

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

athletics weekly

APRIL 26th 1980

22p

Inside —
Interview with Nick Rose

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athletics weekly

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COVER PHOTO

Tony Duffy won 2nd prize in the International Sports Press Association's 1980 Photo Contest with "Shadows" — shot during the World Cup 5000m in Montreal.

56 PAGES THIS WEEK

THE WEEK AHEAD

Saturday, April 26th: National 12-Stage Road Relay, Sutton Coldfield; Windsor, Slough & Eton Trophy Meeting; Oxford Univ. v Birmingham Univ. v RAF v West London IHE, Oxford; Perkins Trophy Meeting, Ilford; Woodford Green v Army v RN v Cambridge Univ. v Loughborough Univ. v Essex Beagles, Ashton Playing Fields; Sale Open Meeting, Stretford; Cheshire League, Stockport; Herne Hill '10', Brockwell Park; Hampstead '10' & YA Road Relays; White Peak '26'; Knocklaid Race, Co. Antrim; Northern 20km Walk Champs, Manchester; Southern 20M Walk Champs, Chelmsford; Midland 35km Walk Champs, Coventry; Scottish Decathlon & Pentathlon Champs (1st day), Grangemouth; Surrey County Relay & Decathlon/Pentathlon Champs (1st day), Motspur Park; Manchester Univ. Open Meeting, Fallowfield; Inverness Open Meeting; Scottish Western District 10,000m Champs, Grangemouth; Scottish Women's International Trials, Coatbridge; Scottish League, Meadowbank; Scottish Inter-University League, Stirling & Edinburgh.

Sunday, April 27th: Midland Women's League; National YA League (part Southern only); Fire Service 10M Road Race, King's Lynn; Middlesex, Herts & Bucks County Pentathlon Champs, Enfield; Cambridge & Coleridge Marathon; Gloucester '18'; Epsom Track '40', Cobham; Maidenhead Open Meeting; Three Peaks Race, Horton-in-Ribblesdale; York Sprint League Walks Meeting; Scottish Decathlon & Pentathlon Champs (2nd day), Grangemouth; Surrey County Relay & Decathlon/Pentathlon Champs (2nd day), Motspur Park; Loughborough Open Meeting; Cumbria '20'; Scottish & North Western League, Meadowbank & Scotstoun.

Monday, April 28th: Insurance Pentathlon Champs.

Wednesday, April 30th: Shaftesbury Open Meeting, Cophall; SCAA v RAF v Surrey CAAA v West London IHE, Crystal Palace; London Vidarians 5M Walk, Carshalton; Glasgow Univ. 'Appleton' Trophy Meeting, Westerlands.

Newport's First Victory In Welsh Road Relay

NEWPORT failed by just 21 sec to break the course record in winning the Welsh AAA Senior Road Relay title for the first time at Cyncoed, Cardiff on March 30th. Their winning time of 2:04:13 was 28 sec faster than runners-up Swansea, but over two minutes better than third placed Cardiff, the course record holders in 2:03:52, set when winning for the eighth time last year.

The lead changed hands at the end of each of the six stages. Swansea's fine prospect Andrew Smith, who finished 13th in the Youths 'National' brought his team home with a 13 sec lead over Swansea "B" and Newport's Mike Richards on the first leg. On the second stage Dennis Fowles, with only his second appearance of the winter, gave Cardiff their only glory of the day in turning a deficit of 48 sec into a 20 sec lead, clocking 23:06, and smashing Dave James's 23:55 course record by 49 sec for the accurately measured 5M long stage. Newport's John Robertshaw contributed significantly to his team's win with a 23:40 clocking to take Newport into second.

Swansea held the lead briefly through Jock Seaman (16:27) on the third (short) stage, before Newport regained the lead on the fourth leg through a fine 24:07 effort by Mike Lane.

Former Welsh 1,500m champion, John

Theophilus, temporarily regained the lead for Swansea on leg 5 with a record equalling 16:16 to set the day's fastest short stage time, before Mike Rowland, a 2:16:33 marathon performer in 1972, sealed the Gwent team's victory on the last leg with 24:50.

1, Newport (M. Richards 17:22, J. Robertshaw 23:40, P. Hitching 17:01, M. Lane 24:07, D. Crombie 17:13, M. Rowland 24:50) 2:04:13.

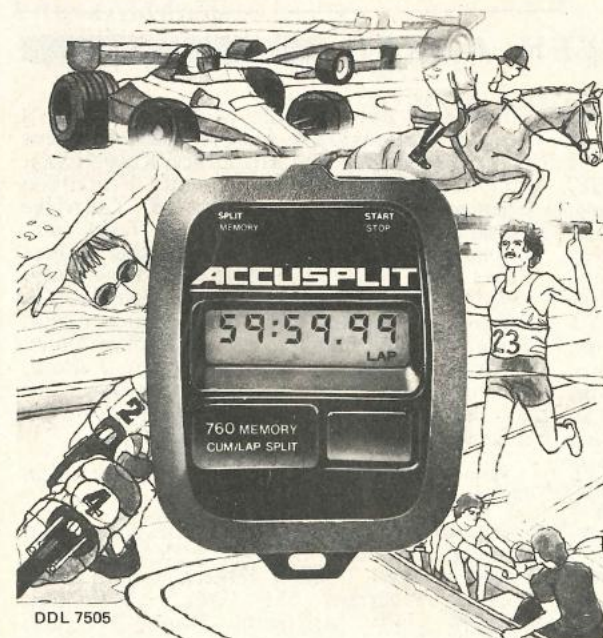
2, Swansea (A. Smith 16:48, A. Cole 24:24, S. Seaman 16:27, A. Jeffries 25:04, J. Theophilus 16:16, D. Roberts 25:42) 2:04:41.

3, Cardiff (A. Donovan 17:36, D. Fowles 23:06, K. Jones 17:02, L. Roberts 25:27, B. Hayward 16:48, G. McIlroy 26:17) 2:06:16.

4, Swansea 'B' 2:13:01; 5, Bridgend YMCA 2:14:13; 6, Aberystwyth 2:16:12; 7, Cardiff 'B' 2:18:12; 8, Beddau 2:30:46; 9, Bridgend YMCA 'B' 2:34:09. **Fastest: Long Stage:** Fowles 23:06; Robertshaw 23:40; Lane 24:07; Cole 24:24; P. Williams (Swan 'B') 24:32; I. Ellis (Aberys) 24:40. **Short Stage:** Theophilus 16:16; Seaman 16:27; Smith & Hayward 16:48; G. Hill (Swan 'B') & Hitching 17:01.

The Canterbury '6', presented by Invicta AC, has been postponed until June 14th due to congestion of fixtures.

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Midland Road Relay Championship

At Sutton Coldfield, April 5th

Ian Stewart Misses Foster Record By A Second

IN AN EXCITING race, Birchfield dethroned Tipton as Midland road relay champions at Sutton Park on April 5th . . . but it was Tipton's rejuvenated Ian Stewart who captured individual honours as he tore around the short lap of 3M 100y in 13:38, just one second away from Brendan Foster's record set in 1976. For Stewart, who is aiming for the one vacant place in Britain's Olympic 10,000m team (Foster and McLeod are already in, subject to fitness), and — intriguingly — has also entered for the AAA marathon on May 3rd, it was an emphatic return to the top level of distance running at which he has been a force, on and off, since his European 5000m victory way back in 1969.

Tipton looked set for a comfortable win after Bob Cytlau took them into the lead on the 2nd stage and 1974 Commonwealth steeplechase silver medallist John Davies opened up a 47 sec advantage on the next leg. By the end of the 5th stage Tipton's lead had stretched to 56 sec over Staffs Moorlands with Birchfield 3rd a further 9 sec back. The race was transformed, though, on the 6th leg as Ray Smedley's run of 25:29 (fastest of the day) for the 5M 900y long lap took Birchfield into a 5 sec lead over Tipton's Peter Griffiths. Another good run here came from Nigel Gates (25:48) who brought a below-strength Bristol up from 11th to 7th. Birchfield's lead lengthened to 44 sec after the next short lap and remained at that figure on stage 9 as John Graham (3rd fastest time of the race with 25:43) stayed well clear of Andy Holden (25:50), but Tipton's international star of yesteryear, Allan Rushmer, pulled back 15 sec of the deficit on the 10th leg . . . and Ian Stewart inflicted severe damage on the penultimate circuit as he stormed into a 6 sec lead with that cracking time of 13:38. The only other runner on the day to break 14 mins was Dick Callan at 13:57. Ultimately it was to no avail as Tipton's anchor-man Mike Kearns, briefly holder of the UK 1500m record a few seasons ago and fighting his way back after injury, was unable to hold his Birchfield opponent.

1, Birchfield (D. Constable 15:22, M. Weaver 14:48, A. Salter 26:21, J. Potts 14:42, N. Appleby 14:35, R. Smedley 25:29, R. Partridge 14:13, M. Pickering 15:01, J. Graham 25:43, K. Kirkby 15:01; M. Densley 14:13, R. Weaver 26:08) 3:41:09.

2, Tipton (B. Cole 14:44, R. Cytlau 14:21, J. Davies 25:37, D. Fownes 14:52, R. Bentley 14:42, P. Griffiths 26:39, C. Perkins 14M52, I. Wagstaffe 14:54, A. Holden 25:50, A. Rushmer 14:46, I. Stewart 13:38, M. Kearns 26:29) 3:41:24.

3, Wolverhampton & B (C. Mattock 14:20, M. Cadwallader 15:10, T. Wright 26:10, H. Shakeshaft 14:49, I. Sage 15:02, J. Wheway 26:08, M. Edwards 14:21, D. Nicholl 15:00, T. Colton 26:25, K. Scott 14:54, P. Guest 15:01, T. Blackwell 26:26) 3:43:46.

4, Staffs Moorlands (S. Fowler 14:22, A. Fowler 14:44, B. Bowler 26:23, P. Ashe 14:57, P. Birks 14:46, M. A. Bishop 26:51, P. Fowler 15:00, B. Williams 14:51, M. J. Bishop 26:43, R. Ellerton 15:07, A. Wilton 15:20, G. Harvey 27:49) 3:46:53.

5, Westbury (R. Nash 14:55, J. Ellis 14:43, D. Francis 26:42, T. Matthews 15:04, W. Ballantyne 15:38, M. Cowman 26:40, G. Blackburn 15:32, J. Smith 15:02, D. Cowles 27:01, A. Parker 15:09, J. Flatters 15:44, C. Buckley 26:39) 3:48:49.

6, Bristol (P. Watson 15:00, A. Lennon 15:30, T. Jones 28:12, S. Webb 15:00, W. Buckstone 15:36, N. Gates 25:48, G. Clarke 15:20, M. Harris 14:47, G. Davis 27:27, R. Clark 14:45, D. Sherman 15:23, K. Blackstone 26:44) 3:49:32.

7, Leicester 3:52:01; 8, Birchfield 'B' 3:52:17; 9, Sparkhill 3:53:59; 10, Coventry 3:55:11; 11, Worcester 3:57:15; 12, Gloucester 3:57:29; 13, Tipton 'B' 4:01:43; 14, Solihull & S. Hth 4:02:09; 15, Charnwood 4:02:19; 16, Leamington 4:09:57; 17, Birchfield 'C' 4:10:28; 18, Rugby 4:13:15; 19, Sparkhill 'B' 4:14:59; 20, Warley 4:17:25; 21, Halesowen 4:21:21; 22, Stourport 4:22:51; 23, Tipton 'C' 4:24:45; 24, Solihull & S. Hth 'B' 4:24:54; 25, Nuneaton 4:28:45; 26, Dudley & S 4:29:14.

Fastest: Long Stage: Smedley 25:29; Davies 25:37; Graham 25:43; Gates 25:48; Holden 25:50; Wheway & Weaver 26:08; Wright 26:10; Salter 26:21; Bowler 26:23. **Short Stage:** Stewart 13:38; R. Callan (Leic) 13:57; Partridge & Densley 14:13; Mattock 14:20; Cytlau & Edwards 14:21; Constable & S. Fowler 14:22.

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Watch Out For Bristol In National Road Relay

TIPTON and Gateshead resume battle today in the National 12-stage Road Relay at Sutton Park, Sutton Coldfield. Having relieved the Tynesiders of their 'National' title back in February, the Midland team will be going all out to repeat their 1978 winter 'double'.

Ian Stewart, who on Easter Saturday in the Midland event ran just one second slower than Brendan Foster's all-time short stage record, will not in fact be in today's line-up, but with John Wild, Steve Emson, Bob Westwood, Tony Milovsorov, Mike Kearns, John Davies and Andy Holden all there, a high placing must be assured.

Gateshead are closer to full strength than at Leicester, although Barry Smith chooses to run a short stage. Max Coleby is still sidelined by his pre-Christmas injury, Foster has been forced to withdraw with a niggling calf injury, and Dave Cannon prefers to sit this one out, with his eyes firmly set on a Moscow marathon place. Bristol will certainly be a force, as they are flying Tony Staynings back from America especially for the race, to complete a sextet of long-stagers

comprising Keith Brackstone, Nigel Gates, Ray Crabb, Staynings, Steve Jones and the very-much-in-form Nick Rose.

Midland champions Birchfield, who clocked up an impressive second in this race last year, may do something, with the main Southern challenge, as seems customary these days, coming from Aldershot. A full strength Invicta will be looking to confirm their emergence as a force (third at Leicester, remember), and may be the 'dark horses' of the race.

SUTTON PARK ALL-TIME LIST

Overall times: 4:03:25 Gateshead 1979 (& 4:04:14 1976, 4:05:00 1977, 4:06:11 1975); 4:03:49 Tipton 1978 (& 4:04:55 1979); 4:04:44 Birchfield 1979; 4:05:51 Liverpool 1976; 4:06:31 Bristol 1979; 4:06:32 Edinburgh Southern 1975.

Long stage (5M 900y): 24:28 B. Foster 1974 (& 24:33 1979, 24:42 1978); 24:36 N. Rose 1979; 24:38 I. Stewart 1978 (& 24:41 1978 Midland, 24:53 1975); 24:45 B. Ford 1975 (& 24:46 1978); 24:51 J. Goater 1979; 24:54 S. Kenyon 1979 & D. Black 1975 Midland (& 24:56 1974).

Short stage (3M 100y): 13:37 B. Foster 1976 (& 13:48 1977, 13:58 1975); 13:38 I. Stewart 1980 Midland; 13:52 N. Gates 1976 Midland; 13:53 M. Kearns 1979 Midland; 13:54 R. Smedley 1978 (& 13:55 1976).

British Board Announce Team Selection Dates

UK v Greece v Hungary (men) & women's invitation events — Athens, May 31st/June 1st. Selection date: May 22nd, following England v Scotland v Belgium v Sweden match.

UK v Germany v Romania (women) — Hamm, June 5th. Selection date: May 22nd.

Combined Events match — Copenhagen, June 21st/22nd. Selection date: May 27th.

UK v Sweden v Norway (women's walks) — Cwmbran, June 28th/29th. Selection date: June 9th.

Party of 30 British athletes to Porsgrunn & Oslo (Norway) — June 30th/July 1st. Selection dates: June 15th & 22nd.

UK v Germany (Juniors — 1981 age group) — Grangemouth, July 5th. Nominations from Junior Commission by June 20th, to be approved by Selection Committee, June 22nd.

World Championships — 3000m & 400mH (women) — Sittard, August 14th/15th. Selection date: July 6th.

UK v Italy (Juniors — 1980 age groups) — Italy, August 20th/21st. Selection date: August 3rd, following AAA Junior Champs.

UK v Sweden — Meadowbank, September 12th/13th. Selection date: September 1st.

UK v France v Spain v Switzerland Walking match — Paris, September 14th. Selection date: August 26th.

Far East Tour — Tokyo (September 19th/20th) & Peking (September 25th/26th). Selection date: August 26th.

UK v Switzerland v Norway Combined Events match (Seniors & Juniors) — Cwmbran, September 20th/21st. Selection date: August 26th.

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The Southern CAAA 10,000m Vets Champs, being held at the Woodford Green Open Meeting on May 7th ('AW' April 19th, p50), will be for classes 1A and 2B — not 2A, as printed.

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British Dominant In World Students CC

GREAT BRITAIN has dominated the World Student Cross-Country Championships since their inception in 1968, only failing to take the team prize on one occasion in this bi-annual event. This year's event, hosted by the UK at the New University of Ulster, Coleraine, on March 29th proved no exception, with the home team taking the gold medals in both men's and women's events and the first two individual places in both races.

There were eight teams in the men's race and on paper the West Germans, who included Michael Karst, the individual winner in 1976, looked the probable winners. The British team, however, with a fine aggressive approach, took charge of the race right from the gun and after 1km the six members of the team were leading the field - an incredible sight.

Dave James and Nick Brawn gradually broke away from the field with Kevin Forster in third. A group of three Germans - Karst, Schoeneberg



Jill Clarke leading from Cherry Hanson after 1100m of the 6000m race at Coleraine. They finished first and second.

Nick Brawn

and Dachert — were in hot pursuit and eventually caught Forster on the hill at the beginning of the third lap. The effort caused the group to break up, however, and only Karst was able to offer any challenge to the two leaders. James and Brawn, alternating between first and second, built up a lead of 80m and were never seriously challenged. On the run-in, Brawn made a challenge but James changed gear to win in fine style. Dave Clarke, with tummy trouble before the race, finished strongly to take fourth place and Forster completed a fine team performance by taking sixth, behind Schoeneberg.

The women's race attracted an entry of five teams and Great Britain had no difficulty in retaining the team title first won at Louvain in 1976. Cherry Hanson, third in the previous event at Lausanne in 1978, and Jill Clarke went into the lead right from the start. Hanson, making a rare appearance this winter on the country, was unable to hold on to Clarke who steadily built up a commanding lead and was never seriously challenged, winning eventually by some 8 sec. Sue Hutton, the third of the Loughborough trio, ran an isolated race in fourth position behind Morrish of Ireland. The 6km course proved a testing one for many of the runners and created large gaps in the field of 25 starters. The Great Britain score of seven points ensured an easy victory over West Germany and Ireland.

The races were well organised by the NIAAA under the direction of Les Jones and were fully covered by BBC television in Northern Ireland. Unfortunately, coverage of a major success by young British athletes did not extend to the rest of the UK.

Harry Mawdsley

1, D. James (Great Britain) 33:57
2, N. Brawn (Great Britain) 33:58
3, M. Karst (Germany) 34:21
4, D. Clarke (GB) 34:27; 5, Schoeneberg (Ger) 34:30; 6, K. Forster (GB) 34:36; 7, J. Hennemann (Ger) 34:41; 8, J. Dachert (Ger) 34:46; 9, T. Milovsorov (GB) 34:49; 10, P. Daenens (Bel) 35:03; 11, F. Mallo (Sp) 35:07; 12, T. Colton (GB) 35:10; 13, M. Spottol (Ger) 35:25; 14, P. Alle (Fra) 35:27; 15, J. Charbonnel (Fra) 35:33 . . . 18, K. Mills (Ire) 35:56; 23, R. Dooney (Ire) 36:18; 24, G. Murphy (Ire) 36:20; 25, T. Moloney (Ire) 36:22; 27, P. Dunne (Ire) 36:33; 39, J. Maher (Ire) 37:30. **Teams:** 1, Great Britain 13; 2, Germany 23; 3, France 65; 4, Spain 84; 5, Ireland 90; 6, Switzerland 113; 7, Belgium 121; 8, United States 133. **(Women):** 1, J. Clarke (GB) 22:34; 2, C. Hanson (GB) 22:42; 3, F. Morrish (Ire) 22:54; 4, S. Hutton (GB) 23:28; 5, I. Maiwald (Ger) 23:37; 6, O. Leveque (Fra) 23:45; 7, M. Greschner (Ger) 24:09; 8, G. Hickey (Ire) 24:11; 9, M. Mevris (Bel) 24:24; 10, C. Bilger (Fra) 24:37 . . . 12, K. Pilling (GB) 24:51; 17, M. O'Brien (Ire) 25:31; 21, M. Morrow (Ire) 27:11. **Teams:** 1, Great Britain 7; 2, Germany 27; 3, Ireland 28; 4, France 29; 5, Switzerland 45; 6, Belgium 50.

GARLAND TROPHY WOMEN'S ROAD RELAYS

At Brunel University, March 16th

1, Bournemouth (S. Tucker 13:08, K. Harvey 12:30, C. Simpson 12:14) 37:52; 2, Hillingdon (T. Glynn 12:54, S. Lee 14:10, B. Burns 13:25) 40:29; 3, Barnet 41:13; 4, Wycombe Ph. 46:46; 5, Hillingdon 'B' 49:18. **Fastest:** Simpson 12:14; Harvey 12:30; J. Adams (Barn) 12:43. **(Inters):** 1, Basingstoke (D. Wildash 8:50, K. Dyke 8:59, L. King 8:24) 26:13; 2, Reading (J. Parr 9:55, J. Coburn 9:51, K. Fairbrass 8:32) 28:18; 3, Barnet 29:08; 4, Wycombe Ph. 29:35; 5, Bournemouth 29:43. **Fastest:** King 8:24; Fairbrass 8:32; Wildash 8:50. **(Juniors):** 1, Wycombe Ph. (S. Hague 6:00, C. Martin 6:05, E. Lyon 5:29) 17:34; 2, Basingstoke (D. Jones 6:00, D. Amey 5:48, M. Reilly 5:50) 17:38; 3, Fleet & C 17:41; 4, Parkside 18:01; 5, Mitcham 18:02; 6, Borough of Hounslow 18:19. **Fastest:** Lyon 5:29; T. Long (F&C) 5:38; M. Walker (Park) 5:45. **(Girls):** 1, Basingstoke (D. Jeffs 6:04, S. Rogers 5:59, M. O'Shea 5:56) 17:59; 2, Wycombe Ph. (Y. Hague 5:59, M. Hunt 6:20, T. Gleed 5:55) 18:14; 3, Fleet & C 18:26; 4, Reading 19:01; 5, Barnet 19:08; 6, Mitcham 19:28. **Fastest:** Gleed 5:55; O'Shea 5:56, Rodgers, Hague & R. Hughes (F&C) 5:59.

If R. Smith of Chelmsford, who wrote to our Injuries Clinic, would send us his address, we can forward a personal reply.

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Talbot Motors Enter Athletics Sponsorship

The Talbot Motor Company Limited last week announced their entry into athletics sponsorship, to the tune of £100,000 over the next three years.

Their first involvement will be with the Southern Counties international invitation meeting at Crystal Palace on Friday, June 27th — the meeting being known as the Talbot International Games. The following day, also at Crystal Palace, the SCAA — with financial assistance from Talbot — will be providing a coaching course, where a number of top class international athletes who competed on the previous evening will provide coaching and demonstrations for young athletes from the Southern Counties.

In addition, the sponsorship programme will include a new Athlete of the Year scheme (man and woman), the winners of which will have the use of a Talbot car for a year. For this scheme there will be initial selection panel comprising Mel Watman, Bob Trevor (British Athletics Writers Assn), Frank Dick (BAAB) and Michael Rowe (representing Talbot), who will assess performances from October 1st 1979 to September 30th this year.

B.T.

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Keith Penny All The Way

KEITH PENNY won the Worthing '10', sponsored by the Gateway Building Society, at Goring on March 29th after leading throughout and opening up a gap of nearly 100y over Paul Rowland by the finish. Rowland in turn pulled away from Dave Fudge over the final mile to take second place. A strong sea breeze kept the times down, but thankfully the gales of the previous day had eased, and Penny was satisfied to dip fractionally under 50 min in the conditions. He plans one more 10 miler as part of his build-up for the AAA Marathon on May 3rd.

