

April 17th 1971 Vol. 25 No. 16

athletics

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

- ★ Interview with Jay Silvester
—by John Cobley
- ★ Who's Who In British Athletics
- ★ United Kingdom Cross-Country Rankings (Pt. 2)
- ★ Spotlight on Ron MacDonald



10p

Spring is here:
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of Sutton Park during
the Midland Road
Relay

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Boycott Would Be Unjustified

ONCE again there are threats by some African countries of an Olympic boycott—not, this time, directed against South Africa (who remain outside the Olympic movement) but in protest against the invitation extended to Rhodesia to take part in Munich next year. So far Zambia, Somalia, Ethiopia and Tanzania have threatened a boycott but the Supreme Council for Sport in Africa, which met earlier this month in Lusaka, has not called upon its member nations to take such action. The council's president, Abraham Ordia, did however express his "shock and surprise" at the news of Rhodesia's invitation.

Surely those who are protesting against Rhodesia's Olympic participation are either ill informed about the sporting set-up in that country or else are acting from wholly political motives. South Africa, where apartheid is as rigid in sport as in all other aspects of life, deserved to be deprived of the right to take part in the Olympics; but the situation in Rhodesia is entirely different. No matter what one feels about the Ian Smith regime the fact remains that there is no racial discrimination in sport in that country. And, in the context of the Olympics or international sport in general, a country can only be judged by its sporting set-up.

The way athletics is run in Rhodesia ought to satisfy everyone. The sport is run entirely on multi-racial lines. Black and white athletes at all levels compete and train together, belong to the same clubs and there is only one National Championships and one Rhodesian international team. Similarly, administrative positions are open to all. Rhodesia's sportsman of the year (1970)—judged by a mixed panel—was the world class sprinter Artwell Mandaza (credited with a windy 9.9 100m), who is black. I see no reason why Mandaza and his colleagues should be deprived of the honour of competing for their country in the Olympics and I hope the International Olympic Committee will stand fast.

Those who seek to fight political intransigence creeping into sport should look instead to Turkey, hosts of this year's Mediterranean Games at Izmir in October. For blatantly political and/or religious reasons, Israel has not been invited. To their credit, the International Olympic Committee—which has jurisdiction over such "regional Games"—has withheld the title of Mediterranean Games from the meeting, which instead will be more humbly known as the Izmir Games.

Most readers in this country will have seen the advertisements launching the Lillian Board Cancer Clinic Appeal last week. This is a good cause which deserves full support.

The appeal, by the National Society for Cancer Relief, aims to raise £1 million to build ten Lillian Board Cancer Clinics throughout Britain. The purpose of these clinics will be to offer security, warmth and special care to those who

are helplessly ridden with cancer and cannot help themselves. Thus, in Lillian's memory, the Society will try to mitigate their terrible affliction by providing the means to live out their lives in some small dignity and to give them relief in the broadest sense.

Speaking at a press conference in London last week, David Emery pointed out: "If there's going to be any good at all from Lillian's death it will be through this sort of thing. Through her courage she brought the word cancer out into the open again".

Several special events are being arranged during the year in aid of the appeal, including a flag day in London on September 21st, a race meeting at Doncaster on July 17th and an all star pro-am golf tournament at Dundee on September 26th.

Individuals or organisations wishing to make a donation are invited to send a cheque or money order to: Lillian Board Cancer Clinic Appeal, Lloyds Bank, 185 Baker Street, London, W.1.

Incidentally, David Emery and Lillian's father, George Board, have been working together on a book, to be published this summer. There could be only one title . . . "Lillian".

* * *

One of the most depressing trends in our sport today is the growing use of drugs by athletes—the complete negation of all that athletics stands for; i.e. fair, healthy competition and the sense of achievement in training one's body and mind to the best of one's ability. The whole point of the sport is destroyed when an athlete cheats—which is what drug taking amounts to. When an athlete's ambition is such that he will stoop to these measures in an attempt to boost his performance artificially then it's time that athletics was rid of the athlete concerned.

The IAAF is, I am glad to see, taking a tough line on doping offenders. Any athlete found to be using drugs to augment athletic performances will automatically be ruled ineligible for international competition.

Thus the case of shot putter Heinfried Birlenbach (best mark: 20.35/66'9½") and Hermann Latzel (a 7.91/25'11½" long jumper), who were suspended by the West German Federation after tests at the West German Indoor Championships in February showed that both had taken banned stimulants, has wide implications. The West German Federation issued a one-month suspension for Birlenbach and one of two months for Latzel, with effect from February 28th. Last autumn two other West Germans were suspended for doping offences: pole vaulter Reinhard Kuretzky (5.10/16'8½") and decathlete Erich Klamma (7401). All of these, subject to appeal, are now debarred from all international competition. Let us hope other national associations will be equally diligent in holding dope tests so that would-be offenders might be deterred.

THE EDITOR

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THE WEEK AHEAD

Saturday, April 17th: Mayflower Marathon at Plymouth; International Athletes' Club Week-end at Loughborough begins; Scottish WAAA District Championships at Scotstoun and Pitreavie; S. Wales Police "Round the Factories" Race at Bridgend; Midland Women's Field Events League at Solihull and Leicester; Blackpool Memorial Road Relay; Canterbury '6'; BMC Invitation at Stretford; Warwickshire Open Road Relays; Ipswich '10'; Kettering '10'; N. Wales '10' at Wrexham.

Sunday, April 18th: Bulmer Strongbow '10'; 1 Hour Track Race at Uxbridge; Sunday Meeting at Crawley; Bristol RWC v. RAF 10M Walk at Innsworth; Red Rose '20'; Maidenhead Open Meeting; Midland Women's Field Events League at Gloucester.

Tuesday, April 20th: Stoke Track League.

Wednesday, April 21st: Shaftesbury H. Floodlit Meeting at Hendon.

Saturday, April 24th: Finchley '20', at Ruislip; Tipton H. Road Relays; Bargoed Road Races; Solihull Spring Relays; Maryhill LAC Trophy at Glasgow; Rotherham H. Road Relay; Graded Meeting at Brighton & Archer Trophy (Women) at Brighton; Oxted (Clive Waters) Memorial '54' at Oxted; Cornwall AAA Trials at Par; Stockton '20'; Egerton Road Relay; Barnet Boys Road Relay; Bournemouth Open Spring Meeting; Bingley H. Track Meeting at Keighley.

Sunday, April 25th: Maidenhead Open Meeting; BMC Southern & SW Counties 800m Championships at Crystal Palace; Avalon League at Weymouth; Ryde H. Grand Opening of Track.

Cover photo by G. L. Pike

MUNICH OLYMPIC ARRANGEMENTS

To all readers who have made provisional bookings for the 1972 Olympic Games with our Agents, ASSET TRAVEL LTD:

In view of the massive numbers of people who will be staying in Munich to see the Olympic Games, we must point out that there will be little or no possibility of there being any single room accommodation.

Accommodation in Munich itself is to be allocated by the Munich Olympics Committee, in due course.

Tickets for the Games will be supplied to all those who have made reservations on the tour. The cost of tickets is **not** included in the tour price, and will be issued as a supplement. It is not necessary to make applications for tickets until next year, when a separate application form will be issued.

It is anticipated that there will be four prices for tickets, the details of which will appear in *Athletics Weekly* as soon as they are confirmed. There will be no choice as to the position in the Stadium, as the Olympics Committee in Munich will allocate Blocks of seats to each nation in the world.

Anyone changing their address should notify ASSET TRAVEL LTD., 48 Maddox Street, London, W.1.

Owing to the large numbers on the tour, ASSET TRAVEL cannot enter into individual correspondence with clients.

Further information on the tour will be published in "AW" from time to time.

To athletic club members:

The British Olympic Association announces that a percentage of the total UK ticket allocation will be set aside solely for priority members (i.e. British Olympic Association members, governing bodies of Olympic sports and their club members) and that members of athletic clubs wanting priority in ordering tickets and accommodation for the Games must without delay send a stamped addressed envelope (10" x 7") to the sole selling agent in the UK, T. H. Hamer (Passenger Agents) Ltd., 7 Haymarket, London, S.W.1. enclosing a note stating name of club and sport, and type of tickets wanted. The information required is whether accommodation will be asked for in a hotel, private home etc., period of stay asked for, sports for which tickets are required. There is no commitment at this stage.

The procedure then is that, in May, T. H. Hamer Ltd will post applicants a priority ticket and accommodation application form. Decide what tickets and accommodation you are asking for and make out a cheque for the full amount. If you are employing a travel agent, either for individual travel or for an inclusive tour, send the form with your cheque to your travel agent. If you are not employing a travel agent you should post the form with cheque and without delay to T. H. Hamer Ltd.

Subject to sufficient details being received from

Munich, the ticket and accommodation form will include detailed programme of the Games and prices of tickets and accommodation. It will also set out the dates of the priority period during which application forms to be valid **MUST** be received by T. H. Hamer Ltd. It must be understood that the priority privilege applies only to the club member and his or her spouse/children, and not to friends or other relatives.

The following general rules have been laid down by Munich:

(a) Both tickets and accommodation must be ordered simultaneously. Tickets alone **cannot** be sold.

(b) The minimum period of accommodation (in hotels, private homes, caravan and camping sites etc) has been established as 17 nights: August 25th to September 10th inclusive.

(c) If anyone plans to stay with their own personal German friends in Munich or with serving members of HM Forces in Germany, their German or British hosts must try to obtain tickets from the German allocation. They cannot buy tickets from the UK allocation. T. H. Hamer (Passenger Agents) Ltd are sole selling agents in the UK of tickets and accommodation to British subjects who live permanently in the UK.



MIDLAND WOMEN'S FIELD EVENTS LEAGUE At Birmingham, March 27th

100mH: B. Thompson (Birch) 16.5. SP: 1, J. Frampton (Notts) 12.29/40'4"; 2, S. Scott (Birch) 11.38/37'4"; 3, S. Slattery (Birch) 9.90/32'53"; 4, S. Thomas (Spark) 9.87/32'43"; 5, P. Cooke (Warley) 9.57/31'43". DT: 1, J. Frampton 41.38/135'9"; 2, D. Mellors (Notts) 31.16/102'3"; 3, J. Taylor (Solihull) 29.72/97'6". JT: Taylor 32.32/106'0". (Intermediates) 80mH: L. Drysdale (Solihull) 12.5. DT: 1, E. Ball (Cannock) 30.64/100'6"; 2, C. Cornbill (Cannock) 29.82/97'10". JT: 1, J. Williams (Cannock) 38.84/127'5"; 2, K. Bullock (Lozells) 31.60/103'8"; 3, S. Williams (Cannock) 29.40/96'5". (Juniors) 75mH: 1, C. Petitjean (Broms & R) 12.7; 2, L. Cardin (Birch) 12.9; 3, E. Eddy (Birch) 12.9. HJ: Petitjean 1.37/4'6". LJ: L. Cardin (Birch) 4.82/15'9"; 2, P. Farmer (Tipton) 4.58/15'01". SP: 1, E. Stephenson (Cannock) 10.22/33'61" 2, M. Wootton (Lozells) 9.40/30'101". DT: Wootton 22.84/74'11". JT: A. Hale (Birch) 25.72/84'4".

ATHLETIC EVENT ADVERTISEMENTS

As from May 1st advertisements for athletic events at the specially reduced rate must be prepaid to avoid the necessity of sending invoices or statements. Payment should, where possible, be made by cheque or crossed P.O. Receipts will only be sent if specifically requested.

WALES**CARDIFF WIN THREE OUT OF FOUR**

TWENTY-FOUR teams took part in the four sections of the Welsh Road Relays at St. Athan on April 3rd. Cardiff took three titles, and Swansea H the fourth. In the Senior men's 28 miles event, Steve Seamans led over the first 3M circuit, bringing Swansea home in a time of 14.10 to 14.15 (there was a difference of opinion between the officials as to whether the touch of the hand or the line decided the take-over). Tony Elgie was close up for the RAF in 14.20 and Cardiff's Brian Donovan was third in 14.27. Graham Spencer then took Cardiff into a good long lead with the (official) day's fastest of 14.15 (though Seaman's time was probably a little faster) and thereafter Cardiff went further and further away, winning easily by almost 5 minutes. They did lose some 15-20 seconds at one stage however, when Jeff Kirby was not ready for John Ingram who had run the second long leg (6M), and spent a frantic few seconds trying to tear off his tracksuit trousers. He was not particularly helped by harassment from his club-mates, while a disconsolate Ingram simply stood by and watched this piece of burlesque.

1, Cardiff 2:28.15; 2, Swansea 2:33.11; 3, Cardiff 'B' 2:35.38; 4, Newport 2:37.14; 5, RAF St. Athan 2:44.08; 6 Bargoed 3:02.50. Fastest: (3M) G. Spencer (Card) 14.15, (6M) D. Evans (Card) 29.09.

(Youths) 1, Cardiff 20.14; 2, Newport 20.54; 3, Cwmbran Oly. 21.58. Fastest: P. Harris (Card) 4.56, M. Littejohn (Newport) 4.56, I. Richards (Bridgend) 4.56.

(Women) 1, Cardiff 40.42; 2, Newport 40.55; 3, Swansea 41.03. Fastest: A. Disley (Newport) 12.08.

(Junior Girls) 1, Swansea 19.00; 2, Cwmbran Oly. 19.19; 3, Newport 20.23; 4, Swansea 'B' 20.26; 5, Cardiff 20.47; 6, Cwmbran 'B' 21.44; 7, Bridgend 22.00; 8, Cardiff 'B' 24.29. Fastest: A. Morris (Bridgend) 6.00.

It seems almost certain now that the Welsh Games will be held this year after all. The original dates clashed with the AAA Championships, so now the Welsh events of the Games will be held on July 24th and the International events

on Sept. 11th. These dates have been recommended by the Technical Committee to the Welsh Games Council, who are likely to accept.

The Nos Galan film is still circulating. It runs for 25 minutes or so, and is 16 mm sound. It will be in use until Easter, but after that clubs may borrow it from Nos Galan Organiser, 9 Campbell Terrace, Mountain Ash, Glam. More than 20 clubs have borrowed it since it became available 8 or 9 months ago.

Although the new National Sports Centre of Wales will be primarily for the use of national sporting bodies, the Director Mr. D. F. C. Thomas has recently made it clear that facilities at the centre are also available to clubs. The centre has overnight accommodation facilities, ideal for conferences and the like. Further information is available from Mr. Thomas at 47 Cathedral Road, Cardiff.

Torrential rain marred the proceedings at RRC (Wales) evening road races in Brecon on March 17th, but spirits were high nevertheless. Paul Briggs and Greg Ashcroft ran the 100 yards twice, with identical results: Briggs 10.0, Ashcroft 10.1. Ashcroft was closer to Briggs than he has ever been before but both were pleased with their performances.

Results: 3M: 1, M. Critchley (Cardiff) 14.43; 2, P. Ratcliffe (unat) 14.43; 3, P. Lally (Hereford) 15.22; 4, M. Lane (Gilwern) 15.23; 5, R. Locke (Gil) 16.00; 6, W. Jones (Gil) 16.02; 7, C. Walbyoff (Gil) 16.03. 17 finished. Boys Mile: R. Games (Brecon) 4.30. Women's Mile: P. Gallagher (Westbury) 5.04. Girls Mile: 1, P. Carter (West) 5.24; 2, M. Bevan (Brec) 5.37; 3, S. Lode (Brec) 5.43.

The new fixture-list for Wales and border counties will be out on May 1st. Copies obtainable from Secretary, Welsh AAA, 9 Campbell Terrace, Mountain Ash, Glam. on receipt of s.a.e.

Cardiff AAC are holding a number of open meetings at Maindy Stadium during the coming season. Details will appear in the new fixture-list, or are obtainable now from Clive Williams, 87 Oak Place, Giffach, Bargoed, Glam.

Bernard Baldwin

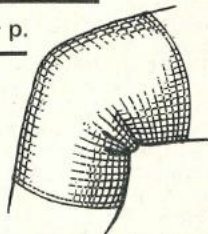
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GOATER CAPTURES SCHOOLS TITLE

JULIAN GOATER at last won a national cross-country title when he triumphed in the English Schools' senior boys race at Luton on March 27th. Always up with the pace, he drew ahead just before halfway and dropped his nearest rival, David Glassborow, three-quarters of a mile from the finish. Nigel Gates outsprinted Nick Jeffrey for third. Alwyn Dewhurst's low placing (16th) was due to a recent injury. Hampshire did well to deprive Warwicks. of their team title, but the Midland county easily dominated all the other age groups and won the overall trophy for the fourth successive year. Their win in the Junior age group was their eighth in a row!

Barry Moss had a fine tussle with R. Crabb and Paul Clayman in the Intermediate race before pulling away for a five second victory, yet another fourth-year to win this event. The holder, Andrew Barnett, finished a struggling 10th but suffered a bad attack of glandular fever earlier this year and was probably not over the effects. One of the favourites, world age record holder Graham Side, nursing a calf injury, was forced to drop out. The Junior winner, tall striding Tom Quinn from Liverpool, led all the way in his race, but M. Plant was pressing him close towards the end.

S.E.H.

Seniors

1. J. Goater (Hertfordshire)	22.24
2. D. Glassborow (Warwickshire)	22.44
3. N. Gates (Somerset)	22.58
4, N. Jeffrey (Hants) 23.00; 5, A. Staynings (Glos) 23.03; 6, J. Davies (Mx) 23.06; 7, V. Rollason (Wks) 23.13; 8, D. Allen (Ches) 23.18; 9, A. Etchells (Lancs) 23.21; 10, R. Treadwell (Sy) 23.22; 11, M. Densley (Wks) 23.23; 12, N. Coupland (Hants) 23.24; 13, K. Iliffe (Leics) 23.28; 14, B. Lyonette (Lancs) 23.29; 15, R. Kocher (Hants) 23.29; 16, A. Dewhurst (Yks) 23.32; 17, S. Gallo-way (Hants) 23.34; 18, T. Colton (Notts) 23.39; 19, J. Ovenden (Mx) 23.41; 20, H. Symonds (Lancs) 23.45; 21, A. Marley (Wks) 23.50; 22, N. Saunders (Mx) 23.53; 23, P. Carton (Lon) 23.56; 24, S. Richardson (Yks) 23.58; 25, R. Samuel (Glos) 24.00; 26, H. Brownson (Hants) 24.03; 27, P. Griffey (Wilts) 24.04; 28, T. Thacker (Mx) 24.04; 29, A. Settle (Ches) 24.05; 30, D. Cox (Ex) 24.06; 31, J. Reynolds (Herts) 24.08; 32, D. Thomas (Mx) 24.11; 33, S. Lawrence (Lancs) 24.12; 34, D. Jackson (Ches) 24.12; 35, P. Armstrong (Dby) 24.15; 36, S. Waite (Hants) 24.17; 37, J. Carswell (Glos) 24.17; 38, J. Barrowclough (Mx) 24.18; 39, P. Strutridge (Dev) 24.19; 40, I. Beauchamp (Sx) 24.21; 41, J. Norton (Ches) 24.23; 42, R. Trivett (Dev) 24.25; 43, A. Grice (Staffs) 24.26; 44, A. Mountford (Staffs) 24.28; 45, P. Dunn (Durham) 24.28; 46, D. Liso (N'land) 24.28; 47, A. Nash (Herts) 24.30; 48, E. Toogood (Lancs) 24.30; 49, A. James (Som) 24.30; 50, K. Cilford (Bucks) 24.36.	

Teams: 1, Hants 110; 2, Middx. 145; 3, War-wicks 166; 4, Lancs. 181; 5, Glos 257; 6, Herts 322; 7, Yorks 412; 8, Cheshire 440; 9,

At Luton, March 27th

Surrey 450; 10, Staffs 492; 11, Somerset 503; 12, Notts 510; 13, Bucks 516; 14, Devon 566; 15, Durham 578.

