

April 16th, 1955

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Vol. 9. No. 16

# Athletics WEEKLY



FIRST STAGE OF THE LONDON OLYMPIADES ROAD RELAY

**Pan-American  
Games**



**LONG DISTANCE WALKING**

**In the News—  
Christine Slemon**



*By Ernest Neville*

**THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN**

# Walking

By A. D. McSweeney

**S**URREY Walking Club celebrate the return of the "Godstone" to full "open" status by a best-ever entry of 139 actual. It should be a very good race—start 3 p.m. from the "Swan and Sugar Loaf," South Croydon—for the entry includes practically full Southern strength at 15 to 20 miles. Only notable I see missing is F. G. Bailey. R. F. Goodall, who missed the Colchester 18 miles on Saturday, G. W. Coleman, A. Macfarlane and D. J. Thompson should make it interesting for John Hubball (St. Albans City) last year's surprise winner.

Record time for this stiff 18½ miles course, 2h.36m.odd, was made by G. T. Galloway (Surrey W.C.) over 20 years ago and as I happened to be leading at halfway on that occasion I know quite a lot about it. Fastest time since the war is by H. J. Forbes, who ended three successive victories with 2h.40m.14s. in 1948. With such a strong field out this time we may see these figures beaten.

The team race in the Suffolk RWA promoted Colchester to Ipswich 18 miles on Saturday, proved to be a very exciting one with only one point covering Woodford Green—the winners, Belgrave and Essex Beagles. Woodford—without last year's winner, R. F. Goodall, worked to their usual plan and crowded on sail in the closing stages, but it was touch and go right up to the line. Pete Simmons brought out a fine performance at the right moment and this was the winning "hit." Perhaps he's coming back to his form of two or three years ago, if so, Woodford's team will be even stronger in the 20 miles and 50kms. Championships.

The individual race was a duel between Ron Davies (Woodford) and A. Macfarlane (Poly.) who each led in turn. Half a dozen were together at five miles reached in 44.03. Davies then went away on his own and led Macfarlane by 33 seconds at the 10 miles point, time 86.11. Young, McGreechan and Newson were next two minutes behind. Macfarlane gradually wore down Davies and they were together at 15 miles with Colin Young making a great show, third. The Woodford man lost ground to the finish and Macfarlane had a comfortable vic-

tory by nearly two minutes, with Young gaining on Davies.

Only a visit to Steyning, the little old-world Sussex town, on Easter Monday, will convince anyone of the terrific enthusiasm and keenness of the whole community on the occasion of the Annual programme of Walking races catering for all ages and speeds. Motorists on their way to and from the South Coast by this country route are astonished to find themselves held up by a policeman when getting in to the town and even more astonished when they find that the people lining the roads are there to watch some Walking races and not to witness a Royal procession.

It's all done on a grand scale and right in the thick of it is little Johnny Henderson, keeping everything going like clockwork. Johnny, 1937 winner of the Brighton-and-Back, may, like your humble, be wearing his last pair of racing shoes, but the Steyning Club will always be a monument to his name. The battle at the moment is between Henderson and a man in Whitehall who has nothing better to do than send out call-up papers. Steyning have now lost that fine young walker, John Miller, and the admirable Annual Report just published lists the others who have been stopped in their tracks for a couple of years.

Results of the chief Steyning events next week.

**Colchester to Ipswich 18 Miles**—1, A. Macfarlane (Poly.) 2.33.38; 2, R. E. Davies (Woodford) 2.35.26; 3, C. A. Young (Essex B.) 2.36.14; 4, R. Newson (Belgrave) 2.36.53; 5, H. McGreechan (Belgrave) 2.37.29; 6, J. Culver (Essex B.) 2.37.45; 7, V. W. G. Stone (Poly.) 2.41.35; 8, A. L. Mash (Woodford) 2.43.40; 9, P. Simmons (Woodford) 2.44.10; 10, L. A. Demmon (Belgrave) 2.44.45.