In the absence of last year's winner of the women's '5', Regina Joyce, victory went to her Crawley clubmate Linda Stannard in 28:44. But Gillian Adams, keen to get her training mileage for the week into three figures in preparation for the Boston Marathon, was given permission by the Referee to run in the men's 10 miles event and clocked 56:23 — an average of 28:11.5 for each 5 miles!

1, K. Penny (Cambridge H) 49:59
2, P. Rowland (Horsham BS) 50:11
3, D. Fudge (Portsmouth) 50:14
4, D. Faircloth (Croy) 50:54; 5, K. Davies (N. Lon) 50:57; 6, I. Burgess (S&E) 51:00; 7, K. Bell (Wyc) 51:03; 8, D. Peel (Hay. H) 51:11; 9, P. Martin (Hast) 51:16; 10, R. Morgan (B'mth) 51:19; 11, P. Brook (Hast) 51:34; 12, J. Clow (Ports) 51:54; 13, A. Keenan (Ov) 51:57; 14, P. Francis (Walton) 51:59; 15, J. Lee (Croy) 52:04; 16, A. Wilson (Hast) 52:10; 17, B. O'Gorman (B'th-V) 52:20; 18, M. Page (Walton) 52:29; 19, M. Walmsley (Croy) 52:32; 20, P. Millard (Hast) 52:35; 21, A. MacBrayne (HHH) 52:48; 22, P. Lawrence (Hast-V) 53:04; 23, R. Drage (Bris. U) 53:18; 24, C. Beauvais (Walton) 53:22; 25, B. Smith (B'mth) 53:24; 26, B. Switzer (S&E-V) 53:29; 27, R. Tarrant (RNS) 53:31; 28, R. King (Hast-V) 53:32; 29, M. Barton (AF&D) 53:36; 30, P. Crowhurst (B&H) 53:40; 31, L. Atterbury (B'th) 53:41; 32, Davis (RNS) 53:42; 33, C. Woodcock (B'th) 53:49; 34, P. Wheeler (Ov) 53:57; 35, R. Beaney (Hast) 54:12; 36, M. Griffiths (SLH) 54:21; 37, J. Strickland (Wyc) 54:24; 38, D. Marsh (Worth) 54:27; 39, P. MacDonald (Walton) 54:34; 40, A. Lintern (Craw) 54:38. **Teams:** 1, Hastings 36; 2, Croydon 38; 3, Walton 56; 4, Hastings 'B' 70; 5, Blackheath 81; 6, Portsmouth 91; 7, Overton 94; 8, Bournemouth 94; 9, Horsham BS 97; 10, Royal Navy South 108. **(O/50):** H. Foord (B&H) 56:00. **(Women's 5M):** 1, L. Stannard (Craw) 28:44; 2, D. Peel (Hay. H) 29:48; 3, S. Morley (B&H) 30:08; 4, T. Howard (Worth) 30:49; 5, C. Stroud (E&E) 30:55; 6, M. Griffith (E&E) 31:00; 7, N. Wooll (B&H) 31:10; 8, T. Budd (B&H) 31:29; 9, J. Hulbert (Car) 31:36; 10, J. Dicker (B&H) 31:39. **Teams:** 1, Brighton & H 18; 2, Epşom & E 24; 3, Crawley 30.

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Scottish News

By Colin Shields

Clyde Valley Lose Out Again

Hutton Sweeps ESH to Victory on Anchor Leg

THE SUCCESS of the inaugural Scottish National 6-Stage Road Relay Championship, held around the scenic Strathclyde Loch last year, ensured that this year's championship event would be held at the same venue as a climax to the Scottish cross-country season. The race was almost exactly a re-run of last year's with Clyde Valley, having led from half distance, and starting the final lap with a lead of 46 sec (as against 26 sec last year), being passed with just one mile to go by a brilliant run by Allister Hutton, who recorded the fastest lap of the day (26:10) to carry Edinburgh Southern to a repeat victory, and leaving Clyde Valley to accept the consolation of another set of runners-up medals. Falkirk Victoria and Spango Valley showed great improvement to finish 3rd and 4th as against 8th and 9th last year, while Shettleston (3rd in 1979) could not raise a team to compete.

Stage 1: In cold, windy conditions Douglas Frame (Law) set out on his own with the others letting him go, preferring the shelter of a pack.

He was never caught and came home 25 sec inside the existing course record with Martin Craven (ESH) leading the bunch 39 sec behind. Paul Forbes (EAC, 18:48) showed good form and looks to have a good track season in front of him, possibly over the steeplechase. **Fastest:** Frame 18:04; Craven 18:43; J. Small (CV) 18:46.

Stage 2: Edinburgh Southern went into a 31 sec lead as Clyde Valley dropped to 9th. Frank Clement (Bella), disqualified for cutting the course last year, made no such mistake as he carved his way through the field from 14th to 2nd just ahead of Graham Clark (SV). **Fastest:** Clement 27:04; Clark 27:25; W. Day (FVH) 27:32.

Stage 3: Lawrie Reilly made his first appearance in Scotland this season, lifting Victoria Park three places to the lead, 28 sec ahead of Southern, as he recorded the fastest lap of 18:35. Nigel Jones moved Edinburgh AC into contention for the first time, coming through from 7th to 3rd, while Spango Valley dropped

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back to 8th just in front of Clyde Valley. **Fastest:** Reilly 18:35; C. Farquharson (CV) 19:02; Jones 19:13.

Stage 4: John Graham started Clyde Valley off on the recovery trail, setting off 97 sec behind leaders, and catching all eight clubs in front of him with an inspired run which was 20 sec faster than the previous year's performance. Southern, thanks to a steady run by Evan Cameron, were second, 14 sec behind, with Jim Dingwall keeping Falkirk 3rd in front of Spango Valley. **Fastest:** Graham 26:42; W. Sheridan (W'lands) 27:20; Dingwall 27:23.

Stage 5: Jim Brown chose to run a short 3.7M stage because he was competing in a 10 mile race at Barrow the next day — and what a costly decision it was for his club! Though he clocked the fastest stage of 18:15 and opened up a 46 sec lead with just 1 lap to go, he would have been of much more value to Clyde Valley on a long stage of 5.8M. Falkirk stayed 3rd but Spango Valley continued their yo-yoing up and down the field, dropping to 6th. **Fastest:** Brown 18:15; A. Robertson (ESH) 18:47; D. Macgregor (Fife-V) 18:53.

Stage 6: Brian McSloy set off fast for Clyde Valley and actually added 8 sec to his large lead in the first mile, but he was no match for Allister Hutton (ESH) who closed the gap to 20 sec by half distance and swept remorselessly by the fading McSloy with just under a mile to the finish. Hutton's time was the fastest of the day by far but was still 15 sec outside his own course record. McSloy found his run was second fastest on the stage and, with most of the clubs having expended their big guns, Hamilton Cox's run of 28:17 brought Spango Valley through to 4th. **Fastest:** Hutton 26:16; McSloy 27:31; Cox 28:17.

1, Edinburgh Southern (M. Craven 18:43, C. Youngson 27:35, C. Hume 19:41, E. Cameron 28:05, A. Robertson 18:47, A. Hutton 26:10) 2:19:01.

2, Clyde Valley (J. Small 18:46, P. Fox 29:20, C. Farquharson 19:02, J. Graham 26:42, J. Brown 18:15, B. McSloy 27:31) 2:19:36.

3, Falkirk Victoria (R. Ross 19:29, W. Day 27:32, D. Gibson 19:44, J. Dingwall 27:23, D. Lothian 19:54, M. Logue 28:45) 2:22:47.

4, Spango Valley (T. Dobbin 19:27, G. Clark 27:25, K. Ferguson 20:12, C. Spence 27:46, M. Coyle 20:39, H. Cox 28:17) 2:23:46.

5, E. Kilbride (I. Archibald 19:09, I. Campbell 28:01, R. Ronald 19:41, A. Partridge 28:01, A. Neal 19:38, H. Wilson 29:42) 2:24:12.

6, Edinburgh AC (P. Forbes 18:48, L. Robertson 28:27, N. Jones 19:13, D. Gunstone 28:39, D. Knowles 20:05, A. Gourlay 29:17) 2:24:29.

7, Victoria Park 2:24:47; 8, Bellahouston 2:25:10; 9, Fife 2:28:38; 10, Cambuslang 2:29:25; 11, Westerlands 2:32:18; 12, Glasgow Univ. 2:32:56; 13, Springburn 2:33:32; 14, Teviotdale 2:34:14; 15, ESH 'B' 2:35:46; 16, Strathclyde

Pol. 2:36:10; 17, Kilbarchan 2:36:23; 18, VP 'B' 2:37:20; 19, E. Kilbride 'B' 2:37:37; 20, EAC 'B' 2:38:45; 21, Clydesdale 2:38:52; 22, Greenock Wellpark 2:39:59; 23, Ayrshire 2:42:28; 24, Stirling Univ. 2:42:53; 25, Maryhill 2:42:59. **Fastest: Long Stage, 5.7M:** Hutton 26:10, Graham 26:42, Clement 27:04, Sheridan 27:20, Dingwall 27:23, Clark 27:25. **Short Stage, 3.8M:** Frame 18:04, Brown 18:15, Reilly 18:35, Craven 18:43, Small 18:46, Robertson 18:47.

* * *

Balloch to Clydebank Road Race (March 8th).

1, A. Keith (EAC) 61:28; 2, W. Day (FVH) 61:33; 3, A. Marshall (C'dale) 61:50; 4, T. Wiseman (Gars) 63:01; 5, P. Dolan (C'dale) 63:42; 6, M. Logue (FVH) 63:50; 7, R. Murray (Glas. U) 64:27; 8, R. Ronald (E. Kil) 64:32; 9, C. Martin (Dumb) 64:59; 10, H. Wilson (E. Kil) 65:14; 11, D. Gunstone (EAC) 65:33; 12, A. Neil (E. Kil) 65:54; 13, P. McGregor (VP) 66:15; 14, C. Juss (Bella) 66:25; 15, A. Adams (Dumb) 66:27; 16, D. Markie (FVH) 66:35; 17, I. Clark (ESH) 66:45; 18, J. Russell (Bella) 67:15; 19, R. Boswell (Lochaber) 67:16; 20, R. Shields (C'dale) 67:19. **Teams:** 1, Falkirk Victoria 24; 2, Dumbarton 46; 3, Bellahouston 55; 4, Glasgow Univ. 59; 5, Garscube 63; 6, Clydesdale 69. **(Vets):** 1, D. Kerr (Gars) 69:30; 2, J. Moore (E. Kil) 72:05; 3, M. Rees (Kilb) 72:25.

Fife AC '6', at Cupar (March 8th). 1, G. Laing (A'deen) 25:57; 2, F. Clement (Bella) 26:00; 3, J. Dingwall (FVH) 26:08; 4, D. Macgregor (Fife-V) 26:13; 5, A. Robertson (Pit) 26:45; 6, A. MacFarland (S'burn) 26:53; 7, L. Robertson (EAC) 27:00; 8, A. Gourlay (EAC) 27:14; 9, N. Jones (EAC-J) 27:31; 10, I. Graves (Fife) 27:39; 11, C. Ross (Fife) 27:52; 12, W. Yate (Mary) 28:00; 13, S. McKay (Fife) 28:07; 14, G. Kerr (St. A. U) 28:12; 15, K. Harkness (ESH) 28:16. **Teams:** 1, Edinburgh AC 24; 2, Fife 25. **(Vets):** 1, Macgregor; 2, H. Scott (Per) 29:55; 3, W. Marshall (CV) 30:27.

City of Edinburgh CC Races, at Jack Kane Centre (March 15th).

1, A. Hutton (ESH) 28:32; 2, I. Elliott (ESH) 29:10; 3, D. Frame (Law) 29:16; 4, F. Clement (Bella) 29:29; 5, P. Forbes (EAC) 29:37; 6, J. Thomson (Law) 29:40; 7, A. Keith (EAC) 29:44; 8, C. Youngson (ESH) 29:52. **(Youths):** 1, A. Callan (S'burn) 17:45; 2, I. Steel (ESH) 17:54; 3, A. Murray (Cen. R) 17:57; 4, A. O'Hara (Liv) 17:58; 5, S. McPherson (S'burn) 18:03; 6, G. Mitchell (FVH) 18:08. **Teams:** 1, Central Region 20; 2, Springburn 23. **(Snr. Boys):** 1, A. Currie (Dumb) 15:32; 2, I. Davidson (S'burn) 15:37; 3, D. Farrell (Bord) 15:41; 4, D. Russell (Law) 15:45. **Teams:** 1, Springburn 19; 2, Border 30. **(Jnr. Boys):** 1, G. Shearer (Dumb) 11:27; 2, L. Mooney (Carl) 11:29. **Team:** Edinburgh Southern. **(Colts):** M. Pullar (Pit) 6:00. **Team:** Ayr Seaforth. **(Women):** 1, V. Blair (ESH) 17:10; 2, M. Brown (ESH) 17:50; 3, C.

Lightfoot (Shett) 18:30; 4, A. MacDougall (Shett) 18:40; 5, P. Meldrum (Glas) 18:44; 6, D. Thomson (Law) 18:54. **Teams:** 1, Edinburgh Southern 10; 2, Shettleston 15. **(Inters):** 1, A. Gordon (Glas) 17:46; 2, A. Everett (Shett) 17:52; 3, L. Thomson (CV) 17:54; 4, P. Cairns (Tev) 18:08. **Teams:** 1, Clyde Valley 19; 2, Victoria Park 33. **(Juniors):** 1, Y. Murray (EAC) 11:28; 2, A. Johnstone (Dund) 11:51; 3, T. McCulloch (Carl) 11:56. **Teams:** 1, Border 29; 2, Carlisle 36. **(Girls):** 1, A. Cowx (Work) 8:45; 2, J. Stewart (VP) 8:49. **(U/11):** J. Cameron (VP) 6:21. **Team:** Edinburgh Southern.

'Dunky Wright' Memorial Road Race (March 15th). 1, L. Spence (Shett) 26:04; 2, W. Sheridan (W'lands) 26:16; 3, G. Braidwood (Bella-J) 26:38; 4, A. Marshall (C'dale) 26:52; 5, P. Dolan (C'dale) 27:07; 6, J. Small (CV) 27:11; 7, A. Daly (Bella-J) 27:16; 8, H. Wilson (E. Kil) 27:34; 9, J. McKay (C'dale) 27:45; 10, C. Joss (Bella) 27:47; 11, J. Golder (Ayr) 27:49; 12, B. Ross (FVH) 27:53; 13, P. McGregor (VP) 27:59; 14, W. Yates (Mary) 28:13; 15, D. Gunstone (EAC) 28:21; 16, G. Getty (Bella-J) 28:27; 17, R. McWatt (C'dale) 28:39; 1p, D. Marshall (CV-J) 28:44; 19, A. McIndoe (S'burn) 28:47; 20, H. Scott (Bella) 28:48. **Teams:** 1, Bellahouston 20; 2, Clydesdale 31; 3, Westerlands 45.

Combined Scottish Schools CC Champs, at Heriot Watt University (March 22nd). (Boys, Gp. A): 1, J. Steel; 2, K. Bishop; 3, C. Voice; 4, D.

McIntyre; 5, A. Murray; 6, J. Cook. **(Gp. B):** 1, D. McShane; 2, D. Russell; 3, G. Mitchell; 4, T. McKean. **(Gp. C):** 1, I. Davidson; 2, S. Holden; 3, O. Phin. **(Gp. D):** 1, G. Black; 2, T. Ritchie; 3, A. Forrester. **(Girls, Gp. A):** 1, H. McNee; 2, F. Dale; 3, C. Hearden; 4, K. McKay; 5, A. Reid; 6, D. McKay. **(Gp. B):** 1, L. McDougall; 2, G. Murray; 3, P. Cairns; 4, C. Hunter. **(Gp. C):** 1, A. Johnston; 2, K. Husband; 3, S. Hide. **(Gp. D):** 1, J. Stewart; 2, C. Irvine; 3, D. Allan.

Glen Nevis '10', at Fort William (March 30th). 1, A. Keith (EAC) 50:45; 2, G. Milne (A'deen) 50:54; 3, S. Winter (Gat) 51:07; 4, E. Cameron (ESH) 53:19; 5, G. Irving (E. Kil) 54:33; 6, D. Ritchie (Forr) 54:58. **Team:** Lochaber.

Glasgow AC Women's Open Meeting, at Grangemouth (March 29th). 100: 1, D. Currie (Glas) 12.1; 2, S. Whittaker (Glas) 12.1. 200: 1, Whittaker 24.6; 2, A. Bridgeman (Glas-I) 24.9. 400: Y. Anderson (Glas-I) 59.0. 1500: 1, C. McMeekin (Glas) 4:23.0; 2, A. Gordon (Glas) 4:43.9. 3000: 1, McMeekin 9:20.0 (Scot. rec); 2, E. Trotter (Glas) 10:29.2. HJ: R. Pinkerton (Glas) 1.64. DT/JT: C. Shaw (Ayr) 34.20/38.40.

Renfrewshire County Road Champs (10.7M), at Paisley (April 5th). 1, A. Coutts (G. W'park) 53:54; 2, C. Spence (SV) 54:10; 3, J. Ash (Garn-V) 54:13; 4, P. McGregor (VP) 56:42; 5, T. Anderson (G. W'park) 57:41; 6, G. Gaffney (G. W'park) 57:44; 7, J. Smith (G. G'park) 58:05; 8, D. Cooney (Cam) 58:13; 9, J. Charles (Bella) 58:28; 10, A. Galbraith (SV) 59:17.

'Tom Scott' Memorial '10', Law to Motherwell (April 12th). 1, J. Brown (CV) 46:34; 2, A. Hutton (ESH) 47:56; 3, J. Dingwall (FVH) 48:43; 4, C. Farquharson (CV) 48:56; 5, M. Craven (ESH) 49:13; 6, G. Clark (SV) 49:16; 7, D. Frame (Law) 49:21; 8, A. Coutts (G. W'park) 49:42; 9, A. Keith (EAC) 49:49; 10, G. Braidwood (Bella) 49:52; 11, A. McFarlane (S'burn) 50:21; 12, F. Clyne (A'deen) 50:29; 13, A. Robertson (ESH) 50:40; 14, D. Gunstone (EAC) 50:58; 15, S. Graves (Fife) 51:19; 16, I. Moncur (CV) 51:24; 17, J. Ash (Garn-V) 51:33; 18, A. Millar (Law) 51:35; 19, H. Wilson (E. Kil) 51:44; 20, J. Thomson (Law) 52:12; 21, R. Ronald (E. Kil) 52:17; 22, D. Lothian (FVH) 52:27; 23, C. Martin (Dumb) 52:30; 24, C. Joss (Bella) 52:31; 25, P. McGregor (VP) 52:33; 26, W. Yate (Mary) 52:42; 27, J. Small (CV) 52:58; 28, A. Gilmour (Cam) 53:03; 29, I. Clark (ESH) 53:04; 30, J. Sands (Ayr S) 53:12. **Teams:** 1, Edinburgh Southern 20; 2, Clyde Valley 21; 3, Law 45; 4, Bellahouston 65; 5, Cambuslang 95; 6, E. Kilbride 128; 7, Springburn 128; 8, Victoria Park 145; 9, Fife 152; 10, Pitreavie 184.

The Maidenhead Open Meeting being held tomorrow (April 27th) will include a Women's 3000m. Entries on the day.

YOUNG ATHLETES RACES

(Male and Female)

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(Under A.A.A. Laws)

At Vauxhall Sports Ground,
Park Street, Luton

SATURDAY, 7th JUNE, 1980

Commencing 1.30 p.m.

TRACK EVENTS

800 metres Ages 10-11 yrs. as at 31.8.80
800 metres Ages 12-13 yrs. as at 31.8.80
800 metres Ages 14-15 yrs. as at 31.8.80

PLUS 2½ MILES ROAD RACE

Boys Ages 14-15 yrs. as at 1.4.80

Prizes: Challenge Cups and Medals.

Entry Fee: 30p.

CLOSING DATE 16th MAY, 1980

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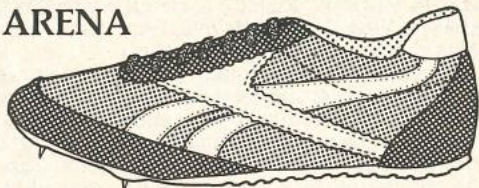
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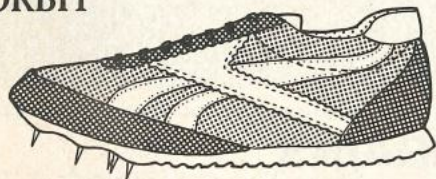
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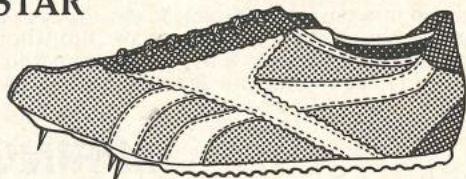
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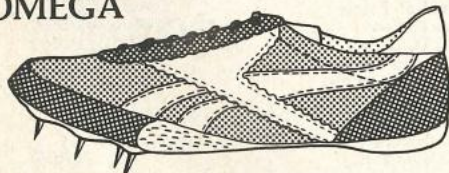
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Jim Brown Takes Chas Kendall '10' In 46:55

WITH Mike McLeod sidelined because of a groin strain, the Chas Kendall '10' at Barrow on March 30th proved to be the closest race since this popular event began seven years ago.

The Golden 10,000m winner acted as starter and, soon after the record 200-strong field had raced away, nine runners detached themselves from the rest with Merv Brameld forcing the pace, along with Graham Ellis, John Woods, David Singleton, Jim Brown, Keith Irvine, Martin Gratton, Richard Lawrence and Martin Knapp. With Invicta having four of these, the team race already looked clear cut.

However, the individual race was much more closely contested and by the end of the first of the three laps the leading bunch still contained six, but with Ellis now in command. He piled on the pressure during the middle of the second lap in the undulating park, and Irvine was the only one to challenge as they opened a 20 yard gap from Brameld and Brown. By the end of the second lap (6M), Ellis was still forcing the pace with Brown now in close attention, Irvine having fallen back, and despite repeated bursts by Ellis the position remained the same until the last 200m when they turned into the final straight. It was the Scot who proved the stronger as he burst away to win in a creditable 46:55 with Ellis running superbly to finish 11 sec behind and Brameld beating Irvine

by 7 sec to record 47:11 in third.

Brown is running the AAA marathon on May 3rd and on this showing is ready to improve upon his debut of 2:22 in the Aberdeen race last year. McLeod told me "the injury is responding well to treatment and will be back to full training soon."

Mel Batty

- 1, J. Brown (Clyde Valley) 46:55
- 2, G. Ellis (Holmfirth) 47:06
- 3, M. Brameld (Invicta) 47:11
- 4, K. Irvine (Leeds U) 47:18; 5, J. Woods (Liv) 47:23; 6, M. Gratton (Inv) 47:29; 7, D. Singleton (Bol) 47:35; 8, R. Lawrence (Inv) 48:27; 9, M. Knapp (Inv) 48:44; 10, K. Jacques (St. H) 49:04; 11, D. Wilson (B'burn) 49:42; 12, D. Brennan (Warr) 50:02; 13, S. Axom (Leeds U-J) 50:06; 14, M. Oldham (Man) 50:16; 15, R. Shorrock (B'burn) 50:24; 16, F. Davies (Liv) 50:35; 17, R. Belk (A&SV) 50:41; 18, B. Little (Bol) 50:42; 19, A. Evans (Leeds U) 50:52; 20, P. Leviston (Barr) 51:02; 21, M. Coleman (Liff. V) 51:03; 22, R. Hepworth (Long) 51:13; 23, J. Reilly (Liff. V) 51:16; 24, G. Woodburn (B'burn) 51:20; 25, M. McGann (E. Ches) 51:24; 26, J. Lunn (Leeds) 51:32; 27, M. Anderson (Grim) 51:35; 28, M. Burgess (E. Ches) 51:43; 29, S. Williams (E. Ches) 51:55; 30, P. Kemp (Notts U) 52:05; 31, C. Stainton (Sal) 52:15; 32, K. Mayor (Bol) 52:18;

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Victory for Jim Brown in Chas Kendall '10'.

