 1:47.68; 7 T Rogge (BEL) 1:48.38; 8 A Morgan (JAM) 1:50.83. **Split:** 52.68

Round 2 (Aug 5, first three+ four fastest) Ht1: 1 Koers 1:46.52; 2 Ndururi 1:46.56; 3 Lahlou 1:46.63; 4 Ndighi 1:46.92; 5 Vydra 1:47.56; 6 Kahan 1:48.66; 7 Vernon-Watson 1:49.52; 8 Komar 1:50.17. **Split:** 53.01. **Ht2:** 1 Tellez 1:44.82; 2 Sepeng 1:44.91; 3 Everett 1:44.95; 4 Hecini 1:45.19; 5 Bucher 1:45.33; 6 Oedegaard 1:45;42; 7 Yagoub 1:45.73; 8 Matthews 1:46.66. **Split:** 51.23. **Ht3:** 1 Rodal 1:46.43; 2 Konchellah 1:46.43; 3 Kenah 1:46.48; 4 Hatungimana 1:46.48; 5 Tupuritis 1:46.97; 6 Van Heerden 1:47.20; 7 Barbosa 1:47.30; 8 HART 1:48.03. **Split:** 53.63. **Ht4:** 1 Kipketer 1:45.54; 2 Stroubakos 1:45.94; 3 Osei 1:46.00; 4 Mokganyetsi 1:46.45; 5 Longo 1:46.60; 6 Rock 1:47.13; 7 Cerezo 1:48.90; 8 Koech dns. **Split:** 52.29.

Semi-finals (Aug 6, first four): SF1: 1 Konchellah 1:45.07; 2 Tellez 1:45.37; 3 Rodal 1:45.41; 4 Everett 1:45.94; 5 Hecini 1:46.02; 6 Yagoub 1:46.09; 7 Lahlou 1:46.42; 8 Stroubakos 1:46.81. Split: 50.68. SF2: 1 Kipketer 1:46.14; 2 Kenah 1:46.37; 3 Nsururi 1:46.50; 4 Koers 1:46.62; 5 Osei 1:46.78; 6 Bucher 1:46.88; 7 Sepeng 1:47.00; 8 Oedegaard 1:47.83. **Split:** 53.98

FINAL (Aug 8): 1 Kipketer 1:43.38; 2 Tellez 1:44.00; 3 Kenah 1:44.25; 4 Konchellah 1:44.26; 5 Rodal 1:44.53; 6 Koers 1:44.85; 7 Ndururi 1:45.24; 8 Everett 1:49.02. **Split:** 49.68

1500

Round 1 (Aug 3, first five + four fastest) Ht1: 1 N Morceli (ALG) 3:37.26; 2 A Zadorozhnyi (RUS) 3:37.28; 3 JOHN MAYOCK 3:37.37; 4 K Sullivan (CAN) 3:37.42; 5 N Bruton (IRL) 3:37.57; 6 A Travassos (POR) 3:37.70; 7 S Chebili (FRA) 3:37.75; 8 J Achon (UGA) 3:38.21; 9 J Kibowen (KEN) 3:41.69; 10 B Tolgyesi (HUN) 3:44.16; 11 A Sharangabo (RWA) 3:44.95 (NR). Splits: 56.19, 1:55.56, 2:54.88. **Ht2:** 1 R Stenzel (GER) 3:40.17; 2 KEVIN MCKAY 3:40.25; 3 D Maazouzi (MAR) 3:40.39; 4 I Viciosa (ESP) 3:40.41; 5 L Rotich (KEN) 3:40.43; 6 V Shabunin (RUS) 3:40.46; 7 K Chekhemani (FRA) 3:41.02; 8 M Aden Ibrahim (SOM) 3:41.23; 9 A Saidi-Sief (ALG) 3:41.48; 10 M Yagoub (SUD) 3:41.54; 11 J Lopez (VEN) 3:42.83. **Splits:** 1:00.61,

2:02.11, 2:59.80. **Ht3:** 1 R Estevez (ESP) 3:36.20; 2 A Sediki (MAR) 3:36.40; 3 M Suleiman (QAT) 3:36.64; 4 G Hood (CAN) 3:36.69; 5 S Holman (USA) 3:36.75; 6 R Andersen (DEN) 3:36.77; 7 B Zorko (CRO) 3:37.99; 8 A Vasile (ROM) 3:39.01; 9 L Feiteira (POR) 3:45.37; 10 S Petersen (AUS) 3:50.65; 11 B Butler (GUA) 3:58.29. **Splits:** 58.32, 1:56.23, 2:56.33. **Ht4:** 1 H El Guerrouj (MAR) 3:36.72; 2 F Cacho (ESP) 3:37.16; 3 A Hakimi (TUN) 3:37.43; 4 N Bosch (FRA) 3:37.45; 5 G Di Napoli (ITA) 3:37.50; 6 A Krama (ITA) 3:37.50; 7 MATT YATES 3:38.34; 8 P Rostkowski (POL) 3:39.52; 9 J Pyrah (USA) 3:40.17; 10 P Papoulias (GRE) 3:40.30; 11 S Healy (IRL) 3:50.64. **Splits:** 57.93, 1:58.26, 2:55.92

Semi-finals (first five + two fastest)

Sf1: 1 El Gerrouj 3:38.92; 2 Suleiman 3:39.15; 3 Hakimi 3:39.50; 4 Stenzel 3:39.62; 5 MAYOCK 3:39.69; 6 Sullivan 3:39.84; 7 Holman 3:39.97; 8 Zorko 3:41.63; 9 Chebili 3:41.95; 10 Travassos 3:42.01; 11 Bruton 3:47.51. Viciosa dnf. **Splits:** 61.08, 2:03.19, 2:59.21. **SF2:** 1 Morceli 3:38.82; 2 Estevez 3:38.86; 3 Cacho 3:38.86; 4 Andersen 3:38.92; 5 Rotich 3:38.92; 6 Bosch 3:39.01; 7 Hood 3:39.13; 8 Di Napoli 3:39.45; 9 Maazouzi 3:39.99; 10 Seddiki 3:40.15; 11 McKAY 3:40.21; 12 Zadarozhniy 3:42.61. **Splits:** 60.75, 2:02.05, 2:59.23

FINAL (Aug 6): 1 El Guerrouj 3:35.83; 2 Cacho 3:36.63; 3 Estevez 3:37.26; 4 Morceli 3:37.37; 5 Hakimi 3:37.51; 6 Suleiman 3:37.53; 7 Hood 3:37.55; 8 Andersen 3:37.66; 9 MAYOCK 3:38.67; 10 Stenzel 3:38.82; 11 Rotich 3:41.27; 12 Bosch 3:48.35. **Splits:** 1:01.08, 2:02.04, 2:55.63

5000

First round (Aug 8, first five + five fastest): Ht1: 1 I Sghyr (MAR) 13:19.69; 2 D Baumann (GER) 13:19.81; 3 D Komen (KEN) 13:19.87; 4 E Molina (ESP) 13:22.74; 5 P Bitok (KEN) 13:24.85; 6 A Behar (FRA) 13:26.50; 7 W Bikila (ETH) 13:31.18; 8 A Culpepper (USA) 13:34.74; 9 A Jimenez (ESP) 13:36.55; 10 KEITH CULLEN 13:42.40; 11 Al Warsama (QAT) 13:49.55; 12 S Drygin (RUS) 13:55.56; 13 J Schiebler (CAN) 13:57.31; 14 M Carroll (IRL) 13:57.88; 15 ROB DENMARK 13:58.08; 16 A Zaied (LIB) 13:58.26; 17 N Garcia (URU) 14:12.15; 18 F Munthali (MAL) 14:14.80. **Splits:** 2:42.63, 5:28.40, 8:08.65, 10:47.82. **Ht2:** 1 B Kennedy (USA) 13:23.07; 2 K Boulami (MAR) 13:23.46; 3 T Nyariki (KEN) 13:23.55; 4 EH Lahssini (MAR) 13:23.75; 5 Dionisio Castro (POR) 13:24.51; 6 M Pancorbo (ESP) 13:25.71; 7 P Olmedo (MEX) 13:27.65; 8 F Bayesa (ETH) 13:28.54; 9 I Kirui (KEN) 13:34.52; 10 A Mezegebu (ETH) 13:38.96; 11 M Essaid (FRA) 13;39.11; 12 P Papoulias (GRE) 13:58.27; 13 B Baker (USA) 14:03.95; 14 ADRIAN PASSEY 14:07.49; 15 S Vasala (FIN) 14:10.92; 16 Y Ghirmai (ERI) 14:59.47; 17 KP Lekade (TOG) 15:00.21; 18 Y Moussa (NIG) 15:00.61. **Splits:** 2:46.25, 5:30.14, 8:07.26, 10:47.22

FINAL (Aug 10): 1 Komen 13:07.38; 2 Boulami 13:09.34; 3 Nyariki 13:11.09; 4 Sghyr 13:17.45; 5 Baumann 13:17.64; 6 Kennedy 13:19.45; 7 Lahssini 13:20.52; 8 Molina 13:24.54; 9 Pancorbo 13:25.78; 10 Bayissa 13:25.98; 11 Behar 13:29.10; 12 Bikila 13:30.02; 13 Bitok 13:30.25; 14 Castro 13:31.74; 15 Olmedo 14:05.59. **Splits:** 2:43.86, 5:33.03, 8:05.15, 10:33.49

10,000

Qualifying (Aug 3, first eight + four fastest): Ht1: 1 D Castro (POR) 28:07.04; 2 M Mourhit (BEL) 28:12.02; 3 S Berioui (MAR) 28:12.33; 4 C Eich (GER) 28:12.46; 5 P Koech (KEN) 28:13.24; 6 A Mezegebu (ETH) 28:13.95; 7 P Tergat (KEN) 28:13.98; 8 S Hissou (MAR) 28:15.09; 9 J Ramos (POR) 28:20.06; 10 C De La Torre (ESP) 28:20.50; 11 T Hayata (JPN) 28:27.97; 12 D Middleman (USA) 28:56.76; 13 M Condori (BOL) 29:51.24; 14 A Moran (PAN) 30:12.32 (NR). **Splits:** 2:52.96, 5:43.63, 8:35.48, 11:26.49, 14:17.25, 17:09.36, 19;59.66, 22:36.17, 25:20.26. **Ht2:** 1 H Gebrselassie (ETH) 27:55.36; 2 H Jifar (ETH) 27:55.71; 3 D Kirui (KEN) 27:56.62; 4 A Zitouna (MAR) 27:57.11; 5 D Wilson (AUS) 27:57.54; 6 K Maase (NED) 27:57.78; 7 J Rey (ESP) 28:03.36; 8 H Ramaala (RSA) 28:05.70; 9 T Takaoka (JPN) 28:07.36; 10 S Baldini (ITA) 28:07.81; 11 T Chimusasa (ZIM) 28:14.03; 12 M Ezzher (FRA) 28:47.48; 13 JB N'Tiamba (ANG) 29:38.92; 14 B Barquist (USA) 29:43.01; 15 M Zamora (MEX) 29:52.03; 16 P Charamis (GRE) 30:08.60; 17 G Richmond (TAH) 31:48.17 (NR); C Patricio (POR)/Z Kaldy (HUN) dnf. **Splits:** 2:51.58, 5:38.78, 8:24.68, 11:12.27, 13:58.82, 16:50.51, 19:40.78, 22:30.65, 25:17.66)

FINAL (Aug 6): 1 Gebrselassie 27:24.58; 2 Tergat 27:25.62; 3 Hissou 27:28.67; 4 Koech 27:30.39; 5 Mezegebu 27:32.48; 6 Castro 27:36.52; 7 Jifar 28:00.29; 8 Rey 28:07.06; 9 Baldini 28:11.97; 10 Wilson 28:20.16; 11 Maase 28:23.20; 12 Kirui 28:28.13; 13 Zitouna 28:29.09; 14 Ramaala 28:33.48; 15 Chimusasa 28:55.29; 16 Eich 28:59.34; 17 Berioui 29:22.05; 18 Ramos 29:49.00. Mourhit, Takaoka dns. **Splits:** 2:55.76, 5:39.99, 8:26.82, 11:11.85, 13:58.79, 16:49.31,19:27.92, 22:10.78, 24:53.49

110H

Round 1 (first five + two fastest) Ht1 (-0.6): 1 D Philibert (FRA) 13.43; 2 A Johnson (USA) 13.52; 3 R Kronberg (SWE) 13.70; 4 R Korving (NED) 13.80; 5 G Gundersen (NOR) 13.83; 6 S Magos (GRE) 13.92; J Videnov (BUL) dq. **Ht2 (0.8):** 1 A Kohutek (POL) 13.37; 2 A Garcia (CUB) 13.46; 3 ANDY TULLOCH 13.69; 4 F Balzer (GER) 13.70; 5 H Grossard (BEL) 13.74; 6 T Reese (USA) 13.79; 7 W Marseille (HAI) 14.52. A Skliarenko (KAZ) dns. **Ht3 (0.1):** 1 I Kovac (SVK) 13.36; 2 S Thibault (FRA) 13.50; 3 T Scigaczewski (POL) 13.61; 4 A Kislykh (RUS) 13.67; 5 S Oiijar (LAT) 13.79; 6 L Tong (CHI) 13.89; 7 Ae Tanielu (WSA) 14.59; 8. Emilio Valle (CUB) dnf. **Ht4 (-0.4):** 1 TONY JARRETT 13.35; 2 V Clarico (FRA) 13.51; 3 R Mehlich (POL) 13.65; 4 M Fenner (GER) 13.67; 5 S Pieters (BEL) 13.67; 6 H Konae (JPN) 14.02; 7 S Nikolic (YUG) 14.26; 8 Min Min Tun (BMA) 15.58. **Ht5 (-0.3):** 1 F Shwarthoff (GER) 13.44; 2 R Torian (USA) 13.51; 3 K Vander-Kyup (AUS) 13.61; 4 G Peders (LAT) 13.73; 5 P Chiamulera (BRA) 13.93; 6 P Coghlan (IRE) 13.94; 7 W Erese (NGR) 13.95; 8 S Boukrouna (MOR) 14.22. **Ht6 (0.3):** 1 COLIN JACKSON 13.19; 2 M Crear (USA) 13.46; 3 J Nsenga (BEL) 13.53; 4 A Haapakoski (FIN) 13.75; 5 E Lichtenegger (AUT) 13.78; 6 J Naivalu (FIJ) 13.82; 7 L Czillag (HUN) 13.96; 8 B Korent (SLO) 14.20

Round 2 (first three + four fastest) Ht1 (0.1): 1 Crear 13.15; 2 JACKSON 13.19; 3 Korving 13.44; 4 Fenner 13.50; 5 Mehlich 13.51; 6 Pieters 13.55; 7 Thibault 13.62; 8 Naivalu 14.04. **Ht2 (1.2):** 1 Johnson 13.22; 2 Kohutek 13.27 (NR); 3 Philibert 13.33; 4 Balzer 13.37; 5 N'Senga 13.50; 6 Olijar 13.62; 7 TULLOCH 13.63; 8 Gundersen 13.91. **Ht3 (-0.1):** 1 JARRETT 13.27; 2 Garcia 13.46; 3 Vander-Kuyp 13.53; 4 Torian 13.64; 5 Haapakoski 13.72; 6 Kronberg 13.73; 7 Chiamulera 13.86; 8 Grossard 14.01. **Ht4 (0.8):** 1 Kovac 13.23; 2 Reese 13.30; 3 Schwartoff 13.30; 4 Clarico 13.41 (PB); 5 Kislykh 13.43 (PB); 6 Peders 13.55; 7 Lichtenegger 13.70; 8 Scigaczewski 13.73

Semi-finals (Aug 6, first four) SF1 (-0.7): 1 JACKSON 13.24; 2 Johnson 13.31; 3 Kovac 13.38; 4 Reese 13.45; 5 Korving 13.51; 6 Clarico 13.53; 7 Kislykh 13.78; 8 Balzer 14.06. **SF2 (1.1):** 1 Schwarthoff 13.29; 2 Philibert 13.30; 3 Crear 13.35; 4 Kohutek 13.39; 5 Vander-Kuyp 13.49; 6 JARRETT 13.50; 7 N'Senga 13.58. Garcia dns

FINAL (Aug 7) (0.0): 1 Johnson 12.93; 2 JACKSON 13.05; 3 Kovac 13.18; 4 Schwarthoff 13.20; 5 Philibert 13.26; 6 Reese 13.30; 7 Crear 13.55; Kohutek dns

400H

Round 1 (Aug 2, first three + three fastest) Ht1: 1 L Herbert (RSA) 49.23; 2 M Al-Nubi (QAT) 49.39; 3 I Weakley (JAM) 49.52; 4 M Dollendorf (BEL) 49.66; 5 T McGuirk (IRL) 49.93; 6 N Eriksson (SWE) 50.25; 7 S Pesa (YUG) 50.65. **Ht2:** 1 F Mori (ITA) 48.93; 2 L Soucek (CZE) 49.08 (eq NR); 3 Y Saito (JPN) 49.52; 4 JP Bruwier (BEL) 49.56; 5 GARY JENNINGS 49.84; 6 V Shiryayev (RUS) 49.95; 7 H Rakotombelontsoa (MAD) 52.29. **Ht3:** 1 S Matete (ZAM) 48.43; 2 J Muzik (CZE) 48.56 (NR); 3 D Morgan (JAM) 49.34; 4 M S'dad (MAR) 49.50; 5 CHRIS RAWLINSON 49.72; 6 N Selmi (UAE) 51.51; I Faye (SEN) dns. **Ht4:** 1 S Karube (JPN) 48.63; 2 J Woody (USA) 48.89; 3 K Archer (JAM) 49.11; 4 ZA Hamed (AUS) 49.21; 5 P Januszewski (POL) 49.29; 6 W Smith (NAM) 51.12; 7 D Cordero (PUR) 52.26. **Ht5:** 1 R Mashchenko (RUS) 48.93; 2 D Adkins (USA) 49.23; 3 V Zadoinov (MOL) 49.49; 4 L Ottoz (ITA) 49.69; 5 E Tebelis (LAT) 50.42; 6 P Maran (FRA) 50.82; M Kocuvan (SLO) dnf. **Ht6:** 1 S Diagana (FRA) 49.34; 2 K Harnden (ZIM) 49.42; 3 K Yamazaki (JPN) 49.47; 4 O Terry (USA) 49.84; 5 K Enyiazu (NGR) 50.12; 6 C Da Silva (BRA) 50.63; 7 H El Ibrahim (EGY) 50.70; I Xhani (ALB) dnf. **Ht7:** 1 B Bronson (USA) 48.48; 2 D Kovacs (HUN) 48.99; 3 A Saber (ITA) 49.11; 4 J Coco (FRA) 49.64; 5 C Zbinden (CHI) 50.42; 6 R Robinson (AUS) 51.67; 7 L Zervakos (GRE) 52.94

Semi-finals (Aug 3, first two + two fastest) SF1: 1 Diagana 48.14; 2 Herbert 48.31; 3 Matete 48.44; 4 Al-Nubi 48.84 (NR); 5 Woody 49.14; 6 Weakley 49.98; 7 S'dad 50.78; Yamazaki dnf. **SF2:** 1 Mashchenko 48.54; 2 Morgan 48.56; 3 Karube 48.81; 4 Januszewski 48.94 (NR); 5 Adkins 48.95; 6 Soucek 49.09; 7 Hamed 49.12; 8 Saber 49.36. **SF3:** 1 Bronson 47.83; 2 Mori 48.17 (NR); 3 Muzik 48.27 (NR); 4 Kovacs 48.45 (NR); 5 Harnden 48.82; 6 Saito 49.60; 7 Zadoinov 50.07; 8 Archer 50.76

FINAL (Aug 4): 1 Diagana 47.70; 2 Herbert 47.86 (NR); 3 Bronson 47.88; 4 Mori 48.05 (NR); 5 Matete 48.11; 6 Mashchenko 48.62; 7 Morgan 49.06; 8 Muzik 49.51

3000SC

Round 1 (Aug 3) Ht1: 1 R Wojcik (POL) 8:24.93; 2 B Boulami (MAR) 8:24.95; 3 M Kiptanui (KEN) 8:25.80; 4 V Pronin (RUS) 8:25.95; 5 M Croghan (USA) 8:25.95; 6 A Lambruschini (ITA) 8:26.35; 7 M Buchleitner (AUT) 8:26.76; 8 F Ionescu (ROM) 8:27.39; 9 ROBERT HOUGH 8:28.54; 10 S Stasi (CYP) 8:28.85; 11 C Unthank (AUS) 8:32.02. Split: 2:48.58. **Ht2:** 1 S Al Asmari (SAU) 8:25.23; 2 M Ostendarp (GER) 8:25.97; 3 B Barmasai (KEN) 8:26.62; 4 S Vroemen (NED) 8:28.96; 5 El Arbi Khatabi (MAR) 8:32.53; 6 T Nohilly (USA) 8:32.70; 7 M Wolde (ETH) 8:32.77; 8 A Daas (ALG) 8:33.35; 9 G Maffei (ITA) 8:37.12; 10 V Almeida (POR) 8:40.75; 11 M Bartoszak (POL) 8:47.01. **Ht3:** 1 W Kipketer (KEN) 8:29.40; 2 J Svenoey (NOR) 8:29.65; 3 H Bouaouiche (MAR) 8:29.67; 4 A Carosi (ITA) 8:29.92; 5 R Moran (ESP) 8:29.98; 6 M Laros (NED) 8:30.24; 7 W Moura (BRA) 8:30.70; 8 A Dobrzynski (POL) 8:31.69; 9 A Vouzis (GRE) 8:33.51; 10 S Desaulty (FRA) 8:33.56; 11 H Begeo (PHI) 9:17.82

SF1: 1 Al Asmari 8:20.18; 2 Ostendarp 8:20.40; 3 Kiptanui 8:20.76; 4 Bouaouiche 8:20.88; 5 Khattabi 8:20.94; 6 Svenoy 8:21.16; 7 Pronin 8:29.39; 8 Moran 8:31.73; 9 Wojcik 8:33.28; 10 Vroemen 8:48.66. **DNF:** Nohilly, Lambruschini. **Splits:** 2:49.75, 5:34.77. **SF2:** 1 Barmasai 8:17.95; 2 Kipketer 8:18.92; 3 Croghan 8:19.98; 4 Carosi 8:20.82; 5 Boulami 8:21.99; 6 Ionescu 8:22.35; 7 Buchleitner 8:26.22; 8 Moura 8:35.01; 9 Stasi 8:35.73; 10 Laros 8:36.12; 11 Dobrzynski 8:38.58; 12 HOUGH 8:59.24. **Splits:** 2:45.08, 5:34.11

FINAL (Aug 6): 1 Kipketer 8:05.84; 2 Kiptanui 8:06.04; 3 Barmasai 8:06.04; 4 Al Asmari 8:13.87; 5 Bouaouiche 8:14.04; 6 Croghan 8:14.09; 7 Svenoy 8:14.80 (NR); 8 Carosi 8:16.01; 9 Ostendarp 8:18.49; 10 Boulami 8:23.34; 11 Khattabi 8:29.43; 12 Ionescu 8:39.67. Splits: 2:45.86, 5:31.08

High jump

Qualifying (Aug 4, 2.28m or first 12)

GpA: 1eq G Mayo (COL) 2.28 (2.15o, 2.19o, 2.23o, 2.26o, 2.28o)/J-T Lee (KOR) 2.28 (2.19o, 2.23o, 2.26o, 2.28); 3 L Papakostas (GRE) 2.28 (2.19o, 2.23o, 2.26o, 2.28xo); 4 M Buss (GER) 2.28 (2.15o, 2.19xo, 2.23o, 2.26xo, 2.28xo); 5 C Austin (USA) 2.26 (2.19o, 2.23-, 2.26xo, 2.28xxx); 6eq C Lefrancois (CAN) 2.23 (2.19o, 2.23o, 2.26xxx)/S Strand (SWE) 2.23 (2.15o, 2.19-, 2.23o, 2.26xxx); 8eq M Mandy (IRL) 2.23 (2.15o, 2.19o, 2.23xo, 2.26xx-, 2.28x)/D Topic (YUG) 2.23 (2.15o, 2.19-, 2.23xo, 2.26-, 2.28xxx)/J Kotewicz (POL) 2.23 (2.15o, 2.19-, 2.23xo, 2.26xxx)/M Boswell (CAN) 2.23 (2.19o, 2.23xo, 2.26xxx); 12 E Krehmic (BSH) 2.23 (2.15xxo, 2.19o, 2.23xo, 2.26xxx); 13 BRENDAN REILLY 2.23 (2.19o, 2.23xxo, 2.26xx-, 2.28x); 14eq A Ortiz (ESP) 2.19 (2.19o, 2.23-, 2.26xxx)/T Janku (CZE) 2.19 (2.15o, 2.19o, 2.23xxx); 16 R Jenkins (USA) 2.19 (2.15xxo, 2.19xxo, 2.23-, 2.26xxx); 17 L Konstantinos (GRE) 2.15 (2.15o, 2.19xxx). **GpB:** 1eq S Hoen (NOR) 2.28 (2.23o, 2.26-, 2.28o)/A Partyka (POL) 2.28 (2.19o, 2.23-, 2.26o, 2.28o)/J Sotomayor (CUB) 2.28 (2.23o, 2.26o, 2.28o); 4 T Forsyth (AUS) 2.28 (2.15o, 2.19-, 2.23-, 2.26o, 2.28xxo); 5 K Matusevitch (ISR) 2.28 (2.15o, 2.19o, 2.23xo, 2.26xo, 2.28xxo); 6 DALTON GRANT 2.28 (2.19xo, 2.23o, 2.26xxo, 2.28xxo); 7 J Janku (CZE) 2.26 (2.19o, 2.23xo, 2.26o, 2.28xxx); 8 S Kliugin (RUS) 2.26 (2.15o, 2.19xxo, 2.23o, 2.26o, 2.28xxx); 9 STEVE SMITH 2.26 (2.15o, 2.19-, 2.23xo, 2.26xo, 2.28xxx); 10eq B Brown (USA) 2.23 (2.15o, 2.19-, 2.23o, 2.26xxx)/S Zoric (YUG) 2.23 (2.19o, 2.23o, 2.26xxx)/D Detchenique (FRA) 2.23 (2.15o, 2.19o, 2.23o, 2.26xxx); 13eq M Raifak (FRA) 2.23 (2.15xxo, 2.19o, 2.23o, 2.26xxx)/D Kokotis (GRE) 2.23 (2.15xxo, 2.19o, 2.23o, 2.26xxx); 15eq G Howard (NZL) 2.15 (2.15o, 2.19xxx)/L Luciano (DOM) 2.15 (2.15o, 2.19xxx); 17 M Onoue (JPN) 2.15 (2.15xo, 2.19xxx); 18 K Naiko (MRI) 2.15 (2.15xxo, 2.19xxx).

FINAL (Aug 6): 1 Sotomayor 2.37 (2.25xo, 2.32o, 2.35o, 2.37xo, 2.39-); 2 Partyka 2.35 (2.20o, 2.29o, 2.35xo, 2.37xx-, 2.39x); 3 Forsyth 2.35 (2.20o, 2.29xo, 2.32o, 2.35xo, 2.37x-, 2.39xx); 4 Hoen 2.32 (2.25o, 2.29o, 2.32o, 2.35xx-, 2.37x); 4 GRANT 2.32 (2.32o, 2.35xxx) (SB); 6 Papakostas 2.32 (2.25o, 2.29o 2.32xo, 2.35xx-, 2.37x); 7 Matusevich 2.29 (2.20o, 2.25o, 2.29o, 2.32xxx); 8 Lee 2.29 (2.20xo, 2.25o, 2.29o, 2.32xxx); 9 Buss 2.29 (2.20xxo, 2.25o, 2.29o, 2.32xxx); 10 Mayo 2.29 (2.20o, 2.25o, 2.29xo, 2.32xxx); 11 Klyugin 2.29 (2.20xo, 2.25xo, 2.29xxo,



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dnf); 12 Janku 2.25 (2.20o, 2.25o, 2.29xxx)

Pole vault
Qualifying (Aug 8, 5.75m or first 12)
Gp A: 1q M Tarasov (RUS) 5.70 (5.70o); 2 T Lobinger (GER) 5.70 (5.45o, 5.60o, 5.70o); 3eq NICK BUCKFIELD 5.70 (5.30o, 5.45o, 5.60o, 5.70xo)/S Bubka (UKR) 5.70 (5.70xo); 5 T Barthel (NOR) 5.70 (5.45xo, 5.60xo, 5.70xo); 6 P Manson (USA) 5.70 (5.45o, 5.60o, 5.70xxo); 7 D Krasnov (ISR) 5.70 (5.45xo, 5.60o, 5.70xxo); 8 J Concepsion (ESP) 5.60 (5.30xxo, 5.45xxo, 5.60o, 5.70xxx); 9eq A Tivontchik (GER) 5.60 (5.60xxo, 5.70xxx)/A Andji (FRA) 5.60 (5.45o, 5.60xxo, 5.70xxx); 11 P Widen (SWE) 5.45 (5.45o, 5.60xxx); 12 I Efremov (BUL) 5.45 (5.30xxo, 5.45o, 5.60xxx); 13 V Rantanen (FIN) 5.45 (5.30o, 5.45xo, 5.60xxx); 14 A Giannini (ITA) 5.45 (5.30xo, 5.45xo, 5.60xxx); 15 E Diaz (PUR) 5.45 (5.30o, 5.45xxo, 5.60xxx); 16 R Isim (TUR) 5.30 (5.30xxo, 5.45xxx); A Korchagin (KZK) nm (5.30xxx)/O Brits (RSA) nm (5.60xx-, 5.70x)/L Johnson (USA) nm (5.60xxx); M Miranda (ESP) dnf (5.30x). **GpB:** 1 M Eriksson (SWE) 5.70 (5.45o, 5.60xo, 5.70o); 2 Y Smiryagin (RUS) 5.70 (5.30xo, 5.45o, 5.60xxo, 5.70o); 3 J Galfione (FRA) 5.70 (5.45xo, 5.70xo); 4 V Strogalyov (RUS) 5.70 (5.45xxo, 5.60o, 5.70xo); 5 R Botha (RSA) 5.70 (5.60o, 5.70xxo); 6 D Starkey (USA) 5.70 (5.45xo, 5.60xo, 5.70xxx); 7 I Potapovich (KZK) 5.60 (5.60o, 5.70xxx); 8 K Lachheb (FRA) 5.60 (5.30xo, 5.45o, 5.60xo, 5.70xxx); 9 M Stolle (GER) 5.60 (5.30o, 5.45o, 5.60xxo, 5.70xxx); 10 F Pizzolato (ITA) 5.60 (5.30xxo, 5.45o, 5.60xxo, 5.70xxx); 11 P Gibbons (NZL) 5.45 (5.30o, 5.45xo, 5.60xxx); 12eq L Looije (NED) 5.30 (5.30o, 5.45xxx)/V Shutyev (UKR) 5.30 (5.30, 5.45xxx); S Tsitouras (GRE) nm (5.45xxx)/J Rovan (SLO) nm (5.30xxx)/J Garcia (ESP) nm (5.45xxx)/M Voss (DEN) nm (5.30xxx)/H Vaaraniemi (FIN) nm (5.45xxx). D Markov (BLR) dns
FINAL (Aug 10): 1 Bubka 6.01 (CBP) (5.70xo, 5.91xo, 6.01o, 6.15dnf); 2 Tarasov 5.96 (5.70xo, 5.86o, 5.91xxo, 5.96o, 6.01x-, 6.06xx); 3 Starkey 5.91 (5.50xo, 5.70o, 5.80o, 5.86xxo, 5.91xxo, 5.96x-, 6.01xx); 4 Lobinger 5.80 (5.50o, 5.70o, 5.80o, 5.86xxx); 5 BUCKFIELD 5.70 (5.50o, 5.70o, 5.80xxx); 6 Manson 5.70 (5.50xxo, 5.70o, 5.80xxx); 7 Strogalyov 5.70 (5.50o, 5.70xxo, 5.80xxx); 8 Smiryagin 5.70 (5.50xo, 5.70xxo, 5.80xxx); 9eq Krasnov 5.50 (5.50o, 5.70xxx)/Eriksson 5.50 (5.50o, 5.70xxx); 11 Barthel 5.50 (5.50xo, 5.70xxx). Galfione/Botha nh

Long jump
Qualifying (Aug 3, 8.05m or first 12)
GpA: 1 M Wignall (JAM) 8.09 (7.74, 8.09); 2 E Walder (USA) 8.05 (8.05); 3 N Ferreira Jnr (BRA) 8.00 (7.68, 7.98, 8.00); 4 J Lao (CHN) 7.99 (7.79, 7.92, 7.99); 5 B Tudor (ROM) 7.98 (7.86, 7.98, x); 6 K Sosunov (RUS) 7.96 (7.83,7.88, 7.96); 7 M Morinaga (JPN) 7.93 (7.84, x, 7.93); 8 C Calado (POR) 7.92 (7.92, x, 7.86); 9 A Laukasevich (UKR) 7.90 (x, 7.90, x); 10 K Koukodimos (GRE) 7.87 (7.87, 7.86, 7.86); 11 T Bardauskas (LIT) 7.75 (7.66, 7.75, x); 12 G Marciniszyn (POL) 7.69 (7.68, 7.60, 7.69); 13 R Fernandez (ESP) 7.62 (7.62, x, x); 14 E Shaw (BIZ) 7.21 (NR) (7.14, 6.77, 7.21); 15 V Shabangu (SWZ) 7.18 (x, x, 7.18); 16 R Duncan (CAN) 7.17 (7.17, -, -); 17 J Green (USA) 7.15 (7.15, 6.98, x). K Klouchi (FRA)/G Cankar (SLO) nm (x, x, x). **GpB:** 1 I Pedroso (CUB) 8.11 (x, 8.11); 2 C Toure (SEN) 8.09 (7.74, 7.93, 8.09); 3 J Beckford (JAM) 8.03 (7.77, 7.90, 8.03); 4 K Dilworth (USA) 7.96 (7.93, 7.80, 7.96); 5 A Glavatski (BLR) 7.94 (7.69, 7.78, 7.94); 6 E Bangue (FRA) 7.93 (x, 7.93, 7.47); 7 Z Tan (CHN) 7.92 (7.79, 7.91, 7.92); 8 N Ashara (JPN) 7.88 (7.75, x, 7.88); 9 B Tarus (ROM) 7.87 (x, 7.60, 7.87); 10 M Sunneborn (SWE) 7.72 (7.60, 7.69, 7.72); 11 M Rajic (YUG) 7.70 (7.14, 7.38, 7.70); 12 Y Moudrik (MAR) 7.66 (7.66, 7.60, x); 13 R Emmiyan (ARM) 7.65 (7.57, 7.51, 7.65); 14 A Ignatov (RUS) 7.64 (7.51, x, 7.64); 15 D Filindras (GRE) 7.63 (7.63, x, 7.54); 16 H-J Sung (KOR) 7.63 (x, x, 7.63); 17 K Cline (BVI) 7.23 (7.23, x, x); 18 H-F Nai (TPE) 7.05 (7.05, x, x); K Luvzak (POL)/D Hatzopoulos (GRE) nm (x, x, x)
FINAL (Aug 5): 1 Pedroso 8.42 (8.42, x, x, x, x, 7.60); 2 Walder 8.38 (8.29, 8.15, 8.29, 8.36, 8.30, 8.38); 3 Sosunov 8.18 (8.04, 7.89, 8.05, 8.12, 7.83, 8.18); 4 Beckford 8.14 (x, 8.07, 7.92, 8.14, 6.62, 7.85); 5 Ferreira Jnr 8.04 (7.97, x, 8.04, x, 6.63, x); 6 Glavatski 8.03 (7.98, 6.99, 7.90, 8.03, x, x); 7 Toure 7.98 (7.81, 7.98, 7.92, 7.98, 7.98, 7.91); 8 Dilworth 7.88 (7.88, -, -, -, -, -); 9 Morinaga 7.86 (7.70, 7.72, 7.86); 10 Lao 7.76 (7.76, x, 7.59); 11 Tudor 7.66 (7.66, 7.51, 7.66); Wignall nm (x, x, x)

Triple jump
Qualifying (Aug 6, 17.00m or first 12)
GpA: 1 Y Quesada (CUB) 17.47 (17.47/0.5); 2 JONATHAN EDWARDS 17.28 (17.28/0.4); 3 K Harrison (USA) 17.11 (17.11/-1); 4 C Meletoglou (GRE) 17.04 (eq NR) (15.93/-0.4, 17.04/-0.3); 5 J Romain (DOM) 17.03 (16.96/1, 17.03/-0.6); 6 C Friedek (GER) 16.98 (x, 16.98/-2, x); 7 B Wellman (BER) 16.84 (x, 16.68/-0.7, 16.84/0.8); 8 Y Garcia (CUB) 16.79 (16.52/0.4, 16.79/0.7, 16.51/-0.7); 9 N raev (BUL) 16.72 (16.00/-0.1, 16.72/0.4); 10 A Kurennoy (RUS) 16.59 (16.59/1.3, 16.59/1.3, 16.59/0.6, x); 11 Z Durdevic (YUG) 16.49 (16.49/0.2, 16.32/-1.2, 16.40/0.2); 12 K Hanstveit (NOR) 16.45 (16.23/-0.7, 16.38/0.5, 16.45/0.8). **GpB:** 1 A Urrutia (CUB) 17.11 (17.11/0); 2 A Owusu (GHA) 17.05 (17.05/0.3); 3 S Helan (FRA) 17.01 (16.73/0, 16.42/-1, 17.01/0.1); 4 A Martirosyan (ARM) 16.98 (16.90/-0.2, 16.42/0.8, 16.98/0.7); 5 D Kapustin (RUS) 16.96 (16.57/0.2), 16.96/0); 6 FRANCIS AGYEPONG 16.83 (16.83/0.4); 7 R Chapadou (ESP) 16.80 (x, x, 16.80/1.5); 8 R Howard (USA) 16.63 (16.24/-0.3, 16.63/0.6, 16.58/0.7); 9 R Dimitrov (BUL) 16.62 (16.55/0.1, 16.62/0.3); 10 N Mdhlongwa (ZIM) 16.56 (16.20/-1.2, 16.56/0.2, 16.41/1.1); 11 V Sokov (RUS) 16.42 (16.20/0.4, 16.42/0.2); 12 M Bruziks (LAT) 16.35 (16.35/-0.5, 16.14/-0.7, 14.42/0.6)
FINAL (Aug 8): 1 Quesada 17.85 (17.60/-0.3, 17.85/0.9, 17.60/0.4); 2 EDWARDS 17.69 (17.33/0, x, 16.80/-0.5, 17.66/-0.8, 17.57/0.3, 17.69/0.3); 3 Urrutia 17.64 (17.23/0, 17.64/0, 17.25/-0.2, 15.67/-1.3, -, x); 4 Kapustin 17.59 (x, x, 17.29/0, 17.19/-0.4, 17.59/-0.2, x); 5 Wellman 17.22 (x, 17.22/0, 16.90/0.3, x, -, x); 6 Romain 17.17 (16.75/-1.2, 17.17/-0.4, 16.85/0, 16.87/-0.2, 16.62/0, 16.63/0.1); 7 Meletoglou 17.12 (NR) (16.75/-0.7, x, 17.12/-0.2, x, 16.48/-0.5, 16.85/-0.3); 8 Owusu 17.11 (17.11/0.4, 16.74/0.1, 15.33/-1.6, -, 16.82/-0.1, 16.38/-0.5); 9 Harrison 17.05 (x, 17.05/-1.6, 17.04/0.8); 10 Helan 16.97 (16.89/0.3, x, 16.97/-0.6); 11 Friedek 16.86 (16.83/-0.2, x, 16.86/0); 12 Martirosyan 16.70 (16.46/0.8, x, 16.70/-0.2)]

Shot put
Qualifying (Aug 2, 19.80 or first 12):
GpA: 1 J Godina (USA) 21.10 (21.10); 2 A Bagach (UKR) 20.56 (20.56); 3 M Halvari (FIN) 20.10 (20.10); 4 B Lambrechts (RSA) 19.91 (x, 19.36, 19.91); 5 M Mertens (GER) 19.88 (19.88); 6 R Barnes (USA) 19.51 (19.23, 19.51, x); 7 A Harju (FIN) (x, x, 19.43); 8 C Fantini (ITA) 19.30 (19.30, 18.74, x); 9 M Menc (CZE) 19.23 (19.07, 19.23, x); 10 B Snyder (CAN) 18.94 (17.76, 18.52, 18.94); 11 V Bulat (BLR) 18.61 (17.97, 18.61, x); 12 KO Hauge (NOR) 18.37 (18.12, x, 18.37); 13 S Rubtsov (KZK) 18.16 (18.16, x, x); 14 C Ugwu (NGR) 18.00 (17.25, 17.84, 18.00); 15 MARK PROCTOR 17.99 (17.99, x, x); 16 M Haborak (SVK) 17.85 (17.85, x, x); 17 A Leonidis (GRE) 17.77 (17.77, x, x).
GpB: 1 O-S Buder (GER) 20.53 (20.53); 2 Y Belonog (UKR) 20.31 (19.75, 20.31); 3 R Virastyuk (UKR) 20.13 (20.13); 4 CJ Hunter (USA) 20.05 (19.48, 19.68, 20.05); 5 K Toth (USA) 19.99 (x, x, 19.99); 6 P Dal Soglio (ITA) 19.93 (18.83, 19.93); 7 S Kleiza (LIT) 19.71 (19.71, x, 18.99); 8 M Martinez (ESP) 19.61 (19.61, 19.23, x); 9 BS Mubarak (QAT) 19.08 (18.09, 18.90, 19.08); 10 D Peric (YUG) 19.05 (18.86, 19.05, 18.93); 11 S Ercegovac (CRO) 19.00 (x, 19.00, x); 12 Y Medina (VEN) 18.92 (18.36, 18.31, 18.92); 13 D Goncharuk (BLR) 18.60 (18.33, 18.60, -); 14 SHAUN PICKERING 18.10 (18.10, 17.84, 17.42); 15 V Lykho (RUS) 18.04 (17.77, 17.67, 18.04); 16 F Talalemotu (NMA) 13.96 (13.96, 13.11, 12.92); T Alnajjar (JOR) dns
FINAL: 1 Godina 21.44 (21.24, 21.39, 21.44, 21.19, 21.20, x); 2 Buder 21.24 (20.79, 20.18, 20.41, 21.05, x, 21.24); 3 Hunter 20.33 (20.22, 20.30, x, x, x, 20.33); 4 Belonog 20.26 (x, 20.22, x, 20.26, dnf); 5 Halvari 20.13 (x, 20.13, x, x, x, x); 6 Virastyuk 20.12 (20.00, 20.01, 20.12, x, x, x); 7 Toth 20.02 (19.50, 20.02, x, x, x, x); 8 Mertens 19.91 (19.81, 19.91, 19.86); 9 Dal Soglio 19.77 (19.77, x, x); 10 Lambrechts 19.39 (x, 19.39, x); 11 Kleiza 18.25 (18.25, x, x). DQ: Bagach 21.47 (20.55, 20.60, 21.47, 21.10, 21.21, 20.90) positive dope test

Discus
Qualifying (Aug 8, 63.00m or first 12)
Gp A: 1 J Schult (GER) 64.60 (62.60, 64.60); 2 V Sidorov (UKR) 63.08 (63.08); 3 V Kaptyukh (BLR) 63.06 (63.06); 4 A Seelig (GER) 62.94 (60.44, x, 62.94); 5 A Tammert (EST) 62.18 (59.60, 59.64, 62.18); 6 J Tunks (CAN) 61.82 (60.74, 61.82, 60.62); 7 A Elizalde (CUB) 61.48 (56.38, 61.48, 61.22); 8 V Kidykas (LIT) 61.40 (x, 61.40, x); 9 A Bloom (USA) 60.74 (59.38, 60.74, x); 10 O Jenssen (NOR) 60.52 (x, 57.86, 60.52); 11 I Primc (SLO) 59.98 (54.26, 59.98, 57.96); 12 I Winchester (NZL) 59.70 (59.66, 59.00, 59.70; 13 J Van Daele (BEL) 58.66 (55.72, 58.66, 58.66); 14 A Borichevskiy (RUS) 57.90 (57.90, 57.56, x); 15 Yu Wenge (CHN) 57.14 (55.46, 57.14, 56.36); 16 C Grasu (ROM) 56.70 (56.70, 55.16, x); 17 C Papadopoulos (GRE) 56.44 (56.44, 56.42, x); 18 S Shakti (IND) 56.28 (x, 50.42, 56.28); 19 GLEN SMITH 54.40 (54.40, 53.30, x); 20 D Makshashiri (MON) 52,12 (52.12, x, 49.92); D Uperesa (AMS) dns. **GpB:** 1 L Riedel (GER) 68.46 (68.46); 2 V Alekna (LIT) 65.22 (61.34, 60.30, 65.22); 3 A Setliff (USA) 63.72 (63.72); 4 J Godina (USA) 63.48 (x, 63.48); 5 V Dubrovschik (BLR) 62.30 (62.24, 62.30, x); 6 ROBERT WEIR 62.26 (62.26, 60.38, 60.98); 7 F Potgieter (RSA) 61.30 (61.30, x, x); 8 P van der Kruk (NED) 60.16 (55.82, x, 60.16); 9 D Fortuna (ITA) 60.06 (60.06, 59.66, 60.00); 10 L Cherevko (BLR) 60.06 (60.06, x, x); 11 S Lyakhov (RUS) 59.72 (59.64, 59.72, 59.18); 12 J Pons (FRA) 59.46 (55.84, 58.70, 59.46); 13 Li Shaojie (CHN) 58.24; 14 L Malina (CZE) 58.00; 15 M Conjungo (CAF) 57.82; 16 A Horvath (HUN) 57.72; 17 M Pugliese (ARG) 57.34; 18 K Hauge (NOR) 57.00; 19 R Jimenez (PAR) 52.96; 20 W Sawusdee (HA) 47.98; 21 R McNab (CKI) 41.00
FINAL (Aug 10): 1 Riedel 68.54 (65.48, 68.24, 68.54, x, x, 66.80); 2 Alekna 66.70 (62.44, 66.70, 63.20, 63.12, x, x); 3 Schult 66.14 (66.14, 65.20, 65.54, x, 62.34, 64.94); 4 Dubrovshchik 66.12 (62.98, 60.30, 65.36, 65.46, 62.44, 66.12); 5 Godina 65.40 (65.40, x, 57.32, 64.82, 64.92, 64.30); 6 Seelig 64.48 (63.00, 64.48, 62.80, x, 64.12, 63.64); 7 Setliff 63.44 (62.32, 62.80, x, 61.84, x, 63.44); 8 WEIR 63.06 (63.06, 60.18, 61.40, 62.22, x, 58.70); 9 Tunks 62.30 (59.16, 62.30, 61.88); 10 Sidorov 60.32 (60.32, 59.68, x); 11 Katyukh 60.12 (60.12, x, x); 12 Tammert 59.44 (59.44, 59.18, 58.46)

Hammer
Qualifying (Aug 2, 76.50m or first 12)
GpA: 1 V Sidorenko (RUS) 77.94 (74.42, 77.94); 2 A Skvaruk (UKR) 77.94 (x, 77.94); 3 H Weis (GER) 77.12 (75.86, 77.12); 4 R Piolanti (FRA) 76.12 (74.42, 75.04, 76.12); 5 A Krykun (UKR) 75.32 (74.26, 75.32, 75.26); 6 K Morofushi (JPN) 75.28 (75.28, 74.50, 73.50); 7 H Klose (GER) 75.16 (75.16, x, 74.18); 8 A Abduvaliev (UZB) 74.96 (68.92, 74.30, 74.96); 9 S Rendell (AUS) 74.28 (74.28, x, x); 10 P Sedlacek 73.94 (73.94, 73.84, 73.76); 11 A Papadimitriou (GRE) 73.92 (73.92, x, 73.48); 12 M Wahlman (FIN) 73.60 (73.00, 72.22, 73.60). **GpB:** 1 B Kiss (HUN) 80.46 (80.46); 2 I Astapovich (BLR) 77.96 (75.90, 77.96); 3 V Khersontsev (RUS) 76.44 (76.44, 75.58, 75.12); 4 I Konov Blov (RUS) 76.36 (75.86, 76.36,74.18); 5 K Kobs (GER) 76.20 (72.96, 76.20, x); 6 I Tikhon (BLR) 75.74 (75.08, 75.74, x); 7 V Kolesnyk (UKR) 75.16 (74.86, 75.16, 73.12); 8 Sgrulletti (ITA) 74.70 (74.70, 73.50, 72.84); 9 J Bielecki (DEN) 73.82 (71.70, 73.36, 73.82); 10 Z Fabian (HUN) 72.12 (69.68, 71.92, 72.12); 11 C Polychroniou (GRE) 71.56 (71.56, x,x); 12 D Popejoy (USA) 71.52 (x, x, 71.52); 13 L Paoluzzi (ITA) 71.50 (71.50, x, x); 14 DAVID SMITH 70.94 (70.94, x, x); 15 V Maska (CZE) 70.50 (x, x, 70.50); 16 V Costa (POR) 70.04 (70.04, 68.66, x); 17 H Toumi (ALG) 68.32 (66.94, 68.32, 67.62); 18 R Linscheid (IRL) 67.96 (x, x, 67.96); 19 A Acuna (PER) 60.14 (NR) (x, 57.78, 60.14); C Epalle (FRA)/N Al Hunsaini (KUW) nm
FINAL (Aug 3): 1 Weis 81.78 (x, 77.54, 80.24, 80.52, 81.14, 81.78); 2 Skvaruk 81.46 (76.88, 76.94, x, 78.04, x, 81.46); 3 Sidorenko 80.76 (78.26, 79.10, 79.80, 80.38, 80.76, 78.32); 4 Kiss 79.96 (77.86, 78.32, x, 79.32, 79.96, 79.28); 5 Astapovich 79.70 (x, x, 78.12, 79.70, 77.94, 78.72); 6 Konovalov 78.68 (75.18, 76.60, 76.46, 77.36, 78.12, 78.68); 7 Khersontsev 77.42 (76.24, 77.42, 77.00, x, x, x); 8 Krykun 77.14 (75.02, 76.44, 75.26, 76.62, 77.14, 76.76); 9 Kobs 76.12 (76.12, 74.94, x); 10 Murofushi 74.82 (74.82, 74.50, x); 11 Piolanti 74.08 (74.08, 73.26, 73.44); Tikhon nm (x, x, x)

Javelin
Qualifying (Aug 3, 83.00m or first 12)
GpA: 1 B Henry (GER) 83.42 (81.80, 79.34, 83.42); 2 K Gatzioudis (GRE) 83.32 (83.32); 3 MICK HILL 82.24 (x, 82.24, 81.44); 4 G Hogler (AUT) 81.54 (79.54, 78.44, 81.54); 5 E Gonzalez (CUB) 80.88 (x, x, 80.88); 6 M Corbett (RSA) 80.72 (76.32, 80.72, 75.10); 7 S Makarov (RUS) 80.62 (x, 80.62, 78.26); 8 R Hecht (GER) 79.38 (78.88, 79.38, -); 9 T Pukstys (USA) 78.64 (77.46, 78.64, 76.58); 10 S Saksio (FIN) 76.20 (75.42, 76.20, x); 11 PA Fagernes (NOR) 75.66 (75.66, x, x); 12 E Rags (LAT) 75.06 (71.66, 73.06, 75.06); 13 R Bradstock (USA) 74.92 (74.92, 71.88, 71.70); 14 NICK NIELAND 74.52 (72.26, 74.52, 70.34); 15 F Al Mahameed (SYR) 74.04 (NR) (74.04, 70.90, x); 16 E Bauman (PAR) 72.96 (x, 72.96, 63.88); 17 A Fingert (ISR) 69.74 (69.74, 69.20, 68.56); 18 R Tersek (SLO) 69.08 (x, 69.08, 66.36); 19 V Parfenov (UZB) 62.48 (55.18, 62.48, x); 20 P Gnemen (INA) 57.12 (x, 57.12, 56.32). **GpB:** 1 J Zelezny (CZE) 83.66 (83.66); 2 STEVE BACKLEY 81.40 (81.40, x, x); 3 P Boden (SWE) 80.88 (80.88, 76.26, 77.42); 4 A Parviainen (FIN) 80.76 (x,

79.82, 80.76); 5 A Moruyev (RUS) 80.30 (77.46, 75.78, 80.30); 6 T McHugh (IRL) 77.90 (72.88, 71.22, 77.90); 7 V Sasimovich (BLR) 77.38 (75.24, 76.28, 77.38); 8 S Raty (FIN) 77.24, 76.82, 75.82); 9 A Linden (GER) 75.90 (75.66, 75.90, x); 10 G Lovegrove (NZL) 75.62 (75.62, x, x); 11 R Kolko (POL) 74.98 (74.76, 74.08, 72.16); 12 D Polymerou (GRE) 74.94 (74.94, x, x); 13 S Voinov (UZB) 74.32 (74.32, 70.16, 73.28); 14 JG De La Garza (MEX) 71.98 (71.98, x, 66.88); 15 K-Y Chu (KOR) 70.84 (70.84, 69.58, 70.42); 16 B Diop (SEN) 69.66 (x, 65.06, 69.66); 17 P Bazighe (NIG) 69.64 (65.14, 68.92); 18 E Kaminski (USA) 69.42 (68.04, x, 69.42); 19 A Hatcher (AUS) 69.18 (x, x, 69.18); 20 R Calderao (NIC) 67.92 (67.92, x, 66.46)
FINAL (Aug 5): 1 Corbett 88.40 (African rec) (76.58, 88.40, 87.40, 83.84, 84.54. 82.42); 2 BACKLEY 86.80 (82.94, 84.74, x, x, 83.20, 86.80); 3 Gatzioudis 86.64 (81.70, 86.64, 83.98, x, x, -); 4 HILL 86.54 (84.48, 86.54, x, 83.64, x, 83.04); 5 Makarov 86.32 (84.56, 86.32, 84.70,81.94, 83.16, 84.48); 6 Henry 84.54 (84.54, 78.50, 82.90, 82.48, 83.46, 84.42); 7 Gonzalez 83.56 (NR) (82.08, 82.22, 83.56, 79.20, x, 79.72); 8 Parviainen 82.80 (75.18, 82.80, x, x, x, x); 9 Zelezny 82.04 (x, x, , 82.04); 10 Hogler 81.56 (81.00, 80.18, 81.56); 11 Moruyev 81.38 (81.26, 81.38, 78.00); 12 Boden 80.66 (78.68, 76.14, 80.66)

Decathlon
(Aug 5-6): 1 T Dvorak (CZE) 88:37 (CBP) (10.60, 7.64, 16.32, 2.00, 47.56, 13.61, 45.16, 5.00, 70.34, 4:35.40); 2 E Hamalainen (FIN) 8730 (NR) (10.81, 7.56, 15.71, 1.97, 46.71, 13.74, 50.50, 5.20, 59.82, 4:37.10); 3 F Busemann (GER) 8652 (10.76, 7.96, 13.53, 2.09, 48.32, 13.55, 42.56, 5.00, 63.92, 4:29.27); 4 S Fritz (USA) 8463 (10.96, 7.30, 14.41, 2.00, 48.70, 14.08, 48.88, 5.00, 65.24, 4:31.14); 5 R Ganiyev (UZB) 8445 (NR) (10.94, 7.58, 14.76, 2.06, 48.34, 14.34, 46.04, 5.30, 55.14, 4:36.78); 6 E Nool (EST) 8413 (10.67, 7.37, 14.33, 1.91, 46.99, 14.66, 43.20, 5.40, 65.84, 4:42.98); 7 S Schmid (GER) 10.93, 7.58, 14.58, 1.97, 48.14, 14.49, 44.38, 5.00, 67.46, 4:43.20); 8 M Smith (CAN) 8307 (11.04, 7.25, 17.54, 2.03, 49.67, 14.68, 47.80, 4.80, 65.58, 4:54.99); 9 R Sebrie (CZE) 8232 (10.91, 7.71w, 14.33, 2.09, 48.16, 14.32, 43.32, 4.20, 64.76, 4:40.31); 10 K Isekenmeier (GER) 8180 (11.05, 7.56, 14.28, 1.91, 48.56, 14.40, 47.88, 4.60, 65.84, 4:42.54); 11 I Kaseorg (EST) 8140 (11.39, 7.16, 13.87, 2.03, 48.66, 14.49, 41.64, 4.90, 63.34, 4:20.82); 12 P Huber (SUI) 8107 (11.08, 7.18, 14.29, 1.85, 48.00, 14.65, 44.88, 5.00, 58.22, 4:20.90); 13 C Lopez (8047 (11.21, 7.13, 13.48, 2.09, 48.88, 14.75, 40.96, 4.60, 64.88, 4:25.96); 14 M Dost (NED) 8040 (10.97, 7.45, 13.61, 1.91, 47.99, 14.49, 42.42, 5.20, 51.80, 4:36.68); 15 J Benet (ESP) 7929 (11.04, 7.19, 13.66, 2.03, 48.49, 14.56, 43.30, 4.50, 55.92,4:33.65); 16 P Korkizoglou (GRE) 7867 (10.77, 7.29, 13.28, 2.00, 49.59, 14.47, 44.46, 4.80, 54.94, 4:58.44); 17 V Houston (BAR) 7777 (10.72, 7.57, 12.82, 2.03, 47.91, 13.92, 33.56, 3.50,62.10, 4:32.30); 18 M Anibal (POR) 7768 (11.09, 7.03w, 14.57, 2.03, 49.73, 15.28, 44.28, 4.60, 53.70, 4:42.29); 19 P-A Vial (FRA) 7708 (11.02, 7.11, 13.35, 1.88, 48.87, 14.83, 43.26, 4.80, 53.70, 4:42.29); 20 O Veretelnikov (UZB) 7698 (11.10, 7.32, 13.93, 1.85, 48.85, 15.39, 39.70, 4.40, 60.28, 4:25.68). DNF: C Huffins (USA) (10.39, 7.85,15.28, 2.06, 49.05, 14.04, 49.22, 4.60, nm, dns); J Hames (AUS) (11.11, 7.27, 14.08, 2.24, 49.92, 14.36, 46.68, dnf, dns); L Lobodin (RUS) (11.07, 7.07, 15.00, 1.94, 49.02, 14.38, 44.78. dnf, dns); B Poserina (ITA) (11.10, 6.93, 14.04, 1.91, 49.99, 14.56, 38.42, dns); R Zmelik (CZE) (10.84, 7.28, 14.38, 1.97, 49.39, dnf, 45.72,dns); S Levicq (FRA) (11.25, 7.01, 13.58, 1.94, 53.43, dns); S Chmara (POL) (11.17, 7.56, 15.21, 2.12, 48.24, dns); J Penas (ESP) (11.08, 7.16, 15.33, 1.94, dns); A Kasapoglu (TUR) (11.28, 6.91, 13.99, 1.85, dns); S Pirini (NZL) (10.93, 7.17, 14.38, nm, dns); JA Magnusson (ICL) (10.61, 7.42, 15.05, 2.00, dns); S Wilbourn (USA) (10.88, 6.94, 14.85, 1.91, dns); R Piziks (LAT) (11.77, 6.79, 14.05, 2.00, dns); J Rosendaal (NED) (11.27, 6.94, 12.73, dns)

4x100
Rd1 (Aug 9, first three + fastest four)
Ht1: 1 Ghana 38.41 (NR) (Dua, Nkansah, Zakari, Tuffour); 2 Sweden 39.04 (Lovgren, Martensson, Eriksson, Karlsson); 3 Ukraine 39.32 (Tchikhatchev, Ossovitch, Kramarenko, Dologodine); 4 Mexico 39.93 (Villasenor, Banda, Lopez, Toledo). USA (B Lewis, Montgomery, Mitchell, Greene) dnf. Jamaica/Cyprus dns. **Ht2:** 1 Brazil 38.31 (South American rec) (V De Lima, C Da Silva, R Da Silva, E Ribeiro); 2 Canada 38.36 (C Chambers, G Gilbert, Surin, Bailey); 3 Japan 38.44 (Asian rec) (S Inoue, K Ito, H Tsuchie, N Asahara); 4 Nigeria 38.46 (O Ezinwa, Adeniken, Obikwelu, D Ezinwa); 5 Portugal 39.37 (Neves, Barbosa, Figueiredo, Calado); 6 Slovenia 39.62 (NR) (Stor, Acman, Bozic, Breznik); 7 New Zealand 39.66 (Nketia, Donaldson, Gibbons, MacDonald); 8 Liberia 39.90 (NR) (Mawenh, Cooper, Dennis, Beufville). **Ht3:** 1 GREAT BRITAIN 38.47 (DARREN CAMPBELL, MARLON DEVONISH, DARREN BRAITHWAITE, JULIAN GOLDING); 2 France 38.80 (Banque, Krantz, Theophile, Cali); 3 Spain 38.87 (Feo, Jose, Mayoral, Navarro); 4 Poland 39.00 (Krzywanski, Adamczyik, Balcerzak, Pilarczyk); 5 Bahamas 39.09 (NR) (Wells, Tynes, Darling, Styles); 6 Ireland 39.46 (NR) (K Cogley, G Ryan, T Comyns, N Ryan); 7 Cameroon 39.73 (Moussambani, Ntheppe, Bengono II, Toukene); Ivory Coast dq. **Ht4:** 1 Cuba 38.64 (A Garcia, Ortiz, I Garcia, Rionda); 2 Greece 38.74 (NR) (Genovelis, Sbokos, Papadopoulos, Pavlakakis); 3 Italy 38.97 (Amici, Puggioni, Occhiena, Floris); 4 Qatar 39.05 (NR) (Abbas, Al-Sheeb, Yusuf, Al-Kuwari); 5 Hungary 39.38 (Kovacs, Gyulai, Alexa, Dobos); 6 Australia 39.39 (Witnish, Marsh, Brimacombe, Mapstone). Fiji dns
Semi-finals (Aug 9) SF1: 1 Ghana 38.12 (NR) (Dua, Nkansah, Zakari, Tuffour); 2 GREAT BRITAIN 38.25 (DWAIN CHAMBERS, CAMPBELL, BRAITHWAITE, GOLDING); 3 Spain 38.60 (NR) (Feo, Jose, Mayoral, Berlanga); 4 France 38.71 (Bangue, Krantz, Theophile, Cali); 5 Italy 38.77 (Amici, Puggioni, Occhiena, Floris); 6 Poland 38.79 (Krzywanski, Adamczyik, Balcerzak, Pilarczyk); 7 Qatar 39.53 (Abbas, Al-Sheeb, Yusuf, Al-Kuwari). Greece dnf (Genovelis, Sbokos, Papadopoulos, Pavlakakis). **SF2:** 1 Nigeria 37.94 (O Ezinwa, Adeniken, Obikwelu, D Ezinwa); 2 Cuba 38.06 (A Garcia, Ortiz, I Garcia, Rionda); 3 Canada 38.15 (Esmie, Gilbert, Surin, Bailey); 4 Brazil 38.17 (South American rec) (De Lima, C de Silva, R da Silva, Ribeiro); 5 Japan 38.31 (Asian record) (Inoue, Ito, Tsuchie, Asahara); 6 Sweden 38.89 (Lovgren, Martensson, Eriksson, Karlsson); 7 Bahamas 39.12 (Wells, Tymes, Darling, Styles). Ukraine dnf (Tchikhatchev, Ossovitch, Strakh, Dologodine)
FINAL: 1 Canada 37.86 (Esmi, Gilbert, Surin, Bailey); 2 Nigeria 38.07 (O Ezinwa, Adeniken, Obikwelu, D Ezinwa); 3 GREAT BRITAIN 38.14 (BRAITHWAITE, CAMBPELL, WALKER, GOLDING); 4 Cuba 38.15 (A Garcia, Ortiz, I Garcia, Rionda); 5 Ghana 38.26 (Dua, Nkansah, Zakari, Tuffour); 6 Brazil 38.48 (De Lima, C da Silva, R da Silva, Ribeiro); 7 Spain 38.72 (Feo, Jose, Mayoral, Berlanga); France DQ (Bangue, Kzantz, Quehenerve, Cali)