Intermediates

1. B. Moss (Notts)	17.45
2. R. Crabb (Oxon)	17.50
3. P. Clayman (Sussex)	17.53
4, J. Taylor (Wks) 17.57; 5, R. Green (Ex) 18.03;	
6, M. Rollason (Wks) 18.08; 7, S. Grinyers (Lancs)	
18.10; 8, J. Nash (Wks) 18.12; 9, G. Cosgrave	
(Wks) 18.15; 10, A. Barnett (Hants) 18.17; 11,	
C. Berwick (Durham) 18.17; 12, R. Walker (Lancs)	
18.18; 13, S. Skinner (Sx) 18.21; 14, B. Walters	
(Mx) 18.22; 15, I. Haslock (Hants) 18.27; 16, K.	
Dumbleton (Herts) 18.28; 17, T. Butt (Herts)	
18.30; 18, S. Donaghy (Sx) 18.31; 19, S. Scargill	
(Yks) 18.31; 20, S. Tamplin (Ex) 18.33; 21, M.	
O'Connell (Yks) 18.33; 22, B. Crispe (Ex) 18.34;	
23, T. Bailey (Dby) 18.34; 24, P. Gronland (Lon)	
18.37; 25, P. Glenister (Kt) 18.38; 26, R. Ash-	
burn (N'land) 18.39; 27, D. Prime (Dby) 18.40;	
28, A. Hitchen (Yks) 18.42; 29, M. Kettlewell	
(Mx) 18.43; 30, G. Sellens (Yks) 18.44; 31, G.	
Brown (Wks) 18.46; 32, T. Maryon (Mx) 18.46;	
33, A. Wheatcroft (Dby) 18.47; 34, R. Coles (Kt)	
18.48; 35, R. Callan (Leics) 18.50; 36, K. Steere	
(Nor) 18.50; 37, R. Durrell (Suff) 18.51; 38, K.	
Spencer (Ex) 18.52; 39, S. Lay (Beds) 18.53; 40,	
R. Cocks (Yks) 18.54; 41, D. Wright (Bucks)	
18.55; 42, C. Graydon (Durham) 18.56; 43, D.	
Woodhead (Yks) 18.57; 44, A. Key (Ches) 19.00;	
45, G. Perkins (Dby) 19.08; 46, G. Arnell (Herts)	
19.12; 47, J. Have (Sy) 19.20; 48, P. Adams	
(Bucks) 19.27; 49, P. Wilkinson (Glos) 19.30; 50,	
F. May (Kt) 19.36.	

Teams: 1, Warwicks. 118; 2, Yorks. 181; 3, Sussex 303; 4, Middx. 308; 5, Essex 320; 6, Durham 351; 7, Derby 371; 8, Lancs. 402; 9, Herts. 417; 10, Kent 439; 11, Hants 451; 12, Lincs. 460; 13, Leics. 477; 14, Notts 522; 15, London 527.

Juniors

1. T. Quinn (Lancs)	13.40
2. M. Plant (Cheshire)	13.46
3. I. Ray (Wiltshire)	13.59
4. N. Carter (Mx) 14.01; 5. E. Kelly (Wks) 14.07;	
6. D. Lavelle (Wks) 14.09; 7. M. Gallop (Som)	
14.12; 8. P. Barr (Sy) 14.14; 9. D. Purcell (Sy)	
14.15; 10. R. Pepper (Herts) 14.16; 11. P. Gowans	
(Shrop) 14.18; 12. S. Grimshaw (Lancs) 14.22; 13.	
M. Wilson (Dev) 14.22; 14. G. Wallace (Durham)	
14.23; 15. P. Betteridge (Ex) 14.23; 16. P. Buttriss	
(Wks) 14.25; 17. L. Peck (Staffs) 14.29; 18. M.	
Kube (Leics) 14.30; 19. M. Toland (Wks) 14.30;	
20. G. Dwelly (Berks) 14.30; 21. A. Kirby (Berks)	
14.31; 22. M. Naldrett (Ches) 14.32; 23. S. Emson	
(Staffs) 14.33; 24. S. Coe (Yks) 14.35; 25. B.	
Dawkins (Hants) 14.36; 26. T. Cussons (Wks)	
14.37; 27. W. Smith (Som) 14.38; 28. R. Watts	
(Leics) 14.40; 29. J. Ogg (Berks) 14.46; 30. D.	
Hughes (Dev) 14.41; 31. G. Parsons (Gloucs)	
14.42; 32. A. Rutter (Shrop) 14.42; 33. S. Lowe	
(Herts) 14.43; 34. R. Byrne (Hants) 14.43; 35. G.	

Tilley (Wks) 14.44; 36, P. Winton (Kt) 14.44; 37, P. Orme (Ex) 14.45; 38, M. Brewer (Ex) 14.45; 39, L. Parker (Lancs) 14.46; 40, M. Farrell (Yks) 14.46; 41, N. Field (Lincs) 14.46; 42, K. Hayman (Sx) 14.47; 43, S. Lee (Durham) 14.48; 44, J. Owen (Wks) 14.48; 45, M. Cross (Wks) 14.49; 46, J. Wise (Berks) 14.52; 47, A. Taylor (N'land) 14.54; 48, A. Whitmee (Leics) 14.55; 49, L. Couplan (Yks) 14.56; 50, A. Campbell (Kt) 14.57.

Teams: 1, Warwicks. 107; 2, Berks. 302; 3, Lancs. 325; 4, Leics. 358; 5, Somerset 374; 6, Essex 376; 7, Hants. 394; 8, Durham 410; 9, Staffs. 422; 10, Yorks. 466; 11, Surrey 523; 12, Herts. 524; 13, Devon. 531; 14, Sussex 543; 15, Cheshire 559.

Overall Points

1, Warwicks. 391; 2, Lancs. 908; 3, Hants. 955; 4, Middx. 1016; 5, Yorks. 1059; 6, Herts. 1263; 7, Durham 1339; 8, Staffs. 1448; 9, Sussex 1453; 10, Leics. 1505; 11, Essex 1527; 12, Cheshire 1600; 13, Notts. 1601; 14, Kent 1654; 15, Surrey 1720; 16, Glos. 1785; 17, Derby 1865; 18, Lincs. 2110; 19, Devon 2115; 20, London 2155. **Minor Counties:** 1, Somerset 1601; 2, Northants 2427; 3, Bucks. 2463; 4, Berks. 2720; 5, Norfolk 2797; 6, Beds. 2898.

SCOTTISH DECATHLON CLUB MEETING

At Edinburgh, April 3rd/4th

1, A. Sutherland (ESH) 4,174 (11.9, 5.79, 13.44, 1.50, 61.0, —, 39.68, 2.54, 38.22, rtd.); 2, J. Wishart (ESH) 4,056. (**Junior**) A. Wells (ESH) 5,365 (11.3, 6.30/20'8", 10.63/34'10", 1.58/5'2", 53.2, 19.1, 32.42/106'4", 2.75/9'0", 32.18/105'7", 4:51.0). (**Youths**) 1, S. Anderson (ESH/Kings S. Rosyth) 5,922 (UK age 15 Best) (11.6, 5.76/18'10", 11.09/36'4", 1.61/5'3", 53.8, 15.9, 40.74/133'8", 3.45/11'3", 38.72/127'0", 4:55.8); 2, J. Rose (Dollar Academy) 4,003.

MORE GREAT RUNNING BY O'BRIEN

Kerry O'Brien (Australia) clocked 8:25.6 for 2 miles in Auckland last month, ahead of Dick Quax (NZ) 8:28.8 and Jim Ryun (US) 8:41.4 in his outdoor debut.

... AND BY PREFONTAINE

Steve Prefontaine (US) is in sharp form: he ran 2M in 8:33.2 (4:05.2 for second mile!) on March 20th, a 4:00.2 mile the following week and 13:01.6 for 3M on April 3rd.

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RESULTS IN BRIEF

March 10th

Durham University Cathedral Relay. 1, Hatfield College (S. Lippell 15.43, J. Ellis 15.17, A. Pretty 14.11, K. Burlton 15.02) 1:00.13; 2, Armstrong Hall (V. McNeany 15.56, J. Alcock 15.13, A. Smith 15.34, D. Cresswell 14.50) 1:01.33; 3, Bede Coll. (M. Weddell 16.11, J. Tyley 16.14, A. Jenkins 16.23, A. Johnson 15.06) 1:03.54; 4, Barnard Castle S 1:04.17; 5, Leazes Hall 1:04.27; 6, Van Mildret Coll. 1:05.14; 7, Grey College 1:05.38; 8, Dame Allan's School 1:05.40; 9, Sir William Turner's S 1:05.47. Disqualified: Graduate Society 1:03.25, Gateshead H 1:05.39, Hatfield Coll. 'B' 1:05.43. Fastest: Pretty 14.11, C. Spedding (Gateshead) 14.36, E. Himsworth (Grad. Soc) 14.46, Cresswell 14.50, A. Humble (Henderson Hall) 14.55.

March 12th

Lake Relay, at Birmingham University. 1, Lake Hall (J. Aukett, R. Banthorpe, P. Crane, D. Kim) 4:34.2; 2, Midlands (A. Robinson, I. Thompson, G. Houghton, J. Caines) 4:46.8. Fastest: Aukett 65.2, D. Price 66.4, Crane 66.5, Banthorpe 68.9, Caines 69.2.

March 13th

Wakefield H. Championships. 1, J. Newsome 36.08; 2, G. Denham 36.38; 3, T. Child 37.16; 4, B. Pickergill 37.16; 5, R. Aconley 38.21; 6, D. Hoare 39.00. Handicap: Denham. (**Youths**) 1, A. Hitchen (Wake) 22.00; 2, P. Andrews (W'sop) 22.14; 3, D. Dobson (Wake) 22.30; 4, M. Haldon (W'sop) 22.31; 5, K. Singleton (Wake) 23.18; 6, D. Gratton (Wake) 23.39. Teams: 1, Wakefield 15; 2, Worksop 22. (**Colts**) 1, V. Scime (W'sop) 13.10; 2, S. Robinson (W'sop) 13.29; 3, P. Scora (Wake) 13.32. Teams: Worksop 15; Wakefield 21.

March 20th

Salford H. Northern Road Relay Trial. 1, R. Towler (Grim) 14.57; 2, S. Heap 15.00; 3, B. Aspdon 15.08; 4, T. Cosburn 15.34.

Mike Winch Throws Discus Personal Best of 53.12/174'3"

April 3rd

Bournemouth Open Spring Meeting. SP: M. Winch (B&H) 15.67/51'5"; 2, R. Kennedy (S'ton & E) 14.53/47'8"; 3, R. Walhen (RN) 13.46/44'2". DT: 1, Winch 53.12/174'3"; 2, T. O'Neil (Bristol) 41.64/136'7"; 3, Kennedy 41.56/136'4". HT: 1, A. Phipps (Army) 53.72/176'3"; 2, O'Neil 46.08/151'2"; 3, Kennedy 38.70/127'0". JT: 1, Mayho (Exeter) 58.60/192'3"; 2, Fox (N. Dorset) 54.50/178'10". (**Women**) 800: M. Newton (S'ton & E) 2:16.2. (**Intermediates**) 1500: 1, L. Salmon (Ryde) 5:06.0; 2, A. Shave (B'mth) 5:26.0; 3, Tabor (S'ton) 5:40.6; 4, Hampdale (Yeovil) 5:40.7. LJ: G. Bruce (B'mth) 4.95/16'3". DT: J. Entwistle (Brack) 33.18/108'10".

Another Fine Display By Bolton United

April 3rd

BOLTON United gave a fine display in winning the Warrington Road Relay, beating their record of 3 years ago by 2 seconds. Furthermore Bolton's 'B' team ran faster than any reserve team had recorded in previous years.

On the first leg Tony Byrne took Bolton into the lead, 8 seconds clear of Ron Barlow (Sutton). Blackburn's Terry Parker (like Byrne, a former Blackpool & Fylde runner) edged City of Stoke (Deakin) and M & D Lads Club (Lawson) for third place. Ron Hill was certainly not at his best, but Chris Fay's run would have caused Ron problems at any time, for only Mike Freary and Ricky Wilde have ever run faster. Fay gave Blackburn a handsome lead of 28 seconds with Peter Roberts taking Sutton ahead of Bolton into second place. Alan Dean held fourth place but Derby (Hinton) moved up from tenth to a close fifth. Terry Dwyer hauled Pembroke up to seventh place (a position held by the Liverpool club's 'B' team on the first lap).

On stage three Steve Kenyon gave a superb display, becoming the first teenager to beat 17 minutes (the previous fastest was Andy Holden's 17 min 20 sec in 1968). Harold Leeming brought Derby into the first three, 16 seconds down on Blackburn (Davis). Syd Hope held fourth place for Stoke, with Sutton dropping three places to fifth.

There was no change in the top four placings on the anchor leg, though Mike Freary increased Bolton's lead by over half a minute with a run of 16 min 25 secs (6 seconds outside his own record). Alan Domleo (Derby) closed a little on John Calvert (Blackburn), but both pulled away from John Jackson. Liverpool Pembroke (Brown) edged Sutton (Renshall) out of the fifth team prizes.

Malcolm Warburton

1, Bolton UH (A. Byrne 17.06, R. Hill 17.18, S. Kenyon 16.58, M. Freary 16.25) 1:07.47.

2, Blackburn (T. Parker 17.17, C. Fay 16.35, R. Davis 17.46, J. Calvert 16.59) 1:08.37.

3, Derby & County (D. Rhodes 17.39, K. Hinton 17.06, H. Leeming 17.09, A. Domleo 16.56) 1:08.50.

4, City of Stoke (N. Deakin 17.18, A. Dean 17.21, S. Hope 17.29, J. Jackson 17.04) 1:09.12.

5, Liverpool Pembroke (J. Carroll 17.57, T. Dwyer 17.14, J. Balmer 17.39, R. Brown 17.30) 1:10.20.

6, Sutton H (R. Barlow 17.14, P. Roberts 17.06, C. Johnson 17.57, B. Renshall 18.06) 1:10.23.

7, Bolton 'B' 1:10.30; 8, Manchester & District 1:10.39; 9, Wirral 1:10.57; 10, Manchester & D. 'B' 1:12.39; 11, Derby & Cty. 'B' 1:13.00; 12, Liverpool Pembroke 'B' 1:13.13; 13, Warrington 1:13.16; 14, Wirral 'B' 1:13.33; 15, Cty. of Stoke 'B' 1:13.35; 16, Sutton H 1:13.59; 17, Blackburn 'B' 1:14.35; 18, Bolton 'C' 1:14.49; 19, Leigh 1:15.23; 20, Mid Cheshire 1:15.33.

Fastest: (3.6M) Freary 16.25, Fay 16.35, Domleo 16.56, Kenyon 16.58, Calvert 16.59, Jackson 17.04, Byrne 17.06, P. Roberts (Sutton) 17.06, Hinton 17.06, Leeming 17.09. Under 20 award: Kenyon. Under 19 award: Carroll. First 'B' Team: Bolton UH (7th).

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SUNDAY, 23rd MAY, 1971

THE FAIRFIELD HORSESHOE FELL RACE

(Under A.A.A. Laws)

Start and Finish in **RYDAL PARK**, Near Ambleside, Westmorland Start 2.30 p.m.

Entries close 2nd May, 1971

Secretary of the Meeting:—F. Travis, 13 Hallsenna Road, Seascale, Cumberland.

SUNDAY, 4th JULY, 1971

THE SKIDDAW RACE

(Under A.A.A. Laws)

Start and Finish in **FITZPARK**, Keswick, Cumberland Start 2.30 p.m.

Entries close 21st June, 1971

Secretary of the Meeting:—J. D. Oliver, 6 Stanah Cottages, Thirlmere, Keswick, Cumberland. (Tel. Keswick 73151 evening).

SUNDAY, 12th SEPTEMBER, 1971

THE VAUX MOUNTAIN TRIAL

An Orienteering type of event of about 15 to 20 miles. The 1971 venue will be within the Lake District National Park.

Sponsored by **Vaux and Associated
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Entries close Wednesday, 18th August, 1971

Secretary of the Meeting:—F. Travis, 13 Hallsenna Road, Seascale, Cumberland.

Ladbroke Road Races**At Jarrow, April 3rd**

John Caine in Devastating Form

JOHN CAINE showed that he was in no mood for hanging around very soon after the start of the senior 6½M, and assumed the lead from Brooks Miles on within the first mile. Jim Alder followed on closely, but such is Caine's form at the moment that even the Commonwealth Games silver medallist was forced to drop back after a couple of miles at a searing tempo. Leaving Caine to sweep home the winner by 31 sec, Alder was content to finish just ahead of clubmate Dave Camp and Airedale's Colin Taylor. Gateshead were comfortable winners of the team race. Jean Lochhead scored a 20 sec victory over local girl Christine Horsley in the Women's race, and in the Youths' division, Philip Dunn easily disposed of Dave Kelly. Jarrow & Hebburn monopolised the Colts' race.

1. J. Caine (Gateshead) 28.54
2. J. Alder (Morpeth) 29.25
3. D. Camp (Morpeth) 29.27
4. C. Taylor (Airedale) 29.33; 5. J. Trainor (Gates) 29.46; 6. W. Robinson (Gates) 29.55; 7. L. Dunn (Gates) 29.58; 8. J. Milton (S'well) 30.04; 9. N. Rackham (Heaton) 30.07; 10. B. Miles (Sund) 30.07; 11. P. Parker (Gates) 30.08; 12. A. Dewhurst (Airedale) 30.19; 13. G. Bellord (M & C) 30.22; 14. C. Spedding (Gates) 30.26; 15. M. Cockburn (Morpeth) 30.29; 16. P. Barker (M & C) 30.30; 17. J. Pearson (Morpeth) 30.31; 18. P. Veitch (M & C) 30.34; 19. B. Gray (Morpeth) 30.38; 20. R. Lunn (Gos) 30.47; 21. D. Coates (M & C) 30.49; 22. W. Wardle (Jarrow) 30.50; 23. C. Vaux (M & C) 30.50; 24. R. Balding (Heaton) 30.52; 25. M. Dixon (Heaton) 30.58; 26. R. Carruthers (Gosforth) 31.11; 27. A. Leitch (Gates) 31.16; 28. D. Cresswell (Heaton) 31.22; 29. D. Liso (Gates) 31.27; 30. L. Himsforth (Durham Un) 31.27; 31. D. Taylor (NSP) 31.33; 32. K. Maughan (Burn Rd) 31.48; 33. T. Florey (M & C) 31.59; 34. D. Coker (Heat) 31.56; 35. T. Rooke (M & C) 31.57; 36. R. Checkley (Heat) 32.00; 37. A. Bone (S. Shields) 32.06; 38. M. Starford (M & C) 32.16; 39. E. Hudspeth (Morpeth) 32.30; 40. D. Lawther (NSP) 32.51. **Teams:** 1, Gateshead 24; 2, Morpeth 37; 3, Middlesbrough & Cleveland 68.

Youths

1. P. Dunn (Billingham S) 14.06; 2. D. Kelly (Saltwell) 14.30; 3. D. Quinn (Saltwell) 14.42; 4. N. Murray (S'well) 14.45; 5. M. Fenwick (S'well) 14.57; 6. C. Gradon (Darl) 15.04; 7. R. Cartwright (Burn Rd) 15.12; 8. K. Willis (Burn Rd) 15.19; 9. M. Kearns (S. Shields) 15.26; 10. W. Watson (S'well) 15.30. **Teams:** 1, Saltwell 9; 2, Jarrow & Hebburn 49.

Boys

1. C. Berwick (M & C) 9.16; 2. A. Amoss (Gateshead) 9.22; 3. D. Roberts (Jarrow) 9.30; 4. B. Morrisey (S'well) 9.32; 5. J. Sewell (Gates) 9.35; 6. H. Walsley (Elswick) 9.36; 7. S. Irvine (Gates) 9.41; 8. V. Rumis (Jarrow) 9.44; 9. S. Murray (S'well) 9.46; 10. R. Watson (Heaton) 9.51. **Teams:** 1, Gateshead 14; 2, Middlesbrough & Cleveland 18; 3, Jarrow & Hebburn 23.

Colts

1. P. Long (Jarrow) 8.32; 2. P. King (Jarrow) 8.35; 3. A. Carr (Sunderland) 8.36; 4. M. Hedley (Jarrow) 8.46; 5. C. Lawson (Jarrow) 8.49; 6. A. Dickinson (ASV) 8.50; 7. A. Rawson (ASV) 8.51; 8. A. Grey (Jarrow) 8.54; 9. I. Johnson (Border) 8.55; 10. G. Smith (S. Shields) 8.58. **Teams:** 1, Jarrow 7; 2, Airedale & SV 26; 3, Jarrow 'B' 29.