North Western Evening Mail

33, N. Hanratty (Liff. V) 52:23; 34, D. Thomas (Bord) 52:24; 35, R. King (Leem) 52:32; 36, G. Entwistle (Man-V) 52:49; 37, A. Hudson (B&F) 52:51; 38, R. Marson (Scar) 52:54; 39, A. Ramsbottom (Clay-V) 52:55; 40, K. Young (Liv) 52:56; 41, G. Mason (Barr) 52:58; 42, B. Cordes (Mor-V) 52:59; 43, H. Story (St. H) 53:11; 44, C. Windle (Bing) 53:15; 45, C. Abbott (Lanc. U) 53:21; 46, J. Foster (Notts U) 53:22; 47, I. Rawlinson (B&F) 53:25; 48, G. Birkett (St. H) 53:47; 49, J. Wainwright (Dark P-V) 53:51; 50, J. Hogg (Barr) 53:52. **Teams:** 1, Invicta 17; 2, Leeds Univ. 36; 3, Blackburn 50; 4, Bolton 57; 5, Liverpool 61; 6, Liffey Valley 77. **(Women):** 1, P. Parr (Bol) 69:55; 2, K. Emmerson (Bing) 71:04; 3, S. Anderson (Grim) 73:15. **(U/16):** 1, K. McCluskie (White) 16:30; 2, N. Thornburn (Furn) 16:43; 3, J. Whitfield (Mor) 16:44; 4, P. Ryder (Mor) 16:57; 5, J. Boylan (Barr) 17:13; 7, D. Brothy (Blay) 17:29. **Teams:** 1, Morpeth 14; 2, Barrow 26; 3, Blackpool & F 50.

The Lincolnshire County Champs (both sexes, all groups) are at the Yarborough all-weather track on May 10th & 11th (12.30 pm). Entries by April 28th to R. Clay, 82 Spalding Road, Holbeach, Lincs (Tel: 0406 23316).

Simmons Wins Orion 15 Miles CC By Nearly 6 Minutes!

At Chingford, March 22nd

1, A. Simmons (Luton) 1:30:38
2, D. Horton (Harlow) 1:36:25
3, G. Meredith (Cambridge H) 1:36:31
4, D. Cox (W. Gn) 1:36:36; 5, G. Butler (Chelm) 1:36:39; 6, J. Goldring (Walt) 1:37:15; 7, G. Harrold (Enf-V) 1:37:21; 8, P. Claridge (Vaux) 1:37:55; 9, P. Field (N. Lon) 1:37:59; 10, A. Rich (Walt) 1:38:04; 11, J. Geoghegan (Camb. H-V) 1:38:16; 12, D. Wright (Rane) 1:38:29; 13, S. Surridge (Walt) 1:39:06; 14, C. Swaine (Orion) 1:39:32; 15, M. Mummery (Rane) 1:40:06; 16, J. Bowles (E. Man) 1:40:25; 17, G. Pringuer (Har) 1:41:05; 18, S. Smythe (Camb. H) 1:41:31; 19, J. Cantillon (Lut) 1:41:54; 20, A. James (High) 1:42:05; 21, A. Etchells (Ilf) 1:42:18; 22, D. Christopher (Lut) 1:42:22; 23, P. Willans (Ver) 1:42:32; 24, M. Peel (B'ht) 1:42:53; 25, M. Heath (Har) 1:43:20; 26, B. Swift (B'ht) 1:43:28; 27, T. Laybourn (Mil. K-V) 1:43:42; 28, F. Thomas (Chelm) 1:43:50; 29, M. Botterill (Leam) 1:44:26; 30, P. Stockings (W. Gn) 1:44:34; 31, M. Hobbs (Enf) 1:44:45; 32, A. Davis (B'ht-V) 1:44:46; 33, P. Dowling (Rane) 1:44:47; 34, S. Herington (W. Gn) 1:45:04; 35, R. White (SLH) 1:45:19; 36, M. Morris (Milo) 1:45:22; 37, P. Muddeman (Leam) 1:45:29; 38, R. Dennehy (Bed) 1:45:39; 39, P. Darby (Bas) 1:45:48; 40, W. Loudat (Walt) 1:45:59. **Teams:** 1, Walthamstow; 2, Luton; 3, Cambridge H; 4, Ranelagh; 5, Woodford Green; 6, Blackheath; 7, Borough of Enfield; 8, Chelmsford; 9, Vauxhall Motors; 10, Thames H&H. **(Vets):** 1, Harrold; 2, Geoghegan; 3, Laybourn. **Teams:** 1, Shaftesbury; 2, Thames H&H; 3, Chelmsford. **(O/50):** G. Phipps (Leam) 1:50:54.

The NUTS have a Gestetner duplicator they wish to dispose of, and suggest that a club might find it useful, although it **must** be collected. Contact Bob Sparks, 27 Mayfair Avenue, Worcester Park, Surrey (Tel: 01-337 2379 (h), 01-920 6131 (b)).

"BARON MEATS" WISBECH TO MARCH '10'

3 p.m., SATURDAY, 5th JULY, 1980
PRIZE VALUE £350

1st 6 Ind., 1st 3 Teams, 1st Vet O/40, O/50, O/60. 1st 3 Ladies. **Start:** 3 pm, Royal Standard, Weasenham Lane, Wisbech. **Finish:** Hereward Sch., Robin Goodfellows Lane, March. **Changing Rooms:** Baron Meats, Weasenham Lane, Wisbech. **Entries:** 50p per entry — No Team fee. **To:** Alec Lefevre, 66 Maple Grove, March, Cambs. PE15 8JT. Tel. 56685. **By 30.6.80.** S.A.E. for reply/results.

SEB COE STILL UNDECIDED

Seb Coe completed his three-month training preparations in Italy with a runaway victory in the 'Golden Shoe' 7200m road race at Pavia, near Milan, on April 7th in 20:59.8. Leading from the halfway mark, he won by over half a minute from Italian marathoner Marco Marchei. Expressing himself pleased with his run, Coe said: "It shows that the bread and butter stuff has gone well and that I'm now ready to step up the speed work". According to the *Daily Mail*, Coe's probable racing programme includes his 5000m debut in the Yorkshire Championships at Cudworth on May 11th, the inter-counties mile at Birmingham on May 26th, the Northern 800m at Hull on June 7th, a race (1000m?) in Sweden on June 26th and a 1500m in Oslo on July 1st. "I still haven't made a final decision on which races I will be competing in at the Olympics. I am training for the 800 and 1500m, but it will be May or even June before I can really say".

* Reigning Olympic 1500 champion John Walker has declared he will only defend his title in Moscow if he is running 3:34 before the Games. "I would need to be capable of that sort of time to have a chance of winning and unless I felt I was in that kind of form I wouldn't run".

* Alberto Juantorena, 400 and 800 winner in Montreal, is not yet back in full training after a series of injuries and illnesses. If he runs at all in Moscow it will probably be only in the 800.

The Welsh 1980 National Championships will be held at Cwmbran on June 21/22. Details and forms from K. Griffiths, 7 Channel View, Marcross, Llantwit Major, S. Glam. CF6 9ZE.

Tim Redman (Leamington), who has been training with Dave Moorcroft, finished 3rd in the New Zealand under-20 1500m championship in 3:50.1.

We apologise to readers who may receive their copy of "Athletics Weekly" later than usual, due to the banning of overtime by the NGA.

VETERANS CLUB RELAYS

(Under A.A.A. Laws)

4 x 100 Metres,

4 x 200 Metres, 4 x 400 Metres

at Polytechnic Stadium, Chiswick

SUNDAY, MAY 11th, Comm. 10.30 am

4 x 800 Metres

at Norbiton

SATURDAY, MAY 24th

Entries: £1 per team per event to J. Porter, 35 Belmont Road, Wallington, Surrey, by May 3rd. SAE for confirmation and directions please.

BERNIE FORD SITS TIGHT

THERE IS an entry of over 350 runners for the AAA's Centenary year marathon championship, which is being sponsored by the Provincial Insurance Company, at Milton Keynes on May 3rd (2.30).

Holder Greg Hannon, is among several previous winners in a star studded field.

Among the newcomers to the marathon distance are Ian Stewart, Dave Black (who failed to finish in his debut, in New York last year) and Nick Brawn.

The race is being used by Britain's Olympic selectors as a trial for the Moscow marathon. The three lap circuit at Milton Keynes is almost entirely on a three metre wide cycle path which means that the runners will not be breathing car fumes.

"In recent years the greatest problem in organising a national marathon event like this one has been traffic" says race director Mike Farrell. "There will be plenty of room for spectators — without their cars — and I know that the runners will appreciate being able to breathe fresh air".

Among those missing from the entry is Bernie Ford, who recorded 2:10:51 in Japan at the end of last year. "I think that should be good enough to get me into the Olympic team" he said, handing down a challenge to all those with ideas of going to Moscow, via Milton Keynes on May 3rd.

UK RESULTS ROUND-UP

10.3. **Germiston (SA)**. 200: 2, G. Colin 20.6.
15.3. **Johannesburg (SA)**. 100: Colin 10.35. 17.3. **Potchefstroom (SA)**. 100: 2, Colin 10.2. 19.3. **Pretoria (SA)**. 100: Colin 10.46. 26.3. **Stellenbosch (SA)**. 3000SC: 2, J. Marsay 8:33.2.
29.3. **Birmingham**. Women's JT: J. Williams 54.02. 4.4. **Southwick**. 20kmW: G. Morris 91.23.
6.4. **Niort (Fra)**. 50km road: M. Daykin 2:58:47. . . . 3, D. Ritchie 3:05:44. 11.4. **Knoxville (US)**. 10,000: Lindsay (US) 28:21.3, Maree (SA) 28:21.5, A. Staynings 28:22 (unoff). 12.4. **San Jose (US)**. HT: M. Mileham 67.78. 12.4. **Westland Marathon (Hol)**. Lauenborg (Den) 2:17:24, C. Youngson 2:21:32. . . . 4, D. Macgregor (V) 2:22:42. 12/13.4. **Nante-St Jean (Fra)**. 150km road: M. Newton 12hr 36 min.
13.4. **Cambridge & C '10'**. A. Simmons 49:06, A. Catton 49:44. . . . Kath Binns 55:41. 19.4. **Solihull '10'**. D. Black 47:24, K. Penny 47:27, A. Holden 47:35. . . . Sue Hassan 57:26. 19.4. **Cobham**. PV: J. Davey 4.40; JT: D. Travis 73.12. 20.4. **Walnut (US)**. Women's DT: M. Ritchie 61.36; JT: T. Sanderson 61.02, Schmidt (US) 59.10. 20.4. **Meadowbank**. 100/200/400: P. Little 10.7/21.4/48.6; HT: E. Lawlor (Rol) 65.00. **Late result**: N. Brooks 1:47.1 800.

UK Club Relay Lists 1979

Compiled by Keith Morbey (NUTS)

Any amendments or additions should be sent to the compiler at 23 Cowper Crescent, Bengeo, Hertford, Herts SG14 3DZ. Full results from the following 1979 meetings are still required: Spalding Relays (July 8), Stockport Relays (Aug 8), Telford Games (Aug 19), Ewell Relays (Sep 15) and Hants WAAA Relays (Sep 15). Further performances are required down to the standards shown for each event; where no standard is shown any performance is required. The compiler thanks all who have sent results and answered queries, and looks forward to receiving any relay results in 1980.

Senior Men

4x100: (42.9) 40.56 Haringey, 40.68 TVH, 41.2 Essex Beagles, 41.4 Wolverhampton & B, 41.70 Birchfield, 41.87 Shaftesbury, 42.0 Edinburgh Southern, 42.3 Cardiff, 42.3 Pitreavie, 42.40 Sale, 42.4 Croydon. **4x200:** (1:41.5) 1:25.9 Essex Beagles, 1:27.9 Pitreavie, 1:28.9 Edinburgh AC, 1:29.7 Frodsham, 1:29.8 QPH, 1:30.1 W&B, 1:30.4 Haringey, 1:30.6 Cambridge U, 1:31.0 Leeds City, 1:31.5 Cardiff, 1:31.5 Luton. **4x400:** (3:21.4) 3:10.0 W&B, 3:13.1 Loughborough, 3:13.77 W. London IHE, 3:14.7 Haringey, 3:14.83 TVH, 3:15.2 Cardiff,

3:15.42 Shaftesbury, 3:15.56 Sale, 3:15.7 Polytechnic, 3:16.1 EAC. **4x800:** 7:43.9 EAC. **4x1500:** 15:59.0 Cardiff, 16:09.9 Windsor S&E, 16:22.0 Walthamstow, 16:26.3 Wycombe, 16:31.2 Hillingdon, 16:37.2 Newbury, 16:56.0 Harlow. **1600 Medley:** (3:50) 3:27.6 Cardiff, 3:29.7 Essex Beagles, 3:29.9 Cambridge H, 3:30.1 Haringey, 3:32.6 Newham, 3:32.7 Luton, 3:33.2 Tipton, 3:33.7 Newcastle (Staffs), 3:34.0 Cannock, 3:34.4 Blackheath.

Juniors

4x100: (44.9) 41.80 Haringey, 41.8 Essex Beagles, 42.4 London Irish, 42.4 Birchfield, 42.63 QPH, 42.78 Coventry, 43.1 SLH, 43.4 Epsom & E, 43.7 Hercules W, 43.8 Sparkhill. **4x200:** (1:43) 1:28.8 Haringey, 1:31.4 Coventry, 1:32.8 AAC Arborfield, 1:33.0 Millfield S, 1:33.2 Kimbolton S, 1:33.3 Berkhamsted S, 1:33.9 AAC Harrogate, 1:34.5 Dulwich C, 1:34.8 Epsom & E, 1:34.9 Marlborough C. **4x400:** (3:46) 3:27.4 Essex Beagles, 3:28.0 Abingdon S, 3:28.1 St. Pauls S, 3:28.4 Dartford, 3:28.4 Wellington C, 3:28.8 Havering, 3:32.1 AAC Harrogate, 3:32.9 Mill Hill S, 3:34.0 AAC Arborfield, 3:34.0 J. Gdsmn Guards Depot. **4x800:** 8:06.8 K. Henry VIII S, 8:09.2 Shrewsbury S, 8:14.9 Birchfield, 8:16.4 Bishops Stortford S, 8:16.8 Abingdon S, 8:17.8 Shrewsbury S, 8:18.5 Taunton S, 8:19.2 Cardiff, 8:20.6 AAC Chepstow, 8:25.0 AAC Harrogate. **4x1500:** 16:04.3 Blackburn. **1600 Medley:** 3:35.8 Bracknell, 3:39.7 Epsom & E,



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3:45.4 Abingdon S, 3:45.6 Havering, 3:46.5 St. Edwards C, 3:48.6 Eton C, 3:49.5 Dartford, 3:50.8 Bradfield C, 3:51.1 Torfaen, 3:52.0 Windsor S&E.

Youths

4x100: (45.5) 42.83 Birchfield, 42.9 Haringey, 43.4 Essex Beagles, 43.62 Sparkhill, 44.0 Leicester, 44.0 Cardiff, 44.1 W&B, 44.1 Central Region, 44.21 Medway, 44.3 Hercules W, 44.3 Luton. **4x200:** (1:45) 1:32.6 Essex Beagles, 1:33.6 Cardiff, 1:33.8 W&B, 1:34.6 Hounslow, 1:34.9 Newham, 1:35.0 Southend, 1:35.3 St. Edwards C, 1:35.5 Stretford, 1:36.9 St. Pauls S, 1:36.9 Ayr Seaforth. **4x400:** (3:40) 3:26.9 Haringey, 3:29.2 Cannock, 3:29.4 HHH, 3:29.8 Brighton & H, 3:30.3 Cardiff, 3:30.4 Birchfield, 3:30.8 Central Region, 3:30.9 Leeds City, 3:31.1 Luton, 3:31.3 Sparkhill. **4x800:** (9:35) 7:58.7 Stretford, 8:10.7 Cardiff, 8:17.0 Essex Beagles, 8:19.4 Havering, 8:24.2 Coventry, 8:26.0 Haberdasher Askes S, 8:27.6 Southend, 8:28.5 Tonbridge S, 8:31.5 Warrington, 8:35.0 Millfield S. **1600 Medley:** (4:10) 3:44.2 Thurrock, 3:44.4 W&B, 3:47.4 Newham, 3:47.8 Havering, 3:49.3 Stourport, 3:50.5 Woodford Gn, 3:53.3 Abingdon S, 3:53.3 Dartford.

Boys

4x100: (48.7) 44.7 Birchfield, 45.7 Livingston, 45.9 Inverness, 46.4 Tower Hamlets, 46.7 Enfield, 46.8 Central Region, 46.9 Cardiff, 47.1

HHH, 47.2 Haringey, 47.2 W&B. **4x200:** (1:50) 1:38.9 Enfield, 1:39.3 Pitreavie, 1:39.7 W&B, 1:41.6 Luton, 1:42.2 Cardiff, 1:42.5 Ayr Seaforth, 1:42.8 Stowe S, 1:44.4 Swansea, 1:44.5 Marlborough C, 1:44.5 Haberdasher Askes S. **4x400:** (3:56.7) 3:41.9 Birchfield, 3:42.0 Shaftesbury, 3:42.2 Pitreavie, 3:42.9 Hounslow, 3:43.2 Bellahouston, 3:43.4 Sale, 3:44.4 Cardiff, 3:44.6 Stretford, 3:45.2 Cannock, 3:45.6 Stevenage & NH, 3:45.6 Inverness. **4x800:** (9:50) 8:40.6 Birchfield, 8:52.1 Stretford, 8:57.2 Pitreavie, 8:57.5 Stevenage & NH, 9:07.5 Haberdasher Askes S, 9:08.3 Bedford Modern S, 9:11.6 Bournemouth, 9:11.6 Ayrshire, 9:11.6 Macclesfield, 9:12.1 Coventry. **3x800:** 6:39.6 Cardiff, 6:45.0 Swansea, 6:46.4 Newport, 6:48.4 Carmarthen. **4x1500:** 18:26.6 Tonbridge, 18:31.6 Chelmsford, 18:41.0 Southend, 18:49.3 Havering, 19:01.1 Thurrock. **1600 Medley:** 4:03.5 William Ellis S, 4:06.5 Harrow S, 4:07.1 Highgate S, 4:08.4 Haileybury, 4:09.0 Stainforth, 4:14.3 St. George's, Harpenden, 4M14.4 Bedford Modern S, 4:19.0 Bradford C, 4:20.1 Kimbolton S, 4:23.0 QEGS, Barnet.

Colts

4x100: (56.2) 51.5 Birchfield, 52.5 Cariff, 52.6 Ayr Seaforth, 53.0 HHH, 53.6 Hounslow, 53.6 Havering, 54.0 Luton, 54.1 Shaftesbury, 54.3 Enfield, 54.3 Basildon, 54.3 Tonbridge. **4x200:** 1:42.5 Ayr Seaforth, 1:58.9 Swansea, 2:01.7 Dartford, 2:03.6 Cardiff. **4x400:** 4:34.3

BOURTON-ON-THE-WATER

CARNIVAL OPEN

15 MILE ROAD RACE

(Under A.A.A. Laws)

ON SATURDAY, 21st JUNE, 1980

at 6.00 p.m.

WINNER — PORTABLE T.V.

OVER £300 OF PRIZES

Includes Open Ladies Race

(Prizes: first three individuals)

Road Runners Club Standard, 1 minute allowed on normal standard.

Note: Course particularly hilly.

Prizes: First 10 runners, first 3 teams (4 run, 3 score). First local runner, first 2 Vets O/40, first Vet O/50.

Entry Fees: 50p per Individual, £1.00 per team (all enter as individuals).

Entry Forms from: Norman Wilson, 48 Melville Estate, Bourton-on-the-Water, Nr. Cheltenham, Glos. GL54 2EU.

Tel. STD 0451 20983 — night

STD 0451 21352 — day.

CLOSING DATE 16th JUNE

BASILDON ATHLETIC CLUB

SILVER JUBILEE SPONSORED TROPHY MEETING

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 15th JUNE, 1980

at 11.00 a.m.

At Gloucester Park, Basildon, Essex

Minor Girls 100m, 800m, LJ.

Junior Ladies 100m, 200m, 800m, 1500m, 75m Hurdles, LJ, HJ, JT, DT.

Inter. Ladies 100m, 200m, 400m, 800m, 1500m.

Senior Ladies 100m, 800m, JT.

Colts 100m, 800m, 1500m.

Boys 100m, 200m, 800m, 1500m, LJ.

Youths 100m, 400m, 800m, 1500m, LJ, JT.

Senior/Junior Men 100m, 400m, 800m, 1500m, 400m Hurdles, HJ.

Vets. 3,000m.

Awards: First three in each event. Overall Team trophy.

Entry Fee: 25p per event to J. C. Barnes, 12 Elizabeth Avenue, Rayleigh, Essex.

ENTRIES CLOSE FRIDAY, 30th MAY

No late entries accepted. Acknowledgement will only be made where SAE is enclosed with entry.



Shirley Strong anchors Stretford to victory over Birchfield in the GRE Jubilee Cup 4x100m at Crystal Palace last September. Stretford's time of 46.77 was the second fastest of the year.

Dave Whitehead

Ayr Seaforth, 4:37.9 Elliotts, 4:42.5 Dartford, 4:50.3 Bexley, 4:51.5 Medway, 4:52.8 Ashford, 4:56.0 Cambridge H. 4x800: (11:00) 9:47.4 Enfield, 9:50.5 Ayrshire, 9:54.5 Basildon, 9:55.1 Warrington, 9:58.8 Tonbridge, 10:02.4 Lesmahagow, 10:02.5 Havering, 10:10.7 Halesowen, 10:12.2 Winsford, 10:15.8 St. Edwards C.

Senior Women

4x100: (48.4) 46.66 Selsonia, 46.77 Stretford, 46.8 Birchfield, 46.9 ESH, 47.0 Wigmore, 47.6 LOAC, 47.7 Notts, 47.7 Derby, 47.8 Essex, 47.9 Glasgow. 4x200: (1:50) 1:37.79 Selsonia, 1:39.25 Wigmore, 1:41.40 Birchfield, 1:41.6 Portsmouth, 1:41.8 Cardiff, 1:41.8 Bristol, 1:41.9 Ilford, 1:42.17 Middlesex, 1:43.3 W&B, 1:43.6 Stretford. 4x400: (3:54.7) 3:44.4 Essex, 3:44.4 ESH, 3:44.9 Pitreavie, 3:48.3 Birchfield, 3:49.5 Derby, 3:50.1 Glasgow, 3:50.31 Stretford, 3:50.7 W&B, 3:50.9 Southend, 3:50.9 Notts. 3x800: (7:50) 6:42.5 Blackburn, 6:44.1 Stretford, 6:47.1 City of Hull, 6:50.7 Leeds City, 6:50.9 Cardiff, 6:53.8 Coventry, 6:54.5 Bournemouth, 6:55.5 Bury, 6:55.7 Havering, 7:00.0 Swansea. 4x800:

8:45.3 Birchfield, 9:03.7 Bracknell, 9:11.3 Leeds City. 1600m Medley: 3:54.3 Birchfield, 3:54.5 Pitreavie, 3:55.2 Shettleston, 3:55.8 ESH, 4:02.0 Glasgow, 4:04.3 Notts, 4:04.3 Coventry, 4:27.2 Sparkhill, 4:29.1 Bromsgrove & R, 4:30.6 Enfield.