4x400
SF (Aug 9) Ht1: 1 GREAT BRITAIN 3:00.19 (MARK HYLTON, ROGER BLACK, BAULCH, THOMAS); 2 France 3:01.76 (J Rapnouil, M Foucan, F Mango, S Diagana); 3 Austria 3:02.95 (NR) (C Postinger, T Griesser, A Rechbauer, R Elouardi); 4 Nigeria 3:04.19 (A Machen, A Ogbeta, U Ekpeong, C Chukwu); 5 Algeria 3:05.22 (S Louahla, K Talhaoui, M Louahla, A Hecini); 6 Spain 3:05.40 (C Martinez, A Andres, P Vallejo, D Canal); 7 Botswana 3:05.96 (NR) (J Dipeba, L Basinyi, R Moswey, J Kubisa). **Ht2:** 1 Poland 2:59.91 (NR) (T Czubak, Rysiukiewicz, P Haczek, R Mackowiak); 2 Jamaica 2:59.98 (L Laird, D Clarke, G Haughton, D McFarlane); 3 South Africa 3:00.58 (NR) (A Malherve, H Sepeng, Mokganyetsi, L Herbert); 4 Russia 3:03.35 (M Vdovin, I Zharov, Golovastov, R Maschenko); 5 Latvia 3:04.30 (S Insakovs, E Tebelis, E Tupuritis, I Sviklins); 6 Greece 3:05.43 (NR) (P Sarris, Moumoulidis, G Batsikas, P Iakovakis). **Ht3:** 1 USA 2:59.78 (J Young, A Pettigrew, C Jones, A Johnson); 2 Zimbabwe 3:00.79 (NR) (T Chiwira, P Mukomana, S Ngidhi, K Harnden); 3 Italy 3:01.75 (A Saber, M Vaccari, A Nuti, F Mori); 4 Japan 3:03.85 (S Karube, S Inagaki, H Hayashi, S Omori); 5 Switzerland 3:05.34 (L Clerc, K Widmer, Rusterholz, M Schelbert); 6 Czech Rep 3:05.65 (Podebradsky, J Svenek, J Stejfa, J Muzik)
FINAL (Aug 10): 1 USA 2:56.47 (Young, Pettigrew, C Jones, Washington); 2 GREAT BRITAIN 2:56.65 (THOMAS, BLACK, BAULCH, RICHARDSON); 3 Jamaica 2:56.75 (NR) (McDonald, Haughton, McFarlane, Clarke); 4 Poland 3:00.26 (Czubak, Rysiukiewicz, Haczek, Mackowiak); 5 South Africa 3:00.26 (NR) (Malherbe, Sepeng, Mokganyetsi, Herbert); 6 France 3:01.06 (Rapnouil, Foucan, Mango, Diagana); 7 Zimbabwe 3:01.43 (Chiwira, Mukomana, Ngidhi, Harnden); 8 Italy 3:01.52 (Saber, Vaccari, Nuti, Mori)

Marathon
(Aug 10): 1 A Anton (ESP) 2:13:16; 2 M Fiz (ESP) 2:13:21; 3 S Moneghetti (AUS) 2:14:16; 4 D Goffi (ITA) 2:14:47; 5 LA Dos Santos (BRA) 2:15:31; 6 F Roncero (ESP) 2:16:53; 7 G Leone (ITA) 2:17:16; 8 A Sakhri (ALG) 2:17:44; 9 E Tukhbatullin (RUS) 2:17:44; 10 A Rodrigues (POR) 2:17:54; 11 P Remond (FRA) 2:18:19; 12 X Yawa (RSA) 2:18:37; 13 D Scudamore (USA) 2:18:41; 14 W Kalombo (COD) 2:19:18; 15 JM Garcia (ESP) 2:19:31; 16 B Deacon (CAN) 2:20:29; 17 DAVE BUZZA 2:20:34; 18 J Molina (CRC) 2:20:55; 19 N Pollias (GRE) 2:21:03; 20 EM Damoui (MAR) 2:21:05; 21 A Hussein (ETH) 2:21:08; 22 A Manai (JPN) 2:21:23; 23 V De Lima (BRA) 2:21:48; 24 OD Daher (DJI) 2:21:57; 25 S Kawashima (JPN) 2:22:33; 26 S-D Baek (KOR) 2:22:40; 27 S Quilty (AUS) 2:23:10; 28 J Lopes (POR) 2:23:15; 29 JP Monciaux (FRA) 2:23:19; 30 F Ingargiola (ITA) 2:23:30; 31 S Franke (GER) 2:23:53; 32 K David (CZE) 2:24:42; 33 A Motlagale (RSA) 2:24:49; 34 K Hanada (JPN) 2:25:00; 35 M Wenisch (AUT) 2:25:12; 36 O Silva (BRA) 2:25:37; 37 AC Zeferino (CVI) 2:25:56; 38 D Chauvelier (FRA) 2:26:06; 39 A Chipu (RSA) 2:26:06; 40 T Hattori (JPN) 2:26:33; 41 V Dos Santos (BRA) 2:27:12; 42 G Daba (ETH) 2:27:30; 43 S Jimenez (MEX) 2:27:30; 44 P Zilliox (NOR) 2:27:50; 45 K Hevgold (NOR) 2:27:54; 46 KP Hansen (DEN) 2:28:29; 47 T Naess (NOR) 2:29:04; 48 P Loskutov (EST) 2:29:10; 49 J-P Gahimbare (BUR) 2:30:56; 50 L Martinez (GUA) 2:31:11; 51 G-S Hsu (TPE) 2:31:31; 52 W Jara (ETH) 2:31:44; 53 R Boyd (AUS) 2:32:07; 54 SA Sakhri (ALG) 2:34:26; 55 M Segobaetso (BOT) 2:34:47; 56 D Held (USA) 2:35:19; 57 EF Moreno (BRA) 2:36:14; 58 K Shimizu (JPN) 2:37:11; 59 A Bimro (ISR) 2:37:45; 60 M Sephali (LES) 2:38:37; 61 I Simelane (SWA) 2:40:32; 62 M Ochoa (USA) 2:44:21; 63 J Warren (USA) 2:45:56; 64 M Jicrez (GUA) 2:55:14; 65 E Velasquez (GUA) 2:56:07; 66 S Zabavski (TAJ) 3:02:49; 67 A Nkulu (COD) 3:08:32; 68 Z Bayo (TAN) 3:11:19; 69 R de Highden (AUS) 3:13:44; 70 E Peters (GUY) 3:14:30. DNF: M Hussein (KEN)/W Koech (KEN)/S Vanh (CAM) /K-S Chang (KOR)/M Curioni (ITA)/S Qoqaiche (MAR) A el Mouaziz (MAR)/Y Aden (DJI)/I Rico (MEX)/A Espinosa (MEX)/B Paredes (MEX)/A Juzdado (ESP)/F Reynoso (MEX)/T Martinovski (FYROM)/L Swartbooi (NAM)/J Tjitunga (NAM)/M Taye (ETH)/V Modica (ITA)/A Pinto (POR)/P Catarino (POR)/P Ntambwe (COD)/ C Ndeti (KEN)/V Vasco (POR)/S Andriopoulos (MEX)/B Peru (RSA)/I Perifanos (GRE)/T Tumo (ETH)/A Mokibe (RSA)/G Karagiannis (GRE)/AH Bouh (DJI)/F Naali (TAN)/D Garcia (ESP)/P Meta (TAN)/B Leger (FRA)/P Charamis (GRE)/D Janicki (USA)/DALE RIXON/RD Maza (VEN). DNS: S Tobgay (BHU)/D Wilson (AUS)/MA Condori (BOL). **Splits (5km):** 15:55, 31:39, 47:52, 63:23; half-marathon: 67:08, 80:01, 96:04, 1:51:40, 2:06:46
TEAM (World Cup Marathon): 1 Spain 6:43:30; 2 Italy 6:55:33; 3 Brazil 7:02:56; 4 France 7:07:44; 5 Japan 7:08:56

20kmW (Aug 2): 1 D Garcia (MEX) 1:21:43; 2 M Shchennikov (RUS) 1:21:53; 3 M Khmelnitsky (BLR) 1:22:01; 4 Yu Guohui (CHN) 1:22:57; 5 Li Zewen (CHN) 1:23:03; 6 E Misyulya (BLR) 1:23:10; 7 M Didoni (ITA) 1:23:14; 8 G De Benedictis (ITA) 1:23:33; 9 H Ghoula (TUN) 1:23:49; 10 D Plaza (ESP) 1:23:53; 11 R Ihly (GER) 1:24:12; 12 A Gandellini (ITA) 1:24:24; 13 I Kollar (SVK) 1:24:37; 14 J Perez (ECU) 1:24:46; 15 J Muller (POL) 1:24:47; 16 J Sanchez (MEX) 1:24:48; 17 D Langlois (FRA) 1:25:27; 18 O Zepeda (MEX) 1:25:38; 19 N A'Hern (AUS) 1:25:46; 20 A Meleshkevich (BLR) 1:25:47; 21 S Galdino (BRA) 1:25:50; 22 R Oscal (GUA) 1:26:20; 23 M Giungi (ITA) 1:26:23; 24 M Liepins (LAT) 1:26:24; 25 J Brosseau (FRA) 1:26:39; 26 S Urbanik (HUN) 1:26:50; 27 G Dudas (HUN) 1:27:17; 28 J Urbano (POR) 1:27:25; 29 M Holusa (CZE) 1:27:27; 30 F Chumachenko (MOL) 1:28:51; 31 L Garcia (GUA) 1:28:51; 32 D Russell (AUS) 1:30:49; 33 R Valicek (SVK) 1:31:28; 34 C Clausen (USA) 1:32:05; 35 V Borisov (KZK) 1:32:32; 36 D Orfanopoulos (GRE) 1:32:37; 37 F Vazquez (ESP) 1:32:44; 38 C Britz (RSA) 1:34:02. DNF: S Nelson (NZL)/A Fadejevs (LAT)/C Jorgensen (DEN)/T Toutain (FRA)/V Andreyev (RUS). DQ: I Markov (RUS)/A Erm (GER)/R Deeb (PAL)/J Staaf (SWE)/J Martinez (GUA)/N Harbans (MAS)

50kmW (Aug 7): 1 R Korzeniowski (POL) 3:44:46; 2 J Garcia (ESP) 3:44:59; 3 M Rodriguez (MEX) 3:48:30; 4 O Ishutkin (RUS) 3:50:04; 5 T Lipiec (POL) 3:50:14; 6 F Imamura (JPN) 3:3:50:27 (NR); 7 S Caudron (FRA) 3:51:17; 8 A Di Mezza (ITA) 3:51:33; 9 V Kononen (FIN) 3:53:40; 10 A Voyevodin (RUS) 3:54:28; 11 R Piller (FRA) 3:55:06; 12 S Korepanov (KZK) 3:56:19; 13 C Barrett (NZL) 3:56:30; 14 G Perricelli (ITA) 3:57:38; 15 N Matiukhin (RUS) 3:58:18; 16 A Noack (GER) 3:59:29; 17 H Moreno (COL) 3:59:33; 18 S Malik (SVK) 3:59:52; 19 R Arikado

(MEX) 4:04:17; 20 Z Czukor (HUN) 4:05:09; 21 S Perez (ESP) 4:05:25; 22 D Savaytan (BLR) 4:05:35; 23 J Urias (GUA) 4:07:18; 24 P Zanner (GER) 4:07:38; 25 C Cousin (FRA) 4:08:26; 26 M Holusa (CZE) 4:09:08; 27 J Magalhaes (POR) 4:10:03; 28 O Romanzi (ITA) 4:11:00; 29 C Karagiorgos (GRE) 4:30:05. **DNF:** Yongseng Zhao (CHN)/T Berrett (CAN)/V Ginko (BLR)/J Barroso (ESP)/B Gustafsson (SWE). DQ: G Sanchez (MEX)/T Wallstab (GER)/R Mrazek (SVK)/D Nicque (BEL)/P Tichy (SVK)/J Muller (POL)/A Hermann (USA)/A Rakovic (YUG). **Splits (5km):** 24:04, 47:10, 1:09:49, 1:13:23, 1:32:20, 1:36:12, 1:55:02, 2:02:17, 2:17:19, 2:29:08, 2:39:02, 3:00:36, 3:22:21

WOMEN

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Round 1 (Aug 2, first three + eight fastest) Ht1 (0.4): 1 C Arron (FRA) 11.13; 2 N Voronova (RUS) 11.31; 3 X Liu (CHN) 11.35; 4 H Samuel (ANT) 11.46; 5 I Pukha (UKR) 11.75; 6 T Shanidze (GEO) 11.97; 7 A Cadore (GRN) 12.00 (NR). **Ht2 (-1.5):** 1 E Thanou (GRE) 11.32; 2 A Philip (GER) 11.33; 3 D Ferguson (BAH) 11.47; 4 S Hernesniemi (FIN) 11.54; 5 S Borrero (COL) 11.83; 6 C Mothersill (CAY) 11.87; 7 N Rabbaiya (IND) 12.43; 8 P Koshiba (PLW). **Ht3 (0.1):** 1 M Ottey (JAM) 11.27; 2 M Paschke (GER) 11.31; 3 E Clarke (BAH) 11.36; 4 M Levorato (ITA) 11.57; 5 J Manninen (FIN) 11.59; 6 E Posadas (PHI) 12.19; 7 L Kuetey (BEN) 12.38. **Ht4 (0.1):** 1 Z Pintussevich (UKR) 11.01; 2 L Jardim (POR) 11.30 (NR); 3 C Gaines (USA) 11.30; 4 L De Moura (BRA) 11.37; 5 M Tsoni (GRE) 11.48; 6 MARCIA RICHARDSON 11.65; 7 D Caruana (MAL) 12.73; 8 E Appin (NAU) 14.19. **Ht5 (0.0):** 1 S Fynes (BAH) 11.8; 2 C Ajunwa (NGR) 11.28; 3 H Rakotondrabe (MAD) 11.33; 4 L Hewitt (AUS) 11.54; 5 A Diop (SEN) 11.61; 6 G Gallina (ITA) 11.64; 7 S Hughes (ANG) 13.03. **Ht6 (0.0):** 1 X Li (CHN) 11.21; 2 P Pendareva (BUL) 11.28; 3 F Bangue (FRA) 11.34; 4 M Gainsford-Taylor (AUS) 11.36; 5 N Ignatova (RUS) 11.70; 6 T Paselio (SAM) 14.36; H Joseph (DOM) dns. **Ht7 (-0.7):** 1 M Jones (USA) 11.09; 2 B McDonald (JAM) 11.29; 3 N Ivanov (BUL) 11.42; 4 A Kravchenko (UKR) 11.46; 5 SIMMONE JACOBS 11.58; 6 L Mani (CMR) 11.62; M Mayberry (PUR)/M Rostom (PAL) dns. **Ht8 (0.1):** I Miller (USA) 11.07; 2 E Moller (GER) 11.44; 3 E Ojokolo (NGR) 11.53; 4 F Pei (CHN) 11.54; 5 D Combe (FRA) 11.55; 6 A Gurcan (TUR) 11.82; 7 DM Paneru (NEP) 12.97

Round 2 (Aug 2, first three + four fastest) Ht1 (+0.7): 1 Pintussevich 10.90 (NR); 2 Ajunwa 11.14; 3 Thanou 11.19; 4 Gaines 11.19; 5 Gainsford-Taylor 11.20; 6 Hernesniemi 11.38; 7 Moller 11.42; 8 Pei 11.50. **Ht2 (0.4):** 1 Ottey 11.00; 2 Miller 11.23; 3 Phillipp 11.26; 4 Ferguson 11.28; 5 Pendareva 11.39; 6 De Moura 11.44; 7 Rakotonrabe 11.49; 8 Hewitt 11.55. **Ht3 (0.3):** 1 Jones 10.96; 2 Paschke 11.23; 3 Clarke 11.27; 4 Bangue 11.31; 5 McDonald 11.31; 6 Xuemei 11.36; 7 Ojokolo 11.53; 8 Samuel 11.56. **Ht4 (-0.3):** 1 Arron 11.04; 2 Fynes 11.16; 3 Voronova 11.17; 4 Ivanova 11.36; 5 Liu Xiaomei 11.37; 6 Jardim 11.40; 7 Kravchenko 11.43; 8 Tsoni 11.62

SF1 (0.1): 1 Pintussevich 11.10; 2 Arron 11.13; 3 Paschke 11.34; 4 Gaines 11.35; 5 Voronova 11.35; 6 Clarke 11.41; 7 Ajunwa 11.41; 8 Bangue 11.44. **SF2 (-0.1):** 1 Jones 10.94; 2 Ottey 11.08; 3 Fynes 11.11; 4 Miller 11.17; 5 Thanou 11.34; 6 Gainsford-Taylor 11.35; 7 Ferguson 11.39; 8 Philipp 11.40.

FINAL (0.4): 1 Jones 10.83; 2 Pintussevich 10.85; 3 Fynes 11.03; 4 Arron 11.05; 5 Miller 11.18; 6 Paschke 11.19; 7 Ottey 11.29; 8 Gaines 11.32

200

Round 1 (Aug 6, first four + four fastest) Ht1 (0.0): 1 Z Pintussevich (UKR) 22.85; 2 Z Feagin (USA) 22.99; 3 M Paschke (GER) 23.10; 4 L Hewitt (AUS) 23.18; 5 KATHARINE MERRY 23.20; 6 M Straker (BAR) 23.45; 7 A Bello (ISV) 24.31. **Ht2 (0.0):** 1 M Gainsford-Taylor (AUS) 22.76; 2 M Frazer (JAM) 22.91; 3 SIMMONE JACOBS 23.23; 4 S Ghosh (GER) 23.58; 5 A Diop (SEN) 23.71; 6 D Perpoli (ITA) 23.96; K Nadjina (CHD) dns. **Ht3 (-1.4):** 1 M-J Perec (FRA) 22.87; 2 M Trandenkova (RUS) 22.94; 3 E Koffa (GRE) 22.97; 4 J Yan (CHN) 23.11; 5 F Palacios (COL) 23.15; 6 N Safronnikova (BLR) 23.66; 7 S Bodritskaya (KZK) 23.96. **Ht4 (+1.8):** 1 S Jayasinghe (SRI) 22.44 (African rec); 2 Y Leschova (RUS) 22.47; 3 M Ottey (JAM) 22.47; 4 S Felix (FRA) 22.71; 5 P Pendareva (BUL) 23.22; 6 P Rodriguez (COL) 23.45; 7 V Lesforis (STL) 24.27. **Ht5 (-2.0):** 1 J Cuthbert (JAM) 23.08; 2 P Davis (BAH) 23.26; 3 C Taplin (USA) 23.28; 4 K Benth (FRA) 23.33; 5 M Filipovic (YUG) 23.54; 6 H Samuel (ANT) 23.93; 7 S Djabiri (COM) 30.88. N Voronova (RUS) dnf. **Ht6 (-0.8):** 1 I Miller (USA) 22.55; 2 X Liu (CHN) 22.99; 3 J Campbell (JAM) 23.00; 4 L Jardim (POR) 23.04; 5 S Hernesniemi (FIN) 23.17; 6 M Gatchevska (BUL) 23.55; 7 D Kyriaxou (CYP) 24.08; 8 L Kuetey (BEN) 25.15. **Ht7 (+1.8):** 1 X Li (CHN) 22.44 (eq Asian rec); 2 H Benesova (CZE) 22.76; 3 C Sturrup (BAH) 22.77; 4 A Bikar (SLO) 22.81 (NR); 5 D Antoine (CAN) 33.86; 6 G Nkoma (CAM) 24.53; 7 R Maira (PNG) 25.02; 8 F Dao (MLI) 25.35

Round 2 (Aug 6, first three + four fastest) Ht1 (-2.4): 1 Ottey 22.65; 2 Leschova 22.91; 3 Kogfa 23.05; 4 Li 23.06; 5 Jardim 23.16; 6 Benesova 23.34; 7 Hewitt 23.53; 8 MERRY 23.98. **Ht2 (0.3):** 1 Jayasinghe 22.47; 2 Trandenkova 22.63; 3 Cuthbert 22.83; 4 Yan 22.97; 5 Taplin 23.07; 6 Sturrup 23.07; 7 Benth 23.20; 8 JACOBS 23.49. **Ht3 (-3.1):** 1 Perec 22.69; 2 Miller 22.85; 3 Frazer 22.92; 4 Davis 23.13; 5 Paschke 23.22; 6 Palacios 23.34; 7 Bikar 23.43; 8 Hernesniemi 23.52. **Ht4 (0.0):** 1 Gainsford-Taylor 22.45; 2 Felix 22.56; 3 Pintussevi4ch 22.56[a] 4 Campbell 22.75; 5 Feagin 22.81; 6 Penareva 22.90; 7 Liu 22.95; 8 Ghosh 23.63

Semi-finals (Aug 7, first four) SF1 (-2.3): 1 Miller 22.59; 6 Pintussevich 22.65; 3 Trandenkova 22.69; 4 Gainsford-Taylos 22.70; 5 Frazer 22.81; 6 Campbell 22.94; 7 Liu 23.03; Perec dns. **SF2 (+0.2):** 1 Ottey 22.26; 2 Jayasinghe 22.33 (Asian rec); 3 Felix 22.57; 4 Leshchova 22.59; 5 Koffa 22.70; 6 Feagin 22.92; 7 Cuthbert 23.03; 8 Pendareva dns

FINAL (Aug 8) (-0.7): 1 Pintussevich 22.32; 2 Jayasinge 22.39; 3 Ottey 22.40; 4 Leschova 22.50; 5 Miller 22.52; 6 Trandenkova 22.65; 7 Gainsford-Taylor 22.73; 8 Felix 22.81

400

Round 1 (Aug 2, first four + four fastest) Ht1: 1 H Fuchsova (CZE) 51.05; 2 T Alekseyeva (RUS) 51.61; 3 D Darnayanthi (SRI) 51.99 (NR); 4 O Afolabi (NGR) 52.13; 5 T Williams (BAH) 52.30; 6 L Antoine (CAN) 52.44; 7 M Figueiredo (BRA) 53.95; 8 C Smit (NAM) 55.67. **Ht2:** 1 S Richards (JAM) 51.57; 2 J Miles-Clark (USA) 51.77; 3 ALLISON CURBISHLEY 51.97; 4 N Carabali (COL) 52.18; 5 N Benesova (CZE) 52.74; 6 M Gonzalez (MEX) 53.63; 7 K Nadjina (CHA) 54.49; 8 C Staye (STV) 55.54 (NR). **Ht3:** 1 K Graham (USA) 51.92; 2 DONNA FRASER 52.21; 3 P Spuri (ITA) 52.54; 4 T Chebykina (RUS) 52.57; 5 I Turner (JAM) 53.34; 6 C Panagou (GRE) 54.23; 7 G Dinkins (LIB) 55.19; C Opara (NGR) dns. **Ht4:** 1 G Breuer (GER) 51.43; 2 O Kotlarova (RUS) 51.55; 3 F Ogunkoya (NGR) 51.77; 4 N Kostovalova (CZE) 52.15; 5 A De Jongh (RSA) 52.47; 6 Z Stewart (CRC) 54.03; 7 D Kojic (BSH) 55.06; 8 O Conte (ARG) 55.82. **Ht5:** 1 L Graham (JAM) 51.45; 2 C Freeman (AUS) 51.53; 3 M Malone-Wallace (USA) 51.57; 4 P Davis (BAH) 51.61; 5 A Rucker (GER) 51.84; 6 M Filipovic (YUG) 53.16; 7 S Bodritskaya (KZK)

Round 2 (Aug 2, first four + four fastest) Ht1: 1 Richards 50.08; 2 Fuchsova 50.36; 3 Davis 50.53; 4 Kotlyarova 50.63; 5 Malone-Wallace 50.77; 6 CURBISHLEY 50.78; 7 Rucker 51.36; De Jongh dnf. **Ht2:** 1 Ogunkoya 50.39; 2 Breuer 50.65; 3 Alekseyeva 50.90; 4 K Graham 51.72; 5 Antoine 52.37; 6 Kostovalova 52.61; 7 Damayanthi 53.49; 8 Williams 54.23. **Ht3:** 1 Miles-Clark 50.66; 2 Freeman 50.75; 3 L Graham 51.03; 4 Afolabi 51.07; 5 FRASER 51.11; 6 Carabali 51.42; 7 Chebykina 51.57; 8 Spuri 52.15

Semi-finals (Aug 3, first four qualify) SF1: 1 Miles-Clark 50.05; 2 Ogunkoya 50.06; 3 Freeman 50.11; 4 Davis 50.77; 5 L Graham 50.90; 6 Kotlyarova 51.03; 7 Rucker 51.94; FRASER dns. **SF2:** 1 Richards 50.21; 2 Breuer 50.33; 3 Fuchsova 50.69; 4 Alekseyeva 50.98; 5 Malone-Wallace 51.40; 6 CURBISHLEY 51.42; 7 Afolabi 51.44; 8 K Graham 51.54

FINAL (Aug 5): 1 Freeman 49.77; 2 Richards 49.79; 3 Miles-Clark 49.90; 4 Breuer 50.06; 5 Ogunkoya 50.27; 6 Fuchsova 50.66; 7 Davis 50.68; 8 Alekseyeva 51.37

800

Round 1 (Aug 6, first two + six fastest) Ht1: 1 L Formanova (CZE) 2:01.46; 2 N Dukhnova (BLR) 2:02.39; 3 L Kisbaka (GER) 2:03.22; 4 J Sakara (ZIM) 2:03.55; 5 O Dursun (TUR) 2:04.62; 6 L Tsiba (CON) 2:07.34 (NR); 7 A Shol (SUD) 2:16.74 (NR); M Ewerlof (SWE) dns. Split: 59.77. **Ht2:** 1 AF Quirot (CUB) 2:01.56; 2 Y Buzhenko (UKR) 2:02.00; 3 T Hodgkinson (NZL) 2:02.21; 4 J McMullen (USA) 3:06.16; 5 T Kostopoulou (GRE) 2:07.32; 6 J Ceplak (SLO) 2:10.97; 7 A Nije (GAM) 2:13.50. Split: 60.36. **Ht3:** 1 L Vriesde (SUR) 2:00.92; 2 S Jongmans (NED) 2:01.06; 3 L Tsyoma (RUS) 2:01.87; 4 R Kutty (IND) 2:02.22; 5 K Rounds (USA) 2:03.33; 6 D-S Williams (DOM) 2:03.35; 7 N Al Farran (LEB) 2:18.11; 8 D Mutegwamaso (RWA) 2:25.07. Split: 58.03. **Ht4:** 1 M Mutola (MOZ) 2:00.88; 2 J Clark (USA) 2:01.15; 3 P Strashilova (BUL) 2:01.49; 4 N Benida-Merah (ALG) 2:01.54; 5 S Graf (AUT) 2:02.52; 6 C Crooks (CAN) 2:02.84; 7 Y Nasheeda (MLD) 2:36.18; AA Cape (GBS) dns. Split: 58.81. **Ht5:** 1 Y Afanasyeva (RUS) 2:00.12; 2 L Mendes (BRA) 2:00.89; 3 H Ben Hassi (MAR) 2:01.56; 4 M Rydz (POL) 2:01.68; 5 I Nedelenko (UKR) 2:03.56; 6 M Kinnunen (FIN) 2:04.11; 7 M Randi (SMR) 2:16.00. Split: 57.18.

Semi-finals (Aug 7, first four) SF1: 1 Mutola 1:57.49; 2 Afansyeva 1:59.05; 3 Jongmans 1:59.32; 4 Clark 1:59.34; 5 Mendes 1:59.45; 6 Buzhenko 2:02.62; 7 Ben Hassi 2:03.70; 8 Rydz 2:05.00 (split: 400: 56.38). **SF2:** 1 Quirot 1:59.37; 2 Vriesde 1:59.62; 3 Formanova 1:59.71; 4 Hodgkinson 2:00.25; 5 Dukhnova 2:00.91; 6 Benida-Merah 2:01.08; 7 Strashilova 2:01.44; Tsyoma dnf. Split: 58.33)

FINAL (August 9): 1 Quirot 1:57.14; 2 Afanasyeva 1:57.56; 3 Mutola 1:57.59; 4 Vriesde 1:58:12; 5 Formanova 1:59:52; 6 Hodgkinson 2:00:40; 7 Clark 2:02:05; 8 Jongmans 2:05:50. Split: 58.32)

1500

Round 1 (first six + six fastest) Ht1: 1 S O'Sullivan (IRL) 4:08.90; 2 O Nelyubova (RUS) 4:09.02; 3 L Pells (CAN) 4:09.25; 4 M Ewerlof (SWE) 4:09.28; 5 C Wustenhagen (GER) 4:09.34; 6 F Quentin (FRA) 4:11.10; 7 K Skourti (GRE) 4:11.88; 8 N Benida-Merah (ALG) 4:12.21; 9 S Thorsett (USA) 4:17.07; 10 S Raif (MAR) 4:19.54; KELLY HOLMES dnf. Splits: 67.63, 2:15.66, 3:22.91). **Ht2:** K Dulecha (ETH) 4:07.70; 2 R Jacobs (USA) 4:07.90; 3 M Zuniga (ESP) 4:08.09; 4 T Kiesl (AUT) 4:08.13; 5 JO PAVEY 4:08.23; 6 A Weyermann (SUI) 4:08.30; 7 M Marusova (RUS) 4:08.45; 8 K Butler (CAN) 4:08.87; 9 A Suldesova (CZE) 4:09.49; 10 T Belovol (UKR) 4:12.17; 11 H Javornik (SLO) 4:16.21; N Al Farran (LEB) dns. Splits: 66.7, 2:14.67, 3:20.83. **Ht3:** 1 S Hamilton (USA) 4:10.12; 2 C Sacramento (POR) 4:10.13; 3 M Rydz (POL) 4:10.17; 4 S Masterkova (RUS) 4:10.22; 5 M Crowley (AUS) 4:10.23; 6 P Djate-Taillard (FRA) 4:10.37; 7 R Meagher (CAN) 4:10.44; 8 S Delahunty (IRL) 4:10.45; 9 N Ivanova (UKR) 4:10.79; 10 S Kuhnemund (GER) 4:11.21; 11 M Kinnunen (FIN) 4:11.71; 12 S Hotesa (ETH) 4:21.27. Splits: 66.7, 2:14.67, 3:23.02

Semi-finals (Aug 3, first five + two fastest) SF1: 1 Nelyubova 4:04.67; 2 Sacramento 4:04.69; 3 Jacobs 4:04.97; 4 O'Sullivan 4:05.31; 5 Weyermann 4:05.71; 6 Zuniga 4:06.66; 7 Rydz 4:06.86; 8 Butler 4:07.68; 9 Ivanova 4:10.39; 10 Djate-Taillard 4:10.85; 11 PAVEY 4:11.22; 12 Wustenhagen 4:15.08. Splits: 63.86, 2:12.62, 3:18.60. **SF2:** 1 Ewerlof 4:06.75; 2 Pells 4:06.76; 3 Dulecha 4:06.90; 4 Suldesova 4:07.02; 5 Meagher 4:07.06; 6 Hamilton 4:07.19; 7 Delahunty 4:07.46; 8 Kiesl 4:07.46; 9 Crowley 4:10.37; 10 Marusova 4:14.98; 11 Quentin 4:16.15; 12 Masterkova 4:22.74 (splits: 400: 65.53; 800: 2:14.18; 1200: 3:19.79)

FINAL (Aug 5): 1 Sacramento 4:04.24; 2 Jacobs 4:04.63; 3 Weyermann 4:04.70; 4 Zuniga 4:04.80; 5 Pells 4:06.18; 6 Suldesova 4:06.33; 7 Nelyubova 4:07.34; 8 O'Sullivan 4:07.81; 9 Dulecha 4:08.15; 10 Ewerlof 4:08.68; 11 Meagher 4:10.83; 12 Malgorzata 4:13.25. Splits: 66.09, 2:13.66, 3:19.36

5000

Round 1 (Aug 7, first six + three fastest) Ht1: 1 G Szabo (ROM) 15:26.62; 2 PAULA RADCLIFFE 15:27.25; 3 H Hirpyama (JPN) 15:27.25; 4 R Brunet (ITA) 15;29.03; 5 A Worku (EYTH) 15;29.37; 6 L Wei (CHN) 15;29.62; 7 L Hickman (USA) 15:30.56; 8 G Halle (NOR) 15:32.13; 9 K Anderson (AUS) 15:36.16; 10 Y Kopytova (RUS) 15:37.19; 11 A Fernandez (MEX) 15:41.5u; 12 M Fairchild (USA) 15;47.66; 13 M Bastos (POR) 15:54.01; 14 V Vaughan (IRL) 15;57.58; 15 Z Quaziz (MAR) 15;58.84; 16 G Gebregiorgis (ETH) 16:04.40; 17 L Duquenoy (FRA) 16:06.02; 18 J Nahimana (BUR) 17:21.77; 19 N Habtemariam (ERI) 18:26.50; 20 Z Aliou (TOG) 18:34.45 (NR); 21 M Portobanco (NIC) 19:08.44. DNS: M Matrood (IRQ)/E Meyer (RSA). Splits: 3:11.25, 6:22.75, 9:32.22, 12:33.25). **Ht2:** 1 F Ribeiro (POR) 15:27.30; 2 J Liu (CHN) 15:29.28; 3 L Cheromei (KEN) 15:32.00; 4 M Denboba (ETH) 15:32.01; 5 N Takahashi (JPN) 15:32.25; 6 Y Kawakami (JPN) 15:32.71; 7 S O'Sullivan (IRL) 15:40.82; 8 S Olteanu (ROM) 15:40.82; 9 O Jevtic (YUG) 15:43.76; 10 C Iakovou (GRE) 15:51.14; 11 R Joseph (TAN) 15:55.22 (NR); 12 A Rudolph (USA) 16:00.87; 13 U English (IRL) 16:07.09; 14 J Chelnova (LAT) 16;27.63; 15 H Javornik (SLO) 16:28.38. DNF: A Hare (NZL)/K Fonseca-Wollheim (GER). DNS: A Sandell (FIN)/C Howe (CAN). Splits: 3:06.46, 6:15.44; 9:20.55, 12:21.76

FINAL (Aug 9): 1 Szabo 14:57.68; 2 R Brunet (ITA) 14:58.29; 3 Ribeiro 14:58.85; 4 RADCLIFFE 15:01.74; 5 Cheromei 15:07.88; 6 Liu 15:10.64; 7 Hickman 15:11.15; 8 Hiroyama 15:21.19; 9 Wei 15:24.04; 10 Denboba 15:27.76; 11 Anderson 15:27.76; 12 Worku 15:28.07; 13 Takahashi 15:32.83; 14 Halle 15:37.85; 15 Kawakami 15:45.48. Splits: 3:11.74, 6:10.40, 9:08.62, 12:10.83

10,000
Round 1 (first eight + four fastest)
Ht1: 1 N Rocha (MEX) 33:07.09; 2 A Sandell (FIN) 33:07.50; 3 X Ren (CHN) 33:08.12; 4 S Sommaggio (ITA) 33:08.19; 5 T Loroupe (KEN) 33:08.20; 6 C Takahashi (JPN) 33:08.26; 7 Z Dahmani (FRA) 33:08.68; 8 E Meyer (RSA) 33:09.70; 9 C Iakovou (GRE) 33:14.86; 10 O Jevtic (YUG) 33:18.42; 11 D Tulu (ETH) 33:25.99; 12 G Coogan (USA) 34:06.34; 13 Y Danson (SING) 37:19.51; 14 E Obono (GEQ) 45:13.69; M Bastos (POR) dnf (splits: 1000: 3:27.56; 2000: 6:54.87; 3000: 10:15.61; 4000: 13:38.58; 5000: 16:56.09; 6000: 20:17.55; 7000: 23:34.67; 8000: 26:50.94; 9000: 30:07.34). **Ht2:** 1 B Adere (ETH) 32:05.29; 2 F Ribeiro (POR) 32:05.65; 3 S Barsosio (KEN) 32:05.68; 4 G Wami (ETH) 32:05.73; 5 M Chiba (JPN) 32:05.76; 6 S Yang (CHN) 32:06.12; 7 C De Reuck (RSA) 32:09.56; 8 H Masuda (JPN) 32:11.63; 9 J Vaquero (ESP) 32:12.25; 10 A Peters (USA) 32:14.08; 11 C Dallenbach (FRA) 32:49.40; 12 M Renders (BEL) 33:02.37; 13 H Sampaio (POR) 33:14.85; 14 A Fernandez (MEX) 33:40.09; 15 K Risk (AUS) 33:56.48; 16 M Matrood (IRQ) 35:44.93. Splits: 3:09.32, 6:18., 9:30.13, 12:44.60, 15:58.72, 19:11.58, 22:27.41, 25:43., 29:01.35
FINAL (Aug 5): 1 Barsosio 31:32.92 (world junior rec); 2 Ribeiro 31:39.15; 3 Chiba 31:41.93; 4 Adere 31:48.95; 5 Ren 31:50.63; 6 Loroupe 32:00.93; 7 Yang 32:01.61; 8 De Reuck 32:03.81; 9 Sommaggio 32:16.92; 10 Takahashi 32:23.61; 11 Rocha 32:34.58; 12 Vaquero 32:36.91; 13 Peters 32:43.38; 14 Dallenbach 32:51.20; 15 Sandell 33:00.11. Splits: 3:25.55, 6:31.25, 9:43.53, 12:56.27, 16:12.81, 19:24.67, 22:33.07, 25:38.78, 28:39.57

100H
Round 1 (Aug 9, first two + fastest six) Ht1 (0.2): 1 M Freeman (JAM) 12.53 (Comm & NR); 2 J Baumann (SUI) 12.91; 3 A Kirkland (USA) 12.99; 4 H Blassneck (GER) 13.00; 5 C Botha (RSA) 13.00 (NR); 6 A Sosnowska (POL) 13.28; 7 V Gollino (MON) 15.26; V Linster (LUX) dns. **Ht2 (1.5):** 1 L Engquist (SWE) 12.62; 2 P Girard (FRA) 12.67; 3 S Laukhova (RUS) 12.88; 4 S Kulawansha (SRI) 13.07; 5 ANGELA THORP 13.08; 6 C Tuzzi (ITA) 13.10; 7 T Aladefa (NGR) 13.16. **Ht3 (0.2):** 1 D Rose (JAM) 12.84; 2 DIANE ALLAHGREEN 13.03; 3 D Bowles (USA) 13.11; 4 N Joseph (FRA) 13.23; 5 I Korotya (RUS) 13.32; 6 Y Kanazawa (JPN) 13.34; 7 C Tabaki (GRE) 13.82. **Ht4 (0.6):** 1 S Dimitrova (BUL) 12.68; 2 A Atede (NGR) 12.83; 3 A Walker (JAM) 12.96; 4 I Rudova (CZE) 13.14; 5 N Ramalalanirina (MAD) 13.21; 6 J Halkoaho (FIN) 13.52; A Leszczynska (POL) dnf. **Ht5 (-1.6):** 1 K Anderson (CAN) 12.96; 2 B Bukovec (SLO) 12.97; 3 Y Graudyn (RUS) 13.07; 4 M Morrison (USA) 13.11; 5 A Lopez (CUB) 13.19; 6 M Mardomingo (ESP) 13.42; 7 V De Paoli (ARG) 13.83
Semi-finals (Aug 10, first four) SF1 (-0.4): 1 Freeman 12.52 (Comm & NR); 2 Dimitrova 12.74; 3 Bukovec 12.76; 4 Anderson 12.80; 5 Baumann 12.97; 6 Walker 13.00; 7 Kirkland 13.04; 8 Graudyn 13.07. **SF2 (0.2):** 1 Engquist 12.53; 2 Girard 12.68; 3 Laukhova 12.88; 4 Rose 12.89; 5 Atede 12.91; 6 Blassneck 12.94; 7 Botha 13.12; 8 ALLAHGREEN 13.25.
FINAL (Aug 10, -0.3): 1 Engquist 12.50 (0.125); 2 Dimitrova 12.58 (0.136); 3 Freeman 12.61 (0.145); 4 Bukovec 12.69 (0.146); 5 Rose 12.87 (0.118); 6 Anderson 12.88 (0.127); 7 Laukhova 12.98 (0.135); Girard dq

400H
Round 1 (first three + four fastest)
Ht1: 1 D Hemmings (JAM) 54.42; 2 SALLY GUNNELL 54.53; 3 E Goossens (NED) 54.84; 4 A Blackett (BAR) 55.26; 5 T Ledovskaya (BLR) 56.88; 6 R Buchanan (USA) 57.79; 7 C Panagou (GRE) 61.14. **Ht2:** 1 T Tereshchuk (UKR) 55.17; 2 T Buford-Bailey (USA) 55.25; 3 A Knoroz (RUS) 55.34; 4 M Alonso (ESP) 55.57; 5 G Arnardottir (ICL) 55.76; 6 D Duprey (CAN) 56.73; 7 I Da Fonseca (Sao Tome and Principe) 61.39. **Ht3:** 1 K Batten (USA) 54.56; 2 S Smith (IRE) 54.61; 3 Y Bakhvalova (RUS) 55.08; 4 K Haughton (JAM) 55.27; 5 J Szekeres (HUN); 55.99; 6 C Barbarino (ITA) 57.05; 7 R Ronholt (DEN) 57.26. **Ht4:** 1 N Bidouane (MOR) 55.53; 2 S Rieger (GER) 55.64; 3 D Parris (JAM) 55.84; 4 I Lenskaya (UKR) 56.05; 5 N Torshina (KAZ) 56.64; 6 R Tolbert (USA) 56.67
Semi-finals (Aug 6, first four) SF1: 1 Batten 53.67; 2 Tereshchuk 54.02 (NR); 3 Parris 54.72; 4 Smith 54.72; 5 Bakhvalova 55.02; 6 Rieger 55.08; 7 Haughton 55.33; 8 Alonso 55.49. **SF2:** 1 Bidouane 53.48 (African rec); 2 Hemmings 53.82; 3 Buford-Bailey 54.48; 4 Blackett 54.74; 5 Arnardottir 54.93; 6 Knoroz 55.28; 7 Goossens 56.17; GUNNELL dns
FINAL (Aug 8): 1 Bidouane 52.97 (African rec); 2 Hemmings 53.09; 3 Batten 53.52; 4 Tereshchuk 53.81 (NR); 5 Parris 54.19; 6 Buford-Bailey 54.77; 7 Smith 55.25; 8 Blackett 55.63

High jump
Qualifying (Aug 8, 1.94 or first 12):
GpA: 1eq A Astafei (GER) 1.94 (1.85o, 1.89o, 1.92o, 1.94o)/H Haughland (NOR) 1.94 (1.85o, 1.89o, 1.92o, 1.94o)/K Bergqvist (SWE) 1.94 (1.80o, 1.85o, 1.89o, 1.92o, 1.94o)/H Storbeck (RSA) 1.94 (1.80o, 1.85o, 1.89o, 1.92o, 1.94o); 5eq I Babakova (UKR) 1.94 (1.85xo, 1.89o, 1.92o, 1.94o)/O Kaliturina (RUS) 1.94 (1.80o, 1.85o, 1.89o, 1.92xo, 1.94o); 7 T Motkova (RUS) 1.94 (1.80o, 1.85o, 1.89xo, 1.92xo, 1.94o); 8 P Zinck (DEN) 1.94 (NR) (1.80o, 1.85o, 1.89o, 1.92o, 1.94xxo); 9 N Bakogiani (GRE) 1.92 (1.80o, 1.85o, 1.89o, 1.92xo, 1.94xxx); 10 S Witteveen (ARG) 1.92 (S American rec) (1.80o, 1.85xo, 1.89o, 1.92xxo, 1.94xxx); 11 A Bradburn-Spangler (USA) 1.89 (1.80o, 1.85xo, 1.89o, 1.92xxx); 12 T Khramova (BLR) 1.85 (1.80o, 1.85o, 1.89xxx). O Mayboroda (KZK) nm (1.80xxx). **GpB:** 1 Y Lyakhova (RUS) 1.94 (1.80o, 1.85o, 1.89o, 1.92o, 1.94o); 2 H Balck (GER) 1.94 (1.80o, 1.85o, 1.89o, 1.92xo, 1.94o); 3 B Bilac (SLO) 1.94 (1.80o, 1.85o, 1.89o, 1.92xo, 1.94o); 4 M Iagar (ROM) 1.94 (1.80o, 1.85o, 1.89o, 1.92o, 1.94xxo); 5 A Bevilacqua (ITA) 1.94 (1.80o,1.85o, 1.89o, 1.92xo, 1.94xxo); 6 A Acuff (USA) 1.92 (1.80o, 1.85o, 1.89o,1.92o, 1.94xxx); 7 C Arslan (TUR) 1.89 (1.80o, 1.85-, 1.89o, 1.92xxx); 8 DEBBIE MARTI 1.89 (1.80o, 1.85o, 1.89xo, 1.92xxx); 9 Z Kovacikova (CZE) 1.85 (1.80xo, 1.85o, 1.89xxx); 10eq E Aldrich (USA) 1.80 (1.80xo, 1.85xxx)/I Gliznutsa (MOL) 1.80 (1.80xo, 1.85xxx); 12 D Rath (GER) 1.80 (1.80xxo, 1.85xxx); I Tiendrebeogo (BKF) nm
FINAL (Aug 10): 1 Haughland 1.99 (1.85o, 1.90o, 1.93o, 1.96o, 1.99xxx, 1.99o); 2eq Kaliturina 1.96 (1.85o, 1.90o, 1.93o, 1.96o, 1.99xxx, 1.99x)/Babakova 1.96 (1.85o, 1.90o, 1.93o, 1.96o, 1.99xxx, 1.99x); 4 Lyakhova 1.96 (1.85o, 1.90o, 1.93xxo, 1.96xxo, 1.99xxx); 5eq Motkova 1.93 (1.85o, 1.90xo, 1.93xo, 1.96xxx)/Bergqvist 1.93 (1.85o, 1.90xo, 1.93xo, 1.96xxx); 7 Astafei 1.93 (1.85o, 1.90o, 1.93xxo, 1.96xxx)/Bilac 1.93 (1.85o, 1.90o, 1.93xxo, 1.96xxx)/Bevilacqua 1.93 (1.85o, 1.90o, 1.93xxo, 1.96xxx); 10eq Storbeck 1.90 (1.85o, 1.90o, 1.93xxx)/Balck 1.90 (1.85o, 1.90o, 1.93xxx); 12 Zinck 1.90 (1.85o, 1.90xxo, 1.93xxx); 13 Iagar 1.85 (1.85o, 1.90xxx)

Long jump
Qualifying (Aug 7, 6.70m or first 12)
GpA: 1 C Ajunwa (NGR) 7.01 (6.67, 7.01); 2 H Drechsler (GER) 6.80 (6.31, 6.80); 3 L Galkina (RUS) 6.75 (6.57, 6.75); 4 S Jaklofsky (NED) 6.73 (x, 6.73); 5 E Johansson (SWE) 6.64 (6.27, 6.36, 6.64); 6 M Khristova (BUL) 6.63 (x, 6.63, x); 7 J Joyner-Kersee (USA) 6.62 (6.51, 6.62, 6.28); 8 M Jones (USA) 6.59 (6.59, 6.37, x); 9 H Koivula (FIN) 6.57 (6.45, x, 6.57); 10 Y Shekhovtsova (UKR) 6.52 (6.48, x, 6.52); 11 T Vaszi (HUN) 6.52 (6.35, x, 6.52); 12 L Golding (JAM) 6.50 (x, x, 6.50); 13 R Nielsen (DEN) 6.49 (6.43, 6.34, 6.49); 14 L Ferga (FRA) 6.46 (6.46, 6.20, 6.35); 15 V Gotovska (LAT) 6.20; 16 S Braun (GER) 6.20 (6.20,6.03, -); 17 A Avila (ARG) 6.08 (x, 6.08, x); 18 P Patoulidou (GRE) 5.90 (x, x, 5.90); 19 S Liku (TON) 5.83 (x, 5.83, x); 20 G Massa (PER) 5.51 (x, 5.51, x); F Hyacinth (ISV) DNS. **GpB:** 1 F May (ITA) 6.73 (6.61, 6.54, 6.73); 2 S Tiedtke-Greene (GER) 6.72 (6.59, 6.72); 3 V Vershina (UKR) 6.66 (6.34, 6.50, 6.66); 4 N Xanthou (GRE) 6.62 (6.62, 6.61, x); 5 JO WISE 6.52 (6.52, 6.42, x); 6 L Ninova (AUT) 6.50 (6.20, x, 6.50); 7 N Perevedentseva (RUS) 6.45 (5.70, 6.45, 6.30); 8 A Karczmarek (POL) 6.44 (6.44, x, -); 9 Y Pershina (KZK) 6.38 (6.38, x, 6.34); 10 J Edwards (BAH) 6.38 (5.99, 6.04, 6.38); 11 C Couch (USA) 6.37 (6.37, x, 6.29); 12 N Caster (FRA) 6.37 (6.14, 6.37, x); 13 Y Donkina (RUS) 6.29 (5.95, 6.17, 6.29); 14 C Brunner (NZL) 6.26 (5.98, 6.07, 6.26); 15 E Barber (SLE) 6.19 (6.19, x, x); 16 J Blazevica (LAT) 6.18 (6.18, x, x); 17 Y Lemeshevskaya (BLR) 6.07 (6.07, x, 5.90); 18 L Dos Santos (BRA) 5.92 (x, 5.82, 5.92); 19 A Valant (SLO) 5.77 (5.77, x, 5.50); 20 E Perez (DOM) 5.67 (5.67, 5.63, x); 21 V Bregu (ALB) 5.58 (5.58, x, 5.52); 22 M Fletschmann (GUA) 5.25 (x, 5.25, x); 23 I Moreno (PAN) 5.08 (4.88, 5.08, 4.76)
FINAL (Aug 9): 1 Galkina 7.05 (6.89, 6.85, x, 7.05, x, -); 2 Xanthou 6.94 (x, 6.69, 6.93, 6.94, x, x); 3 May 6.91 (6.91, x, x, 6.78, 6.66, x); 4 Drechsler 6.89 (6.62, 6.69, x, 4.90, 6.87, 6.89); 5 Joyner-Kersee 6.79 (6.79, 6.78, x, 6.72, 6.78, 6.60); 6 Tiedtke- Greene 6.78 (6.75, x, x, 6.78, 6.54, 6.77); 7 Vershina 6.71 (4.28, 6.71, x, x, 6.56, 6.54); 8 Johansson 6.64 (x, 6.54, 6.64, 6.54, 5.34, 6.41); 9 Khristova 6.64 (x, x, 6.64, x, x, 6.45); 10 Jones 6.63 (x, x, 6.63); 11 Jaklofsky 6.61 (6.61, 6.60, 6.38); 12 Ajunwa 5.21 (5.21, dnf)

Triple jump
Qualifying GpA: 1 ASHIA HANSEN 14.77 (x, 14.77/0.2); 2 B Lise (FRA) 14.50 (NR) (13.97/-0.9, 13.81/0.3, 14.50/-0.1); 3 O Vasdeki (GRE) 14.49 (NR) (14.23/0.1, 14.49/0.3); 4 S Kasparkova (CZE) 14.44 (14.17/0.4, 14.44/0.1); 5 Y Govorova (UKR) 14.39 (14.39/0); 6 Z Gureyeva (BLR) 14.35 (x, 14.35/1.1); 7 J Blazevica (LAT) 14.35 (x, 14.35/1.1); 8 C Rhodes (USA) 14.25 (x, 13.77/-1.4, 14.25/1); 9 Y Donkina (RUS) 14.07 (13.19/0.5, 14.07/1, 13.79/0.8); 10 N Kayukova (RUS) 14.06 (x, 13.90/1.5, 14.06/1.1); 11 Ren Ruiping (CHN) 14.06 (14.06/0.3, x, x); 12 H Koivula (FIN) 13.85w (x, 13.81/1, 13.85/2.3); 13 S Lee (JAM) 13.82 (x, 13.82/0.3, 13.82/1.2); 14 Z Raduukanova (BUL) 13.52 (x, 12.87/1, 13.52/-0.3); 15 O Zelinskaya (KZK) 13.39 (13.30/0.5, x, 13.39/1.8); 16 J Edwards (BAH) 13.39 (x, 12.95/-0.5, 13.39/-0.4); 17 A Valant (SLO) 13.36 (x, 13.36/0.6, 12.74/-1.4); 18 A Capriotti (ITA) 13.32 (13.32/0, x, x); 19 M Martinovic (YUG) 13.30 (12.94/0, 12.84/1.1, 13.30/0.3); 20 C Nicolau (ROM) 13.25 (x, x, 13.25/-1); S Swift (USA) nm. **GpB:** 1 R Mateescu (ROM) 14.57 (13.63/-0.2, 14.57/0.7); 2 T Marinova (BUL) 14.28w (13.65/0.7, 13.99/0.1, 14.28/2.1); 3 G Sproge (LAT) 14.22 (14.22/-0.8, 13.73/0); 4 P Lobinger (GER) 14.17 (12.77/0, 14.02/-0.2, 14.17/1.2); 5 Y Aldama (CUB) 14.09 (14.09/0, 13.80/1.4, 13.72/1.1); 6 G Cistjakova (SVK) 14.02 (14.02/0.2, x, 13.99/-0.5); 7 Y Khlusovich (UKR) 13.87 (13.87/0.3, 13.42/-0.8, x); 8 M De Souza (BRA) 13.75 (13.51/1.1, x, 13.75/-0.5); 9 E Stakohova (BLR) 13.71 (x, 13.54/1.7, 13.71/1.7); 10 B Lah (ITA) 13.70 (13.70/0.1, x, x); 11 D Jensen (DEN) 13.69 (13.17/0.2, x, 13.69/0.5); 12 MICHELLE GRIFFITH 13.67 (x, 12.88/-0.5, 13.67/0.5); 13 N Dennis (USA) 13.51 (x, 13.51/0.3,x); 14 A Avila (ARG) 13.45 (x, 13.45/1.1, 13.25/0.8); 15 T Smith (JAM) 13.34 (13.00/0.3, x, 13.34/-0.3); 16 M Fletschmann (GUA) 12.18 (12.18/-0.2, x, dnf); 17 V Guiyoule (FRA) 11.37 (x, x, 11.37/-0.4); C Moruja (POR) nm; A Biryukova (RUS) dnf (x, -); I Kravets (UKR) dns
FINAL (Aug 4): 1 Kasparkova 15.20 (14.86/-0.3, 14.65/0.4, 15.01/0.4, x, 15.20/0, 14.83/-1); 2 Mateescu 15.16 (NR) (15.16/0.1, x, 14.90/-0.5, 14.38/-1.1, 14.84/-0.2, 12.21/0); 3 Govorova 14.67 (14.59/-0.6, 14.50/0, x, 14.58/0.3, 14.67/0.7, x); 4 O Vasdeki 14.62 (NR) (14.39/-0.9, 14.36/-0.8, 14.26/-1.4, 14.46/0.6, 14.62/-0.9, 14.60/0.4); 5 HANSEN 14.49 (13.99/1, 14.36/0.6, x, 14.41/0.6, 14.21/0.9, 14.49/0.9); 6 Marinova 14.34 (14.34/0.9, 13.78/1, x, 14.10/-0.6, 14.09/1, 12.54/-0.3); 7 Blazevica 14.06 (x, 14.06/-1.1, 13.88/-0.8, x, x); 8 Lise 14.03 (13.49/-1.1, 14.02/-0.1, x, x, 14.03/0.2, 13.77/0.6); 9 Sproge 13.98 (13.65/-0.8, x, 13.98/-0.8); 10 Lobinger 13.86 (x, 13.64/0.4, 13.86/-1.4); 11 Rhodes 13.79 (13.44/-0.8, 13.69/-0.8, 13.79/-0.4); 12 Gureyeva 13.59 (13.59/0.7, x, 13.45/-0.8)

Shot put
Qualifying (Aug 5, 18.80m or first 12)
GpA: 1 C Price-Smith (USA) 18.35 (18.00, 18.35, x); 2 N Kleinert (GER) 18.26 (16.89, 17.87, 18.26); 3 S Storp (GER) 18.12 (18.12, x, x); 4 V Althouse (USA) 17.89 (17.89, 17.03, 17.36); 5 M Rosolen (ITA) 17.87 (16.49, 16.84, 17.87); 6 Zhang Liuhong (CHN) 17.82 (17.82, 17.68, 17.67); 7 I Korzhanenko (RUS) 17.80 (x, x, 17.80); 8 E Adriano (BRA) 17.71 (x, 17.38, 17.71); 9 V Fedyushyna (UKR) 17.31 (17.31, x, 17.19); 10 L Manfredi (FRA) 17.02 (x, 16.92, 17.02); 11 Lee Myung-Sun (KOR) 16.39 (16.38, 16.39, x); K Ouzouni (GRE) nm. **GpB:** 1 A Kumbernuss (GER) 20.69 (20.69); 2 V Pavlysh (UKR) 20.48 (20.48); 3 Huang Zhihong (CHN) 19.05 (19.05); 4 S Krivelyova (RUS) 18.41 (x, 18.41, x); 5 S Mitkova (BUL) 18.07 (17.60, 18.07, 18.04); 6 T Thompson (USA) 18.07 (16.37, 18.07, x); 7 K Danilczyk (POL) 18.05 (x, x, 18.05); 8 Li Meisu (CHN) 17.99 (17.72, x, 17.99); 9 JUDY OAKES 17.84 (17.78, -, 17.84); 10 A Romanova (RUS) 17.79 (17.79, 17.79, x); 11 Y Korolchik (BLR) 17.75 (17.44, 17.42, 17.75); 12 E Tsenteneidou (GRE) 16.62 (16.62, x, x); 13 N Kawar (JOR) 15.76 (15.76, 15.45, 15.14)
FINAL (Aug 7): 1 Kumbernuss 20.71 (20.59, 20.71, 20.52, 20.24, x, 20.70); 2 Pavlysh 20.66 (x, 20.57, x, 20.51, 20.36, 20.66); 3 Storp 19.22 (19.22, 18.84, x, 18.67, x, 18.92); 4 Huang Zhihong 19.15 (18.63, 18.64, 18.72, 19.15, x, 19.07); 5 Price-Smith 19.00

(19.00, 18.17, 18.64, x, 18.53, x); 6 Li Meisu 18.62 (17.30, 18.62, 18.21, 18.58, 18.10, 18.50); 7 Kleinert 18.42 (18.33, 18.42, x, 17.91, 18.22, x); 8 Danilczyk 17.83 (x, x, 17.83, x, 17.55, x); 9 Mitkova 17.75 (17.75, 17.51, 17.62); 10 Krivelyova 17.38 (x, 17.08, 17.38); 11 Althouse 16.92 (16.92, x, 16.78); 12 Thompson 16.48 (x, 16.48, x)