**Team:** 1, Woodford (2.8.9) 19; 2, Belgrave (4.5.10) 19; 3, Essex B. (6.3.11) 20. **Handicap:** 1, R. Newson (Belgrave) 2.20.23; 2, C. A. Young (Essex B.) 2.21.44; 3, R. Davies (Woodford) 2.21.56.

**Lancashire W.C. "Allen" Trophy 15 Miles**, Salford. 1, J. Barraclough 2.1.11; 2, P. Harrop 2.9.9; 3, R. Smith. **Handicap:** F. O'Neill (allow 23m.).

# Athletics Weekly

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EVERY SATURDAY — NINEPENCE

**T**O-DAY is London to Brighton Relay day and it will be interesting to see what effect, if any, the newspaper strike will have on the event.

Without wishing to repeat my remarks of last week, it must be said that South London Harriers appear to have the race at their mercy, but I am hoping we shall see several of the other clubs giving them plenty of opposition. Birchfield have their tails up at the moment and Belgrave feel that they have a good team, even if without the stars possessed by S.L.H. Not that these two will necessarily follow the latter in, for the race for second place—if S.L.H. do get right away with it—should be extremely interesting.

John Powell, now honorary coach to Rhodes University, S.A., writes to say that readers may be interested to know that this is the eighth year he has had "A.W." sent to him out there, and *not once* has a copy missed arriving on the Monday morning (except for the occasional Bank Holiday).

It is with some regret that I have to tell readers that Neil Allen will not be able to continue with his usual weekly feature, owing to circumstances beyond his control. It is possible that he may manage an occasional article, but a regular contribution is out of the question.

His weekly feature had become quite popular and I have endeavoured to fill the gap with another writer who will contribute a somewhat similar column under the nom-de-plume of "Roamer." This may not be possible every week, but it is hoped that it will be a regular contribution. Perhaps readers would let me know if it is to their liking—though I hope they will not expect a reply. I must apologise here to those who have written me in recent months and have had no reply. Work and correspondence have been so heavy that the latter has got completely out of hand. I like to reply to all letters, where one is indicated, but this has been quite impossible recently. I hope readers will understand and not feel too badly about it.

Owing to the Easter holidays several events which took place over this period have had to be held over until next week.

THE EDITOR.

Cover Photo by E. D. Lacey

★ D. Williams (Birchfield) leading M. Westney (Ilford) No. 10, J. Timbs (London Olympiades) No. 20, J. Matthews (Birchfield "B") No. 86, E. Stone (Bedford) No. 102, and M. Flin (Selsonia) No. 38, in the first stage of the London Olympiades Road Relay, won by the promoting club. ★

# Letters to the Editor

## LEAGUE ATHLETICS

Dear Sir,

It was with pleasure that I read of the mention of League Athletics by Mr. E. H. L. Clynes, O.B.E., may I commend most heartily to interested officials the system of promoting Scratch Inter-Club Competition on the League basis.

The standard of Athletics in Nottinghamshire has generally improved since our formation in 1950. Some 25 meetings have been promoted and with 26 events each meeting of Field and Flat Events, our boys, girls, ladies and men have had opportunities of trying out their skill against the recognised champions of our County. Best performances are bettered every season and will, of course, be improved upon, even though performances are generally high up to the present time.

Now that the Schools A.A. are interesting thousands of young athletes to compete annually, it becomes increasingly necessary to provide competition in Clubs after school leaving age has been attained, because no matter how efficient the coaching or how much ability the athlete has acquired, he will still need competition of good class which is provided by the League.

In Nottinghamshire we expect this season to promote 15 Scratch Meetings now that a City League has been formed. Included in these meetings will be an enjoyable match with the powerful Fenlands League. So much for the athlete and his competition, but also of value is the practice and experience gained by the Officials. In considering the spectator the admission charge is generally low, and since there is a definite trend towards a reduction of handicap meetings, were it not for League Athletics in our small towns, Athletics would only be seen on the television screen. Altogether the League has been a success and has now become a necessity. I hope to hear of Leagues being formed generally, which I am sure will be to the ultimate advancement of Athletics.