Intermediates

4x100: (50.7) 48.0 Selsonia, 48.0 Radley, 48.5 Cannock, 48.67 Hallamshire, 48.9 Glasgow, 48.9 Pitreavie, 49.3 ESH, 49.43 Epsom & E, 49.5 Croydon, 49.52 Mitcham. 4x200: (2:00) 1:43.4 Selsonia, 1:45.2 Middlesex, 1:45.9 Havering, 1:46.1 Stretford, 1:46.3 Enfield, 1:46.8 Bristol, 1:47.7 Cardiff, 1:47.9 Essex, 1:48.0 Bedford, 1:48.8 Croydon. 4x400: 4:00.7 Wycombe, 4:02.0 Radley, 4:06.1 Chelmsford, 4:07.9 Barnet, 4:07.9 Stretford, 4:17.4 Coventry, 4:20.1 Enfield, 4:20.8 Birchfield. 3x800: 6:46.5 Haslemere Border, 7:10.3 Bristol, 7:15.6 Leighton Buzzard, 7:25.8 Crewe & N, 7:26.6 Coventry, 7:27.9 Southport W, 7:30.3 Warrington, 7:39.3 Altrincham, 7:40.9 Frodsham, 7:41.4 Pilkingtons. 4x800: 9:09.3 Haslemere Border, 9:25.7 Bracknell, 9:34.5 Havering, 9:35.0 Stevenage & NH, 9:36.2 Mitcham, 9:45.3 Brighton & H, 9:51.2 Oxford, 9:58.0 Birchfield, 9:58.4 Basingstoke, 10:02.8 Reading.

Junior Women

4x100: (51.4) 48.5 Haringey, 48.7 Bristol, 49.8 Selsonia, 50.3 Stretford, 50.3 Essex, 50.3 Birchfield, 50.4 LOAC, 50.4 Radley, 50.5 Sale, 50.6 Glasgow. 4x200: (2:00) 1:44.0 Bristol, 1:44.2 Selsonia, 1:44.5 Haringey, 1:46.5 Pitreavie, 1:46.5 Sale, 1:47.5 Stretford, 1:47.7 Birchfield, 1:48.2 Thurrock, 1:48.7 Sparkhill, 1:49.1 Essex, 1:49.1 Havering. 3x800: (8:00) 7:12.1 Thurrock, 7:14.6 Hounslow, 7:15.2 Coventry, 7:15.8 Bristol, 7:15.9 Sutton, 7:17.9 Paisley, 7:20.1 Havering, 7:21.8 W&B, 7:22.5 Southport, 7:23.4 E. Cheshire. 4x800: (10:30) 9:32.8 Mitcham, 9:38.0 Darlington, 9:45.2 Stevenage & NH, 9:45.6 Portsmouth, 9:45.7 Bristol, 9:45.7 Basingstoke, 9:47.4 Leeds, 9:51.2 Bromsgrove & R, 9:52.0 Coventry, 9:58.1 Paisley.

Minors

4x100: (58.7) 54.4 Ayr Seaforth, 54.9 Warrington, 55.1 Chester & EP, 55.1 Shettleston, 55.5 Macclesfield, 55.5 Pitreavie, 55.8 Redhill & R, 56.0 Glasgow, 56.3 Liverpool Pembroke, 56.5 Southend. 4x200: 1:55.2 Ayr Seaforth, 1:58.2 Clyde Valley, 1:58.6 Sutton (St. Helens), 1:58.7 Pitreavie, 1:59.5 Redhill & R, 2:01.2 Croydon, 2:01.7 Cardiff, 2:02.3 Rhondda, 2:02.3 EAC, 2:02.8 Central Region. 3x800: 7:45.0 EAC, 7:45.1 Clyde Valley, 7:57.7 Sutton, 8:05.3 Crewe & N, 8:05.8 Cardiff.

Personal View

By Colin Young

TIME TO STOP DODGING THE ISSUE: 'LIFTERS' MUST BE DISQUALIFIED!

THROUGHOUT the history of race walking, which now stretches well into its second century, there has been the recurring problem of whether participants are 'walking' fairly or not against the stated rules and the ability of the judges to administer them.

'Fair heel and toe' was a description that originated last century and applied to a competitor who walked to the satisfaction of those who witnessed his effort. The description may be considered to be misleading by some but what it endeavoured to imply, as does the present long winded definition, is the fact that the general public define the difference between walking and running by stating that the walker maintains contact with the ground continually while the runner does not.

Recently — since 1976 to be precise — there has been a Beamon-like explosion in walks at all distances from 3 to 50km . . . not by a few men but by literally dozens who have improved, some after many years at top level, by minutes. Some

of the improvement can certainly be attributed to the relatively recent mass increase of 'professional' training involving many hours, full medical facilities, opportunities of warm weather and/or altitude training, and no work or home pressures. But any keen student or follower of the sport would only be fooling himself or others if he did not state the major reason is that contact is being disregarded. With the bodily fluent and extremely hard training Mexicans leading the way, the emphasis is now concentrated on leg straightening and so we now have both slow motion cameras and still photos showing a clear area of space between the ground and the heel or toe when many of the biggest names in the sport today are at full stride.

At the IAAF Judges Seminar at Boras in February there was talk of centre of gravity,

1980 COMMUNITY RACES

(Under A.A.A. & W.A.A.A. Laws)

to be held at

Kirk Hallam School & Community Centre
Godfrey Drive, Kirk Hallam, Ilkeston

SUNDAY, 18th MAY

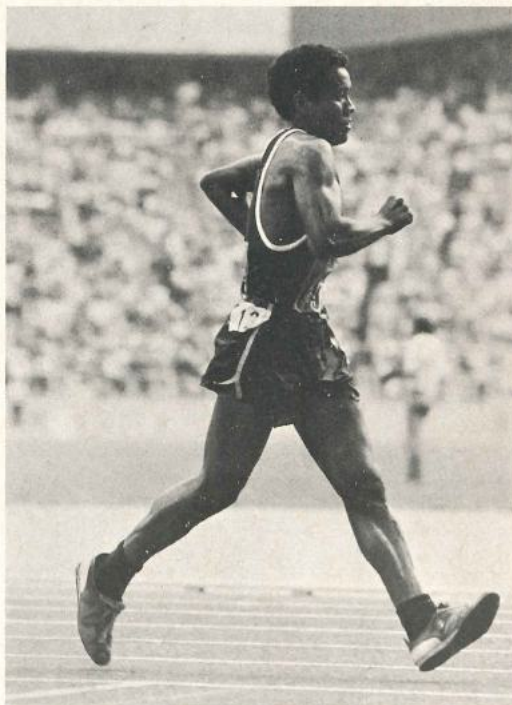
Prizes to values shown provided sufficient entries received.

Men's 3000m	£20	£10	£5
Men's 400m	£10	£5	£3
Inter/Senior Ladies' 1500m	£15	£10	£5
Ladies' 400m	£10	£5	£3
Youths' 800m	£8	£4	£2
Colts' U/11 800m	£4	£2	£1
Colts' 11/12 200m	£4	£2	£1
Colts' 11/12 800m	£4	£2	£1
Boys' 13/14 200m	£4	£2	£1
Boys' 13/14 1500m	£5	£3	£2
Girls' 11/13 200m	£4	£2	£1
Girls' 11/13 800m	£4	£2	£1
Junior Ladies' 13/15 100m	£5	£3	£2
Junior Ladies' 13/15 200m	£4	£2	£1
Inter/Senior Ladies' High Jump	£10	£5	£3
Junior Ladies' High Jump	£5	£3	£2

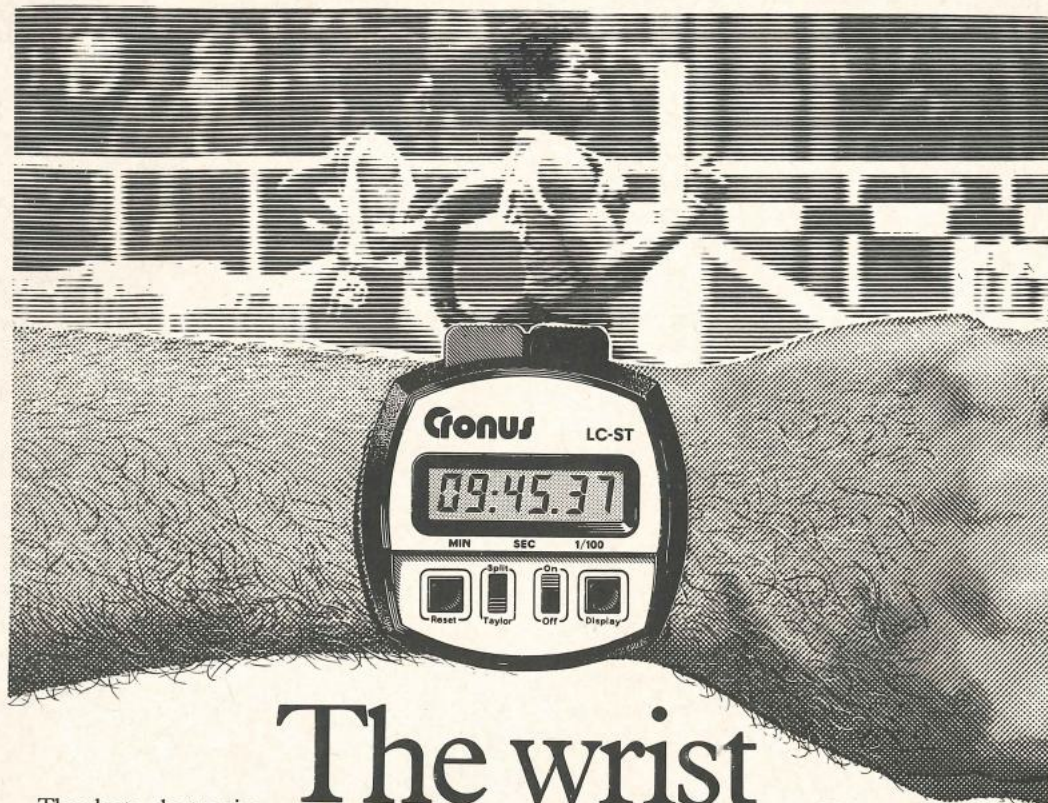
First Event 1.30 p.m. — High Jump 1.45 p.m.

Entry Fee: 30p — 45p for two events.

Entries to: R. Clarkson, 48 Scargill Road, West Hallam, Derbyshire. No later than May 7th, 1980. Entries not accepted on day.



Daniel Bautista caught 'lifting' by the late Ed Lacey's camera during his final lap of the track in the 1976 Olympic 20km at Montreal.



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AW/2

straight and vertical spinal column, triangle behind lead leg, etc. In fact, lots of talk to make rules even more complicated instead of admitting that loss of continuous contact simply means it is no longer walking. There were those who did state clearly the obvious but many more talked of more disqualification cards being required before a walker is eliminated; in other words, dodging the issue.

Eschborn 'Flying Circus'

The president of the IAAF Walking Commission stated we have been watching a revolution rather than an evolution inside the sport and if we want to measure in results we have seen an improvement in records which is incredible. Well it must be transparently obvious to all why it is incredible and the president, in his role of chief judge at so many major events, must take responsibility for bringing the sport to the dangerous crossroads at which it now finds itself by failing to ensure that many elite walkers do not get away 'with murder' — which culminated in the aptly named 'Flying Circus' at Eschborn last year.

Despite what is happening to the sport there are those, particularly those with vested interests (i.e. competitors benefitting from the 'explosion', team managers and coaches), who are either turning a blind eye or stating that walkers are now so super-fit and strong that they cannot be

expected to go so fast and maintain contact and the day of the 'lift off' has arrived.

I can well believe and, in fact, am led to understand, that the same was said in the late 1870s when Venn and Webster had their duels and a little later when Curtis and Sturgess took liberties during their frantic battles urged on by their respective gangs of supporters. It is well to remember that the 2 and 7 miles times of George Larnar (13:11.4 in 1904 and 50:50.8 in 1905) and Bill Sturgess (13:24.2 in 1897 and 51:27.0 in 1895) were not beaten until Vickers/Matthews and Hardy/Allen respectively over half a century later. The reason for those long-standing records? Well, I leave you to imagine how Larnar and Sturgess achieved such outstanding times. The judges of those times acted accordingly and made certain those eager to better those performances by similar methods were dissuaded by disqualification. Many will not realise that, some 35 years ago, Vaclav Balsan and Werner Hardmo went under 42 minutes for 10,000m in their duels and the Swede also set other unlikely records at various distances. However, both were pulled out in the 1946 European Championships while Hardmo suffered a similar fate at the London Olympics.

I am utterly convinced that in order not to have the sport ridiculed, withdrawn from major international Games, and lose all credibility with other athletes and the general public, those not maintaining contact will have to be disqualified

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or with different coloured pockets, e.g. Brown with Green pockets. (Pockets can also be supplied in Beige, Bright Yellow & Fluorescent Orange).



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All waistcoats have stud fasteners & fasten one way only.

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28"-32"			
28"-32"	£4.75	£6.50	£6.50
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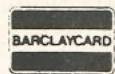
Nike Elite	7-10½ £23.00 (£27.99)
Nike Wally Waffle	1-5 £7.75 (£9.50)
	6 & 7 £8.85 (£10.99)
Adidas TRX Kid	1-5 £9.00 (£9.80)
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Reebok Aztec (5 star)	7-12 £20.40 (£22.70)
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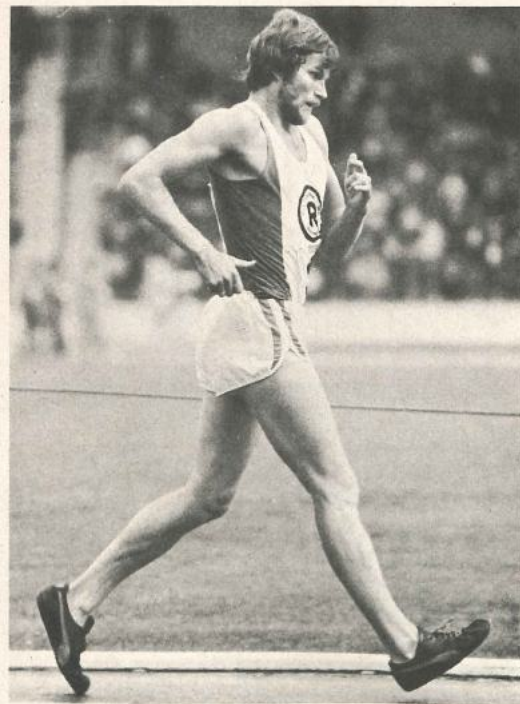
WORLD ALL-TIME TRACK WALKING LISTS

20km

1:20:06.8	D. Bautista (Mex)	18.10.79	Montreal
1:20:58.6	D. Colin (Mex)	26.05.79	Fana-Bergen
1:21:21.3	R. Wieser (GDR)	24.06.79	Leipzig
1:21:24.0	G. Gomez (Mex)	18.10.79	Montreal
1:21:52.0	E. Canto (Mex)	18.10.79	Montreal
1:22:19.4	G. Lelievre (Fra)	29.04.79	Epina
1:22:27.8	A. Solomin (USSR)	26.05.79	Forde-Bergen
1:22:40.0	B. Jakovlev (USSR)	26.05.79	Forde-Bergen
1:22:59.1	M. DaMilano (Ita)	18.10.79	Montreal
1:23:21.5	P. Aroche (Mex)	18.10.79	Montreal
1:23:23.4	N. Vinnichenko (USSR)	27.04.79	Aluchta

50km

3:41:39	R. Gonzales (Mex)	25.05.79	Fana-Bergen
3:56:38.2	E. Vera (Mex)	16.05.77	Fana-Bergen
3:56:51.4	B. Kannenberg (Ger)	16.11.75	Nervian
3:57:52	G. Lelievre (Fra)	25.05.79	Fana-Bergen
3:58:41	M. Bermudez (Mex)	25.05.79	Fana-Bergen
4:00:27.2	G. Weidner (Ger)	8.04.73	Hamburg
4:02:38	P. Aroche (Mex)	25.05.79	Fana-Bergen
4:02:56	O. Bartsch (USSR)	25.05.79	Fana-Bergen
4:03:42.6	V. Soldatenko (USSR)	4.10.72	Moscow
4:04:19.8	P. Selzer (GDR)	3.10.71	Naumberg



Acknowledged as one of the fairest and most stylish of walkers — Roger Mills.

Mike Street

and slow down accordingly until they keep within the stated definition. As things stand at present a competitor is more likely to be disqualified if his legs are seen to be not plumb straight and yet be making perfect contact, while the competitor who is straight legged but a considerable distance off the ground at both heel and toe at full stride goes through unscathed.

If, by making sure that blatant and continuous loss of contact is punished, the 'limit' of legal walking is 40-plus minutes for 10km and 82-plus minutes for 20km, so be it. There are maximums in other sports such as snooker and darts, but there is certainly no decline in their popularity because of this.

As a life long student, follower and exponent of the sport, I emphasise again that walking has to be seen as walking — and that means uninterrupted contact with *terra firma*.

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TVH ROAD RELAYS At Cranford, March 29th

1, Windsor S&E (M. Duff 16:57, R. Graham 17:37, P. Standing 16:10, J. Jones 16:56, R. Smith 17:36) 85:15.

2, Bristol (G. Davis 16:55, A. Lunnon 17:36, N. Gates 16:24, S. Webb 17:26, C. Monk 17:06) 85:27.

3, Aldershot F&D (T. Eglen 17:24, C. Campbell 17:34, J. Peel 16:55, P. Adams 16:39, J. Hood 17:01) 85:33.

4, Thames Valley (J. Sheridan 17:16, Phil. Gayter 17:03, Paul Gayter 16:57, G. Dugdale 17:12, M. Coram 17:07) 85:35.

5, Thames Valley 'B' (B. Standen 17:14, P. Baker 17:14, P. Browne 17:02, C. Thomas 17:36, M. Puddifoot 17:10) 86:16.

6, Ilford (A. Gilham 17:01, J. Mackenzie 17:49, G. Webb 18:17, J. Batchelor 17:54, A. Catton 16:17) 87:18.

7, Hercules Wimbledon 87:19; 8, Aldershot F&D 'B' 87:43; 9, Hillingdon 87:51; 10, Elliott 88:17; 11, Polytechnic 88:23; 12, Old Gaytonians 88:47; 13, S. London 88:53; 14, Gloucester 88:56; 15, Reading 88:59; 16, Cambridge & C 89:13; 17, Portsmouth 89:21; 18, Shaftesbury 89:30; 19, Belgrave 89:36; 20, Bracknell 89:59; 21, Borough of Hounslow 90:46; 22, Basildon 90:57; 23, London Irish 91:04; 24, Haringey 91:30. **Fastest:** Standing 16:10; Catton 16:17; Gates 16:24; Adams 16:39; Davis & Peel 16:55; E. Martin (Bas) & Jones 16:56; Duff & Paul Gayter 16:57.

(Vets): 1, Aldershot F&D (A. Saunder 19:03, T. Davies 17:15, L. Presland 17:53) 54:11; 2, Cambridge H (J. Geoghegan 18:22, A. Jones 18:19, J. Oliver 18:10) 54:51; 3, Ealing & S (C. Brown 19:46, D. Case 18:38, M. Barrett 18:06) 56:20; 4, Maidenhead 57:40; 5, Hillingdon 57:51; 6, Cambridge & C 57:56; 7, Bracknell 58:09; 8, Bristol 58:25; 9, Thames Valley 58:42; 10, Mitcham 59:18. **Fastest:** Davies 17:15; Presland 17:53; R. Grubb (C&C) 18:03; Barrett 18:06; Oliver 18:10.

WARRINGTON PARKLAND RELAYS At Victoria Park, March 30th

(Youths): 1, Warrington (Green 6:52, Kinch 7:10, Hicken 7:13) 21:15; 2, Manchester (Wyer 7:15, Vallance 7:05, Gibson 7:01) 21:21; 3, Sale (Smith 7:08, Holmes 7:20, Bullen 7:02) 21:30; 4, Stretford 21:40; 5, City of Stoke 21:45; 6, Liverpool Pem. 21:51; 7, Rossendale 21:54; 8, Gateshead 22:15. **Fastest:** Reynolds (Stoke) 6:49; Green 6:52. (Boys): 1, Leeds City (Ryalls 7:16, Walker 7:35, Rogers 7:13) 22:04; 2, City of Stoke (Collis 7:31, Rodgers 7:31, Bradley 7:07) 22:05; 3, Liverpool Pem. 22:09; 4, Oldham & R 22:27; 5, Wirral 22:30; 6, Tipton 22:33; 7, Sale 22:42; 8, Warrington 22:43. **Fastest:** Bradley 7:07; Rawthorne (Liv. P) 7:11. (Colts): 1, Liverpool Pem. (Riley 7:52, Dixon 8:04, Dagnall 7:54) 23:50; 2, Blackburn 23:54; 3, Liverpool 23:59; 4, Wigan 24:02; 5, Stretford 24:20; 6, Rotherham 24:24. **Fastest:** Causey (Wig) 7:44; Pearse (Liv) 7:47. (U/11): C. Gardner (Alt) 8:49. **Team:** Altrincham. (Women): 1, B. Abbott (Sale) 12:39; 2, S. Simkin (Sale) 12:40; 3, J. Asgill (Stret) 12:43; 4, J. Davidson (Sale) 13:07; 5, A. Pattinson (Cann) 13:13; 6, C. Readdy (Stoke) 13:21; 7, D. Markendale (Stock) 13:33; 8, G. Pile (Man) 13:35; 9, D. Holmes (Warr) 13:38; 10, S. Parker (Warr) 13:42. **Teams:** 1, Sale 7; 2, City of Stoke 30; 3, Warrington 43. (Inters): 1, S. Lonsdale (Sale) 12:44; 2, C. Clarke (Cov) 13:04; 3, S. Glass (Gat) 13:38. **Team:** Coventry. (Juniors): 1, Manchester (Wilkinson 8:48, Driver 8:56, Keyte 8:17) 26:01; 2, Coventry (Andrews 9:10, Jones 8:39, Batstone 8:22) 26:11; 3, Stretford 26:28; 4, Cannock Chase 26:50; 5, Warrington 26:57; 6, Sutton (St. H) 26:57. **Fastest:** Keyte 8:17; Batstone 8:22. (Girls): 1, Cannock Chase (R. Freeman 8:57, C. Speedie 8:51, H. McDonald 8:31) 26:19; 2, Stretford 26:30; 3, Bury 26:50; 4, Bingley 27:01; 5, Coventry 27:14; 6, Gateshead 27:17. **Fastest:** McDonald 8:31; A. Rowson (Bury) 8:32.

Next weeks' issue includes a feature on World Cross-Country Champion Craig Virgin and the UK Indoor Rankings for 1980.

Plymouth to Dawlish 42M. The Devon long distance walk classic will be held on May 4th (7 am), same day as the Olympic 50km trial.