Discus
Qualifying (Aug 5, 62.50m or first 12)
GpA: 1 I Yatchenko (BLR) 65.00 (65.00); 2 B Faumuina (NZL) 64.58 (x, x, 64.58); 3 S Tsikouna (GRE) 61.52 (58.62, 58.90, 61.52); 4 N Grasu (ROM) 60.44 (60.16, x, 60.44); 5 L Korotkevich (RUS) 60.30 (60.30, x, 59.68); 6 L-M Vizaniari (AUS) 60.28 (60.28, 59.20, 57.86); 7 A Maffeis (ITA) 59.94 (59.94, 58.96, 55.44); 8 Liu Fegying (CHN) 59.50 (x, 56.12, 59.50); 9 A Matejkova (CZE) 58.96 (x, 58.96, 55.70); 10 S Powell (USA) 54.22 (54.22, 52.70, 52.62); 11 SHELLEY DREW 53.96 (53.96, 52.14, x); 12 T Khristova (BUL) 53.64; 13 A Abatzi (GRE) 49.72; 14 H Keskin (TUR) 48.80 (46.80, 48.80, x).
GpB: 1 E Zvereva (BLR) 65.94 (x, 61.76, 65.94); 2 N Sadova (RUS) 65.14 (65.14); 3 T Machado (POR) 61.36 (57.40, x, 61.36); 4 Luan Zhili (CHN) 61.18 (57.74, 61.18, x); 5 A Soderberg (SWE) 59.88 (59.64, x, 59.88); 6 Y Antonova (UKR) 59.62 (59.62, 59.10, 56.70); 7 A Kelesidou (GRE) 59.22 (56.48, 59.22, 58.30); 8 E Boyer (USA) 59.18 (59.18, x, x); 9 E Adriano (BRA) 57.88 (47.00, 57.88, 54.66); 10 Xiao Yanling (CHN) 56.32 (x, 56.32, x); 11 L Barnes (USA) 55.52 (53.22, 55.52, x); 12 S Marsters (COK) 35.22 (x, x, 35.22); M Bergmann (NOR)/F Dietzsch (GER)/I Devaluez (FRA) nm
FINAL (Aug 7): 1 Faumuina 66.82 (x, x, 66.82, 62.60, x, x); 2 Zvereva 65.90 (63.40, 65.90, 61.86, 64.98, 64.64, 65.72); 3 Sadova 65.14 (63.70, 65.14, x, 63.08, x, x); 4 Korotkevich 63.02 (62.76, 62.44, 60.96, x, 63.02, 62.04); 5 Yatchenko 62.58 (x, 62.02, 61.40, 62.58, 60.70, 57.94); 6 Machado 62.00 (62.00, 60.78, x, x, 59.92, x); 7 Tsikouna 61.92 (61.92, 57.70, x, 58.00, 59.66, 58.12); 8 Maffeis 61.40 (61.40, 54.98, 57.48, 54.36, 54.28, x); 9 Luan Zhili 60.62 (60.62, 57.42, 57.76); 10 Grasu 60.14 (58.06, 58.88, 60.14); 11 Soderberg 58.22 (58.22, x, x); 12 Vizaniari 57.56 (55.20, 57.56, x)

Javelin
Qualifying (Aug 7, 62.50m or first 12)
Gp A: 1 T Hattestad (NOR) 66.12 (66.12); 2 H Rantanen (FIN) 64.46 (58.38, 64.46); 3 M Manjani-Tzelili (GRE) 63.50 (63.50); 4 F Tilea (ROM) 63.06 (63.06); 5 O Ochinnikova (RUS) 61.58 (61.58, 60.28, 58.78); 6 O Menendez (CUB) 60.90 (x, 60.90, x); 7 K Forkel (GER) 60.70 (60.56, x, 60.70); 8 Z Aramendiz (COL) 58.98 (51.12, 55.42, 58.98); 9 L Eve (BAH) 58.80 (57.66, 58.80, 54.02); 10 N Szabo (HUN) 57.78 (54.22, x, 57.78); 11 Lee Young-Sun (KOR) 55.98 (55.74, 55.98, 55.86); 12 L Lipson (USA) 52.64 (52.64, x, 49.42); 13 SHELLEY HOLROYD 51.06 (50.94, 51.06, x); 14 T Thompson (GUY) 38.14 (37.76, 38.14, x). **Gp B:** 1 J Stone (AUS) 67.72 (67.72); 2 M Ingberg (FIN) 63.92 (63.92); 3 S Bisset (CUB) 63.48 (63.48); 4 T Damaske (GER) 63.30 (63.30); 5 R Ramanauskaite (LIT) 62.60 (60.26, 62.60); 6 T Shikolenko (RUS) 61.78 (58.70, 61.78,x); 7 S Renk (GER) 60.72 (56.28, 60.72, 59.66); 8 O Palma (CUB) 58.42 (58.42, x, 56.70); 9 TESSA SANDERSON 57.84 (53.70, 54.50, 57.84); 10 T Uppa (FIN) 57.72 (57.72, 55.06, x); 11 E Rybak (POL) 56.24 (x, 56.24, 51.26); 12 N Carroll (USA) 55.62 (55.62, 54.18, 55.56); 13 E Wheeler (USA) 54.16 (53.00, 54.16, x); 14 A Taiolakoudi (GRE) 53.48 (x, 53.48, x); 15 N Tomeckova (CZE) 52.86 (x, 52.12, 52.86).
FINAL (Aug 9): 1 Hattestad 68.78 (68.78, 63.32, x, 66.32, x, 65.46); 2 Stone 68.64 (64.68, 68.16, 66.94, 66.12, 68.64, 68.60); 3 Damaske 67.12 (64.30, 63.72, 64.36, 64.18, 66.26, 67.12); 4 Ingberg 66.00 (64.50, x, 63.72, 61.70, 64.14, 66.00); 5 Tilea 64.90 (60.32, 55.24, 64.90, 61.14, 59.24, 64.40); 6 Bisset 63.80 (63.80, 63.16, 63.08, 60.44, 60.52, 63.34); 7 Menendez 63.76 (63.76, 62.44, x, 59.88, 63.02, 62.14); 8 Shikolenko 63.76 (x, 63.76, x, 62.68, x, x); 9 Ovchinnikova 62.92 (58.72, 61.32, 62.92); 10 Rantanen 62.64 (62.64, 59.96, x); 11 Manjani- Tzelili 61.02 (61.02, x, 57.80); 12 Ramanauskaite 57.38 (56.80, 57.38, 56.36)

4x100
Semi-finals (Aug 8, first three + two fastest): SF1: 1 USA 41.52 (C Gaines, M Jones, I Miller, G Devers); 2 France 42.53 (NR) (F Bangue, C Arron, D Combe, S Felix); 3 Nigeria 43.00 (B Otondo-Okoye, E Ojokolo, A Atede, C Ajunwa); 4 Greece 43.15 (M Tsoni, E Koffa, Vasarmidou, E Thanou); 5 Australia 43.21 (N Peris-Kneebone, L Hewitt, M Gainsford-Taylor, C Freeman); 6 Brazil 43.89 (NR) (R Gomez, K Santos, C Amaral, L De Moura); 7 Italy 44.16 (E Sordelli, G Gallina, M Grillo, M Levorato); Ukraine DQ (O Guskova, V Fomenko, I Pukha, Kravchenko). **SF2:** 1 Bahamas 42.19 (E Clarke, S Fynes, D Ferguson, P Davis); 2 Jamaica 42.31 (B McDonald, M Frazer, J Cuthbert, B Grant); 3 Germany 42.51 (M Paschke, E Moller, B Rocmeier, A Philipp); 4 Russia 42.69 (O Povtareva, G Malchugina, M Trandenkova, Y Leshchova); 5 China 42.92 (Asian rec) (P Fang, Y Jiankui, L Xiaomei, L Xuemei); 6 Colombia 43.51 (S Borrero, F Palacios, P Rodriguez, M Brock); 7 Finland S Koivisto, J Manninen, S Hernesniemi, A Pirttima); 8 Japan 44.56 (H Kijiname, K Yoshida, T Iwamoto, M Arai)
FINAL (Aug 9): 1 USA 41.47 (CBP) (C Gaines, M Jones, I Miller, G Devers); 2 Jamaica 42.10 (B McDonald, M Frazer, J Cuthbert, B Grant); 3 France 42.21 (P Girard, C Arron, D Combe, S Felix); 4 Germany 42.44 (M Paschke, E Moller, B Rockmeier, A Philipp); 5 Russia 42.50 (O Povtareva, G Malchugina, M Tradenkova, Y Leshchova); 6 Bahamas 42.77 (E Clarke, S Fynes, D Ferguson, P Davis); 7 Nigeria (Otondo-Okoye, E Ojokolo, A Atede, F Ogunkoya); 8 China 43.32 (P Fang, Y Jiankui, L Xiamomei, L Xeumei)

4x400
Semi-finals (Aug 9, first three + two fastest): SF1: 1 Germany 3:24.70 (A Feller, U Rohlander, A Rucker, G Breuer); 2 Czech Republic 3:25.11 (Kostovalova, H Benesova, L Formanova, H Fuchsova); 3 GREAT BRITAIN 3:25.78 (ALLISON CURBISHLEY, MICHELLE PIERRE, MICHELLE THOMAS, DONNA FRASER); 4 Nigeria 3:27.94 (D Jacob, O Afolabi, S Onanuga, F Ogunkoya); 5 Hungary 3:35.56 (A Bori, B Petrahn, A Kun, J Szekeres). **SF2:** 1 USA 3:25.37 (M Collins, K Graham, N Kaiser-Brown, M Malone-Wallace); 2 Jamaica 3:25.53 (Hutchinson, L Graham, I Turner, S Richards); 3 Russia 3:25.83 (T Chebykina, V Tarasenko, Y Kulikova, O Kotlyarova); 4 Italy 3:30.34 (D Perpoli, P Spuri, F Carbone, V De Angeli); 5 Greece 3:37.14 (C Goudenouj, M Pachatourido, C Panagou, M Vasarmiddou)
FINAL (Aug 10): 1 Germany 3:20.92 (A Feller, U Rohlander, A Rucker, G Breuer); 2 USA 3:21.03 (M Malone-Wallace, K Graham, K Batten, J Miles-Clark); 3 Jamaica 3:21.30 (NR) (I Turner, L Graham, D Hemmings, S Richards); 4 Russia 3:21.57 (T Chebykina, O Kotlyarova, Y Kulikova, T Alekseyeva); 5 Czech Republic 3:23.73 (N Kostovalova, L Formanova, H Benesova, H Fuchsova); 6 GREAT BRITAIN 3:26.27 (ALLISON CURBISHLEY, MICHELLE PIERRE, MICHELLE THOMAS, DONNA FRASER); 7 Nigeria 3:30.04 (O Afolabi, F Yusuf, D Jacob, F Ogunkoya); 8 Italy 3:30.63 (P Spuri, F Carbone, C Barbarino, V de Angeli)

Heptathlon
(Aug 3, day one): 1 S Braun (GER) 4009 (13.16, 1.90, 15.08, 24.46); 2 N Sazanovich (BLR) 3938 (13.45, 1.84, 15.03, 23.92); 3 R Nazaroviene (LIT) 3919 (13.32, 1.81, 15.41, 24.19); 4 DENISE LEWIS 3888 (13.43, 1.84, 14.55, 24.13); 5 U Wlodarczyk (POL) 3774 (13.55, 1.81, 14.16, 24.48); 6 M Steigauf (GER) 3758 (13.29, 1.78, 13.55, 24.22); 7 D Nathan (USA) 3756 (13.55, 1.81, 14.03, 24.58); 8 S Moskalets (RUS) 3743 (13.64, 1.81, 13.50, 24.21); 9 I Vostrikova (RUS) 3740 (13.78, 1.81, 15.39, 25.81); 10 P Beer (GER) 3691 (13.32, 1.78, 12.69, 24.28); 11 K Blair (USA) 3605 (13.71, 1.75, 12.91, 24.34); 12 M Collonville (FRA) 3597 (13.70, 1.84, 12.04, 25.04); 13 T Gordeyeva (RUS) 3578 (14.53, 1.90, 12.48, 25.14); 14 E Barber (SLE) 3575 (13.53, 1.81, 11.60, 24.82); 15 T Hautala (FIN) 3564 (13.70, 1.78, 12.88, 25.17); 16 N Teppe (FRA) 3540 (13.87, 1.81, 13.23, 25.87); 17 J Henry (NZL) 3494 (14.11, 1.72, 13.89, 25.24); 18 I Clopes (ESP) 3421 (14.30, 1.75, 13.46, 25.84); 19 Ma Chun-Ping (TPE) 3381 (14.35, 1.78, 12.37, 25.82); 20 S Kazanina (KZK) 3373 (14.63, 1.81, 12.18, 25.76); 21 K Carter (USA) 2743 (13.79, 1.75, 14.37, dnf); A Papasotiriou (GRE) - (14.53, 1.66)
Final standings (Aug 3/4): 1 Braun 6739 (13.16, 1.90, 15.08, 24.46, 6.42, 51.48, 2:17.32); 2 LEWIS 6654 (13.43, 1.84, 14.55, 24.13, 6.47, 52.70, 2:17.54); 3 Nazaroviene 6566 (13.32, 1.81, 15.41, 24.19, 6.34, 43.46, 2:10.51); 4 Wloderczyk 6541 (13.55, 1.81, 14.16, 24.48, 6.63, 44.18, 2:09.59); 5 Sazanovich 6428 (13.45, 1.84, 15.03, 23.92, 6.24, 43.70, 2:19.67); 6 Steigauf 6406 (13.29, 1.78, 13.55, 24.22, 6.42, 43.92, 2:12.82); 7 Nathan 6298 (13.55, 1.81, 14.03, 24.58, 6.26, 44.54, 2:17.54); 8 Vostrikova 6277 (13.78, 1.84, 15.39, 25.81, 6.11, 47.74, 2:18.95); 9 Beer 6259 (13.32, 1.78, 12.69, 24.28, 6.21, 41.06, 2:10.00); 10 Blair 6253 (13.71, 1.75, 12.91, 24.34, 6.09, 49.94, 2:13.66); 11 Teppe 6242 (13.87, 1.81, 13.23, 25.87, 6.14, 52.82, 2:14.91); 12 Collonville 6179 (13.70, 1.84, 12.04, 25.04, 6.10, 44.40, 2:11.00); 13 Gordeyeva 6084 (14.53, 1.90, 12.48, 25.14, 5.82, 45.66, 2:12.01); 14 Hautala 6026 (13.70, 1.78, 12.88, 25.17, 6.03, 41.50, 2:13.98); 15 Henry 6011 (14.11, 1.72, 13.89, 25.24, 6.17, 42.48, 2:14.46); 16 Clopes 5631 (14.30, 1.75, 13.46, 25.84, 5.71, 40.30, 2:23.62). Moskalets (13.64, 1.81, 13.50, 24.21, 6.50, 36.70, ret); Chun-Ping (14.35, 1.78, 12.37, 25.82, 5.66, ret); Barber (13.53, 1.81, 11.60, 24.82, ret); Carter (13.79, 1.75, 14.37, dnf, ret); Kazanina (14.63, 1.81, 12.18, 25.76, ret); Papasotiriou (14.53, 1.66, ret)

MARATHON
(Aug 9): 1 H Suzuki (JPN) 2:29:48 (course rec); 2 M Machado (POR) 2:31:12; 3 L Simon (ROM) 2:31:55; 4 T Tobise (JPN) 2:32:18; 5 O Ferrara (ITA) 2:33:10; 6 I Biba (GER) 2:34:06; 7 S Oberem (GER) 2:35:28; 8 F Moser-Rochat (SUI) 2:36:16; 9 Y Razdrogina (RUS) 2:36:37; 10 N Fujimura (JPN) 2:36:51; 11 A Catuna (ROM) 2:38:38; 12 M Polizou (GRE) 2:39:10; 13 F Fiacconi (ITA) 2:39:53; 14 C Mallo (FRA) 2:40:55; 15 E Alemu (ETH) 2:41:00; 16 G Kirkeberg (NOR) 2:41:05; 17 M Le Gallo (FRA) 2:41:08; 18 A Buia (ROM) 2:41:45; 19 M Hara (JPN) 2:42:00; 20 H Turland (AUS) 2:42:12; 21 R Rios (ESP) 2:42:18; 22 J Folding-Nagy (HUN) 2:42:21; 23 ANGHARAD MAIR 2:42:31; 24 L Fogli (ITA) 2:43:28; 25 C Collins (USA) 2:43:42; 26 O Yudenkova (BLR) 2:43:47; 27 A Villani (ITA) 2:43:58; 28 SALLY GOLDSMITH 2:44:20; 29 T Abe (JPN) 2:45:19; 30 N Olaru (ROM) 2:47:12; 31 E Vinnitskaya (BLR) 2:47:57; 32 M Veith (GER) 2:48:45; 33 A Assefa (ETH) 2:48:54; 34 E Mura (FRA) 2:48:57; 35 DANIELLE SANDERSON 2:49:03; 36 J Kirtland (USA) 2:49:43; 37 A Kosacheva (RUS) 2:50:29; 38 G de Oliveira (RSA) 2:50:36; 39 G Houitte (FRA) 2:50:38; 40 J Peterson (USA) 2:51:59; 41 I Timofeyeva (RUS) 2:53:01; 42 P Nikolakopoulou (GRE) 2:54:03; 43 Lo Man-Yi (HKG) 2:54:59; 44 A Bekele (ETH) 2:55:06; 45 G Ambatzidou (GRE) 2:56:58; 46 M Vargas (MEX) 2:58:22; 47 CAROLYN HUNTER-ROWE 3:01:01; 48 M Allison (CAN) 3:01:26; 49 D Bartoszek (CAN) 3:01:30; 50 R Toto (RSA) 3:04:05; 51 R Salinas (MEX) 3:12:55; 52 G Coello (HON) 3:17:33; 53 A De Snoo (ARU) 3:22:08; 54 G Dadabayeva (TJK) 3:30:45. **DNF:** G Edato (ETH)/F Roba (ETH)/J Salumae (EST)/A Tecuta (ROM)/S Maccioni (ITA)/B Jerschabek (GER)/R Oliveira (POR)/Y Mazovka (BLR)/G Baruk (BLR)/A Ivanova (RUS)/N Carroll (AUS)/A Haakenstad (NOR)/J Colomb-Janin (FRA)/P Valadka (USA)/M Alico (USA)/L Rendon (MEX)/M Reyna (MEX)/F Venegas (CHI)/C Souma (GRE)/P Kastriti (GRE)/A Pitso (LES)
TEAM: 1 Japan 7:38:57; 2 Romania 7:52:18; 3 Italy 7:56:31; 4 Germany 7:58:19; 5 France 8:11:00; 6 GREAT BRITAIN 8:15:54; 7 Russia 8:20:07; 8 Ethiopia 8:25:00; 9 USA 8:25:24; 10 Greece 8:30:11. **Splits (5km):** 17:29, 35:08, 53:05, 1:11:23, (half: 1:15:42); 1:30:23, 1:48:18, 2:05:31; 2:22:28

10kmW (first eight + four fastest)
Ht1: 1 A Liepina (LAT) 44:07; 2 M Urbanik-Rosza (HUN) 44:13; 3 O Kardopoltseva (BLR) 44:16; 4 Y Nikolayeva (RUS) 44:16; 5 L Khmelnitskaya (BLR) 44:18; 6 Y Wang (CHN) 44:18; 7 AR Sidoti (ITA) 44:19; 8 O Panferova (RUS) 44:22; 9 S Tolstaya (KZK) 44:32; 10 G Mendoza (MEX) 44:51; 11 S Feitor (POR) 45:00; 12 C Marcen (ESP) 45:09; 13 I Ilyes (HUN) 45:18; 14 I Varas (MEX) 47:03; 15 H Liland (NOR) 47:51; 16 V Nadaud (FRA) 47:52; 17 K Boyde (GER) 48:01; 18 K Kokotou (GRE) 48:52; 19 A Isayeva (AZE) 50:44. **DQ:** G Irusta (BOL), AK Raj (MAS). **Splits:** 4:16, 8:40, 13:06, 17:34, 22:01, 26:27, 30:54, 35:23, 39:48. **Ht2:** 1 O Ivanova (RUS) 44:31; 2 E Alfridi (ITA) 44:32; 3 E Perrone (ITA) 44:32; 4 I Stankina (RUS) 44:32; 5 A Szebenszky (HUN) 44:32; 6 V Tsybulskaya (BLR) 44:32; 7 H Liu (CHN) 44:32; 8 M Sazanova (KZK) 44:33; 9 Y Gu (CHN) 44:36; 10 B Gummelt (GER) 44:37; 11 Y Mitsumori (JPN) 44:43; 12 T Poitras (CAN) 45:18; 13 J Saville (AUS) 46:12; 14 N Fortain (FRA) 46:28; 15 N Leksir (FRA) 47:15; 16 V Savchuk (UKR) 47:47; 17 F Martinez (MEX) 48:29; 18 M Ramon (ECU) 48:39. **DQ:** V Herazo (USA), TL Cheng (MAS). **Splits:** 4:28, 8:56, 13:22, 17:49, 22:16, 26:43, 31:09, ITA 35:36, 40:08
FINAL (Aug 7): 1 Sidoti 42:55.49; 2 Kardopoltseva 43:30.20; 3 Tsybulskaya 43:49.24; 4 Hongyu 43:56.86; 5 Alfridi 43:59.73; 6 Szebenszky 44:14.94; 7 Gu 44:24.17; 8 Liepina 45:00.56; 9 Nikolayeva 45:01.90; 10 Perrone 45:16.64; 11 Urbanik-Rosza 45:36.57; 12 Wang 46:21.69; 13 Tolstaya 47:09.51; 14 Mitsumori 47:24.22. **DQ:** Sazanova, Panfyorova, Stankina. **DNF:** Khmelnitskaya, Gummelt. **Splits:** 4:18.29, 8:34.71, 12:48.77, 17:07.80, 21:23.72, 25:38.24, 29:57.57, 34:18.81, 38:42.10. DQ: 2 Ivanova 43:07.63 (positive dope test)

Johnson has a date at the Palace

By Elaine Dunn

MICHAEL JOHNSON will make his first appearance on a British track in over three years when he competes at Crystal Palace on Sunday.

The world 400m champion will compete over 200 metres in the Spar Challenge and is expected to provide a strong test for World Championships semi-finalists Julian Golding and Doug Walker and possibly newly crowned European Junior 200m champion Christian Malcolm.

Johnson, who successfully defended his 400 metres crown in Athens should have competed at Sheffield in June but had to withdraw due to injury. Johnson has also confirmed he will be part of an international select relay squad but has not yet decided which one.

Also named in the star-studded meeting, which is traditionally held to welcome back the medal winners from the major championships, is Olympic and world 100 metres record-holder Donovan Bailey, who will be making his second appearance in a year on British soil. Lining up against the Canadian will be world junior 100 metres record-holder Dwain Chambers and Malcolm. Scot Ian Mackie is determined to be fit enough to run despite a back injury sustained in Athens.

There is also an outside chance former world and Olympic champion Linford Christie will be on the starting line.

New world javelin champion Marius Corbett from South Africa will compete along with world silver medallist Steve Backley and world fourth-placer Mick Hill.

Roger Black, the Olympic 400m silver medallist who was denied an individual place in Athens, will have a chance to prove a point when facing 4x400m team-mates Jamie Baulch, Mark Richardson and Iwan Thomas. But Sally Gunnell must be doubtful now after pulling out of her semi-final in Athens due to a calf injury. Olympic high jump champion Charles Austin joins the international select team.

■ Ticket hotline: 0181-7767755.



Spar Challenge: strong test for Doug Walker

Plans to build new Palace

THE future of Crystal Palace is still in jeopardy following the announcement that the centre may be demolished and then redeveloped, *writes Jason Henderson.*

If an application for Lottery money is successful, demolition work is scheduled to begin on December 31, 1998 with new building work expected to start in April 1999. The project is expected to be completed in the autumn of 2001.

The English Sports Council will now be working with the Borough of Bromley and sporting governing bodies to find alternative facilities for the area's athletes. They will also be looking at what facilities will be needed on the new site.

"We want to ensure we get the right mix of facilities on the new site and this is why we are now entering into detailed discussions with individual governing bodies to ensure we achieve the very best long-term solution for sport," said John Davies, English Sports Council's director of national centres.

"We must get the plans right from the outset to ensure we give the next generation of Olympic hopefuls a world-class training and competition facility," he added.

Former international triple jumper John Vernon said: "It's up to athletics to get it together and let Bromley Council urgently know our needs so that we are able to get the best possible facilities when the Palace is finally rebuilt."

IN BRIEF

Cup teams

TEAMS for the British League plate finals at Bedford on August 31 are:

Men: Bedford & County; Cheltenham & County Harriers; Cleethorpes & District; Colwyn Bay AC; Coventry Godiva Harriers; Herne Hill Harriers; Tonbridge AC; Trafford AC.

Women: Basingstoke & Mid Hants; Bingley Harriers; Brighton & Hove; Ealing, Southall & Middlesex; Parkside (Harrow) AC; Rugby & District AC; Team Solent.

Masback job

ONE day before David Moorcroft was appointed BAF's chief executive another ex-international middle-distance runner, Craig Masback, was made head of the American athletics governing body USATF. Like Moorcroft, Masback also has a background in broadcasting and his first television job involved commentating on a 3000 metres at Crystal Palace in 1982 – a race won by Moorcroft in what is still a UK best of 7:32.79.

World Students team named

THE British team for the World University Games has been announced. The Games take place in Sicily, Italy, from August 19-31 (athletics August 27-30). With around 6500 competitors and officials, the event is second only in size to the Olympics.

Men	Event	Women
Daniel Money	100	Sarah Oxley
Jamie Henthorn		–
Doug Walker	200	Oxley
Richard Knowles	400	Allison Curbishley
Andy Hart	800	Hayley Parry
Mark Sesay		Jenia Mitchell
Neil Caddy	1500	–
Anthony Whiteman		
Ian Grime	5000	–
Karl Keska		
Ross Baillie	110H/100H	Diane Allahgreen
Gary Jenkins	400H	Vicki Jamison
Chris Rawlinson		Natasha Danvers
Ben Challenger	HJ	Susan Jones
–	PV	Louise Schramm
Tayo Erogbogbo	TJ	–
–	DT	Shelley Drew
Nick Nieland	JT	–
–	HT	Diana Holden
Mark Steinle	Half-mara	–
Money, Henthorn, Walker, Baillie	4x100	
Knowles, Sesay, Jenkins, Rawlinson, Sean Baldock, Jared Deacon	4x400	Curbishley, Mitchell, Jamison, Danvers, Michelle Thomas Michelle Pierre

Track Chat



If you have any track news, call Trevor Frecknall on 01733-465493

All the news, gossip, facts and figures from around the track



Tony Whiteman: bitterly disappointed

Hot shots turn out in final match

BRITAIN's newest world record-breaker, Dwain Chambers, makes his first appearance in Britain since his astounding performance in the European Junior Championships when he turns out for Belgrave Harriers in the final British League Division One match at Crystal Palace on Saturday, *writes Tom Pollak.*

He is bound to get a tremendous welcome as he competes in the 100 metres, the event in which he bettered the world junior mark with 10.06 to move into second place behind Linford Christie on the UK all-time list.

With Christie (Puma TVH), Sale's Owusu Dako, and Birchfield's Jason John, back in athletics with a Midland championship record, all likely to be there too the scene is set for a thrilling encounter.

Although Belgrave only have to turn up for the match to clinch the league title – they have a six point lead over last year's champions, Sale and Puma TVH – team manager John Jeffery says they are taking nothing for granted.

They plan to field all seven of their Athens team athletes with Dave Smith in the hammer, Matt Yates (1500), Chris Rawlinson (400m hurdles), Brendan Reilly (high jump), Andy Tulloch (110m hurdles) and Darren Campbell (sprints) all expected to be in action.

"It would be very easy for us to turn out a weak team but I will be putting out the best squad I can," said Jeffery.

Belgrave will also be fielding English Schools long jump champion Darren Thompson, making his league debut, and World Junior championships 800 metres silver medallist Tom Lerwill, now recovered from glandular fever.

While Belgrave's path to the title is likely to be unobstructed, Puma TVH and Sale will be battling it out for second spot and, at the other end of the table, hosts Blackheath and Woodford Green making their final Division One appearance before dropping down to Division Two.

The positions with one match to go are:- 1 Belgrave 23 (1093); 2 Sale 17 (877); 3 Puma TVH 17 (832.5); 4 Newham & Essex Beagles 15 (828.5); 5 Shaftesbury Barnet 13 (810); 6 Birchfield 12 (761.5); 7 Woodford Green 7 (698); 8 Blackheath 4 (602.5).

■ TONY WHITEMAN, bitterly disappointed at being left out of Britain's Athens squad, will lead the GEC Avionics charge to Division Two when he competes in their final Division Three match at Monkton Stadium, Jarrow. They lead the division with 23 (981) from Harrow 20.5 (959), Telford 18 (875), Windsor, Slough & Eton 14 (853), Hounslow 12.5 (817), Morpeth 11 (745), Rotherham 6 (699) and Crawley 3 (528).

■ ROB HOUGH, winner of the European Cup steeplechase, turns out in the 800 and 1500 metres for Sheffield in the final Division Four match at Queen Elizabeth Stadium, Enfield.

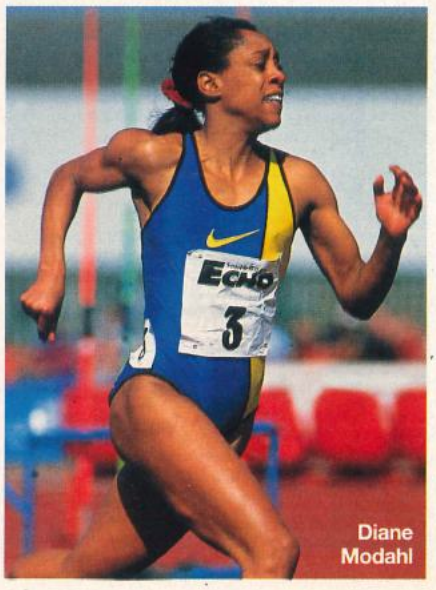
Positions going into the final match are:- 1 Notts 22.5 (970); 2 Peterborough 20.5 (963); 3 Enfield 14 (883.5); 4 City of Norwich 14 (863); 5 Havering Mayesbrook 14 (859); 6 Sheffield 13 (836); 7 Bristol 6 (633); 8 Wigan 4 (529.5).

The two top and bottom teams are promoted and relegated, respectively. All matches start at 12 noon.

Gillespie runs to record

A COUPLE of days after Athens absentee Tony Whiteman ran a 'told-you-so' British League Gold Cup record of 1:47.36 for 800 metres, another disgruntled middle-distance runner was finding similar inspired form at Exeter.

Ian Gillespie, overlooked for the Athens 5000m, ran the quickest mile ever seen in the Westcountry. His 3:58.4 compared with Tim Hutchings and Ian Hamer who ran 3:59.1 at Bristol ('88) and Cheltenham ('89) respectively.



Diane Modahl

Christie set to compete in Birmingham

FORMER world and Olympic 100m champion Linford Christie is set to compete in the View From AAA Championships at Birmingham on August 24-25, *writes Elaine Dunn.*

The Puma Thames Valley Harrier has always been a strong supporter of the championships and this year he will be up against new world junior 100m record-holder Dwain Chambers, who will be bidding for his first senior title.

Not having a competition in Athens the women's pole vault has attracted many of Britian's top athletes with Rhian Clarke, Linda Stanton and Janine Whitlock.

Other early entries include former Commonwealth Games 800m champion Diane Modahl, World Championship 1500m finalist John Mayock and multiple title winner Judy Oakes.

Each full price adult ticket purchased before Friday August 22 will be entered in a prize draw for a holiday for two to the Commonwealth Games in Kuala Lumpur.

Tickets can be purchased from the box office on 0121-3444800.

National junior title up for grabs

WITH every regional champion having taken up their free entry to the AAA U17/U15 championships option there are definitely going to be some exciting confrontations at Birmingham this weekend, *writes Elaine Dunn.*

As an experiment to encourage youngsters to enter these national championships the organisers have adopted a free entry to champions from all regions to which the athletes have responded well.

Rachael Kay, new UK under-17 300m hurdles record-holder is surely the one to beat in that event, but TSB English Schools' one-two Syreeta Williams and Nusrat Ceesay must be watched carefully, as in Sheffield recently, where Kay was thought to be favourite, they proved to be the ones who got it right on the day. If all goes to plan this event could be a re-run of the TSB English Schools' final as all eight appear on the entry list.

Perhaps the most eagerly awaited clash is that of British under-15 100m record-holder Mark Lewis-Francis and TSB English Schools' junior boys' champion over 200 metres Tristan Anthony.

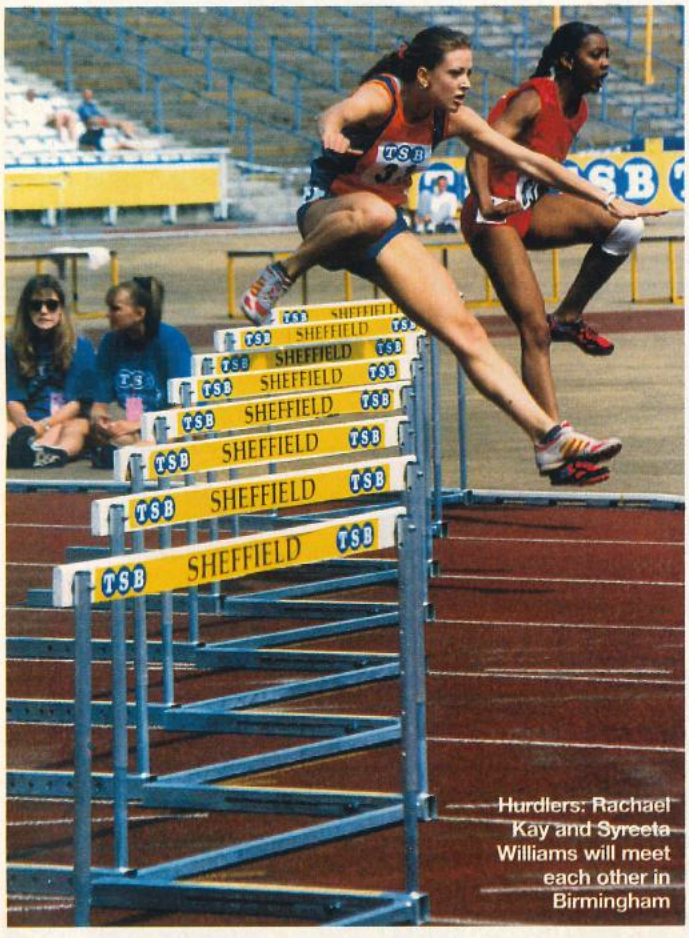
Going on this season's best times the odds are marginally in favour of Lewis-Francis to race to victory but Anthony is a fighter and will undoubtedly provide the fireworks.

British under-17 100m record-holder John Barbour looks to be a clear favourite over 100 metres, but he had to pull out of the Schools' International in Dublin through injury.

High jumper Brian Hall can't stop breaking records this season, so far he's set records in the Bolton Schools', Greater Manchester champs and TSB English Schools'. Just 10 days ago he won the Northern Inter-Counties at Cudworth in a modest 1.80m, look to him going higher still in Birmingham.

Javelin ace Goldie Sayers says she'll be looking towards the 45 metres line and so will Lucy Rann who already has a PB of 45.32 which augers well for a strong competition.

The action starts at 11am both days with tickets available at £3 adults, £1.50 concessions with a special two-day ticket at £5.



Hurdlers: Rachael Kay and Syreeta Williams will meet each other in Birmingham

Marathon whizz

A TEAM of six from Puma TVH will be running a 26.2 hour marathon on a Powerjog treadmill in Leicester Square, London on Friday.

The run which will be opened by the Lord Mayor and Lady Mayoress of Westminster at 10am will continue until 12 minutes past noon on Saturday – the time span reflecting the distance of a marathon. The six will be running for Whizz Kidz in the New York City Marathon on November 2 and hope to raise £10,000.

Baby boom

FORMER UK 800m champion Helen Daniel and husband Ray are pleased to announce the birth of their second daughter, Lucy Rachel, on July 31. Lucy weighed in at 9lb 8.5oz and mum Helen says she's looking forward to getting back to action in 1998.

Coincidently Scottish 800m international Sue Bevan and husband Jamie are pleased to announce the birth of their first child, a daughter, Diana also born on July 31.

Regional BMC

THE BMC regional 5000m for men and women, cancelled at Southampton earlier in the year, has been rescheduled for August 24 at Portsmouth's Mountbatten Stadium.

The women's race is at 1.30pm and the men's at 2.30pm with an entry fee of £3. Further details are available from Tony Fern on 01703-790364.

Gatwick coach

ANY coaches out there fancy taking on a former World Cup winner? Fred Salle, winner of the long jump with 8.10 metres in 1995, is using this year as a transitional period but hopes to make 1998 his best, and maybe last, year.

"Next year's important to me. There's Europeans and then my World Cup title to defend," says the Belgrave man, who was 33 on Sunday. "I'm only training three days a week at the moment – you have to be careful with injuries when you get to my age. But this winter is going to be a biggie.". Salle, who runs his own successful *IT* business based near Gatwick airport, says he doesn't have to rely on sponsorship anymore – but will need someone to get him out training during the winter.

"Too much running will aggravate injuries – so my training is going to include heavy weights, plyometrics – and a lot of emphasis on fitness. I just need someone to oversee everything, to push me now and again, and make me work harder."

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17th Robin Hood Marathon & '1/2'
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19th Paris 20k

The '1/2' Marathon is back
22nd Amsterdam '1/2' & Marathon

Air Tours 1998
21st Tiberias Marathon & 10k
5th Disney Marathon Florida
2nd Malta Vets 10km & Track & Field Championship
32nd Las Vegas Marathon '1/2' & 10k
5th Egyptian Marathon
10th Tahiti Moorea Blue Marathon '1/2' & 5k
14th Seville Marathon

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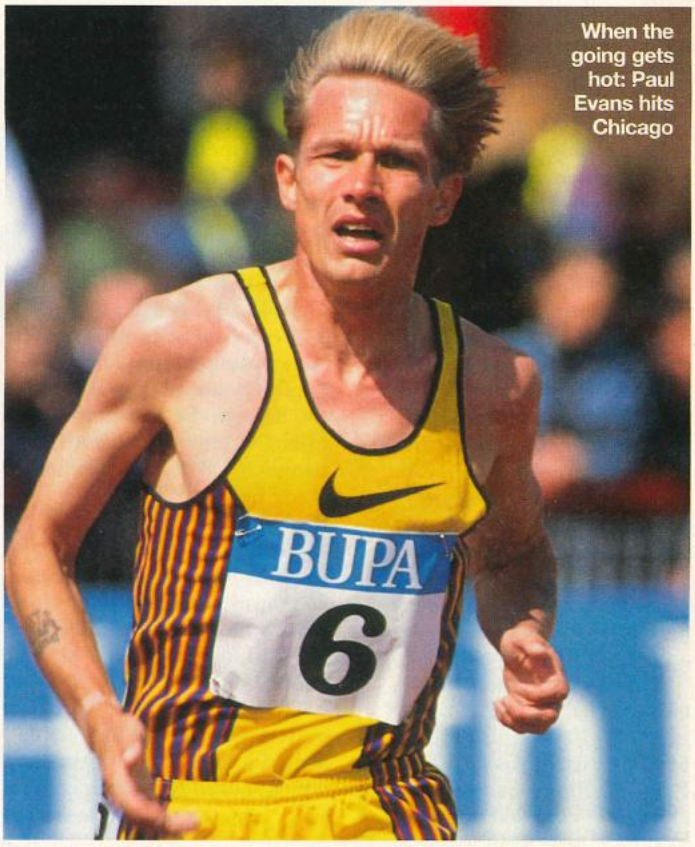
On the Road



by Bob Frank

All the news, gossip, facts and figures straight from the tarmac

Evans plays it cool



When the going gets hot: Paul Evans hits Chicago

PAUL EVANS watched Sunday's men's marathon in Athens half-wishing he were there, but knowing deep down he just cannot run in the heat, *writes Jason Henderson.*

The Belgrave man set his alarm for 6am to cheer on the Brits and then, fully inspired, set off on a punishing solo training run around the country lanes of Lowestoft.

"I want my cake and eat it too," says Evans, "but I can't run in Athens and Chicago. I love representing my country but you have to make a decision. It's not like running 100 metres. With marathons you have to be choosey and I've found if you try more than two a year their quality will suffer."

With Evans' 2:09:18 eighth place in London out of the way, marathon number two is scheduled for October 19 in Chicago – a race he won last year in 2:08:52. "Everything," he says, "is a stepping stone to Chicago. And it's only right I go back to defend my title."

One stepping stone came a couple of weeks ago in Sicily, Italy, when Evans placed sixth in a high-quality international road race. It was, however, more a case of cobbletones than stepping stones, as he explains. "It was an 11-odd kilometres, 11-lap race, run almost entirely on cobblestones. The streets were very windy and there was a really nasty hill at the start of each lap. You couldn't relax for a second, you were either running up or downhill. And it was very, very hot."

That dreaded word in the Evans vocabulary – hot. But one he knows is unlikely to be mentioned in the 'windy city' come October.

Kenyan David Chelule won in Sicily in a course record. But Evans, although 45 seconds adrift, was also inside the old record – putting behind him some big names, including Italians Francesco Panetta (1987 world steeplechase champion) and Salvatore Bettiol (fifth in the 1992 Olympic marathon). Proof that things are going well for Chicago.

"I'm going very well in training," he admits, "but you can do all the training in the world yet there's no substitute for putting on your racing shoes, a number and racing.

"In the summer I like to work on my speed, then I'll start on strength work in a few weeks. And then I'll combine the two. As for more races, I'm pencilled in for Brussels at the moment. I like to run a good 10km on the track each summer."

Evans desribes his recent Italian job as "good enjoyable fun," but never expects to run well in such heat. Hence his decision to skip Athens. "It's amazing – that all my PBs have been run in Scandinavia or Britain. All cool conditions. It's a case of horses for courses."

Blind courage

MIKE OGLE recently fulfilled a long-held ambition when he completed the Tour of Tameside, *writes Keith Bradshaw.*

With six races in a week covering a double marathon distance – most of it run over trail and fell – the challenge is hard enough when you can see where you are going.

Yet Ogle's achievement is all the greater when you consider he is blind.

The Chorley Harrier veteran was guided through the week by club chairman Peter Gillham, with additional help from Steve Thomas during the Stalybridge hill race.

Ogle, a college lecturer, said with amazing modesty: "All I had to do was keep going in the direction Peter pointed me. He had the hard job all week of guiding me over some extremely difficult terrain.

"It included me descending a fell at great speed, an arduous cross country course, and a none to easy canal section on the final day. I enjoyed it though, the atmosphere and friendship of the runners was fantastic."

Ogle's overall time was 7hr 14min, finishing 289th from a starting line-up of 374.

Warwick Wright PEUGEOT

Q: WHERE ARE YOU GOING TO RUN YOUR P.B. IN 1997?
THE WARWICK WRIGHT PEUGEOT PERIVALE 10KM. SUN 7 SEPT

Race is on to unite Ireland

WORLD 10km record-holder Joseph Kimani and quadruple World cross country silver medallist Catherina McKiernan (below right, No 34) are spearheading efforts to promote peace in Ireland by taking part in a unique cross border road race, *writes Jason Henderson.*

The Glen Dimplex Cross Border Challenge on October 12, which has already succeeded in securing the entry of the big two, will start in Carlingford in the Republic of Ireland and finish in Newry in Northern Ireland.

The race is funded by the Peace and Reconciliation programme, a European Union fund established to promote cross border and cultural links. While the Northern Ireland Athletic Federation (NIAF) and the Bórd Lúthhleas na hÉireann (BLE) have given their full support.

President of NIAF, Tommy Welsh, said: "We are grateful for the support received from various quarters which has enabled the sister athletic organisations of NIAF and BLE to come together to promote a major road race. It will give the club runners the opportunity to compete against a host of internationally known athletes in a spirit of genuine cross border co-operation."

President of BLE, Michael McKeon, added: "Not only is this a significant event in terms of north-south relations, it is a significant development in athletics. We are confident it will become an integral fixture in the athletics calender. BLE are delighted to be involved in this initiative."

■ Entries and further details are available from NIAF on 01232-602707 or BLE on 01-8308925.



Unlucky Walmsley targets Berlin

FIT-AGAIN Dennis Walmsley will tackle the Berlin Marathon this autumn, *writes Kevin Fahey.*

Successive victories in the Eldersfield Beer Race, Dursley 10, Cheltenham 10km, the tough Bourton 15 and the Churchdown 10 have shown he has recovered from a debilitating virus that forced him to pull out of the Flora London Marathon.

Now the Bourton Road Runner is looking for a happy end to a 12-month period which has seen him suffer an unbelievable run of bad luck.

"They say bad luck comes in threes and I certainly hope it is no more than that," said Walmsley.

"Having been kocked over by a car in the Gloucester Half-marathon I then lost my GB debut in the Crete Marathon when the organiser tragically died.

"Then finally just before London, the day after I finished second in the Inter-Counties 20 at Spenborough, I came down with the virus which wiped me out. That was 16 weeks ago and it is only now I feel like I am running well again."

Now after a winter and spring of missed opportunities, Walmsley feels he is in the shape to challenge his 2:21:19 best.

"I felt strong and it is nice to be competitive again," added Walmsley. "I believe Berlin is a fast course with a good quality field. Hopefully a little bit of luck will be coming my way for a change and I can break my personal best and get under 2:20 for the first time."

If there is any justice in athletics then Walmsley will do just that.

We hear ...

■ DAVE TUNE strongly denies claims that Guy Amos would have caught him if the Lord Mayor's 5km had gone on for a third lap.

Martin Duff's report suggested Tune was tiring but the 1996 World Half-marathon Championships representative says: "When we got to the top of the hill I looked back and the next guy was miles behind.

"I didn't tire, it's just the place was heaving with 25,000 spectators so I was waving to them and enjoying myself ... I even had time to do a 'Ravanelli' at the finish."

Tune will run for an International Select in the Liverpool International Half-marathon in a bid to earn selection for the 'Worlds'. Last year he was outsprinted in a four-way battle for the Liverpool race but his second place – and first Briton – clinched a place for Majorca.

■ MIKE PROUDLOVE will return to October's BUPA Great South Run in Portsmouth, where he ran so well last year, but he is hoping to improve his track times before then.

The City of Stoke athlete has targets of sub-14 minutes for 5000m (ideally sub-13:45) and under eight minutes for 3000m. But once the track season is out of the way he'll return to Portsmouth with the goal of running around 48:30.

Welsh teams named

■ WALES has announced its representative team for the North of England AA inter area match to be run within the Birchwood 10km race on August 17.

Men: James Hill (B'end), Rodri Jones (W'bury), Gareth Davies (B'end), Darren Hiscox (B'end), Martin Rees (Swan, M40). The sixth member is to be confirmed but will be either Paul Richards (Neath) or Andy Eynon (Swan).

The women's team is named as: Francis Gill (Neath), Nicola Haines (Newp), Dinah Cheverton (Newp). Claire Allen (Swan) will be confirmed later or replaced.

■ CHARNWOOD's Angela Joiner has joined Shaftesbury and is looking for a fast 10km in September. The Norfolk-based athlete has improved considerably in the last two years but has suffered hamstring problems in 1997.

■ THE 12th staging of the KRUF Cardiff 10km will take place on a even faster course than usual as organisers have designed a new route to take in part of the super-fast Great Welsh 10km course.

Race organiser Graham Finlayson, one of the best and busiest race directors in the country, says: "The new route will include the best of the KRUF Cardiff 10km and the best of the old Great Welsh Run."

The race is being supported by View From, whose Nova International events section used to organise the Great Welsh Run until it ceased last year.

■ WHILE many young people will be dancing the night away in the Hippodrome just metres away, six West London runners will be running a marathon with a difference this week.

The sextet will be running a 26.2 hour 'marathon' on a Powerjog treadmill in Leicester Square, starting at 10am on Friday August 15 and finishing at 12.12pm Saturday.

They will be running for Whizz Kidz (the Movement for Non-mobile Children) and all six will also complete the New York Marathon for the same cause.

■ THE Southend 10km Classic is on October 12 and not October 19 as advertised elsewhere.

■ APPARENTLY Alan Shearer will be starting the BUPA Great North Run on September 14. They say given his present condition he won't have much chance of finishing.

Then again, he's only firing the gun.

Erewash line-up promises a cracking race

THE Mizuno Erewash 10 Mile Classic on August 31 looks ready to live up to its reputation as one of only four UK road races on the IAAF calender, *writes Jason Henderson.*

The men's entry, headed by Shaftesbury Barnet's Ian Cornford (right, No 6), has 12 entries who have predicted finishing times of 50 minutes or better.

Top vet Mike Hurd will hope to improve on the UK M50 best of 52:37 he set in last year's race. While Charnwood's Rob Seager heads the M40 field. Leading the women's line-up is Birchfield Harrier Amanda Wright.

Race director Terry Lines is also in discussion with several agents of foreign athletes. The course records are held by Zabron Miano (46:21) and Liz McColgan (52:14).

But Lines says: "We still insist our aim in putting the event on is to provide a well organised race for all standards with the added attraction of a top quality sharp end."



Warwick Wright PEUGEOT
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Fewer throws count against older vets

I HAVE been in athletics for 50 years, starting with running, and finally turning to field events (hammer and discus) as a veteran. Having said that, I now face the dilemma of deciding whether to continue with veterans athletics.

Recently we travelled to Blackpool for the Nationals, to be told only four throws would be allowed, instead of the current policy in veteran athletics of six throws.

Last Saturday, having travelled to Enfield for the Southern Counties Champs, we were allowed only three throws, the six best competitors from the whole group of throwers would have a further three throws. This meant older veterans – 60 years and older – would not get a chance of further throws because this 'privilege' would fall to the younger and fitter throwers.

I for one, will not be competing next year. I thought the idea of the vets movement was to encourage athletics at all ages, and to enjoy the sport. I'm afraid I did not.

In Australia veteran athletics is very strong, and in field events from club matches to championships, everyone has six attempts.

So wake up officials, or you will be losing us.

PETER BARBER
Farnborough, Kent

Sport: a philosophy

DRUG abuse in athletics is not merely 'the politics' of the sport as your editorial (*AW*, August 6) would seem to suggest but the very basis of fair competition between athletes using the bodies God has given them – suitably honed by their coaches – as opposed to competitions between evasively anonymous laboratories.

Without deterrent penalties for cheating and controls of drug abuse all titles – not merely sprint titles and 'excellent performances' – become a matter for knowing nods and winks and a temptation for coaches to augment their legitimate coaching abilities.

Sport is still a philosophy not an industry.

SIR ARTHUR GOLD CBE
Whetstone, London

Coleman should go

WHILE I share the views of those criticising the style of Channel 4's athletics coverage, we should not be blind to the BBC's deficiencies.

I logged in despair David Coleman's significant errors at the last Olympic Games and had no difficulty in totalling 20-plus.

In despair I have watched a similar series of howlers in Athens – mis-counting the final laps in a steeplechase heat; announcing a winning time for Barsosio two minutes faster than the actual; mixing up runners in inside lanes and misleading viewers on their positions; giving incorrect names; regularly attributing wrong nationalities to competitors, etc etc.

Please can we see an overdue retirement on the lines of his *Question of Sport* exit!

PB TAYLOR
Colinton, Edinburgh

Drop race charges

THE increasing entry fees being charged to enter athletic events, particularly road races, is exorbitant. A great many organisations not involved in athletics use our sport to raise funds.

I know of a large number of young distance runners who cannot afford to enter races.

I wonder if in Kenya all their young distance runners have to pay fees which amount to 25 per cent of their weekly income?

It is time rules were introduced to stop our sport and its participants being exploited. I see no reason why any race or meeting should charge more than £2.

TERRY HAINES
Gloucester

We want fairness

WE will get off the selectors backs when every athlete is treated fairly and squarely.

We know it is a very serious business selecting a team, whatever the sport, but the basic thing is, you have to treat every member of that team the same, not one rule for one and another for another.

That leads to discontent throughout the team. I've had over 50 years selecting teams for numerous sports. And all members of these teams were treated the same.

In Roger Black's case, if he was left out, so should the others have been who didn't take part in the trials. It is as simple as that, particularly as there was no opportunity given to Roger to prove his fitness.

I know a lot of athletes who are quite annoyed by the treatment of Roger. Selection is a matter of principle, and it should be adhered to.

D TUCKER
Havant, Hants

THE WEEK THAT WAS

30 years ago

AUGUST 12, 1967

■ FRENCHMAN Robert Bambuck equalled the European 200m record of 20.4 at his national championships where high jumper Robert Sainte-Rose (2.16) and Pierre Colnard (18.81 shot) set national records.

20 years ago

AUGUST 13, 1977

■ ***AW* editor Mel Watman predicted a third-place finish for Britain in the European Cup in Helsinki, with the former East Germany the outright favourite to lift both men's and women's trophies.**

■ JEAN DAWES of Ulverston became the first woman to complete the Bob Graham Round, completing the 42-peak Lakeland run 33 minutes inside the 24-hour limit.

10 years ago

AUGUST 15, 1987

■ **BRITISH gold medallists at the European Junior Championships included Tony Jarrett (110H), Marcus Adam (200) and Steve Backley (JT). Carl Thackery set a course record 29:29 at the Barnsley 6.**

Cook news please

As a long time follower of athletics we are always asking the question – what happened to Cathy Cook? Can anyone give us any information about what she did after retiring from athletics?

C PUCKERIDGE
Strood, Kent

What a waste

WHY do we send so many athletes to major championships when they clearly have no chance of progressing beyond the very early stages?

Surely we'd be better spending that money on taking the genuine medal hopes – and their coaches – out earlier to acclimatise better and hopefully perform better.

N CLAYTON
Milton Keynes
Bucks

■ **VIEWS expressed on *Athletics Weekly*'s letters page do not necessarily reflect the views of the editor or staff. *Athletics Weekly* reserves the right to edit letters.**

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Letter of the week

Best letter wins a pair of New Balance shoes

Careless coaches are to blame

AS Lady Bracknell might have said – to have one's charge injured 10 days before a major championship is a misfortune. To allow it to happen twice seems like carelessness.

Succinctly, surely those advising Kelly Holmes have a duty to ensure she gets to the starting line fit and well.

Fifty years following athletics suggests to me the problem is that scourge of all modern sports – compulsive overtraining.

With time, training fashions change (now more 'scientific'?) but the ancients weren't all idiots. So two thoughts from training manuals long ago.

When fully fit taper training to maintenance levels only and rarely, if ever, run in training on hard surfaces (eg. modern tracks).

Whatever views may now be on this advice, it is wise to remember that the Achilles heel is not solely a metaphor for human frailty.

STEVEN BLYTH
Apethorpe, Peterborough

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Your full preview guide to forthcoming events

What's on

Track

Wednesday August 13

CANNOCK OPEN
Cannock, Staffordshire. 6.30pm
CRESTA-TURBINES OPEN
Ken Marriot Leisure Complex, Rugby. 7pm. Including Warwickshire county 3000m championships.
Tel: Stewart Harris 01788-811871
BLACKBURN HARRIERS OPEN
Witton Park, Blackburn. 7.15pm
INVICTA EAST KENT AC OPEN
Julie Rose Stadium, Ashford, Kent. 7pm. £1.50 per event. Payable to Invicta East Kent AC. Entries close 30min before start of each event.
Mrs M Gilbert, 209 Wincheap, Canterbury, Kent CT1 3TP
LIVINGSTON OPEN GRADED
Craigswood Sports Centre, Livingston. 6.30pm. Entries on the night.
F Tatton, 21 Lighton Terrace, Stoneyburn, West Lothian EH47 8DG
NORTH EASTERN COUNTIES CHAMPIONSHIPS
Monkton Stadium, Jarrow. 6.30pm. Senior men's 10,000m; senior/junior women's 5000m; U17 girls 3000m.
Tel: Mike Bateman 01670-712228
SOUTH WALES VETS' LEAGUE
Cardiff. 6.30pm
TORFAEN AC & NEWPORT HARRIERS OPEN
Newport Stadium, Gwent. 6.30pm. £1.50 O15/£1 U15/free to U11. 50p entry in to stadium, entries on the night.
VENMORE MILE
Monkton Stadium, Jarrow. 7.45pm. Graded mile races for all abilities. £1 seniors. 50p juniors. 50p extra on the night. Payable to Heaton Harriers. Closing date August 10.
Les Venmore, 13 Mitcham Crescent, High Heaton, Newcastle upon Tyne NE7 7QU
WATFORD OPEN
Woodside Stadium, Horseshoe Lane, Watford. 7pm. £1.50 per event on the night.
The Organiser, 314 Watford Road, St Albans, Hertfordshire AL2 3DW. Tel: 01727-864222

Saturday August 16

AAA U17/U15 CHAMPIONSHIPS
Alexander Stadium, Birmingham (until 17). 11am
BRITISH MEN'S LEAGUE
Division One: Crystal Palace. **Division Three:** Monkton Stadium, Jarrow. **Division Four:** Queen Elizabeth Stadium, Enfield
MIDLAND MEN'S LEAGUE
Division One: Corby. **Division Two:** Leamington. **Division Three:** Rugby. **Division Four P:** Kettering. **Division Four R:** Yate. **Division Five P:** Daventry/Kettering. **Division Five R:** The Dell
NORTH OF ENGLAND MEN'S LEAGUE
Division One: South Leeds. **Division Two NE:** Hexham. **Division Two SE:** Grimsby. **Division Two C:** Ashton. **Division Two W:** Wavertree. **Divisio Three NE:** Sunderland. **Division Three SE:** Derby. **Division Three C:** Stretford. **Division Three W:** Stretford. **Division Four NE:** Sunderland. **Division Four SE:** Derby. **Division Four C:** Bury. **Division Four W:** Wavertree. **Division Five NE:** Hexham. **Division Five SE:** Grimsby. **Division Five C:** Bury. **Division Five W:** Ashton
SOUTHERN MEN'S LEAGUE
Division One: Woodford; Hemel Hemstead; Deangate; Brighton; Reading. **Division Two:** Milton Keynes; Dartford; Kingston; Thurrock; Harlow. **Division Three:** Windsor; Reading; RN Portsmouth; Tooting Bec; Wycombe. **Division Four:** Barking; Thurrock; Bournemouth; Ware; Guildford. **Division Five:** Sutcliffe Park; Basingstoke; Tonbridge; Deangate; Haringey. **Division Six:** Guildford; Dartford; Kingston; Milton Keynes; Ware. **Division Seven:** Wycombe; Woodford; Hemel Hempstead; Bournemouth; Tooting Bec. **Division Eight:** Tonbridge; Harlow
WELSH SENIOR LEAGUE
Divisions Two, Three & Four: Aberdare

Sunday August 17

BORDER HARRIERS OPEN GRADED
Sheepmount Stadium, Carlisle.
Entries: 7 Edgehill Road, Harraby, Carlisle, Cumbria CA1 3LJ
CENTRAL GIRLS' LEAGUE
Stafford
COMPLETE RUNNER WEST YORSHIRE LEAGUE
Wakefield
EAST ANGLIAN LEAGUE
Great Yarmouth
EBBISHAM (U15 boys) LEAGUE
Sutton
HORSHAM BLUE STAR HARRIERS OPEN
Broadbridge Heath Leisure Centre, Horsham. Noon. £1 per event/£2 on the day.
Keith May, 11c Hillcrest Close, Scaynes Hill, West Sussex RH17 7PJ. Tel: 01444-831430
SMALL NATIONS INTERNATIONAL
Grangemouth, Scotland
SPAR BRITISH CHALLENGE
Crystal Palace National Sports Centre, Norwood, London. 4pm
WELSH SENIOR LEAGUE
Division One: Newport

Monday August 18

JUMPS AND THROWS CLINIC
Northwood Stadium, Stoke-on-Trent. (until 19). Triple jump/shot putt. Coaching. 9.30am-16.30pm. £10 one day; £15 two days.
Details: BAFECT, 2 Gipsy Hill, Crystal Palace, London SE19 1NL. Tel:0181-7668400

Wednesday August 20

BRIGHTON & HOVE AC OPEN
Withdean Stadium, Tongdean Lane,

AAA U17/U15 Champs

Alexander Stadium, Birmingham, August 16-17
WITH every regional champion this meeting is going to be a cracker.
The event starts at 11am on both days and admission will be £3 adults, £1.50 concessions with a special two-day ticket at £5.
■ Further information is available from the AAA of England office, tel: 0121-4521500.

British Men's League

Saturday August 16
IT'S the final round of fixtures at Crystal Palace (division one), Monkton Stadium, Jarrow (division three) and Queen Elizabeth Stadium, Enfield (division four).
The division two title holders will not be known until August 23 at Dumfries.
All matches get underway at noon with the field events (hammer) and track at 2.15pm with the 400m hurdles.

Spar British Challenge

Crystal Palace, Sunday August 17
A star-studded line-up is set to descend on Crystal Palace on Sunday, with Roger Black and the 4x400m team leading the British challenge.
■ See News on page 41 for further details.

World Trophy Trial Races

Winder Grind, Sedbergh, Cumbria, Sunday August 17
THIS Sunday sees the trial races for the World Trophy to be held next month at Upice in the Czech Republic.
This year the trials are guaranteed even greater status with the men's race also incorporating the fourth of six English championship races.
All eyes will be on Richard Findlow and Carol Greenwood with all four races expecting fields of the highest quality with Ian Holmes, Mark Roberts, Mark Croasdale, Mark Kinch, Sarah Rowell, Heather Heasman and Victoria Wilkinson all vying for the handful of places on offer.
The first three men, two junior men, two women and first junior woman home will be guaranteed selection with three men, two junior men, two women and two junior women chosen by the selectors later that evening.
The men will race over a three-lap 6.6 mile (2970ft) course, the women and junior men over two laps (4.8M, 2079ft) and the junior women over a single lap (2.5M, 1040ft).
■ For further information, contact Pete Bland, England team manager, tel: 01539-731012 (day).

What's on TV ...



Thursday August 14
Eurosport will have extensive coverage from the second of the Golden Four IAAF Grand Prix meets from last night's meeting in Zurich starting at noon.
Saturday August 16
Eurosport has three hours of coverage from the Monte Carlo IAAF Grand Prix starting at 7pm.
Sunday August 17
Channel 4 will have live action from the Spar British Challenge from Cyrstal Palace from 6.30pm-8pm.