Women

1. J. Lochhead (Airedale & SV) 9.54; 2. C. Horsley (Houghton) 10.14; 3. N. Hepworth (ASV) 10.37; 4. M. Chambers (Durham) 10.47; 5. F. Wishart (NSP) 10.58; 6. J. Blain (Border) 10.59; 7. M. Brown (Houghton) 11.00; 8. J. Merit (Houghton) 11.11; 9. L. Cross (Blyth) 11.16; 10. S. Proudfoot (Border) 11.17; 11. R. McCusker (Blay) 11.18; 12. S. Sugden (ASV) 11.22; 13. V. Coburn (Blay) 11.22; 14. C. Ross (Stanley) 11.30; 15. K. Lowdon (C'mouth) 11.36. **Teams:** 1, Airedale & SV 16; 2, Houghton 17; 3, Border 33. **J.A.**

HARBORNE HARRIERS ROAD RELAY**At Quinton, April 3rd**

1. Tipton (J. Wright, J. Harvey, K. Boyden, B. Cole, D. Fowles) 1:43.40 (Record); 2. Small Heath (T. O'Reilly, Brookes, J. King, J. Rowe, G. Taylor) 1:45.49; 3. Tipton 'B' (M. Evans, J. Edwards, K. Rock, A. Bradley, A. Johnson) 1:46.21; 4. Worcester YMCA 1:46.40; 5. Birchfield 1:47.23; 6. Leamington 1:48.32; 7. Tipton 'C' 1:49.17; 8. Tipton 'D' 1:50.33; 9. Alsager College 1:50.38; 10. Halesowen C. 1:51.59; 11. Wolverhampton & Bilston 1:52.03; 12. Coventry Godiva 1:52.07. **Fastest:** J. Wright 20.24, E. Austin (Worcs) 20.29, King 20.39, P. Butcher (Dudley & Stour) 20.39, O'Reilly 20.40, Boyden 20.41.

Youths

1. Birchfield (M. Densley, F. Davin, J. Wells); 2. Small Heath; 3. Tipton. (Times were not supplied). **Fastest:** Densley 13.01, R. Crabb (Swindon) 13.12, A. Marley (Sm. Hth) 13.21, R. Maule (Cov. God) 13.30, N. Jinks (Worcs. YMCA) 13.31, I. Martyn (Tipton) 13.34.

**NEW ZEALAND 30, SOUTH OF ENGLAND 48
IN WOMEN'S CROSS-COUNTRY
MATCH****At Richmond Park, March 14th**

1. B. Shingles (New Zealand) 17.45
2. V. Robinson (New Zealand) 17.54
3. I. Miller (New Zealand) 17.57
4. P. Yeoman (South) 18.06; 5. H. Thompson (NZ) 18.17; 6. A. Yeoman (S) 18.25; 7. M. Sampson (NZ) 18.26; 8. S. Marquis (S) 18.38; 9. J. Van Cuylenburg (S) 18.48; 10. B. Price (S) 18.59; 11. B. Cushen (S) 19.10; 12. A. Smith (NZ) 19.21; 13. L. Salmon (S) 19.38; 14. L. Boshier (S) 20.01; 15. K. Dunse (S) 20.07; 16. A. Dunn (S) 20.17; 17. A. Roberts (S) 20.43; 18. J. Meeson (S) 20.44; 19. J. Leach (S) 20.46; 20. L. Cobden (S) 20.47; 21. A. Abraham (S) 21.03; 22. J. Low (S) 21.14.

Book Reviews

"British Athletics 1971" compiled by the Members of the National Union of Track Statisticians, published by the British Amateur Athletic Board; 198 pages; 55p post paid from "AW" Book Department, 344 High Street, Rochester, Kent.

The 13th edition of the "NUTS Annual" this may be, but the buyer will have no cause to bemoan his luck. Without any doubt this is the finest booklet of the series (it's also the thickest) and it must rank among the most informative statistical works ever produced. Well illustrated, too, with 27 photographs.

Every facet of British athletics during 1970 is covered. The deep best performer and performance lists continue to be the publication's *raison d'être* but there is more supplementary data than ever before, greatly enhancing the booklet's value as a complete reference work. Another plus-mark is the early appearance of the publication, which reflects great credit on editor Bob Sparks and all involved in its compilation and production.

Here is a check list of the contents: European Championships timetable and qualifying standards; major fixtures in 1971; world, European, Commonwealth, UK all-comers and UK national records; UK Junior "records"; UK all-time "top ten"; event by event review of 1970 season; results of Britain's international matches plus Commonwealth Games, European Cup, European Junior Championships, Lugano Trophy, national and area championships (all age groups), etc.; 65 pages of ranking lists; and an index which includes athletes' date of birth. Marvellous value for the price.

Among points of interest browsing through: Martin Reynolds had 18 200m marks of 21.0 (including windy) or faster with number two on the list; David Dear, running 21.0w just once. Only one Briton enjoyed a wider measure of supremacy over his compatriots... no prizes for guessing Howard Payne, who recorded 65.38/214'6" in the worst of his 21 competitions as against second ranked Barry Williams' best of 63.10/207'0". On the women's side, Rosemary Payne—in 17 of her 19 contests—threw the discus beyond Gay Porter's peak of 49.66/162'11". Most widely ranked athletes are Peter Gabbett and Barry King, listed in nine events each, while Sue Scott appears in eight.

"UK Junior All Time List" compiled on behalf of the NUTS by David Cockledge, Alan Lindop and Peter V. Martin, published by the NUTS; 64 pages; 30p post paid from "AW" Book Dept.

From the attractive cover (graced by Mary Sonner) onwards, this is a booklet which will gladden the hearts of all who embrace the cause of junior athletics. Junior in this context means junior men, youths and junior women according to the international age qualifications—i.e. respectively under 20, 18 and 19 in the year of competition.

The 30-plus deep all-time lists assembled by editor Cliff Temple make fascinating reading. Take the junior men. Ranked in top place are such

JIM GOLLIDAY

Jim Golliday, an outstanding American sprinter of the fifties, died of pneumonia at Evanston, Illinois, last Saturday. He was aged 39.

Golliday, who was born at Sacramento, California, on April 23rd 1931, was considered one of the top favourites for the 1952 Olympic 100m crown after winning the National Collegiate title into a strong wind in 10.4 but injury cost him his chance of making the team. He equalled the world 100y record of 9.3 at Evanston in 1955 (the third man in history to record that time), with two of five watches registering 9.2. That same year he ran 220y (turn) in 20.9. Unfortunately he was struck down by injury again in 1956 and missed the Melbourne Games too.

names as Peter Radford, Martin Reynolds, Adrian Metcalfe, John Davies, Ian Stewart and Maurice Herriott, which may seem to favour the argument that real talent will manifest itself early. That is until one looks—in vain—for even a mention of such UK record holders as Ming Campbell, Chris Carter, Alan Simpson, Dick Taylor, Ron Hill, Fred Alsop, Arthur Rowe, John Watts and Howard Payne. No, one does not need to be an outstanding teenager in order to develop into a great senior. Indeed it is sad to see in these lists so many names, brilliant as youngsters, of whom nothing more was heard in later years.

One who was lost young to athletics but has not exactly faded into oblivion is Joe Bugner, British and European heavyweight boxing champion (featured by John Lusardi in our "Spotlight on Youth" column in 1966). Joe ranks 26th in the youths 1kg discus at 56.00/183'9".

Completing the booklet are UK age record lists for boys and girls and 1971 fixtures involving young athletes. Mike Farrell contributes a foreword.

Mel Watman

MARGARET BEACHAM INTERVIEWED

Look out in next week's issue for an extensive feature on Margaret Beacham, while the Who's Who is devoted to Mick Beevor, Jim Aukett and Sandra Dyson.

EVENT SECRETARIES

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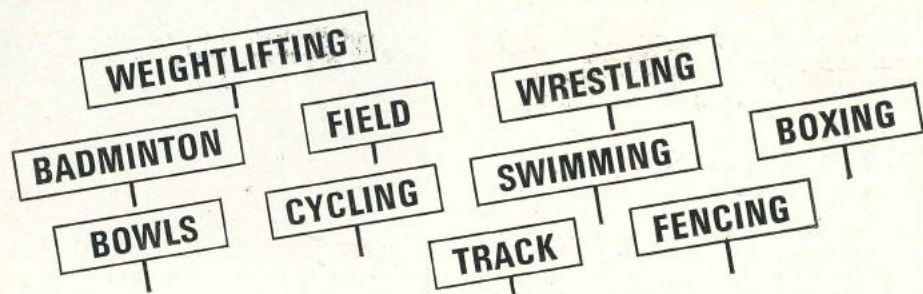
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IRELAND

Father Coyle Captures BLE Title

RUNNING with a smoothness which defied description, Father Paddy Coyle won the BLE National Senior Cross-Country Championship at Mallow Racecourse on February 28th. Taking the lead from the gun he shook off the early challenge of Tom O'Riordan, Eddie Spillane, Pat Gilsenan and Danny McDaid, the Belfast based priest and went further and further ahead of the big field to record a massive 37 sec. victory. O'Riordan, who fell in the early stages, never recovered his composure and retired after 2½ miles. Anne O'Brien returned to the top and exacted sweet revenge on Kate Moroney for recent defeats in county and regional events. Kate held on until the closing stages but the strong Clonliffe runner was powerful over the last half mile to record a narrow victory. Beatrice Lambert, who finished 5th, became—at 14—the youngest Irish runner to win a full international vest.

Padraig Griffin

Senior Men

1. P. Coyle (Lourdes) 37.23
2. S. O'Sullivan (Limerick) 38.00
3. P. Gilsenan (Metropolitan) 38.07
4. J. McNamara (Donore) 38.18; 5. D. McGann (C. Service) 38.19; 6. J. Kelly (CS) 38.20; 7. E. Spillane (Don) 38.22; 8. T. Brien (Don) 38.23; 9. R. Crowley (Cork) 38.34; 10. J. Cardiff (Kildare) 38.40; 11. P. Murphy (Kil) 38.57; 12. D. McDaid (Clonliffe) 39.04; 13. T. Redican (Don) 39.06; 14. S. Lynch (Meath) 39.18; 15. J. Sheridan (Don) 39.20; 16. T. Keegan (Kil) 39.31; 17. M. Quanne (VPH) 39.31; 18. P. Keane (Clon) 39.36; 19. G. McIntyre (Clon) 39.37; 20. F. Greally (Don) 39.41; 21. T. Gegan (Clon) 39.43; 22. M. Hayden (Tullamore) 39.45; 23. F. Long (Cork) 39.46; 24. P. O'Connell (Cork) 39.48; 25. M. Cullen (Met) 39.54;

26. M. Murphy (Cork) 39.57; 27. T. Lenihan (Lim) 40.00; 28. W. Dunn (Dub) 40.07; 29. J. Phelan (Tipp) 40.10; 30. K. Breen (Tull) 40.15; 31. J. Gegan (Lim) 40.20; 32. F. Murphy (Clon) 40.21; 33. B. Geraghty (GCH) 40.22; 34. F. Browne (Meath) 40.22; 35. C. McMonagle (Donegal) 40.26; 36. B. O'Gorman (St. Fin) 40.28; 37. J. O'Reilly (Dub) 40.33; 38. V. Campbell (Dub) 40.34; 39. J. Scanlon (Gal) 40.37; 40. J. Fagan (Meath) 40.39; 41. S. O'Sullivan (Kil) 40.45; 42. L. Keegan (Kil) 40.46; 43. B. Buckley (Kil) 40.53; 44. N. McDaid (Don) 40.55; 45. T. Flanagan (Gal) 40.58; 46. J. Moriarty (CS) 41.05; 47. E. Pelin (Kil) 41.07; 48. M. Kelly (Gal) 41.09; 49. P. Corbett (Clare) 31.12; 50. M. Scully (St. Patrick's) 41.13. 153 finished.

Teams: 1, Donore 27; 2, Clonliffe 53; 3, Civil Service 73; 4, St. Finbarrs 106; 5, Kildare 127; 6, Donore 'B' 154; 7, Tuam 175; 8, Metropolitan 176; 9, Tullamore 183; 10, Lourdes 183.

Youths

1. M. O'Shea (Limerick) 15.35
2. J. Kiernan (Kerry) 15.38
3. D. O'Connor (Tipperary) 15.48
4. T. Ryan (Waterford) 15.50; 5. T. McCormick (Tull) 16.00; 6. T. O'Leary (Cork) 16.05; 7. A.



Father Paddy Coyle—Irish (BLE) National Cross-Country Champion.
Fionnbar Callanan

Nevan (Mayo) 16.08; 8. T. Moran (Dub) 16.10; 9. J. Treacy (W'ford) 16.14; 10. C. Power (Dub) 16.19; 11. C. Mealy (Cork) 16.20; 12. J. Morrissey (Kil) 16.27; 13. J. Wilmot (Cork) 16.28; 14. D. Ryan (Cork) 16.29; 15. G. Deegan (W'ford) 16.30; 16. J. Down (Cork) 16.31; 17. D. Cotter (Laois) 16.32; 18. D. Hartnett (Cork) 16.33; 19. E. McCarthy (Cork) 16.38; 20. M. Bryne (Dub) 16.39. 107 finished. **Teams:** 1, Leevale 44; 2, St. Nicholas 65; 3, Clonliffe 71; 4, Phoenix 94; 5, Limerick 95; 6, Metropolitan 96.

Women

1. A. O'Brien (Dublin) 14.20
2. K. Moroney (Dublin) 14.26
3. M. Lynch (Dublin) 14.42
4. D. Foreman (Dub) 14.50; 5. B. Lambert (Carlow) 15.08; 6. V. Sherry (Glaslough) 15.19; 7. S. Curry (Car) 15.24; 8. S. Lynch (Dub) 15.29; 9. N. Bowe (Tipp) 15.35; 10. C. Healy (Cork) 15.37; 11. J. Fleming (Cork) 15.38; 12. M. Connolly (Car) 15.43; 13. M. Kelly (Laois) 15.45; 14. U. O'Brien (Dub) 15.49; 15. K. Bowe (Tipp) 15.51. 66 finished. **Teams:** 1, Raheny Shamrocks 11; 2, St. Lawrence O'Toole AC 19; 3, Clonliffe 32.

Donore Harriers "Inman Cup" 4M CC, at Dublin, March 14th. 1, J. MacNamara (scr) 20.16; 2, T. Redican (0.15) 20.20; 3, W. Dunne (0.45) 20.34.

FOR THE MOST DETAILED COVERAGE OF IRISH ATHLETICS

"MARATHON"

A monthly magazine, edited by Pádraig Griffin. Annual subscription £1.50; remit to Marathon Publications, High Street, Ballinamore, Co. Leitrim, Rep. of Ireland.

RoI FIXTURES IN 1971

May 28th/29th—Crusaders AC "G. V. Ryan Trophy" Meeting incl. BLE 4 x 100m Championships at Santry. June 9th—Guinness Open Sports incl. BLE Women's 4 x 100m Championship at Iveagh Grounds. June 13th—BLE Regional Senior Champs. June 20th—Civil Service Sports incl. BLE 4 x 400m Championships at Santry. June 27th—BLE National Junior Champs at Santry; BLE National Marathon Championship; Banteer Open Sports incl. BLE National 2M Championship. June 29th—Cork City Sports incl. BLE National Mile Championship. July 4th—Raheny Open Sports incl. BLE National 3M Championship. July 10th/11th—BLE National Senior Champs at Santry. July 17th/18th—Spain v. Portugal v. RoI in Spain. July 18th—BLE National 20km Walk Championship at Kilkenny.

NORTHERN IRELAND WOMEN'S CC CHAMPIONSHIPS At Ballymena Academy

1, C. Trenier (Craigavon) 8.11; 2, L. Dunne (Belfast L) 8.33; 3, A. Kirkpatrick (B'mena) 8.48; 4, P. McNally (B'mena) 9.00; 5, P. Wilson (B'mena) 9.04; 6, B. Johnston (Shorts) 9.06; 7, B. Gaston (Belfast L) 9.09; 8, M. Martin (QUB) 9.10; 9, J. Dick (Shorts) 9.17; 10, M. Kyle (B'mena) 9.18; 11, M. O'Boyle (B'mena) 9.28; 12, D. Irvine (Shorts) 9.36. **Teams:** 1, Ballymena 22; 2, Shorts 42; 3, Queen's Univ., Belfast 55.

Juniors

1, A. Marks (Ballymena) 6.54; 2, J. McKay (B'mena) 7.14; 3, A. Lennox (B'mena) 7.25; 4, E. Millar (B'mena) 7.29; 5, A. O'Hagan (Craig) 7.30; 6, M. Bamber (B'mena) 7.34; 7, M. Douglas (B'mena) 7.38; 8, A. Williamson (B'mena) 7.39; 9, I. Gordon (B'mena) 7.43; 10, D. Houston (B'mena) 7.46; 11, L. Soutar (B'mena) 7.49; 12, M. Baird (B'mena) 8.06. **Teams:** 1, Ballymena 10; 2, Ballymena 'B' 36; 3, Ballymena 'C' 61.

BRITISH BOARD AGM

The fifth Annual General Meeting of the BAAB will be held at the North British Hotel, Edinburgh at 10 a.m. on June 12th.

Yeovil Olympiads AC officers: chairman, W. Whistecroft; treasurer, R. Meritt; Secretary, J. Flatters, 24 Elliotts Drive, Yeovil; summer captain, S. Maidment, (Women) P. Best; winter capt., J. Flatters.

Tarrant Wins Track '50' —Hughes Collapses

April 3rd

A FIELD of 14 competitors lined up for the start of the 50 Miles track race at Alexandra Park for the Road Runners Club "Balfe Trophy", organised by the Portsmouth Athletic Club in aid of the Lord Mayor's 'Coronary Care Appeal'.

Although the track and other arrangements could not be bettered, the stiff north east wind blowing down the home straight made any kind of scheduled running impossible, and one would have thought that distance men of the experience and calibre of Lynn Hughes and Phil Hampton would have been content to nurse their energies and average 6:12 to 6:15 miles in the early stages of the race thereby giving themselves the chance of getting under Alan Phillips' 1966 record of 5 hrs. 12 min. 39.8 secs. Instead they opted for sub-six minute miles and paid the penalty. At five miles they were together in 28.53, still together at ten in 58.33, fifteen in 1:27:58 and at twenty miles in 1:57:21. In the meantime John Tarrant was going at a steady pace passing through the 5, 10, 15 and 20 mile marks in 30.24, 61.19, 1:32:05 and 2:02:36 respectively. Don Turner's times at the same mile points were 32.54, 68.33, 1:44.21 and 2:20.35.

At 23 miles Hughes had an 18 seconds advantage over Hampton and by 25 miles had increased it to 57 sec. At 30 miles Hughes (2:55.32) was still under six minute miles whilst Hampton, who had slowed up considerably with cut feet over the previous five miles, went through in 3:02.18, retiring from the race at 31 miles in 3:08.56.

Hughes continued his sub-six minute milling for another four miles, then began to feel the strain, getting slower and slower, eventually having to give up from sheer exhaustion, passing the 40 miles mark in 3:59.19, 41 miles in 4:06.16 and 42 miles in 4:14.20—his last two mile times give a good indication of his physical condition.

John Tarrant went on to win the race in 5:43.31 from Don Turner, (Pitreevie) 5:54.46. 3rd, Ron Jeans (Salisbury) 6:31.07; 4th Ken Shaw, (Cambridge H) 6:40.23. Only four finished.

Performances of the other non-finishers were: V. Gutteridge (Cambridge) 38M. 5:01.51, E. Gutteridge 30½M. 3:53.00, I. Sanders (Derby & County) 30M. 3:33.55, D. Williams (Surrey AC) 30M. 3:49.59, E. Hughes (Port Talbot) 24M. 2:54.0, F. Thomason (Skyrac) 22M. 2:50.32, P. Bletsoe (Salisbury) 21½M. 2:57.01, G. Morralee, (RNAC) 15M. 1:39.43.

The Lord Mayor presented the recipients with their awards and thanked everyone concerned, particularly the athletes who had travelled to Portsmouth at their own expense to support the event to the benefit of his 'Appeal' fund.

A. Gibb

Note that the Epsom & Ewell H boys 4x100m team clocked 48.0 last year at East London Stadium on July 4th.

UK Cross-Country Rankings—Part 2

PROBLEMS arose this year with the Scottish Youths, Ron MacDonald and Jim Brown. The latter finished third in the English Youth race, and then trounced all but two of England's selected Juniors in the International at San Sebastian, his magnificent third place there giving him a high ranking (5th) in the Junior list. The situation makes one wonder where Black and Goater would have finished had they had the chance to run in the International, especially as Dave Black ran Nick Rose into the ground in the Midland Road Relay a week later. As it is, Brown gets ranked in both age groups, but of course has to be listed below the two leading English Youths. A similar case crops up with Ron MacDonald, who, however, did not run in the National Youth race. Greg Hannon would undoubtedly have gained a good ranking had he been able to run in the National—alas, he missed the start through no fault of his own, yet proved his worth by finishing 16th for Northern Ireland in the International.