DUDLEY SPRING FESTIVAL 25Km ROAD RACE

Presented by Dudley Leisure & Recreation Services
in conjunction with Dudley & Stourbridge Harriers
(Under A.A.A. & W.C.C.A. Laws)

SUNDAY, 18th MAY, 11.00 a.m.

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FAIRCLOTH WINS SPANISH MARATHON

Brighton Concord athletes took part in the Catalunya Marathon in Barcelona on March 16th in conditions one could describe as satisfactory: clear skies and temperatures in the early 60's, but with a severe headwind for the first part of the race.

As the field of nearly 1,000 athletes got under way on this single loop course the pre-race favourite, Don Faircloth, made a cautious start, staying with the main pace for the first 10km. Unfortunately for Martin Knapp, this was not to be his day, as after heavy carbohydrate bulking over the two days prior to the event he appeared to go over the top by taking a proprietary glucose drink which appeared to loosen the bowel. What followed needs little description; suffice to say that if affected Martin's finishing position and time. By 20km Don had decided it was time to make his break and went to the front. His time of 2:19:42 for this accurate, fair course, leads one to surmise his training is on the right lines for 1980. Martin battled on gamely, only to lose third spot in the last kilometre.

1, Faircloth (Brighton Concord) 2:19:42; 2, Catalan (Spa) 2:21:23; 3, Pro (Spa) 2:23:14; 4, Knapp (Brighton Concord) 2:23:42; 5, Canovas (Spa) 2:25:46.

A.J.T.

INTERNATIONAL HALF-MARATHON

A late acceptance of the invitation to the International Half Marathon at The Hague on March 29th did not detract from the British team sent. Chris Stewart, Colin Taylor and Ian Ray were the original selections along with Colin Kirkham who withdrew through injury and whose place was taken by Paul Eales. Teams from Norway, Denmark, Italy, Germany, the Netherlands and Britain participated on a cold and very windy day in a race consisting of flat varying surfaced roads and paths.

A group of 15 passed in 14:50 with all our runners in contention. By 10km Dahl (Nor) and Nyboer (Neth) had started to break and passed in 29:45; Ray and Eales clocked 29:50 and Stewart 29:53. Taylor was beginning to feel the pace and perhaps the previous Sunday's Stafford '20' but was still running strongly. Dahl proved the stronger of the two leaders and with his powerful action looked a very good winner in 62:46. Ian Ray, in his first international, ran a consistent race but found himself in a vacuum competitively to be our first man home in 63:29. Paul Eales was just beaten on the run-in for 4th place put proved his wealth and Chris Stewart stuck to the task all the way to the finish, as did Colin Taylor.

1, Dahl (Nor) 62:46; 2, Nyboer (Neth) 63:06; 3, Ray (UK) 63:29; 4, Fjaerstaed (Nor) 63:43; 5, Eales (UK) 63:43; 6, Husby (Nor) 63:58; 7, Simonsen (Nor) 64:07; 8, Stewart (UK) 64:11 . . . 13, Taylor (UK) 65:18. Teams: 1, Norway 3:10:27; 2, UK 3:11:23; 3, Netherlands 3:12:37.

Bill Adcocks



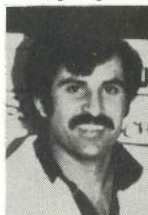
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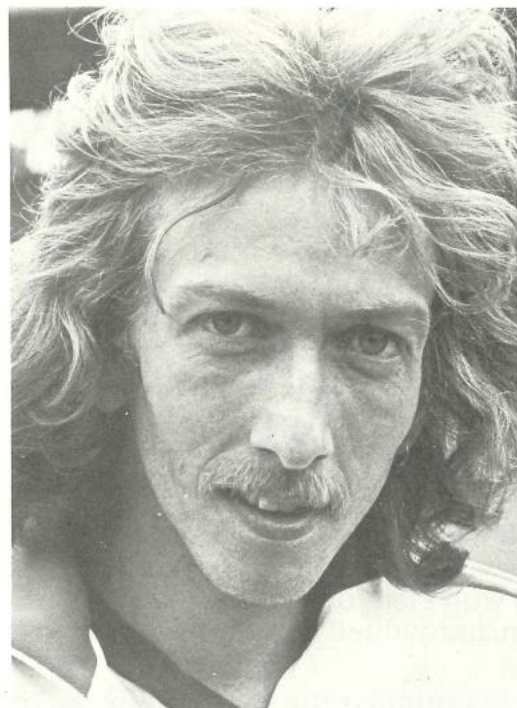


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Peter Tempest photo

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INTERVIEW WITH NICK ROSE

By Patrick Butcher

Nick — apart from summers back in England, up to 1978 you had spent six years in the United States. What were the circumstances of your return home?

Two-fold really. After my great summer in 1977, when I won both the Europa Cup semi and final over 5000m, and did a personal best of 13:20.4 for that distance, I went back to the University of Western Kentucky to do a 'Master's'. I continued my good form with a victory in the AAU Cross-Country Champs, with Craig Virgin 2nd coincidentally enough. After New Year 1978 we swung into the American indoor season, where I got a lot of invites, due to that 13:20. Well, I was racing twice a week, and really enjoying it. But, about mid-February I started getting these twinges in my right foot that got worse and worse with each successive race. It became a very sharp sensation, and stupidly I carried on running. Until, at the end of the season, I was doing a hill session and it became so agonising that I just couldn't put my foot down. I really didn't know what to do. I saw a load of doctors and physios, and had cortisone shots, and even had my leg up for a month. I was getting very despondent because I couldn't run. In the end I travelled back up to Louisville, where I'd been living the previous year, when I ran for the newly formed Mason-Dixon club. There was a good doctor there, who diagnosed it as periostitis, which is inflammation of the lining of the metatarsal. He took a cast of my foot in a type of styrofoam substance, and made me a corrective insole which took the pressure off the particular bone. But, of course I had to wear this all the time, training and racing, and it was quite difficult to get used to; and I still had some pain.

Anyway, I'd probably lost about six weeks of training, and because of this I still couldn't train full-out. I came back to England for the Commonwealth trials, ran 13:25 and got picked. But things still weren't right, and I was suffering mentally. I got to the finals in Edmonton, but ran absolutely disastrously in that race, finishing last but one in some ridiculous time. I went to the European Games, and more or less the same thing happened there. I was with the leaders until the last lap, but there was nothing there and I finished sixth. It was such a contrast to the

previous year. But luckily, one of the team doctors told me to go to Middlesex Hospital when I got back from Prague. And after some tests and X-Rays he decided to cut it open and have a look. Well, a previous stress fracture that I'd had years before had grown a calcium deposit, as well as extra muscle tissue. So, they cut all that away, I stayed in hospital for ten days, then went back to Bristol and had my leg up for a month. But within six weeks I could run again. And within another six weeks I'd got back into such good form that I broke the course record in the local Boxing Day Race, organised by Westbury Harriers.

You went back to the States immediately after that for a brief period. But something else had happened that was to ensure your return and stay in England?

Yes — thanks to Jim Coote, the *Daily Telegraph* athletics correspondent, who was sadly killed in an air-crash not long afterwards. Chef & Brewer, the hotel and pub chain, were starting to get interested through the IAC in the Olympic Appeal earlier in '78 when I was still in the States. And Jim knew Roddy Wilson, their PR man, who'd been a club athlete himself. Jim explained that I'd be only too happy to come back to



E for Europe — and effort. Nick, seen here alongside Karl Fleschen, ran his fastest 5000 time of 13:20.4 in this 1977 World Cup Race.

Mike Street



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(Under A.A.A. & W.A.A.A. Laws)

at Marl Pits Sports Complex, Rawtinstall

ON SUNDAY, 13th JULY, 1980

Events for all age groups, both sexes

Details to follow

HILLINGDON ATHLETES CLINIC

First Annual Seminar — Coaches Evening

THURSDAY, 22nd MAY, 1980

In the Lecture Theatre, Nurses Training School, Hillingdon Hospital, 7-10 p.m.

Opening: John Holt, Gen. Secretary, IAAF.

Training: Dr Craig Sharp, Birmingham University.

Medicine: Dr Dan Tunstall Pedoe, St. Bartholomew's Hospital, Hon. Medical Officer, RRC.

Gait, Feet & Shoes: Dr Peter Sperryn & Leila Restan, M.Ch.S., Hillingdon Athletes Clinic.

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'THE CREWE 8'

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SUNDAY, 11th MAY, 1980

at 3 p.m.

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Entry Fees: 35p (50p on day). Team of 3: 60p.

Entries to: J. Morgan-Parker, 2 Glamis Close, Wistaston, Crewe, Cheshire CW2 8AJ. (0270 68400).

England if I could get a job that would allow me time to train. So, later in '78, Roddy approached me to do promotions for Wessex Taverns, who are part of the chain here in the West Country. I do occasional promotions for them, involved with the Olympic Appeal, and they pay me enough so that I don't have to work. It covers living expenses, and my wife works, so we get by.

So, after a few weeks in the US at the beginning of 1979, you came back to live in Bristol, and you also got married. How did you assimilate these changes?

Settling down after marriage was the most difficult. And that's why '79 was a fairly quiet year for me. Christine had come with me to the States in January, and we'd decided to get married later in the year. So, looking for a flat, finding one, and then decorating it meant that my attention wasn't as much on my running as it might have been. I finished third in the National, and was quite pleased with that. All in all, I was quite happy to take it easy and wait for the build-up to the 1980 season.

That began presumably after the wedding?

Yes — we got married on October 6th, and went to the States for ten days. I won the half-marathon in Dayton, Ohio in 63:36, beating Frank Shorter by over a minute. We saw the Bristol boys, 'Swag' Hartel and Tony Staynings, and had a great time. It's curious — I've got to the stage now where I miss England when I'm in the US, and vice versa. Well, we got back home, and settled into the flat, and I started my build-up for summer 1980 on November 1st. I went into a 100 miles a week schedule, which continued incidentally for 17 weeks, until just before the National. I was 6th in the Philips Gateshead meeting in November, that Nat Muir won, and I didn't run again until just before Christmas. I was beginning to feel really good and strong, and I wanted a race to see how I was going. So I went over to Aigle in Switzerland on December 23rd for a 10km road race which I won, beating Jacky Boxberger by over half a minute with Nigel Gates third. I came back to Bristol and won the Westbury Boxing Day race again. That was two hard races in three days; what with Christmas pudding and all that, I was really pleased. I was getting a lot of invitations at that time, but I was turning them down because I wanted to train. I did however go to Italy to race at Volpiano in January. That was a hard one, but I won from Steve Kenyon. Steve Ovett was third, and Dave Black fourth. Then I didn't race again until the National. (Nick, in fact forgot the South of Thames, which he also won, from Peter Standing).

What were your feelings prior to the National?

Scared to death — after all, it's the cross-country race if you're English. If anything I wanted to win that one more than the World Champs. It's a great honour to win over nine miles from 1600 others. The whole week previous



Nick Rose takes an early lead in this year's National, closely followed by (left to right) Nick Lees, Bernie Ford, Ken Newton, Steve Kenyon and Barry Smith. "It was a hard race, both mentally and physically", he says.

Peter Tempest

to the race I was really nervous. Honestly I could hardly sleep. I knew I had a good chance of winning, so I was really on edge.

Did you ease off in your training?

Yes, I eased off to ninety a week. But it was a

hard race, both mentally and physically. And it took me a few days to get over it, before I could start thinking about the World Champs.

At what point in the National did you know you had the race won?

After about a mile — when I ran the National in '79 I wasn't that fit. I didn't have as much of a background as I had this year, and I remember at



Victory salute as he wins the coveted National title at Leicester.

Peter Tempest

MICHELIN ATHLETIC CLUB

Eleventh Annual

10 MILE ROAD RACE

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SUNDAY 1st JUNE 1980

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"I must admit I hadn't given much thought to Virgin"

the start being flat-out just to keep up with the leaders. But, at Leicester, I was at about 75% effort — everybody else was maybe flat-out, but I felt easy. I wasn't breathing hard or anything. I tried a couple of breaks in the first mile, and I was able to open a gap from Nick Lees, Barry Smith, Ken Newton and Bernie Ford. So I knew I could go if I wanted to. But it was still in my mind that it was nine miles, which is a bloody long way, so I waited until about 2½ miles before I made the decisive break. But I couldn't afford to slack off, and it took a lot out of me. It took me about a week to recover, but I still managed a couple of excellent sessions which put me in good spirits for Paris. The first was a hill session — 10 × 250 metres with the last 50 metres flat; and I just strode that. The other one was 12 × 45 seconds, and I felt so within myself. It wasn't as if it was a hard effort, whereas the year before it had been.

Who did you consider your main threats at Longchamp? Did you think you could win?

I went to Paris full of hope. I didn't want to put myself in the position of saying I was going to win it, but I knew I could make the top six. But when I was on the starting line evidently I was going to give it all that I could to win it. Treacy obviously was going to be a big threat. He'd run 13:30 for 5000 indoors, and I'd noticed that the

previous two years he'd either run a 3M or a 5000m indoors prior to coming over for the World Champs, and this was by far his best time. Leon Schots I knew would be there, because Mike McLeod had rung me the night of the National to say that Schots had been in New Zealand training very hard. The two Portuguese, Lopes and Mamede. I also heard when I got to Paris that Bouter had run a fast indoor 5000m. So I thought — French course, in front of his own crowd, he'll run well. I didn't rate Boxberger. He tends to crack too easily, and anyway I'd beaten him fairly comprehensively in Switzerland. And obviously I was confident that I could beat the rest of our guys. I must admit I hadn't given much thought to Virgin. I thought he was top ten material, but no better. And as for Orthmann, I hadn't even considered him, even though I knew he'd placed second in the European Indoor 3000m the previous week.

Did you speak to Virgin before the race?

Yes, actually it was right on the starting line, after we'd stripped off. He said, "Let's hope it's a repeat of what's happened in the States" (referring to their epic race-long battles in the 1975 NCAA, and the 1977 AAU, championship races. Virgin won the former by a few metres. Nick the latter by the same margin). And I thought, "No way — I'm going to beat you today". As it was, it might as well have been a repeat of those races, because he ran great. I'd also thought that Nat Muir would be up there. He'd won some good races, beating our blokes in the process. And Mike Tagg told me that Nat had been looking to this one all season.

Robson made up for him.

Didn't he? He ran great — he must be putting the miles in, to be that strong. He could do a great 5000m.

Can you talk the race through? For example, what was the start like compared to the National?

It was very hard. Obviously, it's a totally different race to the National. You're having to contend with the elite of every country. If I was at 75% effort for the National, at Longchamp it was probably something like 90-95%, just to be near the front. I really wanted to get into the lead, because I just feel more comfortable, and especially in this case where there were hurdles. I hate being stuck in a bunch going over barriers. But as it was there were three or four North Africans who went like bats out of hell for a couple of hundred metres, got in everybody's way, and then died, which created a bit of a jam. I was fighting to get through, and just couldn't. We came to the first barrier, and I was about the third English bloke at that point — Nicky Lees was up there, and Barry Smith too. I felt really uncomfortable, because I wasn't controlling the race, which I like to do early on. I just had to get

BEDFORD & COUNTY A.C. YOUNG ATHLETES MEETING

(Under A.A.A. & W.A.A.A. Laws)

MONDAY, MAY 26th, 1980
AT NEWNHAM TRACK, BEDFORD
Commencing at 11.00 a.m.

Minor Girls — 100m, 200m, 800m, L.J.
Junior Ladies — 100m, 200m, 800m, 1500m, L.J., H.J., Shot, Javelin, Discus.
Inter Ladies — 100m, 200m, 400m, 800m, 1500m, L.J., H.J., Shot, Javelin, Discus.
Colts — 100m, 200m, 800m, 1500m, H.J.
Boys — 100m, 200m, 400m, 800m, 1500m, 3000m, L.J., H.J., Shot, Javelin, Discus.
Youths — 100m, 200m, 400m, 800m, 1500m, 3000m, 1500m S/C, L.J., H.J., Shot, Javelin, Discus.
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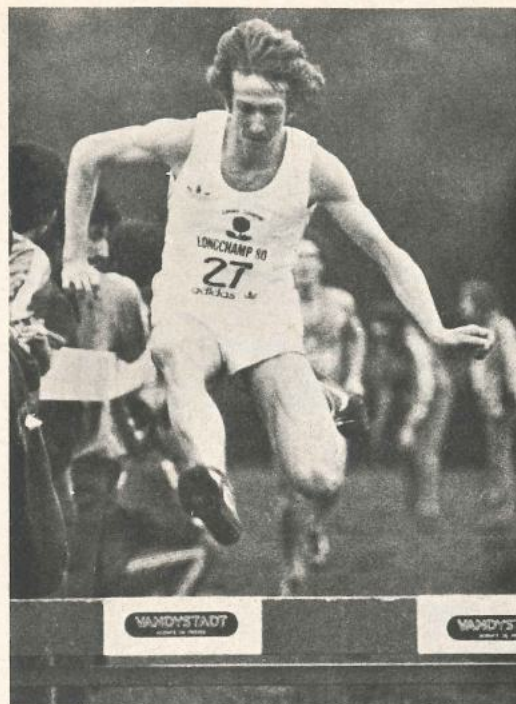
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Hurdling at Longchamp.

Bob Sly

the lead, so going over the log, which was the second obstacle, I made a strong move to get with the leaders. That went OK, so a couple of hundred metres further on in front of the stands for the first time, I opened a bit of a gap, began to control the race, and made a concerted effort to get away.

It was just after this that somebody hit you, wasn't it?

Yes — going up the rise in the backstraight on the second lap, there weren't enough police to control the crowds, and they'd started coming under the barriers onto the track. Well, the photographers were trying to get away from the crowd to take their pictures, and that meant they were even closer. Unfortunately the best place to run was next to the fence where a path had been worn by the juniors and the women. I suddenly found myself confronted with two cameramen, and I ran right into them. I was so angry, I could have stopped there and then. It destroyed my momentum somewhat, but I just tried to push away again.

There were press reports of you losing count of the laps. Were these exaggerated?

No, unfortunately not — daft as it sounds. But when I took off again, it became such an intense race — I don't think I've ever run a race where I've been so intense — that I did just lose count of how many laps I'd run even, not only of how many I'd got left. I'd completely lost track. I didn't know there was a lap-counter, and I was in

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such a daze trying to figure it out. Anyway, I came round with what I'd decided was a lap to go — then I saw the lap-counter. And it was two laps. My initial reaction was not to panic, and in fact I felt so good I simply thought, oh well, so what, I can still do it. Then at the start of the last lap I began to have my doubts. I was starting to feel the effort, and thought maybe they would catch me. But going up the hill for the last time, there were a lot of people cheering me on, so I put everything I had into it. Somebody said I had a six-second lead, and I honestly thought that that was sufficient at that stage. I came into the finishing straight in the lead, and I thought I had it won. Then the cheering became unbelievable and I began to sense somebody was there. I was really pumping away by this time, but I just couldn't go any faster. My legs were going hell for leather, but my legs just wouldn't respond.

Did you recognise Orthmann?

No, I didn't have a clue who it was. I thought it was Schots myself. I was so put out, I never even thought to look at the vest to see it was a West German. I looked at his face, and thought, who the hell is that. But he didn't get away, and I thought I was still in with a chance. But when Virgin came past I knew who he was all right. And the rate he was going, I knew it was lost. I had nothing left at all. I was just shattered. And the straight was like a mile long, it went on and on.

Incidentally, did you know that the race was over 12,600m, and not 11,900m as announced? It only came to light a couple of days after in 'L'Equipe'. The extra distance was about the length of the straight.

Really? No, I knew it must have been fairly long, from the finishing time. But I never really made the equation of time and distance. Oh well

You've just arrived back from running the Five Mills race in Italy. You weren't intending to run there originally.

No — and it turned out to be a bit of a mistake. I got a phone call on the Thursday evening after Paris, saying Mike McLeod was still injured, and could I replace him. Well, that day I'd had my first decent training run since Longchamp, and I thought I'd got over it. But after the initial lap around a football field I knew I wasn't feeling myself. I realised then it was going to be a grind, and to be honest I was hanging on for six miles. I knew I wouldn't win it, yet I stayed in contact with the other three until the last half-mile.

Did you have a chat to Seb Coe?

Yes. But that was a pretty bizarre situation. As everybody knows now, it was in Italy he'd been training. And apparently he'd only contacted the Italian organisers of the Five Mills, who'd told him that it was a flat, fast, grassland course. Yet, anyone would have asked why they call it the Five Mills. Steve Ovett's run it the last two years, there's been pictures in 'AW' that I've seen. I'm

sure Seb gets 'AW'. Or otherwise, all he had to do was give Steve a ring. As it was he turned up to find this fairly rough course, and was completely surprised by it. But since he'd committed himself, he felt obliged to run. But, quite frankly if that had been me, with everything to go for in Moscow as he has, I wouldn't have run the risk of injury. I wouldn't have run. It was all a bit silly really.

You've raced fairly sparingly this winter. Now you're back home, is there any pressure from Bristol to run more club races for them?

Oh yes, of course. They'd like me to turn out every week, if I could. But on the other hand they realise that my objectives are different to the average club runner. And, in the end, they respect that. They're very good really. And if they do need me, I'll turn out. For example, I'm happy to run the National League in the summer, 1500m or 5000m. And I'm running the National 12-stage, and the club's paying for Tony (Staynings) to fly over for that one.

You've already mentioned people like Tony, Chris Ridler and Nigel Gates who run for Bristol. And there's Colin O'Neill as well. They all came from local rivals, Westbury Harriers. Why is this? What's the reaction of the Westbury people?

It's amazing really. I felt a bit guilty when Tony and Chris first came over to the University of Western Kentucky. They decided to join Bristol while they were in the States. The trouble really is that Westbury have got a great Youths section, and they do well in Senio cross-country, but they don't have the track opportunities. So people like Colin and Nigel just came to us looking for National League competition. There's quite a lot of bad feeling among the officials, but the athletes get on really well together.

What's your attitude to the Olympic boycott possibility?

I think it's all very sad really. I was one of the 70-odd people who signed the IAC petition against the boycott. I think the athletes are being used to political ends. Thatcher was all for proposing alternative games, and she didn't even contact the IAAF. That's the measure of the government's knowledge of what goes on in sport. All right, if sanctions or something like that had been applied before, and hadn't worked, then I might be able to understand an Olympic

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1980

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"Lot of good 10,000's to run"

boycott as a last ditch attempt. But, no, as it is I think it's a bad show altogether.

Will this affect Chef & Brewer's involvement in the Olympic appeal?

No, because it's not the Olympic appeal as such. Chef & Brewer, through the IAC, are funding training schemes, like the high altitude camps, and the two weeks in Nice.

Are you going on any of these camps?

No. I was offered recently the two-week trip to Kenya, but since one week of that would be needed to acclimatise, I didn't think it was worth it. But what I'd like to know about these camps is, "who selects who to go". For example, why isn't Barry Smith going? There are people being picked for one or more of these camps who are far less worthy than Barry, and stand far less chance of Olympic selection. But, that's consistent with the track administration anyway — if your face fits, you're in. Look at Paris. One BAAB official came and congratulated me after the race. And she hasn't spoken to me in two years. That's the mentality. And there are others like that — too many of them. They only want to know if you're running well.

Do you think your going to the States is held against you?

Yes, definitely. Also the fact that I've spoken out before about the administration. Just compare them with the cross-country officials, who are great. They're really in touch with the athletes. So are the IAC, so is David Shaw, but he's hamstrung by the old school. What I'm really critical of is the way the juniors are treated. It's just like it was when I was a junior. If they're so intent on juniors staying in Britain, why don't they try and get more athletics scholarships here. Or persuade industry and commerce to offer jobs with time off to train to young potential champions. The IAC are doing this sort of thing, why can't the BAAB? I still act as a sort of agent for juniors going to the States on scholarships. Sandra Arthurton and Louise Parker have had offers recently. As far as I'm concerned, while things stay the same here, they should go.