Brighton. 6.15pm. Inc SEAA 3000m Championships and U13 minithon. Open events £2, entry on the night.
Tel: Chris Carter 01273-503446 or Hazel Bristow 01273-702592

MIDLAND COUNTIES OPEN
Alexander Stadium, Birmingham

WELSH OPEN
Neath

WIRRAL AC OPEN
The Oval, Bebington, Wirral. 6.45pm. £1 per event/£2 for three or more events, entry on the night.
N Waterson, 96 Heygarth Road, Eastham, Wirral L62 8AF

WOKING AC OPEN
Sheerwater Track, Blackmore Crescent. 6.30pm. £1 per event. £2.50 on the night payable to Woking AC.
The Organiser, Emlyndene, Long Reach, Ockham, Woking, Surrey GU23 6PG

WOODFORD GREEN OPEN GRADED AND WALKS
Ashton Playing Fields, off Chigwell Road A113, Woodford, Essex. 6.40pm. £1.50 seniors/£1 others per event. Entries close 20mins before event.

Thursday August 21

CITY OF BATH OPEN
University of Bath, Claverton Down, Bath. 7pm. £2 senior/£1.50 juniors.
Diana Blake, 1 Charlcombe Rise, Lansdown, Bath BA1 6LA.
Tel: 01225 -317357

Saturday August 23

BERLEI SHOCK ABSORBER UK WOMEN'S LEAGUE
Division One: Alexander Stadium, Birmingham. **Division Two:** Coventry.

BRITISH ATHLETICS ENDURANCE INITIATIVE
Oxford

BRITISH MEN'S LEAGUE
Division Two: Dumfries

CUMBRIA LEAGUE
Whitehaven

MIDLAND COMBINED EVENTS CHAMPIONSHIPS
Stoke. (until 24)

THAMESIDE LEAGUE
Battersea Park

Sunday August 24

BERLEI SHOCK ABSORBER UK WOMEN'S LEAGUE
Division Three: Cardiff. **Division Four:** Cannock

CITY OF BATH AC AND STROUD & DISTRICT AC OPEN
University of Bath, Claverton Down, Bath. 11.30am. £1 per event. Postal entries close August 18.
Entries double on the day.
Diana Blake, 1 Charlcombe Rise, Lansdown, Bath BA1 6LA.
Tel: 01225-317357

GRAMPIAN TELEVISION LEAGUE
East Division: Peterhead. **North Division:** Nairn. **South Division:** Arbroath

HARROW AC/PARKSIDE AC OPEN
Bannister Stadium, Uxbridge Road, Harrow. 1pm. £2 for first event £1 for subsequent events.
Dennis Orme, 12 Warden Avenue, Harrow, Middlesex HA2 9LW

MERSEYSIDE CHAMPIONSHIPS & OPEN 10km
Wavertree Athletics Centre, Liverpool. 12pm. 10km (men) and 5km (women). £2 entry for county championships. Postal entries close August 18. Open entries £1.50 on the day. Cheques & postal orders payable to Liverpool Harriers & AC.
Keith Hatton, 40 Garthdale Road, Liverpool L18 5HW

MIDLAND WOMEN'S LEAGUE
Division Five: Leamington

SOUTH OF ENGLAND U20 INTER-COUNTIES
Copthall

UNIVERSAL OFFICE SUPPLIES ALDER VALLEY BOYS' LEAGUE
Basingstoke

VETS AC CHAMPIONSHIPS
Kingsmeadow Track. 11.30 am. Postal entries closed.
Jeremy Hemming, 40 Balvernie Grove, London SW18 5RU. Tel: 0181-8741645 or Bob Belmore Tel: 01428-654749

VIEW FROM AAA CHAMPIONSHIPS
Alexander Stadium, Birmingham (until 25)

Monday August 25

BRITISH STEEL OPEN
Quibell Park, Scunthorpe. 10.30am. £1 per event. £2 per relay team. Trophies to first three in each event. Cheques & postal orders payable to Scunthorpe & District AC. Postal entries closed. No late entries except relays.
Mrs J Walker, 33 Knightsbridge Road, Messingham, Scunthorpe. DN17 3RA. Tel: 01724-762082

COLCHESTER & TENDRING AC BANK HOLIDAY OPEN
Colchester Garrison Track. 10.30am. £1 U11/£1.50 per event on the day.
Details: David Payn, 6 Keeble Close, Tiptree, Essex CO5 ONU

LLOYDS/TSB YOUTH GAMES
Crawley Leisure Centre, Haslett Avenue, Crawley, Sussex. 11am. £1.50 per event payable to Crawley Athletics Club. Postal entries close August 19. No entries on the day.
Ray Hopkins, 110 Hoblands, Haywards Heath, West Sussex. RH16 3NB

TSB CARDIFF & VALE OF GLAMORGAN SCHOOLS' WELSH INTER-COUNTIES
Leckwith Stadium, Cardiff. Noon

Tuesday August 26

BMC 800
Stretford Stadium, Longford Park, Trafford, Greater Manchester. 8pm. £2/£3 non members entry on the night.
M J Harris, Stretford Stadium, Longford Park, Ryebank Road, Stretford, Manchester. Tel: 0161-4991901

TRAFFORD OPEN
Stretford Stadium, Longford Park, Trafford, Greater Manchester. 6.45pm. £2 entry on the night.

Wednesday August 27

BARRY OPEN
Barry

WATFORD OPEN GRADED
Woodside Stadium, Watford. 7pm. £1.50 per event on the night.
The Organiser, 314 Watford Road, St Albans, Hertfordshire AL2 3DW.
Tel: 01727-864222

Road

Wednesday August 13

BILL PARTRIDGE MEMORIAL 10km
Stourbridge Rugby Football Club. 7pm. £3.50/£4.50 unatt/£5 on day, payable to Bill Partridge Memorial Run. Postal entries closed. Hard, hilly, scenic, town, rural, cut glass to every runner. Course record 29:30. Last year: 220 finishers, last finisher 85:32.
N Jones, 61 Westminster Road, Wordsley, Stourbridge, West Midlands DY8 5EB. Tel: 01384-833933

FRANK HODSON RONHILL ISOSTAR SADDLEWORTH 6
Greenfield, Oldham. 7.30pm. £4/£5 unatt/£1 extra on day, payable to Oldham & Royton Harriers & AC. Fast, flat, two laps, mementoes. Course record Dave Lewis 28:42. Last year: 214 finishers, last finisher 66:59.
Brian Varley, 8 Whittle Drive, Shaw, Oldham, Lancashire OL2 8TJ

HORWICH RMI JUBILEE SERIES 4
Rivington. 7.30pm. £2.50/£3.50 unatt/£1 extra on night/£8 series/£12 series before May 14 unatt/£10 series on May 14/£14 series on May 14 unatt, payable to Horwich RMI Harriers. Undulating, scenic, rural, one lap. Course record Andy O'Brien 19:49. Last year: 180 finishers, last finisher 50:00.
Mr G Hughes, 8 Vauze House Close, Blackrod, Bolton, Lancashire BL6 5BZ. Tel: 01204-695528

DAVE LEM MEMORIAL 5
Wycliffe Community College. 7.15pm. £3.50/£4.50 unatt/£1 extra after August 7, payable to West End Runners.
Glynn Smith, 24 Edenhall Close, Rushey Mead, Leicester LE4 7ZU. Tel: 0116-2669964

LENSBURY BRIDGES HANDICAP 2.3
Albert Embankment, London. 12.30pm.
Contact: Alan Spencer 0171-9345247

MADELEY MATCHMAKER 5km
Madeley. 7.30pm. £3/£4 unatt, payable on day. Hilly, two laps.
Mrs M Kelcher, Woodside Cottage, Lilyhurst, Sheriffhales, Shifnal TF11 8RL

PETERBOROUGH GRAND PRIX 5km & 3km
Werrington Sports Centre. 7pm junior. 7.30pm Seniors. £1.50 juniors/£2.50 seniors, entries on night only.
Tel: Toni Cooper 01780-757432

PRESTATYN RAILWAY WOMEN ONLY 4.75 & GIRLS U15 2km
Prestatyn Sports Centre, Princes Avenue. 7pm. 7.05pm fun run. £2/£3.50 unatt/£1 juniors/£2 juniors unatt, payable to Prestatyn Running Club. Postal entries closed. Tracks, flat, one lap, out and back, mementoes. Last year: 88 finishers, last finisher 2:04:40.
Race Secretary, Hafryn, Ffordd, Penrhwylfa, Meliden, Prestatyn LL19 8HW. Tel: 01745-888078

STRATHMIGLO STRADDLE
Strathmiglo, Fife
Tel: 01592-203856

Thursday August 14

HEREFORD 10km
Hereford Leisure Centre. 7.30pm. £2.50/£3.50 unatt/£1 extra on day, payable to Hereford Coüriers. Postal entries closed. Fast, flatish, town, two laps. Course record Justin Pugsley 30:22. Last year: 65 finishers, last finisher 64:00.
Paddy Nugent, 7 Hospital Houses, Burghill, Hereford HR43 7RD.
Tel: 01432-760832

Friday August 15

MYNYDD ISLWYN 1
Church Inn. 7pm. £2/£3 unatt/£3 on day. Hilly, scenic, rural, one lap, slow runners and first timers welcome. Course record 8:18. Last year: 30 finishers, last finisher 13:00.
Mr M Heare, 5 Farm Road, Swffryd, Crumlyn, Gwent NP1 5HX.
Tel: 01495-245430

ST LEVAN 10km & CHILDREN'S 2
St Levan Playing Field. 7pm. £3/£3 on day/£1.50 children's race, payable to St Levan Sports Club.
Steve Chapple, Chynoy, Penberth, St Buryan, Penzance, Cornwall TR19 6HH. Tel: 01736-810408

Saturday August 16

NAIRN HALF-MARATHON
2pm. £4/£5 unatt/£1 extra on day, payable to Nairn Road Runners. Flat, rural, mementoes.
Beinn Dorain, 15 Lodgehill Road, Nairn IV12 4QW. Tel: 01667-453423

RONHILL ISOSTAR SERIES REDDITCH 10km
Redditch. 6pm. £4/£5 unatt/£1 extra after closing date.
Morna Farquhar (10Km), 25 Kingham Close, Winyates Green, Redditch, Worcestershire B98 0SA

ROSE INN SERIES 4
Rose Inn Redwick Junction 24. 7.30pm. £2/£3 unatt all entries on night. Totally flat, fast.
Tel: M Reeks 01291-421310

YORKLEY GALLOP 4.7
Nag's Head. 7pm. £2.50/£3.50 unatt includes free drink, payable to Forest of Dean AC.
Tom Gowar, Prospect House, Yorkley Slade, Gloucestershire GL16 7QS.
Tel: 01594-562633

Sunday August 17

BIRCHWOOD 10km & FUN RUN 2.5
Silver Birch Pub. 10.30am fun run. 11.15am 10km. £4/£5/unatt/£1 extra on day/£2 fun run, payable to Spectrum Striders Running Club. Postal entries closed. Fast, flat, part rural, one lap.
Birchwood Races, 18 Leamington Close, Great Sankey, Warrington, Cheshire WA5 3PY.
Tel: 01925-710809

BURNHAM BEECHES HALF-MARATHON
Caldicott School, Farnham Common. 11am. £6/£7 unatt/£1 extra after August 8, payable to Burnham Joggers. Postal entries closed. Hilly, scenic, rural, two laps, medals. Course record T Mayer 66:36. Last year: 615 finishers, last finisher 3:15:28.
Burnham Beeches Half-marathon, 6 Fern Drive, Taplow, Maidenhead, Berkshire

CORSHAM RFC 5.3
Corsham RFC Ground, Lacock Road. 11am. £2/£2.50 on day, payable to Chippenham Harriers. Fast, flat, scenic, rural. Last year: 91 finishers.
P Kalkusko, 7 Penleigh Close, Corsham, Wiltshire

DERBY PRIDE 10km & 2km
Derby County Football Stadium. 10.15am fun run. 11am 10km. £4/£5 unatt/£1 extra on day/£2.50 fun run/£3 fun run on day, payable to Derby Pride 10km.
Simon Elliott, Derby Pride 10km, X-Ray One, Derbyshire Royal Infirmary, London Road, Derby DE1 2QY.

ISLE OF WIGHT HALF-MARATHON
Sandown High School. Noon. £4/£5 unatt, payable to Ryde Harriers. Postal entries closed. Hilly, scenic, rural, one lap, medals, Course record 68:25. Last year: 102 finishers, last finisher 2:31:18.
Hon Half-marathon Secretary, c/o Ryde Harriers HQ, 31 High Street, Oatfield, Ryde, Isle of Wight PO33 1EJ.
Tel: 01983-565296

BDW LAMBOURN 5 & 2.5
Lambourn Sports Club, Bockhampton Road. £3.50/£2.50 fun run/50p extra on day, payable to Lambourn Carnival Festival. Postal entries close August 14. Fast, village, mementoes. Last year: 70 finishers, last finisher 58:43.
Miss S Bartlett, 4 Lyedowns, Lambourn Woodlands, Hungerford, Berkshire RG17 7SG. Tel: 01488-73673

NARBERTH 9 & 2.5
Narberth RFC. 10.30am. £4/£2 U15 run, payable to Narberth RFC. Medals.
Mr D Morgan, Glan y gorse, Pwll Trap, St Clears, Carmarthen SA33 4AX

ROPSLEY 10, WALK 10, & FUN RUN 3
Ropsley Village Hall. 9.30am walk, 10.30am main race. 10.45am fun run. £4/£5 unatt/£4 walk/£1 extra on day/£2 fun run entries on day. Postal entries closed. Country roads, one lap.
Mr W Coulthard, Coppergates, Grantham Road, Ropsley, Grantham, Lincolnshire NG33 4BX.
Tel: 01476-585483

SPRINGFIELD STRIDERS 10
The Essex Showground, Great Leighs. £5/£6 unatt/£1 extra on day, payable to Springfield Striders. Fast, gently undulating, rural, T-shirt.
Kevin Wright, 20 Belmont Close, Chelmsford, Essex CM1 6UT

THOLTHORPE 10km
Tholthorpe, North Yorkshire. 11am. £4.50/£5.50 unatt/£1 extra on day, payable to Tholthorpe 10km. Postal entries closed. Rural, fast, one lap, finish village green, mug. Last year: 210 finishers.
Tholthorpe 10km, Maycroft, Tholthorpe, York YO6 2JN. Tel: 01347-838607.
E-Mail: pnjberry@netcomuk.co.uk

THORNEY 5
Bedford Hall, Thorney, Peterborough. 11am. £4/£5 unatt/£4.50 Eastern Vets/£1 extra on day, payable to Thorney Running Club. Postal entries for Eastern Vets closed. Fast, flat.
Keith Hall, 20 St Mary's Close, Thorney, Peterborough PE6 0SJ

Tuesday August 19

VAC BATTERSEA PARK MILE, 5, & WALK 5
7pm one mile. 7.15pm 5 mile
Dennis Williams, 82 Prince George's Avenue, London SW20 8BH.
Tel: 0181-5436112

BUPA MIDWEEK 10km
Easton College, Norwich. 7pm. £3.50/£4.50 unatt/£5 on day, payable to City of Norwich AC. Postal entries closed. Fast, rural. Course record G Amos 31:17. Last year: 177 finishers, last finisher 69:07.
BUPA Midweek Series, High Leys, Danesbower Lane, Blofield, Norwich NR13 4LP

FINSBURY PARK THREE FIVE SERIES 5km
7pm. £2 on night only
Tel: Ivor Wiggett 0181-3640872

SOUTHPORT TOWN

CENTRE 5km
Town Centre. 7pm first race. £3/£4 unatt/£1 extra on day, payable to Southport Waterloo AC.
Mark Ashby, 9 Vaughan Road, Bikdale, Southport PR8 4BX. Tel: 01704-560934

Wednesday August 20

CHRIS INGRAM MEMORIAL 5
Borough Council Offices, Nottingham Road. 7.30pm. £3/£4 unatt, payable to Stilton Striders. Postal entries close August 18. Scenic, town, rural, one lap.
John Stares, 4 Tweed Drive, Melton Mowbray, Leics LE13 0UZ. Tel: 01664-65094

COLCHESTER GARRISON SERIES 5km
7.45pm. £2/£3 unatt, entries on night only. Fast, flat, traffic free.
D Wright 01206-262978

MARYMASS 10km & FUN RUN 1
Maress, Irvine

MITETA 10
Princess Mary Playing Fields, Cleckheaton, West Yorkshire. 7pm. £3/£4 unatt/£1 extra on night, payable to Spenborough & District AC. Undulating, one lap, shoe bags to first 100.
Chris Drake, 4 Chapel Fold, Lower Wye, Bradford, West Yorkshire BD12 9AE. Tel: 01274-678363 before 9pm

STAFFORDSHIRE KNOT 5 & 2
Cannock Chase Visitors Centre, Brindley Heath, Hednesford. 7.15pm. £3/£4 unatt/50p extra on day, payable to Stafford Harriers. Paths & tracks, flat, scenic, rural, one hill on each lap, two laps, first 200 finishers receive a crystal brandy snifter. Course record Simon O'Connor 25:05. Last year: 229 finishers, last finisher 54:53.
Graham Allen, 18 Harcourt Way, Tillington, Stafford, Staffordshire ST16 1QY. Tel: 01785-259376

SUMMER 10km
Glaxo Factory Sports Centre. 7.15pm. £3.50/£4.50 unatt, payable to Glaxo Hoad Hill Harriers. Postal entries close August 16. Fast, flat, town, rural, one lap, mementoes. Last year: 120 finishers, last finisher 55:00.
Simon Barton, 8 Conishead Road, Ulverston, Cumbria LA12 0DQ. Tel: 01229-586278

WIGAN PHOENIX HAIGH HALL SERIES 5
Haigh Hall Country Park. 7.30pm. £2.50 att/£8 series/50p extra on day, payable to Wigan Phoenix. Fast, two laps. Last year: 280 finishers, last finisher 48:00.
Phil Dent, 4 Heeley Street, Wigan, Greater Manchester WN1 2HN

Thursday August 21

GLOBE INN 5km
Sandhurst Lane, Gloucester County Series & Championships. 7.45pm. £1.50/£2.50 unatt.
T Haines, 48 The Triangle, Gloucester GL2 0NG

Friday August 22

NIVAA OPEN 5
Ciyms Sports Pavillion Circular Road. 7.30pm.
Jim Harris, 3 Orchard Place, Newtownards, Co Down Tel: 01247-816595

WARDOWN PARK 5km
Wardown Park, Luton. 6pm. £4/£5 unatt/£2 fun run, payable to VRC (Athletics). postal entries close August 18. Fast, flat, two laps. Course record J Moorhouse 14:53. Last year: 103 finishers, last finisher 43:00.
D Hughney, 37 Shaftesbury Road, Luton, Bedfordshire LU4 8AL. Tel: 01582-753739

Saturday August 23

KENDAL GATHERING HALF-MARATHON
Kendal Leisure Centre. 1pm. £4/£5 unatt/£1 extra on day, payable to Kendal AC. Postal entries close August 18. Scenic, rural. Last year: 147 finishers.
Pete Bland Sports, 34a Kirkland , Kendal, Lancashire LA9 5NR

TWO BRIDGES ROAD RACE 35
Rosyth Civil Service Sports Club. 10am. £8, payable to Two Bridges Race Fund. Postal entries close August 17. Hilly, scenic, town, rural, one lap certificates. Course record Simon Lund 3:34:12. Last year: 72 finishers, last finisher 7:06:20.
Jim Henderson, Civil Service Sports Club, Castle Road, Rosyth, Fife, KY11 2HU. Tel: 01383-415828

Sunday August 24

ARUNDEL FESTIVAL 10km
Arundel, West Sussex. 9am. £4.50/£5 on day/£3.50 U16/£4 on day U16, payable to 1st Arundel Scouts. Three laps.
Entries Secretary, 40 Kirdford Road, Arundel, West Sussex BN18 9EE

BATTLE OF SEDGEMOOR 10km
Langport. 11am. £5/£6 unatt/£3 fun run. Postal entries close August 20.
Mr Steve Brown, Flat 3, Ouseley House, 1/2 The Hill, Langport, Somerset TA10 9PU. Tel: 01458-252736

BASINGSTOKE BOLT 5km
Basingstoke. 11am. £3.50 before August 14/£5 after August 14, payable to Banana Leisure. Rural, testing, out and back.
Banana Leisure, PO Box 386, Reading, RG31 6PU. Tel: 0118-9415500

CITY OF ABERDEEN HALF-MARATHON
Chris Anderson Stadium
Tel: 01224-636299

DARLINGTON 10km
10.30am. £5/£6 unatt/late entries £1.50 extra, payable to Darlington Borough Council.
Marion Bynoe Recreation Support Unit, 11 Houndgate, Darlington, County Durham DL1 5RF. Tel: 01325-38858

EXMOUTH HALF-MARATHON
Exmouth., 11am. £6/£7 unatt, payable to Exmouth Harriers. Postal entries closed. Incorp Devon Half-marathon Championships. Flatish, scenic, town, rural, one lap, mementoes. Course record 66:43. Last year: 480 finishers, last finisher 2:36:00.
Exmouth Half-marathon, 9 Halsdon Avenue, Exmouth, Devon EX8 3DL

FILEY SEA CADETS BEACH RUN 10km & 2
Filey. 1.30pm fun run. 2.30pm main race.
G Stenhouse, 8 Lady Edith's Avenue, Scarborough, North Yorkshire YO12 5RB. Tel: 01723-362837

GREAT SCOTTISH RUN HALF-MARATHON
Glasgow

GRIMSBY 10km
Willows Social Club. 10am. £4/£5 unatt/£1 extra on day, payable to Wolds Vets. Postal entries close August 18. Fast, flat, town, two laps, T-shirts. Course record J Stephenson 31:04. Last year: 200 finishers, last finisher 66:00.
S Green, 48 Albatross Drive, Grimsby DN37 9PI. Tel: 01472-883191

HEADINGTON 5
Oxsrad Centre. Marsh Lane. 11am. £4/£5 unatt/£1 extra on day, payable to Headington RoadRunners. Postal entries close August 23. Fast, flat, town, glass tankard to all finishers. Course record 24:11. Last year: 400 finishers, last finisher 64:00.
Headington Road Runners, PO Box 905, Oxford OX3 0XX

TROT 10km
St Clears Leisure Centre. 10.30am various junior races. 11am main race. £4/£5 unatt/£2 junior races, payable to TROT. Medals.
Mr D Morgan, Glan y gorse, Pwll Trap, St Clears, Carmarthen SA33 4AX

Monday August 25

ARLINGHAM 4.5
Paggage Inn, Arlingham, Near Gloucester. 11.30am. £1.50/£2.50 unatt.
D Buckle, Chatter Street Cottages, Longney, Gloucester

ARMTHORPE 10km, 2.5 & 1
Armthorpe. 11.30am. £3.50/£4.50 unatt/£2.50 2.5/£1.50 U12 mile/ payable to Armthorpe Road Race. Flat, town. Course record 29:36. Last year: 436 finishers, last finisher 70:00.
Mr M Hill, 27 Tranmoor Lane, Armthorpe, Doncaster DN3 3DB. Tel: 01302-833584

BALTONSBOROUGH 5.5 & JUNIOR 1.75
Baltonsborough Playing Fields. 2.30pm. £2.50 seniors/50p juniors, payable to Baltonsborough Horticultural Society. Rural, undulating, hilly, flat, fast. Course record 28:25. Last year: 52 finishers, last finisher 53:20.
Andrew Hennessy, Conifers, Neville park, Baltonsborough, Somerset BA6 8PY

MALMESBURY CARNIVAL 7
Corn Gastons School. 2pm. £3.50/50p extra on day, payable to Malmesbury Carnival.
Jim Druett, c/o Lucent Technologies, Swindon Road, Malmesbury, Wiltshire SN16 9NA

MORMON HALF-MARATHON & 2
Daventry Country Park. 10.30am fun run. 11.15am main race. £6/£7 unatt/£8 on day/£1 fun run, payable to Daventry Marathon. Postal entries close August 18. Fast, flat, town, two laps, medals. New course.
Barry Attree, 20 Admirals Way, Daventry, Northants NN11 4LE. Tel: 01252-544616

SOUTHWICK FLOWER SHOW 3
Playing Field. 3pm. £3 adults/£1.50 juniors U14, payable to Southwick & N Bradley Band Association.
R Barber, 17 Hollis Way, Southwick, Trowbridge Wiltshire BA14 9PH. Tel: 01225-761466

STAUNTON BEER RACE 6
The Prince of Wales. 11am. £3/£4 unatt/£1 extra on day, payable to Gloucester Athletic Club. Postal entries close August 25. Fast, flat, scenic, rural, two laps. Last year: 120 finishers, last finisher 54:33.
Mrs S Limbrick, 28 Avebury Close, Tuffley, Gloucester GL4 0TS. Tel: 01452-547264

TORBAY REGATTA 10km
Torbay Hotel. 7pm. £3/£4 unatt, payable to Torbay AAC. Postal entries close August 18. Last year: 180 finishers, last finisher 87:27.
T Honeychurch, 42 Maidenway Road, Paignton, Devon TQ3 2QB

Tuesday August 26

CERES 8
Ceres, Fife. 7pm. £3.50/£4.50 unatt, payable to Ceres Community Council. Hard, hilly, scenic. Course record P Fox 39:50.
John Deacon, Torc Cottage, Craigrothie, Fife. Tel: 01334-828255

Wednesday August 27

JOHNNIE WALKER KILMARNOCK HARRIERS 10km & FUN RUN
Kilmarnock
Tel: 01563-527829

PETERBOROUGH GRAND PRIX 5km & 3km
Thomas Cook. 7pm junior. 7.30pm seniors. £1.50 juniors/£2.50 seniors, entries night only.
Toni Cooper 01780-757432

RIVERSIDE CHALLENGE 10km
Doudies Tavern. 7:15pm. £4/£5 unatt/£6 on day, payable to Jarrow & Hebburn AC. Postal entries close August 18. Tracks, hilly, scenic, rural, one lap, T-shirts. Course record Paul Cuskin 30:40. Last year: 247 finishers, last finisher 66:00.
M Gatens, 46 Hereford Way, Felgate, Tyne & Wear

Multi-terrain

Thursday August 14

BS DEESTRIDERS GRAND PRIX 5
BS Sports and Social Club, Rowley's Drive. 7.30pm. £3/£4 unatt, payable to BS Deestriders Running Club.
Race Secretary, 97 Aston Park Road, Queensferry, Deeside, Flintshire CH5 1UD. Tel: 01244-811718

MARLBOROUGH EVENING SERIES 5
Marlborough Leisure Centre. 7pm. £3.50/£1 extra on day, payable to Mark One Events. Hilly, scenic, rural, one lap.
Mark One Events, Top Floor, 12 London Road, Marlborough, Wiltshire SN8 1PH. Tel: 01672-515569

Saturday August 16

RACE THE TRAIN 14
Tywyn. Postal entries closed.
Rotary Club of Tywyn, c/o 7 Yr Ynys, Vinyl Faenol, Isaf, Tywyn, Gwynedd LL36 0DW. Tel: 01654-710607

Sunday August 17

BORTH BEACH RUN 3 & 6
Borth, Ceredigion. 2pm. £3 payable on day only. Beach, flat, out and back, medals, spot prizes.
Enquiries only S Dalton, Maesyrhedydd, Ynyslas, Borth, Ceredigion SY24 5JY

CAMELFORD ROUGHTON 10
Camleford Cornwall. 11am. £3/£3.50 unatt/£4 on day, payable to Camelford Fun Committee. Postal entries closed. Hard, hilly, scenic, rural, one lap, medals. Course record J Israel 60:40. Last year: 58 finishers, last finisher 1:57:00.
Mrs P Burnett, 26 Market Place, Camelford, Cornwall PL32 9PD. Tel: 01840-213466

CAMULODUNUM TRAIL 40
Essex University, Colchester. 8am. £13/£14 unatt, payable to CHAC. Postal entries closed. Tracks, scenic, one lap, slow runners and first timers welcome. Course record D Lacy 4:50:00. Last year: 50 finishers, last finisher 9:50:00.
R Moore, 66 The Wilows, Colchester, Essex CO2 8PX. Tel: 01206-766650

DORSET DODDLE 31
Clock Tower, Esplanade, Weymouth. 9am. £3.50/£3 coach fare Swanage to Weymouth (at 7.30am), payable to Bournemouth Youth & Community Association. Postal entries closed. Hard, hilly, scenic, rural, straight course to Swanage via coastal path. Last year: 166 finishers, last finisher 12:00:00.
Mr Les Griffiths, Flat 2, 41 Queens Park Avenue, Bournemouth, Dorset BH8 9LH. Tel: 01202-527141

STANDISH WOODLAND CHASE 10
Standish Hospital, Stonehouse. 11am. £3/£4 unatt/50p extra on day, payable to Stroud and District Athletic Club.
Mr Roger Briers, 62 Churchill Road, Nailsworth, Gloucester GL6 0DE. Tel: 01453-833637

WORSTORNE MAGNIFICENT 7
Gorple Road. 11am. £3/£3.50 unatt/£1 extra on day, payable to S Pickles. Postal entries close August 10. Tracks, hard, hilly, scenic, rural. Last year: 189 finishers.
S Pickles, 9 Gorple Green, Worsthorne, Burnley, Lancashire BB10 3PT. Tel: 01282-434672

Tuesday August 19

BOULTONIAN BEACH RACES 6
Bydales School, Marske by Sea. 7.10pm. £1.50/£2.50 unatt/£1 junior on day. Flat. Last year: 40 finishers, last finisher 50:00.
Graham Hall, 12 High St West, Redcar, Cleveland TS10 1SG. Tel: 01642-490783

Sunday August 17

GARWNANT 10km
Garwnant Visitor Centre. 10.30am. £4.50/£5.50 unatt, entries on day only. Hilly, scenic. Last year: 102 finishers, last finisher 90:00.
Mike Hourihan, 5 Lewis Square, Abercanaid, Merthyr Tydfil. Tel: 01635-371482

Sunday August 24

BLAISDON JELLY LEG 13 - 14
Red Hart Inn. 10.30am. £3.50/£4.50 unatt/50p discount to competitors holding their own race number form the Goodrich Fell race. 1800ft climb and descent, forest trails.
Tel: Martin Green 01594-836408

BLOODHOUND 10km
Readyfields Farm, Caunton. 11am. Open cross country. £4/£5 unatt. Fun run 10.45am. £3. Payable to Newark AC.
Newark AC, c/o 42 The Paddocks, Newark, Nottinghamshire NG24 1SS

THE JOG SHOP JOG 20
Brighton Marina Car Park, Sussex.

9am. £5/£6 unatt/£7 on day, payable to Sussex AA (JSJ). Cross country, tracks, hard, hilly, scenic, medals, mementoes. Course record D Rathbone 2:08:11. Last year: 264, last finisher 4:55:00.
The Jog Shop, 39b George Street, Brighton BN2 1RJ. Tel: 01273 675717

Monday August 25

TSB GRIMSTHORPE CASTLE 10km
Grimsthorpe Estate, Lincolnshire. 11am. £5/£6 unatt/£1 extra on day, payable to Bourne AC. Postal entries closed. Scenic, one lap, within estate grounds, T-shirt 10km finishers. Last year: 320 finishers, last finisher 75:12.
P Ward, 8 Lavenham Court, Orton Longeville, Peterborough PE2 7ZF. Tel: 01778-425525
SHILLINGSTONE 5
Shillingstone Rec. 2.45pm. £3.50/£1.50 junior, payable to Portman Hall. Postal entries close August 18. Hard, hilly, scenic, rural, one lap. Course record M Hargreaves 29:26. Last year: 47 finishers, last finisher 59:26.
A Drake, 8 Wessex Avenue, Shillingstone, Blandford Forum, Dorset DT11 0TG. Tel: 01258-861079

Fell

Wednesday August 13

CAERKETTON HILL
Hilend, Edinburgh
CRACKEN EDGE 7.5
Kinder Mountain Rescue Team HQ (Behind George) Hayfield. 7.30pm. £3 on night, all proceeds to the rescue team.
Details: Alan Brentnall, Westfield, Spring Bank, New Mills, High Peak SK22 4BH. Tel: 01663-746476

Saturday August 16

GARGRAVE SHOW
North Yorks. 3pm
Tel: Colin Beck 01756-792869

HELMSDALE GAMES
Scotland. Noon
Before travelling please confirm date with Andrew Rettie Tel: 01738-627782
RUSLAND SPORTS AND SHOW
Tel: Colin Beck 01756-792869
TAP O'NOTH HILL
Rhynie, Huntly. £3/£4 unatt on day entries. 1220ft of climb
Tel: 01464-861387
WORLD TROPHY SCOT TEAM TRAIL & SCOT JUNIOR CHAMPIONSHIPS
Dreghorn, Edinburgh
Tel: 0131-4478846

Thursday August 21

ARGYLLSHIRE GAMES (OBAN)
Scotland. 11am
Before travelling please confirm date with Andrew Rettie Tel: 01738-627782
GRASMERE SPORTS
Cumbria. Noon
Tel: Colin Beck 01756-792869

Saturday 23

GOODRICH FELL 6.5
Near Symonds Yat. 2.30pm. £2.50/£3.50/50p extra on day, payable to Forest of Dean AC. 900ft of ascent.
Martin Green, 16 Park Road, Five Acres, Coleford, Gloucester GL16 7QS. Tel: 01594-836408
GREAT WILDERNESS CHALLENGE
Poolewe
Tel: 01445-731238
LONACH HIGHLAND GATHERING
Scotland. 1pm
Before travelling please confirm date with Andrew Rettie Tel: 01738-627782
MALHAM SHOW
North Yorkshire. 3pm
Tel: Colin Beck 01756-792869
WEST WITTON FELL
North Yorkshire. 5.30pm
Tel: Colin Beck 01756-792869

Sunday August 24

LOMONDS OF FIFE HILL
Strathmiglo Village Hall
Tel: 01337-831425

Monday August 25

HEBDEN SPORTS
North Yorkshire. 2.30pm
Tel: Colin Beck 01756-792869

Tuesday August 26

KILNSEY SHOW
North Yorkshire. 2pm
Tel: Colin Beck 01756-792869

Wednesday August 27

REETH SHOW
North Yorkshire. 2pm
Tel: Colin Beck 01756-792869

Overseas

Saturday August 16

HELSINKI CITY MARATHON
Finland

Wednesday August 13

WELKLASSE IN ZURICH
Zurich, Switzerland

Saturday August 16

HERCULES 97
Monte Carlo, Monacco

Friday August 22

MEMORIAL VAN DAMME
Brussels, Begium

Sunday August 24

WELTKLASSE IN KOLN
Cologne, Germany
REYKJAVIK MARATHON
Iceland
MARATON INTERNATIONAL LA CUIDAD DE MEXICO
Mexico

Wednesday August 27

WORLD STUDENT GAMES
Sicily, Italy (until 31)

Walks

Thursday August 14

ANNA MARIA CUTILLO 6
Foxdale, Isle of Man. 7pm
SARNIA WEST SHOW 5
L'Eree. 6.30pm

Saturday August 16

MIDLAND WOMEN'S LEAGUE 2km
Worcester

Sunday August 17

IRISH NATIONAL LEAGUE FINAL
Tullamore, Co Offaly. Noon

Tuesday August 19

VETS AC ROAD 5
Battersea Park. 7pm

Wednesday August 13

BALLASALLA 10
Ballasalla, Isle of Man. 7pm
CARDIFF 1km OPEN
Cardiff. 6.30pm
BILL PARTRIDGE 10km
Stourbridge

Sunday August 24

SARNIA v RAF v GUESTS 10
Pleinmont. 10am

FIXTURES

RICHMOND & TWICKENHAM A.C.

OPEN MEETING

incorporating Veteran's Track and Field Meeting

SUNDAY 14th SEPTEMBER 1997

BARN ELMS TRACK, BARNES, LONDON SW14

on LONDON'S *ONLY* MONDO TRACK

TRACK EVENTS		FIELD EVENTS	
1.00	100m	11.00	Pole Vault M&M Hammer M40-50 Shot M50+ and Women
1.30	800m	12.30	Hammer M50+ and Women Shot M40-50
2.00	400m	12.45	Long Jump M&W
2.30	1 mile	2.00	Discus M50+ and Women Javelin M40-50
3.00	200m	2.00	Discus M50+ and women Javelin M40-50
3.30	3000m	2.45	Triple Jump
4.00	4x200m Relay	3.30	Discus M40-50 Javelin M50+ and Women

Track events are open to all athletes over 11.
Field events are for veterans only.

£1.50 per event or £2 on the day.

Medals for veterans if 3 or more compete in one age group.

Entries to:
John Curtin, 6 Silverdale Drive, Sunbury, Middlesex, TW16 6HD
Tel: 01932 787658 Fax: 01932 770523

Stating name, club, date of birth, age group, events and P.B.

Cheques payable to Richmond & Twickenham A.C.

OPEN ATHLETICS MEETING

Sponsored by the Brighton and Hove Council

INCORPORATING THE BRIGHTON UNDER 13 MINITHON CHALLENGE
(Held under B.A.F. Rules)

WEDNESDAY 20th AUGUST 1997

WITHDEAN STADIUM, TONGDEAN LANE, BRIGHTON

Programme	Track	
6.15	75 metres	U13G, U13B
6.30	100 metres	U15G, U15B, U17W, U17M, J/SW, J/SM
7.00	1 mile walk	All age groups
7.15	800 metres	U15G, U17W, J/SW, U15B, U17M, J/SM
7.45	3000 metres	SEAA Senior Womens Championship (incl. Open race)
8.00	200 metres	U15G, U17W, J/SW, U15B, U17M, J/SM
8.20	800 metres	U13G, U13B
8.30	3000 metres	SEAA Senior/Junior Mens Championship
8.40	3000 metres	Open U17M, J/SM
	Field	
6.15	High Jump	U15G, U17W, J/SW
	Shot	U15B, U17M, J/SM
	Triple Jump	U15B, U17M, J/SM
6.45	Long Jump	U13G, U15G
	High Jump	U13G
	Shot	U13B
	Discus	U13B, U15B
7.15	Shot	U13G
	Discus	U13G, U15G
	Long Jump	U13B, U15B
	High Jump	U13B
7.45	High Jump	U15B, U17M, J/SM
	Shot	U15G, U17W, J/SW
	Triple Jump	U17W, J/SW

Other than SEAA events, all events entered on day. £2 for first event and £1 for any subsequent events. The organisers reserve the right to change the programme depending on entries.

UNDER 13 MINITHON CHALLENGE

The Under 13 Minithon Challenge comprises three events, each boy or girl competing in one run (75m or 800m), one jumping event (high or long) and one throwing event (shot or discus). Points are scored for each performance and the winners will be the athletes with the highest aggregate points. Entry for the Under 13 Minithon is £2 for three events. There will be individual awards for the first three boys and girls.

Any enquiries to Chris Carter on 01273 503446 or Hazel Bristow on 01273 702592

FIXTURES

10K Race. Minimum age 15.
Entry fee £5 AAA affiliated.
£6 Unattached.
5K Fun Run. Minimum age 12.
Entry fee £4. Under 18 £3.
Entry forms and full details from:
Aylesbury Vale Leisure Services Bearbrook House, Oxford Road,
Aylesbury. HP19 3RJ. Tel: 01296 585210

Aylesbury Vale leisure
AYLESBURY VALE DISTRICT COUNCIL

10K Race & 5K

FUN RUN

Monday 15th September 1997. 6.45pm
at Silverstone, Grand Prix Circuit.

Supported by Silverstone
THE HOME OF BRITISH MOTOR RACING

HARROW ATHLETIC CLUB
PARKSIDE (HARROW) ATHLETIC CLUB

SUMMER OPEN MEETINGS 1997

(Under BAF Rules)

Sunday August 24th

Venue: Bannister Stadium, Hatch End, Harrow. Situated at the junction of Uxbridge Road (A 410) and Oxhey Lane (A4008). Nearest station Hatch End on British Rail's Euston to Watford line.

1.30	400m Hurdles	SM JM u17M SW JW			
1.50	200 metres	All age groups Male/Female			
2.20	80 metres	u11B u11G	1.00	Pole Vault	SM JM u17M u15B SW JW u17W u15G
2.30	400 metres	SM JM u17M u15B SW JW	1.00	Hammer	SM JM
3.00	1500 metres	All age groups Male/Female	1.00	Triple Jump	SM JM u17M u15B SW JW
3.30	80m Hurdles	u15B	2.30	Hammer	u17M u15B SW JW
3.40	100m Hurdles	u17M	2.30	Long Jump	SM JM SW JW
3.50	110 Hurdles	SM JM	3.30	Short	SM JM SW JW
4.05	100 metres	All age groups Male/Female	3.45	Long Jump	u17M u15B u13B u17W u15G u13G
4.35	600 metres	u11B u11G	4.30	Shot	u17M u15B u17W u15G
4.40	800 metres	All age groups Male/Female			
5.10	3000 metres	SM JM u17M u15B SW JW u17W			

Entry Fees: £2 per person per event for one event, £1 for each subsequent event (in advance or on the day). Cheques payable to **"Harrow A.C."**

Entries to: Dennis Orme, 12 Warden Avenue, Harrow, Middlesex, HA2 9LW
State age group, date of birth and best recent performance.
Enclose S.S.A.E.'s if acknowledgement/results sheets required.

COLWYN BAY ATHLETICS CLUB
ASSISTED BY CONWY COUNTY BOROUGH COUNCIL
DEPARTMENT OF LEISURE & TOURISM

COLWYN GAMES

(UNDER B.A.F. RULES)

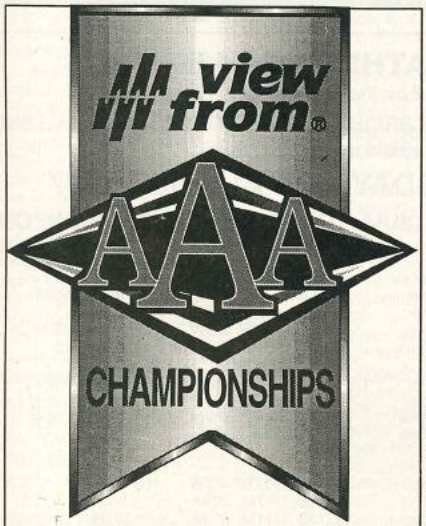
SATURDAY 6th SEPTEMBER 1997
EIRIAS PARK, COLWYN BAY
TRACK & FIELD EVENTS START 10.00 a.m.

UNDER 11 BOYS & GIRLS	75m, 200m, 600m, Long Jump, Cricket Ball Throw All 600m will be on time trials.
UNDER 13 BOYS & GIRLS	100m, 200m, 800m, Shot, Discus, Javelin, High Jump, Long Jump, Hurdles 75m (Boys), Hurdles 70m (Girls) 800m (Girls) will be on time trials
UNDER 15 BOYS & GIRLS	100m, 200m, 800m, 1500m, Shot, Discus, High Jump, Long Jump, Javelin, Hammer, (Boys) Hurdles 80m (Boys), Hurdles 75m (Girls)
UNDER 17 BOYS & GIRLS	100m, 200m, 800m, 1500m, Shot, Discus, High Jump, Long Jump, Javelin, Hammer, Pole Vault, Hurdles 100m (Boys), Hurdles 80m (Girls)
JUNIOR & SENIOR MEN	100m, 200m, 400m, 800m (JM), 5000m, 1 Mile (SM), Shot, Discus, Javelin, Hammer, High Jump (JM), Long Jump (JM), Pole Vault
JUNIOR & SENIOR WOMEN	100m, 200m, Shot, Discus, High Jump, Long Jump, Javelin, Hammer, Pole Vault

UNDER 17's £1.25 PER EVENT, OVER 17's £1.75 PER EVENT, MAXIMUM THREE EVENTS
AGES ON 1ST SEPTEMBER 1997
CLOSING DATE FOR ENTRIES 24th AUGUST 1997. NO ENTRIES ON THE DAY
PHOTO FINISH & ELECTRONIC TIMING
AWARDS TO FIRST THREE IN EACH EVENT
ATHLETES MUST WEAR SCHOOL, CLUB, COUNTY OR NATIONAL VEST

SURNAME ..... FORENAME .....
ADDRESS .....
CLUB/SCHOOL ..... D.O.B .....
AGE GROUP ..... A.A.W. REGISTRATION No. .....
EVENT 1 ..... EVENT 2 ..... EVENT 3 .....
I hereby declare that I am an amateur as defined by B.A.F. Laws and eligible to compete
Signed ..... Date .....

CHEQUES made payable to: **COLWYN BAY A.C.** Enclose 9 x 6 S.A.E. for confirmation and number.
PLEASE DO NOT SEND CASH.
ALL ENTRIES TO **Mrs. J. WOODING, 36 KINMEL DRIVE, KINMEL BAY, CONWY. LL18 5NU**



TOP CLASS ATHLETICS

24th & 25th
August 1997
Birmingham
Alexander Stadium

view from
Birmingham City Council
Department of Leisure and Community Services

Win a fantastic holiday package for two to the Commonwealth Games Kuala Lumpur in 1998

Each full price adult ticket purchased before Friday 22nd August will be entered in the draw for the fabulous prize of a holiday package for two at the Commonwealth Games.

Ring the hotline for tickets 0121 344 4800
or complete the coupon and send to
AAA Championships., Alexander Stadium, Stadium Way, Perry Barr, Birmingham B42 2LR

The AAA's will maintain the traditional presentation of athletics at it's best in Birmingham.

Don't miss this opportunity to see the top athletes in action and you might even be on your way to Kuala Lumpur next year.

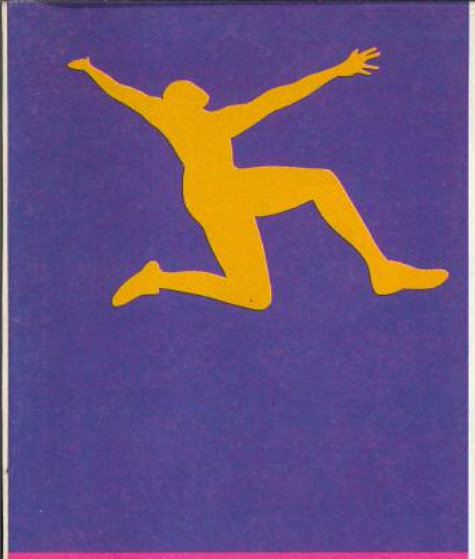
TICKET APPLICATION FORM

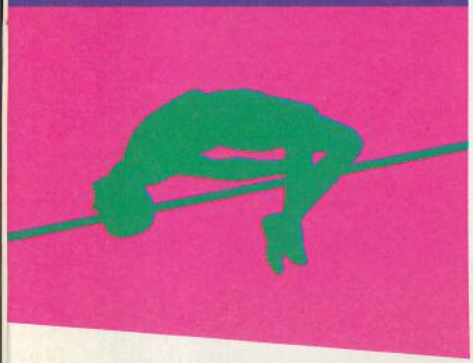
AAA CHAMPIONSHIPS		No. of Tickets		
	24th - 25th August 1997	Sun	Mon	TOTAL
ALL ROVER TICKETS	Adults £4			£
	Children under 16 & OAPs £2			£
2 DAY TICKET	Adults £6			£
	Children under 16 & OAPs £3			£
FAMILY TICKET (Valid 1 day only)	2x Adults plus 2x Children £10			£
Please indicate the number of tickets required in the appropriate boxes above		GRAND TOTAL		£

Name _____
Address _____
_____
_____
_____ Tel. No. _____

People with disabilities please advise the booking office when buying tickets.

I ENCLOSE S.A.E. AND CHEQUE FOR £.....
MADE PAYABLE TO: BIRMINGHAM CITY COUNCIL-LEISURE



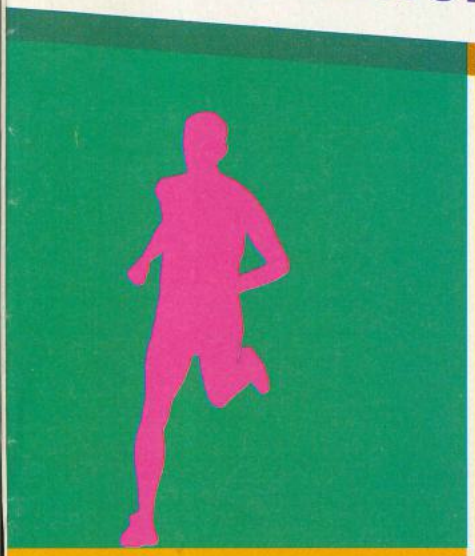


WORLD CLASS ATHLETICS

BUPA SERIES FINAL

IAAF GRAND PRIX II

See Colin Jackson, Sally Gunnell, Steve Backley & Jonathan Edwards



Sunday 7th September 1997

Gateshead International Stadium



Ticket Hotline

0191 478 5555

British Athletics

Gateshead International Stadium

Gateshead Metropolitan Borough Council Leisure Services

BUPA

Organised by BAF under IAAF Rules

Results

Welcome to the nation's only up-to-date results service making it the ultimate athletics round-up

service

Track

August 10

KENT WOMEN'S LEAGUE
Division One
Bromley

MATCH: 1 Bromley Ladies 445; 2 Blackheath 352; 3 Dartford 336; 4 Medway 313; 5 Bexley Borough 275; 6 Invicta East Kent 172
100/400: N Bowring (Brom) 12.8/57.1
200: L Guthrie (Brom) 26.3
800: 1 F Green (Brom) 2:15.9; 2 S Elam (Dart) 2:16.2
1500: A Kenyon (Med) 4:52.6
3000: M Exton (Brom) 11:25.0
100H: B Liston (Brom) 14.6
400H: J Puckeridge (Med) 63.1
HJ: C Shaw (Dart) 1.55
PV: L Hughes (Brom) 2.40
LJ: C Windley (Med) 5.02
TJ: E Windley (Med) 9.95
SP: 1 K Smith (Med) 10.86; 2 J Delasaux (B'hth) 10.55
DT/HT: Delasaux 28.60/41.24
JT: K Morrison (Med) 53.50 (Lge rec)
2kmW: C Pates (Bex) 12:58.1
4x200: Bromley Ladies 1:46.5
4x400: 1 Medway 3:58.8; 2 Bromley Ladies 4:03.8
U17
100: K Augustus (Med) 13.2
200: D Wilson (Brom) 26.5
300: 1 S Singer (B'hth) 41.5; 2 Augustus 41.9; 3 S Franklin (Brom) 43.1
800: Singer 2:29.2
1500: C Hammond (Bex) 5:16.6
80H/HJ: L Cerroni (Bex) 13.3/1.50
300H: A Jones (Brom) 51.1
LJ: E Kuenstlinger (B'hth) 5.00
SP/DT: K Lamb (Dart) 7.71/23.30
JT: C Freeman (Bex) 19.58
2kmW: B Tishaw (Dart) 9:26.3
4x200: Bromley Ladies 1:49.7
U15
100: 1 A Barnaby (B'hth) 13.2; 2 L Foxon (Dart) 13.4
200: 1 Foxon 26.9; 2 Barnaby 27.2
800: 1 F Doran (Brom) 2:29.6; 2 C Lynch (Bex) 2:32.8
1500: K Lucht (B'hth) 5:04.6
75H: 1 A Watson (Dart) 12.3; 2 Z Parsons (Bex) 12.4; 3 K Shaper (Brom) 12.7
HJ: 1 V Kellaway (Med) 1.58; 2 L Carroll (Brom) 1.45
LJ: 1 C Lindsey (Dart) 4.92; 2 K Mellows (Bex) 4.70
SP/DT: M Patel (Brom) 8.54/23.48
JT: L Sams (B'hth) 22.62
2kmW: N Phillips (Dart) 10:04.7
4x200: Dartford 1:53.1
U13
75: 1 E Blackwell (Brom) 10.6; 2 A Jacobs (B'hth) 11.1; 3 A Hamilton (Inv) 11.4
200: Blackwell 21.3
1000: J Patmore (B'hth) 3:26.9
70H: 1 N Gharbaoui (B'hth) 12.9; 2 M Murley (Dart) 13.2; 3 C Webb (Brom) 13.4
HJ: J Nelson (B'hth) 1.30
LJ: 1 Blackwell 4.62; 2 Jacobs 4.22
SP: C Mantovra (Brom) 6.90
DT: 1 D Watson (Dart) 21.78; 2 Mantovra 20.08
JT: S Bye (Brom) 17.16
1kmW: 1 N Fox (Dart) 5:31.2 (Lge rec); 2 E Farmiloe (Brom) 6:34.0
4x100: Bromley Ladies 55.1
Final league positions: 1 Bromley Ladies 1650; 2 Blackheath 1432; 3 Dartford 1372; 4 Medway 1345.5; 5 Bexley Borough 1267.5; 6 Invicta East Kent 828
Bexley Borough & Invicta East Kent relegated.

Division Two

MATCH: 1 Cambridge Harriers 413; 2 Tonbridge 296; 3 Ashford 250.5; 4 Paddock Wood 227; 5 GEC Avionics 201; 6 Tunbridge Wells & Langton 56.5
100: D Hartwell (Camb H) 12.9
200: A Hayles (Camb H) 26.0
400: S Kent (Camb H) 62.9
800/400H: C Bond (Camb H) 2:26.1/70.2
1500/3000: M Heathcote (Ton) 5:08.1/10:26.6
100H: T Bowring (Ton) 19.3
HJ/LJ: J Jenner (Ton) 1.48/5.18
PV: M Newton (Ash) 3.16 (Lge rec)
TJ: E Carr (Camb H) 9.59
SP: 1 S Nash (GEC) 12.13; 2 F Reid-Hughes (Ton) 10.55
DT: Reid-Hughes 36.12
HT/JT: Nash 40.42/29.86
2kmW: M Cushman (Ton) 12:11.5
4x200/4x400: Cambridge Harriers 1:49.1/4:23.7
U17
100: M Catchpole (Camb H) 14.0
200: S Wallace (GEC) 30.3
300: G Emerson (Camb H) 50.4
800/1500: N Clare (Ash) 2;35.2/5:23.2
80H/300H: L O'Callaghan (Camb H) 12.6/46.1
HJ: S Atkins (Camb H) 1.35
LJ: G Elliott (GEC) 4.63
SP: R Miles (Ton) 7.79
DT: S Richardson (Camb H) 19.38
JT/2kmW: K Jones (Padd W) 22.58/12:11.4
4x200: Cambridge Harriers 1:54.3
U15
100/200: V James (Camb H) 13.0/25.9
800/HJ/LJ: L Miller (Camb H) 2:22.5/1.50/4.33
1500: L Cave (Camb H) 5:52.0
HJ/DT: N Hayward (Ton) 1.35/23.14
SP: 1 R Fox (Ash) 10.74; 2 J Marshall (GEC) 10.09; 3 Hayward 9.95
JT: A Brown (GEC) 16.60
2kmW: G Carmody (Camb H) 14:26.4
4x200: Cambridge Harriers 1:51.1
U13
75: 1 K Velvick (Ash) 10.5; 2 K Myland (Camb H) 10.7; 3 L Steele (GEC) 11.3; 4 C Gill (Ton) 11.4
150: 1 Myland 21.3; 2 Steele 22.4; 3 L Betts (Ton) 22.1
1000: J Pereira (GEC) 3;42.9
70H: Myland 12.9
HJ: H Goodall (Ash) 1.30
LJ: Betts 4.12
SP: L Debriskey (Ash) 6.76
DT: Fox 26.32
JT: R Pyne (Ton) 24.82
1kmW: E Clifford (Padd W) 6:48.7
4x100: Tonbridge 59.6
Final league positions: 1 Cambridge Harriers 1613; 2 Ashford 1157.5; 3 Tonbridge 1134.5; 4 Paddock Wood 1060.5; 5 GEC Avionics 539; 6 Lewisham 232; 7 Tunbridge Wells & Langton 131.5; 8 Swale Combined 128
Cambridge Harriers & Ashford promoted

SCOTTISH & NORTH WESTERN LEAGUE
Division Two
Dumfries

MATCH: 1 Nithsdale 1127; 2 E Kilbride 1040; 3 Annan 1018; 4 Scottish Borders 838.5; 5 Airdrie 799.5; 6 Law & District 710
Men
200: S Sullivan (Sc Bor) 23.2
800: A Russell (law) 1:57.3
5000/400H: D Sharkey (Law) 16:15.1/62.1
HJ: B Madden (E Kilb) 1.73
TJ: S Murphy (Law) 11.21
DT/JT: A Sloan (Annan) 29.40/30.88
4x400: Airdrie 3:39.4
M40
200: J Miller (Sc Bor) 26.6
U17
200: M McQuade (Nith) 24.1
800: S Hogg (Sc Bor) 2:04.8
HJ: D Locke (Sc Bor) 1.88
DT: S Coke (E Kilb) 29.56
JT: A Livingstone (Annan) 36.46
4x400: Nithsdale 3:57.3
U15
200/HJ/DT: A Kerr (E Kilb) 23.9/1.70/24.82
800: R Maurer (Nith) 2:28.8
JT: I Graham (Annan) 28.66
4x100: Annan 52.1
U13
200: C Sheerin (Aird(29.1
800: S Matthews (E Kilb) 2:27.0
HJ: C McCann (Annan) 1.40
JT: J Charnley (Annan) 25.32
4x100: Scottish Border 59.9
U11
80: G Lynn (Nith) 12.2
800/LJ: L Dumper (Sc Bor) 2:50.3/3.88
4x100: Annan 68.8
Women
200: C Ross (Sc Bor) 29.0
800: L Campbell (E Kilb) 2:29.6
3000: K Smith (E Kilb) 12:10.6
400H: A Martin (Nith) 70.9
SP: I Swan (Sc Bor) 9.37
TJ: K Buchanan (E Kilb) 9.76
4x400: E Kilbride 4:39.7
W35
200/800: A Martin (Nith) 28.9/2:49.3
3000: C Legg (Annan) 12:28.5
U17
200: N Middleton (E Kilb) 26.9
800: L Henderson (Sc Bor) 2:38.7
LJ: L Buchanan (E Kilb) 4.85
SP: L Crombie (Sc Bor) 7.11
4x100: E Kilbride 53.0
U15
200: C Rooney (E Kilb) 27.0
800/LJ: L Mooney (E Kilb) 2:33.6/4.84
SP: K Susek (Nith) 7.72
4x100: Nithsdale 61.7
U13
200: D Dougal (Sc Bor) 29.1
800: K Strachan (Sc Bor) 2:40.5
SP: G Florence (Nith) 7.29
4x100: Nithsdale 61.7
U11
80: L Bull (Annan) 12.0
800: L Williams (Sc Bor) 2:53.0
LJ: C McMillan (Aird) 3.77
4x100: Annan 65.4
League positions after three matches: 1 Nithsdale 24; 2eq East Kilbride and Annan 18; 4 Law & District 15; 5 Scottish Borders 14; 6 Airdrie 12

PUMA TVH OPEN
Linford Christie Stadium

Men
100: 1 T Stamp (NEB) 10.4; 2 A Ogunyemi (Har) 10.6; 3 K Aung (TVH) 10.8; 4 M Afilaka (NEB) 10.8; 5 R Samuels (Houns) 10.8. **B:** 1 T Campbell (NEB) 10.7; 2 P Osborne (TVH) 10.8; 3 D May (unatt) 10.9; 4 L Malatesta (Hill) 10.9. **C:** G Heeley (Hav) 11.1
200: 1 C Edmunds (TVH) 21.0; 2 Afilaka 21.2; 3 D Donovan (T Sol) 21.3; 4 Stamp 21.4
400: 1 Donovan 47.3; 2 K Bentham (TVH) 48.5; 3 J Sanders (K&P) 49.1; 4 Edmunds 50.1
800: J Guiney (Lon I) 1:59.6
1500: B Green (QPH) 4:23.2
3000: L Merly (TVH) 9:09.7
HT: 1 G Holder (Bex) 59.18; 2 M Hicks (Houns) 51.50; 3 M Reiss (High) 45.72
Women
100: 1 S Williams (WSE) 11.9; 2 K Moody (Brain) 12.3; ... E McMahon (Enf, W45) 13.6
200: 1 Williams 24.3; 2 Moody 25.0; 3 A Carter (TVH) 25.3; ... McMahon 28.3
400: 1 D Clarke (TVH) 57.6; 2 R Feigenbaum (High) 57.9
800: J Socas (Houns) 2:30.5
3000: G Arici (FRA) 9:12.5
HT: 1 L Sprules (Houns) 58.90; 2 J Smith (WSE) 46.50; 3 M Holder (Bex) 31.26
U15
SP: A Howard (unatt) 8.36

NORTHERN WOMEN'S LEAGUE
Division One Hull

MATCH: 1 Sale Harriers Manchester B 552.5; 2 Bingley Harriers 502; 3 Gateshead 499.5; 4 Hull Springhead 421.5; 5 Liverpool Harriers B 416; 6 Wirral 375; 7 Spenborough 337.5
100: M Crosby (Bing) 12.3
200: Crosby 25.1. **B:** H Carroll (Liv H) 25.8
400: K Story (Gates) 58.2
800/1500: P McCrea (Gates) 2:18.1/5:03.2
3000: B Brenhan (Sale) 10:22.1
100H/400H: G Lee (Sale) 15.6/66.0
HJ: 1 L Dickinson (Bing) 1.68; 2 B Moffat (Bing) 1.62
PV: S Hartley (Spen) 2.60
LJ/TJ: R Erving (Wirr) 5.88/11.11
SP/DT: H Wilding (Wirr) 13.13/41.98
HT: S Roberts (Bing) 44.29
JT: E Lilley (Bing) 42.20
4x100: Wirral 49.6
4x400: Gateshead 4:04.6
U17
100: G Hume (Gates) 12.8. **B:** V Barr (Gates) 12.8
200: M Brooks (Sale) 25.6; 2 Barr 26.2
300: D Mendes (Spen) 41.5
800: C Millne (Gates) 2:24.6
80H: V Murphy (Wirr) 12.1. **B:** K Smith (Wirr) 12.0
300H: L Connelly (Liv H) 47.2. **B:** R Harris (Liv H) 47.2
HJ: R Hallas (Liv H) 1.55
LJ: L Butler (Gates) 5.00
SP/JT: V Atkinson (Sale) 8.18/30.04
4x100: Sale Harriers Manchester B 49.9
U15
100: L Novis (Hull Spr) 13.0. **B:** L King (Sale) 13.0
200: Novis 26.9
800: N Stafford (Liv H) 2:25.3
1500: K Swyer (Gates) 4:56.4
75H: P Cooke (Wirr) 11.8
HJ/LJ: N Clarke (Hull Spr) 1.62/4.94
SP: L Heaton (Sale) 10.29
DT: R Holdsworh (Bing) 29.98
JT: R Feather (Bing) 30.24
4x100: Hull Springhead 52.7
Final positions: 1 Sale Harriers Manchester B 20; 2 Hull Springhead 15; 3 Gateshead 14; 4 Bingley 12; 5 Liverpool Harriers B 10; 6 Wirral 10; 7 Spenborough 3