The Intermediate and Junior Girls rankings were complicated by the fact that almost all the Southern counties did not contest the National Inter-counties Championships, thus making direct comparison of placings possible only in the English Schools' and the National for girls from all over the UK. The rankings it should be pointed out, are a purely personal choice, and in no way reflect any sort of official opinion.

D.C.

1. Jack Lane (Feltham):

1st National, 11th Inter-counties Senior, 1st BUSF.

2. **Philip Banning (Andover/Borough RC):**
2nd National, 1st Inter-Counties, 1st Hampshire Senior.
3. **Nick Rose (Bristol):**
3rd National, 1st International, 3rd Inter-counties, 1st Midland.
4. **Ray Smedley (Birmingham Univ):**
4th National, 2nd International, 8th Inter-counties, 9th BUSF.
5. **Jim Brown (Monkland):**
3rd National Youth, 3rd International, 2nd Scottish Junior.
6. **Steve Kenyon (Bolton UH):**
5th National, 4th International, 2nd Inter-counties, 2nd Northern.
7. **Peter Adams (Aldershot):**
6th National, 9th International, 4th Inter-counties.
8. **Graham Tuck (Cambridge & Coleridge):**
7th National, 32nd Inter-counties Senior, 4th Eastern Senior.
9. **Robert Harrison (Airedale & Spen Valley):**
8th National, 30th International, 9th Inter-counties, 5th Northern.
10. **Ian Gilmour (Birmingham Univ):**
9th National, 13th International, 2nd Midland, 16th BUSF, 3rd Scottish Junior.

Noteworthy mentions: John Wheway (Coventry Godiva): 10th National, 61st Inter-counties Senior; Ron MacDonald (Monkland): 14th International, 1st Scottish Junior.

MAIDENHEAD ATHLETIC CLUB

OPEN MEETINGS

At Braywick Playing Fields, Maidenhead
ALL TRACK EVENTS IN METRES

SUNDAY, APRIL 18th, 2.30 p.m.

Sen. Men: 100, 200, 400, 1500, 5000, H.J., T.J., Shot. **Jun. Men:** 100, 200, 400, 1500, 3000, H.J., T.J., Shot. **Youths:** As Juniors. **Boys:** 100, 200, 1500. **Sen. Ladies:** 100, 200, 400, Shot, H.J. **Inter. Ladies:** 100, 200, Shot, H.J. **Jun. Ladies:** as Inter. Ladies.

SUNDAY, APRIL 25th, 2.30 p.m.

Sen. Men: 100, 200, 800, 3000, 2000 S/C, 400 Hds., P.V., L.J., Discus, Javelin. **Jun. Men:** 100, 200, 800, P.V., L.J., Discus, Javelin. **Youths:** As Juniors. **Boys:** 100, 200, 800. **Sen. Ladies:** 100, 200, 800, L.J., Discus, Javelin. **Inter. Ladies:** As Senior Ladies. **Jun. Ladies:** As Senior Ladies.

All entries taken on day. Entry fee 5p per athlete to cover all events entered. Secretary: Max Cowlin, 66 Seymour Park Rd., Marlow, Bucks. (Tel: 4522).

BOLTON UNITED HARRIERS & A.C.

8th Annual

"Bolton Evening News"

EGERTON ROAD RELAY

4 x 3½ Miles

Under AAA Laws

For the "Evening News Rose Bowl"
From Egerton Congregational School,
Blackburn Road, Egerton, Nr. Bolton

SATURDAY, 24th APRIL, 1971
at 3 p.m.

AWARDS—1st Team 4 at £3-15; 2nd Team 4 at £2-10; 3rd Team 4 at £1-05; 1st "B" Team 4 at £1-05; Fastest Laps: £3-15, £2-10, £1-05.

All competitors insured against personal accident during race.

Entries with fees (37½p per "A" team, 25p others) to A. R. Elsbey, 51 Tong Road, Little Lever, Nr. Bolton, Lancs.

ENTRIES CLOSE MONDAY, 19th APRIL

Advance Notice: Rivington Cup Meeting—Saturday 17th July, 1971, Invitation Events—Inter-Club Competition.

YOUTHS

1. **David Black (Small Heath):**
1st National, 1st Inter-counties, 1st Midland.
2. **Julian Goater (Shaftesbury):**
2nd National, 2nd Inter-counties, 1st English Schools', 1st Southern.
3. **Jim Brown (Monkland):**
See Junior list.
4. **John Davies (Thames Valley):**
4th National, 15th Inter-counties, 2nd Southern.
5. **Martin Dell (Leeds City):**
5th National, 12th Inter-counties, 2nd Northern.
6. **Barry Smith (Thurrock):**
6th National, 3rd Inter-counties, 3rd Southern.
7. **David Moorcroft (Coventry Godiva):**
7th National, 4th Inter-counties, 2nd Midland.
8. **Ron MacDonald (Monkland):**
14th International Junior, 1st Scottish Junior.
9. **Nigel Gates (Westbury):**
8th National, 4th Midland.
10. **Dennis Coates (Middlesbrough & Cleveland):**
9th National, 1st Northern.

Noteworthy Mentions:—Terry Colton (Work-sop): 10th National, 19th Inter-counties, 6th Midland; Bernard Randall (Brighton & Hove): 11th National, 6th Inter-counties; David Lowes (Gates-head): 34th National, 5th Inter-counties, 5th Midland; David Glassborow (Coventry Godiva): 2nd English Schools' Gregory Hannon (Achilles): 16th International, 1st N. Ireland Junior.

INTERMEDIATE GIRLS

1. **Mary Stewart (Birchfield):**
1st National, 1st English Schools', 2nd Midland, 7th Inter-Counties.
2. **Pamela Davies (Tipton):**

2nd National, 4th English Schools', 1st Midland, 2nd Inter-counties.

3. **Julie van Cuylenburg (Croydon):**
3rd National, 6th English Schools', 3rd Southern Inter-counties, 1st National 3,500m.
4. **Margaret Cope (Birchfield):**
4th National, 2nd English Schools', 4th Midland, 6th Inter-counties.
5. **Christine Helsby (Stretford):**
6th National, 3rd English Schools, 2nd Northern, 1st Inter-counties, 2nd National 3,500m.
6. **Linda Salmon (Ryde):**
5th National, 11th English Schools, 2nd Southern Inter-counties, 2nd Southern.

JUNIOR GIRLS

1. **Christina Boxer (Aldershot, F&D):**
1st National, 1st English Schools', 1st Southern, 1st Southern Inter-counties.
2. **Kay Kosbab (Feltham):**
4th National, 2nd English Schools', 4th Southern Inter-counties, 3rd Southern.
3. **Sherrie Hines (Thurrock):**
2nd National, 6th English Schools', 6th Southern Inter-counties.
4. **Ann Cherry (Fauldhouse Victoria):**
3rd National, 1st Scottish, 1st Scottish Schools'.
5. **R. Chettleburgh (Havering):**
5th National, 4th English Schools', 5th Southern, 9th Southern Inter-counties.
6. **Julie Horan (Rossendale):**
6th National, 14th English Schools, 1st Inter-counties, 1st Northern.
7. **M. Sadler (Basildon):**
7th National, 8th English Schools', 10th Southern Inter-counties, 48th Southern.

Essex Are Leading The Way

IF other county associations followed the pace being set by Essex AAA on the coaching side of things, we might well have a healthier situation with regards to this aspect in the UK. That enthusiastic body of people, the Essex Federation of Coaches, held their second Coaching and Young Athletes week-end from April 2nd to 4th in the spacious grounds of the University of Essex, Colchester, under the zestful direction of Tom McNab, and it proved to be a worthwhile and interesting experience.

The course was amply staffed with almost every aspect of athletics, and nearly all events, represented. Tony Elder and Peter Orpin took the middle distance, hurdling and distance classes, Dave Evans and Peter Whittaker took the sprinters, Ron Murray and Tom McNab handled the jumps, and Bert Lockwood the throws. Dave Green also came along on the Sunday to supervise some of the jumps session and Tom Richardson took a group of walkers. Eighty athletes were resident over the week-end, and all-told a total of around 250 attended the course. The administrator was that livewire announcer, Dave

McJannet, proudly wearing the Scottish Commonwealth Games tracksuit top Crawford Fairbrother gave him ("I'd never wear a full tracksuit—someone might expect me to run about or something").

Tom McNab's driving enthusiasm and wealth of technical knowledge really made the occasion—his opening lecture had everyone at their ease as he introduced the course with ready flow of quips and anecdotes before getting down to the logic. Tom stressed physique, persistence, enthusiasm and dedication as the necessary ingredients for successful athletes—ability, he felt, could take care of itself. "Hope and optimism are the basis of athletics, it's often the losers who are the ones that really develop into champions. One has to dream."

Besides the lectures and practical sessions, the athletes and potential coaches on the course were treated to a number of films in the excellent University Halls, held a question panel on the Saturday evening, and used the rolling Essex countryside around Wivenhoe and the University for some hard training. On the distance course,

continued on page 25

World's Bests At Non-Standard Events

(as at 1st January, 1971)

Compiled by Ian R. Smith

110y	10.2	Charley Paddock (USA)	Pasadena	18 Jun, 21
120y	11.2	J. C. Owens (USA)	Chicago	19 Jun, 35
	11.2	Greg Lewis (Aus)	Melbourne	3 Mar, 66
130y	12.2	Mike Agostini (Trin)	Sorrento, Vic.	26 Apr, 59
150y	13.9	Clyde Jeffrey (USA)	New York	Jun, 38
	13.9	David Jones (UK)	Southend	31 May, 61
200y	18.9	Barney Ewell (USA)	Rochester	6 Jun, 42
300y	29.4	Thane Baker (USA)	Columbus	21 Apr, 56
	29.4	Mal Spence (S. Afr)	Germiston	23 Mar, 60
500y	55.4	Reggie Pearman (USA)	Buffalo	24 Aug, 52
600y	1:08.5	Willie Atterberry (USA)	Columbus	20 Apr, 57
660y	1:16.4	Jack Yerman (USA)	Bakersfield	5 May, 62
1,000y	2:06.2	John Boulter (UK)	London	26 Aug, 67
1,320y	2:53.2	Kipchoge Keino (Ken)	Dublin	18 Sep, 66
1½ miles	6:15.0	Kipchoge Keino (Ken)	Sydney	19 Dec, 65
4 miles	17:51.0	Ron Clarke (Aus)	Melbourne	20 Dec, 66
5 miles	22:24.0	Ron Clarke (Aus)	Melbourne	20 Dec, 65
7 miles	32:35.2	Ron Hill (UK)	Leicester	9 Nov, 68
8 miles	37:18.0	Ron Hill (UK)	Leicester	9 Nov, 68
9 miles	42:00.0	Jerome Drayton (Can)	Toronto	6 Sep, 70
11 miles	51:49.0	Ron Hill (UK)	Leicester	9 Nov, 68
12 miles	56:34.2	Ron Hill (UK)	Leicester	9 Nov, 68
20 miles	1:40:58.0	Jim Alder (UK)	Walton	17 Oct, 64
21 miles	1:46:10.0	Jim Alder (UK)	Walton	17 Oct, 64
22 miles	1:51:25.0	Jim Alder (UK)	Walton	17 Oct, 64
23 miles	1:56:49.0	Jim Alder (UK)	Walton	17 Oct, 64
25 miles	2:10:47.0	Eric Austin (UK)	Walton	19 Oct, 68
30 miles	2:47:34.0	Jeff Julian (NZ)	Auckland	3 May, 69
35 miles	3:18:03.0	Jeff Julian (NZ)	Auckland	3 May, 69
40 miles	3:49:49.0	Alastair Wood (UK)	Pitreavie	13 Dec, 69
50 miles	5:12:39.8	Alan Phillips (UK)	Walton	15 Oct, 66
75 miles	9:09:58.0	John Tarrant (UK)	Walton	26 Oct, 69
100 miles	12:15:09.0	Dave Box (S. Afr)	Durban	1 Aug, 70
300m	32.4	Herb McKenzie (Jam)	Stockholm	3 Sep, 48
500m	1:00.6	Josef Trousil (Cz)	Prague	10 Oct, 65
600m	1:14.3	Lee Evans (USA)	S. Lake Tahoe	31 Aug, 68
2,400m	6:10.0	Kipchoge Keino (Ken)	Hälsingborg	27 Aug, 65
4,000m	10:39.0	Ron Clarke (Aus)	Stockholm	5 Jul, 66
6,000m	16:33.0	Ron Clarke (Aus)	Oslo	14 Jul, 65
7,000m	19:23.0	Ron Clarke (Aus)	Oslo	14 Jul, 65
8,000m	22:13.0	Ron Clarke (Aus)	Oslo	14 Jul, 65
9,000m	24:59.0	Ron Clarke (Aus)	Oslo	14 Jul, 65
15,000m	43:37.8	Gaston Roelants (Bel)	Louvain	28 Oct, 66
35,000m	1:50:59.8	Don Macgregor (UK)	Pitreavie	12 Dec, 70
50,000m	2:57:29.4	Arthur Keily (UK)	Walton	27 Oct, 56
2-hour event: 23 miles		Jim Alder (UK)	Walton	17 Oct, 64
1,071 yards (37,994 metres)				
24-hour event: 159 miles				
562 yards (256 kilometres)				
403 metres)				
		Wally Hayward (S. Afr)	London	21 Nov, 53

PEBBLE RUN

A team of nine runners from the Royal Grammar School (Guildford) CC Club ran a road relay from Brighton's Palace Pier to the RGS on March 31st, carrying a pebble all the way. The legs varied from 4.8 to 5.4 miles and the total time for the 46.5 miles journey was 4:30:19—2 min. 34 sec. outside the 1961 record.

Colin Oberlin-Harris (Southampton & Eastleigh AC) would like to hear from anyone prepared to put him up as a lodger when he begins studies at the Polytechnic of Central London in September—preferably a family actively interested in athletics and situated near a park-like area. His address is 33 Malwood Gardens, Totton, Southampton SO4 3EX (Phone: Totton 4101).

Midland Women's Road Relays

At Longlevens, April 3rd

GODIVA & BIRCHFIELD SHARE HONOURS

A VERY cold and keen wind was the lot of the competitors (and officials) but there was a glut of excellent spirited running in each of the races. As the Road Relays have often been held at this venue, lap records have been established and two of these were broken this year.

At the end of the first leg of the Junior Race, Carole Petitjean (Bromsgrove & Redditch) running as an individual, led in a new course record (5.49), by inches from Sharon Healey (B'field)—a mere second separating them. Ruth Taylor ran a strong second leg and Amanda Howells equalled Sharon's time of 5.50 to give Birchfield a sound win by 22 seconds from Solihull who had a well balanced team. At the end of the 2nd leg, Helen Grogan (B & R) returned 5.49 to equal the course record set on the first leg and through this good run her club gained 3rd place.

The Intermediates races these days are full of interest, as the well known Juniors of the past two years are maintaining prominence. Mary Stewart took her club (Birchfield) into the lead over the first leg, with a smooth run of 7.59, knocking 13 seconds off the old record. Jannette McPherson retained the lead with the 4th fastest time and, with a 73 seconds lead, Margaret Cope had no need to push herself—which was as well as she had an encounter with the local lads who threw

glass marbles at her legs which hurt considerably and as she ran over the last 15 yards another local youth tried to keep up with her and she was worried in case the team was disqualified. It was amusing to the onlookers to hear Margaret shouting "Keep away from me"—"Go Away". Birchfield showed their depth of talent by gaining 2nd medals too in this age group.

The Senior Race for the Brenda Cook Shield found Bronwyn Cardy, the Welsh International from Bromsgrove & Redditch, leading at the first change-over by 56 seconds from Godiva. Ann Smith (Godiva) took her team into the lead and International Thelwyn Bateman then proceeded to break her own 1968 course record by 18 secs to return 11.11 without sprinting to the tape.

Terry Haines, the Organiser, said they would not use that course again as the traffic built up during the afternoon.

D. Nelson Neal

Seniors

- 1, Coventry Godiva (A. Parker 12.28, A. Smith 12.52, T. Bateman 11.11) 36.31.
- 2, Bromsgrove & Redditch (B. Cardy 11.32, S. Adams 13.44, R. Brownley 12.24) 37.40.
- 3, Westbury (P. Gallagher 12.35, J. Summerfield 13.34, S. Barnes 12.11) 38.20.
- 4, Birchfield 39.36; 5, Westbury 42.59. **Fastest:** Bateman 11.11 (Record), Cardy 11.32, Barnes 12.11.

Intermediates

- 1, Birchfield (M. Stewart 7.59, J. McPherson 8.36, M. Cope 8.19) 24.54.
- 2, Coventry Godiva (M. Morgan 8.42, B. Healey 9.03, L. Hulford 9.00) 26.48.
- 3, Birchfield 'B' (S. Hassan 8.45, J. Taylor 10.05, H. Campbell 8.28) 27.15.
- 4, Warley 29.38; 5, Composite Team 29.51. **Fastest:** Stewart 7.59 (Record), Cope 8.19, Campbell 8.28.

Juniors

- 1, Birchfield (S. Healey 5.50, R. Taylor 6.03, A. Howells 5.50) 17.43.
- 2, Solihull (L. Butterworth 6.09, G. Lovell 5.56, L. Ward 6.00) 18.05.
- 3, Bromsgrove & Redditch (L. Fletcher 6.04, H. Grogan 5.49, Y. Griffiths 6.28) 18.21.
- 4, Westbury (J. Alcock 6.10, S. Carter 6.09, P. Carter 6.10) 18.29.
- 5, Coventry Godiva (C. Smith 6.01, D. Partridge 6.16, F. Smith 6.27) 18.44.
- 6, Coventry 'B' (A. Clark 6.12, I. Thomas 6.17, H. Llewellyn 6.30) 18.59.
- 7, Birchfield 'B' 19.09; 8, Westbury 'B' 19.09; 9, Dudley & Stourbridge 19.17; 10, Warley 19.25; 11, Westbury 'C' 19.29; 12, Coventry 'C' 19.35; 13, Dudley & Stour. 'C' 20.00; 14, Gloucester 20.01; 15, Gloucester 'B' 20.09; 16, Dudley & Stour. 'B' 20.17; 17, Warley 'C' 20.28; 18, Dudley & Stour. 'D' 21.34; 19, Westbury 'B' 23.43. **Fastest:** Grogan 5.49 & C. Petitjean (Broms & Redd-Ind) 5.49 (Record), Healey 5.50, Howells 5.50.



Jim Alder sets an official world 30km record of 1:31:30.4; he holds unofficial records at five other events.

Ed Lacey

INTERVIEW WITH JAY SILVESTER

—Discus World
Record Holder

BY JOHN COBLEY

Ed Lacey photo



ON first acquaintance, Jay Silvester gives the impression of being easy going, jovial almost. But on closer appraisal he shows the remnants of a determination likely to satisfy most ambitions. So you could say he has a friendly facade.

For the past two years he has been coaching at Brigham Young University, co-winners of the 1970 National Collegiate track and field crown. His appointment continues a life spent almost entirely in Utah, through childhood, school, university and a business career. At BYU he coaches the shot, discus and weight training. His athletes have mixed feelings about his coaching ability. The Finnish athletes, though appreciative of his athletic stature, found his weight training methods unsophisticated. A discus thrower felt the fact that Silvester was still competing handicapped his ability to concentrate on the techniques of other throwers.

How did you first get into discus throwing? Was it something that came early in your life?

Silvester: Very early. When I was in grade school my brother had a friend who had a discus and competed on the track team in High School. He came to our home with a discus a couple of times and that was my first effort at throwing. I was 12 or 13 years old.

How did you develop as a thrower? Were you coached or self-taught?

I guess the only way I can answer that is to refer to Ralph Mann, the coach at Utah State University. When I was in High School, Ralph, I suppose, recognized some potential in me and he managed to furnish our coach there with film of the current best in the world both at shot and

discus—happened to be Parry O'Brien and Fortune Gordien. And I studied the films of those people. Then when I went on to college Ralph was my coach there. As a coach he tried to incorporate what I thought about it with what he thought, leaving me to make a few of my own judgments on how I should throw and perform. I think it worked out quite well.

Were you still with him when you broke into world class?

Well, it depends what you mean by world class. The world record when I was a senior in college was 194'6" (59.28) by Gordien. Piatkowski broke that and moved it to 196'6" (59.91). I threw 184'0" (56.08) in college, and the year after threw 190'4" (58.20). So I was fairly competitive as a senior in college, though I didn't do anything in the way of international competition till the year succeeding it, 1960.

Did you get to the Olympics in that year?