In view of your criticism, could you see yourself leaving England to go back to the USA?

That's in fact my intention — our intention. I've talked it over with Christine. She's enjoyed it

NICK ROSE'S CAREER IN BRIEF

Born in Bristol, 30.12.1951; 1.75/5'9", 60kg/132lb. Club: Bristol AC.

Personal bests: 800 — 1:51.0 (1973), 1500 — 3:40.8 (1975 & 1977), mile — 3:58.4 (1973), 2000 — 4:59.6 (1978), 3000 — 7:40.4 (1978), 2M — 8:18.4i (1978), 5000 — 13:20.4 (1977), 10,000 — 28:49.0 (1977), half marathon — 62:32 (1979).

Major championships: 1971 — 1st International Junior CC Champs; 1977 — 1st European Cup 5000, 4th World Cup 5000, 1st American CC Champs; 1978 — 12th Commonwealth 5000, 7th European 5000; 1979 — 5th European Indoor 3000; 1980 — 1st National CC Champs, 3rd IAAF CC Champs.

Annual progression at 1500/Mile, 5000 & 10,000:

1970	3:50.0/—	—	—
1971	3:47.6/4:03.4	14:11.0	—
1972	3:46.5/4:02.5	14:20.8*	30:19.6
1973	3:41.3/3:58.4	13:42.2*	—
1974	—/4:02.6	13:44.0*	—
1975	3:40.8/3:59.0	13:35.2	—
1976	3:44.5/4:01.8	13:22.4	—
1977	3:40.8/3:59.1	13:20.4	28:49.0
1978	3:43.9/3:58.9	13:25.4	—
1979	—	13:33.2	—

* 3 miles times plus 28 sec

when we've been in the States before. After the Olympics, whether I go or not, we've planned to go over for at least six months. I've been invited back to the half-marathon in Dayton, and we'll live back in Louisville. Quite frankly the only thing that I would miss would be the cross-country here. It's so different. There's a team spirit in cross-country. It's evident even at international level, like when we were in Paris recently. You all race together, then you go off and have a drink. That's why I like the club system in Britain. It's the backbone of the sport.

Which event are you aiming for at the trials?

The 10,000m. If that doesn't come off I'll try for the 5000m the following week. My best 10km is a ludicrous 28:47 that I did in Florida three years ago. There's at least a minute to come off that.

And the marathon?

Oh yes, I'd love to do a marathon. I reckon I could do 2:12 now. But I get the impression I'd drop everything else then, just to run marathons. I've got a lot of good 10,000s to run yet.

What about next year's World Cross-Country Champs?

Well, that's the other thing that would bring me back from the States, although it does conflict with their indoor track season. Having come so close this year, I'm sure I could win it. And I'd try not to overlook anybody next time!

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FELTHAM ROAD RACES

BERNIE FORD retained his individual title in the annual Feltham Easter Monday Road races sponsored this year by Chubb Fire. Despite his emphatic 30 sec margin over team-mate Roger Hackney he was 13 sec short of his own course record. Aldershot in fact, dominated the team race for whilst Ron Harris took third spot, Peter Adams closed in their 'A' team and evergreen 'Taff' Davies was a superb fifth to lead the 'B' team to second overall.

Borough of Hounslow, with six in nine, dominated the Senior Women's race and took top three places. Wendy Smith edged ahead in the final 700m after she and Paula Fudge had found it hard to get away from Annette Roberts. Only Grete Waitz has run faster over this course.

Conrad Milton

1, B. Ford (Aldershot F&D) 23:10
 2, R. Hackney (Aldershot F&D) 23:40
 3, R. Harris (Oxford City) 23:57
 4, P. Adams (AF&D) 24:16; 5, T. Davies (AF&D-V) 24:27; 6, C. Sly (Houn) 24:28; 7, B. Thompson (AF&D) 24:35; 8, G. Staunton (Lon. I) 24:46; 9, R. Newble (Inv) 24:49; 10, S. Harrison (AF&D) 24:54; 11, M. Rolfe (Ex. B) 24:57; 12, J. Barnard (Poly) 25:04; 13, W. Venus (Blay-V) 25:10; 14, C. Thomas (TVH) 25:11; 15, D. Brechin (Ell) 25:11; 16, L. O'Hara (Bel-V)

25:13; 17, G. Heathers (F&C) 25:15; 18, J. Stow (W. Gn) 25:19; 19, J. Hensman (Mit) 25:22; 20, B. Copps (Houn) 25:26. **Teams:** 1, Aldershot F&D 7; 2, Aldershot F&D 'B' 22; 3, Hounslow 59; 4, Oxford City 69; 5, Polytechnic 83; 6, Invicta 86. (**Young Athletes:**) 1, G. Staines (Ver) 12:27; 2, D. McIntosh (Ex. B) 12:44; 3, J. Strickland (Wyc) 12:48; 4, D. Brockwell (Houn) 12:52; 5, S. Clark (Ex. B-B) 12:53; 6, O. Foote (Sy) 12:57; 7, L. Harvey (Old G) 13:01; 8, M. Digby (AF&D) 13:02; 9, R. Gray (Ex. B) 13:03; 10, A. Saker (Ell) 13:08. **Teams:** 1, Essex Beagles 16; 2, Elliott 36; 3, Verlea 37; 4, Aldershot F&D 41. (**Women:**) 1, W. Smith (Houn) 13:11; 2, P. Fudge (Houn) 13:17; 3, A. Roberts (Houn) 13:29; 4, D. Peel (Hay. H) 14:44; 5, B. Green (Houn) 15:00; 6, L. Billington (Houn) 15:05; 7, M. Thompson (Ver) 15:05; 8, J. Broad (S&E) 15:15; 9, A. Ford (Houn) 15:44; 10, T. Glynn (Hill) 15:50; 11, J. Bennett (WS&E) 16:07; 12, A. Webster (AF&D) 16:10. **Teams:** 1, Hounslow 6; 2, Hounslow 'B' 20; 3, Hillingdon 39; 4, Hercules Wimbledon 56. (**Inters:**) 1, K. Timson (Thur) 14:51; 2, C. Draper (L. Buz) 15:28; 3, C. Cross (Houn) 15:38; 4, V. Strickland (Havant) 15:44; 5, L. Ealham (Ver) 15:47; 6, A. Griffiths (Havant) 16:01. **Team:** Hounslow. (**Juniors:**) 1, K. Hughes (Thur) 7:37; 2, T. Long (F&C) 7:57; 3, L. Smith (Houn) 8:05; 4, S. Foster (Thur) 8:16; 5, J. Howarth (Gt. Y) 8:21; 6, A. Neal (F&C) 8:24. **Teams:** 1, Thurrock 12; 2, Fleet & C 18; 3, Hounslow 24.

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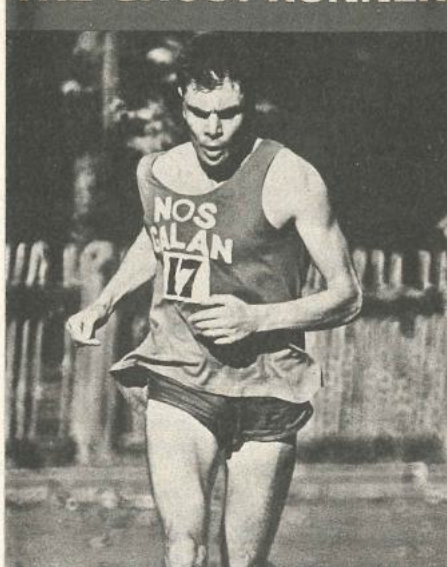
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—Road Runners Club Newsletter

Schools International Cross Country**Coolmine, March 29th**

English Kids Dominate in Dublin

Intermediate Boys

1, J. Richards (England)	23:56
2, A. Leach (England)	24:29
3, G. Crowther (England)	24:39
4, R. Herbert (E) 24:44; 5, D. Maguire (E) 24:48;	
6, G. Mitchell (S) 24:53; 7, A. O'Hara (S) 24:55;	
8, A. Uttley (E) 25:07; 9, T. Rayworth (E) 25:24;	
10, G. McMillan (S) 25:33; 11, L. O'Riagain (I)	
25:40; 12, M. Coogan (I) 25:48; 13, G. Wallace	
(I) 25:49; 14, E. Fitzpatrick (I) 25:50; 15, K.	
Millar (E) 25:51; 16, J. Cowan (S) 25:54; 17, T.	
McKean (S) 25:54; 18, D. Russell (S) 25:55; 19,	
D. McShane (S) 25:56; 20, J. McKeever (W)	
25:58; 21, M. Dwyer (I) 26:14; 22, T.	
McLoughlin (I) 26:16; 23, M. Griffiths (W)	
26:17; 24, J. Chick (W) 26:32; 25, A. Puckrin (S)	
26:36; 26, M. O'Murchu (I) 26:41; 27, S. Atkins	
(W) 26:43; 28, S. Knight (W) 26:44; 29, B. Lacey	
(I) 26:47; 30, J. Pimley (W) 26:51; 31, G. Howells	
(W) 26:52; 32, I. Williams (W) 26:53. Teams: 1,	
England 23; 2, Scotland 74; 3, Ireland 93; 4,	
Wales 152.	

Junior Boys

1, E. Kimani (England)	18:43
2, I. Davidson (Scotland)	19:02
3, B. Murphy (England)	19:08
4, D. Ritchie (I) 19:11; 5, M. Commerford (W)	
19:13; 6, J. Yeates (E) 19:21; 7, D. Groom (E)	
19:29; 8, K. Smith (E) 19:39; 9, J. Devlin (I)	
19:40; 10, S. Holden (S) 19:41; 11, A. Mather (E)	
19:49; 12, D. Rixon (W) 19:50; 13, G. Faulds (S)	
19:51; 14, O. Phin (S) 19:51; 15, T. Larcombe (E)	
19:52; 16, G. Conway (I) 20:01; 17, T. Moriarty	
(I) 20:03; 18, S. Burton (E) 20:06; 19, J. Moloney	
(I) 20:15; 20, R. Condron (I) 20:26; 21, T. Parfitt	
(W) 20:28; 22, G. Shearer (S) 20:29; 23, R. Little	
(S) 20:32; 24, S. Hardy (W) 20:36; 25, C.	
Worthington (W) 20:42; 26, I. Stewart (I) 20:44;	
27, G. Philip (S) 20:44; 28, M. O'Suilleabhain (I)	
20:51; 29, R. Wyatt (W) 20:59; 30, L. Williams	
(W) 21:26; 31, J. Pritchard (W) 21:58; 32, C.	
Little (S) 22:35. Teams: 1, England 36; 2,	
Scotland 84; 3, Ireland 85; 4, Wales 116.	

Intermediate Girls

1, K. Hughes (England)	19:38
2, L. McDougall (Scotland)	19:43
3, A. Alford (England)	20:04
4, Y. Murray (S) 20:17; 5, T. Long (E) 20:21; 6,	
L. Wight (E) 20:26; 7, D. Burton (E) 20:32; 8, A.	
O'Neill (I) 20:43; 9, E. Hand (E) 20:45; 10, D.	
Hammonds (E) 20:48; 11, K. Williams (W) 20:52;	
12, C. Hunter (S) 20:59; 13, K. Roderick (W)	
21:05; 14, P. Cairns (S) 21:07; 15, S. Morris (S)	
21:12; 16, K. McGee (S) 21:14; 17, D. Drath (E)	
21:15; 18, L. Jenkinson (I) 21:16; 19, A. Dollard	

(I) 21:23; 20, T. Kenward (W) 21:27; 21, N. Charlton (W) 21:29; 22, A. Everett (S) 21:31; 23, D. McClung (I) 21:33; 24, E. Blake (I) 21:39; 25, P. Delaney (I) 21:43; 26, C. Neville (S) 21:44; 27, L. Copp (W) 21:48; 28, R. Smith (I) 22:06; 29, B. Ruane (I) 23:07; 30, J. Thomas (W) 23:09; 31, S. Davies (W) 24:13; 32, B. Davies (W) 27:09. Teams: 1, England 31; 2, Scotland 63; 3, Ireland 117; 4, Wales 122.

Junior Girls

1, A. Johnson (Scotland)	13:31
2, J. Uren (England)	13:35
3, S. Tierney (England)	13:44
4, K. Petford (E) 13:50; 5, D. Crowley (W) 13:53;	
6, C. Lord (E) 13:54; 7, M. O'Shea (E) 13:55; 8,	
S. Ramsdale (E) 14:03; 9, J. Thomas (W) 14:04;	
10, T. Moloney (I) 14:08; 11, T. Jones (E) 14:10;	
12, M. Walsh (I) 14:12; 13, F. Ruane (I) 14:14;	
14, C. Herron (I) 14:17; 15, M. Culhane (I)	
14:19; 16, K. Husband (S) 14:20; 17, A. Parry	
(W) 14:21; 18, F. Harwood (W) 14:26; 19, N.	
Scanell (I) 14:28; 20, J. Jones (W) 14:37; 21, T.	
Power (I) 14:41; 22, T. McCullough (E) 14:45;	
23, T. Thomas (W) 14:45; 24, H. Colman (S)	
14:47; 25, D. Mackland (S) 14:48; 26, L. Friel (S)	
14:49; 27, J. Sullivan (S) 15:06; 28, J. Kirk (W)	
15:16; 29, E. Innes (S) 15:34; 30, H. Breton (S)	
15:39. Teams: 1, England 30; 2, Ireland 83; 3,	
Wales 92; 4, Scotland 119.	

Because of possible industrial action by transport workers on Wednesday, May 14th, Surrey County AAA have moved their Championship events, scheduled for that day, forward to Monday, May 12th.

FAVERSHAM 27th Annual Sports

(Under A.A.A. & W.A.A.A. Laws)

2.30 p.m., 26th May

17 Kilometres Road Race

Prizes: 1st 6, 1st Woman, 1st Veteran, 1st & 2nd Teams of 3.

Women's 100m, 200m, 800m.

Junior Women's & Girls 100m, 800m, 4 x 100m Relay.

Colts, Boys & Youths 100m, 800m.

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Entry Fees: 30p 1st event, 10p others. Juniors 20p, Teams 40p.

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To: G. C. Ely, 19 Court Street, Faversham, Kent ME13 7AT.

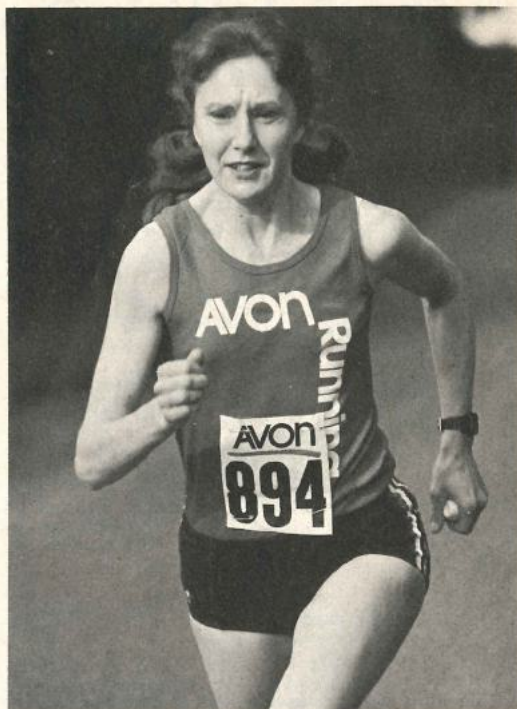
Avon Women's Marathon Will Make History

NEVER BEFORE, it is believed, has a marathon race been staged through the heart of London, so on Sunday August 3rd history will be made when the Avon International Women's Marathon is run over a course which starts at Battersea Park and ends at the Guildhall.

The race, which will feature the leading female marathoners of some 30 countries, will get under way at 10 am and, following three circuits of Battersea Park, the athletes will run along Nine Elms Lane, the Albert Embankment, over Westminster Bridge, along the Victoria Embankment and — following the Thames — past the Tower of London. The runners will continue eastward to Poplar and then dip down through the Isle of Dogs and back to the Tower and through the City to Guildhall where the winner is expected at around 12.30. It is a flat, fast course, carefully worked out by the organisers in close collaboration with the police. Given the advance publicity it deserves, the race could be a major tourist attraction as well as a first-class athletics event.

No fewer than 150 runners are expected to make the trip over from the USA (the first five in the USA championship at Pasadena on May 11th will have their expenses paid, the rest will pay for themselves), while it is hoped that about 50 British women will line up. Full details about how to enter will be announced in 'AW'. The race will incorporate a team contest (national and club), and British team colours will be awarded.

Avon, the world's largest manufacturer and distributor of cosmetics, fragrances and costume jewellery, have made their name synonymous with women's distance running sponsorship since their first international marathon in Atlanta, Georgia, in March 1978 which attracted 209



Last year's Avon Marathon winner Joyce Smith

runners and was won by Martha Cooksey (USA) in 2:46:16. Last year's event was held at Waldniel in Germany in September, and resulted in a triumph for Joyce Smith in the UK record time of 2:36:27 ahead of Kim Merritt (USA) 2:39:43 and Joyce's Barnet clubmate Carol Gould (2:40:37). With Suzan Hassan placing 15th in her marathon debut (2:49:02), Britain won the team race too. There were 263 starters from 24 nations, and an even bigger field is anticipated for London in August.

M.W.

FLEET & CROOKHAM A.C. PETER DRIVER MEMORIAL ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 1st JUNE, 1980

AT CALTHORPE PARK, FLEET, HANTS.

2.00 p.m. Girls	1 1/2 Miles
2.20 p.m. Junior Ladies	1 1/2 Miles
2.40 p.m. Colts (U/14 on 1.4.80)	2 Miles
3.00 p.m. Boys (U/16 on 1.4.80)	2 Miles
3.20 p.m. Senior Men	4 Miles
3.20 p.m. Senior Ladies	4 Miles

AWARDS: 1st 3 Inds. and 1st 3 Teams (3 to score) in each race. Trophies to 1st Ind. and Team in BOYS and SENIOR MEN'S event.

THIS YEARS RACES ARE SPONSORED:

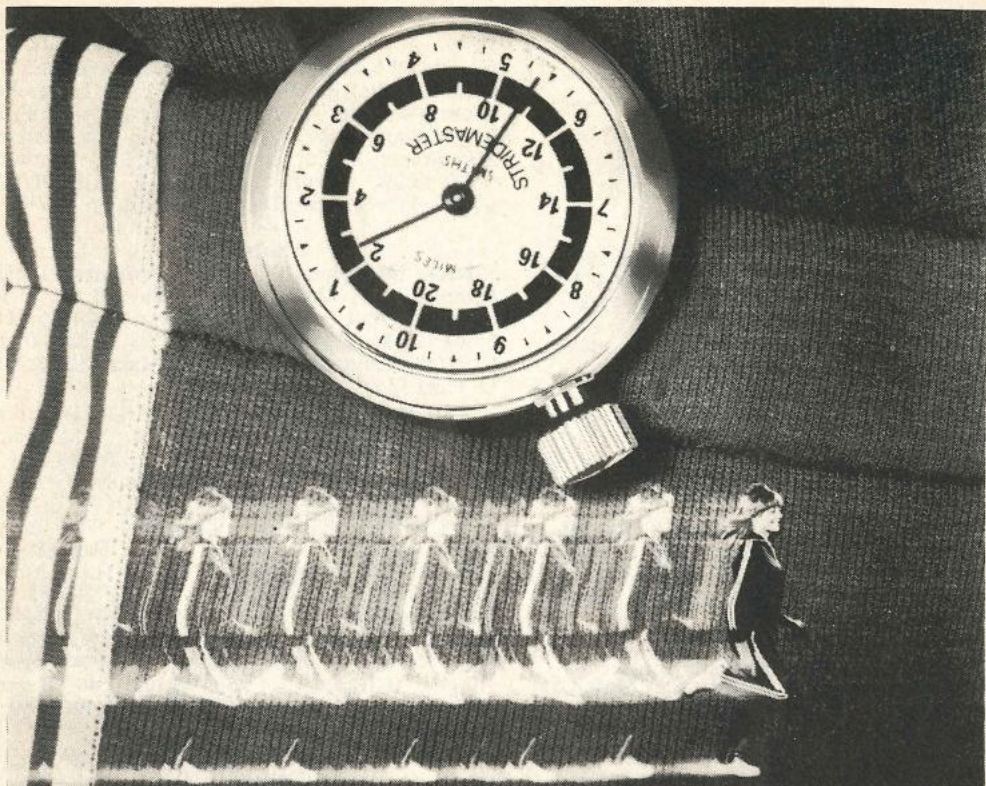
ADDITIONAL PRIZES ACCORDING TO ENTRY.

ENTRIES: 40p Ind., no Team fee, by Saturday, 24th May, to Dave Hall, 2 Lorraine Road, Camberley, Surrey, S.A.E. for acknowledgement and details. Late entries or entries on the day: 60p.

SOUTHERN 10,000m CHAMPIONSHIP

At West London, April 9th

1, A. Catton (Ilf) 28:57.4; 2, P. Standing (WS&E) 28:58.8; 3, Graham Tuck (C&C) 29:27.8; 4, R. Lawrence (Inv) 29:41.2; 5, M. Brameld (Inv) 29:47.6; 6, N. Brawn (Inv) 29:50.5; 7, R. Coles (B'ht) 29:52.4; 8, M. Little (Croy) 30:04.2; 9, P. Berry (Swin) 30:07.4; 10, K. Clifford (C&C) 30:30.7; 11, J. Hernon (Hast) 30:49.5; 12, P. Clarke (Charn) 30:58.2; 13, B. Thompson (AF&D) 31:02.4; 14, C. Thomas (TVH) 31:16.2; 15, P. Martin (Hast) 31:17.1; 16, D. Felsenstein (Shaft) 31:17.5.



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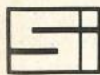
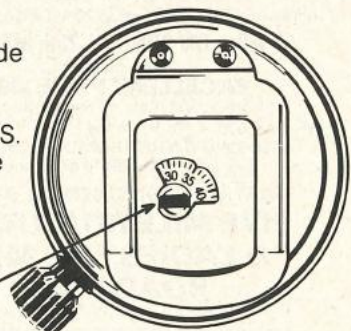
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Results In Brief

February 23rd

Redhill & Reigate Open Meeting, at Crystal Palace. (Women): LJ: K. Terrett (Mit) 5.63.

March 8th

Manchester Univ. Past 32; Present 59, at Wythenshawe Park. 1, R. Hill (Past) 32:08; 2, A. Duggan (Past) 32:27; 3, C. Paul (Pres) 32:47; 4, S. Walker (Past) 33:20.

March 15th

N. Wales Champs, at Wepre Park. (Boys): 1, S. Evans (Wrex) 11:07; 2, A. Ridgeway (Wrex) 11:09. Team: Elfed S. (Colts): G. Ellis (Ery) 11:14. Team: Elfed S. (U/11): N. Key (Wrex) 7:54. Team: Colwyn Bay. (Women): 1, S. Davies (Dees) 9:24; 2, J. Barrett (Dees) 9:29; 3, S. Millington (Dees) 9:32. Team: Deeside. (Juniors): N. Charlton (Dees) 9:34. Team: Deeside. (Girls): 1, S. Key (Wrex) 7:30; 2, E. Williams (Colw) 7:32. Team: Deeside. (U/11): S. Haskins (Colw) 5:02.