Division Two West
Ashton

MATCH: 1 Border 439; 2 Blackpool & Fylde 418; 3 Warrington 365; 4 Preston 327; 5 Stockport 297; 6 East Cheshire & Thameside 280
100/200: L Millburn (Bord) 12.6/25.7
400: 1 F Ashton (E Ches) 57.2; 2 S McPherson (B&F) 59.2; 3 H Pattinson (Pres) 59.9
800: Pattinson 2:12.7
1500/3000: M Mann (Pres) 4:44.6/10:12.6
100H: 1 N Murray (Stock) 15.0; 2 M Grantham (E Ches) 15.2
400H: McPherson 65.0
HJ: J Farrell (Bord) 1.60
LJ: M Morganella (Bord) 5.05
TJ: S Beattie (Bord) 10.20
SP: C Wood (Bord) 8.61
DT: D Lockley (E Ches) 32.8
HT: E Newcombe (Warr) 20.74
JT: E Auston (Warr) 37.62
4x100: Border 50.5
4x400: Border 4:10.9
U17
100/200/LJ: J McCarthy (Warr) 12.6/25.9/4.89
300: 1 R Martindale (Bord) 43.5; 2 E Hampson (Stock) 44.0
800: S Witney (Warr) 2:33.6
300H: 1 R Banks (B&F) 47.7; 2 Hampson 48.3; 3 L Gardener (Bord) 49.9
HJ: A Martin (Bord) 1.60
SP: R Finley (Bord) 9.77
JT: C McRae (B&F) 37.01
4x100: Blackpool & Fylde 52.5
U15
100: 1 S Wilson (B&F) 13.0; 2 R Higgins (Pres) 13.0
200: Wilson 27.8
800: 1 S Yousefian (Stock) 2:24.2; 2 K Rudel (Warr) 2:33.3. **B:** 1 O Carter (Stock) 2:30.1; 2 C Payne (E Ches) 2:34.9
1500: M Cane (Stock) 5:06.3
75H/HJ: J Glaysher (Pres) 13.6/1.53
LJ: K Waldron (Warr) 4.60
SP: 1 S Krivinskas (Warr) 9.99; 2 C Deacon (Bord) 9.79; 3 A Lockley (E Ches) 9.74; 4 K Pugh (Pres) 9.34
DT: Pugh 25.32
JT: H Barrett (Warr) 23.48
4x100: Preston 53.9

Division Two East
Barnsley

MATCH: 1 Rowntrees 412; 2 North Shields Poly 406.5; 3 Barnsley 92.5; 4 Skyrac 375; 5 Hull Achilles 372; 6 Jarrow & Hebburn 175
100: 1 M Whitehead (Barns) 12.5; 2 K Forsyth (NSP) 12.5
200: 1 A Pace (Hull Ach) 26.1; 2 Whitehead 26.1
400: 1 D France (Hull Ach) 57.4; 2 R Odgen (Rown, U20) 59.3
800: 1 A Temble (NSP) 2:17.2; 2 J Ingram (Barns, U20) 2:17.8
1500: Odgen 4:40.5
100H: Forsyth 14.6
PV: 1 R Fox (Barns) 2.30; 2 K Ridgeway (Barns) 2.30
DT: K Sharpe (Hull Ach) 32.90
U17
80H/300H: D Hesp (Rown) 12.4/47.8
U15
100: K Dockery (J&H) 13.0
200: 1 Dochery 25.9; 2 K Taylor (NSP) 26.8
800: C Taylor (NSP) 2:20.0
1500: G Taylor (NSP) 4:56.5
75H: 1 A Teal (NSP) 11.9; 2 C Branson (NSP) 12.5
SP/DT: R Green (Barns) 9.99/29.76
Final league positions: 1 Barnsley 16 (1264); 2 Rowntrees 16 (1243.5); 3 North Shields Poly 11 (1125.5); 4 Skyrac 9 (1078.5); 5 Hull Achilles 8 (1010); 6 Jarrow & Hebburn 3 (713.5)

Division Three NE Jarrow
MATCH: 1 Leeds 441; 2 Mandale 396; 3 Richmond & Zetland 382.5; 4 Morpeth 328; 5 Elswick 298.5; 6 shildon 188
Final league positions: 1 Leeds 15 (1229); 2 Richmond & Zetland 15 (1135.5); 3 Mandale 13; 4 Morpeth 11; 5 Elswick 5; 6 Shildon 4

Division Three WC
Ormskirk

MATCH: 1 Oldham & Royton 388; 2 Liverpool Pembroke & Sefton 381; 3 Halifax 330; 4 Pendle 321.5; 5 Trafford 257.5; 6 Salford Met 124
100/200: L Whitehead (Liv PS) 12.6/26.4
400: H Smith (Liv PS) 57.9
800: Smith 2:28.5

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1500: K Simpson (Liv PS) 5:09.6
3000: G Whyatt (O&R) 11:41.3
100H: L Brock (Traff) 16.8
400H: R Thompson (Pend) 67.5
HJ/LJ: Whitehead 1.52/5.11
TJ: B Lloyd (O&R) 10.30
SP/DT/HT: A Shepherd (Hali) 10.61/38.50/25.56
JT: J Kemp (Liv PS) 40.05
4x100: Pendle 51.7
4x400: Trafford 4:13.6
U17
100/200: C Russell (O&R) 12.5/26.1
300/80H: R Smith (Traf) 42.7/13.0
800: R Woodnut (Traf) 2:27.8
300H: E O'Connell (Hali) 53.1
HJ: 1 E Johnson (Traff) 1.57; 2 Russell 1.54
LJ/SP: M Crompton (O&R) 5.19/8.31
JT: L Sobanski (Traf) 25.06
4x100: Oldham & Royton 51.9
U15
100: 1 K Metcalfe (Hali) 12.9; 2 L Trotman (Traff) 13.0
200: 1 Mecalfe 26.6; 2 K Brady (Traff) 26.8; 3 E Topham (O&R) 27.8. **B:** Trotman 27.7
800: C Holroyd (O&R) 2:28.9
1500: 1 R Ricketts (O&R) 5:04.9; 2 V Rusius (Pend) 5:08.4
75H: Brady 13.0
HJ: 1eq S McGleggan (Traff)/L West (Hali) 1.50
LJ: A Shaw (Hali) 5.08
SP: 1 S Kemp (Liv PS) 9.47; 2 V Haydock (Pend) 9.45; **B:** S Bridson (Liv PS) 8.65
DT: Haydock 26.42
JT: Kemp 23.90
4x100: 1 Trafford 52.4; 2 Halifax 52.5

Division Four EC Rotherham

MATCH: 1 Chesterfield 459; 2 Scarborough 403; 3 Goole 279; 4 Scunthorpe 256.5; 5 Wombwell 208; 6 Longwood 153.5

EASTERN YOUNG ATHLETES' LEAGUE Division One Ipswich

MATCH: 1 Basildon 465; 2 City of Norwich 442; 3 Hertford & Ware 373; 4 Ipswich Harriers 371
U17 boys
100: 1 G Moir (Ips H) 11.7; 2 D Everett (CoN) 11.9. **B:** T Graham (Ips H) 11.8
200: Everett 23.9
400: P Harding (H&W) 53.7
800: I Myhill (Ips H) 2:07.3
1500: M Hooker (Basil) 4:31.2
HJ: 1 Moir 1.90; 2 T Rowe (CoN) 1.85; 3 A Johnson (H&W) 1.75
LJ: 1 J Williams (Ips H) 6.30; 2 Johnson 5.89; 3 K North (Basil) 5.82
TJ: 1 North 12.82; 2 R Pooley (H&W) 12.07
SP: R Morris (H&W) 14.21
DT: Morris 39.74. **B:** D Harding (H&W) 38.52
JT: 1 Harding 45.8; 2 E Everard (Basil) 45.42. **B:** S Villar (Basil) 44.18
4x100: 1 Hertford & Ware 46.5; 2 Ipswich H 46.6
U15
10/200/400: P Battersby (Basil) 12.6/26.2/57.1
800: R Aylina (Basil) 2:19.6
1500: C Convey (Ips H) 4:53.0
80H: 1 O Edwards (CoN) 11.9; 2 R Merrington (Basil) 13.2
HJ/LJ: E Wright (Ips H) 1.70/5.70
SP/DT: S Whatling (Ips H) 10.89/24.54
JT: A Cramp (Basil) 38.54
4x100: City of Norwich 51.8
U13
100: 1 M Jones (Basil) 14.3; 2 I Harris (CoN) 14.3
200: Harris 29.0
400: C Butterworth (Basil) 66.8
800: G Kelly (Basil) 2:23.2
1500: S Brooks (Basil) 5:05.9
75H: I Young (CoN) 15.0
HJ: G Ringer (CoN) 1.42
LJ: 1 T Penrose (Basil) 4.12; 2 J Wilkinson (Ips H) 4.00
SP: 1 C McManus (Ips H) 8.43; 2 G Kelly (Basil) 7.55; 3 S Smith (CoN) 6.29
4x100: City of Norwich 56.0
U17 girls
100/200: H Nicholas (Basil) 13.3/28.2
300: 1 L Symonds (CoN) 43.6; 2 H Clinch (Ips H) 43.7; 3 L Brown (Basil) 43.8
800: 1 C Snelgrove (Ips H) 2:20.9; 2 L Borwn (Basil) 2:23.6
1500: L Butterworth (Basil) 5:28.6
80H: S Adamson (H&W) 12.8
HJ: 1 Adamson 1.75; 2 S Jones (Basil) 1.55; 3 V Bradshaw (Ips H) 1.55. **B:** R Saunders (H&W) 1.55
LJ: S Ash (CoN) 4.66
SP/DT: K Cannon (Basil) 9.60/31.46
JT: Bradshaw 30.28
4x100: Hertford & Ware 54.0
U15
100/200: R Allan (CoN) 13.7/28.3
800: H Mottram (Basil) 2:28.7. **B:** J Classick (Basil) 2:33.9
1500: E Childs (Basil) 5:09.0
75H: 1 H Coleman (Ips H) 12.1; 2 S Young (CoN) 12.2; 3 L Carty (Basil) 12.5. **B:** 1 H Smith (CoN) 12.8; 2 A Jones (Basil) 13.0
HJ: 1 T Curran (Ips H) 1.45; 2 C Williamson (CoN) 1.45; 3 A Dornan (Basil) 1.45
LJ: K Clarke (H&W) 4.68
SP: 1 S Moles (Basil) 9.68; 2 H Silvester (CoN) 8.78
DT: Jones 26.36
JT: T Harris (Basil) 23.42
4x100: 1 Ipswich H 52.2; 2 City of Norwich 52.2
U13
100: L Morgan (Ips H) 14.6. **B:** P Francis (CoN) 14.3
200: A Slater (Ips H) 28.9
800: 1 L Gilbert (CoN) 2:35.0; 2 A Butcher (Ips H) 2:35.9; 3 S Ward (Basil) 2:38.3. **B:** M Glen (CoN) 2:36.6
1500: V Pratt (CoN) 5:40.6
70H: 1 A Salter (Ips H) 12.0; 2 Francis 12.8; 3 C Wakeham (Basil) 13.8. **B:** R Pearson (CoN) 13.0
HJ: 1 J Saunder (H&W) 1.46; 2 A Kernahan (Ips H) 1.40
LJ: 1 Wakeham 4.36; 2 R Holmes (CoN) 3.92
SP: 1 L Graham (CoN) 7.24; 2 A Harriott (Basil) 6.90. **B:** Francis 6.67
4x100: City of Norwich 57.2

Thurrock

MATCH: 1 Thurrock 465.5; 2 Huntingdon 357.5; 3 St Albans 307; 4 Verlea 272
U17 boys
100/200: C Patel (Thurr) 11.8/24.0
400/100H: D Choppin (St A) 56.9/16.9
800: M Carlisle (St A) 2:33.6
1500: S Frost (Thurr) 4:19.5
HJ/JT: L Lancaster (Ver) 1.50/48.22
LJ: M Archer (St A) 6.26
TJ: S Dack (St A) 11.60
SP/DT: J Provan (Ver) 12.12/40.78
4x100: Thurrock (Thurr) 47.6
U15
100/LJ: A Davies (Thurr) 12.1/5.98
200: S Parkin (Hunt) 24.5
400: B Graham (St A) 58.2
800: A Cross (Thurr) 2:18.9
1500: R Doubleday (Hunt) 4:31.9
80H/HJ: D George (Thurr) 13.2/1.64
SP/DT: A Smith (Thurr) 12.21/36.34
JT: S Good (Ver) 47.84
4x100: Thurrock 50.3
U13
100: M Shortall (Thurr) 13.8
200: N Malham (St A) 28.5
400: D Dew (Hunt) 70.1
800: D Patten (Thurr) 2:44.1
1500: D Francis (Thurr) 5:36.7
75H: P Halcrow (Thurr) 13.9
LJ: B Cross (Thurr) 4.90
HJ: P Haldrow (Thurr) 1.30
SP: R Doubledayy (Hunt) 7.99
4x100: Thurrock 57.3
U17 girls
100: J Impey (Hunt) 13.1
200/300: L Cowley (Ver) 26.5/41.7
800: S Lucy (Ver) 2:37.2
1500: C Gorin (Thurr) 5:41.2
100H: R Prince (St A) 13.5
LJ: K Williams (Thurr) 4.91
HJ: E Penney (Hunt) 1.35
SP: D Harris (Thurr) 10.62
DT: A Anstey (Ver) 31.34
JT: D Mansfield (Thurr) 33.32
4x100: Huntingdon 55.5
U15
100: G Suter (St A) 13.6
200: H Jasper (Hunt) 27.5
800: J Jasper (Hunt) 2:26.2
1500: L Bailey (Thurr) 5:02.3
80H/LJ: M Rogers (Ver) 12.4/5.16
HJ: A Clark (Thurr) 1.50
SP: N Dudman (Ver) 9.77
DT/JT: R Dunn (Hunt) 24.22/28.32
4x100: Huntingdon 54.6
U13
100/200/LJ: J Richardson (St A) 13.5/27.8/4.31
800: G Wiseman (Thurr) 2:38.2
1500: S J Lee (Thurr) 5:49.8
75H: E Hall (Ver) 12.8
HJ: D Faris (Hunt) 1.30
SP: S Cheeseman (Thurr) 7.44
4x100: Thurrock 57.2

Division Two Colchester

MATCH: 1 Colchester & Tendring 348; 2 West Suffolk 269; 3 Colchester Harriers 241; 4 Waveney 223.5; 5 Brentwood 83.5
U17 boys
100/200/HJ: J Mackleen (C&T) 12.9/26.3/1.67
400: B Rees (W Suff) 62.6
800/1500: N Maynard (W Suff) 2:09.1/4:31.0
LJ: J Tavener (C&T) 4.84
SP/DT: T Guglielmi (Col H) 10.39/27.80
JT: D Gorer (C&T) 31.46
4x100: Colchester & Tendring 51.3
U15
100: C Baxter (W Suff) 13.2
200: D Thompson (C&T) 26.1
400: R Garham (Col H) 60.5
1500: R Prott (Brent) 5:09.5
80H: D Sutton (Wave) 13.9
HJ: 1eq C Warren (Brent)/Sutton 1.60
LJ: Sutton 5.53
SP/DT: A Rushmer (Col H) 8.57/28.9
LJ: Sutton 5.53
JT: Warren 24.18
4x100: Colchester Harriers 52.7
U13
100: R Burton (W Suff) 14.5
200: T Brookes (Wave) 29.8
400: J Muddyman (Wave) 72.8
800: S Fillbrooke (C&T) 2:35.2
1500: D Stellans (C&T) 5:22.1
75H/LJ: E Maharajh (C&T) 15.2/4.41
HJ: L Wright (W Suff) 1.40
SP: M North (C&T) 7.48
4x100: Waveney 61.5
U17 girls
100/200/300: J Morris (W Suff) 14.0/29.9/46.5
800/HJ: C Vicorey (C&T) 2:38.1/1.37
80H/JT: R King (C&T) 15.3/26.12
LJ/SP: F Isherwood (C&T) 4.93/10.13
DT: N Bastin (C&T) 17.76
4x100: Colchester & Tendring 57.3
U15
100/200: H Shepherd (C&T) 13.7/28.5
800: M Hughes (C&T) 2:39.6
75H/HJ: C Fuller (W Suff) 13.0/1.50
LJ: L Ogogo (Wave) 4.66
SP/JT: L Packham (C&T) 8.65/23.52
DT: J Wilkson (Col H) 21.56
4x100: Colchester & Tendring 55.6
U13
100: K Silk (Col H) 15.5
200/HJ: K C'Maynard (C&T) 31.0/1.18
800: H Daye (Col T) 2:59.8
1500: K Hunter (C&T) 6:16.2
70H: E Maynard (C&T) 18.3
LJ: K Mason (W Suff) 4.33
SP: K Potter (W Suff) 6.54
4x100: Colchester & Tending 62.1

Watford

MATCH: 1 Stevenage & North Herts 462; 2 Ilford 337; 3 Barnet 288; 4 Watford 213; 5 Dagenham 97
U17 boys
100/SP: M Khan Varda (Barnet) 12.5/9.16
200: J Warner (Ilf) 25.4
400: G Muckmillon (SNH) 54.0
800/1500: P Story (SNH) 2:17.7/4:50.5
100H: K Pearson (SNH) 18.4
HJ/LJ/TJ: C Higgins (Ilf) 1.75/6.00/13.05
DT: J Keeler (Barnet) 31.88
JT: J McLellan (SNH) 43.38
4x100: Ilford 50.3
U15
100/200: D Williams (Barnet) 12.1/25.7
400: J Northwood (Ilf) 59.6
800: C Goodard (Barnet) 2:14.6
1500: M Williams (SNH) 5:02.4
80H: J Moody (Ilf) 17.1
HJ: T White (SNH) 1.55
LJ: S Mendalson (SNH) 4.91
SP: G Gaviler (SNH) 11.92
DT: O Lawton (Barnet) 28.34
JT: M Thompson (Wat) 26.7
4x100: Ilford 51.1
U13
100: J Robertson (SNH) 14.5
200: R Hancock (Barnet) 30.5
400: K Daly (Ilf) 67.6
800: P Yeomans (Wat) 2:28.9
1500: P Coates (Dag) 5:09.2
80H: R Arbon (SNH) 15.4
HJ/LJ: J Maxwell (Barnet) 1.30/4.02
SP: J Nichol (Ilf) 7.38
4x100: Barnet 59.5
U17 girls
100/200/300: Y Oburoni (Ilf) 13.3/27.1/42.0
800: L Samuels (SNH) 2:25.1
1500: D Banks (Wat) 5:38.5
80H/HJ: J Hearne (Ilf) 13.9/1.40
LJ: K Corbett (Ilf) 4.87
SP: J Amaa (Barnet) 9.64
DT: K James (Wat) 23.04
JT: T Holman (Wat) 30.14
4x100: Ilford 53.5
U15
100/200: A Pitters (Ilf) 13.0/26.9
800: T Wever (Barnet) 2:34.8
1500: S Stevens (SNH) 5:43.6
75H/HJ/LJ: G Sargent (Ilf) 12.9/1.50/4.82
SP/DT: S McLennan (SNH) 10.17/22.08
JT: F Paten (Wat) 25.00
4x100: Ilford 52.7
U13
100: A Nagy (Barnet) 13.9
200: L Kane (SNH) 29.6
800: A Ashwell (Ilf) 2:43.1
1500/HJ: S Brough (SNH) 5:22.2/1.25
70H: L Lean (SNH) 14.8
LJ: A Barkow (Barnet) 3.84
SP: A Smith (Barnet) 7.80
4x100: Barnet 58.7

MIDLAND WOMEN'S LEAGUE Division One Birmingham

MATCH: 1 Birchfield 358; 2 City of Stoke 330.5; 3 Derby Ladies 318; 4 Royal Sutton Coalfield 302.5; 5 Coventry 257; 6 Bristol 239; 7 Telford 171
Women
100: 1 V Shipman (Der L) 12.4; 2 A Forrester (Stoke) 12.4
200 (-1.4): 1 Shipman 24.6; 2 S Davies (Bir) 24.8; 3 Forrester 25.1. **B (-2.6):** Z Wilson (Bir) 25.3
400: 1 L Gabriel (Cov) 57.0; 2 L Harvey (Bris) 57.1; 3 T Taylor (Bir) 57.1; 4 T Fradley (Stoke) 59.1. **B:** 1 L Rushton (Stoke) 58.8; 2 S Holyfield (Bir) 59.2
800: 1 E Ward (Stoke, U20) 2:11.1; 2 S Bull (Der L) 2:12.1; 3 S Damm (Bir) 2:13.0; 4 H Bebbington (RSC) 2:16.5; 5 C Swinbank (Bris) 2:17.9; 6 E Merchant (Cov) 2:18.0
1500: T Brown (Cov) 4:38.3
3000: M Ross (Stoke) 9:43.9
100H: 1 L Williams (Tel) 15.5; 2 S Price (RSC) 16.7. **B:** C Adams (RSC) 16.0
400H: 1 Adams 63.6; 2 S Veasey (Cov) 64.1; 3 K Challoner (Tel) 66.1; 4 K Whervyn (Bir) 67.6. **B:** J Hyslop (Cov) 66.8
HJ: K Saunders (Der L) 1.65
LJ: D Harrison (RSC) 5.54
TJ: 1 K Evans (Bir) 12.38; 2 J Hurst (Stoke) 11.73; 3 Saunders 10.84. **B:** 1 J Adams (Bir) 11.31; 2 H Warrilow (Stoke) 11.23
SP: 1 C Parker (Cov) 13.74; 2 Damm 12.19; 3 S Moore (Bris) 10.88; 4 E Cank (Tel) 10.60
DT: 1 S Henton (Bir) 46.90; 2 Cank 38.18; 3 V Bateman (Stoke) 36.70. **B:** 1 K Osterburg (Bir) 33.28; 2 H Williams (Stoke) 32.94
HT: 1 Moore 52.12; 2 R Elliott (Tel) 36.26; 3 R Cox (Bir) 36.02; 4 Parker 35.04
JT: K Evans (Cov) 37.18
4x100: Birchfield 48.7
4x400: 1 Birchfield 3:52.6; 2 City of Stoke 3:54.8; 3 Royal Sutton Coalfield 4:03.5
U17
100: 1 D Maylor (Bir) 12.2; 2 J Walters (Der L) 12.7; 3 R Redman (Stoke) 12.9. **B:** K Robinson (Bir) 12.3
200 (-1.6): 1 Robinson 25.5; 2 C Barnes (RSC) 25.7; 3 Redman 26.0; 4 Walters 26.1; 5 S Rice (Cov) 26.2
300: 1 L Cresswell (RSC) 41.0; 2 N Daniels (Stoke) 41.2; 3 Rice 41.6. **B:** S Hasler (RSC) 42.4
800: Daniels 2:19.2
1500: J Spooner (Der L) 4:58.9
80H: S Williams (Bir) 12.6
300H: 1 Williams 44.3; 2 S Shepherd (Tel) 49.0. **B:** C Campbell (Bir) 48.7
HJ: 1 Maylor 1.60; 2 K Beak (Tel) 1.55
SP: R Harley (Bir) 10.0
DT: E Hancock (Bir) 31.50
4x100: Royal Sutton Coalfield 51.4
U15
100: 1 E Walker (Bir) 12.8; 2 K Stenson (Der L) 12.9
200: 1 Walker 25.9; 2 Stenson 26.1; 3 L Singer (RSC) 26.3
800: S Herbert (Bris) 2:22.2
1500: E Stevens (Der L) 5:04.6
75H: 1 H Cutler (Bir) 12.2; 2 R Woodford (RSC) 12.6
HJ: 1 N Hulse (Stoke) 1.65; 2 N Sims (Der L) 1.55
LJ: C Bennett (Cov) 4.84
SP: 1 R Peake (Der L) 11.37; 2 S Richards (Bir) 10.60
DT: 1 A Coping (Cov) 27.60; 2 Peake 26.96
4x100: 1 Birchfield 52.7; 2 Derby Ladies 53.0
Final league positions: 1 City of Stoke 18; 2 Birchfield 17; 3 Derby Ladies 16; 4 Coventry 13; 5 Bristol 9; 6 Royal Sutton Coalfield 8; 7 Telford 3

Division Three Charnwood

MATCH: Solihull & Smallheath 267; 2 Rugby 253; 3 Charnwood 209; 4 Leicester Coritanian 198; 5 Newport 193; 6 Corby 147
Women
100: 1 E Ruddock (Rug) 12.0; 2 S Pinnel (Leic) 12.4; 3 R Pallett (Corby) 12.5
200: 1 Ruddock 24.6; 2 Pinnel 25.5
400: 1 S Davies (SSH) 58.9; 2 J Crossin (Rug) 59.8
800: 1 C Martin (Newp) 2:12.3; 2 T Krzywiski (Charn) 2:14.2 **B:** C Tomkinson (Charn) 2:16.7
1500: P Martin (Newp) 4:38.7
3000: E Foster (Charn) 10:14.8
100H: 1 D White (Rug) 15.3; 2 A Evans (SSH) 15.7; 3 C Pearson (Leic) 15.8
400H: Krzywiski 66.5
HJ: A Evans (SSH) 1.56
LJ: D Adams (Newp) 5.30
TJ: C Dale (Rug) 10.26
SP: 1 A Lambourn (Rug) 12.47; 2 J Walton (SSH) 10.82
DT: 1 K Shepherd (Charn) 35.48; K Walton (SSH) 34.54; 3 Z Triston (Rug) 36.54
HT: K Shepherd (Charn) 34.56;
JT: J Allen (Charn) 36:51
4x100: Rugby 50.1
4x400: Newport 4:08.4
U17
100: S Matthews (SSH) 13.0
300/800: H Wood (SSH) 44.4/2:20.0
80H: 1 H Worsey (Leic) 11.9; 2 S Little (Newp) 12.7
HJ: Little 1.50
DT: L Marshall (Charn) 29.30
U15
100/200: E Hall (Charn) 13.5/27.9
800: M Smith (Rug) 2:33.6
1500: S Clarke (Corby) 5:12.7
75H: L Webb (Leic) 12.5
HJ: L O'Dejonge (SSH) 1.60. **B:** S Crawley (SSH) 1.60
LJ: L Partridge (Rug) 4.97
SP/DT: S Stockdale (Charn) 8.12/25.04
JT: E Wareham (SSH) 26.18
4x100: Leicester 53.8
Final league positions: 1 Solihull & Smallheath 17; 2 Rugby 16; 3 Newport 10; 4 Corby 7 (565); 5 Charnwood 7 (558); 6 Leicester Coritanian 6

Division Four The Dell

MATCH: 1 Dudley & Stourbridge 264; 2 Cheltenham & County 227; 3 Northampton Phoenix 221; 4 Bromsgrove & Redditch 209; 5 Halesowen 191; 6 Tipton 136
Women
100/200: G Davies (Chelt) 12.7/26.0
400: S Evans (Tip) 56.1
800: J Hitchmough (D&S) 2:19.4
1500: L Thompson (North P) 5:06.4
3000: S Dunkley (North P) 11:16.5
100H: S James (Chelt) 17.0
400H: J Head (D&S) 72.3
HJ: V Smallman (D&S) 5.15
LJ: N Smallwood (Hales) 5.15
TJ: A James (Chelt) 10.46
SP: J Mees (Hales) 11.53
DT/HT: L Perry (D&S) 33.50/34.78
JT: K Bonham (Chelt) 36.06
4x100: Cheltenham 51.0
4x400: Bromsgrove & Redditch 4:18.9
U17
100: L Alder (Chelt) 12.5
300: J Cartwright (B&R) 43.8
800: D Glover (North P) 2:22.6
80H: H Colbourne (B&R) 13.7
HJ: G Collins (B&R) 1.50
DT: R Peasley (Tip) 29.34
U15
100/75H/LJ: S Oldham (D&S) 13.0/11.9/4.51
200: R Bird (Chelt) 26.7
800: G Crow (D&S) 2:24.9
1500: L Widdicks (North P) 5:04.5
HJ: E Tolley (D&S) 1.45
SP: A Follos (Tip) 7.73
DT: H Wyld (B&R) 21.02
JT: E Fossey (North P) 29.60
4x100: Dudley & Stourbridge 54.4

Division Seven Burton

MATCH: 1 Newcastle 297; 2 Massey Ferguson 217; 3 Sparkhill 164; 4 Hereford 150; 5 Rushcliffe 138; 6 Burton 119; 7 Daventry 117
U15 girls
800: C Tomaney (Rush) 2:33.3
DT: H Birt (Here) 24.48
Final league postions: 1 Newcastle 19 (818); 2 Massey Ferguson 19 (657); 3 Sparkhill 14; 4 Rushcliffe 13; 5 Hereford 10; 6 Burton 5; 7 Daventry 4

GOLDEN WONDER LEAGUE Division One Jenner Park, Barry

MATCH: 1 Carmarthan & District Harriers 643; 2 Preseli Harriers 441; 3 Aberdare Valley 342; 4 Swansea Harriers 333; 5 Llanelli 262
U15 boys
100/300: G Rees (Llan) 12.5/39.1
200: G Bevan (Preseli) 25.5
800: S Richards (Swan) 2:11.8
1500: D Jones (Carm) 4:43.2
80H/HJ: G McNamara (Preseli) 12.2/1.65

01733-261144 or fax your results to us on **01733-465206**

LJ: J Kilbridge (Carm) 5.48
SP/DT/JT: I Ohlson (Swan) 10.70/ 34.54/34.52
U13
300: M Ford (Llan) 46.1
800: T page (Carm) 2:30.9
1500: C Harvey (Carm) 4:56.8
75H: O Bissmire (Preseli) 13.0
LJ: P Griffiths (Carm) 5.00
DT/JT: J Griffiths (Preseli) 27.82/28.64
HJ: I Phillips (Carm) 1.35
4x100: Carmarthan & District Harriers 57.2
U11
75/150: C Mahias (Carm) 10.9/22.0
600: H Jones (Carm) 1:54.7
1000: K Davies (Carm) 3:19.9
LJ: S Martin (Pres) 3.84
SP: A Harris (Pres) 6.72
JT: R Smith (Carm) 26.90
4x100: Carmarthen & District Harriers 60.7
U15 girls
100/75H/LJ: D Selley (Pres) 13.1/ 12.2/4.49
200: C Curtis (Swan) 29.6
800: G Williams (Carm) 2:36.5
1500: C Leach (A'dare) 5:35.6
HJ: C Evans (Carmar) 1.45
SP: C Rees (Swan) 8.73
JT: A Siggery (Carmar) 33.08
4x100: Carmarthen & District Harriers 56.3
U13
100: A O'Conner (Swan) 14.5
200/800: S Morris (A'dare) 29.3/2:35.3
1500: E Corns (A'dare) 5:50.5
70H: K Griffiths (Swan) 13.7
HJ/LJ: S Newington (Swan) 1.25/3.83
SP/DT: M Jones (Carm) 8.84/20.64
JT: S Siggery (Carm) 21.78
4x100: Carmarthen & District Harriers 61.6
U11
75/150: N Thomas (A'dare) 11.8/23.1
600: S Morgan (A'dare) 2:04.1
1000: M Canning (Preseli) 4:04.7
LJ: C Jonee (Preseli) 3.50
SP: L Jones (Carmar) 5.15
4x100: Preseli Harriers 63.3

Division Two Jenner Park, Barry

MATCH: 1 Neath Harriers 401; 2 Amman Valley Harriers 290; 3 Barry & Vale Harriers 285; 4 Bridgend 162; 5 Cleddau 138; 6 Crickhowell & Gilwern H 129; 7 Merthyr Youth Team 80
U15 boys
100: S Madden (Neath) 13.0
200/800: L Richards (Crick) 26.0/ 2:13.6
300: C Bates (Neath) 41.7
1500: M Targett (Neath) 4:47.1
75H: L Ross (Barry) 15.8
HJ: S Chantrell (Merthyr) 1.70
LJ: C Field (Merthyr) 4.55
SP: C Scott (Cledd) 8.24
DT: R Dixon (Amman) 16.64
JT: J Whitefoot (Neath) 32.48
4x100: Neath 52.5
U13
100/200: R Davies (Amman) 14.1/28.7
300/800: D Phillips (Amman) 53.7/ 2:45.0
1500: F Camille (Neath) 5:07.8
75H: C Harker (Amman) 15.8
HJ: L Lima (Barry) 1.30
LJ: P Heatley (Bridge) 4.24
JT: M Alvey (Cleddau) 26.30
U11
75/150/LJ: J Heatley (Bridge) 11.2 22.8/3.82
600: N Bore (Barry) 2:03.6
1000: O Jones (Amman) 3:38.8
SP/JT: G Williams (Crick) 7.95/20.46
U15 girls
100: J Mayford (Amman) 15.3
200: N Vigus (Bridge) 31.4
800: R Cunliffe (Barry) 2:30.8
1500: C Salter (Barry) 5:22.9
75H: M Mainwaring (Amman) 17.4
LJ: J Mogford (Amman) 3.43
SP: L Doyle (Cledda) 7.54
DT: K Lang (Merthyr) 14.66
JT: A Harvey (Neath) 29.10
U13
100: L Martrew (Barry) 14.9
200: L Houston (Neath) 29.5
800: K O'Dwyer (Neath) 2:49.3
1500: L Thomas (Neath) 5:00.8
70H: Houston 13.2
HJ: N McCann (Bridge) 1.15
LJ: Houston 3.95
SP: Thomas 5.48
DT: K Wilcox (Neath) 12.44
JT: Thomas 18.92
4x100: Neath Harriers 58.8
U11 girls
75: H Wilson (Barry) 11.8
150/600: H Paul (Crick) 23.3/2:08.2
1000: R Edward (Neath) 3:44.5
LJ: K Davies (Neath) 3.80
SP: C Thomas (Merthyr) 5.05
4x100: Crickhowell & Gilwern Harriers 65.2

ALDER VALLEY LEAGUE Guildford

MATCH: 1 Aldershot, Farnham & District 244; 2 Reading 227; 3 Guildford & Godalming 184; 4 Basingstoke & Mid Hants 138; 5 Newbury 95
U17 girls
100: P Alleyne (Read) 12.9
200: S O'Connell (Read) 27.1
300: E Dearsley (G&G) 51.4
800: D Oughton (Newb) 2:29.6
1500: L Martindale (AFD) 5:15.9
80H: M Coats (G&G) 17.2
HJ: C Wade (Read) 1.40
LJ: A Twomey (Newb) 4.99
SP/DT: J MacPherson (BMH) 10.23/37.10
JT: N Smith (AFD) 52.10
4x100: 1 Reading 53.9; 2 Newbury 44.0; 3 Guildford 55.06; 4 Aldershot, Farnham & District 56.7
U15
100: 1 B Twort (Read) 13.8; 2 K Watson (AFD) 13.9; 3 C Fraser (Bas) 13.9
200: Twort 28.1
800: N Newton (AFD) 2:25.0
1500: C Adams (AFD) 5:17.9
75H: C Boardman (Read) 12.3
HJ: M Efeyini (G&G) 1.42
LJ: K Goddard (AFD) 4.54
SP: K Bridge (AFD) 8.49
DT: J Armstrong (BMH) 25.18
JT: S Cowley (G&G) 25.30
4x100: 1 Reading 54.6; 2 Aldershot, Farnham & District 55.4; 3 Guildford & Godalmng 56.4; 4 Basingstoke & Mid Hants 57.0; 5 Newbury 60.4
U13
75: P Lewis (Read) 10.7
150/75H: J Durbridge (AFD) 22.2/13.5
600: E Hillward (BMH) 1:53.4
1000: E Adams (AFD) 3:24.9
HJ: L Banner (G&G) 1.28
LJ: G Hillyard (BMH) 3.92
SP: J Garwood (Read) 7.89
DT: D Swatheridge (BMH)
JT: F Brown (G&G) 11.42
4x100: 1 Reading 57.7; 2 Aldershot, Farnham & District 59.9; 3 Basingstoke & Mid Hants 61.1; 4 Guildford 61.1; 5 Newbury 64.0

August 9/10

NORTHERN IRELAND MULTI-EVENT CHAMPIONSHIPS Antrim

Men
DEC: 1 P Curran (ND) 5794 (12.1/ 6.33/10.37/1.81/51.2/17.0/ 30.20/ 2.80/44.46/4:26.5); 2 N Brown (B&A) 4669; 3 B Welsh (WTH) 3872
U20
DEC: 1 B McConville (ND) 5618 (12.8/5.66/9.80/1.84/ 55.3/16.6/ 32.62/3.80/45.12/4:38.3); 2 M Allen (B&A) 5392 (11.7/6.13/11.45/ 1.69/ 53.4/18.0/31.98/62.46/ 4:58.9); 3 N Kelly (Manx) 5335 (12.7/6.11/ 9.71/ 1.84/57.0/16.3/28.82/ 3.00/ 41.56/ 4:42.3)
U17
OCT: 1 A Maxwell (Lis) 3627 (16.4/ 1.48/9.82/52.7/ 5.59/21.40/ 25.78/ 5:10.1); 2 J Glover (LV) 3337 (18.8/ 1.51/9.24/54.5/4.73/ 23.42/ 33.44/ 55.7); 3 J Beggs (RH) 3247 (18.6/1.72/ 9.50/60.1/ 5.09/ 19.00/ 29.96/5:07.9)
U15
PENT: 1 C Rogerson (RH) 2095 (13.2/ 8.70/5.36/1.42/2:28.2); 2 S Walters (WTH) 1467; 3 G McGarvey (ND) 13.23
U13
PENT: 1 M McWilliams (ND) 1008; 2 A Glover (RH) 942; 3 M McConkey (ND) 871
Women
HEPT: 1 G Finnegan (DUN) 3681 (17.4/1.45/8.54/28.3/4.37/29.30/2:39. 9); 2 D Heron (FV) 3569 (18.4/1.45/ 8.71/29.1/4.92/30.96/2:40.1)
U17
HEPT: 1 V Kennedy (SP) 3080 (14.3/7.01/1.48/29.7/4.77/15.12/2:56. 0); 2 A McIntyre (SP) 3004; 3eq L Briggs (LV)/L Redmond (B&A) 2493
U15
PENT: 1 Z Magnier (SP) 2026 (13.5/4.54/5.68/ 1.38/2:52.4); 2 R Mitchell (RH) 1981 (12.7/4.00/6.38/ 1.17/2:38.8); 3 R McCarey (Alb) 1868
U13
PENT: 1 L Rea (LV) 1877 (12.9/3.96/7.37/1.20/2:42.4); 2 C Crawford (RH) 18.46 (12.0/3.88/ 6.52/1.23/2:51.1); 3 S McAnaney (SP) 1589

August 9

EASTERN CHAMPIONSHIPS Cambridge

THERE was a disappointing turn-out quantity-wise, but the quality was certainly on show as several internationals turned out to break championship records, *Jason Henderson reports.*

One tenth of a second separated Tremayne Rutherford and Matthew Clements in the 100m, with Cardiff AC's Rutherford equalling the championship best of 10.6secs.

Clements of Haringey gained revenge in the 200m - both athletes sharing the same time of 21.6 - again a record. Clements' narrow win had come after he had also won the 110m hurdles - his 14.3secs causing a further change to the Eastern Counties' record book.

Another big gun at Cambridge was south of England's No.1 javelin thrower Mark Roberson. The Newham & Essex Beagle threw a championship best of 77.66 to beat Belgrave's Stuart Faben by over 10 metres.

Kent Ulyatt continued his return to form with a 47.4secs champi-onship best 400m win, only an hour after running a 50-point second heat.

In sweltering heat the better per-formances came in the sprints and field events. Although Adrian Mussett seemed oblivious to the conditions as he scorched a front running 14:44 5000m win. In the women's 1500, York of Hertford & Ware showed similar bravery, storming to a championship best of 4:36.1.

Men
100: 1 T Rutherford (Card) 10.6 (eq CBP); 2 M Clements (Har) 10.7; 3 G Beasley (Lut) 10.9
200: 1 Clements 21.6 (eqCBP); 2 Rutherford 21.6; 3 Beasley 21.7
400: 1 K Ulyatt (CoN) 47.4 (CBP); 2 G Hedman (Brain) 48.5; 3 N Davy (CoN) 50.5
800: N Miller (Ver) 1:59.5
1500: I Roylance (NVH) 4:04.4
5000: A Mussett (Col H) 14:44.4
110H: 1 Clements 14.3 (CBP); 2 M Stern (SB) 14.7; 3 D Wilkinson (Lut) 15.9
400H: I Wells (Belg) 56.4
HJ: 1 P Burroway (Houns) 2.00; 2 T Costello (C&C) 2.00; 3 G Fisher (W Suff) 1.95
PV: J Motram (C&C) 2.80
LJ: G Easton (S Alb) 6.43
TJ: Fisher 12.93
SP: 1 S Whyte (TVH) 15.56; 2 K Ansell (W Gn) 14.88; 3 S Hayes (TVH) 14.62
DT: 1 Hayes 49.14; 2 Whyte 47.66
HT: 1 R Earle (Har) 57.76; 2 Whyte 58.04; 3 S Brown (Har) 57.72; 4 W Clarke (Peter) 54.0
JT: 1 M Roberson (NEB) 77.66 (CBP); 2 S Faben (Belg) 64.14
U20
100/200: J Green (March B) 11.5/23.6
400: J Richardson (B&C) 50.7
800: M Stocker (St Alb) 1:58.6
1500: P Farmer (Vaux) 4:16.1
110H/400H: P Crossland (Lut) 15.2/ 57.7 (CBP)
LJ: A Bollu (C&T) 6.67
DT/JT: D Harding (H&W) 35.0/45.74
U17
100: 1 J Christmas (H&W) 11.6; 2 P Harding (H&W) 11.8; 3 N Rogers (B&C) 11.8
200/TJ: Christmas 23.7/12.56
400: 1 Harding 52.9; 2 A Doyle (Lut) 54.1
800: P Bridgers (Lut) 2:02.9
1500: K Hone (C&C) 4:22.8
110H: 1 J Dannan (B&C) 14.3; 2 A Tilby (Lut) 14.7
400H/HJ: S Reidy (NVH) 62.2/1.60
LJ: S Russell (B&C) 5.68
SP/DT: A Miller (C&C) 11.52/36.28
HT: O Hoad (C&C) 46.70
U15
100: 1 L Harris (BMH) 12.1; 2 A Miller (L Buz) 12.3; 3 S Parkin (Hunts) 12.3
200: 1 Parkin 24.6; 2 Miller 25.2; 3 D Thompson (Col H) 25.6
800: B Matterson (B&C) 2:17.8
Women
100: F Loutsy (Lut) 12.4
200: R Watson (Peter, U20) 25.6
400: 1 L Turnball (Vaux) 58.2; 2 P Waller (Hunts) 58.6; 3 A McConnell (Peter) 58.8
800: R Glispee (Lut) 2:22.4
1500: S York (H&W) 4:36.1 (CBP)
100H: 1 A Wright (CoN) 15.3; 2 A Stern (SB) 15.3
400H: L Yellop (CoN) 69.4
HJ: C Harvie (St Alb) 1.60
PV: J Cozens (B&C) 2.70 (CBP)
LJ: H Cone (C&C) 5.32
TJ: S Ash (CoN) 10.84
SP/DT: A Howard (CoN) 11.72/34.12
HT: 1 A Jenkins (B&C) 48.12 (CBP); 2 Howard 39.26; 3 S Fawces (Brain) 39.24; 4 J Clarke (Peter, W40) 36.14
JT: L Gray (Lin W) 45.64
U17
100: A Cooke (L Buz) 13.6
200: 1 E Parr (CoN) 25.9; 2 Cooke 26.5
300: 1 Parr 40.4 (CBP); 2 S Adamson (H&W) 41.7; 3 Cooke 42.3; 4 H Zablockyj (Lin W) 43.0
800: J Bunyan (Vaux) 2:37.6
1500: K Gabriel (Ips H) 5:34.9
80H: N Harrison (Vaux) 12.7
300H: E Rushmer (Col H) 70.6
HJ: N Norford (B&C) 1.63
LJ: Parr 5.02
SP: 1 I Howard (CoN) 9.71; 2 D Wagstaff (Peter) 9.57
DT: Howard 26.82
U15
100: 1 S Spinx (W Norf) 13.0; 2 L Walton (Lut) 13.3; 3 R Allen (CoN) 13.3
200: 1 Spinx 26.2; 2 I Wallson (Lut) 27.0
800: 1 B Parker (CoN) 2:24.1; 2 C Bassell (Lut) 2:24.9; 3 H Pardon (Lut) 2:26.6

NORTH v MIDLANDS v SOUTH U20 Moorways Stadium, Derby

MATCH: 1 South 165; 2 North 150; 3 Midlands 99
U20 men
100 (+2.3): 1 L Davis (M, gst) 10.59; 2 U Ugono (S) 10.66; 3 T Willets (M) 10.86; 4 M Russell (S) 10.89; 5 S Daly (N) 10.89; 6 J Stewart (N) 11.03; 7 J Bale (M, gst) 11.21; 8 S Topliss (N, gst) 11.24
200 (-0.6): 1 M Findlay (S) 21.29; 2 Topliss 21.44; 3 Stewart 21.82; 4 D Burley (S) 21.86; 5 J Moss (N) 22.08; 6 A Crossley (M) 22.65
400: 1 A Wilson (S) 48.27; 2 R Fanning (S) 49.00; 3 R McNabb (N) 49.18; 4 R Clifford (N) 49.83; 5 S Bullock (M) 50.44
800: 1 N Kirk (S) 1:51.59; 2 S Lees (M) 1:51.77; 3 K Corr (N) 1:52.46; 4 N Speight (S) 1:52.87; 5 S Hughes (N, gst) 1:54.16; 6 A Hargreaves (N) 1:55.31
1500: 1 M East (S) 3:54.30; 2 P Douglas (N) 3:55.81; 3 J Thie (M) 3:56.71; 4 R Sinclair (M) 3:58.55
3000: 1 C Livesey (N) 8:36.74; 2 P Morby (M) 8:39.34; 3 D Mitchinson (S) 8:45.12
110H (-0.6): 1 B Warmington (N) 14.46; 2 R Sears (S) 14.66; 3 L Barker (S) 15.18; 4 G McCracken (N) 15.25; 5 E Morris (M) 15.99
400H: 1 A Hick (S) 53.76; 2 D Walker (N) 54.08; 3 A Dean (M) 55.54; 4 D O'Leary (N) 55.72; 5 J Cuff (M) 56.47
2000SC: 1 J Collins (S) 5:53.80; 2 R Brown (N) 5:57.70; 3 J Ward (N) 6:00.70; 4 A Robinson (S) 6:05.60; 5 M Amos (M) 6:12.30
3kmW: 1 M Kemp (M) 13:05.25; 2 M Hales (S) 13:24.09; 3 N Whorilow (S) 13.37.54; 4 S Taylor (M) 13:50.88; 5 A Goudie (S) 13:51.83
4x100: 1 South 42.29; 2 North 42.42; 3 Midland 43.84
4x400: 1 South 3:21.8; 2 North 3:24.1; 3 Midland 3:30.66
HJ: 1 R Dent (N) 2.10 (CBP) 2.10; 2 R Toms (S) 2.05; 3 D Graham (N) 2.05; 4 D Slessor (N) 2.05; 5 B Davies (M) 1.90
PV: 1 B Flint (N) 4.80 (CBP); 2 S Simpson (M) 4.70; 3 T Richards (S) 4.40; 4 R Smith (S, U17) 4.40; 5 J Gullikson (N) 4.00
LJ: 1 S Wells (S) 6.86/+2.5 (CBP); 2 S Roper (N) 6.81/+1.0
TJ: 1 J Wallace (M) 15.47/+0.2 (CBP); 2 P Idowu (S) 15.21/+1.7; 3 P Francis (S) 14.33/+3.1; 4 S Roper (N) 14.32/+1.4; 5 C Platt (N) 14.29/+2.6
SP: 1 C Myerscough (N) 17.98 (CBP); 2 E Udechuku (S) 17.04; 3 D Readle (N) 14.18; 4 J Bull (S) 13.42
DT: 1 Myerscough 60.58 (CBP); 2 Udechuku 58.16; 3 S Sanderson (N) 44.80; 4 D Lovett (S) 44.48; 5 T Hayman (M) 43.44
JT: 1 D Parker (N) 66.40 (CBP); 2 P Sharpe (N, U17) 58.68; 3 D Carter (S) 57.96; 4 Udechuku 57.10; 5 D Evans (M, gst) 53.16; 6 D Gough (M) 51.26
HT: 1 M Bell (M) 60.34 (CBP); 2 A Grierson (S) 59.02; 3 C Walsh (N) 58.48; 4 T Eden (N) 52.26; 5 M Sexton (S) 50.52
U20 women
MATCH: 1 South 159; 2 North 125; 3 Midlands 105
100 (0.2): 1 R White (N) 12.02; 2 M Purkiss (S) 12.04; 3 D Maylor (M) 12.18; 4 A Forrester (M) 12.18; 5 K Thomas (S) 12.20
200 (0.7): 1 S Graham (S) 24.25; 2 S Davies (M) 24.49; 3 K Palmer (S) 24.56; 4 E Freeman (N) 24.89; 5 L Milburn (N) 25.12
400: 1 L Owusu (S) 55.27; 2 K Gear (S) 55.52; 3 S Roberts (M) 56.52; 4 A Naugher (N) 57.15; 5 H Curnock (M) 58.14
800: 1 E Ward (M) 2:09.97; 2 S Hasler (M) 2:11.56; 3 L McCabe (N) 2:11.99; 4 D Sterling (S) 2:14.02
1500: A Connolly (N) 4:36.23
3000: 1 K Fletcher (N) 10:00.27; 2 C Radon (S) 10:11.17; 3 C Campbell (S) 10:15.01
100H (-1.2): 1 J Pratt (S) 14.09; 2 S Claxton (S) 14.11; 3 K Livesey (N) 15.04; 4 L Williams (M) 15.37
400H: 1 T Duncan (S) 62.20; 2 C Hall (S) 62.30; 3 K Weal (N) 63.80; 4 V Edwards (M) 65.50
3kmW: 1 B Tisshaw (S) 14:35.69; 2 N Huckerby (M) 14:51.20; 3 S Warren (S) 15:18.16; 4 S Woodcock (N) 15:35.32
4x100: 1 South 47.04; 2 North 47.13; 3 Midlands 47.31
4x400: 1 South 3:51.05; 2 North 3:57.01; 3 Midlands 3:57.05
TJ: 1 J Kotey (S) 11.70 (CBP); 2 H Warrilow (M) 11.55; 3 K Williamson (N) 11.22; 4 C Everett (S) 10.99; 5 L Bennington (N) 10.86; 6 K Brow (N) 10.83; 7 S Brady (M) 10.78
SP: 1 J Dunkley (S) 13.76 (CBP); 2 D Williams (N) 11.89; 3 V Shepherd (N) 11.49; 4 Everett 11.30
DT: 1 L Keightley (S) 45.06 (CBP); 2 Williams 43.90; 3 S Backhouse (N) 43.12; 4 K Mellis (S) 39.02; 5 E Cank (M) 37.18
HT: 1 H Arnold (S) 50.94 (CBP); 2 R Beverley (N) 47.04; 3 Z Derham (M) 46.90; 5 R Dunn (M) 39.12
HJ: 1 M Dunkley (M) 1.85 (CBP); 2 S Jones (N) 1.85; 3 A Bemrose (S) 1.70; 4 C Cousins (S) 1.65
PV: 1 S Hartley (N) 3.15 (CBP); 2 T Bloomfield (S) 3.00
LJ: 1 S Claxton (S) 6.04/+1.6 (CBP); 2 R Bates (M) 5.40/+0.0

NORTH OF ENGLAND MEN'S INTER-CLUB SEMI-FINALS Wakefield

MATCH ONE (first two in each match qualify for final): 1 Blackpool & Fylde 90; 2 Gateshead 83; 3 Cleethorpes 70; 4 Mandale 68; 5 Wigan 67.5; 6 Trafford 60.5
Men
100: 1 M Critchley (Gates) 10.9; 2 G Craig (B&F) 11.1
200: 1 I Craggs (Gates) 22.0; 2 T Painter (Wig) 22.0; 3 P Ellershaw (B&F) 22.1
200 (n/s): G Craig (B&F) 22.4
400: 1 L Baird (Clee) 48.7; 2 Painter 49.0; 3 G Thomas (Traff) 49.7
800: G McPherson (B&F) 1:54.3
110H: 1 R Hunter (Gates) 15.3; 2 A Gosling (Wig) 15.8
400H: 1 D Gifford (Clee) 53.9; 2 J McElway (B&F) 56.2; 3 G Howe (Gates) 56.5
3000SC: 1 C Wheeler (Traff) 9:17.9; 2 E Broome (B&F) 9:43.5
HJ: 1 A Binns (B&F) 2.00; 2 S Rutter (Gates) 1.95
PV: 1 C Boundy (Gates) 4.10; 2 A Richardson (Clee) 3.90
TJ: 1 C Tomlinson (Mand) 13.68; 2 M Swift (B&F) 13.67
SP: P Corrigan (Gates) 13.32
DT: P Gordon (Gates, M45) 48.18
HT: 1 Gordon 45.52; 2 M Dumican (Wig) 44.92; 3 N Bulman (Mand) 43.48
JT: 1 P Ostapovycz (Traff, M40) 56.40; 2 B Saville (Clee) 55.04
4x100: 1 Mandale 43.5; 2 Wigan 43.7
4x400: 1 Cleethorpes 3:24.6; 2 Gateshead 3:25.2; 3 Trafford 3:25.2; 4 Wigan 3:25.2
MATCH TWO: 1 Morpeth 102.5; 2 Blackburn 94; 3 Wakefield 86; 4 Salford 83; 5 Richmond & Zetland 52.5
Men
400: 1 J Deacon (Morp) 47.6; 2 J Lobo (B'burn) 50.0
800: 1 Lobo 1:50.8; 2 D Spawforth (Wake) 1:53.7
10,000: I Archbold (Morp) 32:18.9
3000SC: J Brown (Salf) 9:26.1
PV: D Fiel (Morp) 4.30
LJ: P Birchall (B'burn) 6.76
SP/DT/HT: P Reed (Morp) 14.18/46.76/38.74

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Cudworth

MATCH ONE: 1 Liverpool Harriers 121; 2 Rotherham 118; 3 Liverpool Pembroke Sefton 109; 4 City of Hull 86; 5 Spenborough 66; 6 Leigh 20
Men
100: P Jamieson Liv P) 11.0
200: 1 D Scott (Liv) 22.2; 2 Jamieson 22.3
400: 1 M Barrow (Liv P) 49.9; 2 P Cooper (CoH) 50.2
800: 1 C Elliott (CoH) 1:53.8; 2 P Bennett (Roth) 1:54.7
1500: P Burgess (Liv) 3:54.3
110H: 1 M Robbins (Roth) 14.2; 2 G Hughes (Liv) 15.6; 3 C Coggin (CoH) 16.0
400H: 1 Barrow 55.0
HJ: 1 Robbins 2.05; 2 I Massey (Liv) 2.00
PV: 1 D Mellor (Roth) 5.20; 2 R Laing (Liv) 4.30; 3 J Wilkinson (Spen) 4.15; 4 M Beharrell (CoH) 3.85; 5 J Taylor (Leigh) 3.70
SP/DT: J Muirhead (Liv) 14.74/42.24
HT: N Winchcombe (Roth) 52.54
JT: J Wilkinson (Spen) 55.14
4x100: 1 Rotherham 43.5; 2 Liverpool Harriers 43.7
4x400: 1 City of Hull 3:22.0; 2 Liverpool Harriers 3:22.0
MATCH TWO: 1 1 Sale Harriers Manchester 134; 2 Sheffield 114; 3 Leeds City 112; 4 South Shields 71; 5 Grimsby 54; 6 Durham 50
Men
100: A Condon (Sale) 22.4
200: A Bull (Sheff) 22.4
400: A Cockroft (Sale) 49.7
3000SC: 1 J Pavis (Sale) 9:15.3; 2 A Beevers (Leeds) 9:17.1
110H: G Reddington (Leeds) 16.0
400H: 1 C Foster (Sheff) 54.5; 2 R Gascoigne (Sale) 56.2
HJ: 1 I Gidley (Sale) 1.95; 2 D Otter (Sheff) 1.95; 3 S Linsell (Leeds) 1.90
SP: 1 J Nicholls (Sale) 14.93; 2 D Brunt (Sheff) 14.49; 3 M Allison (Leeds) 12.92
DT: 1 Allison 41.34; 2 Brunt 40.52; 3 Nicholls 38.28
HT: 1 M Floyd (Sale) 60.70; 2 C O'Connell (Leeds) 43.16
JT: Allison 56.78
4x100: Sale Harriers Manchester 43.7
4x400: 1 Sale Harriers Manchester 3:19.2; 2 Sheffield 3:24.3

DAVENTRY OPEN

U15 boys
100/200: J Boot (unatt) 12.8/26.0
400: 1 Boot 56.3; 2 C Rolands (Harrow) 56.4
800/1500: P Brown (Charn) 2:21.2/4:45.1
HJ: M Mitchell (Abingden A) 1.60
LJ: 1 Rolands 5.26; 2 M Hardwood (Stam AC) 5:22.0
JT: R Pedelty (Dav) 29.30
U13
100: 1 G Blackman (Rush) 13.3; 2 E Dunford (Bir) 13.5; 3 C Wilson (Stam AC) 14.0; 3 K Sembers (Scun) 14.1
200/800: Blackman 29.0/2:22.1
1500: R Skidmore (Stilton S) 5:15.0
80H: 1 E Dunford 13.1; 2 A Fenn (Dav) 15.1; 3 J Ross (Nun) 15.3; 4 S Fullylove (North P) 15.6
HJ: 1 Fullylove 1.45; 2 J Dunford (Bir) 1.40; 3 J Lingham (Kett) 1.40; 4 M Smith (Dav) 1.35
LJ: 1 E Dunford 5.19; 2 S Hubbard (Banb) 4.32; 3 C Wilson (Stam AC) 4.31; 4 J Ross (Nun) 4.30
JT: 1 W Ferrier (Stam AC) 30.10; 2 B Morton (Ox C) 28.04; 3 J Dunford 28.00; 4 Hubbard 27.02
U11
80/800: D Parkinson (Cov) 12.5/2:42.7
LJ: J Beard (Rugby) 3.68
U15 girls
100/200: M Mason (Cov) 13.4/27.6
800: 1 V Pettitt (Nun) 2:26.9; 2 S Clarke (Corby) 2:32.5
1500: H Witmore (OWLS) 5:31.8
75H: 1 H Ferrier (Stam AC) 12.7; 2 A Glynn (Leam) 13.0
HJ: Pettitt 1.40
LJ: 1 C Flinn (Cov) 4.90; 2 K Lambert (Glous) 4.74
JT: J Greer (Ox C) 21.30
U13
100: 1 C Bennett (Cov) 13.6; 2 R Sweeney (Kett) 14.4
200: 1 Bennett 29.1; 2 J Roach (Leics) 29.5
800: 1 E King (Kett) 2:34.6; 2 N Bass (Learn) 2:40.1; 3 H Francks (Leic) 2:41.0; 4 E Burrows (D&S) 2:46.9
1500: K Jones (Derby) 5:47.4
70H: 1 Roach 11.9; 2 L Bishop (Liv H) 12.2; 3 C Schofield (Worth) 13.3
HJ: Schofield 1.30
LJ: 1 Bennett 4.83; 2 S Carter (Cov) 3.93
JT: 1 Schofield 26.58; 2 A Bailey (Banb) 26.16; 3 R Le Subur (Bed) 21.32
U11
80: 1 L McGuire (Gt Yar) 11.7; 2 D Hickson (Cov) 11.8
800: 1 E Hopkins (Leic) 2:44.0; 2 L Jepson (Leic) 2:48.5
LJ: 1 McGuire 4.09; 2 Hickson 3.99
Merser Sports Shield: E Dunford
Barclays Cup: 1 Coventry Godiva; 2 Leicester Coritanians; 3 Stamford AC; 4 Birchfield Harriers; 5 Daventry; 6 Oxford City; 7eq Abingdon Amblers/ Gloucester

ABERNETHY HIGHLAND GAMES
Nethy Bridge

Men
100yds/200: M Fowler (Inv) 11.0/24.4
1500: A Gallan (Shett) 2:04.9
SP: 1 I Degeling (HOL) 14.04; 2 D Horne (SGA) 13.53
U20
100yds: A Grantham (unatt, U17) 11.2
U15
100yds: S Annison (A'deen) 12.2
200: K Morgan (A'deen) 29.7
1500: A Murray (Prest) 5:35.0
U13
100yds: L Taylor (Nairn) 13.6
Women
200: R MacKinnon (Glas, U17) 28.5
SP: E Downie (S'kelvin) 5.86
U17
100yds: R MacKinnon 12.2
U15
100yds/200: L Dawson (A'deen) 12.7/29.2
U13
100yds: K Grantham (Inv) 12.6

August 8

NORTH LONDON OPEN
Finsbury Park

Men
100: I Clarke (Enf) 11.0. **B:** A Ogunyemi (Har) 11.0
200: G Healy (Hav) 22.7
400: D Burley (B'hth) 50.3
BMC 800: 1 D Hall (High) 1:49.8; 2 A Knight (Camb H) 1:49.9; 3 J Thompson (Dart) 1:50.6; 4 J Dupuy (Bex) 1:50.6; 5 J Mills (Hav) 1:50.7; 6 A Rosen (Har) 1:50.7; 7 T Johnson (W Gn) 1:51.0. **B:** L Mangleshot 1:54.5; 2 J McLaughlin 1:55.2; 3 J Daniels 1:55.8; 4 D McCormack 1:56.3; 5 T Keys 1:59.3
1500: I Roylance (NVH) 4:02.6
5000: E Bayne (Trent Pk) 16:33.8
DT: S Williams (Enf) 55.96
U20
100: J Oladitan (N Lon) 12.1
200: N Hoque (B'hth) 22.7
1500: P Jacobs (N Lon) 4:20.9
U17
200/400: M Farrugi (Mus H) 24.5/53.2
1500: M Goodwim (Lew) 4:21.7
5000: B Ikache (Salzburg) 18:16.1
HJ: S Baptiste (W Gn) 1.85
DT: F Miele (Har) 46.50
U15
100/200: F Omorogie (Mus H) 13.0/26.2
400: A Browne (Camb H) 66.8
1500: 1 B Henty (Lew) 4:36.5; 2 J Mays (Lew) 4:43.2]
U13
200/400: M Williams (unatt) 28.0/66.8
M50
5000: C Verrall (N Lon) 18:49.6
Women
100: 1 P Tanyi (Ex L) 13.2; 2 A Unufe (N Lon) 13.2
1500: D Wall (TVH) 4:59.5
5000: G Tamirat (Ex L) 17:53.0
DT: R Hardy (High) 39.05
U13
100/200: M Ajibade (Mus H) 15.8/32.2
W35
1500: J Laws (Mus H, W40) 4:58.1
5000: J Williams (Orion) 20:08.0

GLOUCESTER OPEN
Black Bridge

Men
100: 1 T Lerwill (Belg) 11.5; 2 R Turner (Notts, U17) 11.6; 3 R Hingley (Lough) 11.7
200: Lerwill 22.5; 2 A Shakeshaft (Stroud) 23.2
400: S Bullock (Here, U17) 50.6 (track rec)
800: S Overthrow (Chelt) 1:54.2 (track rec)
1500: G Hughes (Les C) 4:18.0
LJ: 1 A Turner (Notts, U17) 6.40 (track rec); 2 M Lloyd (Bex, U20) 6.00
DT: N Walker (Sev) 33.30
HT: S Kilminster (Har) 36.00
JT: M Powell (Sev) 51.76
M50
DT/HT: P Jeffries (Hav) 33.56/30.58
Women
100/200: E Nicholls (Bris, U20) 12.9/26.4 (track rec)
400: S Mead (Torf, U20) 59.9 (track rec)
1500: D Jeffrey (Inv, U15) 4:50.3 (track rec)
W45
800: S Halion (Worc) 2:48
W50
400: S Halion (Worc) 59.9

August 7

BRITISH ATHLETICS ENDURANCE INITIATIVE GRAND PRIX
Swindon

A PERFECT evening more reminiscent of conditions in Athens than Swindon produced the type of race the BAEU has been set up to foster, *Mike Down reports.*

With Irish, Scottish and Welsh champions Seamus Power, Phil Mowbray and Christian Stephenson, Spencer Barden, Rob Whalley, Karl Keska, Darrius Burrows, Spencer Newport and Matthew O'Dowd, a fast race was assured.