Yours sincerely,

**D. L. Woolcott,**

Hon. Secretary, Notts Athletic League.

## NO RESTRICTIONS, PLEASE?

Dear Sir,

Once again I notice the threat of preliminaries for the National has raised its head. It is noticeable that the reason for this is not the actual running of the race, which is what actually counts, but the obstacles of organisation which, given a great deal of forethought, are not unsurmountable.

If prelimins for the National, the next step will be the same step for the Southern, which is reaching similar proportions. With the increasing popularity of our sport, where will it end?

No, sir, Mud Town Harriers we may be, and we may have only one man in the 1st 300, but we have our own rivalries and ambitions as much as the 1st teams in the land. It is the small clubs which make the backbone of cross-country running, and this race means to them the peak of their season's running. There are also some very obvious faults in the system proposed. What would the impression be if Ranger could not run in the National because he did not run in the Southern this year! What of the individuals each year who might miss the National because they have missed the qualifying race through no fault of their own.

The greatest danger of all is that the effect will be to keep the present big clubs on top and to starve the small clubs of promising material. A promising youngster will naturally join a club which gives him automatic top class racing, than the club which is in the doldrums. The balance of clubs rising to a peak and falling off will change and very unfairly to those in the trough at the moment.

Keep the National for all clubs, all runners come to the White City for track champs., so if a suitable place is found, use it every year if necessary, or even run the Youths and Juniors on a different day.

Yours faithfully,

**M. McDowell,**

Ranelagh Harriers.

## R.A.F. SECRETARY TAKES EXCEPTION TO M. D. COLEMAN'S REMARKS

Dear Sir,

I read M. D. Coleman's article "We Must Wake Up," with interest. He certainly has a point, and most of us will agree with him as regards publicity. However, as he seems to work up to an implication that we do not take athletics seriously enough and actually states that the West (Nations) take a pride in being unfit, I take exception to his following sentence: "Anyone who has ever witnessed a Services turn-out for cross-country running will know what I mean." Linked with the rest of the article this latter comment is liable to misinterpretation and I cannot permit this.

No, Mr. Coleman, in the way you would have us believe, I do not know what you mean, despite my continual service since 1924.

If you are referring to the occasional mass turn-outs staged at Recruit Depots and Training Schools, your comparison is wrong and unfair. Such turn-outs are not intended to be serious competitive cross-country but rather an organised effort to keep fit (not "pride is taken in being unfit"). Can you see any objection to this? Incidentally not a few runners are encouraged and "found" this way. If you are not referring to these are you seriously suggesting that the runners who compete in Service fixtures and championships are unfit and proud of it; that the organisation is on a par. If so, then I really do take you to task.

Are you aware that interest in cross-country running in the Services is steadily on the increase, despite ample interest previously? Have you any idea of the "labour of love"—"midnight oil burning" efforts of team captains and officers i/c of station teams to produce, maintain and keep fit a cross-country team and to promote competition? The majority of such stations have a very complete fixture list. Are you aware of the high standard of racing of many of these teams, comparable to first class clubs? And those whose standard is not so high are certainly high in spirit, interest and determination. Are you aware of the difficulties sometimes encountered in maintaining a team with the inevitable postings. Speaking for the Royal Air Force, I am sure the other stations will not mind me saying that teams like those from R.A.F. stations Yatesbury, Halton, Middle Wallop, or even my

own, Henlow, to quote but a few, must be itching to "correct your views."

As regards the organisation, that of the Royal Air Force for major fixtures and championships, and from what it has been my privilege to observe and know, also that of the other two Services, is first class and second to none. Are you aware (it was published in "A.W.") that this year the R.A.F. had yet another record entry for their Championships with a field of 910 runners from all over the U.K. (actual runners, not "enter 15 run 9"). By a scrupulously fair and efficient method and organisation this field is reduced to less than 200 for the Finals 14 days later: "Wake up," did you say? This figure of 910 compares more than favourably with, and is over 50 per cent of, the eligible runners entitled to line up in the pens for the total THREE races in the last National.