No. I didn't. I just didn't qualify; I was 4th in the Olympic trials.

But you did get to the next two Olympic Games. Could you talk about them?

Certainly. Tokyo was a wonderful Olympic Games. We had fine facilities in the Olympic village. A good place for the athlete who is under a lot of stress to be. I was fairly quiet and calm. As far as the competition goes it wasn't too exciting because the Japanese were very quiet and reserved and they just don't know much about track and field. I placed 4th in the discus; did an average sort of job. Threw fair but nothing great. In 1968, when I had set a world record, and was by a lot of people including myself expected to win,

I completely fell apart and placed a very, very poor fifth. In my judgment the housing at Mexico City was very poor. You were jammed into apartment-like complexes, 12 or 13 athletes per room. They were very noisy and had no sound deadening whatsoever. In fact, at the time the Games were held, they were not finished. It was very difficult for me to sleep—a married man away from home. I wasn't accustomed to a dormitory set-up, and having the added pressure of the Games, it seriously affected my performance capabilities.

Can you tell me about your world record of 224'5"?

I've been very fortunate in setting world records. I've set four different ones. 1961 was the first time. I set the world record on two different occasions then. And I did the same thing in 1968. Early I threw 218'4" (66.54), and later 224'5" (68.40) which still stands although it's kind of on a shaky base. There's plenty of pressure.

There are two great things an athlete can do: set a world record or win at the Olympic Games. Most people prefer the latter. Do you agree with that?

I certainly do. There's no question in my mind that the greatest prize a track and field performer can manage to gain is the Olympic gold medal. However, second to it would be a world record.

So are you thinking of Munich now?

Well, I intend to stay in condition and try to make the US Olympic team in 1972. At my age you have a kind of different look at Olympic competition. You know you are not going there for the experience. You want to have what you consider a good chance of winning, if you go. Oh, there's an outside possible chance if you're not one of the top performers, but I wouldn't want to go feeling that way. So it depends on how well I am competing next year, as well as everyone else in the world.

So you're going with a more relaxed attitude?

Well I'm not necessarily going. I've got to qualify yet and maybe there'll be athletes in America next year who can defeat me, I don't know.

You seem very modest about it. Are you not very confident?

Well, each year at my age, I kind of wait to see how well I can do. I try to keep my strength up; in fact I try to get stronger, more capable in various ways. I think, at my age (33), a person starts to push the maximum potential he has. I don't think that a young man aged 21 or 22 is doing that. Your strength, over a period of time, goes up to a point and you have a resultant gain that is perhaps near your potential and you don't find massive increases from year to year that some young people are capable of.

Do you find you have to make a lot of sacrifices?

In the past, yes. At the present, not so many. I'm here in a physical education capacity; it's not difficult to work the time in to train. But I see the time I put into a workout as time I could use other places. Time, at BYU, has become the

"Amateur sport is ridiculous"

most valuable thing I have. But when I was working in business or in the military, my training was not looked upon with favour at all. In other words I was taking away from whatever potential I might have had there with efficiency reports and so on. And in business I had to find time to train; I had to take two or three hours a day which definitely cuts into your income potential. Here at BYU it's not that much of a problem. At this point I feel it is worth it and I'll compete this year and next assuming I hold together—I have some injuries, some old ones that bother me a lot and if they stack up and get bad, I'll forget it. I'm going to do what I can; I'm very positive about throwing. But I am not the zealous young man who's gonna overcome all odds and try to win the Olympic Games. Maybe I'm a little more reserved than that.

You've mellowed?

Yes, I have as a matter of fact. I'm more realistic. I'm not so inexperienced. I think with experience you learn this, you learn more about your own capacities.

Do you think it's still possible to be a top amateur athlete and live a normal life?

Certainly not. No way. Athletics, because of what's happened in the last five years, has made me, and I think most other people, train all the year round without a break. Maybe two weeks, if that's considered a break. You cannot afford a long one and that's what makes better athletes: just the time you spend at it, the amount of effort you put into it. The body will respond to demands placed on it and the longer you place those demands, the more response you'll get from the body. It's simply that. Amateur sport is ridiculous; if we all had income we could earn from it, and be compensated that way, it would be a much more realistic thing. But it isn't, and those people who put in the time for love of sport lose a lot of other things in life. Life is only so long and if you put in two or three hours' training from which you get nothing but the satisfaction of it, some other person studies two or three hours a day instead, and is probably much better off in many other respects of life.

You have thrown over 40 feet farther than Consolini's old record. What does that 40' or so represent?

Technique has changed some since Consolini, but not really a great deal. Not in the basic principles of technique. Consolini did not exactly use the 1½ turn but essentially all the ideas of it are right there. Using Consolini's technique today I can throw within ten feet of what I have done with my technique, if I were to train for it. But of course that's ten feet. Strength, definitely, as well. I'm sure Consolini was not as strong as some of the people we have today. Weight training, definitely, has had a tremendous effect on all weight events, all events where a great deal of strength is required.

"I've taken the drugs"

Have you seen any development in the techniques of weight training?

There have been a lot of studies done; I've performed a few myself. But I have pretty much concluded that strength training for a general overall body strength, body fitness, is just as effective as any specific or special lift you might design to simulate discus throwing technique. It's a matter of basic lifts and getting just as bloomin' strong as you can. Although that in itself certainly does not give all the answers as to why you have one good performer over another. We have right now Al Feuerbach who just set a world indoor record for the shot put. He can't bench press near as much as I can. He can do other lifts better than I do but there are some in which I am stronger than he and he is in no way physically endowed as Randy Matson whom he beat in doing that. So there is a factor of speed.

Is speed related to strength very much?

I think it is in a way. We've done some studies regarding that and we find the person who's stronger has what we call this quickness, not necessarily topped out sprinting speed, but ability to move between two points a few feet apart, across a shot put or discus ring, for example. This sort of reactive speed seems to be related to strength. The more strength you have, the better you are.

Do you want to say anything about the body-building drugs?

I'm sure there's no question at all, none at all, that these drugs have had an effect on the ability of athletes to compete, perform. None at all. I don't feel they are ethically defensible. Yet you cannot find a means of legislating and policing athletes so that everyone does not use it. We've done research here, and I've taken the drugs in the past. I was given them in 1964, and I didn't know what they were, by an Olympic team physician.

What was the drug?

The common name is dianabol; it's an anabolic steroid.

I have heard that it can do some pretty bad things to you. Has this been proved?

No, it really hasn't. It's kind of like smoking: they've never proved that it can produce cancer either. So I feel the side effects of this drug are in the same category as that.

What would you say to the athlete faced with the opportunity of taking this drug?

I don't know. I really don't know. I can't judge that. About the biggest effect of the drug is that it accelerates strength gain; it does not, in my judgment, take you beyond what you are capable of. You can probably get the same strength over a period of one or two years. That's the way I feel about it, although this has never been proved, either.

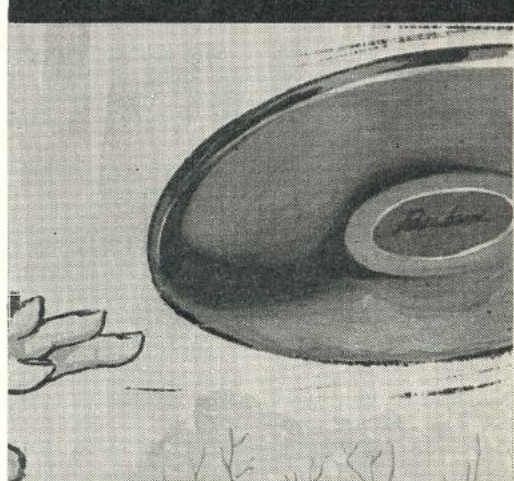
You have been quite outspoken about amateurism in track and field. Will you state your views?

I would be very happy to. Any athlete who has competed in track and field knows, without any question at all, that there are those who, if we were to apply the rule, would be professional. There are many here in the US, and many more in Europe. We have a schooling system here in the US which is in itself a sort of professionalism—where a fellow gets a scholarship to come to university because of his athletic skill. In Europe they pay you for various competitions, and anyone who denies that, or would tend to deny that, is not thinking straight or doesn't know what's going on.

I wish our rules were changed. The thing is not that professionalism or this sort of thing is bad, it's that the rule is not yet changed to match the time. I mentioned all the time an athlete puts in; this is, in a way, a reward, a return for that, and I feel it's entirely justified. I don't think that we can hold to the former rules of what we call amateurism because in the past people wouldn't put out near as much time. That's why performances have got much better over the years. We put in so much time now; it almost needs some sort of compensation to justify it. I wish all track would come to the state where this was accepted, where you could make X number of dollars per competition. Perhaps they should make some sort of limit so that we don't try to put meet promoters out of business.

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Ricky Bruch (664) pictured at the 1969 European Championships where he finished second. Says Silvester of his Swedish rival: "He has everything going for him".

Peter Tempest



Can we talk about some of the up and coming discus throwers? There's Ricky Bruch, of course.

Ricky Bruch is a phenomenal athlete. Why he did not break the world record in the discus last year, I don't know. He has every opportunity an athlete could want. He trains, eats, sleeps discus throwing. He's 6'7", weighs, when he's in top condition, about 295 pounds. And when he gets really strong from weight lifting he may get as high as 315 or 320. And he's massively strong. His technique in throwing the discus is very good; though essentially he has some flaws. The only limiting factor he has is that he's not **quite** quick enough. Not quite quick enough! Ricky Bruch has everything going for him an athlete could want in the way of time to train, in the way of direction of effort. If all a man had to do for a period of time was to dedicate all his effort to one objective, with the ability and natural skill that he has, he should be able to break the world record with ease. But he hasn't done it; now I don't know why. That's one conflicting point there. I've assumed that it's because of his lack of real quickness, or reactive-type speed. But he has a beautiful delivery; he's a very fine discus thrower. He has everything going for him: if he wants a track meet, he calls his local federation and arranges it. And if they don't have anybody to throw against him, they take a couple of people out of the crowd, put them in uniform and they throw. He threw in some 70 competitions last year; I threw in 28. I wish they appreciated discus throwing as much here in the US; I would like to have those opportunities.

There are two people in Hungary who came through in October.

Exactly. I have only thrown against one—Fejer, he's 6'5". I saw him in Milan last year. He weighs 245-250 pounds and is quick, very quick. I understand Tegla beats him most of the time. Tegla's smaller, and from what I have heard of him, much

"I'm infuriated by guys like Al Oerter"

stronger. More of a little bull, you might say.

How about in the US?

We have one in El Paso—De Bernardi, who is a 6'5" athlete. I think he's just turning 21 and will be very tough in the next couple of years. Gary Carlsen hasn't thrown for a year or two because of his study in dental work. Jon Cole is another perennial great discus thrower. Al Oerter may come back and throw; I suspect he will.

Can you say a little about him?

He won four gold medals. He won in '56, '60, '64 and '68.

How did he manage it? Was he lucky?

No, he wasn't lucky. You're not **that** lucky. He was lucky on two of his Olympic wins: Tokyo, in 1964, I thought he was lucky, and I thought he was lucky in '56 to beat Gordien. But he's also a very consistent, very steady performer. He was far and away the best he's been in Mexico. But he's not my idea of a sportsman. You see, I'm particularly you might say infuriated by guys like Al Oerter. He seldom competes; he doesn't compete because he loves to compete.

But why do you think he has won those four medals?

It's a matter of training. You see he's the sort of guy who has never pushed himself, in my judgement. He's just managed to do whatever's necessary up to a certain point. Therefore he has never tapped what he has in the way of a reserve. He is, again, not my idea of a dedicated sportsman at all. He puts in what he has to, to win. He's been very lucky. He was, If I may say — maybe nobody'll believe it—lucky to beat Danek in 1964. In 1968 he was very good; that was the best he

has competed in his life. He just happened to be that way when I was in a state of fatigue and exhaustion that I couldn't recover from.

Was it really just the living conditions in Mexico?

Certainly. When you go to an Olympic Games you're just a little bit excited, a little bit nervous. And if they put you in an environment where you're living with 22 people and they're very noisy, and you can't sleep, and you've got five or six negroes out in another room playing tape recorders till all hours of the night, and there is an American problem at that time which says you cannot segregate people, and the coach uses that when you ask him if you can be moved to another place to get some rest, and he tells you "No. I can't because we'd be accused of segregating the athletes." And other things like that which irritate and bother a guy. Of course, I don't make excuses. You've got to be able to overcome and do the job under any circumstances. And I wasn't; that's all part of the game. And so I was defeated. I was fifth; that was terrible, I wasn't even there. I might as well have been back in Utah.

It really depressed you?

That was the most shocking experience I have had in my life. It goes far beyond depression.

Have you ever thrown any further than your world record in practice?

Oh, yes. You see the wind affects discus throwing. Right now, today, there is no one in the world who could come close to my record without a pretty good wind blowing in his favour. That is blowing towards you; a quarter in from the right is best. The resistance on the discus keeps it in the air longer. I have thrown 242'5" (73.90) in practice—a measured throw. On the same day I had many throws over 230'. Today, there are probably four or five people who could throw the discus well over 230', if we had a 40 mph wind coming at the right angle, and if they were sharp, really sharp at the peak of condition. I'd say Bruch, Danek, I'm not sure about Fejer and Tegla, but perhaps myself and . . .

Does that make your world record a little hollow then?

Sure it does. You see I didn't make the discus; I didn't design it. But I know how to throw it and I know under what conditions it will fly. It's very seldom you ever have a track meet without some kind of wind blowing. The time I threw 224'5" in Reno, the wind was between 15 and 18. It was at the proper angle, a quarter in from the right. I was in extremely fine form that day. The same day Tim Vollmer and Larry Kennedy did not throw as well as they had earlier in the year. But I did. A lot of it is a matter of conditioning and just how sharp you really are. You must learn to throw the discus in the wind. You just don't throw the same throw into a wind of 5 mph as into a wind of 15 mph. It's a rather difficult technical skill to master. And that's why a lot of people will never do much better in the wind than they will without it. But once you learn how, then you can remember that and try to relate back to it.

If you go and train all this spring and there's no wind blowing and you don't throw into a wind, when you do get into one you won't know how to handle it. You need that experience of throwing into the wind and feeling and understanding what it requires.

Have you written a book on discus throwing?

No, but I'm planning to, though. Well, a pamphlet, it doesn't require a book.

Yes. In England we have pamphlets—one per event.

There is no place in the world that analyses discus throwing or any other event like the English. They are the most dedicated event analysts that there can possibly be. They break it down so far that I don't even know what they are talking about.

And yet we have only three throwers in the 180's.

It isn't because they don't understand it though. It's partly facilities, partly motivation . . .

And partly very strict amateurism?

That's very true.

The interviewer, John Cobley, is a British student at Brigham-Young University in Utah.

JAY SILVESTER

Jay Silvester was born at Plymouth, Utah, on August 27th 1937. He began discus throwing at the age of fifteen and his annual progression reads:—

1952	33.54/110'0"	(J)	1962	60.84/199'7"
1953	40.60/133'2"	(J)	1963	62.36/204'7"
1954	45.98/150'10"	(J)	1964	61.18/200'9"
1955	51.94/170'5"	(J)	1965	64.16/210'6"
1956	48.12/157'10"		1966	57.82/189'8"
1957	52.52/172'4"		1967	62.58/205'4"
1958	55.38/181'8"		1968	68.40/224'5"
1959	56.08/184'0"		1969	64.36/211'2"
1960	58.20/190'11"		1970	66.28/217'5"
1961	60.72/199'2"		(J)	31b 9oz

160 MILES' RELAY RUN

Eight students from University of Exeter CC Club covered 160 miles from Exeter to Bristol on March 6th in 14:26:33—sub 5:30 miling. The team (Chris Brookes, Alan Wisniewski, Dave Ferris, Pete Neal, Chris Verney, Andy Parkin, Toomas Ojasoo and Dave Kelly) was split into two groups of four—one set running 3M stretches, the other mile stages to complete each 24 miles.

Essex County AAA are holding written tests for officials who wish to qualify in track and field judging, starting and timekeeping, at Downshall School, Aldborough Road, Ilford, on April 30th (7 p.m.). Application forms from W. C. Batson, O.B.E., 5 The Pines, Pine Lodge, Whitehall Road, Woodford Green, Essex (Tel: 01-505 2069). Lectures by Grade 1 officials to assist candidates are being held on April 16th (track) at Ilford Swimming Baths, High Road and April 20th (field) at Downshall School—both at 7 p.m.

Who's Who in British Athletics

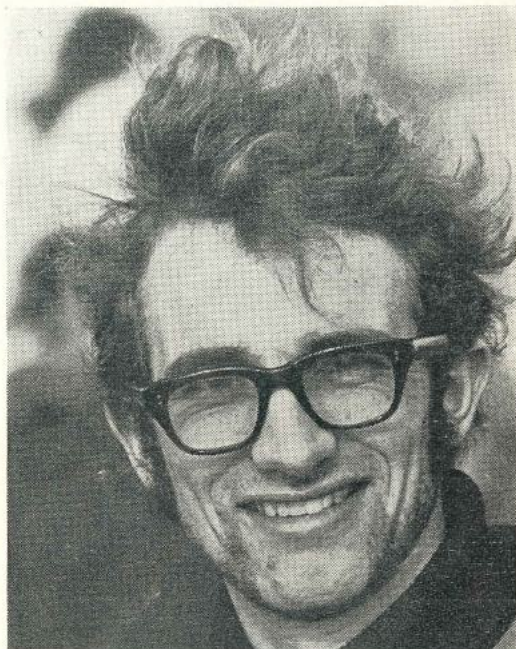
JACK LANE

Full name: Jack Edward Lane. Born at Blackpool, 14.12.1950; 1.72/5'8", 58kg/129lb; 38" chest; 58 pulse at rest; student; Feltham AC & British Milers Club; single; coached by Con Milton; lives at Ashford (Middx).

"I started cross-country running in the first year at grammar school but gave up because of stitch. However in the third year I took up the challenge of clearing 5ft in the high jump. One day there was a spare place in the 880y in a school match . . . I competed and just gradually got more and more caught up with this running mania". Favourite events now are 10,000m and 5000m. Best marks: 800m—1:55.8 (1970), 1500m—3:49.5 (1969), 3000m—8:21.6 (1969), 5000m—13:58.8 (1970), 10,000m—29:08.8 (1970), HJ—1.52/5'0". Annual progression: 1965—2:19.9 (880y); 1966—2:04.2, 4:24.9 (mile); 1967—1:58.4, 4:20.0, 9:15.4 (2M); 1968—injured; 1969—1:56.9m, 3:49.5m, 8:21.6m, 14:28.6m, 29:44.8m; 1970—1:55.8, 13:58.8, 29:08.8. English Schools 5000m champion 1969; GB junior international 1969; 2nd International Junior CC 1970; 2nd World Student Games 10,000m 1970; National Junior CC Champion 1971.

Most pleasing performances: "(Track) winning last year's Southern 10,000m so easily and convincingly"; (CC) annihilating the field (including Holden and Briscoe) in this year's BUSF/UAU Championships—winning by over half a minute with plenty in reserve". Greatest disappointments: "Getting tendon trouble on that awful Leicester track at last year's inter-counties 10,000m and so missing my hopes of a place at the Commonwealth Games; being totally ignored by the ECCU selectors for the International despite (a) winning the Junior by 34 sec; (b) having beaten Holden and Briscoe at the BUSF; and (c) breaking Mike Turner's lap record at the Hyde Park Relay.

This year's target is "European 10,000m gold".



Jack Lane in a happy mood after winning this year's National Junior Cross-Country title. Disappointment came later when he was ignored by England's team selectors. Mark Shearman

All-time goal: "Olympic golds and world records at 5000m and 10,000m . . . and to run across America". Intends competing "until I achieve my goals". Most likes "winning first and foremost—with added joys of making many friends and seeing many places of interest". Dislikes "poorly organised meetings (e.g. the National CC) about which so much seems to be said and yet very little done". Views on administration: "It is a pity that there are not more paid officials to give the athletics administration machinery the time and scope to adopt a more professional approach that would do so much to 'sell' British athletics to the public".

JOHN CROTTY

Full name: John William Crotty. Born at Newcastle (Staffs), 2.12.1948; 1.90/6'3", 84kg/186lb; 39" chest; 66 pulse at rest; student; Madeley College & City of Stoke AC; married; coached by Ian Ward; lives at Stoke-on-Trent.