March 16th

W. Glamorgan v Co. Offaly CC Match, at Swansea. 1, K. Gallivan (WG) 29:41; 2, P. Williams (WG) 29:50. Team: W. Glam. (Youths):

1 eq, A. Smith (WG) & G. Hill (WG) 23:46. Team: W. Glam. (Boys): 1 eq, G. Smout, C. Corish & M. Griffiths (all WG) 19:23. Team: W. Glam. (Colts): I. Parry (WG) 13:32. Team: W. Glam. (Women): 1, M. Fitzsimons (CO) 15:08; 2, E. Williams (WG) 15:22. Team: W. Glam. (Juniors): 1, E. Coonan (CO) 9:23; 2, A. Graham (CO) 9:29. Team: Co. Offaly. (Girls): D. Crowley (WG) 6:59. Team: W. Glam.

March 22nd

RAF Bruggen '10', West Germany. 1, G. Schmitz (Gst) 50:46; 2, D. McCay 50:52; 3, T. McBrien 51:03; 4, T. Flanagan 51:24; 5, D. Cowie 51:34; 6, G. McAllister 52:08; 7, K. Barber 52:10; 8, S. Bushell 52:11; 9, P. Marsh 52:48; 10, D. Hart 53:05.

TSB Road Races, at Sefton Park, Liverpool. Relay: 1, Manchester (P. Shaw 20:55, M. Plant 20:40, R. Wilde 20:56, D. Blakeley 21:44) 84:15; 2, Airedale & SV 84:34; 3, Blackburn 85:13; 4, Bolton 85:23; 5, Liverpool 86:09; 6, City of Hull 86:17; 7, Salford 86:21; 8, Liverpool 'B' 87:23; 9, Sheffield 87:47; 10, Wirral 87:49. Fastest: M. Morton (B'burn) 20:29; J. Woods (Liv) 29:34; Plant 20:40; A. Armitage (A&SV) 20:46; M. Longthorn (A&SV) & D. Singleton (Bol) 20:47. (Colts): J. Lamb (Liv) 11:59. Team: St. Mary's Coll. (U/11): P. Benedickter (Dac) 7:24. Team: Bingley (Girls): A. Lyons (Liv) 7:46. Team: Liverpool. (U/11): K. Still (Wig) 5:59. Team: Spenborough.

EAST HULL HARRIERS & A.C.

Annual

AFOS 20 MILE ROAD RACE

(Under A.A.A. Laws)

Incorporating Humberside 20 Mile Championship

AT HULL ON SUNDAY, 25th MAY, 1980

Start 2.00 p.m.

EXCELLENT PRIZE LIST

(Including Veterans, Individual and Team)

Entry Fee: 60p — No Team fee.

CLOSING DATE THURSDAY, 15th MAY

Time certificates to all finishers

ANNUAL CONTINENTAL STYLE FIVE MILE ROAD RACE & LADIES FIVE MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

AT HULL ON SUNDAY, 1st JUNE, 1980

Start 11.30 a.m.

EXCELLENT PRIZE LIST

Entry Fee: 50p — No Team fee.

CLOSING DATE THURSDAY, 22nd MAY

For above races send entries to P. Dearing, 1 Collynson Close, Willerby, Hull HU10 6AS. (Tel. 0482 655299, Office 0482 25796).

Advance Programme sent to all entrants

BEARSDEN & MILNGAVIE

HIGHLAND GAMES

(Under S.A.A.A. Laws)

SATURDAY, 14th JUNE, 1980

at 2 p.m.

Jordanhill Playing Fields, Kilmarnock,
Milngavie Rd., Bearsden, Glasgow

EVENTS

HANDICAPS: 100m, 200m, 1500m, High Jump and 10 mile road race.

SCRATCH: 800m, 3000m Individual & Team, 100m Vets.

HEAVIES: Shot, Caber, Scots Hammer, Weight for Height.

YOUNG ATHLETES (Scratch): 400m Youths, 800m Senior Boys, 1500m Junior Boys.

Entry Fees: 20p Individual, 40p Team.

Entries close: Friday, 23rd May with J. W. McInnes, C.A., 4 Brown Avenue, Overtoun Estate, Dumbarton G82 3LA.

March 23rd

Coombe Gibbet to Overton 16M Cross-Country. 1, A. Newman (Newb) 1:31:11; 2, D. Fudge (Ports) 1:31:18; 3, M. Daykin (Glouc) 1:32:19; 4, G. Anderson (Newb) 1:33:44; 5, A. Harmer (Ports) 1:35:11; 6, J. Polgreen (Ox. C) 1:35:46; 7, R. Taylor (Newb) 1:36:26; 8, R. Wilkinson (Ov) 1:36:34; 9, B. Switzer (S&E) 1:37:00; 10, J. Clow (Ports) 1:37:15; 11, D. Harrington (G&G) 1:37:15; 12, W. Webster (Newb) 1:37:23; 13, M. Turner (Th. H&H) 1:37:26; 14, A. Ive (WS&E) 1:37:42; 15, S. Crawte (AF&D) 1:37:53; 16, P. Quigley (AF&D) 1:37:55; 17, M. Keogh (B'stoke) 1:38:14; 18, T. Moffatt (Win) 1:38:42; 19, D. Ide (Inv) 1:38:54; 20, D. Daysh (B'stoke) 1:39:04.

March 29th

Gloucester Road Races, at Black Bridge. (Boys): 1, P. Field (Glouc) 11:17; 2, B. Matthews (B&V) 11:27; 3, S. Bradstock (Chelt) 11:39. (Colts): P. Stevenson (B&P) 7:59. (Women): 1, M. Palmer (West) 17:08; 2, L. Tonner (Swin) 17:50; 3, M. Wiltshire (West) 18:19. (Inters): 1, S. Henderson (Den) 13:20; 2, K. Taylor (Glouc) 13:23; 3, D. Bevan (Abert) 13:53. (Juniors): 1, C. Bolt (Tiv) 8:24; 2, K. Bishop (Chelt) 8:41. (Girls): S. Hawkey (Par) 4:05.

Pendle Fell Race, at Barley. 1, H. Walker (B'burn) 32:34; 2, C. Donnelly (Cam) 32:53; 3, M. Short (Horw) 33:14; 4, R. Holdsworth (Hal) 33:44; 5, P. Cowell (Ross) 33:46; 6, A. Taylor (Ken) 34:07; 7, M. Calvert (Leeds U) 34:11; 8, D. Cartridge (Bol) 34:24; 9, R. Wayne (Bing) 34:51; 10, J. Broxup (Kes) 35:03. (Vets): W. Cooper (Man) 36:59. (O/50): E. Foley (Horw) 41:51. (Women): 1, J. Lochhead (A&SV) 42:43; 2, G. Pile (Man) 42:49; 3, B. Hogge (Ery) 44:25; 4, J. Dransfield (Spn) 45:55.

Oxford City Open Meeting, at Iffley Road. (Youths): JT: J. Pickering (Cor) 55.48. (Boys): JT: A. Owen (March) 53.40. (Inters): 100: K. Rist (Rad) 12.2. 1500: C. Fairbrass (Read) 4:41.6. HJ: E. Hickey (Rad) 1.70. LJ: J. Edwards (Bris) 5.69. SP/JT: D. Bayley (Brack) 9.80/36.30. DT: L. Higman (Fare) 34.96. (Juniors): 200: M. McCoy (Ports) 26.2. DT: K. Pugh (Newb) 38.78. JT: J. Abel (Yeo) 30.62.

March 30th

Kentmere Horseshoe Fell Race. 1, C. Donnelly (Cam) 1:41:07; 2, W. Bland (Kes) 1:42:05; 3, H. Jarrett (Cumb) 1:42:24.

Edale Skyline Race, in Derbyshire. 1, H. Walker (B'burn) 2:45:03; 2, A. Darby (Sale) 2:49:28; 3, R. Pearson (Dark P) 2:50:02; 4, J. Reade (Clay) 2:53:44; 5, A. Farnell (Dark P) 2:54:23; 6, M. Garrett (Mand) 2:56:04; 7, G. Berry (Dark P) 2:56:47; 8, K. Taylor (Ross) 2:57:37; 9, D. Weir (Sale-V) 2:58:56; 10, R.

Aucott (Dark P) 2:59:53. (Women): 1, J. Pearson (Sheff) 2:21:03; 2, B. Hogge (Ery) 2:29:28; 3, W. Dodds (A&SV) 2:38:34.

Kent AC '10', at Sidcup. 1, P. Gaden (Torb) 50:04; 6, M. Paul (Camb. H) 51:40; 3, B. Haratsis (LSE) 52:05; 4, J. Avis (Camb. H) 52:11; 5, P. Pape (Camb. H) 52:34; 6, L. Slater (Inv) 52:42; 7, C. Moulton (HW) 52:42; 8, P. Field (N. Lon) 53:02; 9, R. Allemanno (LSE) 53:40; 10, D. Roberts (B'ht) 53:48; 11, B. Bounvino (Kent) 53:53; 12, L. Hughes (Med-V) 54:06; 13, G. Valentine (Bas) 54:10; 14, R. Williams (Fav) 54:21; 15, J. Robertson (Camb. H) 54:27. **Teams:** 1, Cambridge H 11; 2, LSE 32; 3, Cambridge H 'B' 50; 4, Blackheath 61; 5, Dartford 85; 6, Basildon 90. (Vets): 1, Hughes; 2, T. Wood (E&E) 55:41; 3, B. Minns (Bas) 56:34. (O/50): 1, R. Hale (Kent) 63:21; 2, R. Blois (Bas) 63:27. (Women): W. Orrowe (Harl) 68:55.

Raynes Park School 48; Staff 58; Old Boys 69, at Wimbledon. 1, D. Wright (OB) 20:24; 2, J. Forrest (St) 20:43; 3, R. Dorman (OB) 21:32; 4, D. Hayden (S) 21:38.

April 2nd

TVH Open Meeting, at West London. HT: M. Zaidman (Har) 48.06. (Youths): HT: 1, R. Fedder (WLHS) 52.42; 2, G. Deegan (WLHS) 48.90; 3, K. Power (WLHS) 47.38. (Women): BMC 1500: 1, E. Lyon (Wyc-J) 4:32.0; 2, W. Lodge (AF&D) 4:38.5; 3, L. Silva (Mel) 4:40.9. 3000: 1, J. Armstrong (Hasl) 10:14.4; 2, K. Brighton (Hunt) 10:21.7.

April 5th

Newport '10'. 1, J. Robertshaw (Newp) 49:48; 2, M. Lane (Newp) 50:07; 3, M. McGeogh (B&V) 50:42; 4, M. Crowell (Bridge) 51:11; 5, M. Rowland (Newp) 51:28; 6, T. Hawes (Swan) 51:36; 7, M. Firth (Man) 52:04; 8, J. O'Brien (Bridge-V) 52:20; 9, A. Jefferies (Swan) 52:38; 10, D. Hopkins (Newp) 52:56; 11, D. Roberts (Swan) 53:12; 12, S. Brown (Chelt) 53:20; 13, D. McNamee (Newp) 53:27; 14, P. Hitchings (Newp) 53:37; 15, D. Crombie (Newp) 53:40. **Teams:** 1, Newport 8; 2, Swansea 26; 3, Bridgend YMCA 35.

April 7th

Biggleswade Road Races. 1, P. Radcliffe (W. Suf) 33:20; 2, E. Martin (Bas) 33:51; 3, S. Flint (North) 34:17; 4, D. March (Mil. K) 34:40; 5, G. Thomas (Lut) 34:41. **Teams:** 1, Northampton Ph. 22; 2, Biggleswade 44; 3, Basildon 45. (Youths): 1, S. Rayner (Mil. K) 11:19; 2, P. Barr (Bas) 11:21; 3, D. Ramsden (Cov) 11:22. **Teams:** 1, Thurrock 34; 2, Barnet 45; 3, Vale of Aylesbury 49. (Boys): 1, S. Male (Ox. C) 11:40; 2, M. Slowikowski (HW) 11:41. **Team:** Tonbridge. (Colts): P. Hasley (Lut) 12:34. **Team:** Tonbridge. (U/11): M. Gadsden (Sx. R) 13:54. **Team:**

Hercules Wimbledon. (U/10): P. Covington (Lut).

April 9th

Fleet St. Bridges Race, at Blackfriars. Fastest: F. Upcott (SLH) 13:25; K. Ellis 13:31; G. Harrold (Enf-V) 13:37. (Women): 1, Ingarfield 6high) 18:08.

April 12th

Imber Trophy Meeting, at Cobhau. (Women): 400H: B. Corbett (E&E) 64.3. HJ: M. Tingay (Sy. B) 1.70. SP: L. Hamilton (HW) 11.17. JT: L. Rice (E&E) 42.54. (Juniors): HJ: D. Marti (R&R) 1.55.

Banstead Trophy Meeting, at Cobham. 800: D. Warren (E&E) 1:48.7. PV: 1, J. Lewis (Coll) 3.90; 2, R. Gammage (Wok) 3.90; 3, Donachien (Wok) 3.80. LJ: J. Torpey (E&E) 7.09. SP: 1, W. Fuller (E&E) 16.24; 2, N. Phipps (Wok) 13.89. HT: K. Prior (E&E) 44.50.

April 13th

South Tyneside Open '20', at South Shields. 1, C. Hallimond (Gat) 1:48:56; 2, J. Keating (E&S) 1:49:35; 3, R. Marshall (Mor) 1:50:03; 4, R. Donkin (Sun) 1:50:39; 5, P. Whittle (Els) 1:51:50; 6, D. Dixon (Sun) 1:52:56; 7, T. Flory (M&C-V) 1:53:23; 8, D. Robson (Els) 1:54:38; 9, D. Smith (Tyne) 1:56:49; 10, A. Lamb (NSP) 1:56:58; 11, M. Richardson (Dur. C) 1:57:54; 12, D.

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Littlemore (Salt) 1:58:28; 13, M. Frostick (M&C) 1:58:59; 14, C. Pickett (M&C-V) 1:59:32; 15, P. Richardson (Els) 1:59:41; 16, A. Elders (Salt) 1:59:58; 17, J. Alder (Mor) 2:00:15; 18, S. Raine (Sun) 2:01:37; 19, H. Gamble-Thompson (M&C-V) 2:02:54; 20, F. Dockerty (J&H-V) 2:03:09. **Teams:** 1, Elswick 28; 2, Sunderland 28; 3, Middlesbrough & C 34; 4, Morpeth 51.

Inter-Club Meeting, at Enfield. 110H: 1, C. Richardson (Har) 15.7; 2, S. Adams (Enf) 15.8. 400H: 1, Adams 54.8; 2, T. James (Enf) 55.0. HT: M. Mason (Enf) 53.44. (Youths): 800: S. Crabb (Enf) 1:58.9. PV: 1, P. Hoad (Enf) 3.70; 2, S. Leggett (Enf) 3.50. LJ/TJ: H. Teap (Enf) 6.53/14.10.

Lost — at the Harborne Road Relay Races on April 12th: one pair of black and white Nike road shoes. Postage will be refunded on their return to J. Rowley, 114 Evesham Road, Redditch, Worcs.

Richard Hymans, hon. treasurer of the NUTS, is moving on May 9th to 14D Vera Road, Fulham, SW6 6RN.

SCHOOLS RESULTS

Abingdon Road Relay (March 5th). 1, Sir Thomas Rich's (M. Robinson 16:19, P. Yeatman 17:11, P. Mayo 16:45, D. Prince 15:29) 65:44; 2, King Henry VIII (G. Grimmett 17:05, M. Aldersley 16:22, P. Griffiths 16:50, S. Horton 16:00) 66:17; 3, Abingdon 68:55; 4, Blessed George Napier 71:34; 5, RGS High Wycombe 71:37; 6, Latymer Upper 71:49. Fastest: Price 15:27; Horton 16:00; Robinson 16:19.

Northern Champs, at Disley (March 15th). (Snr): 1, Newby; 2, Topham; 3, Potter. Team: Bradford GS. (U/16): 1, Leach; 2, Uttley; 3, Nerurkar. Team: Maidstone GS. (U/14): 1, Murphy; 2, Charlesworth; 3, Miles. Team: St. Edward's Coll. (U/13): 1, Walker; 2, Robinson; 3, Pearce. Team: St. Anselm's Coll. (U/12): 1, Tinsley; 2, Lamb; 3, Isherwood. Team: St. Mary's Coll.

Moston Brook Relays (March 18th). (U/16): 1, St. Anselm's (V. Leahy 3:34, B. Rimmer 3:49, R. Tudor 3:53; 4, I. Billy 3:36) 14:52; 2, St. Edward's 14:54; 3, Moston Brook 15:10. Fastest: A. Uttley (Bury GS) 3:27. (U/14): 1, St. Edward's (T. Larcombe 3:41, Evans 3:49, Rooney 3:52, B. Murphy 3:51) 15:13; 2, Cheadle Hulme 16:01. Fastest: Larcombe 3:41. (U/12): 1, Moston Brook (D. Howes 4:32, B. Barlow 4:16, J. Conway 4:30, S. Tinsley 3:51) 17:09; 2, Our Lady's 17:17; 3, St. Edward's 17:22. Fastest: Tinsley 3:51.

PHILIPS

Simply years ahead

**INTERNATIONAL****PROGRAMME**

Philips International Athletics Cwmbran Sunday 18th May Cwmbran Stadium

England v Holland v Hungary v Wales
 First event Field 1.30 p.m. Track 3.15 p.m.
 Admission £2. £1.50 £1. (Children 50p)
 Tickets from Cwmbran Stadium

Philips Night of Athletics

Crystal Palace National Centre Wednesday 21st May
 incorporating England v Belgium v Scotland v Sweden
 Men's International. Women's Invitation Events and
 the Bannister Mile.

First event Field 6.30 p.m. Track 6.45 p.m.
 Admission £4 and £3. No reduction for children
 £2 and £1.50 (Children half price)
 Tickets obtainable from: Crystal Palace N.S.C.
 Norwood, SE. 19. 01-778 0131.

**1880****1980**

Overseas News and Results

AUSTRALIA: Willi Sawall Sets Commonwealth 50km Walk Record

AUSTRALIAN selectors have picked a team of 30 athletes for the 1980 Olympic Games. Rick Panell, executive director of the Australian AAU, said after releasing the team that he was confident Australia would send a team to Moscow, despite the Federal Government's boycott proposal. A final decision by the Australian Olympic Federation will be made in May.

The team (with 1979/80 best marks in brackets) — **100:** Richard James (24; 10.48/10.3/10.1w); **200:** Bruce Frayne (22; 21.05/20.6), Peter Gandy (18; 20.5); **400:** Rick Mitchell (25; 45.35); **800:** John Higham (28; 1:45.9); **1500:** Michael Hillardt (19; 3:39.7); **5000:** Steve Austin (29; 13:30.0), David Fitzsimons (30; 13:19.6 in Aug 1979), Bill Scott (28; 13:23.8); **10,000:** Austin (28:02.7), Gerard Barrett (23; 27:50.7 in July 1979), Scott (27:46.8); **Mar:** Barrett (2:11:42), Robert de Castella (23; 2:12:24), Chris Wardlaw (30; 2:12:47); **3000SC:** Peter Larkins (25; 8:27.2); **LJ:** Gary Honey (20; 7.98m/8.10w); **TJ:** Ian Campbell (23;

17.09m/17.19w), Ken Lorraway (24; 16.83m/17.35w); **HT:** Peter Farmer (27; 75.90m in Aug 1979); **Dec:** Peter Hadfield (25; 7931); **20kmW:** Willi Sawall (38; 1:24:05), David Smith (24; 1:23:16); **50kmW:** Sawall (3:46:33), Tim Erickson (29; 4:05:04); **4x100:** Campbell, Frayne, Gandy, James, Lorraway; **Women's 100:** Denise Boyd (27; 11.2/10.9w), Debbie Wells (18; 11.2); **200:** Boyd (22.35/22.2), Colleen Pekin (22; 22.95); **400:** Raelene Boyle (28; 51.52/51.2); **100H:** Penelope Gillies (28; 13.10/13.0); **HJ:** Chris Stanton (20; 1.90m); **SP/DT:** Gael Mulhall (23; 18.55m/62.68m); **JT:** Pam Matthews (22; 65.74m), Petra Rivers (27; 61.36m); **4x100:** Boyd, Boyle, Gillies, Pekin, Wells.

Three athletes — John Higham, David Fitzsimons and Gary Honey — who did not compete at the national championships, because of injuries, will have to pass fitness tests by May 12th. The same courtesy was not extended to the fast improving Steve Foley, who last year in Europe was credited with 3:37.4 for 1500 and 3:56.6 for the mile, and ran 5:01.3 for 2000 back in Australia. Foley sustained an injury late in December running on the beach and has not competed since.

The 20km walk trial in Sydney on March 23rd

NORTHERN COUNTIES WOMEN'S A.A.A.

TRACK & FIELD CHAMPIONSHIPS 1980

Sponsored by Golden Lay

at Princess Mary Playing Fields,
Cleckheaton, Kirklees, Yorkshire

ON SATURDAY, 5th JULY

ENTRIES CLOSE 3rd JUNE, 1980

Entries & information from: Mrs P. M. Green, 33 Wheatfield Road, Cronton, Nr. Widness, Merseyside.

ALL CLUBS HAVE BEEN CIRCULATED

Meg Strikes Again!

MEG RITCHIE recaptured the UK record for the shot, her 'fun' event, when she reached 16.80m at Tucson on March 28th. The previous record stood at 16.72m by Judy Oakes, although Angela Littlewood registered 17.05m indoors this year. Reporting for *Track & Field News* on the Martin Luther King Freedom Games (where Meg set a Commonwealth discus record of 64.30m), Jon Hendershott wrote: "Asked what she is doing to produce her big throws, Ritchie laughed and said in her delightful Scottish burr, 'I don't know. I wish someone would tell me. I'm really surprised to be throwing this far so early because I'm still basically in my winter programme. I'm still lifting heavy weights. I really wonder what I'll do when I get off the weights and start working on my throwing speed'".

Brendan Foster ran before the biggest crowd of his life — 150,000 motor racing fans — when winning the Long Beach Grand Prix in California on March 30th. Prior to the Formula One race, Foster covered the 5.8 mile course in 26:42 way ahead of Herb Lindsay (27:11) and Stan Mavis

(27:17). The same day, in Washington, Britain's Malcolm East placed 10th (48:19) in a 10M road race — with 3500 runners — won by Bill Rodgers in 47:09. Anne Sullivan was first woman home in 55:34.

USA RESULTS

1.3. San Jose. JT: Kennedy 82.20. **2.3. Long Beach.** PV: Baird (Aus) 5.20. **7.3. Seattle.** Indoor PV: Taylor 5.50. **8.3. Murfreesboro.** Indoor 1000y: DAVE RAFFERTY 2:08.3. **8.3. Houston.** 800: 2, Hamilton (Jam) 1:47.5. **12.3. El Paso.** DT: Walvik (Nor) 61.90; HT: Farmer (Aus) 69.20. **15.3. Tallahassee.** 100: Robertson 10.19. **15.3. Jacksonville.** 15km road: Hodge 44:53. . . . 4, MALCOLM EAST 45:32; women — J. White 53:11. **16.3. Westwood.** Women's 100: ANDREA LYNCH-SAUNDERS 11.78w. **19.3. El Paso.** HT: Farmer (Aus) 69.82. **21.3. Stanford.** DT: 4, McGoldrick 63.52; 5, Gardner (Isr) 61.60; HT: Urlando (Ita) 74.42, Farmer (Aus) 71.48, Galle 67.14, MATT MILEHAM 66.98. . . . 6, Ed Burke (US record holder; first competition since 1968!) 63.24. **22.3. Stanford.** Women's DT: MEG RITCHIE's series: 53.96, 53.30, 64.30 (Commonwealth rec), 61.14, —, —. **22.3. Gainesville.** Women's LJ: McMillan 6.54. **22.3. Santa Barbara.** Dec: COLIN BOREHAM 7414 (7326 auto). **22.3. Tallahassee.** DT: Cooper (Bah) 62.44. **22.3. Baton Rouge.** SP: Carter 20.16. **22.3. Abilene.** PV: Olson 5.55, Pursley 5.50. **22.3. Provo.** DT: Gardenkranz (Swe) 62.52. . . . Jay Silvester (Vet; ex-world record holder) 49.02.