"Pride in being unfit," did you say? Again I'm sure my new found friends in the Associations concerned will not mind me repeating the following results of major annual fixtures if it is only to correct any wrong impressions.

R.A.F. v. Midland Counties v. U.A.U. R.A.F. won.

R.A.F. v. Middlesex v. Civil Service. R.A.F. won.

Combined Services v. Southern Counties. C.S. won.

Finally, have you overlooked the fact that of the nine men who ran for England in Spain recently two were from the R.A.F., namely, Pat Ranger and Ken Caulder. Scotland's team included another airman, namely, A. Brown. Last season England fielded one R.A.F. and one Army, namely, Pat Ranger and Ken Norris. Apart from these there are such "unfit" achievements as National Junior winner and runner-up, National Youth winner, County, Area, and District winners and runners-up.

Come to think of it, you are being unfair to every club, but pointedly and unwarrantably disparaging to the Services. To be fair to you, no doubt you did not intend to be. But read the article again, and, as I said at first, linked with the rest of the article . . .

Pride in being unfit? I still practice what I preach and yet there must be other runners,

*Continued on page 17*

## CHRISTINE SLEMON

RECENTLY arrived in New York is petite fair-haired Chris Slemmon, of Selsonia L.A.C., who is to stay there until autumn at the invitation of Gordon McKenzie, the American cross-country champion, and his parents.

Consequently, Britain will lose her services this season. She will, however, continue her running in the "States," although she will concentrate on the 220 and 440, as the half-mile is not run on the other side of the Atlantic.

Born in London in 1931, she took up athletics in November, 1944. For eight years she ran purely for the purpose of keeping fit—possessing no particular ambition in the sport, but late in 1952 came the turning point of her athletic career.

A friend bet her (W.A.A.A. please note that no money was involved!) she could not "make" the British international team. This chance remark gave Chris the incentive she required in order to train hard for international honours.

And international honours she received. For in August, 1953, she was selected to run in a Great Britain "B" team along with Norah Smalley and Diane Leather against an "A" team of Anne Oliver, Enid Harding and Valerie Winn in an attempt on the world record of 7:0.6 held by Ilford A.C.

The race went right against the form book—the "B" team winning in world record time, thanks to a sterling performance by 5ft. 3in. Maud Christine Slemmon. Her stage was timed at 2:16, many seconds faster than her previous best.

Chris's explanation is that she overheard someone saying "Fancy putting her, a quarter-miler, in the team." This really put her back up, and a scintillating run resulted!

A fortnight later she won the Southern inter-county 440 yards in a record time of 59 secs. She duplicated this time the following month in winning the quarter at the "Gibson Trophy" meeting at Ilford. She won the 100 yards in 11.4 at the same meeting—a performance which Chris regards as one of her best, and certainly the most unexpected.

Her best legitimate 880 in 1953 was 2:21.1 at the White City in the W.A.A.A. Championships.

At the end of the season, the two British relay teams met again, but despite a good leg from the Selsonia girl, the "A" team avenged their earlier defeat, although in much slower time.

Helped and encouraged by Angus Scott (she is otherwise self-coached), Chris trained harder still and was rewarded by running faster than ever in 1954.

She started the season off well by clocking 2:21.4 for the half in April, but dropped to 2:23.6 for third place behind Smalley and Vincent in the Leyton floodlit meeting.

The Surrey 440 championship saw her make amends by defeating many-times W.A.A.A. champion Valerie Winn in 60.9.

She improved on this performance by beating Norah Smalley in the "Ann Bale Trophy"



CHRISTINE SLEMON leading ANN OLIVER at the White City.

meeting, returning 58.6 secs., and on June 12th she won the Southern title in the very fine time of 57.9.