Became interested in athletics "in junior school at the age of eight, coaxed by Mr. P. Kelly (now manager Stoke AC), headmaster, to train for

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hurdles". Began at hurdles and sprints; favourite events now are triple jump and long jump. Best marks: 110mH—15.5 (1970), PV—3.20/10'6" (1970), LJ—7.15/23'5½" (1969), TJ—15.71/51'6½" (1970). Annual progress at LJ & TJ: 1965—6.37/20'10¼"; 1966—6.77/22'2¼", 12.80/42'0"; 1967—6.55/21'6" 13.41/44'0"; 1968—6.86/22'6", 14.65/48'1"; 1969—7.15/23'5½", 15.26/50'1"; 1970—7.11/23'4", 15.71/51'6½"; 1971 (i)—15.68/51'5½". GB international.

Most pleasing performance was "finishing 2nd in East Germany indoor match after ten weeks lay-off". Greatest disappointment: "World Student Games in Turin, 1970—loss of confidence through run-up trouble". This year's target is 54 feet-plus ("doubtful with a relatively poor winter"); all-time goals are "world record and Olympic gold". Intends competing "until I can't improve".

Most likes "winning and overcoming the elements in training". Dislikes "losing and neglect of field events by TV, newspapers and sometimes officials". Views on administration: "(1) Need for centralised system of organisation and administration (or something similar); (2) co-ordination between school and club; (3) Unpaid officials do an excellent job and I have only praise for anyone who turns out to administrate".

Note: "Although I am coached by Ian Ward, and to whom I am indebted, I would like to take this opportunity of thanking Derek Boosey (now assistant director of sport at Sussex University) for all his help and advice in the last three years during many arduous training days together. Thank you Derek".



John Crotty in action at Cosford

Tony Duffy

MIDLAND COUNTIES AAA 1971 CHAMPIONSHIPS

DECATHLON CHAMPIONSHIP. 1st/2nd May, 1971, at the Leicester Sports Centre, Saffron Lane, Leicester. Entry fee 50p, closing date 17th April, 1971.

MARATHON CHAMPIONSHIP. Saturday, 8th May, 1971 at Rugby. Entry fee 50p, closing date 24th April, 1971. Entries to V. G. Bridges, 16 Montague Road, Woodlands Estate, Bilton, Rugby.

10,000m TRACK, 4 x 200, 4 x 800, 4 x 1500 AND MEDLEY RELAY CHAMPIONSHIPS: at the Abbey Stadium, Redditch, on Wednesday evening. 19th May, 1971. Closing date 5th May. Entry fees—10,000m track 25p, all relays £1.25p per team (Clubs may enter more than one team if they wish to do so). Entries to the M.C.A.A.A. Offices, Rooms 30 & 32, Queen's College Chambers, 38a Paradise Street, Birmingham, 1 (Tel: 021-643-6916).

GENERAL CHAMPIONSHIPS

Part 1 at the Leicester Sports Centre, Saffron Lane, Leicester, on Friday and Saturday, 18th/19th June, 1971.

Events:

Senior: 100m, 200m, 400m, 800m, 5000m (two races if the entry exceeds 35 entries), 3000m S/C, 3000m Walk, 110m Hds., 400m Hds., plus the 'Glucodin' Mile—this will be by invitation only. Long Jump, Triple Jump, Pole Vault, Shot, Hammer, Discus, Javelin and High Jump.

Juniors: 4 x 100m Relay, Triple Jump, Hammer (6.25kg) and Pole Vault.

Youths: 200m, Pole Vault & Hammer (5kg).

Part 2 at the Hadley Playing Fields, Waterloo Road, Smethwick, Warley, Worcs, on Fri. and Sat., 25th/26th June, 1971.

Events:

Senior: 1500m, 4 x 100m and 4 x 400m Relays.

Juniors: 100m, 200m, 400m, 800m, 1500m, 3000m Walk, 2000m S/C, 110m Hds., 400m Hds., Discus (1.75kg), Long Jump, Shot (6.25kg), Javelin and High Jump.

Youths: 100m, 400m, 800m, 1500m, 1000 S/C, 2000m Walk, 100m Hds., Triple Jump, Discus (1.5kg), Shot (5kg), Javelin, High Jump and Long Jump.

ENTRIES FOR BOTH MEETINGS CLOSE ON 22nd MAY, 1971

ENTRY FEES: Senior events: 25p for the first event and 20p for each subsequent event. Junior events: 20p for the first event and 15p for each subsequent event. Youths events: 20p for the first event and 15p for each subsequent event. **ALL RELAY EVENTS:** £1.25p per team.

Entry forms and Prospectus from the Midland Counties A.A.A. Offices, Rooms 30 & 32, Queen's College Chambers, 38a, Paradise Street, Birmingham, 1. Tel: 021-643-6916.

Note: Clubs in the Midland Area may enter more than one team if they wish to do so in Relay Championship events.

David Livesey successfully clearing 2.08/6'9 $\frac{3}{4}$ " in the indoor match against France at Cosford.



Tony Duffy)

DAVID LIVESEY

Full name: David James Livesey. Born at West Ham (London), 21.1.1951; 1.90/6'3", 85kg/187lb; 42" chest; architectural assistant; Newham AC; single; coached by Charles East; lives at Canning Town (London).

"Had always been interested in athletics and took up high jump at age of 13 after breaking the school record for that age at first attempts at straddle". Began at sprints and discus. Favourite events: "Enjoy most events except middle distance and distance running". Best marks: 110mH—16.5 (1968; only attempt), HJ—2.05/6'9" (1970) and 2.09/6'10 $\frac{1}{4}$ " indoors (1971), DT—37.50/123'0" (1970). Annual progress at HJ: 1964—1.47/4'10", 1965—1.62/5'4", 1966—1.72/5'8", 1967

—1.80/5'11", 1968—1.80/5'11", 1969—1.93/6'4" 1970—2.05/6'9", 1971 (i)—2.09/6'10 $\frac{1}{4}$ ". GB junior international 1969/70; AAA indoor champion 1971; GB international 1971; holder of UK best HJ performance.

Most pleasing performance was 6'10 $\frac{1}{4}$ " at AAA Indoor. Greatest disappointment: "European Junior Championships in Paris, 1970" (placed 15th). This year's target is "to be fit"; all-time goal is "to be world class standard". Intends competing "as long as possible". Most likes "winning"; dislikes "losing". Views on administration: "I think Bill Sykes and Mike Farrell have done a great job in the junior age group. I think the overall system works quite well on the money available". Younger sister—district girls 100m champion.

Essex Coaching Week-end cont. from page 15 the athletes who soon showed themselves to be really fit were Basilidon's John Drake, and two up and coming young Thurrock misses, Linda Motton and Brenda Grinney. One of the highlights of their week-end was an absorbing lecture on middle-distance training and racing from Tony Elder and a brilliant French film shown by Tom McNab.

Ron Murray revealed that he is engaged at the moment in compiling an exhaustive dossier on UK High Jumping through the High Jumper's Club of Great Britain. This will involve travelling all over the UK collecting information on high jumpers, dispensing technical data and coaching knowledge, and seeking competitive facilities. Ron calls his coaching squad (Group One) "a motivation group", and stresses enjoyment with hard work. Therefore they carry out a variety of activities and visit places all over the globe for competitions and training week-ends.

Facilities, apart from the athletics ones, at the ultra-modern University of Essex were excellent, with more than enough food and very comfortable accommodation for all. The only people with a

problem were the throwers, who found themselves (inevitably!) short of implements.

Many of the best athletes Essex has to offer were present on the course, as well as people from Aldershot, Reading and Highgate among others. The gathering on the Sunday, when the young athletes (under 18) were admitted, filled the entire main Lecture Hall to listen to Tom McNab's talk on the evolution of Athletics. Dave McJannet's proudest moment, however, came when he managed to outdrink Peter Orpin in a whisky contest, and I don't think he'll ever let the tireless Thurrock Harriers' secretary forget it though it was not long before Peter was back to form, bristling with stopwatches, whistles and enthusiasm, to take the next distance session.

I have no doubt the next Essex Federation of Coaches' week-end will grow in achievement and scope, nurtured along by this imaginative body of men. As the golden-voiced McJannet put it "We've managed to administer a get-together of nearly 250 athletes and coaches over three days without a single piece of bitchiness and without any gripes. And that's an achievement in itself."

Dave Cocksedge

Spotlight on Ron MacDonald**By Dave Gocksedge**

The Lesson He Learned In Paris

THE 1970 AAA Junior 1500m finalists were clustered tightly together as they approached the bell. Ray Smedley had made an unsuccessful attempt to break the race open on the back-straight, and was paying the price as he struggled to hold onto the six leaders. Roy Tilling of Birchfield was a step ahead of Frank Clement (Bellahouston) and another Scotsman, Ron MacDonald, as the bell sounded in 2:51.8.

"We were still well bunched with a lap to go, and I started to move out as we came into the backstraight", Ron recalls. "I got into a good attacking position just behind Frank with 200m to go, and I knew as we went into the final bend that no one was likely to overtake me out in lane 3. Coming out of the bend, I kicked for all I was worth, and though Ian Whittle was coming up fast in the last 40m, I reached the tape first". Ron's 58.5 last lap secured him the title in an exciting finish; even though his time of 3:50.5 would have been good for nothing better than 6th in the 1969 race. Six weeks later, he was representing Great Britain in the European Junior 1500m final in Paris.

"This year I'd like very much to retain my Scottish and AAA Junior titles, and eventually I aim to compete successfully at senior international level", says Ron—a lean, thin-faced young man who came through as one of the Junior finds of last season. "The experience I gained in 1970 has been valuable, although it is difficult to single out a certain point and say that if I hadn't run in such and such an international I wouldn't have known how to cope with any given situation. One thing the European Junior

Championships taught me is that no matter how good a field of runners line up with you, one always has a chance of beating them, and because this chance exists, however remote, you should always give a hundred per cent effort right through to the finish".

Ronald MacDonald was born in Coatbridge, Lanarkshire, on November 7th, 1952; stands 1.83/6'0" tall and weighs 66kg/145lb. He attends St. Patrick's High School, Coatbridge, is a member of Monkland Harriers and is coached by Tom Callaghan. Personal bests: 880y—1:59.0; 1500m—3:50.5; 3000m—8:39.0; 5000m—14:48.2.

"When I was fourteen the school were trying to gather a team for cross-country and we were all made to run in a trial which I won. During the following year I ran only in three schools races before joining the local club (Monkland H). I then began to train more regularly and I've increased my mileage annually under Tom's guidance".

A typical week in summer for Ron went thus last year: Sunday—10 to 15 Miles on the roads. Monday—8 x 600y in 95 with 600y recovery jog. Tuesday—12 x 440y in 67—70 with 440y recovery. Wednesday—15 x 300y in 44, with 300y recovery. Thursday—20 x 150y with 150y recovery. Friday—Rest if racing on Saturday, or 5 miles steady run on roads; Saturday—Race or 6 Miles fartlek. Every weekday, he would run 3 miles easily in the morning. A typical week in winter has been (Since January 1st:) Sunday—20 x 440y in 67—70 with 440y recovery. Monday—3 Miles in morning; 7 miles steady at night. Tuesday—3 miles in the morning; 10 miles hard at night. Wednesday—3



Ron MacDonald wins the AAA under-19 1500 metres championship at Liverpool from Ian Whittle (24) and David Lowes.

G. Herringshaw

Miles in the morning; cross-country race in the afternoon at school, and another 7 miles steady running at night. Thursday—3 miles in the morning, and 10 miles at night. Friday—Rest if racing, or 3 miles in the morning, and 7 miles at night. Saturday—Race, or 10 miles cross country run.

How much has coaching helped him so far? "I suppose about half. Until Tom started coaching me I had no real success. But though a coach tells you what to do it is ultimately up to the athlete to drag himself away from the TV and get on with it. Very often I train during the evening in unfavourable conditions, and it's hard to go through with it when you can think of more comfortable ways of spending one's time". Has he any comments to make on the sport? "What an opportunity to speak my mind about various aspects of athletics, but as it's all too easy to criticise others I shall remain silent. I would, however, like to express my gratitude to all those who have helped me along, particularly my coach".

Ron has two brothers who are also active sportswise ("One plays rugby, and the other rows for his University team"). My parting question gives him pause: Was there any special reason why he missed the English National (Youths) after winning the Scottish Junior title and beating European Junior Champion Herman Mignon in Belgium this winter? "Well, after the Scottish Junior my clubmate Jim Brown pushed me to the limit both physically and mentally and the thought of having to go through that again within a fortnight just didn't appeal to me. I also wanted to be fully rested up for the International at San Sebastian". Brown finished third in the Spanish race, duplicating his performance in the National Youths, whilst Ron was 14th. No doubt the Monkland pair will continue their rivalry in the months to come, though Ron obviously intends that, on the track, it will be a completely different story.

WORLD AGE RECORDS

Rigsby Agoreyo lost his World age-13 Triple Jump record to Pierre Reyneke (South Africa) who jumped 13.39/43'11½" at Bloemfontein on October 24th, 1970. Reyneke, who turned 14 on December 14th last, broke another age record when he jumped 14.31/46'11½" at Bloemfontein on March 27th to win the SA Under-17 title. This latter effort added 1'11½" to Mike Woods' previous World age best.

CAMDEN ATHLETIC CLUB Open Athletic Meeting

(Under A.A.A. Laws)

ON SATURDAY, MAY 1st
AT PARLIAMENT HILL

Events: 100, 200, 400, 800 Y/J/S; 1500 J/S;
5000 S (Challenge Trophy); L.J. Y/J/S;
S.P., D.T., J.T. J/S.

2.30 p.m. start—entries on the day

Yet another of those "lost" age records surfaced recently. In running 3 Miles in 13:56.2 at Ruislip last June 26th, Shaftesbury's Julian Goater not only clipped 3.4 sec off Ian Stewart's UK best by a 17-year-old, but set a UK "Youth" (Under 18) Best Performance for the distance. Admittedly, this is seldom run nowadays, but Goater's time converts to 14:27.8 for 5,000m on the Portuguese Scoring Tables. Julian also holds the UK Youth 5,000m Best with 14:33.8. He became only the second British "Youth" to run 3 Miles in under 14 minutes.

EDINBURGH ACADEMY GAMES

Adam Chedburn (17) established the only record of the meeting in the Edinburgh Academy Games held over three days in the worst possible conditions on a sodden grass track at Arboretum on March 17/18th and 22nd. Chedburn demolished the 800m field to win in 2:00.5. The day before he had won the 400 comfortably, and he came back to complete the treble with a 1500 victory. Roger Jenkins, younger brother of the celebrated David, displayed some versatility with four firsts in the under 16 age group. (Open events) 100m/200: I. Lutton 11.9/24.1. 400/800/1500: A. Chedburn 52.3/2:00.5/4:16.9. 110/400mH: Lutton 16.7/61.8. HJ: A. Peace 1.60/5'3". LJ: Peace 6.10/20'0½". (Under 16) 100/200/HJ/JT: R. Jenkins 11.8/24.8 & 1.53/5'0½" & 30.60/100'5". 100mH: N. Allison 16.2.

SOUTHEND ROAD RELAY

March 27th

- 1, Woodford Green (D. Nixon 11.39, M. Vernon 10.58, D. Chapman 11.15, G. Mardle 11.00) 44.52.
- 2, Hadleigh Olympians (D. Smith 11.40, G. Haber 11.44, C. Reed 10.53, A. Green 11.02) 45.19.
- 3, Borough of Enfield (D. Roberts 11.22, G. Harrold 11.31, A. Campbell 11.41, R. Simnett 10.59) 45.33.
- 4, Havering 46.42; 5, Walthamstow 46.47; 6, Highgate 46.49; 7, Borough of Enfield 'B' 47.10; 8, Ilford 47.16; 9, Eton Manor 47.26; 10, Southend-on-Sea 47.30; 11, Highgate 'B' 47.47; 12, Essex Beagles 'B' 48.04; 13, Chelmsford 48.08; 14, Hadleigh 'B' 48.15; 15, Woodford Green 'B' 48.57. Fastest: (2M 645y) Reed 10.53, Simnett 10.59, Mardle 11.00, Green 11.02, P. Cheate (Ex. Bgls) 11.11, Chapman 11.15, C. Ridley (W'stow) 11.18, T. Crabb (Eton Manor) 11.20.

BARNET & DISTRICT A.C. FRED BURTON MEMORIAL ROAD RACE (THE HAMPSTEAD TEN)

Under A.A.A. Laws

SATURDAY, MAY 15th, 3 p.m.

Entries on A.A.A. forms to:—W. F. Randall, 45 Sebright Road, Barnet, Herts. Fee: 20p individual, teams free (4 run, 3 score). All enter as individuals.

CLOSING DATE MAY 8th

VICTORIA PARK '5'**April 3rd**

1. J. Jones (Windsor, S&E) 23.14
 2. L. Presland (Surrey AC) 23.25
 3. M. Quanne (Victoria Park) 23.45
 4. C. Thomas (TVH) 23.53; 5. B. Popel (West) 23.54; 6. J. Oliver (Kt. AC) 24.00; 7. D. Burborough (West) 24.13; 8. A. Tomlinson (Shaft) 24.16; 9. P. Freeman (Sy. AC) 24.19; 10. R. Little (Shaft) 24.21; 11. G. Elmore (Shaft) 24.31; 12. A. Sawyer (Sy. AC) 24.45; 13. G. Harold (BoE) 24.48; 14. R. Steven (Shaft) 24.56; 15. Collyer (Lut) 25.03; 16. P. Gregory (Horn) 25.09; 17. R. Churm (Lut) 25.12; 18. V. Bartrop (C&C) 25.15; 19. B. Hercock (BoE) 25.16; 20. P. Buck (Lut) 25.17; 21. R. Bennett (Horn) 25.19; 22. C. Ridley (West) 25.20; 23. A. Davies (HHH) 25.22; 24. P. Cummings (H'gate) 25.27; 25. R. Taylor (Horn) 25.37; 26. D. Howe (Shaft) 25.38; 27. K. Morris (Shaft) 25.40; 28. L. Peter (BoE) 25.41; 29. S. Barr (Thurr) 26.01; 30. R. Dicker (QUAC) 26.07.
- Teams:** 1, Surrey AC 23; 2, Shaftesbury 29; 3, Westbury 34; 4, Luton 52; 5, Borough of Enfield 60; 6, Hornsey 62; 7, Victoria Pk. H 69; 8, HHH 123; 9, Barnet 146. Veteran: J. Sullivan (Hornsey).

Boys Road Relay

- 1, Thurrock (K. Nice 7.35, R. Mabey 8.31, G. Barr 7.51, K. Whiting 7.37; I. Davison 7.20) 38.54; 2, Shaftesbury (C. Randall 8.04, R. Pepper 7.34, P. Morley 8.07, J. Shearly 7.44, K. Fletcher 7.49) 39.18; 3, Windsor, S&E (M. Partridge 7.41, B. Jennings 7.58, D. Jones 7.52, A. Lipscomb 8.12, A. Russell 7.52) 39.35; 4, Havering 39.38; 5, Hornsey 40.11; 6, Windsor 'B' 42.47; 7, Borough

of Enfield 43.03; 8, HHH 43.19; 9, Havering 'B' 44.33. **Fastest (1½M):** Davison 7.20, J. Odlin (Horn) 7.22, Pepper 7.34, Nice 7.35, Whiting 7.37.

**EUROPEAN CATHOLIC UNIVERSITIES
CROSS-COUNTRY CHAMPIONSHIPS****At Versailles, March 14th**

1, R. Goris (Louvain) 20.25; 2, J. Janssens (Louvain) 20.39; 3, G. Caro (Madrid) 20.57; 4, J. Bicourt (St. Mary's C, Twickenham) 21.06. Other St. Mary's placings: 10, J. Mescall 21.44; 13, B. Cribbin 22.00; 15, M. Phelan 22.22; 16, M. Dooling; 19, F. Brady; 23, B. Teanor; 47, P. Leech; 52, M. Fayne. **Teams:** 1, Univ. of Madrid 21; 2, Univ. of Louvain 23; 3, St. Mary's 42; 4, Univ. of Paris 106; 5, Univ. of Freiburg 155; 6, Univ. of Berlin 157.

SUBSCRIPTIONS & BULK SUPPLY

Subscribers normally receive their copy "AW" by first class post by, at the latest, Friday morning. Though the proper rate for a 10p publication would be £6.50, subscribers in the UK (and HM Forces serving abroad) are allowed a specially reduced rate of £5.35 per annum, a saving of £1.15. The half-yearly rate is £2.85, and quarterly £1.50.

Clubs can add to their usually over-burdened finances by taking a bulk supply at a 25% reduction, carriage paid. Every member taking a copy through their club means an extra £1.30 per year to club funds.