It might have been even faster had the hare Pat Davoren not clearly been feeling the effects of his 1500m an hour earlier, for the first kilometre was three or four seconds off the target.

Once Davoren pulled out, Keska tried to lift the pace, but not until Cormac Finnerty hit the front in the last kilometre did the race really come to life.

Finnerty's aggression possibly cost him third place, for at the bell Whalley burst away, pursued by Barden.

Whalley showed his real colours by piling on the pace, and down the back-straight Barden had to let his Stoke rival go as he stormed to a 57sec last lap.

Whalley's time of 7:51.4 clipped over a second off the BMC record he set at Stretford last year. It is the second fastest by a British athlete this season behind Ian Gillespie's 7:48.4 and puts him into pole position in the Grand Prix.

Barden ran five seconds faster than before in second place, while Stephenson came from way back on the last lap to snatch third from Finnerty, slashing more than 20sec off his PB.

As good a performance as any however came from Swindon's Matthew O'Dowd. The former National junior cross country champion took 15 seconds off his best to finish fifth in 7:55.9.

Power was not quite able to match his 5000m form at Watford the previous week, but broke eight minutes for the first time, while Burrows showed better form than of late to dip under the eight minute barrier for seventh just ahead of Keska.

Steve O'Gara, though outside the top 10, made the trek from the north east worthwhile, improving his best by three seconds.

Mark Beering won the B-race from Andy Wedlake and Adrian Marriott. Both Beering and Marriott ran PBs, as did Welsh pair Matt Waldram and Richie Gardner.

Sarah Bentley supplanted Jo Thompson - away altitude training at St Moritz - as leader of the Grand Prix.

Her victory was more clearcut than in Oxford in an almost identical time of 9:23.1. The Birchfield Harrier was disappointed that unlike the men none of Britain's other leading women distance runners apart from Angela Joiner had taken advantage of the perfect conditions to give her a race.

Whether lack of ambition is the problem is a moot point, but the poor support for these races is perhaps more an indication that most of our women runners prefer the easier option of competing on the roads, where prizes are easier to come by.

At least the enthusiastic Joiner, who unfortunately just missed the start of the Oxford race, made it this time and shaved three seconds off her PB.

Behind, Rita Quill and Amy Stiles, finishing in front of TSB English Schools' champion Amber Gascoigne, set PBs, as did Charlotte Coffey, who in only her second attempt at the distance improved 20 seconds on the time she ran in the opening Grand Prix.

Men
3000: 1 R Whalley (Stoke) 7:51.4 (BMC rec); 2 S Barden (GEC) 7:53.2; 3 C Stephenson (Card) 7:54.5; 4 C Finnerty (IRL) 7:55.0; 5 M O'Dowd (Swin) 7:55.9; 6 S Power (IRE) 7:59.5; 7 D Burrows (Bir) 7:59.9; 8 K Keska (Bir) 8:00.5; 9 P Mowbray (CoE) 8:04.2; 10 S Newport (B'hth) 8:06.1; 11 S O'Gara (Walls) 8:06.5;12 M Yelling (Bed) 8:19.6; 13 S Sharpe (Hill) 8:21.5; 14 R Birchall (Bir) 8:22.3; 15 S Bell (Camb) 8:34.8. **B:** 1 M Beering (Chelms) 8:18.5; 2 A Wedlake (Bourne) 8:19.8; 3 A Marriott (H Wim) 8:20.8; 4 A Morgan-Lee (W Gn) 8:23.4; 5 A Hawkins (Brist) 8:24.4; 6 M Waldram (Swan) 8:25.6; 7 W Levitt (Vaux) 8:26.2; 8 R Gardner (Card) 8:26.7; 9 K Stone (NEB) 8:27.5; 10 D Duke (Brist) 8:28.0; 11 P Pudney (Liv) 8:34.8; 12 A Roper (Brist) 8;37.6; 13 C Morris (Wells, U20) 8:54.2
Women
3000: 1 S Bentley (Bir) 9:23.1; 2 A Joiner (SB) 9:33.0; 3 M Wannell (Exe) 9:44.2; 4 R Quill (Mil K) 9:51.7; 5 A Stiles (Craw) 9:53.0; 6 A Gascoigne (Wells, U20) 9:55.3;7 C Dugdale (Card) 9:59.5; 8 E Turner (Aber) 10:06.8; 9 C Coffey (Brist, U20) 10:11.5; 10 R Lambert (Brist, U20) 11:06.0; 11 S Harrod (Brist, U20) 11:10.4

SWINDON OPEN

Men
100/200: A Patrick (WSE) 11.0/21.1
400: J Bridger (T Sol) 49.7
SP/DT: A Ferrand (NEB) 11.87/38.00
M50
800: B Silto (Swin) 2:11.0
U20
100: A Potter (Bath) 11.7
200: A Pike (Ox) 23.8
JT: D Evans (Chelt) 46.04
U17
100: J Gyphion (Glos) 11.5
200: A Penny-Larter (Ox) 23.5
800: 1 K Farrelly (And) 2:05.2; 2 R Austin (Glos) 2:05.6; 3 N Montague (Swin) 2:06.6; 4 R Horner (Swin) 2:06.6
LJ: Gyphion 5.87
DT: D Stowell (Ox) 35.96
JT: J Allan (W & Bath) 38.86
U15
100/400: R Preedy (Glos) 12.1/51.7
200: A Harris (Glos) 26.2
800: B Foreman (T Sol) 2:13.7
HJ: M Cavanagh (WHH) 1.50
SP/DT/JT: G Springings (Hasel) 11.70/28.24/38.42
U13
100/200: J Smith (Swin) 13.7/29.0
800: 1 R Harker (Glos) 2:33.0; 2 B Moreton (Ox) 2:33.5
LJ/DT/JT: D Allan (W & Bath) 4.77/ 25.12/37.46
U11
80/600/LJ: M Smith (Ox) 12.2/1:56.4/3.67
Women
100/200: G Kingston (B'mth) 13.3/27.7
400: D Higgins (Car) 57.8
800: T Greenwood (Ox) 2:18.9
SP/DT: C A Hill 11.42/27.34
U20
400: E O'Dowd (Swin) 65.2
U17
100/LJ: S Lane (Tor) 13.2/5.08
400: E Francis (Swin) 61.9
DT: V Bussereau (Swin) 28.62
U15
100: N Evans (And) 13.7
200: R Sutton (Ox) 27.4
800: 1 S Crannis (Swin) 2:28.3; 2 L Waters-Brown (Dud) 2:30.2
HJ: K Silto (Swin) 1.55
LJ: J Greer (Ox) 4.60
SP: A Brennan (Gosf) 8.35
DT: R Stowell (Ox) 24.76
U13
100: 1 C Cranch (Tav) 14.4; 2 H Moscrop (Swin) 14.5
200/HJ: Moscrop 30.1/1.15
800: G Rose (Dor) 2:34.6
LJ: 1 Cranch 4.03; 2 Moscrop 3.91
SP/JT: S Pegler (Swin) 7.00/13.68
U11
80: 1 S Mathews (And) 12.4; 2 K C'Connor (Ox) 12.5; 3 V James (Swin) 12.6
600/LJ: O'Connor 2:10.1/3.56

August 6

BRITISH ATHLETICS ENDURANCE INITITIVE GRAND PRIX
Gateshead

SANDY MOSS and Terry Wall maintained the high standard of these regional 5000m races by breaking 14:20 and setting PBs, *Mike Down reports.*

Breaking away after the first 3000m, the pair changed the lead several times until the last two laps, when the Scot proved the stronger and pulled away to win by nearly 25m.

Apart from improving his best, Wall had the consolation of leading Morpeth to the team title ahead of Chester-le-Street, though it was a shame Sunderland duo Malcolm Price and Graham Lancaster, who were third and fourth, did not have a third colleague as they would have challenged Morpeth closely.

Lancaster also set a PB, while further back veteran pair Peter Embleton and Alan Dent both broke 15:20.

Men
5000: 1 A Moss (TVH) 14:14.6; 2 T Wall (Walls) 14:18.9; 3 M Price (Sun) 14:53.2; 4 G Lancaster (Sun) 15:06.5; 5 R Hand (Dur C) 15:10.3; 6 D Wardle (CleS) 15:11.8; 7 P Embleton (CleS, M40) 15:16.3; 8 W Gilroy (Morp) 15:17.0; 9 A Dent (Blay, M40) 15:19.0; 10 A Thompson (CleS) 15:36.5; 11 R Kay (Morp) 15:44.3.
TEAM: 1 Morpeth 45:20.2; 2 Chester-le-Street 46:04.6

TYNESIDE LEAGUE
Gateshead

MORPETH international Jared Deacon clocked one of the fastest times in the history of the league to win the 400m, *Les Venmore reports.*

In near perfect conditions other notable performances included Paul Reed in the shot and Dirk Fiel, who helped Morpeth to retain the league championships in the pole vault. The Northumberland club also won the women's title.

TSB English Schools' champion Ketan Desai of Morpeth, competing as a guest in the U17 boys 800m, set a PB by nine tenths of a second. Desai took the lead after a 58sec opening lap, but was caught on the line by Jarrow's Eric Tollett. The Jarrow youngster, who has been plagued by injury, broke two minutes for the first time.

Sandy Moss, from Scotland but competing for Puma TVH, won the development 5000m. Moss pulled away from Morpeth's Terry Wall on the final three laps, but Wall had the consolation of taking over 10 seconds off his PB.

Northern junior 400m champion Abigail Naugher of Sunderland won the 200m from Cramlington's Melissa Anderson.

Men
400: 1 J Deacon (Morp) 46.9; 2 N Wiscombe (J&H) 49.8
PV: 1 D Fiel (Morp) 4.30; 2 D McLeod (Morp) 4.30; 3 G Jackson (Bord) 4.30; 4 C Boundy (Gates, U20) 4.20
SP: P Reed (Morp) 15.82
4x800: 1 NE Select 8:14.6; 2 Gateshead 8:16.7
U17
200: 1 M Suggitt (Gates) 23.4; 2 A Graham (J&H) 23.7
800: 1 E Tollett (J&H) 1:58.2; 2 K Desai (Morp, U15) 1:58.2
PV: 1eq B Lock (Morp)/D Mather (Gates) 3.00
DT: A Rodmell (Walls) 34.94
U15
200: S Connolly (Morp) 24.0
800: 1 R Smith (M&C) 2:05.6; 2 C Burrows (Gates) 2:06.6
DT: C Tate (SS) 30.16
U13
1500: 1 C Parr (Gates) 4:52.7; 2 G Easton (Gates) 4:57.3
TEAM: 1 Morpeth 191; 2 Gateshead 132.5; 3 Jarrow & Hebburn 127
Women
200: 1 A Naugher (Sund, U20) 25.3; 2 M Anderson (Cram, U17) 25.6
PV: K Mather (Gates, U17) 2.40
U15
200: C Hambleton (B'hill) 27.5
800: 1 K Swyer (Gates) 2:23.5; 2 C Nisbet (Morp) 2:23.9

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SP: 1 E Dwan (Blay) 8.67; 2 L Rodmell (J&H) 8.37
DT: Dwan 26.48
U13
200: 1 L Hurst (Walls) 28.7; 2 H Apsey (Gates) 29.0
800: 1 K Rodmell (Walls) 2:29.3; 2 M Wickham (Gates) 2:38.0
TEAM: 1 Morpeth 157; 2 Gateshead 74; 3 Jarrow & Hebburn 55

WINNING WAYS EASTERN VETS' LEAGUE
Milton Keynes

MATCH: 1 Milton Keynes 139; 2 Bedford 133; 3 Peterborough 122; 4 Kettering 74; 5 North Herts 39; 6 Luton 19; 7 Stopsley 10
M40
200: D Whitehead (Peter) 26.0
800: C Hunt (Bed) 2:12.2
3000: D Frampton (N Herts) 9:33.2
100H: J Taylor (Peter) 22.8
MileW: B Hardwick (Mil K) 7:54.0
PV: C Boldwin (Mil K) 2.92
TJ: D Folgate (Kett) 11.96
DT: G Packman (Bed) 29.48
JT: R Richards (Bed) 38.20
Relay: Peterborough 2:55.5
M50
200: J Sutton (Peter) 27.5
800/3000: T Coleman (Kett) 2:28.4 /10:03.8
100H/DT/JT: T McKay (Bed) 18.8/ 38.50/34.74
MileW: G Ayres (Bed) 8:33.6
PV/TJ: R Winter (Mil K) 2.20/10.13
Relay: Milton Keynes 3:13.2
W35
MATCH: 1 Peterborough 154; 2 Kettering 14; 3 Milton Keynes 92; 4 North Herts 40; 5 Bedford 35; 6 Stopsley 6
200/TJ: W Stone (Peter) 26.5/9.34
800: D Baldwin (M Keys) 2:41.5
MileW: S Cooper (Peter) 9:59.7
3000: P Wheeler (Peter) 12:06.9
100H/PV: J Green (Peter) 18.7/2.00
DT: K Dodsworth (N Herts) 23.74
JT: T Sortwell (Peter) 25.96
Relay: Peterborough 3:19.8
W45
200: M Waters (Kett) 33.2
800/80H: A Sutton (Peter) 2:58.5/19.5
MileW/3000: N Switherby (Mil K) 8:45.8/12:27.0
PV: L Blackmore (Peter) 1.70
TJ: H Arch (Kett) 6.69
DT/JT: J Smith (Peter) 20.70/16.26
Relay: Peterborough 4:03.5

South west division
Braintree

M40
MATCH: 1 Hertford & Ware 133; 2 Southend 118; 3 Chelmsford 113; 4 Loughton 63; 5 Braintree 54; 6 Harlow 52; 7 Colchester 23
200/TJ: D Wallis (H&W) 25.5/11.29
800: P Maddison (Chelm) 2:09.1
MileW: R Mills (Chelm) 7:12.4
3000: S Moore (H&W) 9:34.4
100H: J Gandee (H&W) 20.8
PV/DT/JT: D Glover (Har) 3.00/31.58/40.82
Relay: Chelmsford 2:46.5
M50
200: B Scillitoe (Brain) 28.0
800: L Smith (Loughton) 2:22.3
100H: V Wallis (H&W) 17.1
Mile: P Cassidy (Loughton) 8:26.7
3000: L Muffett (H&W) 10:49.1
PV: W Garrard (S'end) 2.20
TJ: J Gandee (H&W) 9.68
DT/JT: B Garrard (S'end) 31.58/37.54
4x400: Chelmsford 3:14.5
W35
MATCH: 1 Chelmsford 124; 2 Colchester 103; 3 Southend 67; 4 Loughton 54; 5 Hertford & Ware 27
200: P Earle (Col) 31.9
800/3000: H Cybyk (Chelm) 2:43.8/12:06.1
MileW: L Gaine (Col) 10:21.7
80H: J Grainger (Chelm) 18.7
PV/JT: P Barclay (Loughton) 1.50/21.48
DT: S Quinn (Chelm) 31.0
TJ: S Dodson (Chelm) 8.76
4x400: Chelmsford 3:45.9
W45
200/TJ: J Grainger (Chelm) 34.6/7.24
800/3000: L Cudmore (Col) 2:56.2/ 12:55.2
MileW: F Fernandez (Loughton) 10:25.3
80H: S Dodson (Chelm) 19.7
DT/JT: L Wilhelmy (S'end) 22.60/20.52
4x400: Colchester 3:51.2

FALKIRK OPEN
Grangemouth

KERR JOHNSTONE set the fastest U15 time in the UK this year when winning the 1500m in 4:16.7, *Denis Shepherd reports.*

Ian McGurk equalled his PB in the 400m - a race were the first three dipped under 50secs.

Men
100: I McGurk (Edin) 11.1
400: 1 McGurk 47.5; 2 H Kerr (Ayr S) 48.5; 3 S Reid (L'gelly) 49.9
1500: G Graham (Luc Moth) 3:49.8
PV: J Freebairn (C'nauld) 2.40
LJ: S Robertson (Falk) 6.37
SP: S Hayward (Sale) 17.55
DT: B Robb (Bab Pit) 46.20
U20
LJ: D Kidd (L'hall) 6.20
SP: H McKay (Bab Pit) 37.08
U17
100: B McTaggart (L'hall) 11.4
400: 1 C Joyce (Brain) 51.3; 2 J Simpson (Edin) 52.1
1500: D Algeo (Falk) 4:32.7
LJ: D McSpadyen (Luc Moth) 6.20
SP/DT: G Allan (Elgin) 14.72/46.60
U15
1500: K Johnstone (Falk) 4:16.7
80H: C Laing (Cent) 13.5
PV: M Peerless (KF Cor) 3.05
DT: R Hurren (Falk) 25.00
Women
100: R Girvan (Cent) 12.7
400: J McKay (Stew) 59.9
1500: K Baird (Glas) 4:46.9
100H: S Richmond (Bab Pit) 14.3
PV: A Ronald (EWM) 2.60
DT: 1 S Freebairn (Glas) 42.46; 2 N Dhaliwal (SB) 39.90
U20
100: S Christie (Luc Moth) 12.2
400: 1 C Laston (Pye Ham) 57.8; 2 S McGowan (Luc Moth) 59.1
U17
100: L-A McGill (Luc Moth) 12.9
300: D Hunter (Cent) 44.7
1500: C Cooper (Falk) 5:02.0
80H: G Whitton (Luc Moth) 12.0
SP/DT: K Senior (Cent) 8.37/22.80
U15
100: L Nicoll (Luc Moth) 13.8
1500: L Hancock (Edin) 5:23.7
75H: M McKinley (Helen) 14.3

MIDLAND VETS' LEAGUE
West Division
Tamworth

MATCH: 1 Royal Sutton Coldfield 27; 2 Birchfield 25; 3 Stoke 17; 4 Sparkhill 14; 5 Telford 12; 6 Stafford 12; 7 Shrewsbury 4
M40
200/LJ: B Williams (Bir) 24.5/6.77
200: B: D Taylor (Tel) 26.3
800: R Phipps (RSC) 2:11.6
3000: R Hunt (Sto) 9:18.0
PV: J Bradley (Tel) 3.00
JT: D Drew (Tel) 34.82
2kmW: J Stevens (Spark) 10:17.0
4x400: Royal Sutton Coldfield 3:58.6
M50
800: R Davies (Bir) 2:19.7
LJ: J Topliss (RSC) 5.11
DT: J Conboy (Bir) 38.86
M60
3000: R Cashmore (RSC) 11:08.7
JT: J Reade (Tel) 21.78
MATCH: 1 Royal Sutton Coldfield 27; 2 Birchfield 25; 3 Telford 20; 4 Stoke 12
W35
200: S McDonald (RSC) 26.7
800/3000: N Adkins (Bir) 2:32.1/10:45.6
DT: S Hall (Tel) 25.36
2kmW: M Williams (RSC) 11:38.1
4x400: Royal Sutton Coldfield 4:30.6 (rec)
W45
800: C Rollason (Bir) 2:47.1
JT: C Rafferty (Bir) 23.56

BMC
Tooting Bec

Men
800: 1 Andrew Graffin (Ton) 1:50.0; 2 Allan Graffin (Ton) 1:53.5; 3 A Wray (Har) 1:54.3; 4 B Gibson (CoN) 1:55.8; 5 A Beckwith (Inv) 1:56.4; 6 M Anderson (Belg) 1:56.9; 7 S Clark (Dart) 1:57.4; 8 G Edmonds (Har) 1:58.1; 9 D Moulton (B'hth) 1:59.7; 10 R Ward (Sutton) 2:05.8

August 5

HASLEMERE BORDER OPEN

Men
LJ/SP: A Frogley (Hasle) 5.18/9.74
HT: 1 M Hicks (Junc 10) 53.92; 2 A Steark (Junc 10, M50) 41.86
M55
LJ: F Bush (Hasle) 4.26
U20
HT: M Sexton (Hasle) 52.12
U17
HT: T Whitehead (Junc 10) 55.90
U15
LJ: J Dickinson (Hasle) 5.17
SP/DT: G Sprigings (Hasle) 10.52/ 28.38
U13
100/200/LJ: B Cooper (Hasle) 14.2/ 29.2/3.93
U11
LJ: A Leather (Hasle) 2.97
Women
HT: S Hart (Junct 10) 33.44
U17
LJ: J Foster (Hasle) 4.15
U15
100/200/LJ: L Knight (Hasle) 14.1/ 28.8/3.87
SP/DT: K Jeffery (Hasle) 9.24/17.30
U13
LJ/SP: P Morris (Hasle) 3.38/6.23
U11
75/150/LJ: L Thorne (Hasle) 12.2/ 25.4/3.06

YOUNG ATHLETES' MEETING
Bangor

U17 boys
100/400: L Montgomery (LV) 12.6/ 55.7
800/3000: A Gargan (ED) 2:10.3/ 9:39.7
TJ: I Ewart (AS) 12.02
JT: S Baker (ED) 42.40
U15
100: J McKenzie (MU) 13.4
400/800: P Molbrock (MU) 61.9/2:19.3
SP/JT: A Gallagher (MU) 9.21/36.86
U13
100: D Bird (RH) 15.9
400: K Holte (RH) 72.0
800: A Glover (RH) 2:47.2
LJ: M McWilliams (ND) 4.07
SP: J McCavery (RH) 8.29
U17 girls
100/JT: E Massey (ND) 16.8/29.28
300/TJ: L Briggs (LV) 47.7/8.10
800/3000: C McCorkell (LV) 2:44.0 /11:47.1
U15
100: R Mitchell (RH) 14.1
300: 1 P McGinn (ED) 44.6; 2 Mitchell 45.1
800/3000: A Friel (LV) 2:39.6/11:47.4
SP: L McLoughlin (RV) 7.61
JT: C Bennett (RH) 15.74
U13
100/300/SP: L Rea (LV) 15.8/48.5/7.56
800: L Friel (LV) 2:56.7
HJ: H Camoon (Alb) 1.10

NEATH HARRIERS INVITATION
Neath

Men
3000: 1 P Richards 8:55; 2 A Doel 9:55; 3 R Edwards 9:11; 4 J Rees (M40) 9:14; 5 J Secker 9:17; 6 A Jenkins 9:20; 7 N Horsley (M40) 9:58; 8 H Carpenter (M40) 10:01; 9 S Daley (jnr) 10:11; 10 F Archer (M40) 10:11
Women
3000: 1 V Connelly 10:13; 2 A-M Hutchinson 10:51; 3 K Jenkins (W35) 11:34

August 3

NORTH OF ENGLAND WOMEN'S NTER-COUNTIES
Cudworth

YORKSHIRE won all three age groups, just as they had done in the men's match the previous day, *Roger Norton reports.*

Janine Whitlock raised her own championship record in the pole vault clearing a modest - by her standards - 3.80, and demonstrated her all-round talent with a comfortable 200 metres win not far off another championship best.

Alice Beecroft continued her fine run of success with an easy 400 metres victory and Michelle Faherty gave Yorkshire more points taking the 800m. Last year's winner of the two lap race, Diane Henaghan, switched her attentions to the 1500m with spectacular success, breaking a 14-year-old meeting record with 4:18.01. The other record to go was in the hammer, Andrea Jenkins throwing 48.40.

In the U17s Rachael Kay outclassed the opposition in the 300m hurdles smashing the UK age best record with 41.98 while Jenny Mockler was not far away fron the 19-year-old mark in the 1500 metres.

OVERALL: 1 Yorkshire 305; 2 North East 200; 3eq Greater Manchester/Merseyside 195; 5 Lancashire 166; 6 Humberside 148; 7 Cheshire 122; 8 Cumbria 94; 9 Lancashire 72; 10 Derbyshire 57
MATCH: 1 Yorkshire 143; 2 Merseyside 83; 3 Lancashire 78; 4 Greater Manchester 77; 5 North East 75; 6 Humberside 62; 7 Cheshire 41; 8 Lincolnshire 36; 9 Cumbria 21; 10 Derbyshire
100 (-0.7): 1 D Hoggarth (Lancs) 11.93; 2 J White (Lincs) 12.35; 3 L Whitehead (Mers) 12.42; 4 S Briggs (Yorks) 12.43; 5 N Crosby (Yorks) 12.50
200 (+0.5): 1 J Whitlock (Yorks) 23.87; 2 L Whitehead (Mers) 24.61; 3 K Goodwin (Lancs) 24.74; 4 S Briggs (Yorks) 24.98; 5 C Smith (Derbys) 25.64; 6 J McDougall (Mers) 25.84; 7 Greater Manchester 25.87
400: 1 A Beecroft (Yorks) 55.81; 2 R White (Lancs) 57.03; 3 A Naugher (NE) 57.58; 4 A Pace (Humb) 57.78; 5 J Leonard (Mers) 59.13
800: 1 M Faherty (Yorks) 2:07.82; 2 R Newcombe (Ches) 2:09.07; 3 P Fryer (Yorks) 2:09.08; 4 F Aston (G Man) 2:11.50; 5 C Entwhistle (G Man) 2:13.04; 6 L McCabe (Ches) 2:13.79; 7 C Murphy (Mers) 2:15.14; 8 K Johns (NE) 2:15.65
1500: 1 D Henaghan (NE) 4:18.01 (CBP); 2 H Pattinson (Lancs) 4:23.32; 3 K McPherson (G Man) 4:29.66; 4 P Thackray (Yorks) 4:32.76; 5 E Ford (Mers) 4:33.91; 6 A Kershaw (G Man) 4:35.67
3000: 1 C Pimblett (G Man) 9:41.49; 2 V Bothams (NE) 9:43.85; 3 A Waterlow (G Man) 9:59.32; 4 M Mann (Lancs) 10:00.94
100H (+0.5): 1 J Harwood (NE) 14.54; 2 K Livesey (Lancs) 14.72; 3 N Murray (Ches) 14.80; 4 W Laing (Mers) 15.45
400H: 1 C Wilkins (Yorks) 62.18; 2 S Elson (NE) 62.21; 3 J Mahony (Mers) 62.52; 4 K Weall (NE) 65.53; 5 R Thompson (Lancs) 65.59; 6 B Faulder (Cumb) 65.81; 7 L Wiles (Humb) 67.85
HJ: 1 J Jennings (Yorks) 1.80; 2 G O'Connor (Mers) 1.65; 3 J Payne (Yorks) 1.65; 4 J Hynan (Ches) 1.65
PV: 1 J Whitlock (Yorks) 3.80 (CBP); 2 L Stanton (Yorks) 3.50; 3 J Hynan (Ches) 2.60; 4 K Hobbs (Humb) 2.50; 5 L Caryl (Mers) 2.50
LJ: A Forrester (NE) 5.64
TJ: 1 J Cruikshank (G Man) 11.63; 2 N Clarke (Humb) 11.62; 3 M Still (Yorks) 11.58; 4 R White (Lancs) 11.47; 5 K Sanders (Derbys) 11.17; 6 J Stanley (NE) 10.98; 7 K Brow (Yorks) 10.92
SP: 1 C Bennett (Humb) 13.51; 2 H Wilding (Mers) 13.07; 3 D Williams (G Man) 11.43; 4 V Shepherd (Yorks) 11.32; 5 S Allen (G Man) 11.05; 6 A Green (Cumb) 10.61
DT: 1 D Williams (G Man) 43.02; 2 S Backhouse (Yorks) 42.20; 3 H Wilding (Mers) 40.50; 4 C Bennett (Humb) 39.16; 5 S Ashbridge (Cumb) 33.80
HT: 1 A Jenkins (G Man) 48.40 CBP); 2 S Roberts (Yorks) 42.68; 3 D Smith (Humb) 41.58
JT: 1 L Stevenson (Yorks) 51.12; 2 L Grey (Lincs) 47.94; 3 J Kemp (Mers) 42.02
5kmW: 1 L Crump (Yorks) 26:05.70; 2 L Bradley (Yorks) 26:44.05; 3 E Corran (Lancs) 27:20.10
4x100: 1 Lancshire 48.36; 2 Merseyside 48.41
U17
MATCH: 1 Yorkshire 93; 2 Greater Manchester 77; 3 North East 66; 4 Merseyside 63; 5 Lancashire 48; 6 Cumbria and Humberside 39; 8 Cheshire 26; 9Lincolnshire 23; 10 Derby 11
100 (+2.1): 1 C Russell (G Man) 12.33; 2 E Freeman (Yorks) 12.42; 3 M Anderson (NE) 12.43; 4 J McCarthy (Ches) 12.73
200 (-0.5): 1 E Freeman (Yorks) 25.02; 2 C Russell (G Man) 25.34; 3 M Anderson (NE) 25.44; 4 J McCarthy (Ches) 25.48; 5 H Brookes (Derbys) 25.81; 6 J Walters (Derbys) 26.04
300: 1 L Clarke (Lancs) 41.57; 2 R Oldfield 41.78; 3 H Zablockyj (Lincs) 41.95; 4 R Parr (G Man) 42.00; 5 A Glynn (G Man) 42.04; 6 C Eyeington (NE) 42.54; 7 J Twidale (Humb) 43.25
800: C Riley (Lancs) 2:18.22
1500: J Mockler (Mers) 4:33.57
300H: 1 R Kay (G Man) 41.98 (UK age best/CBP); 2 D Hesp (G Man) 45.64; 3 S Watts (Mers) 46.29; 4 N Birney (Mers) 47.66; 5 R Gibb (NE) 47.79; 6 E Hampson (G Man) 48.68; 7 L Gardener (Cumb) 48.86
HJ: 1 A Jackson (NE) 1.65; 2 S McQueen (Humb) 1.60; 3 S Humberston (Hunb) 1,60; 4 C Young (Lincs) 1.60; 5eq R Harris (Mers) and A Martin (Cumb) 1.55; 7 C Coutts (NE) 1.55
LJ: 1 M Crompton (G Man) 5.33; 2 F Westwood (Yorks) 5.27
SP: 1 R Owen (Yorks) 10.51; 2 R Finley (Cumb) 10.31
DT: 1 J Kelly (Cumb) 30.94; 2 V Scott (Mers) 29.84; 3 D Lockley (G Man) 29.56; 4 K Green (Yorks) 29.36; 5 E Morris (Lancs) 29.28
JT: 1 C MacRae (Lancs) 37.86; 2 E Holt (G Man) 32.28; 3 K Stringer (Yorks) 32.16; 4 C Warrington (Ches) 31.84; 5 E Newcombe (Mers) 30.54
3kmW: K Ford (Yorks) 15:34.40
4x100: 1 Greater Manchester 50.0; 2 Yorkshire 50.03; 3 North East 50.67; 4 Merseyside 51.06; 5 Cumbria 51.10
U15
MATCH: 1 Yorkshire 69; 2 North East 59; 3 Cheshire 55; 4 Merseyside 49; 5 Humberside 47; 6 Greater Manchester 41; 7 Lancashire 40; 8 Cumbria 34; 9 Derbyshire 26; 10 Lincolnshire 13
100 (+1.2): 1 H Griffin (Ches) 12.39; 2 K Metcalfe (Yorks) 12.79; 3 L Trotman (G Man) 12.81; 4 S Wilson (Lancs) 12.87; 5 L Evans (Ches) 12.90; 6 E Smith (NE) 12.92; 7 K Stenson (Derbys) 12.96; 8 K Doherty (NE) 12.96
200 (-0.6): 1 K Metcalfe (Yorks) 26.40; 2 K Stenson (Derbys) 26.41
800: 1 C Taylor (NE) 2:16.50; 2 A Shaw (Yorks) 2:18.38; 3 S Kirby (G Man) 2:19.82; 4 N Stafford (Mers) 2:22.60
1500: 1 L Whittaker (Ches) 4:44.57
75H (+0.7): 1 P Cook (Mers) 11.71; 2 A Teale (NE) 11.81; 3 K Buccieri (Yorks) 11.99; 4 K Mann (Yorks) 12.14; 5 A Massey (Mers) 12.20; 6 N Cahill (G Man) 12.29; 7 H Ferrier (Lincs) 12.31; 8 C Pleavin (Ches) 12.44
HJ: 1 N Clark (Humb) 1.67; 2 J Glaysher (Lancs) 1.61; 3 S Higham (Cumb) 1.58; 4 K Swyer (NE) 1.55
LJ: 1 E Smith (NE) 5.31; 2 C Pleavin (Ches) 5.11; 3 K Buccieri (Yorks) 5.09; 4 A Massey (Mers) 5.04; 5 N Clark (Humb) 5.01
SP: 1 R Peake (Derbys) 11.51; 2 C Deacon (Cumb) 10.44; 3 V Hand (NE) 10.09
DT: 1 D Labari (Mers) 28.14; 2 V Haydock (Lancs) 26.74; 3 R Cowie (G Man) 26.40
JT: 1 N Broome (Mers) 34.82; 2 C Wallbanks (Cumb) 33.74; 3 G Walsh (G Man) 31.46; 4 L Kenney (Humb) 29.92; 5 S O'Connor (Yorks) 29.02
2.5kmW: L Stepniak (Yorks) 14:29.86
4x100: 1 Cheshire 51.21; 2 Yorkshire 51.81; 3 North East 52.03
Additional result from men's match
HT: 1 C Walsh (NE) 58.00; 2 T Eden (G Man) 52.84; 3 M Hayes (Derbys) 48.12; 4 R Taylor (Yorks) 42.04

ALDER VALLEY LEAGUE
Windsor

MATCH: 1 Aldershot, Farnham & District 298; 2 Windsor Slough & Eton 227; 3 Basingstoke & Mid Hants 168; 4 Guildford & Godalming 143; 5 Newbury 101; 6 Reading 86
U17 boys
100: A Day (WSE) 11.8
200/400: R Attlee (WSE) 22.6/50.3
800: C Thompson (AFD) 2:02.0
1500/400H: P Jelly (AFD) 4:22.9/59.1
100H: D Stoddard (Read) 14.5
HJ/LJ: W Hay (Read) Bas) 1.76/6.14
SP/DT/JT: S Williams (Bas) 13.11/49.28/19.10
4x100: Windsor Slough & Eton 48.5
U15
100: G Murdoch (Bas) 11.7
200: M Ireland (Newb) 25.0
800: J Burrows (AFD) 2:11.6
1500: P Ledgerwood (AFD) 4:36.6
80H/LJ: M Shortte (WSE) 12.3/5.02
HJ: N Hay (Read) 1.50
SP: R Dodd (WSE) 9.99
DT/JT: E Workman (AFD) 36.90/46.30
4x100: Aldershot, Farnham & District 50.6
U13
100/HJ: N Jordan (AFD) 13.6/1.40
200: A Mendez (AFD) 28.7
800: J McClean (AFD) 2:42.8
1500: C Jones (Bas) 5:10.4
SP: P Bennett (AFD) 7.87
DT: S Hollington (Gui) 17.03
JT: S Still (Bas) 20.66

01733-261144 or fax your results to us on **01733-465206**

4x100: Aldershot, Farnham & District 59.4

WOKING OPEN YA PENTATHLONS
Sheerwater

U17 boys
Pent: R Rohleder (Har) 2328 (LJ: 5.57, JT: 24.04, 200: 24.3, DT: 20.56, 1500: 4:38.8)
U15
Pent: 1 J Dickinson (Hasl B) 2223 (80H: 13.1, SP: 8.04, LJ: 5.33, HJ: 1.48, 800: 2:19.0); 2 M Woodhouse (D&T) 2015 (12.6, 8.64, 5.00, 1.36, 2:30.1). Also: 80H: I Frankish (E&E) 13.2; HJ: M Houghton (Wok) 1.51
U13
Pent: 1 E Dunfold (Bir) 2195 (80H: 12.8, SP: 11.09, LJ: 5.07, HJ: 1.48, 800: 2:34.0); 2 J Dunford (Bir) 1701 (14.7, 7.89, 4.15, 1.39, 2;25.4). Also: 80H: R Kurtz (SB) 15.5
U17 girls
Pent: 1 A Nice (Thurr) 2647 (80H: 13.9, SP: 7.72, HJ: 1.45, LJ: 4.64, 800: 2:32.8); 2 L Bardsley (Dor) 2420 (14.3, 6.29, 1.39, 4.54, 2:33.4); 3 L-A Foord (And) 2287 (15.9, 7.76, 1.39, 4.81, 2:47.8)
U15
Pent: 1 K Silto (Swin) 2511 (HJ: 1.60, 75H: 13.4, SP: 7.58, LJ: 4.69, 800: 2:56.7); 2 L Webb (Leic) 2462 (1.36, 12.4, 7.69, 4.56, 2:42.9); 3 J Nightingale (Wyc) 2410 (1.36, 14.9, 7.85, 4.79, 2:34.2); 4 Samantha Henderson (Wok) 2327 (1.45, 13.5, 6.30, 4.74, 2:50.3); 5 Sara Henderson 2308 (1.45, 13.3, 6.88, 4.49, 2:51.3); 6 E Willes (C'ley) 2278 (1.45, 13.6, 6.22, 4.59, 2:49.9); 7 J Greer (Ox C) 2210 (1.27, 13.3, 6.57, 4.61, 2:46.0); 8 J Mackie (C'ley) 2192 (1.48, 14.2, 7.13, 4.38, 2:57.5); 9 A Bennett (High) 2164 (1.30, 14.0, 7.32, 4.40, 2:45.1); 10 M Felton (Hav) 2155 (1.30, 13.9, 7.36, 3.99, 2:38.3); 11 J Taylor (Glouc) 2085 (1.42, 14.0, 6.23, 4.48, 3:00.3); 12 K Lambert (Glouc) 1998 (1.30, 14.1, 6.20, 4.52, 2:56.2); 13 K Bridge (AFD) 1935 (1.24, 12.8, 9.94, 3.72, 3:16.8)
U13
Pent: 1 L Cash-Gibson (High) 1854 (LJ: 3.90, 70H: 12.8; SP: 6.70, HJ: 1.19; 800: 2:50.9); 2 H Sugden (Wav) 1841 (4.00, 15.1, 7.10, 1.25, 2:45.4); 3 M Hewitt (NEB) 1777 (4.03, 12.6, 7.39, 1.16, 3:05.5); 4 N Partidge (Hasl B) 1723 (4.13, 13.3, 7.91, 1.31, 3:33.3); 5 H Moscrop (Swin) 1471 (4.03, 13.2, 5.30, 1.10, 3:14.2); 6 S Lawrence (NEB) 1459 (4.07, 14.1, 5.06, 1.13, 3:09.3

McDONALD'S YOUNG ATHLETES' LEAGUE
Derry, Northern Ireland

U15 boys
100: J Magee (B&A) 11.8. **B:** J Grant (Oly) 12.9
200: Magee 24.1. **B:** P Gallagher (Oly) 25.8
800: P McGee (St Col) 2:04.6. **B:** Gallagher 2:17.5
1500: S Hasson (St Col) 4:51.0. **B:** P Bradley (St Col) 4:57.7
HJ: P Fryer (St Col) 1.50. **B:** K Ketlaar (Oly) 1.45
TJ: McGee 10.35. **B:** Fryer 10.65
DT: Gallagher 35.75. **B:** E Sheehan 29.09
JT: W Barr (St Col) 36.78. **B:** C Coyle (St Col) 34.50
4x100: St Columbs 4:07.7
U13 boys
100: P Hamilton (Spa) 13.7. **B:** B Sweeney (St Col) 14.3
200: C Garvin (St Col) 28.0. **B:** M Jardine (B&A) 29.3
800: M Agnew (B&A) 2:31.3. **B:** M Glenn (St Col) 2:42.8
1500: Agnew 4:49.3. **B:** B McGoldrick (Spa) 5:15.7
HJ: A Cassidy (St Col) 1.35. **B:** C Holly (Spa) 1.25
LJ: P Hamilton (Spa) 4.23. **B:** M Jardine (B&A) 3.74
SP: Cassidy 7.63. **B:** Garvin 7.91
DT: D Logue (St Col) 13.29. **B:** Garvin 20.10
4x100: St Columbs College 58.3
U11 boys
100: D Coyle (Oly) 14.4. **B:** M Cutliffe (Oly) 16.9
200: Coyle 30.9. **B:** L Downey (Oly) 32.9
800: S McAnaney (Oly) 2:57.9. **B:** C McGoldrick (Bmt) 3:17.2
1500: S Campbell (Bmt) 5:39.6
HJ: K McLaughlin (Oly) 1.25. **B:** M Cutliffe (Oly) 1.00
LJ: **S** McLaughlin 4.04. **B:** McGoldrick 2.72
SP: M Doherty (Spa) 5.87. **B:** S McLaughlin 4.22
DT: McAnaney 8.66. **B:** S McLaughlin 10.38
4x100: Olympian Y & AC 61.8

BRYAN WOOLLEY MEMORIAL GAMES
Wrexham

Men
100: 1 A Leigh (Stoke) 10.76; 2 J Paul (Camb H) 10.92; 3 S Rohan (Harr) 10.94
200: 1 Leigh 21.8; 2 Paul 21.8; 3 M Phills (Harr) 22.1
400: 1 J Gowan (Sale) 49.78; 2 M Barrow (Liv P) 51.58
Mile: C Bradshaw (Wrex) 4:28.4
PV: J Bradley (Telf) 3.10
LJ: R Woodford (Col B) 6.67
SP: 1 A Robinson (Ynys Mon) 11.84; 2 R Czernik (D&S) 11.56
DT: G Tyler (Sale) 40.94
JT: 1 R Bradburn (Warr) 50.10; 2 N Bithell (Wrex) 49.08
U20
100/200: 1 E Newell (TVH) 11.1/22.5
400: 1 M Witts (Wigan) 53.30; 2 S Morris (Osw) 53.90
PV: P Prosser (Dees) 3.40
LJ: A Wooding (Col B) 6.81
SP/DT: J Parkin (Sale) 13.29/45.32
JT: 1 N Edwards (Wrex) 35.06; 2 A Jackson (Ynys Mon) 32.38
U17
100/200: N Rochester (Osw) 11.88/23.92
400: S Jones (Osw) 56.94
800: D Hughes (Wrex) 2:07.38
LJ: S Frost (Wrex) 6.22
SP/DT: C Martland (Dees) 11.76/40.18
JT: 1 D Girdler (Leic) 35.04; 2 C Marland (Dees) 34.64
U15
100: 1 I Monkton (W&B) 11.66; 2 C Powell (Wrex) 11.80
200: 1 Powell 23.4; 2 Monkton 23.7
800: 1 D Moorcroft (W Heath) 2:06.96; 2 A Wilson (Hynd) 2:08.60
PV: S Lewis (Stoke) 2.90
LJ: 1 Powell 5.58; 2 A Ruddock (Wake) 5.39
SP: 1 A Wilson (Hynd) 12.03; 2 A Humphreys (Wrex) 11.31; 3 D Griffiths (Dees) 10.49
JT: Humphreys 47.44
U13
100: 1 R Gardiner (CEPAC) 13.54; 2 J Robinson (Telf) 13.54; 3 G Marshall (W'pool) 13.92
200: 1 Gardiner 27.3; 2 Robinson 27.7
800: 1 J Mielczarek (Hales) 2:23.5; 2 J Michaelson (Liv H) 2:28.2; 3 G Mulvey (Liv H) 2:30.1
LJ: Robinson 4.52
SP: A Clarke (Dees) 7.68
U11
80: B Kennedy (Wirr) 11.60
600: A Holliday (Bord) 1:46.9
LJ: B Kennedy (Wirr) 4.34
Women
100: V Ricketts (O&R) 18.8
200: A Osborne (O&R) 27.8
Mile: SA McWilliam (Telf) 5:56.4
PV: J Whitlock (Traff) 3.91 (Welsh AC rec)
SP/DT: K Roberts (Wrex) 9.37/40.02
U20
100: E Lloyd (C&S) 12.8
PV/SP: S Williams (Dees) 2.30/6.50
U17
100/200: H Wyn Hughes (Ynys Mon) 12.96/26.6
300: 1 K Jones (Ynys Mon) 44.84; 2 V Bates (Osw) 44.94; 3 G Small (Telf) 45.26
800: C Prior (ColB) 2:30.50
HJ/PV/SP: L Edwards (Wrex) 1.50/1.70/9.98
DT: L Eastwood (Dees) 34.78
U15
100: 1 S Squires (OWLS) 13.08; 2 M Harris (Osw) 13.14; 3 B Davies (Wrex) 13.32
200: 1 Squires 26.9; 2 Davies 27.5; 3 Harris 27.6
800: 1 G Goss (D&S) 2:23.58; 2 R Ricketts (O&R) 2:25.90; 3 S Wallbank (Wrex) 2:28.22
HJ: R Jones (Wrex) 1.62
LJ: 1 Harris 4.67; 2 Ricketts 4.66; 3 A Bateson (W Heath) 4.47
SP/DT: L Douglas (Wrex) 11.28/31.22
U13
100: L Parry (D&S) 13.52; 2 S Walls (Sale) 13.92; 3 V Lockwood (Wake) 14:08
200: Parry 27.8
800: 1 R Thompson (South) 2:35.36; 2 E Greaves (Osw) 2:36.58; 3 H Povey (CEPAC) 2:43.10
HJ: 1eq L Starkey (W Heath)/R Swaine (Wake) 1.30
LJ: Walls 4.47
SP: N Gore (W Heath) 7.92
U11
80/600: L Lanini (Wrex) 12.42/1:58
LJ: S Davies (W'pool) 3.83

July 28/29

INTER-SERVICES MULTI-EVENTS & ARMY CHAMPIONSHIPS
Portsmouth

Men
10,000: 1 Cpl A Shepherd (24 Arm) 31:18.42; 2 Cpl D Hale (24 Arm) 32:25.51; 3 Cpl S Knight (BAD Kine) 33:09.49
Dec: 1 Sgt G Dunson (RAF) 6377 (11.34/6.62/11.78/ 1.94/49.78/14.91/26.04/3.20/41.52/4: 56.09); 2 Maj T Gyorffy (Army) 6296 (11.62/6.16/12.58/1.88/ 52.43/16.73/37.34/3.70/53.50/5:17.5); 3 Sgt C Oakes (Army) 5951 (11.58/5.90/12.20/1.91/52.42/ 17.07/ 34.48/3.00/36.70/4:40.06); 4 Fg Off G Ingram (RAF) 57.28; 5 OC A Davis (RAF, gst) 53.14; 6 Cpl F Chapman (RAF) 52.88; 7 Cpl D Nolan (Army) 52.87; 8 Lt P Attwood (RN) 52.19; 9 Cpl R Hope (RN) 5077; 10 Sgt E Nielson (RN) 5004
TEAM: 1 Army 17534; 2 Royal Air Force 17393; 3 Royal Navy 15300
Army Dec Champs: 1 Gyorffy; 2 Oakes; 3 Nolan
RN Dec Champs: 1 Attwood; 2 Hope; 3 Nielson
Women
Hept: 1 Cpl K Martin (RAF) 3975 (18.46/1.55/10.95/ 28.36/47.88/4.65/2:58.95); 2 Sgt S Paul (Army) 3791 (17.18/1.64/8.76/29.27/25.28/5.04/2:4 7.36); 3 Capt A Carpenter 3248 (19.21/1.52/8.51/30.07/28.10/ 4.71/2.53.22); 4 Capt C Swain (Army) 3163; 5 Fg Off J Pearce (RAF) 2912; 6 OCS Filce (RN) 2718; 7 CWPT P Routledge (RN) 2562; 8 Iwn H Keeping (RN) 2451; 9 Cpl T Weir (RAF) 2215
TEAM: 1 Army 10202; 2 Royal Air Force 9102; 3 Royal Navy 7731
Army Hept Champs: 1 Paul; 2 Carpenter; 3 Swain
RAF Hept Champs: 1 Martin; 2 Pearce; 3 Weir
RN Hept Champs: 1 Filce; 2 Routledge; 3 Keeping

July 27

SMC COMPUTERS NATIONAL JUNIOR LEAGUE
Thames Division Peterborough

U20 men
100: 1 A Rose (Brain) 11.3; 2 N Torr (Peter) 11.5; 3 C Simpson (Lut) 11.7; 4 S Flaherty (Ips) 11.9. **B:** 1 L Green (Brain) 11.2; 2 L Forsyth (Lut) 12.1; 3 J Lewis (Peter) 12.7
200: Green 22.8; 2 S Flaherty (Ips) 23.0; 3 Torr 23.1. **B:** 1 P Crossley (Lut) 22.6; 2 T Keating (Brain) 23.3; 3 M Dawson (Peter) 25.6
400: 1 T Owens (Ips) 51.4; 2 C Joyce (Brain) 51.5; 3 C Simpson (Lut) 53.2; 4 Dawson 53.8; 5 S Mortell (S'end) 73.4. **B:** 1 L Forsyth (Lut) 54.3; 2 J Raven (Brain) 61.9
800: 1 A Mitchell (Peter) 1:59.2; 2 Joyce 2:01.0; 3 Mortell 2:01.3. **B:** 1 D Hartshorne (Brain) 2:01.4
1500: J Horman (Peter) 4:20.8; 2 S Bierton (Lut) 4:27.3. **B:** C Lomas (Lut) 4:38.5
3000: M Nikel (Peter) 9:31.8; 2 Bierton 9:39.2. **B:** S Jay (Lut) 10:13.6
2000SC: 1 Sanderson ((Peter) 6:47.2; 2 R West (S'end) 7:38.5. **B:** R Clarke (Peter) 7:04.6
110H: 1 J McDade (Ips) 15:00; 2 P Crossley (Lut) 15.2; 3 A Rudkin (Peter) 16.00. **B:** J Howlett (Peter) 17.00
400H : 1 Crossley 55.7; 2 T Owens (Ips) 59.9; 3 F Malone-Lee (Brain) 67.7. **B:** C Simpson (Lut) 64.4
HJ: 1 Howlett 2.00; 2 McDade 2.00; 3 Crossley 1.60; 4 West 1.60. **B:** S Howard (Peter) 1.65
PV: 1 R Smith (Peter) 4.20; 2 I Roberts (Lut) 3.30. **B:** D Nikel (Peter) 2.40
LJ: 1 J McDade (Ips) 6.60. **B:** Howlett 6.09
TJ: 1 A Gudgeon (Peter) 12.68; 2 J Philip (Lut) 11.96. **B:** W Doherty (Peter) 10.99
SP: 1 A Rudkin (Peter) 12.75; 2 M Foster (Brain) 11.52. **B:** L Green (Brain) 10.81
DT: 1 Rudkin 44.80; 2 Foster 30.12. **B:** D Chan (Brain) 21.62
HT: 1 P McNamara (Lut) 48.66; 2 M Foster (Brain) 38.04. **B:** D Carter (Brain) 22.54
JT: 1 Carter 59.48; 2 Rudkin 50.04; 3 J McDade (Ips) 44.02
B: Foster 46.0
4x100: 1 Braintree 45.7; 2 Peterborough 45.9; 3 Luton 50.5
4x400: 1 Peterborough 3:34.7; 2 Luton 3:43.3; 3 Braintree 3:53.9
Athlete of the match: J McDade
Women
100: 1 K Moody (Brain) 12.4; 2 J Kotey (St Alb) 12.5. **B:** S Hancock (Brain) 12.9
200: 1 Moody 25.9; 2 Kotey 26.6. **B:** Hancock 27.0
400: L Seston (Ips) 58.9. **B:** R Felton (SB) 59.8
800: 1 Felton 2:17.2. **B:** K Brooks (S Alb) 2:26.8
1500: 1 J Cliff (Peter) 4:55.6; 2 J Oliver (SB) 5:26. **B:** W Blackmore (Peter) 5:21.2
3000: Oliver 11:58.1; 2 R McKenzie (Peter) 12:07.5. **B:** C Lankin (SB) 12:48.9
100H: R Prince (S Alb) 16.7. **B:** S Littlefair (Peter) 20.2
400H: 1 D Conway (SB) 73.00; 2 D Mansfield (Lut) 92.7. **B:** Brooks 69.9
HJ: K Burgess (S Alb) 1.55. **B:** 1 M Chin-ah-Sang (Lut) 1.40; 2 Brooks 1.40
PV: E Spain (SB) 2.30
LJ: 1 A Stevens (Peter) 5.31; 2 R Baker (TVH) 5.21
TJ: 1 J Sample (S Alb) 11.11; 2 S Fleetham (Brain) 10.74. **B:** Baker 10.52
SP: K Ruffell (Ips) 9.15. **B:** K Goodman (Peter) 8.54
DT: Goodman 31.64. **B:** A Cundy (Peter) 31.46
HT: S Harrison (SB) 23.2 (LBP). **B:** Cundy 22.10
JT: G Andrews (Peter) 35.00. **B:** Cundy 29.64
4x100: 1 Braintree 50.6; 2 St Albans 51.2; 3 Puma Thames Valley Harriers 52.9
4x400: 1 Braintree 4:13.6; 2 Shaftsbury Barnett 4:15.6; 3 Peterborough 4:19.0
Athlete of the match: J Sample

KENT COLTS AND BOYS' LEAGUE
Division One Ashford

U15
100: 1 T Arojogun (B'hth) 12.0; 2 N Lowther (Med) 12.2; 3 I Bowman (Inv EK) 12.2; 4 D Crawford (Dart) 12.5. **B:** M Freeman (B'hth) 12.7
200: 1 Crawford 25.7; 2 Lowther 25.7
400: 1 N Simpson (B'hth) 54.4. **B:** R Allinson (B'hth) 56.9
800: M Hill (B'hth) 20.70. **B:** 1 C Davis (Camb H) 2:10.1; 2 S Johns (B'hth) 2:11.3
1500: Hill 4:22.2. **B:** C Cato (B'hth) 4:42.0
3000: J Ruffer (Camb H) 10:46.1
80H: 1 C Phinn (B'hth) 12.9; 2 C Conneally (Camb H) 13.3
HJ: 1 N Simpson (B'hth) 1.55; 2 Conneally 1.55; 3 J Rowand (Med) 1.50
LJ: 1 Freeman 5.36; 2 I Bowman (Inv EK) 5.32
SP: 1 G Beard (GEC) 15.50; 2 J Kompani (B'hth) 15.26. **B:** A Patel (B'hth) 12.46
DT: Beard 42.11; 2 Patel 40.99; J Crouch (Med) 35.48. **B:** J Kompani (B'hth) 34.87
4x100: Blackheath 48.9
4x400: 1 Blackheath 3:53.2; 2 Cambridge H 4.04.0
U13
100: 1 K Imajemite (B'hth) 13.3; 2 D Hughes (GEC) 13.5; 3 R Fowler (Camb H) 13.8; 4 W Todd (Inv EK) 14.0; 5 B Miller (Med) 14.2. **B:** 1 G Okiring (B'hth) 13.5; 2 I Williams (Camb H) 13.7
200: 1 Imajemite 27.4; 2 P Newark (GEC) 27.5; 3 R Green (Med) 28.4; 4 J Cross (Dartf) 28.8. **B:** Okiring 29.1
400: Newark 63.4. **B:** P Shead (B'hth) 62.3
800: Cross 2:23.9
1500: T Fahey (Dart) 4:50.6; 2 D Ryan (B'hth) 4:58.7. **B:** D Snow (B'hth) 4:59.0
75H: C Dickson (B'hth) 13.2
HJ: 1 Shead 1.35; 2 S Powley (Dartf) 1.35; 3 N Haythoke (Med) 1.30; 4 C Damunhiri (Camb H) 1.30
LJ: 1 R Fowler (Camb H) 4.67; 2 L Mingle (GEC) 4.21; 3 L Watts (Med) 4.16; 4 R Carter (Dart) 4.11; 5 N Todd (Inv EK) 4.09; 6 Okiring 4.09. **B:** 1 M Turner (Med) 4.09; 2 B Shrubsall (Dart) 4.07
SP: 1 A Mulhern (B'hth) 10.75; 2 K Hawksworth (Med) 7.94; 3 J Cross (Dart) 6.42; 4 P Whitcher (Inv EK) 6.26.
B: T Crouch (Med) 7.75
JT: Crouch 32.00
4x100: Blackheath 56.2
4x400: Dartford 4:21.9

Division Two Ashford

U15
100: 1 S Miah (Lewish) 12.2; 2 K Olusesi (B'hth) 12.3; 3 L Swinbourne (Ashf) 12.3. **B:** N Thompson (Lewish) 12.4; 2 A Heron (Ashf) 12.6
200: 1 Miah 25.4; 2 Olusesi 25.5
400: Olusesi 56.1. **B:** B Kaye (B'hth) 58.8
800/1500: B Henty (Lewish) 2:16.6/4:43.2. **B:** J Mays (Lewish) 2:17.3/4:44.0
80H: M Arnold (Bexley) 13.2
HJ: 1 Arnold 1.65; 2 Thompson 1.60
LJ: Thompson 5.55. **B:** S Kouroma (Lewish) 5.19
SP: 1 L Swinbourne (Ashf) 12.76; 2 A Dockree (Bexley) 10.02. **B:** M Kingsnorth (Ashf) 10.82
DT: 1 S Goddard (Padd W) 28.41; 2 J Colmer (Bexley) 27.92
JT: 1 Goddard 45.96; 2 Swinbourne 40.16
4x100: Lewisham 49.9; 2 Ashford 51.2
U13
100: 1 G Isado (B'hth) 13.6; 2 A Wood (Ashf) 14.1
200: 1 C Anderson (Lewish) 60.7; 2 Isado 28.7
400: Anderson 60.7
HJ: 1 J Spurrell (B'hth) 1.35; 2 T Bankinson (Lewish) 1.30. **B:** T Sinclair (B'hth) 1.35
LJ: 1 Anderson 5.05; 2 T Clench (Bexley) 4.23; 3 Isado 4.02. **B:** 1 P Angell (Bexley) 4.16; 2 T Bankinson (Lewish) 4.12
SP/JT: J Rolfe (Ashf) 9.77/31.36