In the National championships the following week, Chris had the misfortune of clocking 2:16, and yet finishing only sixth! Ahead of her were Leather, Oliver, Winn, Smalley and Betty Loakes.

This London telephonist who lives in Carshalton ended the season on a top note by circling the Ilford track in 58.1 during the "Gibson Trophy."

Chris, who has been running the quarter in about 65 recently in her training spins, hopes to get under 57 soon, although her main ambition is to represent Britain in the 1956 Olympic 800 metres—if this event be on the programme, as it assuredly must.

She is at present training four days a week, and although she does not plan her training schedule until she steps on to the track, her routine is something like this:

Tuesday: 8 or 9 300's.

Wednesday: Road run of 2 or 2½ miles.

Thursday: Speed training (100's, 150's, 220's).

Sunday: Speed and stamina training.

In Miss Slemmon's opinion, club-mate Jean Scrivens will become one of the world's greatest athletes. Chris expects her to break Marjorie-Nelson's world mark of 24.0 this season—a view shared by many experts.

A wholehearted club runner, Chris believes that Selsonia is on the point of succeeding Spartan and Essex as Britain's premier women's club.

Formed only a decade ago, members include Jean Scrivens, Stella Master, Mary Flinn and Jose Brocklehurst, in addition to several very promising juniors. The club stands a great chance of pulling off both National and relay titles.

I know all readers will join in wishing Chris the best of luck, and hope it will not be long before she establishes herself as Britain's Otkalenko.

The third A.G.M. of the Road Runners' Club will be held at the Polytechnic, Regent St., London, on Friday, 13th May, at 7.30 p.m. The Association now has 435 members and grows continuously. Suggestions relating to Road Race Running will be welcomed by Ernest Neville, Hon. Secretary, 2 Stanton House, St. Mark's Hill, Surbiton, Surrey.

## ATHLETIC EQUIPMENT

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*Orders attended to promptly*

**THE SPORTS CENTRE**

**6 High Dewar Road, Rainham, Kent**

Entries for the L.A.C. Schools' Meeting next week-end total 818, about 60 less than last year. The number of schools represented has gone up to 207. Teams are coming from Ireland, Germany and Jersey. No holders are defending in any of the junior or senior events, with the exception that last year's relay winners from Ireland are again coming over.

# 

### 

- 20 Chelmsford Floodlit Meeting, Rayleigh
- 22/23 L.A.C. Schools Meeting, White City
- 23 Finchley 20M. Road Race, Ruislip
- 30 London v. Paris Schools, Hurlingham
- 30 Potters Bar u/21 Road Relay
- 30 Hull Marathon
- 30 London Shipping 10M. Open

### 

- 4 Leyton Floodlit Meeting
- 7 Chichester-Portsmouth 16M. Road Race and "Twilfit Cup" Match
- 7 Surrey 20M., Godalming
- 7 Sussex 20m. Road Race
- 12 A.A.A. v. Oxford Univ., Oxford
- 14 Manchester—Blackpool Relay
- 14 Essex 20m. Road Race
- 14 Bedfordshire Championships, Luton
- 14 Sward Trophy, Chiswick
- 14 Beds. & Hunts. Sen. Jun. Yths. & Boys Champs., Luton
- 14 Northants Sen. Jun. Yths. Champs., Northampton
- 14 Notts. Sen. & Boys Champs., Newark
- 14 Surrey Yths. Champ., Walton
- 18 L.A.C. Inter Club Relays, Hurlingham
- 21 Middx. Women's Chps., Broomfield Pk.
- 21 Berks. Women's Champs., Reading
- 21 Surrey Women's Champs., Croydon
- 21 Essex Women's Champs., Southend
- 21 Liverpool Pembroke 20m. Road Race
- 21 Northn. Women's Inter-Cty., Darlington
- 21 Kent 20M., Chislehurst
- 21 U.A.U. Championships, Manchester
- 21 Caledonian Games, White City
- 21 Staveley Works Sports
- 24 A.A.A. v. Cambridge Univ., Cambridge
- 24 Calvalcade of Sport, W. City
- 25 Birchfield H. Spring Meeting, Perry Barr
- 28 Kodak Sports, Wealdstone
- 28 Chichester 10m. Road Race
- 28 Isle of Wight Toc "H" 10m. Road Race
- 28 Yorkshire Women's Champs., Leeds
- 28 Essex Bus. Hses. Champs., Purfleet
- 28 Birmingham Festival Sports
- 28 Wiltshire Sen. Jun. & Yths. Champs., Trowbridge
- 28 Leicester Mercury Walk
- 28 Kent Women's Championships, Dover
- 28/30 B. Games & Inter-County Champs., White City
- 30 Surrey Fire Brigade, Carshalton
- 30 Westerham Gala Sports
- 30 Watford Sports
- 30 Long Eaton Cycling Club
- 30 Cambridge Whit-Monday Gala
- 31 Charlotteville Meeting, Guildford