HILLINGDON A.C.

would like to invite any athlete or official coming to the London area to join one of the foremost all-round athletic clubs in Britain.

In the winter we operate from our club house in Bury Street, Ruislip, and participate in all major fixtures, including the Metropolitan League for men and Greater London League for the women. We also run three gym nights a week covering all age groups.

On the track we operate from four West London tracks which are: Hayes Stadium, Uxbridge Stadium, King's College Fields track, Ruislip, and Bannister Stadium, Harrow. The men participate in Div. 1 of the National League and the Mid-Week Middlesex League, which gives a comprehensive fixture list for all standards. Our ladies are also well catered for in the summer, competing in most major fixtures and Trophy meetings.

For more information and a fixture list, please write to the Hon. General Secretary:

E. WHITEHEAD,**"PEN-GWYN,"****KING'S COLLEGE ROAD,
RUISLIP, MIDDLESEX****Remember—to BE the best, JOIN the best.****BRITISH MILERS' CLUB****Southern & South-Western Counties
800 METRES CHAMPIONSHIPS****(Under A.A.A. Laws)****By kind permission of Wigmore Ladies A.C.****(B.M.C. guests from other regions
considered if vacancies exist)****SUNDAY, 25th APRIL, 1971, at 3 p.m.****CRYSTAL PALACE TRACK**

Junior Ladies 800m 3.00 p.m. Boys 800m 3.15 p.m. Inter. Ladies 800m 3.30 p.m. Youths 800m 3.45 p.m. Senior Ladies 800m 4.00 p.m. Junior Men's 800m 4.15 p.m. Senior Men's 800m 4.30 p.m.

NO HEATS — STRAIGHT FINALS

Qualifying standards at race are:—**Men:** Senior 1:55; Junior 1:58; Youth 2:02; Boys 2:09. **Women:** Senior 2:14; Inter. 2:19; Junior 2:28. Non-members wishing to race who have done the above times will be considered at an entry fee of 25p. Members—no entry fee.

Apply, in writing only, to Southern B.M.C. Secretary, 201 Sumatra Road, London, N.W.6, enclosing s.a.e. for reply.

ENTRIES CLOSE 19th APRIL, 1971

Athletes doing well will receive special invitations to other races in the season.

CONQUERING THE DUNES

Frank Horwill reports on a successful weekend at Merthyr Mawr

THIRTY-THREE of Britain's best senior and junior, male and female, middle-distance athletes gathered together for the friendliest and most successful training week-end ever sponsored by the British Amateur Athletic Board at Merthyr Mawr on April 3rd/4th.

Some of the runners of note who pitted their strength and sweat against the energy-sapping dunes included a near full contingent of 800m runners: Martin Winbolt Lewis, Colin Campbell, John Grextrex and UK Junior Commission boys, Barry Smith, Martin Mills and Mike Fromant, together with Olympic runner Pat Lowe and UK intermediate record holder Mary Sonner.

Following the 3½ miles run from the Ogmores by Sea hostel to the sand-hills, the athletes were split into two groups, A and B. The former squad tackled 10 minutes of continuous running up the Big Dipper; here, John Waterhouse, a Harry Wilson protege who has Munich ambitions at 10,000m, scored the most ascents—six and a half. Miler Angela Lovell led the girls home with five ascents. Meanwhile, the B squad were doing flat out sprints up the Mini Dipper, where New Zealand guest Peter Marks, Colin Campbell and Andy Carter proved themselves to be in great shape.

Then followed the dreilauf around a 350 metres flat course. A thrilling duel arose between the team of Messrs Campbell and Banning with Gloria Dourass against Messrs Nick Rose and Clint Ford with Gillian Tivey. A superbly fit Colin Campbell and a relentless Phil Banning proved a match for the other six teams.

Following the run back to the hostel at Ogmores, and lunch, the athletes were given light entertainment in the form of two ancient American "instructional films" on the middle and long-distance running. These proved better than old time music hall! This was followed by a qualified nutritionist from "Nutrament", who gave an interesting talk on the dietary requirements of distance running. This included a good iron intake, supplementary B1, adequate calcium and Vitamin C. The effect on oxygen absorption, due to running with a full stomach, was explained.

The athletes were then split into three groups. The first group, which included the Holt twins, Bob and Dave, went on a 15 miles road run. The second group, comprising England Schools 1,500m champion Ray Smedley and other juniors, went on a 10 miles run along the sea front while the final group did sprint 100s on the beach, Barry Smith showing a clean pair of heels to all.

After dinner, Cecil Dale, the BAAB Teams Secretary welcomed the athletes to the course and was given a report on the athletes' performance by Denis Watts, National Middle-Distance Coach, and Harry Wilson, National Long Distance Coach. Cecil stated that many invitations abroad awaited those present.

Next day there were some remarkable performances

to come. Gill Tivey proved too fast and strong on the Mini Dipper, while John Waterhouse astounded everyone by outsprinting all and sundry on the same hill. Fresh teams were arranged by Frank Horwill, Staff Coach SCAAA, for a 600m dreilauf, which took in two small hills. The team of Dave Cropper, Bob Gerrard and Gill Tivey just snatched victory from Nick Rose, Ray Smedley and Gloria Dourass.

Following lunch there was a very serious debate, led by Denis Watts, on 1972 Munich preparations. Decisions were voted on and the following suggestions are to be submitted to the BAAB:—

(1) An Olympic potentials gathering to be held at Merthyr Mawr in October 1971 where all athletes would have haemoglobin tests and some oxygen uptake readings. Heart rate telemeters would be used on athletes on the dunes. A second potentials gathering to be held at the Crystal Palace in April 1972 with more physiological tests. No juniors to be present at these gatherings unless their times were Olympic class.

(2) THE AAA CHAMPIONSHIPS SHOULD BE THE DECIDING TRIALS FOR OLYMPIC SELECTION AS THESE MOST RESEMBLE THE HEATS, SEMI-FINALS AND FINALS OF THE GAMES. The AAA Championships should be held one month before the Games.

(3) In the case of the 800 and 1,500m, plateau of performance should also be taken into consideration for selection. In the 10,000m, just the one race in the AAA Championships should decide the team.

(4) The middle and long distance men to be stationed at Font Romeu for 14 days prior to Munich and to move to the Olympic Village two or three days before.

(5) Employers should be educated to the fact that non payment of employees chosen to run for GB will jeopardise our Olympic chances. A special fund should be started and given the widest publicity, for athletes who face genuine hardship through loss of earnings while running for GB. One athlete testified that he had to refuse THREE races abroad from the BAAB due to loss of earnings while away.

(6) The supervising coaches are to make observations about the future attendance of UK Junior Commission athletes on these courses.

The conclusion of the course can best be described by the words of Cecil Dale to the coaches while at work on the dunes: "I am most impressed".

FESTIVAL OF READING

The *Reading Chronicle's* International Athletics Meeting at Palmer Park on June 16th (6.30 p.m.) will form part of an ambitious Festival of Reading between June 12th and July 10th. Another important athletics fixture: the National League (Div. 3) match at Palmer Park on July 3rd.

Barry Watson Back in The Reckoning

BARRY WATSON served notice that he is back in the reckoning after a long period of injuries and loss of form when he convincingly ran away with the Romford Half Marathon by 66 seconds on April 3rd. With a bitterly cold wind blowing, 105 runners faced starter Jim Peters, but if the weather was cold the pace certainly was not. Watson was sharing the lead with Bob Gevers from the gun, and by four miles the pair of them had opened up a sizeable gap over Dave Lewis, Sid Purkis and 1969 winner Fred Maillardet. Some 50y further back came Bill Weller, Lionel Mann, Basil Collins, P. Bryan and P. Richardson.

Approaching the 6M mark, Watson started raising the already uncomfortable pace, and Gevers was soon struggling to hold on. Watson, his arms and legs working like pistons, was not prepared to let up though, and it was not long before he was drawing relentlessly away from the South London Harrier. By the finish, he was almost a quarter of a mile up, and 9 seconds inside Mel Batty's 1966 course record. Lewis was 9 sec ahead of Maillardet in third place. In a close and exciting team race, Cambridge Harriers edged Thurrock by one point, and SLH and holders Havering finished third and fourth another point apart.

1. B. Watson (Cambridge H)(Record) 65.07
2. R. Gevers (South London H)..... 66.13
3. D. Lewis (Southampton & E'leigh) 67.31
4. F. Maillardet (Camb) 67.42; 5. S. Purkis (Thurr) 67.58; 6. L. Mann (Bel) 68.43; 7. W. Weller (Bel) 68.50; 8. P. Richardson (Hav) 69.11; 9. B. Collins (Herc Wim) 69.23; 10. D. Horsup (Thurr) 69.32; 11. P. Bryan (Hav) 70.18; 12. A. Alderson (H'gate) 70.48; 13. D. Smith (Had. Oly) 70.59; 14. G. McEntire (Epsom-Vet) 71.12; 15. R. Murt (Orion) 71.25; 16. D. Watts (Ex. Bgls) 71.43; 17. P. Bodley (SLH) 72.03; 18. T. Dradley (Harlow) 72.08; 19. B. Oulds (Thurr) 72.09; 20. A. Codd (SLH) 72.24; 21. S. Allen (HHH) 72.30; 22. J. Walley (Ex. B) 72.36; 23. L. Parrott (Hav) 72.41; 24. L. Sawkins (Had. O) 72.52; 25. A. Lovett (Ilf) 73.09; 26. G. Knox (Hill) 73.20; 27. D. Dellar (Camb-V) 73.34; 28. J. Cassell (Dart) 73.52; 29. D. Funnell (Epsom-V) 73.57; 30. J. Cock (Epsom) 74.00; 31. B. Lester (Basildon) 74.47; 32. M. Theobald (Hav) 74.56; 33. M. Pringuer (S'gate) 75.00; 34. K. Foster (Met. Police) 75.01; 35. K. Marshall (Dart) 75.12; 36. J. Moroney (C & C-V) 75.20; 37. K. Pepper (B'ht) 75.25; 38. G. Goodenough (Colchester) 75.27; 39. A. Banks (Bas) 75.43; 40. B. Hicks (Met. Pol) 76.01. 104 finished.

Teams: 1, Cambridge H 23; 2, Thurrock 24; 3, South London H 28; 4, Havering 30; 5, Epsom & Ewell 54; 6, Hadleigh Oly. 60; 7, Dartford 80; 8, Met. Police 87; 9, Highgate 95; 10, Ilford 98; 11, Basildon 104; 12, Herne Hill 109; 13, Blackheath 114; 14, Belgrave 125; 15, Chelmsford 143.

SOME 800!

A sensational result from Stellenbosch, March 31st: Dicky Broberg set a South African 800m record of 1:44.7 with Danie Malan 2nd in 1:45.1.

CLUB VESTS

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Litesome Scandinavian, brief cut, White or Black, 28/30in. 71p, 32/34in. 78p, 36in. 89p. Colours (Amber, Emerald, Navy, Royal, Scarlet) 28/30in. 76p, 32/34in. 82p, 36in. 94p.

MEN'S NYLON SHORTS

In brilliant colours. Extremely light, very brief cut, fly front, one button, elastic at side. Will not shrink or fade. Rain just runs off. Wash and dry in an hour. Amber, black, white, emerald, royal, scarlet or sky. Small (28-30in.), medium (30-32in.) and large (32-34in.), 94p.

WOMEN'S SLEEVELESS VESTS

Latest modern style with lower cut and narrow shoulder straps. White 32in. 48p, 34in. 56p, 36in. 58p, 38in. 62p, 40in. 68p. Emerald, amber, royal, scarlet or black, 32in. 55p, 34in. 64p, 36in. 66p, 38in. 70p, 40in. 75p (in this new style order one size smaller than usual). White with square neck, 26/28in. 53p, 30/32in. 60p, 34/36in. 69p, 38in. 76p.

WOMEN'S NYLON STRETCH SHORTS

With trim down side: White trimmed with Red, Royal with White trim, Scarlet with White trim, and Black with White trim. Sizes 22in. or 24in 92p, 26in. or 28in. £1.

Without contrast trim: Black, white, royal, emerald, scarlet, 22/23, 24/25in. 85p; 26/27, 28/29in. 92p. Also bottle green, 22, 24, 26in. only.

FIRST CLASS ROAD RACING SHOE

Kingswell "Mercury": Super new road shoe with white "softee" uppers with blue trim. Built-up cushion heel to avoid jarring or achilles tendon strain. Hard wearing gristle sole with small ripple design. Built on a track shoe last, unusually comfortable, very light but hard wearing throughout. A really first class shoe. Sizes 5½ to 11 in half-sizes £3.99.

NEW LOW PRICED TRAINING SHOE

Carter-Pocock. New comfortable shoe, supple uppers in white with black 4-stripe trim, hard wearing, gristle sole. Sizes 3, 4, 5 £1.87½, 6 to 11 £2.12½ (no half sizes). These shoes are generously cut and we suggest ordering one full size smaller than usual.

Please enclose part postage, i.e. 12p for trackuits, 10p shoes, 3p shorts, vests, etc.

THE SPORTS CENTRE

8 MEDWAY ST., CHATHAM, KENT
Telephone: Medway 47055

WALKING

BUSY TOUR FOR PAUL NIHILL

PAUL NIHILL continued his winning ways in South Africa with two fast 3km efforts, both at high altitude venues. On March 30th at Johannesburg he clocked 13:02.4 despite a rough grass track, to beat the previous best set by Albert Landman (13:20.4). Second and third were Hans Rijk (13:22.0) and Johan Stolz (13:44.0) who both set personal bests. Three days later Nihill improved to a 12:47.8 even though his 1600m time of 6:50 was ten seconds slower than at Johannesburg. Again, Rijk (13:18.6) and Stolz (13:36.3) were Paul's immediate pursuers, with Rijk setting a new domestic record.

Paul has been extremely busy on his tour, coaching both white and Bantu enthusiasts. He writes of his visit to a Bantu township, Soweta, where an audience of 70, consisting of sports masters, coaches and schoolboys, who had never heard of race walking before showed tremendous appreciation, so much so that a first ever walk was held on April 8th with the ten most promising boys, selected by Paul to train for the previous fortnight, competing.

My apologies, Phil! Phil Embleton actually clocked 87.59 and not 87.57 as I previously reported in the Met. 20km. This time bettered by 16 secs the previous UK road best set by Ken Matthews at Victoria Park in 1960.

Bill Sutherland clear winner in triangular match '10' at Chigwell, April 7th. Unaffected by the leg strain which has been troubling him recently, Bill Sutherland got well away from Roy Hart on the final four miles after they had passed 5M in 38.04. Walking a strong second half as usual, Amos Seddon closed on Hart after catching and dropping Ray Middleton at 4M. Holders of the team title, the RAF, had a much depleted squad and were no match for the powerful Police team who placed their six scorers in the first dozen of this 24 strong field. A suggestion has been made that a match be arranged between a RWA select team and the first ten finishers in this match on the lines of the ECCU v. Combined Services and AAA v Services matches. An excellent top class race would result.

1, W. Sutherland (H'gate/Pol) 76.01; 2, R. Hart (Broms/RAF) 77.56; 3, A. Seddon (Enf) 78.32; 4, R. Middleton (Bel/CS) 79.38; 5, D. Watts (Met. P) 80.36; 6, G. Robinson (Enf CS) 80.42; 7, C. Fogg (Enf/Pol) 81.07; 8, T. Moore (Bris/CS) 81.19; 9, J. Nolan (RAF) 81.52; 11, P. Rice (RSC/RAF) 82.22; 12, L. Mockett (Woodford/Pol) 82.52; 13, J. O'Brien (Cov/Pol) 84.07; 14, D. Vale (Sy WC/CS) 84.09; 15, J. Rawlings (Leics/CS) 84.18; 16, A. Batstone (Broms/CS) 84.21; 17, T. Challis (Trow/RAF) 84.50; 18, R. Dobson (Basildon/CS) 87.05; 19, J. Hedgethorpe (Ex/Pol) 87.19; 20, G. Abley (Lancs/RAF) 87.28.

Lancs WC v. Leyland Motors v. Civil Service (NW) 6M, at Manchester, April 3rd. 1, J. Barraclough (YWC) 48.03; 2, E. Crompton (Leyland) 49.05; 3, M. Ireland (CS) 49.05. Teams: 1, Lancs WC 12; 2, Leyland 13; 3, C. Service 20. **NW Region:** 1, Ireland 49.05; 2, G. Young 52.58; 3, J. Williamson 53.02.

Blackheath H. 7 $\frac{1}{4}$ M Championship, Hayes, April 3rd. 1, D. Berry (B'ht) 59.54; 2, K. Read (Sy. WC) 60.12; 3, D. Vale (Sy) 61.19; 4, R. Green (B) 61.35; 5, L. Gray (S) 63.22; 6, C. Harding (B'ht) 64.20. **Blackheath H. Handicap:** Nunns. Teams: 1, Blackheath 47; 2, Surrey WC 67.

Today's events. Events in all areas with the Sheffield Open '15', Midland '20' at Hinckley and the Southern League, Brighton to Steyning 20km taking pride of place. Also down South the Surrey WC "Guildford Cup" 20M at Croydon and the Essex League 20km at Chelmsford will involve some of the top stars. Next Wednesday (April 24th) the City of London 7M is being held at 6.30 p.m. The powerful Stock Exchange squad should prove too strong for the Banks, Shipping and Insurance.

Basildon's "Festival of Race Walking" on June 19th. Five races will be held, the "Corsica Cup" Boys 3km, and a Junior/Youth 5km plus a Women's 3km, Girls' 2km, and a Senior 15km. An advert will be appearing in "AW" in the near future.

Colin Young

Uwe Beyer opened his season with a West German hammer record of 73.70/241'9" in Hanover on March 27th.

Bristol AC officers: president, J. Gregory; chairman, J. Eastman; secretary, R. Bates, 72 Cock Road, Kingswood, Bristol BS15 2SG; treasurer, F. Hill; men's team manager, W. Ford (captain, A. Clark); women's track manager, G. Buckley (capt., P. McKay); women's CC manager, M. Britton (capt., J. Purchase).

Corrected result of Hampshire League at Salisbury on February 20th: 1, Aldershot, F & D 27; 2, Portsmouth 72; 3, Salisbury 75; 4, Southampton 75.

THURROCK HARRIERS "FESTIVAL OF SPORT"

Second Annual

YOUNG ATHLETES MEETING

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 27th JUNE, 1971

At King George V Sports Ground,
Grays, Essex

50 EVENTS

Open Events: U/12 Girls, Junior Ladies, Inter. Ladies, U/18 Senior Ladies, U/12 Boys, Boys, Youths & Junior Men. Also Junior Schools Boys & Girls Relays, Senior Men's 10 Mile Road Race & 10,000 Metre Walk.

Details from and entries to R. A. Sales, 78 Orchard Road, South Ockendon, Essex, RM15 6HH. Fees: 15p per entry, 25p Relay teams, all events except Road Race.

ENTRIES CLOSE 12th JUNE

LETTERS

NATIONAL PRESS COVERAGE

Dear Sir,

Mr. F. Murray Milne's apologia for the Press seems very plausible until one recalls the coverage accorded to the recent International Cross-Country Championships. By most standards it is surely "spectacular" to win all three International team championships and two individual titles on one afternoon, yet it was hard to find even the bare results in the press that week-end. For example, the "Observer" (whose athletics correspondent is a still-active Olympic gold-medallist) devoted just one inch to Cross-Country: this gave the first 4 individuals in the Senior race, with only the winner's time, followed by a team result, which was in fact that of the Junior race; no Junior individual result was given; the Women's result gave the first 4 individuals (with two errors) only, with no team result.

In the same paper, in contrast, an International Rugby match, which England lost, was given a "splash" headline, over 18 inches of text and a $7\frac{1}{2} \times 5$ " photograph. Moreover two inches were given, in larger type than the cross-country report, to a report that there had been no horse-racing the previous day in England, so one might have expected some space to spare for cross-country reports.

All we ask from the National Press is accurate factual reporting in as much detail as space permits. We are quite content to wait a week for complete reports in "AW"—and even two weeks for 4 pages of good photographs of the "International".

W. D. Thomas

Much as we would like to publish photographs in the issue immediately following the event our production schedule is such that this is impossible—Ed.

Dear Sir,

Further proof, as if it was needed, that the decline in athletic attendances is partially due to lack of interest by the National Press came at a recent week-end. Choosing a paper (outside the top three as I knew they would have an on-the-spot reporter) at random, I selected "The Sun" and telephoned the sports editor. I asked: "Do you intend covering the International Cross-Country Championships in the paper tomorrow?" with the intention of submitting a report. "When are they? Today?" he enquired. "No, yesterday," I answered. "Oh no, then. We don't usually like to include a lot of Saturday news as this gets enough coverage in the Sunday newspapers."