26.3. El Paso. PV: Jessee 5.51. **26/27.3. Gainesville.** Dec: Crist 7891. **28.3. Tucson.** SP/DT: RITCHIE 16.80 (UK rec)/61.50. **29.3. Tempe.** Women's 100: (+0.4m) LYNCH-SAUNDERS 11.39, Brown 11.47. **29.3. Denton.** Women's HJ: Ritter 1.94 (rec). **29.3. El Paso.** PV: Jessee 5.50; HT: Farmer (Aus) 73.08. **30.3. Gainesville.** PV: discount Bell's 5.61 (bar held on illegally); LJ/TJ: marks were windy. **2/3.4. Austin.** Dec: Coffman 8126 (10.83w, 7.39m, 15.68m, 1.95m, 49.10 — 4233 — 14.00, 51.70m, 4.70m, 47.84m, 4:53.5), Baker 7583 (3:58.7 1500!). **3.4. Austin.** 10,000: Musyoki (Ken) 28:20.5, R. Gomez (Mex) 28:21.5, Melancon 28:25.1; SP: Walker 20.34. **4.4. Austin.** 100: Dickey 10.19w, Nance 10.27; 110H: Lavitt 13.70w; LJ: Lewis 8.09; DT: Burns 62.10; (B) Jakobsson (Ice) 60.22; JT: Hall 85.80; 1600m relay leg: Harbour 3:54.9; Women's HJ: Ritter 1.90. **4.4. Tempe.** Women's Pent: Zambrzycki (Bra) 4261 (6.40 LJ). **4.4. Richmond.** 3000SC: Tuwei (Ken) 8:32.5. . . . 3, COLIN REITZ 8:46.9; 3/4M relay leg: JULIAN SPOONER 2:57.4m **4/5.4. Tempe.** Dec: Jackson 7793. . . . 3, BRAD McSTRAVICK 7613.

5.4. Richmond. 1500: Bitok (Ken) 3:40.3, REITZ 3:43.0; 10,000: Maree (SA) 28:33.2, Korir (Ken) 28:35.2, Tuwei (Ken) 28:35.8; 880y relay leg: SPOONER 1:48.0. **5.4. Austin.** Mile: O'Shaughnessy (RoI) 4:01.2; PV: Olson 5.52; TJ:

AUSTRALIA Continued

went to the old fox, Willi Sawall, in 1:24:05 from David Smith (1:27:11), Tim Erickson (1:31:59) and Peter Fullager (1:34:18). At Adelaide on April 6th, Sawall won the 50km trial in a Commonwealth record time of 3:46:33 for 6th place on the world all-time list. Erickson was 2nd in 4:05:04 and John Sheard 3rd in 4:29:22.

The same day in Adelaide, Gerard Barrett — taking part in the third marathon of his career — won the Australian selection race in a personal best of 2:11:42. He moved into the lead after 18km, was 200m ahead at the turn and won convincingly from fast finishing Robert de Castella (pb of 2:12:24) with Chris Wardlaw 3rd in 2:12:47, Gary Henry (running his second marathon) 4th in 2:13:11 and Len Johnson 5th in 2:22:24. Dave Chettle (out at 25km) and Bill Scott (35km) did not finish.

Further details from Australian Championships — 100: James' 10.43 semi was windy (+4.1m); 200: Frayne's 21.20 into 3.6m wind; 800: Darvall 8th in 1:51.9 after setting hot pace for 650m; 1500: 4, Crouch 3:42.3; 5, Hall 3:42.9; 5000: 4, Hall 13:59.2; 10,000: 4, de Castella 29:11.2; 5, Barrett 29:17.9; 110H: Parr's 14.22 into 2.0m wind, Binnington's 13.95 semi into 1.0m wind; TJ: full series — Lorraway 16.31, 16.42w, foul of around 17.40, 17.29w (+2.5m), foul; Campbell foul, 16.84, foul, 16.93, 14.89w, 14.50; women's 100: Boyd's 11.58 into 1.0m wind; 200: 5, Gillies 23.44; 6, Edwards 23.45; 100H: Gillies' 13.10 with 1.1m wind; LJ: Garden (6.44w) had legal 6.39.

Bernie Cecins

Parrette 16.54; SP: Carter 20.34; 800 relay leg: Nyambui (Tan) 1:47.2. **5.4. Tempe.** 100: McTear 10.31, Evans 10.32, Smit (SA) 10.40; 400: Hassan (Sud) 45.94, Parks 46.48; 1500: Wicksell 3:40.4; 5000: Scott 13:58.0; 400H: B. Williams 49.71; PV: Tully 5.40, Haynie 5.40; LJ: R. Williams 8.13, Ehizuelen (Nig) 8.12; TJ: Butts 16.39; SP: Stuart 20.39, Dolegiewicz (Can) 20.27, Feuerbach 20.16; DT: Stadel 67.04, Burns 63.74, Plucknett 63.60, McGoldrick 63.40 ... 6, RICHARD SLANEY 56.94; JT: Atwood 83.18, Kennedy 81.54; Women's 200: Pusey (Jam) 23.20; HJ: Rienstra 1.88, Betioli (Bra) 1.86; SP: RITCHIE 16.32; DT: RITCHIE 61.12, Griffin 58.54 (rec). **5.4. San Jose.** PV: Bohni (Swi) 5.33 (rec). **5.4. Stanford.** LJ: Doubly 8.02; HT: (exhib) Burke 66.66. **5.4. Fresno.** HT: MILEHAM 66.84. **5.4. Eugene.** SP: Strover 20.13; HT: 2, PAUL BUXTON 63.50; JT: Lorentzen (Nor) 83.68. **5.4. El Paso.** PV: Jesse 5.55; DT: Walvik (Nor) 61.68; HT: Farmer (Aus) 70.72. **5.4. San Diego.** US 10km road champs: Lindsay 28:29, Shorter 28:50, Centrowitz 28:57; Women: Decker 32:53, J. Shea 33:45.

BALLYCOTTON (RoI) '10'

March 2nd

1, L. O'Brien (Midleton) 49:25; 2, P. Kerrigan (Dundrum) 49:42; 3, J. O'Toole (Tulla) 49:57; 4, N. Shannon (Lee) 50:10; 5, J. Griffin (St. Johns) 50:15; 6, D. Hodgins (Lee) 50:37; 7, M. Shields (Lisna) 50:45; 8, J. Lenihan (Riocht) 50:56; 9, M. Hayden (Tulla-V) 51:12; 10, T. Jordan (W'ford) 51:23. (Women) 1, J. Folan (Dun) 62:31; 2, M. Lyons (St. Fin) 63:28. **Teams:** 1, Leevale 28; 2, Tullamore 34; 3, Midleton 50.

WALKING RESULT

Midland Women's Track 10,000m, at Leicester (March 22nd). 1, E. Cox (Soli) 51:51; 2, K. Eden (Soli) 53:39; 3, E. Worth (Bolehall) 54:48; 4, H. Rowe (Soli) 58:58; 5, W. Toach (Leic) 59:17; 6, S. Crutchley (Harb) 60:39.

THAMES VALLEY HARRIERS

OPEN GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

AT WEST LONDON STADIUM

WEDNESDAY, 7th MAY, 1980

- 6.50 p.m. 400mH — Senior, Junior & Youth Men
- 7.15 p.m. 800 metres — all age groups
- 8.00 p.m. BMC Invitation Event — 800 metres
- 8.10 p.m. 200 metres — all age groups
- 8.30 p.m. 3000 metres — Senior, Junior & Youth Men
- 7.00 p.m. Long Jump — Senior, Junior & Youth Men
- 7.00 p.m. Discus — Senior, Junior & Youth Men
- 8.00 p.m. Long Jump — Senior, Inter. & Jnr. Ladies
- 8.00 p.m. Discus — Senior, Inter. & Jnr. Ladies

Entries: Vets, Seniors & Senior Ladies 25p per event, others 20p per event, to Peter Lenton, 1 Cell Farm Avenue, Old Windsor, Berks., stating name, age, address, club, event and best recent performance. Fee must accompany entry.

Entries NOT accepted on the night

CLOSING DATE 3rd MAY, 1980

Vaulter Dies In Training

PROMISING American pole vaulter Cliff Schnedar (24), whose best mark was 5.36m, died of injuries sustained from a training vault in San Diego on April 1st. He struck the back of his head on a concrete slab at the edge of the pit after the foam rubber landing area collapsed. He was taken in a coma to hospital and never regained consciousness. Coach Dick Hill said "he had a great chance of making the Olympic team. With his infinite potential he could have been a record setter".

Leslie Hooper, BAAB Event Coach for Pole Vault, sounds this warning:

"The tragic death of Chris Schnedar must — quite apart from the shock of an athlete getting killed in this manner — ring the alarm bells for a lot of our facilities in the UK. While the stable door is yet open **please**, vaulters, officials, coaches and club committees, look again at your set-up. Make sure that **no** wood, metal or slabs of concrete, paving stones or anything that could cause injury are in the close vicinity of your landing area. Sleepers to keep the pit in and wooden surrounds may be neat but they are lethal. Also check that your planting box is the standard type to allow flexible poles to bend properly, and that they are a minimum of eight inches deep. Shallow boxes and a pit too close to allow a pole to travel through can also spell trouble, and a pit too small can result in vaulters coming out of the back of it. A few sacks of scrap foam rubber can work wonders. Remember that the pole vault is a potentially dangerous event".

CRYSTAL PALACE

INDOOR HURDLE RACES

Fastest times: (Men): M. Hatton (Ox. C) 8.0 (Dec 15), W. Greaves (If) 8.0 (Dec 15, Jan 5, Mar 1), D. Wilson (EAC) 8.0 (Jan 5), D. Thompson (Ex. B) 8.1 (Nov 10), B. Price (Car) 8.1 (Jan 5), A. Gough (USA) 8.1 (Feb 23, Mar 1), N. Gerrard (Met. P) 8.1 (Feb 23), A. James (W&B) 8.4 (Nov 10), J. Hislop (SLH) 8.4 (Feb 23). **(Juniors):** N. Erysthee 8.5 (Jan 5), K. Lidlow (Hav) 8.6 (Mar 1), G. Hamilton (Craw) 8.9 (Feb 2), T. Anstiss (Houn) 8.9 (Feb 23, Mar 1). **(Women):** S. Strong (Stret) 8.4 (Dec 15), Y. Wray (Shrew) 8.4 (Dec 15), C. St. John (E&E) 8.4 (Jan 5), W. McDonnell (Harl) 8.5 (Jan 5), J. Vernon (Mit) 8.6 (Jan 5, Feb 2, Feb 23), V. Douglas (Wig) 8.7 (Feb 23), D. Skerritt 8.9 (Dec 15), W. Griffiths (Ex. L) 8.9 (Mar 1), G. Taylor (Ex. L) 8.9 (Mar 1). **(Inters):** S. Dean (Win) 8.8 (Feb 23, Mar 1), E. Green (Bex) 9.0 (Nov 10), D. Warnett (LOAC) 9.0 (Dec 15, Feb 2, Feb 23, Mar 1), M. Lewis (Bas) 9.0 (Nov 10), J. Buttress (Newp) 9.0 (Feb 2, Mar 1), S. White (Bris) 9.0 (Feb 2, Feb 23).

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LEAGUE RACES

NORTH GLOUCS WOMEN'S LEAGUE

At Dursley, March 8th

1, S. Alt (Ox. C) 9:46; 2, S. Walters (Ox. C) 10:24; 3, K. Taylor (Glouc) 10:31. **Team:** Oxford City. **Final Positions:** Alt. **Team:** Oxford City. (**Juniors:**) 1, R. Green (Bris) 8:53; 2, C. Burke (Ox. C) 9:05; 3, J. Bishop (B&P) 9:24. **Team:** Westbury. **Final Positions:** Green. **Team:** Westbury. (**Girls:**) 1, A. Hawton (Ox. C) 8:07; 2, T. Sayce (Chelt) 8:08; 3, S. Parbery (West) 8:24. **Team:** Westbury. **Final Positions:** L. Smith (Worc). **Team:** Worcester.

SURREY WOMEN'S LEAGUE

At Brockwell Park, March 8th

1, S. Nixon (G&G) 13:20; 2, L. Dally (Sy. B) 13:23; 2, V. Whorms (Sel) 14:04. **Team:** Hercules Wimbledon. **Final Positions:** P. Davies (Sel). **Team:** Guildford & G. (**Juniors:**) 1, K. Flynn (DSP) 10:25; 2, L. Thomas (Sel) 10:27; 3, J. Arberry (Bel) 10:29. **Team:** Dorking St. Paul's. **Final Positions:** Flynn. **Team:** Dorking St. Paul's. (**Girls:**) 1, T. Bartlett (DSP) 8:36; 2, J. Edwards (Croy) 8:41; 2, R. Bennett (DSP) 8:42. **Team:** Dorking St. Paul's. **Final Positions:** Edwards. **Team:** Dorking St. Paul's.

SUNDERLAND HARRIERS & A.C.

present

SILKSWORTH CARNIVAL PIE & PEAS SUPPER RACE

(Under A.A.A. Laws)

ON WEDNESDAY, 21st MAY, at 7 p.m.

SENIOR RACE 6 MILE YOUNG ATHLETES COMPOSITE RELAY 3x1M

(Colts 12-13, Boys 14-15, Youths 16-17 as at 1.4.80)

Senior Race Prizes: 1st Value £30 Lamb, 2nd £20 Gammon, 3rd £10 Pork. 4th-10th Individual not otherwise prize winner — Baskets of fruit, spirits, meat etc. **Team Run** (6 to run, 3 to count) — 1st 3 Teams, 1st B Team, 1st Vets Team. **Vets** — 1st 2 O/40, 1st 2 O/45, 1st 2 O/50.

Relay: Team Race — 1st 3 Teams, 1st B Team, fastest Colt, Boy, Youth.

Entry Fee: which include Pie & Peas Supper, Senior Teams £1, Individuals 40p. All runners must enter as Individuals. **Relay Teams** £1.

Changing accommodation: Silksworth Infants. Silksworth is situated south of Sunderland.

Entries close May 12th, to George Cockburn (Race Sec), Londonderry House, Silksworth, Sunderland. Tel: Sunderland 210316.

WESSEX LEAGUE

At Bournemouth, March 9th

1, R. Morgan (B'mth) 22:12; 2, A. Newman (Newb) 22:23; 3, S. Hodson (Swin) 22:28; 4, P. Russell (Wey) 22:35; 5, B. Smith (B'mth) 22:36; 6, A. Coleman (Wey) 22:42. **Teams:** 1, Bournemouth 15; 2, Weymouth 26; 3, Newbury 28. **Final Positions:** Russell. **Teams:** 1, Weymouth 8; 2, Newbury 12; 3, Overton 15. (**Vets:**) 1, D. Amey (Salis); 2, J. Thomas (Ov); 3, D. Bucke (Wey). **Final Positions:** Thomas. (**Youths:**) 1, G. Moyes (B'mth) 13:41; 2, J. Phillips (B'mth) 14:07; 3, M. Dennison (Ov) 14:08. **Team:** Bournemouth. **Final Positions:** J. Solly (Newb). **Team:** Bournemouth. (**Boys:**) 1, T. Davis (Swin) 12:19; 2, C. Fitzgerald (Swin) 12:23; 3, P. Facey (And) 12:41. **Teams:** 1, Taunton & WS 28; 2, Andover 30. **Final Positions:** R. Brewster (Salis). **Team:** Andover. (**Colts:**) 1, P. Hoare (Ov) 11:19; 2, G. Norridge (And) 11:24; 3, J. Woods (And) 11:28. **Team:** Andover. **Final Positions:** Hoare. **Team:** Bournemouth. (**Women:**) 1, K. Harvey (B'mth) 15:45; 2, C. Kirk (Win) 16:14; 3, S. Tucker (B'mth) 17:17; 4, D. Larkin (And) 17:23; 5, S. Price (And) 17:23; 6, J. Morley (Swin) 17:30. **Teams:** 1, Bournemouth 12; 2, Swindon 27; 3, Andover 29. **Final Positions:** Larkin. **Team:** Bournemouth. (**Inters:**) 1, N. Parsons (B'mth) 13:35; 2, D. Jones (Newb) 14:21; 3, J. Davis (Swin) 14:27. **Team:** Bournemouth. **Final Positions:** Parsons. **Team:** Bournemouth. (**Juniors:**) 1, J. Cooper (Newb) 11:35; 2, K.

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SATURDAY, 7th JUNE, 1980

at Cwmbran Stadium

Entry Forms available from Margaret Elgie, 19 Coed Bach, Highlight Park, Barry, South Glamorgan.

Welsh qualifications: Birth, parentage or residence.

CLOSING DATE 1st MAY, 1980

Please include S.A.E.

Petford (And) 11:39; 3, N. Jackson (Trow) 11:53.
Team: Bournemouth. **Final Positions:** Cooper.
 Team: Andover. (Girls): 1, L. Pigrome (And)
 8:48; 2, H. Wallace (And) 8:50; 3, B. Davis
 (Swin) 8:54. **Team:** Andover. **Final Positions:**
 Pigrome. **Team:** Andover.

LINCS SERVICES LEAGUE

At Cranwell, March 12th

1, G. Rimmer (Cran) 27:00; 2, Frith (Wadd)
 28:36; 3, Hill (Gst) 28:45; 4, Jones (Scamp)

* * * * *

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29:03; 5, Vooght (C'more) 29:12; 6, Taylor (Dig)
 29:18. **Teams:** 1, Stambeach 360; 2, Wittering
 354; 3, Cranwell 340. **Final Positions:** S. Rimmer
 (Cran). **Team:** Wittering.

HERNE HILL YOUNG ATHLETES LEAGUE

At Brockwell Park, March 15th

(Youths): 1, C. Annand (Ell) 22:57; 2, A.
 Bicknell (B'ht) 23:27; 3, M. Coleman (Med)
 23:30. **Teams:** 1, Blackheath 52; 2, Cambridge H
 84; 3, Elliott 92. **Final Positions:** Annand.

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AAA CENTENARY MARKED

ONE HUNDRED YEARS earlier, to the day, the AAA — the world's first governing body for athletics — was formed at the Randolph Hotel, Oxford. Last Thursday (April 24th) at the Randolph Hotel, the Marquess of Exeter — Lord Burghley as he was when winning the Olympic 400m Hurdles in 1928 — unveiled a plaque recording the events of 1880 at the hotel.

It was then very much an Oxford occasion. The three main characters were Clement Jackson (33), a tutor at Hertford College, who was to be the AAA's first Treasurer up to 1910; Bernard Wise (21), a scholar at Queen's College and President of the University Athletic Club, a future Attorney-General of New South Wales; and Montague Shearman (22), a graduate of St. John's College then reading for the Bar, who became a judge and was knighted. There three, the main architects of the AAA, had a difficult task to draw together the interests of the North of England and those of the universities. Success assured, the 28 delegates dined at the Randolph.

One hundred years later, members gathered to mark the occasion, dine and chat over glories past.

CARL LISSEMAN 4 × 5000m ROAD RELAY

At Tettenhall, March 29th

1, Tipton (A. Holden 15:15, I. Stewart 15:04, M. Kearns 15:50, J. Davies 15:27) 61:36.

2, Birchfield (R. Partridge 15:43, A. Salter 15:31, J. Potts 16:07, R. Weaver 15:25) 62:46.

3, Tipton 'B' (R. Cytlau 15:44, R. Bentley 16:02, P. Griffiths 15:28, B. Cole 15:39) 62:53.

4, Wolverhampton & B (T. Wright 15:31, T. Blackwell 15:35, D. Nicholl 16:39, C. Mattock 15:45) 63:30.

5, Sparkhill (D. Tierney 15:31, J. Butlin 16:11, V. Rollason 16:12, P. Baker 15:28) 63:31.

6, Staffs Moorlands (G. Harvey 15:43, B. Bowler 15:56, R. Ellerton 16:08, A. Adams 16:01) 63:48.

7, Leicester 65:02; 8, Birchfield 'B' 65:06; 9, Birchfield 'D' 65:13; 10, Staffs Moorlands 'B' 65:22; 11, Worcester 65:37; 12, Birchfield 'E' 65:41. **Fastest:** Stewart 15:04; Holden 15:15; Weaver 15:25; Davies 15:27.

LEAGUE RACES continued

Teams: 1, Elliott 45; 2, Blackheath 40; 3, Medway 38. (Boys): 1, R. Farish (B'ht) 17:05; 2, A. Gravett (St. J) 17:09; 3, M. Barnes (Camb. H) 17:23. **Teams:** 1, Blackheath 47; 2, Cambridge H 67; 3, HHH 89. **Final Positions:** Farish. Teams: 1, Cambridge H 68; 2, Blackheath 68; 3, HHH 61. (Colts): 1, A. Budd (Ell) 12:03; 2, C. Wilson (Dart) 12:11; 3, I. Langley (Ell) 12:14. **Teams:** 1, Cambridge H 81; 2, Dunraven S 97; 3, Elliott 106. **Final Positions:** Wilson. Teams: 1, Elliott 49; 2, Cambridge H 48; 3, Blackheath 43.

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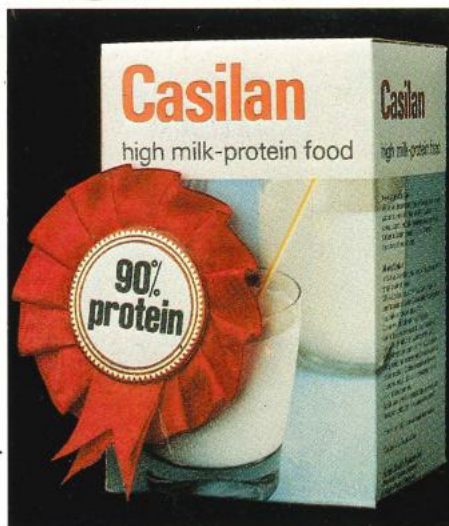
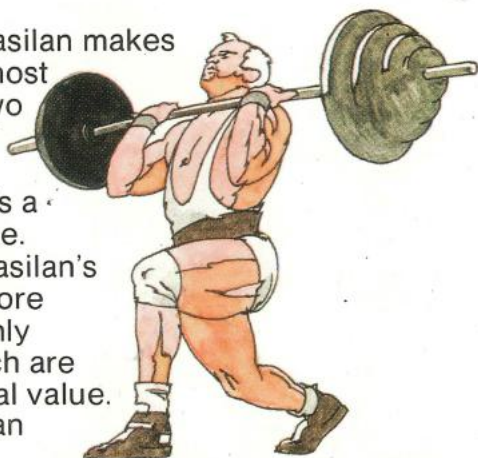
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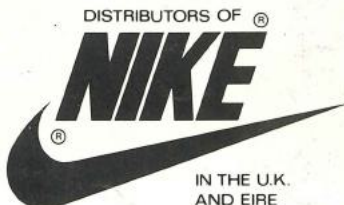
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