### 

- 4 County Championships
- 4 Kynoch Sports, Birmingham
- 8 A.A.A. v. London Univ., Motspur Park
- 11 South v. West v. Midlands, Bristol
- 11 Walton "15" and Heathfield S. Contest
- 11 Mid. Univ. v. U. of Wales, Birmingham
- 11 Women's Southern Champs., Chiswick
- 11 Northn. Women's Chps., Templenewsam
- 11 Glasgow Police Sports
- 11 Ruislip & Northwood Meeting
- 11 Fisher & Ludlow Meeting, Birmingham
- 11 Essex Jun. & Yths. Champs., Ilford
- 11 Hampshire Sen. Jun. & Yths. Champs., Southampton
- 11 Heston Open Sports
- 11 Mitchden 14M. Road Race
- 11 Herts. Jun. & Yths. Champs., Ware
- 11 Notts. Jun. & Yths., Champs., Ollerton
- 11 Sussex Senior Champs., Eastbourne
- 11 Oxford & Camb. v. Yale & West Point, White City
- 18 Highworth (Wilts.) 5M. Road Race
- 18 Hants, Constabulary Sports, Eastleigh
- 18 Kinnaird Trophy & Marathon, Chiswick
- 18 Kent Youths Championships
- 18 Bradford City Police Sports
- 18 Willesden Meeting
- 18 Devon Jun. & Yths. Champs., Plymouth
- 18 Inter-Club Meeting, Southery (Downham Mkt.)
- 18 Enfield A.C. Jarvis Cup and D.M. Women's Inter-Club
- 19 Netherlands Olympic Day
- 23 Norwich Civic Week
- 25 Southern Championships
- 25 Midland Championships, Perry Barr
- 25 Northern Championships, Manchester
- 25 Welsh Senior Championships, Cardiff
- 25 Winterton Midsummer Sports
- 25 All-Ireland Championships, Belfast
- 25 De Havilland (Hatfield) S.C.
- 25 Dorset Constab. Meeting, Dorchester
- 25 Birmingham City Transport Sports, King's Heath
- 25 Anne Bale Trophy, Hurlingham
- 25 Standard Telephones Open Mtg., Eltham
- July
- 1/2 Women's A.A.A. Champs., White City
- 2 Southern Junior Championships
- 2 Welsh Junior Championships
- 2 Ryder Trophy Meeting
- 2 B.S.A. Rec. Assoc. Sports
- 2 Bristol Constab. Sports
- 2 Hackney Trophy Meeting
- 2 Norfolk Youths' Champs.
- 2 Pressed Steel Sports
- 2 Fordham Open Sports