Trying to emphasize the importance of the occasion, I pointed out: "But this was the International Championships and England won all three team titles." "Yes," he said, "but I feel they've had a big enough splash in the Sundays."

In fact I had four newspapers—"News of the World," "Times," "Telegraph" and "People"—

and only two (no prizes for guessing which) had reports on the race, or even the results.

Out of curiosity I bought the Monday edition of "The Sun". Six pages were allocated to sport, four of reports and reflections on Saturday's football and two on horse racing. With due respect to those concerned, it does appear that a player from Newport or Hartlepool has more chance of national recognition than our athletes: Dave Bedford proves himself probably the best cross-country runner in the world and doesn't get a mention.

Is it any wonder the crowds don't flock to athletic meetings. Many of our stars are in the highest world class, yet if the public were to rely on certain newspapers for information, they could be excused for not even knowing they exist! It may be an idea for you to send a sample copy of "AW" to these newspapers in question. Still, would they know what it was?

Tony Miller,

Horley, Surrey

WHAT THE PAPERS REQUIRE

Dear Sir,

Heartiest congratulations to Mr. Murray Milne for his letter on Press coverage (April 3rd issue). Every so often a blast against the Press such as Donald Macgregor's (February 13th) appears in your columns and goes unanswered. As Sports Editor of a group of local newspapers and an athletics enthusiast, I should like to reply to Mr. Macgregor in more detailed terms from the weekly newspaper angle.

Although I frequently have doubts whether the sport merits it on public interest (I get about three letters a year on athletics) I am willing to keep a full page each week throughout the Summer for athletics copy and pictures. However, although we cover three clubs with another three involved in neighbouring group of papers which we also produce, the flow of reports leaves much to be desired. As for news or gossip items, these are virtually non-existent.

How different from other sports such as cricket, swimming, bowls, cycling, soccer, etc., the vast majority of whom send in regular items and reports at the same time each week.

The trouble seems to stem from the roots... the clubs' Press Secretaries. Far too often, this post seems to be filled at the last minute as an afterthought or not even officially filled at all. The result is that frequently the task falls to an official who is already over-burdened with another post or is even delegated to an active athlete who has to try to compile reports and news and catch deadlines in between his or her racing, training and business commitments. For example we receive placing without distances, placings without times, times without placings and frequent reports without team results.

Pre-publicity too is pathetic. Most clubs are hard up and their trophy meetings are one of the few chances of revenue. Even if they do not charge for admission, they can usually charge for chairs, programmes and refreshments. Yet we scarcely ever receive any pre-event news. Just a

list of competing clubs with a mention of their international competitors might draw a few more spectators. I have made more than a dozen telephone calls to produce pre-publicity on some meetings, but I am sure I would not have troubled quite as much if I was not a track and field fan.

It is the exception rather than the rule to receive club's fixture cards without asking. Some clubs appoint Press Secretaries who are not available during the day . . . and we even find some who are not on the telephone. When reports arrive with queries or no Christian names, some contact is essential. Remember too, that time and space are always precious in a local newspaper set-up. And with other sports providing a steady and regular flow of copy, this is always apt to receive the better show.

Many athletes who belong to clubs in our area or live locally earn representative honours at home and abroad for the AAA, WAAA, etc., yet, unless we spot the paragraph at the foot of a column in the National Press and follow it up, this goes unnoticed. How different from, say, amateur football. When players are selected for Surrey, a League or London, I frequently get three letters or telephone calls . . . from the body concerned, the club and the player.

On Leagues, too, athletics leaves much to be desired. We cover clubs in the National and Southern Leagues, but I cannot remember receipt of a single League table. Every Monday I receive about a dozen soccer tables through the post (or by hand). Surely these are items to encourage an interest in local athletics clubs, items that could fan the latent interest in people.

At higher levels, too, the lack of liaison is amazing for a sport that is trying desperately to make ends meet and attract public support. Last season, for example, a county event was staged in the area covered by our group, but not a word even who is defending the trophy in question.

I also cover a lot of major trophy meetings and championships for the National Press agencies, and here too Press liaison is sadly lacking. A Press steward is surely not too much to ask for, especially in a semi-major meeting where the programme teams are declared on the day and no names are provided. In this field it is sometimes near impossible to discover meeting records or even who is defending the trophy in question.

I am not attacking the club officials who are always most co-operative and help all they can. But almost without exception, they are doing other jobs (usually several!) at the match and just cannot spare the time to provide information.

Over the years I have watched this side of the sport get worse. In the past people like John Martell, Roy Brisley, Jim Braben and Dave Cockledge kept the local Press informed on county matters with a magnificent service. At club level Tommy Thomas (SLH) and Bill Payne (Sutton & Cheam) cannot be faulted and I doubt whether anyone will ever surpass the magnificent coverage of Mitcham AC previously provided by Bill McGhie.

But this essential service is breaking down and something must be done quickly. A new season

MANCHESTER Y.M.C.A. HARRIERS 20 KILOMETRE ROAD RACE

(Under A.A.A. Laws)

SUNDAY, 27th JUNE, 1971, at 12 noon
FROM THE Y.M.C.A. SPORTS GROUND
Princess Road (A5103)

Prizes: First 5 inds. 10, £8, £6, £5, £4; First 3 teams, 3 at £2, 3 at £1.50, 3 at £1; Vet. 0/40 £3; Vet. 0/50 £3; Certs. all finishers.

Fees: 15p Ind., 30p Team (6 run, 3 count). Teams to enter as individuals.

Entries to D. O'Leary, 56 Peter St., Manchester M2 3WJ. Closing date 13.6.71 (Entries taken at Maxol).

MIDLAND COUNTIES A.A.A.

MARATHON

will be incorporated into an Open Event again this year and held over the popular 3-lap course

NEAR RUGBY ON SAT., MAY 8th

Entries or enquiries to R. F. Bridges, 19 Rainsbrook Avenue, Rugby, Warks.

Fees: 50p Championship, 40p Open Race, or 60p for both.

Closing Date Reminder

Chichester-Portsmouth 16 Mile Open Road Race

(Under A.A.A. Laws)

SATURDAY, 8th MAY, 1971

Awards: First three Individuals, First three Teams and Unplaced "B" Team, at least nine Consolation Prizes in order of finishing in individual race. Team race three to score.

Entry Fees: 25p per individual on A.A.A. team or individual forms to A. Gibb, 8 Magdalen Ct. 355 London Road, Portsmouth, PO2 9HH by Saturday, 24th April. No team fee.

INSURANCE ATHLETIC ASSOCIATION

TRACK & FIELD CHAMPIONSHIPS

AT MOTSPUR PARK

On Tuesdays, 22nd and 29th June, 1971

SENIORS ● JUNIORS ● LADIES

Entry forms can be obtained from the Hon. Secretary, G. R. V. Davis, 135 Thetford Road, New Malden, Surrey.

ENTRIES CLOSE 22nd MAY. 1971

is upon us. Help us with the facts and we will provide the publicity. Give Christian names, times, distances, placings and the correct spelling please (clubs are just as much to blame here, Mr. Macgregor!) plus news that we can follow up in previews, etc.—not that Bert Bloggs was seventh in a junior inter-club race while several seniors who won the team event at a different venue on the same day are ignored.

More publicity WILL increase crowds and how better to start than with local people supporting their local clubs' major events.

Before some of the purists interpret this letter as an attack on officialdom, let me hasten to explain that I admire the way dozens of people give up their time to act as officials with little thanks. I have scores of personal friends among both officials and active athletes and have nothing but the prosperity of the sport at heart.

But please, before the season gets under way, try to find somebody in YOUR club who has the time and accuracy to furnish the Press with full details of your past and future matches, representative honours, fixture cards, correct Christian and surnames . . . and who is on the telephone during the day.

Fred Philpot,
Kenley, Surrey

NEW ZEALAND GIRLS CATERED FOR

Dear Sir,

With reference to the letter "Why Debar New Zealanders?" (April 3rd issue), the New Zealand women's team were provided with competition before the International in Spain.

Mrs. Vera Duerdin, WCC & RWA secretary, heard from Mr. S. C. Robins to try and arrange competition for the New Zealand women. Mrs. Duerdin in turn got in touch with Mr. Davies, the Southern WCC & RWA secretary, to see what could be done.

Mr. Davies told Mr. Robins that the cross-country season had ended with the Women's National on February 27th and there were a few road races still being held and suggested the Ilford Road Relay.

When the New Zealand team arrived in England on March 2nd the team manager got in touch with Mr. Davies, but the Ilford Relay was not suitable; they wanted a hard cross-country race. I said I would see what I could do and made a date for them on March 14th in Richmond Park. I managed to get a very good team together at very short notice and with the postal strike this was not easy. The New Zealanders got their hard race and remarked that if this was a scratch team from the Southern Counties what would the national team be like!

S. C. Belton,
WCC & RWA, Southern Counties

EGG SPOON RACE

Dear Sir,

At the recent indoor meeting at Cosford, which incorporated the senior men's and women's relays, it would appear that the organisers consider the efforts of the ladies inferior to those of the men.

The first three teams in the men's medley event received very attractive medals on colourful ribbon neck pieces which made them look like sporting awards. Each set of medals was also engraved with the appropriate event, position and venue.

However, the ladies, after putting in the corresponding physical effort and battling through the heats, received no less than a set of completely original silver plated egg spoons. These, which were obviously surplus from a local primary schools sports day, were also unengraved. The entry fee per team is the same for both sexes, so why wasn't the quality of the awards?

Kevin Bell,
Stretford AC

WHY DAVID SMYTH RECONSIDERED

Dear Sir,

I made up my mind to finish with my sport, race walking, after the Commonwealth Games where I represented my country, Northern Ireland (and very proud I was too). However, I finished the 20 miles in 2hr 53min and I was indeed disappointed. I have been told since I trained too hard and as a result I was definitely stale (when will I ever learn?).

So in August I finished with it and asked the Bristol Race Walking Club secretary to accept my resignation also as club captain. Luckily for me, he thought I might change my mind later and did nothing about it.

I would like to take this opportunity to thank the many walkers and officials who wrote to me asking me to think again and gave plenty of encouragement. They really were a great help—including British internationals Phil Embleton and Roger Mills. But the letter that really made me think again came from a very great friend of mine, Phil Collins, well known race walking official always willing to help walkers everywhere and who, like so many officials in race walking, gets through a tremendous amount of work for the sport in his own time.

I would like to thank you, Phil, for all your help; all you said has really made me get down to training again and with plenty of spirit and determination once more.

David Smyth,
Captain, Bristol Race Walking Club

ANOTHER CLUB DIES

Dear Sir,

I am very sorry to have to inform you that Chesterfield Harriers AC has now finished. We had financial trouble and could not get any help—no one would help sell tickets of any kind to raise money. We had over 100 in the club with only myself and Tom Hullat (he ran in Roger Bannister's first four minute mile and used to coach the athletes) doing most of the work. We had quite a few good young athletes and we used the Queens Park Annexe track at Chesterfield. I had been with the club for 14 years and I am very sorry to see it end. Any enquiries should be addressed to me.

Cyril Leason,
33 Lansbury Avenue, Pilsley,
Nr. Chesterfield, Derbyshire.

Rushmer Has Edge Over Mike Freary

April 10th

TIPTON HARRIERS clipped 76 seconds off the 1970 course record set up by Birchfield Harriers in the Carl Lisseman Road Relay over the 4 x 3 miles 400 yards road relay at Wolverhampton on Easter Saturday.

Keith Rollason gave Tipton a five seconds lead over Bolton United (Tony Byrne) on the first leg with Chris Perry (Birchfield) third and Brian Cook (Wolverhampton) fourth.

The second leg saw a complete change—Steve Kenyon (15.52) of Bolton giving his club an 11 seconds advantage over Tipton's Alan Richards (16.08) with Trevor Jeffries (15.58) of the promoting club in third and John King of Small Heath moving into fourth. Tipton's Jim Wright (16.14) pulled back the deficit to give his club a three-second lead for the last stage over Ward of Bolton. Meanwhile Peter Lem ran a fine leg for Birchfield in third.

Internationals Allan Rushmer and Mike Freary had a rare old tussle on the final leg with Rushmer just having the edge over Freary on the run-in, both shattering Ian Stewart's course record of 15.27.

Ken Evans

- 1, Tipton (K. Rollason 15.53, A. Richards 16.08, J. Wright 16.14, A. Rushmer 15.18) 63.33.
- 2, Bolton UH (A. Byrne 15.58, S. Kenyon 15.52, N. Ward 16.28, M. Freary 15.19) 63.37.
- 3, Birchfield (C. Perry 16.05, R. Davies 16.22, P. Lem 16.09, D. Lem 15.28) 64.04.
- 4, Small Heath (G. Taylor 16.27, J. King 15.58, J. Kendrick 16.32, D. Black 15.35) 64.32.
- 5, Worcester YMCA (D. Walker 16.23, E. Austin 16.12, K. Bond 16.17, R. Cooper 16.51) 65.43.
- 6, Birchfield 'B' (R. Panter 16.17, M. Bardsley 16.34, J. Potts 16.16, R. Kirby 16.40) 65.47.
- 7, City of Stoke 65.55; 8, Tipton 'B' 66.08; 9, Coventry Godiva 66.19; 10, Tipton 'C' 66.38; 11, Small Heath 'B' 66.43; 12, Wolverhampton & Bilston 66.49; 13, AEI Rugby 67.03; 14, Tipton 'D' 69.00; 15, City of Stoke 'B' 69.03; 16, Small Heath 'C' 69.37; 17, Tipton 'E' 70.16; 18, Birchfield 'C' 70.28; 19, Sparkhill 70.34; 20, Halesowen 70.35. 51 teams finished.

Fastest (3M 400y): Rushmer 15.18, Freary 15.19, D. Lem 15.28, Black 15.35, Kenyon 15.52, Rollason 15.53, Byrne, King 15.58, T. Jeffries (W&B) 15.58, Perry 16.05, Richards 16.08, P. Lem 16.09.

TABLES APPROVED BY AAA

The Metric Conversion Tables (International Edition) compiled by Bob Sparks have been officially approved by the AAA, who recommend their use in all conversions between metres/centimetres and feet/inches. The Tables are available from the "AW" Book Department, price 82p post paid.

DAVE HINDLEY STILL IMPROVING

Britain's Dave Hindley clocked a personal best of 13:27.8 for 3M at Austin, Texas, on April 2nd with John Bednarski showing 13:31.2 in the same race. At Tempe, Arizona, on March 20th Bednarski beat Hindley over 2M—8:48.2 to 8:51.2. Detailed US results next week.

CLASSIFIED ADVERTISEMENTS

3p. per word. Trade—6p. per word, 6 insertions of some copy 5p. per word. 13 insertions 4p. per word.

AMERICAN STYLED TRACKTOP, fleecy cotton printed club design, 12 colours £2.10, matching trousers £2.50, also available super tracktop in knitted nylon with contrast stripe £3.00, matching trousers £3.50. **Canadian Slopp-shirts**, 88, Park Lane, Croydon, Surrey.

BANTEX GLASS FIBRE VAULTING POLES, £17.50 to £21.00. 20 Thorngrove, Bishop's Stortford, Herts.

TRACK & FIELD Equipment, Footwear, Clothing. Stamps for discount catalogue. **Yardleysport**, Padiham, Lancs.

STAFFS. A.A.A. STANDARDS MEETING

SATURDAY, MAY 1st

AT ROWLEY PARK, STAFFORD

Boys • Youths • Juniors • Seniors

Track: Youths' Steeplechase, 200m, 400m, 800m, 1500m.

Jumps: Long, Triple, High.

Throws: Shot, Javelin, Discus.

Start 2.0 p.m.

ENTRY ON THE DAY 10p

EAST HULL HARRIERS & A.C. OPEN TWENTY MILE ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 1st MAY, at 2.30 p.m.

From Saltshouse High School, Saltshouse Road, Hull.

(Incorporating Yorkshire "20")

Sponsored by Co-ordinated Plastics Ltd.

Prizes: 1st £7, 2nd £5, 3rd £3 and other prizes—First Veteran £1.50. First Competitor to travel over 200 miles £1.50. Teams—1st 3 at £2.50, 2nd 3 at £1.75, 3rd 3 at £1.

Entry Fee: Ind. 18p—Team 25p. All competitors must enter as individuals. County Championship plaques to the first three Yorkshire competitors, and this race will be used as a guide for selection to represent Yorkshire in the Inter-Counties Championship.

LIMITED OVERNIGHT ACCOMMODATION AVAILABLE

Entries on A.A.A. forms to:—

E. CHAMBERS

149 Sharp Street, Newland Avenue, Hull HU5 2AE by 26th April

FAST ONE-LAP COURSE

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries, £1.50 per s.c. inch, per insertion, 33½% discount to clubs on three or more insertions of same copy.

CRAWLEY ATHLETIC CLUB COROCRAFT "5"

(Under A.A.A. Laws)

OPEN SENIOR 5 MILE ROAD RACE

WHIT MONDAY, MAY 31st, 1971

At 3.30 p.m.

From West Green Playing Fields, Crawley

Prizes: Winning team—Cup; First 3 teams and first 3 individuals—prizes to total value of £50.

Entry Fees: 15p per individual. No team fee (4 run, 3 score). Entries to J. Shelton, 68 Shackleton Road, Crawley, Sussex.

VALE OF AYLESBURY ATHLETIC CLUB

THE REX FOULKES MEMORIAL RACE

A 20 Km Open and Team Road Race

to be held under A.A.A. Laws on

SATURDAY, 8th MAY, at 3 p.m.

At EDINBURGH PLAYING FIELDS,
AYLESBURY

Prizes to be detailed later—keep watching!

Entries: Individuals 20p. Team Fee (4 to run, 3 to score) 25p. to P. Ferguson, 32 Fairway, Princes Risborough, Bucks.

BY WEDNESDAY, APRIL 28th

HERNE HILL HARRIERS

8th Annual

10 Miles Open Road Race

(Under A.A.A. Laws)

CRYSTAL PALACE
NATIONAL RECREATION CENTRE

SATURDAY, 1st MAY, 1971

Starting at 3 p.m.

PRIZES

First six Individuals

First three Teams

First three Veterans

Fee: 20p per individual

Entries to J. A. Gebbels, 126 Arthur Road, London, S.W.19 (Tel: 946-4535), by 24th April.

YOUTH HOSTEL ASSOCIATION CHEVY CHASE (Under AAA Laws)

17 Miles Race over the Cheviot Hills

SUNDAY, 16th MAY, 1971 (11.15 a.m.)

AT WOOLER, NORTHUMBERLAND

Entries by 30th April to A. Morgan, 22 Jesmond Park West, Newcastle-upon-Tyne, 7. Individuals 25p, Team (3) 40p.

YEOVIL OLYMPIADS A.C.

5th Annual

10 MILES ROAD RACE

Prizes first 3 Ind., first 3 Teams (4 to run, 3 to score).

SATURDAY, 1st MAY, 1971

At 3 p.m. from Preston School, Yeovil
Additional races 11, 12, 13/14, 15/16, 17 on 1.5.71. First race 2.15 p.m.

Entries: 10M, 15p Ind., 25p extra for team, Boys: 10p ind.

Entries close Wednesday, 28th April. Entries to John Flatters, 24 Elliotts Drive, Yeovil.

GRAND FETE

ROSSENDALE ATHLETIC CLUB

presents

THE ROSSENDALE HALF-MARATHON

From Marl Pits, Newchurch Road, Rawtenstall
ON SUNDAY, MAY 16th, 1971, at 2.30 p.m.
Individual Prizes ● Team Prizes ● Veterans' Prize ● Standard Time Certificates (75 mins.)

ONE LAP COURSE

Fees: Ind. 15p, Team 30p (Three per team, all to enter as individuals).

Entries to A. G. Fuller, 2 Greenbank, Hattock End Lane, Stacksteads, Bacup, Lancs. (Phone: Ross 4689 between 9 a.m. and 4 p.m.) if possible before 12th May.

The course is fast, with only light traffic, challenging one which takes in a magnificent view over the Calder-Rossendale Valley.

COURAGES CROSS-COUNTRY LEAGUE

In order to increase the standard and competitiveness of this League in the 1971-72 season, more College and University teams would be welcome.

PRIZES: Courages Trophy for first team. Medals for first University team and for first College team. Shields first three individuals.

Details from C. S. Downing, 42 Leighton Court, Pepper Lane, Reading, Berks.