July 26

SOUTHERN ELECTRIC WESSEX YOUNG ATHLETES' LEAGUE
Southampton

OVERALL: 1 Bournemouth 427; 2 Team Solent 415.5; 3 Southampton City 406.5; 4 Winchester & District 359; 5 Newbury & District 243; 6 Jersey Spartans 228
U17 boys
MATCH: 1 Winchester & District 55; 2 Team Solent 50; 3 Bournemouth 43; 4 Newbury & District 31; 5 Southampton City 15
200/400: J Rowe (Win) 23.9/54.4
LJ: J Porter (T Sol) 5.77
U15
MATCH: 1 Team Solent 109.5; 2 Winchester & District 94; 3 Southampton City 68.5; 4 Jersey Spartans 68; 5 Bournemouth 62; 6 Newbury & District 55
100: 1 G Hawes (T Sol) 12.3; 2 M Wilson (Win) 12.4; 3 P Warner (B'mth) 12.6
200: 1 M Ireland (Newb) 24.6; 2 Hawes 25.0; 3 M Wilson 25.9
400: 1 Ireland 54.3; 2 P Irving (Jers) 58.5
800: 1 B Foreman (T Sol) 2:13.3; 2 J Ricketts (Win) 2:13.5; 3 I Carter (Jers) 2:12.4
1500: 1 Foreman 4:33.6; 2 C Wilson (Win) 4:37.3; 3 C Parr (B'mth) 4:40.9;
B: L TIndall (T Sol) 4:39.7
80H: 1 Irving 13.1; 2 G Smith (B'mth) 13.1
HJ 1eq I Hawes/G Perkins 1.55; 3 Irving 1.50
LJ: C Rickman (Win) 5.29
U13
MATCH: 1 Bournemouth 104; 2 Team Solent 86; 3 Jersey Spartans 78; 4 Newbury & District 68; 5 Southampton City 67; 6 Winchester & District 61
100: M Potter (B'mth) 14.5
400: 1 E Burridge (T Sol) 64.5; 2 S Clement (B'mth) 67.6
800: S Phillips (Soton) 2:24.9
80H: 1 S Dewsbury (B'mth) 14.6; 2 J Ruth (Soton) 1.50; 3 Burridge 15.6; **B:** B Tyrrell (T Sol) 15.6
HJ: 1 S Phelan (Jers) 1.35; 2 Dewsbury 1.30
LJ: 1 A Harvey (T Sol) 4.25; 2 J O'Shea (Jers) 4.04; 3 T Hall (B'mth) 4.02; 4 G Davis (Win) 4.00
SP: 1 A Duck (Soton) 6.74; 2 D Cook (Newb) 6.73
DT: 1 Cook 17.80; 2 Duck 16.30; 3 Dewsbury 16.08
JT: Phelanm 24.96
4x100: Bournemouth 58.9

01733-261144 or fax your results to us on **01733-465206**

4x400: 1 Team Solent 4:44.0; 2 Bournemouth 4:52.7
U17 girls
MATCH: 1 Southampton City 58; 2 Team Solent 47; 3 Winchester & District 28; 4 Newbury & District 27; 5 Team Solent 20
100: B: E Duck (Soton) 13.2
200: 1 R Rogers (Soton) 43.1; 2 A Twomey (Newb) 43.6
800: R Bull (Soton) 2:22.4
80H: Duck 12.1
4x100: Southampton City 52.4
U15
MATCH: 1 Southampton City 100; 2 Bournemouth 97; 3 Team Solent 84; 4 Winchester & District 83; 5 Jersey Spartans 11; 6 Newbury & District 4
100: 1 S Scott (B'mth) 13.3; 2 S Morris (Soton) 13.5; 3 L Stepin (Win) 2:34.4
1500: 1 L Damen (B'mth) 4:37.7; 2 S Stewart (T Sol) 5:09.2;
75H: 1 Scott 13.0; **B:** A Hack (B'mth) 13.0
HJ: 1 S Parrish (Soton) 1.58; 2 C Dewsbury (B'th) 1.50
SP: S Manning (T Sol) 11.54
4x100: Southampton City 53.7
U13
MATCH: 1 Bournemouth 101; 2 Southampton City 99; 3 Jersey Spartans 71; 4 Newbury & District 58; 5 Team Solent 39; 6 Winchester & District 33
100: H Clarke (Jers) 14.5
800: 1 C Moss (Soton) 2:37.6; 2 K McCormack (B'mth) 2:48.2
1500: 1 C Moore (B'mth) 4:51.5; 2 H Clark (Jers) 5:32.0; 3 A Penfold (Soton) 5:36.4. **B:** M Hack (B'mth) 5:24.3; 2 S Cooper (Soton) 5:37.3
70H: 1 R Skellet (B'mth) 12.5; 2 J Acton-Phillips (Jers) 12.6; 3 L Sharpe (T Sol) 14.2. **B:** K Fielder (T Sol) 13.4; 2 C D'Souza (Soton) 14.0
SP: T Sutton (Soton) 8.41. **B:** C Hancock (Soton) 7.25
DT/JT: Hancock 28.36/19.88
4x100: Southampton City 57.3

CITY OF BATH MINORS MEETING

U11 boys
75: 1 J Ward (Stroud) 12.6; 2 S Crook (Wx) 12.6. **B:** 1 L Hand (Somer) 11.4; 2 A Kirk (Stroud) 11.7
150: 1 Hand 23.1; 2 A Felce (Stroud) 23.9. **B:** Kirk 23.9
600: 1 Felce 1:52.1; 2 A Smith (Exe) 1:52.9
HJ: S Crook (Wx) 0.80
LJ: 1 Hand 3.82; 2 Felce 3.41
SP: R Adams (Cleve) 5.71
JT: Adams 11.08
U13
100: 1 D Haley (Wx) 14.7; 2 N Cook (Wx) 14.8. **B:** 1 C Stewart (Bath) 13.5; 2 L Stopford (Stroud) 14.0; 3 M Wilkins (Stroud) 14.2; 4 W Kingzett (Stroud) 14.4
200: D Haughton (Cleve) 31.4. **B:** 1 Stopford 29.9; 2 J Bourne (Durs) 30.5
800: Bourne 2:31.8
4x100: Stroud
HJ: Cook 1.20
LJ: 1 C Stewart (Bath) 4.21; 2 Stopford 3.80
SP: 1 S Carr (Stroud) 6.63; 2 Kingzett 6.39
JT: 1 Wilkins 25.04; 2 Kingzett 20.06
U13 girls
100: 1 B Edwards (Cleve) 14.4; 2 H Ward (Yate) 14.5. **B:** 1 A Woodman (Bris) 14.2; 2 H Adams (Cleve) 14.9
200: 1 Woodman 30.6; 2 Edwards 31.4
800: L Vaughan (Wx) 2:47.2
HJ: L Reed (Bris) 1.30
LJ: 1 Ward 4.03; 2 L Reed (Bris) 3.75
SP: J Gillard (Somer) 7.03
JT: L Paggett (Wx) 18.72
U11
75: 1 J Gardener (Bris) 11.7; 2 C Ford (Somer) 11.8; 3 L Tipler (Bris) 12.4
150: Gardener 24.6. **B:** 1 Ford 24.0; 2 L Durham (Stroud) 24.7
600: 1 T Hemmings (Bris) 2:10.1; 2 Durman 2:11.7
HJ: K Ford (Somer) 0.95
LJ: S Andrews (Wx) 3.16
Athletes of the season (division one): T Arojogun (B'hth) and G Beard (GEC); **(division two):** B Kaye (B'hth)/C Anderson (Lewish)

July 24

JUNCTION 10 HAMMER SCHOOL DEVELOPMENT Haslemere

Men
1 M Hicks (Jet10 HS) 55.64; 2 S Sammut (Jet10 HS) 53.44
U17
1 T Whitehead (Jet10 HS) 54.46; 2 G Pointer (Jet10 HS) 33.90
M50: A Staerck (Jet10 HS) 43.24
U17 girls
1 G Staerck (Jet10 HS) 29.98; 2 R Thomas (Jet10 HS) 24.44

July 23

AYRSHIRE OPEN Ayr

Men
100/200: H Kerr (Ayr S) 11.2/22.3
U20
LJ/SP: S Ronney (Ayr S) 5.38/7.75
U17
Mile: R Montgomery (irv) 4:47.9
LJ: K McKeown (Ayr S) 5.82
U15
HJ: L Evans (Ayr S) 1.40
LJ: J Hall (Ayr S) 5.11
JT: R Kay (Irv) 20.52
U13
HJ/LJ: C Heathcote (Ayr S) 1.15/3.92
JT: C Morland (Girv) 26.80
U11
SP: K Morland (Girv) 7.80
Women
800: H Morton (Irv, W35) 2:43.0
U15
HJ: M Simster (Girv) 1.05
LJ: L McCauley (Irv) 4.30
SP/JT: D McCreadie (Girv) 5.74/15.74
U13
HJ: C Taylor (Girv) 1.15
LJ: F McKay (Ayr S) 3.82
JT: K McFarlane (Ayr S) 15.86
U11
SP: T Payne (Irv) 5.81

SHETTLESTON H CHAMPIONSHIPS Crown Point

Men (all Shettleston)
800: 1 D Gow (U20) 1:51.4; 2 A McDonald (U20) 1:53.8

June 23/26

ELLON AAC CHAMPS The Meadows, Ellon

U17 boys (all Ellon)
800/HJ/SP/JT: JM Stannard 2:40.1/1.50/6.85/34.94
LJ: D Scott 4.16
Overall: Stannard
U15
100/HJ: N Penny 12.5/1.55
800: N Mennie 2:39.5
LJ/SP/JT: A Hayman 4.62/9.02/34.50
Overall: Hayman
U13
100/LJ/SP: A ross 14.9/3.42/4.63
HJ: Ross & R Quinlan 1.20
Overall: Ross
U11
100/JT: A Young 15.3/19.16
800: R Aspden 3:19.6
HJ/LJ/SP: O Robertson 1.15/3.39/6.39
Overall: Robertson
U17 girls
100/HJ/LJ/SP: C McHardy 12.9/1.30/4.07/7.44
Overall: McHardy
U15
100/HJ/LJ/SP: W Davidson 13.3/1.45/4.33/7.52
800: R Coonan 3:15.8
JT: N Robertson 15.14
Overall: Davidson
U13
100/LJ: J Halket 14.6/4.06
800/SP: K Miles 2:58.6/5.84
HJ: J Burns 1.20
Overall: Halket
U11
100/LJ/SP: S McRobbie 16.3/ 3.21/5.87
800: F Burnett 3:25.3
HJ: McRobbie & A McDonald 1.00
JT: S Watson 7.02
Overall: McRobbie

Road

August 10

NESTLE BEARBROOK 10km Stoke Mandeville

JOHN MUTAI continued his assault on Midlands' races with another comprehensive victory, ***Martin Duff reports.***

The Bromsgrove-based Kenyan went straight into the lead of this oversubscribed race, held in heat-wave conditions and never looked like being challenged.

As Tim Jones, Derek Brown and leading veteran Gordon Stewart vied for minor place supremacy, Mutai strolled away to his 30:27 victory, nearly two minutes clear.

Jones just beat Brown for second, with Stewart the only vet in the top 20.

In a lower key women's section, Mandy Ayling, in the colours of RAF Halton, enjoyed an even bigger advantage than Mutai, with a 39:54 win over Julie Simmons.
Men
1 John Mutai (B&R/KEN) 30:27; 2 T Jones (VoA) 32:24; 3 D Brown (Chilt) 32:29; 4 G Stewart (Leam, M45) 32:52; 5 J Lawlor (Dac & T) 33:01; 6 A Raschid (Ox C) 33:07; 7 R Shipway (W'stock) 33:48; 8 D Rosewarn (Wat) 33:55; 9 M Powell (Read) 34:16; 10 D Tucker (Swin St) 34:22; 11 S Hooper (Ox C) 34:26; 12 R Powell (Vaux) 34:32; 13 S Claridge (St Alb St) 34:46; 14 P Allen (Gade) 35:00; 15 R Beaumont (unatt) 35:05; 16 P Smith (Hand X) 35:21; 17 S Johnson (Ox C) 35:24; 18 D Marshall (SLH) 35:35; 19 G Dell (W'stock) 35:42; 20 N Taylor (VoA) 36:05
M40: T May (unatt) 36:34
M50: P King (Marl St) 36:46
M55: D Haughney (Vaux) 38:30
TEAM: Watford Harriers
Women
1 A Ayling (RAF Halt) 39:54; 2 J Simmons (GCJ) 42:13; 3 H Wilkes (Maid) 42:52
W35: E Davey (Hand X) 48:18
W40: T Keating (unatt) 44:37
W45: J Pomphrey (St Alb St) 43:43
TEAM: Bearbrook Joggers

TEIGNBRIDGE RELAYS

A SCORCHING leg by Stuart Hall set up Plymouth Harriers for a crushing victory, ***Kevin Fahey reports.***

Rob Williams and Mike Feighan had put Exeter Harriers into a 39 seconds lead at the halfway point to give them a scent of victory.

After a steady start from Barry Dawe and Simon Anderson, Hall tore around the four miles course in the fastest time of the day (19:24) to overhaul Gordon Seward and establish almost a minute lead.

Dave Wilson-Evans wrapped up victory with the second fastest time of the day.

The Teignbridge Trotters team of Cathy Donovan, Stephanie Ross, Glenda Duester and Vanessa New dominated the women's race to win by 10 minutes. The fastest time though went to Ann Darby, who clocked 26:15.
Men
1 Plymouth Harriers 81:14 (B Dawe 21:22, S Anderson 20:29, S Hall 19:24, D Wilson-Evans 19:59); 2 Exeter Harriers 83:30 (R Williams 20;28, M Feighan 20:44, G Seward 21:01, Matt Cox 21:17); 3 Brixham and Devonia 87:27 (Pugh 21:04, A Hitchins 21:44, R Forbes 21:54, L Golder 22;45); 4 Exmouth Harriers 88:02; 5 Teignbridge Trotters 88:31
Fastest: Hall
M40: 1 Exmouth Harriers 88:02 (R Selby 22:48, A Kennedy 22:13, S Merry 22:30, D Donaghy 21:31); 2 Plymouth Harriers 88:56 (P Barrett 22:02, I Dart 23:03, P Dent 21:21, D Smith 22:30)
Women
1 Teignbridge Trotters 113:16 (C Donovan 27:41, S Ross 28:19, G Duester 28:48, V New 28:28); 2 Brixham and Devonia 123:08 (L Spraggs 32:41, L Sloman 31:26, S Gilman 32:12, Y Warden 26:49)
Fastest: A Darby 26:15

ROGER HOCKEY 10km Plymouth

BRITISH vets' 10km champion Bob Wise comfortably retained his title, ***Kevin Fahey reports.***

The Plymouth-based Westbury Harrier saw off the challenge from English Schools' cross country champion Daniel Hyde though a fast time was out of the question on a tough course and swelteringly hot day.

Navy runner Claire Norsworthy was an even more convincing winner of the women's race finishing over six minutes clear of the field.
Men
1 R Wise (West, M40) 33:11; 2 D Hyde (Swin) 33;44; 3 A Bristow (EVH) 33:51; 4 T Hughes (WHH, M40) 34:22; 5 M Spencer (Bid) 34:59; 6 R Drage (Tavis) 35:44; 7 S Payne (unatt, M40) 35:59; 8 A Rich (RNAC, M40) 36:13; 9 A Fisher (Tiptree) 36:26; 10 T Gynn (Launcs) 36:48
M50: 1 R Smith (NRR) 39:36; 2 S Farley (Invic) 40:00; 3 M Yeo (NRR) 40:06
TEAM: 1 DML; 2 Newquay Road Runners; 3 Tamar Trotters
Women
1 C Norsworthy (RNAC) 39:02; 2 K Wright (unatt) 46:33; 3 C Darby (DM) 46:45
W35: D Hain (unatt) 45:46
W40: M Carey (Instinc) 53:37
W55: M Tremlett (Instinc) 122:18
TEAM: 1 Erme Valley Harriers; 2 Tamar Trotters; 3 Instinctive Sports

BLACKHILL BOUNDERS 10km Consett

STEWART BELL clipped a minute off the previous course best set by Malcolm Price with an emphatic solo performance, ***Brian Kirkley reports.***

Bell set a fierce pace from the gun, forging ahead of the chasing pack led by Jeff Laws and David Wardle, over the undulating terrain which included country paths.

Sonia Morley was also in record breaking form in the women's section, taking 1min 39secs off the old mark of 39:41 posted by Heather Robinson in 1996. Morley finished over a minute ahead of Sue Abbis with Karen Shaw in third.
Men
1 S Bell (CleS) 31:40 (rec); 2 J Laws (Sund) 33:21; 3 D Wardle (CleS) 33:45; 4 R Hand (Dur) 35:00; 5 G Robinson (CleS) 35:16; 6 R Rush (Sund) 35:40; 7 S Coxon (Sund) 36:07; 8 S Everest (Dur) 36:23; 9 R Oliver (unatt) 36:50; 10 P Roper (unatt) 36:53
M40: P Carter (Crook) 38:33
M50: H Gold (Heat) 40:34
M60: B Cordes (Morp) 43:06
TEAM: 1 Sunderland 36; 2 Chester-le-Street 41
Women
1 S Morley (J&H) 38:02; 2 S Abbis (Morp) 39:10; 3 K Shaw (Shild) 39:25; 4 H Robinson (C le S) 39:37; 5 S Laws (Derw) 43:26; 6 C Jackson (J&H) 43:59; 7 C Brinskill (N Ayc) 44:53; 8 A Adams (C le S) 45:27

RINGWAYS ASKERN 10

KEVIN McCLUSKEY had a marvellous solo run in hot humid conditions to miss Darren Cooney's course record by six seconds, ***Roger Norton reports.***

McCluskey, who holds the record for the nearby Norton 9, ran an even paced race, recording 25 minutes for the first five and just two seconds slower for the second half.

McCluskey said he enjoyed the race but would have liked someone to push him. In the conditions, on what is a tough hilly course, there are not many capable of doing that.

Dave Bond ran a sensible race and was rewarded with the Yorkshire and South Yorkshire titles held in conjunction with this popular race.
Men
1 K McCluskey (Salf) 50:02; 2 D Bond (Ask) 52:30; 3 S Winstanley (Bing) 53:53; 4 D Hanson (Spen) 54:46; 5 D Teasdale (Hallam) 54:56; 6 J Boyes (Bourne) 55:48; 7 M Farran (Long) 55:59; 8 D Weigel (Ask, M45) 56:19; 9 J Comrie (Roth) 56:30; 10 J Mayo (Knaves) 57:02; 11 C Earl (Barns H) 57:29; 12 P Roberts (Roth) 57:39; 13 L Field (Roth) 57:46; 14 N Holden (Selby, M40) 57:33; 15 A Parkin (Roth) 58:31
M40: 2 I Temperton (Roth) 58:27; 3 M Page (D&S) 60:02
M45: 2 R Gay (Bev) 58:52; 3 B Scott (Mans) 59:58
M50: 1 N Scrutton (Scar) 59:48; 2 C Gill (St Ther) 59:55
M55: M Hobson (Steel) 61:46
M60: K Bingley (Ack) 72:34
M65: J Topliss (D&S) 68:57
TEAM: Rotherham
Yorkshire Champs: 1 Bond; 2 Winstanley; 3 Hanson
TEAM: Rotherham
South Yorkshire Champs: 1 Bond; 2 Teasdale; 3 Comrie
South Yorkshire Vets: 1 Weigel; 2 Temperton; 3 Page
Women
1 S Garrod (GVS, W40) 65:55; 2 J Hindley (Roth) 68:50; 3 F Strange (Knaves) 72:30; 4 E Laycock (Liv RC) 73:37; 5 V Clarke (Liv RC, W40) 73:37
W35: D Hearne (Vall H) 74:56
W40: 2 P Fenelon (GVS) 77:30; 3 K Osborne (Arb) 80:04
W45: R Armstrong (D&S) 86:23
W50: J Baker (Stam) 86:41
M60: B Machin (Spen) 89:56
TEAM: Liverpool RC
South Yorkshire Champs: 1 Hindley; 2 D Taylor (Roth) 75:03; 3 G Cartwright (Kimb) 84:11
South Yorkshire Vets: 1 D Fletcher (D&S) 77:06; 2 R Armstrong (D&S) 86:23; 3 C Hall (Steel) 86:44

SURREY COUNTY 10km Wimbledon

Men
1 R Xerri (HW) 16:15; 2 C Lazenby (DMV) 16:30; 3 J Rooney (HW) 16:35; 4 A Flett (Coll) 17:16; 5 T Binda (Bel, M40) 17:39; 6 S Oxenham (Wimb W) 17:45; 7 M Ciglia (HW, M40) 17:50; 8 M Miller (HW, M50) 17:52; 9 D Williams (HW, M50) 17:55; 10 R Wilkins (Coll, M40) 18:07; 11 G Ball (Wimb W, M40) 18:10; 12 S Rowland (Rane, M40) 18:14
M50: 3 R Dickson (THH) 18:28
M60: 1 A Howard (Rane) 19:31; 2 M Caudwell (Croy) 21:10; 3 K Powley (Rane) 21:16
TEAM: 1 Hercules Wimbledon 8; 2 Collingwood 22; 3 Wimbledon Windmilers 25; 4 Ranelagh 42
Women
1 A Jones (VAC, W35) 20:02; 2 M Pautard (Rane) 20:05; 3 R Allcock (HHH) 21:19; 4 M Bird (unatt) 21:38; 5 M O'Leary (E&E, W55) 21:39; 6 M Jakeman (E&E, W45) 21:44; 7 M Smith (Rane, W35) 21:56; 8 S Rowland (Rane, W35) 22:13; 9 C Hunt (Rane) 22:24; 10 W Chalmers (HHH, W35) 22:29; 11 E Owlsley (E&E, W35) 22:37; 12 J Drummond (Rane, W45) 22:51
W45: 3 L Lloyd (Wim W) 25:12
W50: 2 P Hawkins (Wimb W) 23:51
TEAM: 1 Ranelagh 10; 2 Epsom & Ewell 12; 3 Epsom All Sorts 27

WAVENEY VALLEY CARNIVAL 10km Lowestoft

Men
1 D Friske (Norw RR) 35:02; 2 R Hill (Ips J) 35:17; 3 F Lovendahl (SEP) 35:24; 4 D Read (SEP) 35:43; 5 M Whitelock (Lowes RR) 35:56; 6 P Whybrow (Lowes RR) 35:59; 7 J Armstrong (unatt) 37:07
M40: T Wigglesworth (Wav) 40:51
M45: M Collins (Gt Yar) 38:45
M50: G Ash (Ips J) 40:59
M55: P Lusady (Ips J) 39:50
M60: T Cooper (CoNorw) 45:17
TEAM: 1 Lowestoft RR 34; 2 Waveney Valley 96; 3 St Edmonds Pacers 108
Women
1 G Leathers (SEP) 40:30; 2 P Willson (F&C) 41:19; 3 J Sparkes (Stowm) 44:01; 4 L Aliker (Wav) 46:39; 5 A Hunt (Ips J) 49:46
W35: J Harvey (unatt) 50:29
W40: H Lingley (Ips J) 53:21
W45: R Britton (Ips J) 49:53
W50: A Maybert (N Herts RR) 59:33
TEAM: Ipswich Jaffa 200

HILLINGDON 10km Ruislip

Men
1 S Fulgoni (Ab'til) 33:34; 2 I Selvey (Wrex, M40) 35:31; 3 M Price (Hill) 35:36
Women
1 H Syms (unatt) 39:59; 2 K Armstrong (SG, W35) 41:17; 3 Y Budd (Hill) 42:21

VICTORIAN 10 Marske-by-Sea, Cleveland

Men
1 P Zanella (Leam) 54:26; 2 J Hunter (Morp) 54:33; 3 K Brown (Mand) 55:57; 4 D Williams (Hors) 56:44; 5 M Jones (S Sh) 57:08; 6 V Brudenell (Mand) 57:33; 7 I Handyside (Coquet) 58:05; 8 T Ward (New M, M40) 58:05; 9 B Bernstein (Sund) 58:10; 10 S O'Grady (New M) 59:18; 11 A Bottomley (Loftus, M40) 59:31; 12 S

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Johnson (T Plax) 59:42; 13 K Sheppard (New M) 60:01; 14 I Scott (Darl, M40) 60:14; 15 S Hutchinson (Darl) 60:18
M40: 4 P Kelly (Darl) 61:46; 5 P Hustwit (Hors) 62:00; 6 M Bearson (Mand) 62:17; 7 P Connor (Mand) 62:23; 8 G Brown (Darl) 62:24
M50: 1 M Walker (Gosf) 60:48; 2 D Bell (Redcar) 64:43; 3 M Frostick (Hartle) 65:50
TEAM: 1 Mandale 30; 2 New Marske Harriers 31; 3 Darlington 48
Women
1 S Allen (H&P, W35) 62:40; 2 A Raw (Darl) 65:41; 3 S Stephenson (Els) 71:14; 4 K Whit (Morp) 72:33; 5 H Humphrey (New M) 73:37
W35: 2 Y Swinhoe (Els) 74:45; 3 C Mears (Darl) 75:52; 4 A Bentley (M&C) 76:12; 5 N Wilde (Hors) 78:45
W45: 1 J Beckford (Cov G) 76:50; 2 L Hayes (T Plax) 79:46

LAMMAS FERRY 10km Inverkeithing

Men
1 B Kirkwood (Miz, M40) 32:45; 2 C Meek (Liv)32:48; 3 S Campbell (Miz) 33:08; 4 M Colligan (FVH) 33:12; 5 S Ogg (C'negie) 33:28; 6 C Rennet (Dund) 34:17; 7 A Davis (Fife) 35:15; 8 R Milton (C'negie) 36:10; 9 D Robertson (Perth) 36:43; 10 C Northam (Liv, M40) 36:53
M50: D Morgan (Dund R) 37:59
TEAM: FMC Carnegie Harriers
Women
1 A Carr (Dund) 38:14; 2 H Diamantides (Fife) 40:01; 3 K Tytek (Arb F) 41:14
W35: A Wood (unatt) 51:35
W45: S Beauchop (Kin) 44:15

August 9

SAF HALF-MARATHON CHAMPIONSHIPS Haddington

TOMMY MURRAY added to his long list of Scottish titles with a controlled victory while Eleanor Robinson successfully defended her crown in the women's race, *Fraser Clyne reports.*

Murray, who is preparing for next month's World Mountain Trophy in the Czech Republic, broke away from Allan Adams in the second half of the race to finish over 100m clear.

The Spango Valley runner's victory earned him an all-expenses paid trip to November's New York Marathon, courtesy of the SAF's road running development plan. Its an opportunity he is going to take with some relish.

Adams had to be content with the silver medal for the second year in a row.

John Robson just got the better of Alan Little to clinch third place. The 1978 Commonwealth Games 1500m bronze medallist also collected the M40 title - his first national age division gold medal since joining the veteran ranks earlier this year.

Eleanor Robinson, winner of the BAF 100km championships just three weeks earlier, collected the women's title for the third year in a row when finishing 23rd overall in the field of 187.

The Border Harrier, who is preparing for next month's world 100km championships at Winschoten, Holland, wasn't planning on relaxing after her latest success. The following day she intended competing in the Helensburgh Half-marathon.

Runner-up Maggie Creber was surprised but delighted to pick up the New York trip as the first Scottish finisher.
Men
1 T Murray (SV) 67:14; 2 A Adams (C'dale) 67:33; 3 J Robson (Miz, M40) 68:39; 4 A Little (Shett) 68:41; 5 A Robertson (Cambus) 69:31; 6 J Laird (D'fries) 71:25; 7 A Robson (Miz) 73:01; 8 K Varney (Metro, M40) 73:07; 9 N Milovsorov (Metro) 73:37; 10 A McLinden (Ham, M45) 74:30; 11 A Stewart (Ayr) 76:40; 12 J Farquhar (Pit) 77:13; 13 G Gilhooley (Liv) 78:20; 14 I Rowland (D'bar) 80:03; 15 K Tulloch (Metro) 80:46; 16 I Brown (Pit) 81:14; 17 B Howie (CoE, M45) 81:43; 18 J Colquhoun (Liv) 81:54; 19 A Ferguson (HHH, M50) 82:53; 20 I Findlay (CoE) 83:20
M50: 2 D Harkess (Pit) 86:14; 3 R Langley (Fife) 88:00
M60: 1 W McCaskey (CoE) 97:05; 2 H McGinlay (FVH) 99:17; 3 S Connolly (Dund R) 100:12
TEAM: Metro Aberdeen 32
Women
1 E Robinson (Bord, W45) 85:44; 2 M Creber (EWM, W35) 86:12; 3 H Slimon (CoGw) 86:40; 4 H Diamantides (Fife) 88:09; 5 A-M Hughes (Shett, W35) 88:39; 6 S Craig (unatt, W35) 91:50; 7 A Keen (Head) 92:17; 8 S McLeish (P'bello, W35) 93:05; 9 H Campbell (unatt) 93:57; 10 C Brien (HELP) 94:23

COCA COLA 10km Antrim

THE Highlight of this race was yet another win for Andrew Campbell who increased his lead at the end of the fifth race of this six race series, *Alan Keys reports.*

Liz McColgan - making her first competitive appearance since the Flora London Marathon - won by almost three minutes in a course record of 33:23.

Campbell was always in the leading group of 10 from a field of 150 as he set the early pace with Peter Smyth, Gary Crawson, Ian O'Neill, Mark Kirk and Gary McLernon. McColgan was just behind the group of leading men.

The bunch was still together at 4km but as conditions became very wet Campbell started to break away after 7km, to eventually open up a 10 second gap from Smyth, winning in 31:34.

McLernon came through for third, while Francis McWilliams in eighth took the veteran's prize from Matt Shields who finished ninth.
Men
1 A Campbell (Anna) 31:24; 2 P Smyth (NBH) 31:34; 3 G McLernon (WTH) 31:40; 4 I O'Neill (NBH) 31:45; 5 G Crawson (LK) 31:56; 6 C McDowell (FV) 32:10; 7 J Patience (NBH) 32:14; 8 F McWilliams (WTH, M40) 32:19; 9 M Shields (NBH, M40) 32:32; 10 B Maguire (FV) 32:33
Women
1 E McColgan (Dund) 33:23; 2 J Bruce (Dro) 36:08; 3 M O'Neill (Dub) 38:11; 4 Y Healey (BO) 38:23; 5 S Hatch (SP) 38:25; 6 B McAllister (Lis) 38:52

GROVE 6

GARY EAGLE disposed of a less than fit Pete Wilson to take the race in 31:07, *Martin Duff reports.*

Organisers are having to re-think the advertising message for this once very popular race, held in conjunction with the Grove horticultural show. Less than 100 entered, yet the quality was there in several of the men's age groups.

Wilson and Eagle went off together but Wilson, who is recovering from injury, was eventually forced to let go. This left the Bristol man out on his own for a comfortable victory by over 100 metres in 31:07. Mike Bliss had a lonely race in third but at least had the consolation of watching the rest of the race on the out-and-back section of the course.

Up the age groups, former European silver medallist Tony Simmons made the trip from Luton to take the M45 title, despite just two miles a day training thanks to injury. Meanwhile Steve Charlton again beat all of the M60s in taking the M70 award in 39:42.

Michelle Birdsall, a student at Oxford University, had no trouble winning the women's race.
Men
1 G Eagle (Bris) 31:07; 2 P Wilson (WHH) 31:29; 3 M Bliss (Over) 32:33; 4 D Walsh (Lut, M40) 34:09; 5 D Wright (WHH) 34:17; 6 G Smith (Kid RC, M40) 34:28; 7 T Simmons (Lut, M45) 34:48; 8 C Gray (unatt) 35:00; 9 D Murfin (WHH) 35:17; 10 G Richards (Abing A, M40) 35:42
M45: 2 B Forster (Wit RR) 37:42; 3 B Green (Kid RC) 40:06
M50: 1 D Williams (HW) 35:57; 2 J Schutterlin (WHH) 37:14; 3 E Robinson (Head RR) 39:26
M60: 1 W Brown (Head RR) 41:31; 2 R Moores (unatt) 51:13; 3 M Smith Abing A) 52:19
M70: S Charlton (TVH) 39:42
TEAM: 1 White Horse Harriers 16; 2 White Horse Harriers B 40; 3 Abingdon Amblers 46
Women
1 M Birdsall (Ox U) 37:56; 2 L Feltham-Godding (WHH) 40:04; 3 F Cooke (March B, W40) 40:31; 4 W Wilson (Abing A, W45) 44:43; 5 W Pettit (unatt) 47:02
W40: 2 M McIver (R Sist) 55:16
W45: 2 R Webb (Rad L) 48:08
TEAM: Abingdon Amblers 162

CAPITAL BUSINESS MORTGAGES MIDHURST 10km

JOHN TAYLOR used his hill climbing powers to good effect to end a run of victories for Dave Thomson, *Martin Duff reports.*

The Sussex-based Bingley Harrier eventually went away up the big hill soon after the end of the first lap, but it was Thomson, seeking his sixth consecutive local road race victory, who made the first move. As the near 400-strong field left the main road after 2km to climb into the country, the Scotsman put in a burst and succeeded in dropping all but Taylor.

As these two went away, Paul Froud, Mike Peters, Vince Stamp and John Bristow lined up behind, until Froud began to give chase on the way back into Midhurst at the end of the opening lap. As Thomson and Taylor went through 5km in 16 minutes, Froud was a close third, but then Taylor went away up the hill and the race was over.

Hound kept close to Thompson throughout the second 5km, but never quite got on terms, as Taylor eventually won by 150m in 32:18. Thomson, who seeks a Scottish vest in one of this Autumn's representative matches, wound up in the silver medal position for the second year in a row.

The heat generally slowed times, leaving women's race winner Rita McGimpsey nearly two minutes clear of Katy Oxborrow, when she came home in 38:39.
Men
1 J Taylor (Bing) 32:19; 2 D Thomson (Ports) 32:42; 3 P Froud (B&H) 32:59; 4 M Peters (Havant) 33:54; 5 V Stamp (Ports) 34:26; 6 JR Bristow (B&H) 34:34; 7 G Rhimes (Alt J, M40) 35:09; 8 P Guest (Ports J, M40) 35:21; 9 T Frost (Liss R) 35:50; 10 G Lavender (unatt) 36:34
M40: 3 J Priest (Worth) 37:22
M45: 1 D Fletcher (Havant) 37:00; 2 G Smith (E&E) 39:20
M50: 1 P Giles (unatt) 39:29; 2 J Organ (AFD) 39:47; 3 M Parry (Over) 40:41
M55: G Lloyd (BMH) 43:29
M60: 1 R Gould (Wx RR) 40:48; 2 R Webb (Arun) 41:32; 3 B Bennett (Winch) 43:02
M65: 1 W Davies (SWV) 43:35; 2 J Taylor (Liss) 44:12; 3 R Trodd (SWV) 52:54
TEAM: 1 City of Portsmouth 21; 2 Havant 31; 3 Alton Joggers 64; 4 Chichester Runners 74; 5 Chichester Runners B 104
Women
1 R McGimpsey (Soton) 38:29; 2 K Oxborrow (Hailsh) 40:20; 3 P Flynn (Stragg, W35) 40:35; 4 S Rhimes (Alt J, W40) 41:14; 5 J Richardson (Arena) 41:42; 6 S Crombie (unatt) 42:56
W45: 1 N Atkey (Ports J) 43:36; 2 S Rattley (Ports J) 44:30; 3 A Jackson (Phoe) 44:38
W50: B Talman 64:55
W55: P Rea (Utopia) 59:16
W60: M Steggles (F&C) 58:55
TEAM: 1 Portsmouth Joggers 29; 2 Portsmouth Joggers B 71; 3 Lancing Eagles 88; 4 Midhurst Milers 90

CRANHAM BOUNDARY CHASE 4 Gloucestershire

STROUD's Michael Davis led teammate Simon Thraves from start to finish over this tough Cotswolds course which included a vicious climb to the finish line, *Kevin Fahey reports.*
Men
1 M Davis (Std) 33:50; 2 S Thraves (Std) 34:03; 3 M McLearie (Chelt) 34:45
M40: 1 B Griffiths (Bourt) 35:54; 2 R McCarthy 36:03
M50: 1 R Brigden (Bath) 36:45; 2 T Smith (Chelt) 36:56
M60: R Phillips (Chelt) 41:39
Women: A Coldrick (Bourt) 40:09
W35: 1 C McCarthy (Bath) 40:29; 2 S Holman (Bath) 42:47

ABERNETHY 10 Nethybridge

Men
1 P Mathieson (Forres) 55:13; 2 D Cowie (Forres, M40) 56:13; 3 B McNicol (unatt) 57:20; 4 D Cruickshank (Lin) 58:57; 5 S Worsley (I'ness) 59:37; 6 A Ross (Wolves) 60:18; 7 M Garret (unatt) 60:40; 8 R Farquhar (Moray, M40) 60:50; 9 K Bateman (W&B, M40) 61:45; 10 M Priestly (Forres) 61:58
Women
1 S Exon (Traff) 70:19; 2 A Ross (Nairn) 71:35; 3 D. Jermieson (unatt, W40) 72:05; 4 A Tulloch (Nairn) 76:21; 5 C Hair (unatt, W35) 77:02

August 8

YATELEY RACES

Men
1 G Eagle (Bris) 30:56; 2 M Grist (Bris) 31:27; 3 P Chaplin (Houns) 32:41; 4 D Hitching (Hav) 32:50; 5 T Dicker (F&C) 32:54; 6 M Lynas (THH) 32:57; 7 B Mason (Houns) 33:02; 8 A Moffatt (AFD) 33:26; 9 P Smith (H Cross) 33:38; 10 H Van Der Beeb (26.2 RR) 34:03; 11 N Haynes (unatt) 34:07; 12 D Stewart (Read) 34:08; 13 C Taylor (Army) 34:17; 14 P Charlton (Farn) 34:25; 15 M Shorritt (unatt) 34:48; 16 M Powell (Sand J) 34:51; 17 P Aked (Read) 35:04; 18 P Galley (Hales) 35:15; 19 D Sweeney (Wok) 35:18; 20 G Dykes (unatt) 35:19
M40: 1 M Waine (Wok) 32:59; 2 R Roath (Wok) 34:23; 3 B Domoney (Ox C) 34:43; 4 A Edwards (Wave) 35:00; 5 D Roberts (A'dare) 35:09; 6 R Hill (F&C) 36:37; 7 A Holmes (F&C) 36:43; 8 D West (Windle VR) 37:17; 9 K Hough (Elmb) 37:41; 10 M Owen (F&C) 38:14
M50: 1 B Heywood (Burn J) 35:17; 2 G Cloke (Over) 36:21; 3 S Lee (Read) 37:02; 4 D Graves (Hart) 37:23; 5 P Renton (unatt) 39:06
Women
1 H Wust (HHH) 38:00; 2 F Long (Farn) 39:26; 3 P Willson (F&C) 39:46; 4 C Glare (Menior Atherton) 39:47; 5 T Lander (L'down) 43:08; 6 K Hutchings (E End RR) 43:32; 7 P Dennett (unatt) 32:46; 8 S Pilat (ES&M) 43:56; 9 A Power (Read) 44:14; 10 T James (Windle) 44:48
W35: 1 K Hall (Wok) 39:33; 2 W Davies (Windle) 41:12; 3 J Pope (E End RR) 41:16; 4 J Georghiou (Farn) 44:51; 5 G Bradford (unatt) 45:44
W45: 1 H Allen (Hart RR) 46:12; 2 N Scott (Sand J) 47:33; 3 M Akkers (ALJ) 48:50
Overall
Men
1 D Hitching (Havant) 53; 2 A Moffatt (AFD) 47; 3 P Smith (H Cross) 37; 4 N Haynes (unatt) 33; 5 M Powell (Sand J) 22
M40: 1 M Waine (Wok) 60; 2 D Roberts (A'dare) 49; 3 R Hill (F&C) 51; 4 A Holmes (F&C) 44; 5 C Jackson (Farn) 30
M50: 1 B Heywood (Burn J) 59; 2 D Graves (Hart) 56; 3 S Lee (Read) 51; 4 A Davidson (Hasle) 42
Women
1 F Long (Farn) 57; 2 P Willson (F&C) 56; 3 T James (Windle) 38; 4 J Garrod (Read) 30; 5 K Woods (Windle) 25
W35: 1 H Allen (Hart) 58; 2 N Scott (Sand J) 51
W45: 1 K Hall (Wok) 58; 2 J Pope (E End RR) 54; 3 J Georghiou (Farn) 46; 4 G Bradford (unatt) 38

August 7

MOTA-VATION 4 Chipping Norton

SIMON PRITCHARD took advantage of the absence of the Coventry boys, who were out watching the World Championships in Athens, to post a dominating victory, *Martin Duff reports.*

A previous winner in Mota-vation races, the Banbury runner was never extended as he covered the near four-and-a-quarter miles in 21:48, to win by 300 metres. The battle for second was between Woodstock club mates Mike Hurd and Dave Ashton and it was the more experienced 51-year-old Hurd who came out on top.

Alison Keen, third last time out, took the women's section to establish control of the series. With Sandra Wolanski taking the vet award in second, Keen won by over 150 metres.

With just one race to go - on Thursday August 27 at Oxford Old Boys' Rugby club - Oxford City swept all before them in the team stakes. With seven in 20 they virtually confirmed series' victory over Banbury.
Men (4M 402yds)
1 S Pritchard (Banb) 21:48; 2 M Hurd (W'stock, M50) 22:39; 3 D Ashton (W'stock) 22:47; 4 J Exley (Ox C, M45) 23:05; 5 S Johnson (Ox C) 23:15; 6 R Grant (Ox C, M40) 23:20; 7 J Moss (Kid RC) 23:32; 8 I Robinson (Banb) 23:37; 9 P Jegou (WHH) 23:38; 10 G Tucker (Cher RR) 23:39; 11 S Smith (Banb) 23:42; 12 N Offer (unatt, M40) 23:51; 13 C Thompson (Ox C) 23:58; 14 M Kilcoyne (Ox C, M40) 24:02; 15 M Creasey (Eynsh, M40) 24:11
M50: 2 M Welland (Ox C) 24:16; 3 C Rutland (Ox C) 24:22
TEAM: 1 Oxford City 58; 2 Banbury Harriers 105; 3 Cherwell Runners 141
TEAM: 1 Oxford City 271; 2 Banbury Harriers 437; 3 Cherwell Runners 468
Women
1 A Keen (Head RR) 27:25; 2 S Wolanski (Ox C, W35) 27:59; 3 V Petersson (Hook N) 28:32; 4 C Olivant (unatt) 31:05; 5 J Senior (Cher RR) 31:26; 6 P Booth (Cher RR) 31:34
W35: 2 M Richards (Abing A) 32:14; 3 S Gascoigne (Eynsh) 32:38

NEWPORT 5km

STEVE BRACE made it two out of two over the new re-measured course, *Kevin Fahey reports.*

A lap of the car park at the Newport Stadium made up the missing 200 metres from the first event which resulted in a glut of PBs.

Even over the longer course there was no stopping the former GB marathon international as he surged home five seconds clear of Darren Hiscox.

Gareth Davies completed a Bridgend clean sweep in third place while team-mate Hugh Roberts won the vets' race.
Men
1 S Brace (Bridge) 14:43; 2 D Hiscox (Bridge) 14:48; 3 G Davies (Bridge) 14:49; 4 M Palmer (West) 14:54; 5 J Hill (Bridge) 14:57; 6 R Jones (West) 15:05; 7 M Cooper (Aber) 15:05; 8 M Healy (Bridge) 15:19; 9 M Jenkins (Bridge) 15:20; 10 Marcus Jenkins (Newp) 15:25; 10 G Newhams (Bridge) 15:28; 11 H Roberts (Bridge, M40) 15:33; 12 C Slowley (Bris) 15:36; 13 E Karanen (Les Croups, M40) 15:48; 14 P Crane (Caer) 15:50; 15 S Saunders (Aber) 15:52; 16 M Flowers (Burt, M40) 16:01; 17 M Collins (Torf) 16:09; 18 M Pearce (Her C) 16:09; 19 N Webb (Card) 16:10
M45: R Bereza (Her C) 16:56
M50: T Carzana (Peg) 17:16
M60: R Parsons (Llis) 21:12
Women
1 D Chick (Bridg, W35) 17:24; 2 N Haines-Jones (Newp) 17:43; 3 C Miller (Les Croups) 19:12
W35: 2 J Brace (Bridg) 19:22; 3 A Stevenson (HC) 19:15
W45: M Palmer (West) 21:47
W50: S Adkin (Card) 19:55

ASSEMBLY LEAGUE Victoria Park

Men
1 L Reilly (Kent) 17.42; 2 J Goldring (SE, M40) 17:54; 3 S Mannix (SE) 17:58; 4 R McCormick (SE) 18:01; 5 B Hutchinson (Kent, M40) 18:02; 6 P Boxhall (Kent, M40) 18:12; 7 M Cates (Eton M) 18:16; 8 M Trowbridge (Dart, M40) 18:26; 9 B Lee (Kent) 18:29; 10 S Loach (Dul) 18:33; 11 J Carnell (Camb, M40) 18:33; 12 M Wood (Se) 18:41; 13 P Johnson (Camb) 18:44; 14 S Birkin (Camb, M50) 18:46; 15 R Newbold (VPH) 18:48; 16 J Greenwell (VPH) 18:54; 17 P Tuckers (Ravens) 18:57; 19 M Bumstead (SE, M45) 189:59; 20 T Cummings (SE) 19:03
M50: T Everitt (Eton M) 20:54
Positions after five races: 1 Cates 105; 2 Hutchinson 103; 3 Lee 101
TEAM: 1 Kent 21; 2 Stock Exchange 21; 3 Cambridge Harriers 71; 4 Dulwich Runners 84; 5 Victoria Park Harriers 96
Positions after five races: 1 Stock Exchange 67; 2 Kent 66; 3 Dulwich

01733-261144 or fax your results to us on **01733-465206**

Runners 65; 4 Victoria Park Harriers 64; 5 Dartford 52
TEAM B: 1 Stock Exchange 87; 2 Dulwich Runners 132; 3 Kent 187; 4 Victoria Park Harriers 229; 5 Eton Manor 231
Positions after five races: 1 Dulwich Runners 72; 2 Stock Exchange 67; 3 Victoria Park Harriers 63; 4 Eton Manor 56; 5 Kent 50
Women
1 M Loftus (Dul) 21:08; 2 A Megram (Dul) 21:54; 3 N Porter (Eton M) 22:16; 4 S Paine (Dul) 22:29; 5 Z Gaffen (Kent, W35) 22:41
TEAM: 1 Dulwich Runners 7; 2 Eton Manor 21; 3 Dulwich B 36; 4 Eton Manor B 39; 5 Kent 39
Positions after five matches: 1 Dulwich Runners 50; 2 Eton Manor 43; 3 Kent 35

SHANAGARRY FESTIVAL 5km Ballycotton

Men
1 M Magner (Eagle) 15:25; 2 M Drake (E Cork) 15:44; 3 P O'Mahony (Lee) 16:05; 4 D McCarthy (E Cork) 16:38; 5 D Horgan (Midle, M40) 16:55; 6 T Cody (Midle, M40) 17:00; 7 F Cashman (E Cork, M45) 17:17; 8 T Twomey (E Cork, M40) 17:46; 9 J Desmond (Belg) 17:57; 10 J Walshe (E Cork, M45) 18:06
M50: J McMurtry (Midle) 18:25
M55: T Bushteed (Midle) 20:55
M60: J Hourigan (Midle) 22:26
U20: M Twomey (Glen) 22:07
Wheelchair: J Forde (Blarney) 23:52
Women
1 C Deane (E Cork) 19:43; 2 H O'Callaghan (E Cork) 20:48; 3 F Devlin (Midle, W45) 22:27; 4 K O'Brien (Ballynoe, W50) 22:50; 5 B Glavin (St Fin, W35) 23:27; 6 S McCutcheon (Bandon, W35) 24:36
W40: K O'Connell (Midle) 28:25

August 6

CHORLEY 4 Lancashire

WITH two wins and two second placings Aidan Walpole comfortably took the 1997 title in this popular series, now in its 12th year, *Keith Bradshaw reports.*

In the final race Salford Harriers continued their domination, with Walpole leading home team-mates Delahunty and Wynn.

Wigan Phoenix were in total control of the women's race, with in-form Kath Charnock, recent winner of the Sale 10, turning the tables on training partner Jane Sullivan. The latter though collected the series' title ahead of Charnock.

Men
1 A Walpole (Salf) 19:56; 2 M Delahunty (Salf) 20:01; 3 J Wynn (Salf) 20:21; 4 J Parker (Pres) 20:22; 5 B Crowley (Midd) 20:36; 6 R Thomas (B Vue) 20:48; 7 S Knight (Army) 20:57; 8 I Graham (Leigh) 21:05; 9 J Moore (Wig P, M40) 21:06; 10 C Thomson (Cambus) 21:18; 11 P Merrison (Walls) 21:21; 12 L Harris (Wig P) 21:23; 13 M Neary (Salf, M45) 21:27; 14 K Tyrer (Horw, M45) 21:30; 15 T Lawrence (Chor H) 21:33; 16 C Shuttleworth (Pres) 21:35; 17 P Quibell (Pres, M40) 21:39; 18 A Neary (Leigh) 21:40; 19 L Willden (B&F, M40) 21:42; 20 P Kidd (Manc) 21:44; 21 J Houghton (B&F, M40) 21:59; 22 G Woodburn (B'burn, M45) 22:07; 23 A Morris (L&M) 22:08; 24 Ph Derbyshire (Wig P M40) 22:18; 25 V Robinson (Wig P, M40) 22:20
M50: M Entwistle (Leigh) 22:21
M55: B Kearns (Wig P) 26:07
M60: J Winters (B&F) 25:49
M65: R Silver (Helsby) 28:58
U18: S Jackett (Leigh) 29:29
TEAM: 1 Salford 19; 2 Wigan Phoenix 70
Women
1 K Charnock (Wig P) 23:02; 2 J Sullivan (Wig P) 23:52; 3 J Jolley (Wig P) 24:24; 4 J Wood (Leigh, U18) 24:51; 5 J Kearsley (Leigh, U18) 25:27; 6 J Dennison (Hoad) 25:30; 7 M Eccles (Red R) 26:20
U20: J Rayton (Red R) 26:36
W35: J Hodkinson (Pres) 26:26
W40: K McIntosh (Bury) 26:29
W45: J Orritt (Red R) 27:11
W50: J Wilkinson (Wig P) 30:19
TEAM: Wigan Phoenix 23
No. of finishers: 149
Overall
Men
1 Walpole 6; 2 Wynn 14; 3 Parker 26
M40
1 Neary (M45) 15; 2 L Willden (M40) 17; 3 Ph Derbyshire (M40) 22
Women
1 Sullivan 7; 2 Charnock 10; 3 Hodkinson 26
W35
1 Hodkinson (W35) 7; 2 Orritt (W45) 16; 3 R Greenhalgh (Darw, W40) 25

JOY CANN 5 Huncote

MORPETH's Steve Platts led the 300-strong field from the quarter-mile point building up a 200 metres advantage at halfway, *Chris Smith reports.*

Dave Pearce then closed the gap but the effort cost him second as Chris Black, the 1996 summer league champion, moved to within 18secs of Platts at the line.

Junior Nick Mapp almost caught Pearce while fifth spot Marcus Scotney led Beaumont Leys to the team award.

Rowheath's Lesley Turner took the women's title, over half-a-minute clear of Nikki Lee and veteran Katrina Kemp.

Men
1 S Platts (Morp) 25:41; 2 C Black (Charn) 25:59; 3 D Pearce (Leic C) 26:04; 4 N Mapp (OWLS, U20) 26:06; 5 M Scotney (B Leys) 26:11; 6 C O'Neill (OWLS, U20) 26:17; 7 A Long (B Leys) 26:36; 8 D Guess (Charn) 26:42; 9 M Windsor (B Leys) 26:50; 10 S Mills (Work) 26:56
TEAM: 1 Beaumont Leys; 2 OWLS; 3 Huncote
Women
1 L Turner (Row) 30:12; 2 N Lee (Hunc) 30:38; 3 K Kemp (B Leys, W35) 32:11; 4 J Clarke (Roth) 32:29; 5 S Newman (Work, W35) 32:50
TEAM: 1 Huncote; 2 Hinckley; 3 Beaumont Leys

SPORTING CHANCE SUMMER SIZZLER 5km Perivale

THE ACTION, if not the weather, was sizzling, as torrential rain ruined any further chance of record breaking, *Martin Duff reports.*

With John Downes promising fireworks and a record, for the third race in a row, the Irishman again set off in front, but the weather put a dampener on any chance of a record. At the end of the first lap Downes led but had Colin Reitz, Eric Crowther, Martin Mannion, Ray Dzikowski and top M45 Mike Hager all within 10 metres.

Thus it was a race rather than a time-trial and, as the others strung out behind, Reitz clung to Downes' pacemaking through the two mile point, before making his move.

The former international steeplechaser assumed the lead with half-a-mile to go and gradually pulled clear to win in 14:13, the third best time on this course.

Shaftesbury Barnet's Reitz put an end to Downes' 100 per cent record at Perivale, as the Salford man came in 40m down in 14:20, just a tick ahead of Crowther, who chased hard in the latter stages.

Hager, in fifth, was just outside Keith McLellan's vets' best, but his 15:01 took the Tipton runner to the top of the national M45 rankings for the year.

Anne Jeeves, second in the opening race of the series, had a comfortable outing, winning by 200m from fellow Shaftesbury veteran Kate Armstrong in 17:24, as two more vets, Gill Morgan and Fiona Kennedy followed.

Men
1 C Reitz (SB) 14:13; 2 J Downes - (Salf) 14:20; 3 E Crowther (Salf) 14:21; 4 M Mannion (Box) 14:59; 5 M Hager (Tip, M45) 15:01; 6 R Dzikowski (WG) 15:17; 7 C Barley (SB) 15:22; 8 B Gristwood (ESM) 15:24; 9 S Murray (Lon I) 16:00; 10 P Carter (ESM) 16:14; 11 K Wood (Hill) 16:43; 12 A Davies (ESM) 16:46; 13 S Plested (ESM, M45) 16:48; 14 J Dooey (Hand X, M40) 16:49; 15 M Hill (WSE, M40) 16:53
M40: 3 N Teuten (Lon I) 17:13
M45: 3 M Goderski (ESM) 17:12; 4 T Brawn (Chilt) 18:11
M50: 1 M Lewis (Hill) 17:41; 2 E Fogarty (ESM) 17:47
M55: 1 R Tucker (SB) 18:31; 2 M Miller (Hill) 18:31; 3 J Bridge (Comets) 19:54
Grand Prix Result (age graded): 1 Downes 5; 2 Crowther 11; 3 Barley (M36) 21; 4 Gristwood (M38) 22; 5 Lewis (M52) 33
Women
1 A Jeeves (SB, W40) 17:24; 2 K Armstrong (SB, W35) 18:09; 3 G Morgan (ESM, W35) 18:44; 4 F Kennedy (ESM, W35) 19:19; 5 H Saunders (Lon I) 19:42; 6 B Klrk (SB, W45) 20:08
W50: P Siddons (WSE) 22:49

PORT TALBOT HARRIERS 5.75

Men
1 M Rees (Swan) 29:08; 2 P Richards (Neath) 30:35; 3 J Baker (unatt) 31:29
M40: 1 J Rees (Neath) 32:07; 2 J Collins (Swan) 32:20; 3 A Cole (3M) 34:22
Women
1 M Cook (Llan) 38:36; 2 K Callagher (Swan) 40:46; 3 K Jenkins (Neath) 43:13
W35: 1 P Morris (Swan) 38:57; 2 C Hurdidge 45:43; 3 B Evans (unatt) 47:05

HAWORTH SERIES 5

Men
1 A Peace (Bing) 25:33(rec); 2 L Warburton (S&D) 26:03; 3 C Bartley (Bing) 27:47
M40: S Hornby (Brad Air) 29:17
M50: 1 M Martin (Hallam) 28:42; 2 P Carr (Keigh) 29:01
M60: M Mahoney (St Bedes) 35:49
Women: S Smith (Hal) 32:32
W50: M Dunn (Bing) 37:41
No of finishers: 34

MILL LUM 6 Kinghorn, Fife

Men
1 C Meek (Liv) 33:14; 2 W Rodgers (L'ber) 33:36; 3 D Knight (Perth S) 33:41; 4 J Cunningham (Fife) 33:51; 5 P Morrison (C'gie) 34:12; 6 N Martin (Lomond) 34:43; 7 S Kelly (RAF) 35:03; 8 I Taylor (C'gie) 35:15; 9 N Blisset (HBT) 35:39; 10 M Harvey (Anst) 36:43
M40: 1 S Kerr (Dund H) 37:16; 2 J Holden (Fife, M50) 37:45; 3 J Gilfillan (Fife) 38:52

HAYLE 4 Cornwall

Men
1 S May (Mile High) 21:14; 2 R Matthews (Corn) 21:19; 3 G Eustace (Corn) 22:14; 4 J Roskruge (Mile High) 22:39; 5 A Cauldwell (Carn) 22:54; 6 A Thomas (Corn, U17) 22:59; 7 M Thorne (Plymp) 23:02; 8 T Thomas (Hayle) 23:16; 9 A Smith (AFD, U16) 23:18; 10 D Stacy (unatt) 23:19
M40: B Jones (unatt) 34:54
M45: P Bursnall (Burnham) 28:48
M50: R Coggins (Bitt) 23:38
M55: G Hickman (Hayle) 31:11
Women
1 T Scully (unatt) 24:16; 2 C Rawlings (Corn) 25:17; 3 N Coggins (Bitt, W35) 25:21; 4 J Savill (New Tri, W35) 25:38; 5 J Warren (Corn, W45) 25:45

STANLEY PARK 5 Liverpool

Men
1 D Dudley (Liv P) 24:39; 2 M McLoughlin (Liv P) 24:48; 3 P Howarth (Wirral, U20) 25:13; 4 M Girvan (Warr, M40) 25:47; 5 S McKevitt (Liv H) 25:51; 6 K Hatton (Liv H) 26:14; 7 J Kettle (unatt) 26:32; 8 J Hunt (S Liv) 26:42; 9 J Parkinson (Liv H) 26:51; 10 P Maher (Vale R, M40) 27:15
Overall (four races): 1 Dudley 1:37:04; 2 B Currie (Liv H) 1:37:38; 3 McLoughlin 1:38:25; 4 A Woods (Liv P) 1:40:12; 5 McKevitt 1:41:59; 6 Hatton 1:42:18; 7 Parkinson 1:45:10; 8 T Snape (unatt) 1:46:48; 9 S MacAvoy (S Liv) 1:47:01; 10 Maher 1:47:18
Women
1 P Morgan (Liv H) 28:42; 2 J Shorthall (Liv H, U20) 31:00; 3 L Cooper (Ross) 31:34
Overall: 1 Morgan 1:53:29; 2 Cooper 2:06:13; 3 D Myerscough (Vill RR) 2:09:01

KINGFIELD CANTER HANDICAP 3 Woking

Men
1 M Russell (Tun Wells R) 25:13; 2 H Morgan (Wok, M40) 25:23; 3 D Yeabsley (Wok, M40) 25:26
Fastest
1 A Hislop (AFD) 16:13; 2 S Bellord (Phil Pet) 16:20; 3 S Mohamed (Serp) 17:03

August 5

PETER McELHINNEY 5km Littleborough

CRAIG WHEELER was denied back-to-back victories in the Littleborough/Rochdale series by Paul Green, *Trevor Baxter reports.*

Wheeler led home Paul Freary but he could not catch Green, who was third over 5000 metres at this year's North of England Championships.

However, Green made no impression on the 1995 course record of 14:20 set by Keith Anderson.

Women's winner Carol Greenwood could possibly have ducked under Ann Shepley's best of 17:21. But the Bingley fell specialist was unaware of the time she had to better and finished eight seconds down.

There was a welcome free can of beer and cider waiting for all finishers over the age of 18, courtesy of promoter Andy O'Sullivan and his sponsors. The race was held in memory of Peter McElhinney who died while tending to one of his boxers in a title fight.

Men
1 P Green (Sale) 14:45; 2 C Wheeler (Traff) 14:55; 3 P Freary (Bolt) 15:05; 4 A Harrison (E Ches) 15:29; 5 D Taylor (Middleton) 16:02; 6 J Stewart (Halifax., U20) 16:18; 7 G Ridings (CleM) 16:19; 8 A Bowdon (Nor) 16:26; 9 N Watkins (Notfast, M40) 16:35; 10 C Brogden (Middleton) 16:35; 11 S Hornby (Brad-Aire) 16:43; 12 A Grindley (Sale) 16:46; 13 L Buxton (Keigh) 17:03; 14 C Greenwood (Bing, W) 17:13
M45: B Buck (Salf) 17:57
M50: P Carr (Keigh) 17:16
M55: S Sachs 19:14
M60: I R Packer (RR) 22:06
Women
1 Greenwood 17:13; 2 J Turnbull (Bury) 18:04; 3 K Wood (Glossop) 18:37; 4 M Boleman (Sale) 18:57; 5 S Smith (Hal) 19:28; 6 J Lees (Lostock, W35) 20:49

BUPA NORWICH 5km Easton College

GUY AMOS won the opening race in the three-race series after a close battle with Trent Morrell, *Martin Duff reports.*

The course record-holder was locked in battle with the UK-based American for most of the race, before going clear in the last mile to win by 60m.

Amos knocked 15 seconds from his record with 15 minutes dead, and showed an improvement on his second place in the Norwich Lord Mayor's event two weeks earlier.

These two were well clear of third placed Neil Davison, as Steve Huntington took the vets' award in sixth.

Returning to form is 44-year-old Celia Duncan, who was a narrow women's winner over City of Norwich club mate Rachel Buller in 18:28, as a third local runner, Diane Marsh was third.

With the second race held yesterday (Tuesday), the final event over 10km will take place on September 19.

Men
1 G Amos (CoN) 15:00; 2 T Morrell (UEA/USA) 15:12; 3 N Davison (N Norf BR) 15:50; 4 D Fiske (Norw RR) 16:01; 5 D Thomson (CoN) 16:07; 6 S Huntington (Norf G, M40) 16:13; 7 L Farrow (Brandon FH) 16:31; 8 R Barnes 16:34; 9 T Archer (CoN) 16:36; 10 R White (Norf G, M40) 16:37
M40: 3 H Knowles (CoN) 16:50; 4 D Brown (CoN) 17:07; 5 P Hurr (Norf G) 17:13
M50: 1 B Bromley (CoN) 18:11; 2 T Brannen (Wym) 19:00
M60: 1 K Overy (Gt Yar) 18:28; 2 R Double (CoN) 23:36
TEAM: 1 City of Norwich 15; 2 Norwich Road Runners 30; 3 North Norfolk Beach Runners 45
M40 TEAM: 1 Norfolk Gazelles 36; 2 City of Norwich 58; 3 Norwich Road Runners 134; 4 Wymondham 167; 5 Great Yarmouth Road Runners 225
Women
1 C Duncan (CoN, W40) 18:28; 2 R Buller (CoN) 18:35; 3 D Marsh (CoN, W40) 19:30; 4 J Clarke (CoN, W35) 19:32; 5 F Cooke (March B, W40) 19:47; 6 P Stacey (Gt Yar) 20:37
W45: 1 S Dormer 22:15; 2 A Martin (Wym) 23:41
TEAM: 1 City of Norwich 6; 2 Wymondham 31

MORPETH 10km Tranwell

BRITISH 10,000m track champion Ian Hudspith was runaway winner of his club's promotion to celebrate 50 years, *Les Venmore reports.*

The course consisted of two undulating laps around the Tranwell Woods area.

Hudspith, who failed to qualify for the World Championships, made no mistake this time, leading the 180-strong field from the start.

Hudspith dropped team-mates and nearest challengers, Ian Archbold and Gary Woods after half-a-mile.

Going through successive miles in 4:49, 9:33, 14:07, 19:02, 23:48 and 28:22 he increased his advantage over Archbold to 96 seconds at the finish.

Welsh marathon international Ieuan Ellis was third while club mate Jimmy Bell was the leading veteran in sixth.

Former British vets' cross country champion, Sheila Allen was the first woman, with Heather Robinson a close second.

Men
1 I Hudspith (Morp) 29:14; 2 I Archbold (Morp) 30:50; 3 I Ellis (Els) 31:18; 4 G Hilton (Gate) 31:38; 5 G Woods (Morp) 32:11; 6 J Bell (Els, M45) 32:36; 7 G Robinson (CleS) 33:21; 8 G Bayne (Morp, M40) 33:31; 9 C Dentice (Morp, M45) 33:32
M50: M Walker (Gosf, M50) 34:52
M60: A Oliver (Morp) 38:44
Women
1 S Allen (H&P, W35) 37:10; 2 H Robinson (CleS, W35) 37:27; 3 M Ford (SSh) 39:49; 4 H Freeman (Blyth) 40:28; 5 S Stephenson (Els) 41:16

USHERS BRIDGE INN 4 Bristol

DAVE ADAMS made his season's debut and just missed Kevin Ritchie's course record, *Kevin Fahey reports.*

The Westbury Harrier's 22:13 time was only two seconds outside the Leeds athlete's time from last year.

The final race on August 19 will be on a handicap basis and organiser Dave Hart said that ideally runners need to have run one race to qualify.

Men
1 D Adams (West) 22:13; 2 J List (Bris) 23:16; 3 S Cheema (Bris, U17) 23:28; 4 S Hale (Bath) 23:30; 5 A Rawnsley (Bris) 23:40; 6 A Jacobs (GWR, M40) 24:16; 7 M Middleton-Smith (Tom's) 24:35; 8 J Halls (Tom's) 24:42; 9 D Gapper (BA, M40) 24:48; 10 J Lane (Yate, M40) 24:51
M50: 1 T Middleton-Smith (Tom's) 26:56; 2 D Perkins (West) 29:46
M60: M Morgan (Bris) 27:39
Women
1 Y Cox (Bitt, W35) 25:58; 2 J Howard (GWR) 30:13; 3 S Gardener (unatt, U17) 33:44
W45: S Brokenshaw (Kings) 33:44

CRYSTAL PALACE CANTER 5km

Mixed (H'cap)
1 S Whiting (Med) 29:14; 2 S Purcell (unatt, W) 29:17; 3 H James (Brom V, W35) 29:35
Fastest men
1 Whiting 17:29; 2 T Brightwell (B'hth) 18:15; 3 C Fitzgerald (unatt) 18:21
Fastest women

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1 Purcell 24:17; 2 James 26:35

RUNNERS NEED THREE/FIVE SERIES Finsbury Park

Men (3km)
1 J Lanza (unatt) 9:21; 2 T Watton (unatt, M40) 9:26; 3 J Kissane (N Lon) 9:31; 4 M Potter (N Lon) 9:33; 5 B Piotrowsi (N Lon) 9:43; 6 R Hinton (Ilf) 9:57; 7 D Brown (N Lon) 10:01; 8 J Rene (N Lon) 10:03; 9 M Guichard (100k Assn) 10:09; 10 B Matthews (unatt) 10:13; 11 N Clow (unatt) 10:29; 12 P O'Farrell (Garden C) 10:30
M40: 2 C Douglas (N Lon) 10:38
M50: 1 H Nuttall (N Lon) 11:01; 2 R Howe (Morn C) 11:01; 3 J Pratt (Morn C) 11:03
Women
1 S O'Brien (unatt) 12:43; 2 B Green (unatt) 13:21; 3 P McDonald (unatt) 13:28; 4 R Miller (N Lon) 13:37; 5 J Murphy (unatt) 13:47

August 4

CHELTENHAM 10km

KENYAN international John Mutai smashed his countryman Haggai Chepkwony's course record, *Kevin Fahey reports.*

Mutai slashed 41 seconds off the course best with a crushing victory in 30:06. Over half-a-minute clear of another Kenyan Stourport's Kemboi.

Kemboi just out-sprinted Cardiff's Kevin Blake in a thrilling finish around the Prince of Wales Stadium track.

Gloucestershire champion Dennis Walmsley couldn't live with that pace and suffered his first defeat in 11 races, though he at least had the consolation of winning the overall award in the three-race series.

Lostock's Janet Kenyon completed a successful West country tour adding victory to her triumph in Cornwall's St Eval 10km. Worcester's Caira Kemp was a distant second but won the overall series.

Men
1 J Mutai (B&R) 30:06 (rec); 2 A Kemboi (Stour) 30:43; 3 K Blake (Card) 30:43; 4 D Walmsley (Bourt) 31:53; 5 A Doel (Neath) 32:16; 6 H Parsell (Neath) 32:34; 7 A Gore (Chelt) 32:46; 8 C Deasy (unatt) 32:56; 9 J Secker (3MS) 3:25; 10 N Perry (Swin) 33:26; 11 D Lander (Sev) 33:52; 12 M Brady (unatt) 34:04; 13 R Bufton (Bourt) 34:13; 14 P Kinsella (Chelt) 34:18; 15 D Green (Chelt) 34:18; 16 D Randall (Chelt) 34:25; 17 P Richardson (Worcs, M40) 34:32; 18 K Rice (RAF) 34:47; 9 S Thraves (Stroud) 34:58; 20 D Wilde (Worcs, M50) 35:00
M40: 2 B Griffiths (Bourt) 35:07; 3 C Taylor (unatt) 35:26
M50: 2 J Jones (Worcs) 40:47; 3 R Briers (Stroud) 40:58
U20: W Cox (unatt) 35:19
Women
1 J Kenyon (Lostock, W35) 35:56; 2 C Kemp (Worcs) 38:08; 3 K Waring (Worcs) 38:59; 4 A Coldrick (Bourt, W35) 40:15; 5 J Shaw (Chelt, W35) 41:14; 6 J Bonner (Angels) 42:14
W45: M Crosswell (Worcs) 47:33
Overall
Men: 1 Walmsley; 2 Deasy; 3 Kinsella
M40: R Williams (RAF)
M50: G Jones (Worcs)
TEAM: Bourton Road Runners
VET TEAM: Worcester AC
Women: C Kemp

BILL ELDER 10km Greenock

Men
1 S Conaghan (Spango) 31:38; 2 J Bennett (K'chan) 32:17; 3 T Tipping (Spango); 4 J Duffy (Shett, M40) 32:56; 5 G Gafney (G'nock, M40) 33:07; 6 G Tenney (K'chan) 33:26; 7 W Richardson (Irv) 33:31; 8 I Wallace (K'chan) 33:38; 9 C Spence (Spango, M45) 33:57; 10 B Craig (Irv) 34:09
TEAM: 1 Spango Valley 13; 2 Kilbarchan 16; 3 Irvine 39
Women
1 A-M McKee (Spango) 39:25; 2 J Kennedy (Glas) 39:55; 3 J Cox (Glas) 40:39; 4 E O'Brien (G'nock, W35) 41:29; 5 T Wall (unatt) 43:19; 6 M Heggerty (Giff N) 44:57

SRI CHINMOY 2 Bristol

Men
1 G Hughes (Bath) 10:34; 2 D Cambone (Bath) 10:45; 3 M Grisham (Bitton) 11:12
Women
1 Y Cox (Bitton) 11:52; 2 L Burston (Cleve) 12:58; 3 E Heyes (Cleve) 13:24
No. of finishers: 21

SRI CHINMOY 2 Battersea park

Men
1 R Pitt (unatt) 10:11; 2 T Harran (HHH) 10:22; 3eq B Wernig (unatt)/J Strangroom (S&D) 10:36; 5 C Ojukwu (TVH) 10:44; 6 S Craig (Serp) 10:45; 7 T Johnston (unatt) 10:46
M50: 1 D Williams (HW) 11:00; 2 J Pratt (Morn C) 11:55; 3 D Wardle (unatt) 11:54
M60: D Brown (S&D) 13:24
Women
1 G Nerurkar (unatt) 11:31; 2 M Loftus (Dul R) 11:39; 3 A Megram (Dul R) 11:51; 4 S Payne (Dul R) 12:02; 5 R Teinla (Serp) 12:08; 6 S Newton (Serp) 12:33; 7 H Walker (Serp, W40) 12:45
W50: 1 S Lambert (Serp) 13:42; 2 R Young (Serp) 14:04; 3 S Vernon (Dul R) 14:37; 4 Z Shadlow (Serp) 15:38

DOUGLAS TO CASTLETOWN

Men
1 G Wylie (Cambus) 48:20; 2 M Lamden (Manx) 52:22; 3 I Crawford (West) 54:55
M40: R Radcliffe (Northern) 55:57
Women: J Mooney (Manx) 61:42

August 3

BLAGDON 5.5 Bristol

Men
1 C Buckley (West) 29:17; 2 P Sperrin (Bris) 29:21; 3 D Williams (Wells) 30:36; 4 N Sheppard (West) 31:01; 5 P Westlake (Bitt) 31:28; 6 G Beazer (Bitt) 31:47; 7 M Gilberton (GWR) 31:51; 8 S Clayton (Bris) 32:20; 9 A Hayes (Clev) 32:29; 10 G Davies (Clev, M40) 32:45; 11 P Burton (GWR) 32:51; 12 P Thomsett (Somer) 32:53; 13 M Blake (Bitt) 32:57; 14 M Grinham (Bitt) 32:59; 15 K Harris (GWR, M40) 33:04
M40: 3 S Marsh (Wells) 33:14
M50: 1 P Snelling (Weston) 34:59; 2 B Collins (Weston) 36:25; 3 D Tomlinson (unatt) 37:01
TEAM
1 Bitton Road Runners 38; 2 GWR 54
Women
1 K Britton (Bris) 36:18; 2 S Monahan (GWR, W35) 36:29; 3 M Blue (Bitt, W35) 38:40; 4 A Roberts (Clev, W35) 39:03; 5 J Streeter (Weston) 39:53; 6 R Barber (Avon V) 40:13
TEAM
1 Great Western Runners 242; 2 Avon Valley Runners 333

MONKLANDS HALF-MARATHON Coatbridge

Men
1 A Robertson (Cambus) 68:35; 2 S Wyllie (Cambus) 71:54; 3 J Bell (S'burn) 74:52; 4 A Lees (S'burn) 74:54; 5 A Chalmers (S'burn) 75:48; 6 D Fairweather (Cambus, M50) 78:02; 7 M Walker (G'forth, M50) 78:17; 8 I Airdrie (Giff N) 78:39; 9 M Robertson (C'dale, M40) 79:22; 10 A McLachlan (Giff N) 79:25
M40: 4 J White (Irv, M45) 20:42; 5 I Cuthbert (R Nay, M45) 22:27; 6 P McGregor (VP, M45) 22:46; 7 P Ogden (Cambus, M45) 24:16
M60: T Ramage (Law) 28:20
Women
1 E Robinson (Bord, W45) 25:23; 2 K Todd (JW Kil'k, W45) 32:43; 3 D Montieth (Loud, W45) 36:10; 4 S Beauchop (K'ross, W50) 38:42

PORTHCAWL 5

Men: A Perkins 26:10
M40: P Turner 26:33
Women: E Lynch 33:40
W35: P Pascoe 34:48

BRITISH GAS EDINBURGH 10km Granton

Men
1 F McGowan (Miz) 31:29; 2 J Laird (D'frs) 32:12; 3 B Kirkwood (Miz, M40) 32:26; 4 J Harper (M'peth) 32:45; 5 A Robson (Miz) 33:08; 6 N Craig (Edin) 33:25; 7 M Colligan (Falk) 33:50; 8 J Hepburn (DH) 33:53; 9 M Turner (C'gie) 34:33; 10 D Gemmell (C'dale, M50) 34:57
TEAM: 1 Mizuno 9; 2 City of Edinburgh 29
Women
1 A MacPhail (Glas Un) 37:05; 2 K McCallum (EWM) 37:52; 3 M Gemmell (S'kelvin) 38:49; 4 E McBrinn (Shett) 38:56; 5 M Creber (EWM, W35) 40:06

STRATHALLAN HALF-MARATHON

Men
1 C Hutt (Bo'n) 72:37; 2 N Maltman (Tev, M40) 73:11; 3 K Rankine (Falk, M40) 73:29; 4 B Law (Keith) 73:38; 5 D McAra (C'gie, M40) 73:58; 6 A Stirling (Bo'n, M40) 77:18; 7 S Tahsin (C'gie) 77:49; 8 D Geddes (G'cube) 78:18; 9 N McGregor (Shett) 78:51; 10 B Miller (C'gie) 79:49
Women
1 J Waterhouse (Cent) 92;52; 2 E Ross (Cent) 106:32; 3 S Welsh (C'gie) 108:43

STRATHEARN GLENTURRET DISTILLERY 9 Crieff

Men
1 D Weir (Perth S) 51:51 (rec); 2 J Brown (Glas) 53:09; 3 A Low (Dund H) 56:53; 4 R Brown (Perth R, M40) 58:48; 5 P Laughlin (unatt) 58:55; 6 N Hutchinson (unatt) 60:00; 7 A Kennedy (L'ber) 60:32
Women
1 P Weir (Perth S) 67:59; 2 D Gaborn (Ed U) 73:50; 3 S Mitchell (Crieff, M40) 76:33

CORRIE 4 Isle of Arran

Men
1 G Alsopp (Arran) 20:55 (rec); 2 C Turbett (Arran) 22:47; 3 J Stevenson (Irv) 23:14
U20: B Primrose (unatt) 24:06
U17(1500m): M Gillespie (Arran) 5:19
Women
1 A Logan (unatt) 32:30; 2 C Stevenson (Irv, U20) 32:30; 3 L Falconer (Arran, W35) 33:58
U17 (1500m): R Graham (Arran) 7:32

August 2

PEEL COMMISSIONERS 4

Men
1 B Cannan (Northern) 21:16; 2 P Curphey (Manx) 22:14; 3 P Mackie (West) 23:31; 4 M Corkish (unatt) 23:35; 5 P Morris (unatt) 23:52; 6 N Jewell (Manx) 25:06
M40: 1 M Lambden (Manx) 21:35; 2 P Cain (Northern) 22:36; 3 I Crawford (West) 22:30
M45: 1 T Bates (IOM Vets) 23:21; 2 P Cooper (IOM Vets) 23:40; 3 A Pilling (IOM Vets) 25:46
M50: 1 D Corrin (Manx) 23:42; 2 R Callister (IOM Vets) 25:37; 3 A Connor (IOM Vets) 27:26
Women: S Corlett (West) 28:21
Men (2M)
1 G Butterworth (Manx) 10:56; 2 D Gray (Manx) 11:13; 3 R Kneen (West) 11:25; 4 P Jones (West) 12:56; 5 L Dyer (Northern) 12:57; 6 A Corkish (unatt) 13:15
M40: C Halsall (Manx) 13:33
Women
1 K Agnew (Northern) 12:55; 2 C Kaneen (West) 14:54; 3 H Crawford (unatt) 15:28
W35: W Fallon (unatt) 17:23

July 31

MARLBOROUGH 5 Wiltshire

Men
1 M Spencer 27:19; 2 S Stevens 27:51; 3 J Cooke 29:28; 4 J Reason (M40) 29:50
M40: 2 M Rimmer 30:53; 3 C Child 32:28
Women
1 J Ashman 30:04; 2 R Allen 35:35; 3 V Owens 36:26

July 23

YORKSHIRE VETERANS' 10km Ripon

M40
1 A Normandale (Rown) 36:03; 2 B Goodison (Abbey) 36:35; 3 P Chapman (Ripon) 37:04
M45
1 B Hilton (Leeds) 36:49; 2 J Coulson (Harrog) 38:13; 3 M Lister (Harrog) 38:34
M50
1 B Parry (Abbey) 38:27; 2 L Haynes (Bing) 38:43; 3 M Smith (Bing) 39:10
M55: F Gibbs (Bing) 41:39
M65: G Spink (Bing) 41:58
W35: 1 H Love ((unatt) 45:48; 2 A Gill (Abbey) 46:04
W40: M Adamson (St B) 47:23
W45: G Tombs (Ack) 50:36
W50: M Gibbs (T&S) 51:05
W55: M Lenaghan (Cross G) 52:01

Fell

August 10

SEDBERGH HILLS Sedbergh, Cumbria

TORRID conditions accounted for 20 retirements from a 181-strong field but this couldn't deny Jim Davies and sister Nicola sealing a family double, *Gareth Webb reports.*
Men (14M, 6000ft)
1 J Davies (Borrow) 2:14:06; 2 J Blackett (Mand) 2:14:20; 3 G Bland (Borrow) 2:20:41; 4 M Walsh (Ken, M40) 2:21:30; 5 J Hunt (Mersey FR) 2:22:27; 6 M Fleming (A'side) 2:22:34; 7 T Hesketh (Horw, M40) 2:24:16; 8 A Maloney (Roch) 2:25:05; 9 S Bottomley (Eccles) 2:26:05; 10 D Nuttall (CleM) 2:27:24
M40: 3 S Houghton (Cald V) 2:31:16
M50
1 I Beverley (CleM) 2:46:41; 2 J Nuttall (CleM) 2:47:39; 3 D Lucas (Roch) 2:50:40
M60: M Houghton (Chor) 3:27:21
TEAM: 1 Clayton-le-Moors 39; 2 Kendal 41
Women
1 N Davies (Borrow) 2:49:36; 2 S Brown (Bowland) 2:52:44; 3 G Cook (Roch) 3:04:46
W40
1 K Thompson (CleM) 3:14:01; 2 S Lewsley (Kes) 3:22:57
No. of finishers: 161
Junior races (inc English Champs race 5 of 6)
U18 boys
1 S Bailey (Staffs M) 18:05; 2 M Cayton (Horw) 18:20; 3 A Crossland (Long) 18:55; 4 H Matthews (Shrew) 19:02; 5 E Tressider (Mat) 19:58
U16
1 S Savage (A'side) 13:11; 2 D Yates (Mat) 13:29; 3 L Siemaszko (Ken) 13:49; 4 C Heyes (S Ribble) 14:12; 5 R Hughes (Horw) 14:26
U14
1 L Boulton (Staffs M) 10:29; 2 M Smith (Horw) 10:39; 3 R James (Charn) 10:51; 4 C Swier (CleM) 10:53; 5 N Lawton (Chor) 11:13
U12
1 M Buckingham (Holm) 8:13; 2 A Whaites (Settle) 8:26; 3 M Smith (Horw) 8:40; 4 C Pickup (unatt) 8:46; 5 D Shepherd (Settle) 8:50
U18 women
1 S Sanderson (Skip) 16:04; 2 M Leck (L&M) 17:12
U16
1 N White (Holm) 16:57; 2 E Hopkinson (Keigh HR) 17:29; 3 N Slater (Keigh HR) 17:46; 4 R Matthews (Shrew) 18:27
U14
1 S Gatford (Tel) 11:58; 2 L Richardson (Chor) 12:21; 3 L Doyle (Wirr) 12:42; 4 F Harrison (Preseli) 13:03; 5 L Hughes (Horw) 13:44
U12
1 J Astin (Roch) 9:51; 2 A Spencer (Wig) 9:52; 3 S Slater (Keigh HR) 9:56; 4 N Biddle (Hynd) 10:01; 5 J Evans (Wirr) 10:10

THE FOREST BURN Northumberland

DESPITE the course being 200m longer this year in order to accommodate the race as a focal point in the Simonside Country Fair, Tyne triathlete Karen Robertson took almost two minutes off Sally Dickinson's record of 27:16, *Gareth Webb reports.*
Men (3.5M, 500ft)
1 S Scott (N'land FR) 22:22; 2 J Dickinson (unatt, M40) 23:15; 3 G Owens (N'land FR) 23:45
M50: B Campbell (N'land FR) 25:59
M55: R Hayes (N'land FR) 27:30
M60: J Garbarino (Ach R) 28:59
Women
1 K Robertson (Tyne Tri) 25:17 (rec); 2 C Bagness (Bandits) 28:56

August 9

DWYGFYLCHI RACE Conwy, North Wales

COLIN DONNELLY held off a fast finishing Dave Neill to win the first mountain race ever staged by North Wales Road Runners, *Gareth Webb reports.*

Donnelly opened a healthy lead early on in the race from Gary Rees-Williams and Neill, the English M40 champion, seeking to register his second victory inside a week.

Although Neill, who overhauled the Eryri international in the second half of the race, was closing on Donnelly in the closing stages, the three-times British champion had enough in hand to secure a 17-second victory.

Men (11.5M, 3500ft)
1 C Donnelly (Eryri) 85:13 (rec); 2 D Neill (Mercia, M40) 85:30; 3 G Rees-Williams (Eryri) 98:03; 4 D Williams (Eryri, M50) 98:46; 5 S Barnard (Eryri) 1:40:42; 6 R Owen (Eryri) 1:41:47; 7 M Forest (Front R) 1:43:43; 8 G Rogers (Colw B, M40) 1:47:58; 9 I Jones (Eryri) 1:48:56; 10 R Roberts (Eryri, M40) 1:53:05
Women
1 E Dunnington (Eryri, W35) 2:20:06 (rec); 2 S Taylor (Mercia, W35) 2:43:08; 3 L Hughes (P'tatyn, W40) 2:43:17; 4 S Moore (Eryri, W40) 2:55:23

AMBLESIDE SPORTS Cumbria

IN the best championship field of the season, Steve Hawkins improved his chances of landing his second British Open (BOFRA) title by holding off championship leader Mark Kinch, *Gareth Webb reports.*

Hawkins, who tied for gold with Steve Carr 11 years ago, carried off the £110 winner's cheque and trophy with Snowdon eighth-placer Alfie Atkinson third - just three seconds behind Kinch. Former world U20 junior silver medallist Gavin Bland was fourth with Jonny Bland, winner of the recent Borrowdale race, in fifth.

Such was the quality of the field last year's champion Patrick Boyd, returning to form after an injury-wrecked winter, could only finish eighth behind Andy Wrench - a winner at Moorcock and Farleton Knott - and Billy Proctor, the first veteran home.

Last year's women's champion Angela Brand-Barker made her first championship appearance of the season and came away with a convincing victory from series' leader Karen Slater.

There was controversy in the U17 boys' race which was only cleared up after lengthy post-race deliberation.

It was reported to race officials that Geoffrey Slater of Keighley had taken a wrong line mid-race and had not followed the correct route. After talks with the summit marshall it was discovered that Slater had followed the marshall's instructions - who had inadvertently sent him on a shorter line - leaving the race organisers with no option but to

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allow the finishing positions to stand.
Men (1.5M; inc BOFRA Champs race 10)
1 S Hawkins (Bing) 13:38; 2 M Kinch (Bing) 13:56; 3 A Atkinson (Keigh RR) 13:59; 4 G Bland (Borrow) 14:14; 5 J Bland (Borrow) 14:31; 6 A Wrench (Todm) 14:36; 7 B Proctor (Ken, M40) 14:53; 8 P Boyd (Horw) 14:57; 9 G Hird (Keigh HR, U20) 15:16; 10 A Dunn (Helm HR) 15:24
M40: 2 A Riley (Ken, M50) 17:04
U17
1 G Slater (Keigh HR) 10:51; 2 S Savage (A'side) 11:32; 3 L Loughlin (Settle) 12:13; 4 B Proctor (Helm HR) 12:25; 5 R Cryer (unatt) 12:34; 6 S Hardaker (unatt) 12:41
U14
1 O Brewer (unatt) 10:41; 2 M Swainson (Gras) 10:57; 3 Andrew Wilkin (Helm HR) 11:28; 4 A Whaites (Settle) 11:43; 5 G Richardson (unatt) 13:50
U12
1 Adam Wilkin (Helm HR) 7:50; 2 C Pickup (BOFRA) 8:03; 3 M Stuart (Kes) 8:06; 4 K Hartley (unatt) 8:16; 5 M Wright (unatt) 8:28
Women
1 A Brand-Barker (Kes, W35) 17:29; 2 K Slater (Keigh HR, W40) 18:46; 3 J Prowse (Keigh HR, W40) 19:04; 4 J Shuttleworth (Helm HR) 19:08
U17
1 N Slater (Keigh HR) 14:19; 2 E Hopkinson (Skip) 14:27; 3 S Waddington (Helm HR) 14:48; 4 M Wilkinson (unatt) 15:45; 5 S Shepherd (Settle) 16:19
U14
R Jackson (Horw) 12:42; 2 D Waddington (Helm HR) 13:38; 3 C Lonsdale (unatt) 13:52; 4 L Stokes (unatt) 14:09
U12
1 M Whalley (unatt) 9:08; 2 S Luck (unatt) 9:09; 3 V Waddington (Helm HR) 9:21; 4 G Dean (unatt) 9:25; 5 S Slater (Keigh HR) 9:29

TEGGS NOSE Macclesfield, Cheshire

SARAH ROWELL registered her second successive victory as she continued her comeback from injury, *Gareth Webb reports.*

Rowell, who injured her left ankle prior to April's Three Peaks race and made a winning return at West Leake two weeks ago, placed 14th overall (from 131 finishers) - a timely confidence booster with the World Trophy trial race just a week away.

The 34-year-old Pudsey runner said: "My injury's not totally behind me yet. I can feel it if I put my foot down wrongly, that's why I have to be careful coming down.

"I'll definitely be doing the trial race next weekend. It's difficult to know what sort of shape I'm in at the moment though. If I'm not in good shape it won't be for the want of trying - and I won't really know until the race itself."

Andy Wrench - two-time winner of BOFRA Championship races so far - led Todmorden to the team title as he finished 15 seconds clear of Salford's Malcolm Fowler.
Men (6.5M, 1100ft)
1 A Wrench (Todm) 46:53; 2 M Fowler (Salf) 47:08; 3 D Gartley (Gloss) 47:26; 4 S Willis (Todm) 49:28; 5 G Morson (Bux, M45) 49:30; 6 N Ashcroft (Spect) 49:49; 7 D Gibbons (Alt) 50:05; 8 T Werrett (Mercia) 50:27; 9 M Foschi (Penn, M40) 51:30; 10 S Ellis (Tatten) 51:50
M40: 2 R Clucas (CFR) 52:24
M45: 2 J Kershaw (Macc) 52:13
M50: J Morris (Penn) 59:10
M55: R Tunstall (Helsby) 57:22
M60: B Howitt (Mat) 63:56
M70: E Mitchell (Dark P) 88:10
TEAM: Todmorden
Women
1 S Rowell (P&B) 53:49; 2 L Quigley (Wig P) 57:01; 3 E Batt (Bux) 57:38; 4 E McGuire (Bux) 58:43; 5 C McCarthy (Helsby, W35) 59:14
No. of finishers: 131

HAMBLEDON HILL RAMPARTS Blandford

BATH's Lee Butler won the race on his debut leaving local man Russ Morgan to settle for runner-up spot for the second successive year, Kevin Fahey reports.
Men (3.4m/500ft)
1 L Butler (Bath) 22:23; 2 R Morgan (Dorset Dod, M40) 22:45; 3 D Gilchrist (unatt) 23:54; 4 T Hunt (EHH) 24:23; 5 G Smith (Dorset Dod, M40) 24:54; 6 P Chadwick (Wells, M40) 25:23; 7 S Wady (NEB) 25:50; 8 P Court (Dorset Dod, M40) 26:27; 9 G Carey (Trail) 26:45; 10 G Wale (Riverside) 27:11
U16: J Amey (Wim) 29:23
Women
1 D Austin (B'mth) 27:41; 2 P Caffyn (Dorset Dod, W35) 28:46; 3 L Faulkner (Dorset Dod, W35) 29:54

LARGO LAW HILL RACE Lower Largo

Men (5M/900ft)
1 G Bartlett (Forres) 28:55; 2 S Taylor (A'ster) 29:51; 3 P Morrison (C'negie) 30:45; 4 A Davies (C'nethy) 30:50; 5 M Flynn (C'nethy, M40) 31:17; 6 E MacKay (Perth) 31:29; 7 J Meek (A'ster) 31:32; 8 O Greene (Fife, U20) 32:44; 9 B Hutchison (A'ster, M40) 32:55; 10 D Lindsay (CoE) 33:17; 11 T Ross (Fife, M50) 33:21; 12 B Millar (C'negie) 33:26; 13 B Cruickshank (Fife) 33:46; 14 J Gallacher (Ochil) 33:51; 15 S Cassidy (Fife, U15) 33:53
Women
1 D MacDonald (HBT) 39:57; 2 J Waterhouse (C'ral, W40) 40:37; 3 P Lemoncello (Fife, W45) 43:17; 4 A West (C'gie, W40) 43:46

August 6

UP THE NAB Glossop, Derbyshire

GRAHAM HILL's rapid improvement on the fells continues as he recorded a convincing victory over Snowdon runner-up Neil Wilkinson, *Gareth Webb reports.*

Hill, son of former European and Commonwealth marathon champion Ron, is clearly a chip off the old block as he went on to retain his title - finishing a minute clear.

Northern Ireland champion Tricia Sloan also retained her title, winning by over half-a-minute from last year's runner-up Ros Dunnington.
Men (4.5M, 750ft)
1 G Hill (Stock) 25:57; 2 N Wilkinson (Salf) 26:56; 3 D Mason (Salf) 27:12; 4 D Gibbons (Alt) 27:25; 5 S Fairmaner (Traff) 27:48; 6 D Keeling (Traff) 28:08; 7 J Cookson (Sale) 28:23; 8 V Booth (Traff) 28:41; 9 S Whyatt (Penn) 29:15; 10 R Skelton (Cald V) 29:24
M40: D Waterhouse (Saddle) 29:36
M50: R Bradley (Holm) 30:54
Women
1 T Sloan (Salf) 30:58; 2 R Dunnington (E Ches, W35) 31:33

LATRIGG RACE Keswick, Cumbria

WITH World Trophy trial races just a week away European fourth-placer Richard Findlow showed his impressive climbing ability with a confident victory over Borrowdale's Jim Davies, *Gareth Webb reports.*

Conscious of the need to get in some downhill practice for both the trial race and, should he gain selection, next month's World Trophy in the Czech Republic, Findlow moved clear on the steep climb to open a two-minute lead by the summit.

Although the 30-year-old Bradford watersports shop owner lost time on the descent, his lead on the climb proved sufficient as he crossed the line 68 seconds clear.

Four-times British champion Angela Brand-Barker also produced a fine display to place 10th overall.
Men (3M, 950ft)
1 R Findlow (Brad Air) 17:56; 2 J Davies (Borrow) 19:08; 3 D Frampton (Kes) 19:21; 4 J Bland (Borrow) 19:36; 5 A Maloney (Roch) 19:59; 6 N Sharp (Kes) 20:34; 7 A Riley (Ken, M50) 21:48; 8 J Winder (Cald V, M40) 21:54; 9 A Bland (Borrow, M50) 22:07; 10 A Brand-Barker (Kes, W35) 22:25
M60: H Blenkinsop (Kes) 31:33
TEAM: 1 Borrowdale 15; 2 Keswick 19
Women
1 A Brand-Barker (Kes, W35) 22:25; 2 L Osborne (Kes) 24:51; 3 S Forsythe (Kes) 26:51; 4 M Bridge (Kes, W35) 27:02
TEAM: Keswick 9

RED BULL SCRABO HILL RACE Newtownards, Co Down, N Ireland

LEO MURRAY notched up his first victory on the fells beating local man Colin Paton by over half-a-minute, *Gareth Webb reports.*

Ballydrain junior David McNeilly finished just off the pace in third as race organiser Jim Hayes took time out to finish first veteran.

The race was held over Scrabo - an isolated hill a few miles outside Belfast - and also incorporated the opening race in the Irish Junior championships, the other two races being at Slieve Croob (August 28) and the British junior selection race on September 27.

Last year's champion, Kerry O'Flaherty - a NI international on the track, cross country and fells - passed Jenny Walker on the first descent to mirror the conclusion of the senior women's race as Virginia O'Connell proved too strong for 'Hill and Dale' series' winner Anne Sandford.
Men (3M, 750ft)
1 L Murray (unatt) 22:29; 2 C Paton (Bally) 23:04; 3 D McNeilly (Bally, U20) 23:15; 4 K Routledge (A'side) 23:18; 5 A Neill (Bally, U20) 24:08
M45 F Hamond (Barf) 25:47
M50: J Hayes (Bally) 24:16
M55: G Graham (N Down) 26:16
U17 (2M, 500ft): R Neill (Bally) 17:00
Women: V O'Connell (Lis) 26:51; 2 A Sandford

DOWNHAM RACE Downham Village, Lancs

Men (6.5M, 2400ft)
1 A Pready (Ross) 58:16; 2 M Wallis (CleM) 58:44; 3 A Carruthers (Craw) 59:19; 4 N Conway (Dark P) 60:30; 5 S Bottomley (Eccles) 60:39; 6 M Woods (CleM) 61:03; 7 M Proctor (CleM) 61:14; 8 J Emmott (Keigh HR, M40) 61:24; 9 N Pasco (Bowland, M40) 61:29; 10 J Holt (CleM, M40) 61:46
M50: B Mitchell (CleM) 63:16
M60: L Sullivan (CleM) 72:04
Women
1 V Peacock (CleM, W40) 68:23; 2 J Prowse (Keigh HR, W40) 71:10; 3 D Gowans (Acc RR) 76:30
No. of finishers: 107

CAW RACE Broughton Mills, Cumbria

Men (6M, 1800ft)
1 D Ratcliffe (Ross, M40) 54:32; 2 A Beck (Ken) 56:16; 3 G Thomas (Ken) 57:01
M50: A Riley (Ken) 59:48
M60: J Peel (B Combe)
Women
1 C McCarthy (Helsby, W35) 64:06; 2 A Ratcliffe (LOC) 77:00

BRADWELL RACE Bradwell, Derbyshire

Men (4.5M, 600ft)
1 D Hurton (Denby D) 27:04; 2 D Yates (Mat) 27:07; 3 K Webster (Mat) 27:15
M40: 1 G Morson (Bux) 27:51; 2 M Harvey (Dark P) 29:34; 3 K Holmes (SFO) 29:36
TEAM: Matlock
Women
1 J Smith (Dark P) 31:47; 2 J Griffiths (Gosf, W35) 32:50; 3 R Cole (Bux, W35) 32:56
W35: 3 M Mills (Holme P) 33:40
TEAM: Holme Pierrepoint
No. of finishers: 217

NORTH BERWICK LAW North Berwick

Men (3M, 600ft)
1 H Lorimer (HBT) 20:26; 2 M Johnston (C'thy) 20:43; 3 I Duff (Edin) 20:51; 4 S Whitley (St Life) 20:52; 5 C Eades (Living) 20:53; 6 G Stewart (C'thy) 21:00; 7 D Simmons (Liv) 21:07; 8 A Scott (St Life) 21:20; 9 J Forte (HELP) 21:22
TEAM: Carnethy 20
M40: 1 S Wallace (HELP) 21:40; 2 B Waldie (C'thy) 22:32
Women
1 A Mudge (C'thy) 21:27; 2 L Grossman (EWM, U20) 23:30; 3 E Gorman (EWM) 24:11

DERBY TRADER CHALLENGE Milford

Men (4.5M, 760ft)
1 D Neill (Mercia, M40) 26:54; 2 S Winspear (Holm) 28:07; 3 K Spare (Bux) 28:26
Women: P Leach (S-in-A) 33:41

August 3

WEETON SHOW RACES Poole-in-Wharfedale, North Yorkshire

Men (6M, 400ft)
1 G Hull (Leeds) 30:19; 2 A Normingdale (Rown) 31:07; 3 B Duncan (Abbey R) 31:30
M40: D Clarke (Abbey R) 31:41
Women
1 J Tompkins (Leeds) 38:43; 2 L Walker (Wake) 39:57; 3 B Hodgson (Hynd) 40:10

BARNOLDSWICK RACE Colne, Lancashire

Men (6M, 800ft)
1 L Warburton (Spen) 33:48; 2 R Grillo (Keigh HR) 34:40; 3 P Bates (Bury, M40) 35:43
M50: P Carr (Keigh RR) 37:22
M60: G Spink (Bing) 42:12
TEAM: Clayton-le-Moors 27
Women
1 C Greenwood (Bing) 36:54; 2 V Peacock (CleM, W40) 39:44; 3 K Slater (Keigh HR, W40) 40:28
W45: J Rawlinson (CleM) 49:04

July 31

NORTH BARRULE Ramsey

Men (3.5M/1750ft)
1 T Rowley (IOM FR) 38:17; 2 S Partington (Manx) 39:45; 3 P Kaneen (Manx) 41:38
M40: 1 D Young (IOM FR) 41:51; 2 R Stevenson (IOM FR) 41:58; 3 R Webb (Manx) 43:59
Women
1 R Hooton (Manx) 47:01; 2 B Kaneen (Manx) 57:10; 3 K Agnew (Northern) 59:59

June 25

CORT-MA-LAW HILL Clachan of Campsie

Men (6M/1500ft)
1 M Rigby (W'lands) 46:23; 2 D McGonigle (Shett) 47:00; 3 I Murphy (C'dale) 47:37; 4 N Martin (Lomond) 48:20; 5 D Crowe (Shett) 48:28; 6 A Devenhill (Shett) 49:28; 7 J Stevenson (Ochil) 50:26; 8 A Keith (HBT) 50:31; 9 B McInnes (C'thy) 52:41
TEAM: Shettleston 14
Women: A Mudge (C'thy) 52:43

June 23

KNOCK HILL Scotland

Men (5.5M)
1 E Mackay (Ochil) 33:18; 2 C Love (Dund H) 34:30
(3.5M)
1 C Mathieson (Bab Pit) 19:18; 2 J Thomson (unatt) 19:51
U17 (2M)
1 P Gluag (unatt) 13:00; 2 G Kilbert (unatt) 13:05
Women (5.5M)
1 C Cramer (Perth R) 43:04; 2 J Wilson (Dund R) 46:15
(3.5M)
1 S Mitchell (unatt) 29:44; 2 L McPhater (unatt) 35:33
U17 (2M)
1 J Black (unatt) 17:31; 2 L Henderson (unatt) 19:42

Multi-terrain

August 6

RADCLIFFE 6.6 Greater Manchester

RADCLIFFE Athletic Club's third trail race of the year was the occasion for Horwich's Tony Hesketh to prove he has got back to fitness after a cycling accident, *John Armstrong reports.*

Tony won despite an effort by Bury AC's Pete Bates to stay with him. Ian Stainthorpe of Rochdale Harriers was third, holding off Radcliffe's Alec Steele and GM Fire Service runner John Higgins.

Glynda Cook took the honours among the women, staying 12secs clear of Rochdale colleague Sheila Whilde. Bolton Harrier Sue Selby came in half-a-minute later for third.
Men
1 T Hesketh (Horw, M45) 38:05; 2 P Bates (Bury, M40) 38:33; 3 I Stainthorpe (Roch) 39:03; 4 A Steele (Rad, M45) 40:02; 5 J Higgins (GM Fire, M40) 40:30
M50
1 N Nuttall (Burn) 46:25; 2 M Calvert (Burn, M60); 3 G Kay (Rad) 49:40
Women
1 G Cook (Roch, W35) 38:15; 2 S Whilde (Roch) 45:27; 3 S Selby (Bolt, W35) 46:06

FIFE AC MILL LUM 6 Kinghorn

LIVINGSTON & DISTRICT athlete Colin Meek took an early lead over Scottish hill international Billy Rodgers.

Meek extended his lead over the final lap to sweep through the coastal mists reaching the finish in 33min 14secs with Rodgers in 22secs adrift.

Dave Knight overhauled the host club's John Cunningham over the final stages to take third in 33:41. Veteran Margaret McLaren, former Scottish marathon champion, was out on her own in the women's race placing 51st overall over three minutes ahead of Abigail Whitehead.
Men
1 C Meek (Liv) 33:14; 2 B Rodgers (Loch) 33:36; 3 D Knight (PSH) 33:41; 4 J Cunningham (Fife) 33:51; 5 P Morrison (Carn) 34:12; 6 N Martin (Lomond) 34:43; 7 S Kelly (RAF) 35:03; 8 I Taylor (Carn) 35:15; 9 N Blisset (HBT) 35:39; 10 M Harvey (Anster Haddies) 36:43; 11 S Latimer (Fife, U20) 36:43; 12 C Russell (unatt) 36:51; 13 S Kerr (Dund H, M40) 37:14; 14 P Swan (RAF) 37:23; 15 B Cruickshank (Fife) 37:34; 16 J Holden (Fife, M50)
Women
1 M McLaren (Fife, W40) 42:57; 2 A Whitehead (Carn) 46:43; 3 H Kane (Pit) 46:51; 4 L Provan (Dund H) 50:16; 5 S Aitken (Fife) 52:50
Juniors (1.5M)
1 A Lemoncello (Fife, U15) 8:07; 2 S Cassidy (Fife, U15) 8:12; 3 A Mathieson (Pit) 8:58; 4 K Forbes (Fife, U15) 9:00; 5 R Elins (Fife, U15) 9:23;
U11: D McFarlane (unatt) 10:28

August 5

PIE AND PEAS 5 Winsford

THE former Saxons road race held on a two-lap course has become a scenic one-lap multi-terrain event, *Trevor Baxter reports.*

And so Kevin Lamb, a former winner of the Saxons race. established a course record of 26min 54secs.

Tipton Harrier Lamb was the only competitor to break 27 minutes on a route encompassing road, cart tracks and river banks.
Men
1 K Lamb (Tip) 26:54; 2 T Morrey (Stoke) 27:18; 3 D Warren (Vale R) 27:22; 4 B Charlton (Stoke) 27:38; 5 D Rudd (Alt) 27:49; 6 K Moss (Vale R, M45) 27:56; 7 P Aird (Dee S) 28:13; 8 P Bate (Vale R) 28:52; 9 G Tomlinson (Sale, U20) 28:59; 10 R Wynne (CleM) 29:13

01733-261144 or fax your results to us on **01733-465206**

M55: M Parry (unatt) 35:32
M60: L Woodley (Tatt) 35:25
M65: F Mottram (Pensby RR) 40:30
TEAM: Tattenhall Runners 37
Women
1 S Hammond (Tatt) 32:22; 2 E Davies (Dees) 32:36; 3 J Morris (Spec, W35) 34:06
W45: S Owen (Tatt)

FACTORY HILL NIGHTMARE MILE Horwich

ENGLAND fell international Rob Jackson set a course record to win this race for the third time from four starts, *Wilf Brindle reports.*
Men (1M, 500ft ascent) (all Horwich unless stated)
1 R Jackson 6:14; 2 T Rowlands 6:34; 3 D Flatley 6:37; 4 R Hope 6:43; 5 M Cayton 6:45; 6 J Ashton 6:53; 7 P Lewin (Salf) 7:01; 8 T Hesketh (M40) 7:05; 9 S Jackson (M40) 7:12; 10 D Mansfield 7:20
M50: E Swift 9:01
M60: A Robinson 10:01
M70: I Evans (L'stock) 11:05
Women: L Hughes 9:20

NEW MARSKE HARRIERS BOULTONIAN BEACH RACES Cleveland

Men
1 S O'Grady (New M) 31:50; 2 K Shepperd (New M) 32:34; 3 T Walden (New M) 32:48

August 3

PORTHCAWL 10

Men
1 V Thomas 52:55; 2 J Baker 53:08; 3 M Waldron 57:28
M40: D Jones
M50: T Burt
Women
1 M Cook 67:51; 2 G Jones 1:39:43
W35: J Hanger

July 27

RACE FOR LIFE 5km Richmond Park

Women
1 S Dawson (HHH, W35) 19:49; 2 J Scholey (Les C) 19:51; 3 C Hardy (E Grin) 20:09; 4 F Kennedy (ESM, W35) 20:33; 5 N Kaderbhoy (SB) 20:44; 6 L Cartwright (unatt) 20:57; 7 D Thomas (unatt) 21:08; 8 L McFie (Swan) 21:23; 9 K Roden (unatt) 21:41; 10 R Roome (S&D, U20) 21:49; 11 A Bird (unatt, W35) 22:08; 12 S Rowland (Rane, W40) 22:17; 13 J Quantrill (SLH) 22:24; 14 R Broster (Serp, W40) 22:31; 15 K Mansfield (unatt, U20) 22:33

Walks

August 10

BLADEN 7 Briantspuddle, Dorset

KEVIN BAKER won his first open race for 10 years but Phil Stanley finally got it right to claim second, *Paul Warburton reports.*

Baker was the 1986 Southern 20km champion but has drifted in and out of the sport since then, as shown by his one place improvement from last year but in a faster time.

Meanwhile, Stanley had been advised not to go off at his usual fast pace and as a result cautiously tracked Bob Sayers and John Short. The move reaped dividends as the Weymouth man came through in the last two miles on the tough undulating course.
Men
1 K Baker (Wey) 56:22; 2 P Stanley (Wey, M40) 62:02; 3 R Sayers (Trow) 63:24; 4 J Short (Wey, M60) 63:24; 5 C Dunne (Wey, M60) 65:05; 6 S Maidment (Steyn, M45) 65:37; 7 L Scrivens (Worc, M50) 65:45; 8 M Ford-Dunn (Steyn, M50) 69:41; 9 K Batten (Trow, M50) 70:01; 10 R Jones (Wey, M60) 71:00; 11 J Marshall (Worc, M60) 74:20; 12 W Lawrence (BMH, M55) 75:34
TEAM: Weymouth St Pauls
Women
1 H Ford-Dunn (Steyn) 66:37; 2 L Ford-Dunn (Steyn) 69:01; 3 P Smith (B'mth) 75:28; 4 D Aspden (Wey) 84:57

SARNIA 5 Guernsey

Men (all Sarnia)
1 K Le Noury 50:50; 2 D Naftel 51:35
Women
1 R Druckes (W50) 53:18; 2 T Casbolt 57:56; 3 J Le Noury (W40) 60:29; 4 P Fallaize (W50) 61:41

August 6

ILFORD 10km Cricklefields

MARK EASTON was away from the gun to record his sixth win on this course, improving 49 seconds on last year's triumph, *Paul Warburton reports.*

As much as Easton has made the race his own, Andy O'Rawe is destined to play bridesmaid to the Surrey international.

Second last year was repeated as O'Rawe came through by halfway to eventually improve on his 1996 time by one second. Graeme Jones had bravely tracked Easton for the first two circuits of the six lap course but paid for the early fast pace in the closing stages.
Men
1 M Easton (SyWc) 42:43; 2 A O'Rawe (S'end) 45:36; 3 G Jones (Ilf) 47:56; 4 M Dane (Tip) 50:35; 5 S Uttley (Ilf, M40) 51:17; 6 J Everett (Col) 51:20; 7 M Graham (Tip, M45) 52:35; 8 B Hardwick (Mil K, M40) 54:32; 9 D Sharpe (Lough, M45) 56:03; 10 S King (Col, M45) 56:21; 11 N Loder (Col) 56:32; 12 P King (Bel, M45) 60:10; 13 A Ellam (Col) 60:31; 14 D Livermore (Enf, M60) 60:34; 15 S Kemp (S'end, M40) 60:43; 16 P Crane (SyWc, M50) 63:01; 17 J Hedgethorne (Col, M60) 67:55; 18 J Fitzgerald (Sutt, M70) 72:57
Women
1 K Reader (Col, W45) 58:45; 2 P Phillips (Ilf, W45) 64:38; 3 P Ficken (Lough, W55) 64:47; 4 F Fernandez (Lough, W45) 69:59; 5 A Von Bismerck (L Vids, W50) 74:02
Essex League: 1 Colchester 161; 2 Ilford 156; 3 Loughton 120; 4 Tiptree 101

August 2

ALAN FLEAR RACES Warwick University

ANDY PENN went through 3km in 12:08 in the senior race to get rid of Steven Hollier but nearly paid the price in the final 800 metres, Paul Warburton reports.

Hollier was gaining ground but only enough to find he had run out of track. While in the U15 2km Lloyd Finch went through the opening 400 metres in 1:35 - two seconds quicker than Penn had recorded. Not surprisingly the youngster was suffering in the last two laps but at the end still had a slight cushion against Andrew Ball who was gaining with every stride.

The other race of the day was in the U15 girls' where the leader changed every lap in a see-saw battle between Laura Fryer and Natalie Watson.

Watson had a 15 metres lead after lap one, but Fryer had edged back into contention by the third circuit. Watson shot off again but this time Fryer made the telling move on the last lap.
Men (5km)
1 A Penn (Cov) 21:25; 2 S Hollier (W&B) 21:27; 3 A Drake (Cov G) 22:24; 4 M Kemp (Leic, U17) 22:39; 5 D Bearman (Steyn) 23:05; 6 D Thorn (Cov) 23:28; 7 S Taylor (Leic, U20) 24:22; 8 G Jackson (Cov) 24:23; 9 N Whorlow (Bel, U17) 25:05; 10 M Dane (Bel) 25:33; 11 D Keown (Leic) 25:38; 12 P Spilane (Leic, U20) 25:43; 13 M Graham (Bel, M45) 25:46; 14 S Arnold (Cov) 26:50; 15 I Richards (Cov) 27:07; 16 D Sharpe (Bel, M45) 27:23; 17 G Chaplin (Cov, M65) 27:35; 18 T Morris (Cov, M50) 27:43; 19 K Worth (B&R, M40) 28:24; 20 S Telling (Worc) 29:38
U15 (2km)
1 Lloyd Finch (Leic) 9:44; 2 A Ball (Bir) 9:49; 3 V Scholier (Col) 10:29; 4 P Graham (Bel, U13) 10:39; 5 Luke Finch (Leic, U13) 10:42; 6 S McNally (Bel, U13) 11:32; 7 K Baker (Bel) 11:34; 8 D Fernandez (Lough) 12:03; 9 S Whorlow (Bel) 13:34
Devil-take-the-hindmost: 1 Penn; 2 Bearman; 3 Richards
Women (3km)
1 N Hickerby (Bir, U20) 14:49; 2 K Ratcliffe (Cov) 15:25; 3 L Richmond (S&SH, U17) 15:51; 4 J Hesketh (Steyn) 16:49; 5 J Bellfield (D&S) 17:32; 6 P Horwill (D&S, W65) 18:50; 7 S Bull (Tam, W45) 19:09; 8 C Wilkinson (Cov) 19:40; 9 S Haynes (Worc, W45) 19:47; 10 F Fernandez (Lough, W45) 20:09
U15 (2km)
1 L Fryer (Bel) 10:26; 2 N Watson (S&SH) 10:49; 3 K Mann (S&SH) 10:56; 4 J Charles (S&SH) 11:42; 5 N Geens (S&SH) 11:46; 6 N Fox (Dart) 10:51; 7 N Reynolds (Bir) 11:59; 8 C Curtis (Dart) 12:27; 9 R Wooley (Leic) 13:48; 10 S Forsyth (Tam) 14:15
Devil-take-the-hindmost: 1 Hickerby; 2 Richmond; 3 Wilkinson
TEAM: 1 Leicester WC 83; 2 Coventry 80; 3 Birchfield77

July 27/28

WARE 24 HOUR TRACK

SANDRA BROWN set about demolishing her own world best for 24 hours and 100 miles even before the organisers had the chance to present her award for her last track record, *Paul Warburton reports.*

The Surrey walker was due to get a belated plaque for her record in France six years ago but as she went through 100 miles in 19:27:15, she had already eclipsed her own mark by 11 minutes.

To do so she remarkably upped the pace by 15 seconds a lap for 8km before settling back into a metronomic rhythm which didn't falter through the night and into the next morning.

Although she beat the entire field by 4km, Chris Flint gained his first ever RWA award when he was first Britain home.
Men (distance in kilometres)
1 P K Pedersen (DEN) 190.84; 2 C Flint (L Vids, M50) 184.20; 3 K Perry (S'end, M45) 178.97; 4 D Watson (SyWc, M60) 177.19; 5 E Horwill (D&S, M60) 165.77; 6 M Fisher (YCIU) 164.88; 7 K Watts (L Vids, M45) 162.43; 8 E De Jong (HOL) 161.73; 9 J Everett (Col) 147.37; 10 J Fenton (Bir, M50) 147.37
Women
1 S Brown (SyWc, W45) 194.75; 2 J Green (L Vids, W50) 171.83

Amendments

July 30

WATFORD OPEN

W35
1500: G Morgan (E&S) 5:01.1

July 27

EAST ANGLIAN LEAGUE Cambridge

U15 boys
100/200/LJ: 1 J Lau (Chelm) 11.9/24.3/5.79

July 19

NESTLE SCHOOLS' INTERNATIONAL

U17 girls
200: 5 C Todd 25.55

July 13

WATFORD OPEN

U17 boys
1500SC: P Murphy (SB) 4:55.1

Overseas

FRANCE

LES ANGLES 19km Pyrennes, August 10

Men (1700m altitude +/- 500m ascent)
1 BASHIR HUSSAIN 59.35 (rec); 2 F Vasteenbrughe (BEL) 60.49; 3 C Berthome (FRA) 61.41; 4 P Meirlaen (BEL) 64.47
Women
1 JACKIE NEWTON 75.33 (rec); 2 B Debat (FRA) 81.24; 3 A N'Guyen (FRA)

CADETS MEET, Thanon les Bains, Annecy, August 2, (GB only)

U18 boys
100: LUKE DAVIS 10.55
400: KRIS STEWART 47.40
JT (700gm): 1 DAVID PARKER 73.40 ... 3 TIM KITNEY 65.00
PV: CHRISTIAN LINSKEY no heighted at 4.80
U18 girls
200: SARAH WILHELMY 24.28
1500: ALEX CARTER 4:32.63
PV: 7 BECKY RIDGELY 3.20

GERMANY

INTERNATIONAL MEET, Ingolstadt, July 20 (further details)

Men
100 (-1.7): 1 M Marsh (USA) 10.24; 2 T McCall (USA) 10.33
200 (wind?): 1 Marsh 20.30; 2 F Heard (USA) 20.79; 3 C Postinger (AUT) 20.84
400: 1 J Young (USA) 45.19; 2 B Lewis (USA) 46.02; 3 K Harnden (ZIM) 46.18
800: D Matthews (IRL) 1:48.05 ... PAUL WALKER 1:49.00. **B:** 1 J Gray (USA) 1:45.98; 2 P Vydra (CZE) 1:47.18; 3 J Achon (UGA) 1:47.49
1500: 1 N Ngeny (KEN, U20) 3:38.42; 2 N Bruton (IRL) 3:39.58; 3 J Krummenacker (USA) 3:39.99; 4 T Ebner (AUT) 3:40.28
110H (-0.4): 1 COLIN JACKSON 13.24; 2 F Balzer (GER) 13.46; 3 S Brown (USA) 13.53; 4 S Wade (USA) 13.54; 5 K White (USA) 13.71
PV: 1 T Lobinger (GER) 5.96 (NR-5.51o, 5.61xxo,5.76xo, 5.87xo, 5.96xo, 6.01xxx); 2 S Huffman (USA) 5.71; 3 J Hartwig (USA) 5.61; 4 S Bubka (UKR) 5.61; 5 D Ecker (GER) 5.61; 6 O Brits (RSA) 5.61
SP: O Duck (GER) 19.16
JT: 1 R Hecht (GER) 86.22; 2 M Corbett (RSA) 82.16; 3 C Nicolay (GER) 78.36
Women
200 (+0.5): 1 J Campbell (JAM) 22.69; 2 N Safronnikova (BLR) 23.12; 3 SARAH OXLEY 23.68
400: 1 A Kozak (BLR) 52.24; 2 S Knippel (GER) 52.65; 3 MICHELLE PIERRE 52.77
800: 1 J Henner (USA) 2:02.21; 2 K Hecox (USA) 2:02.63; 3 HAYLEY PARRY 2:02.82; 4 T Sulesova (CZE) 2:02.95; 5 S Macharia (KEN) 2:03.01; 6 CLAIRE RAVEN 2:03.30; 7 E van Langen (NED, 1992 Olympic champ) 2:03.77
100H (-0.5): 1 C Botha (RSA) 13.17; 2 JACQUIE AGYEPONG 13.23
HJ: 1 A Astafei (GER) 1.94; 2 H Strobeck (RSA) 1.91; 3 V Fyodorova (RUS) 1.91; 4 A Bradburn-Spangler (USA) 1.88; 5 Y Topchina (RUS) 1.88
SP: 1 A Kumbernuss (GER) 20.87 (20.58, 20.71, 20.87, x, 20.30, x); 2 S Storp (GER) 19.13

RUSSIA

NATIONAL JUNIOR CHAMPS, Rostov, July 2-4

U20 men
HJ: M Rakipov 2.20
PV: A Moroshnichenko 5.30
LJ: V Shkurlatov 7.84 (+1.1)
TJ: V Gushchinskiy 16.55 (+1.5)
HT (7.26kg): 1 A Ivanov 66.74; 2 A Zagorny 66.74
U20 women
400: A Leontyeva 53.32
400H: Y Nosova 58.44
HJ: M Kuptsova 1.85
PV: Y Zaykova 3.80
LJ: M Kapitonova 6.40 (+0.9)
TJ: 1 Z Ndoki 13.30 (+1.2); 2 Y Bazhenova 13.21 (+1.4)
SP: A Korendyaseva 15.84
HT: 1 N Samusenkova 55.72; 2 Y Polyakova 54.50
Hept: 1 A Roshchupkina 5920 (14.30, 1.75, 13.80, 24.23/6.05, 39.30, 2:22.21); 2 Y Chernyavskaya 5616; 3 C Prokhorova 5600

DOMESTIC MEET, Moscow, July 20 (all RUS)

Men
1500: A Zadorozhniy 3:38.00
5000: V Drygin 13:32.88
DT: S Lyakhov 62.44
JT: 1 A Moruyev 82.00; 2 Y Rybin 76.88
Women
800: 1 L Mikhaylova 2:00.73; 2 O Platonova 2:01.13
1500: D Kopytova 4:13.72
100H: Y Prytkova 13.48
PV: G Yenvarenko 3.70
TJ: L Dubkova 13.82
SP: S Krivelyova 19.03
DT: I Grachova 58.78
HT: S Sherina 59.80

SPAIN

INTERNATIONAL MEET, Guadalajara, July 25 (all CUB)

Men
100: L-A Perez 10.32
400: N Tellez 45.81
HJ: J Sotomayor 2.25
TJ: 1 A Urrutia 16.92; 2 Y Quesada 16.64; 3 Y Garcia 16.50
DT: A Elizalde 65.76
JT: E Gonzalez 82.62
4x100: Cuba 39.21
Women
600: A Quirot 1:22.63 (world best; previously 1:23.5 by Donia Melinte (ROM), 1986)
JT: 1 S Bisset 65.22; 2 O Palma 60.38; 3 O Menendez (U20) 59.76

DOMESTIC MEET, Alicante, July 26

Men (all ESP)
200 (-0.4): J Mayoral 20.94
3000SC: 1 E Martin 8:35.90; 2 C Suarez 8:37.79
Women
5000: C Petite 15:53.09
400H: M Alonso 58.03
TJ: C Peredes 13.32 (+1.4)
SP: M Ramos 17.35
5kmW: M Vasco 21:36.22 (NR)

SWITZERLAND

THYON-DIXENCE MOUNTAIN, August 3

ETHIOPIAN runners were out in force placing four in the first five and relegating 1995 world champion Lucio Fregona to second, *Gareth Webb reports.*

Koricho Haile held off Fregona by 18 seconds with Billy Burns – fine tuning preparations for the upcoming World trial race – running well to take sixth. Former British champion Gary Devine finished 13th.

Seven days after finishing second at Snowdon, Ann Buckley found European bronze medallist Isabella Crettanand-Moretti and Alexandra Olarte too good.

The Pudsey runner said: "When Isabella went away at 4km I had to let her go. Although Alexandra went with her I expected her to blow up as I beat her last year.

"Unfortunately she ran about six minutes better than last year but, it was pleasing to finish third."
Men (16.35km, 700m ascent-only)
1 K Haile (ETH) 69:14; 2 L Fregona (ITA) 69:32; 3 A Simretu (ETH) 70:40; 4 B Leme (ETH) 71:06; 5 E Tessaye (ETH) 71:50; 6 BILLY BURNS (ENG) 72:30; ... 13 GARY DEVINE (ENG) 76:10
M40: G Correa (COL) 75:19
Women
1 I Crettanand-Moretti (SUI) 85:03; 2 A Olarte (COL) 85:33; 3 ANN BUCKLEY (ENG) 89:46; 4 B Tadelech (ETH) 92:04; 5 F Rueda-Oppliger (COL) 92:54

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TYPESETTING & COLOUR ORIGINATION: Goodfellow & Egan Phototypesetting (Peterborough) Ltd
PRINTED BY: Cradley Print PLC, Warley, West Midlands

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Registered at the Post Office as a newspaper.

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VOLUME 51 – No.34
AUGUST 13 1997

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Rates (inc. p&p) Standard UK £91.00, **Current UK offer price £67.00,** Overseas Surface Mail and Eire £92.20, Airmail Europe £93.20, Airmail Zone 1 £118.20, Airmail Zone 2 £126.20. Six-month subscriptions available at half annual rate. Credit card orders welcome.

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