### July—contd.

- 2 Borough of Prestwick Meeting
- 4/6 R.A.F. Championships, Uxbridge
- 5 Q.P.H. 1½ Miles, Paddington
- 9 B.T.H. Sports, Rugby
- 9 Rotal Sports, Glos.
- 9 Vauxhall Motors Meeting, Luton
- 9 Brockman Trophy, Croydon
- 9 Macclesfield 10M. Road Race
- 9 Kent Constabulary, Maidstone
- 9 Hackney Trophy Meeting
- 9 W.A.A.A. Jun. & Int., Chps., Birm'g'm
- 9 Vickers Sports, Weybridge
- 9 Kentish Mercury Trophy, Ladywell
- 9 Inter-Club Meeting, E. Dereham
- 15/16 A.A.A. Championships, White City
- 15/16 All England Schools, Manchester
- 16 Portsmouth Atalanta Mtg., Alex. Park
- 16 Holbeach A.C. (Lincs.) Open Meeting
- 20 Inter-Services Champs., Aldershot
- 23 Women's Southn. v. East. Cts., Norwich
- 23 Civil Service Champs.
- 23 Waldron Trophy, Reading
- 23 A.A.A. Junior Championships
- 23 Police Championships, Liverpool
- 23 Waddilove Sports, Perry Barr
- 23 Eastern Counties v. A.A.A.
- 30 Norfolk v. Suffolk v. Cambs., Yarmouth
- 30/1 Gt. Britain v. Germany, White City

### August

- 1 City of Cambridge Meeting
- 1 Open Meeting, Harleston
- 1 Chertsey B.L. Meeting
- 1 Castle Grisley Miners' Welfare
- 6 Glasgow Rangers Sports
- 7/14 International Student Games,  
S. Sebastian

### August—contd.

- 10 Paignton Regatta
- 10 Shaftesbury 10M. Road Race
- 12/13 Gt. Britain v. Hungary and  
British Games, White City
- 13/27 Summer School, Loughborough
- 20 W.A.A.A. 660yds. Relay, Darlington
- 20 Belgrave H. Open 20M. Road Race
- 20 Highland Games, Edinburgh
- 20 Glos. Constab. Sports
- 26/27 Southern Decathlon Champ.,  
Battersea Park
- 27 A.A.A. v. Combined Services v. U.A.U.
- 27 London Fire Brigade, White City
- 27 Stone Invit. Inter-club Sports, Stone

### September

- 3 J. Louis Trophy, Maysbrook Park
- 3/4 Gt. Britain v. France, Bordeaux
- 3/4 Hammers-Throwers Reunion,  
Bisham Abbey
- 9/10 Gt. Britain v. U.S.S.R., Moscow
- 10 George French Jun. Trophy, Bat. Park
- 10 London Champs. (Finals), Hurlingham
- 13/15 Gt. Britain v. Czechoslovakia,  
Prague
- 17 Surrey A.C. Relay, Richmond Park
- 17 W.A.A.A. Pentathlon, Birmingham
- 17 Gibson Trophy, Ilford
- 24 London—Brighton Road Race
- 24 Maidenhead Road Relay

### October

- 1 Leicester W.C. 7M. Walk
- 8 London—Brighton Relay (Southern)
- 9 Edinburgh—Glasgow Relay

### November

- 12 Waterloo 6½M. Road Race

## KODAK SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

**WHIT-SATURDAY, MAY 28th, 1955**

### OPEN EVENTS

#### Men's Handicaps:

- 100, 300, 880yds., 2 Miles
- Junior Relay (220, 110, 110, 220),
- Pole Vault, Hop, Step and Jump.
- 10 Mile Scratch, Tug-of-War (6 men, 75 stone)
- 10 MILES ROAD RACE (Ind. & Team).

#### Ladies' Handicaps:

- 100, 220yds., Relay (4 x 110yds.), 80m.
- Hurdles; High Jump; Shot; Discus; Javelin.
- Jun' or Girls: 100yds. & Relay (4 x 110yds.)
- W.A.A.A. National Relay (4 x 110yds.)

Entries close May 14th to R. Stevens, Kodak Works, Harrow, Middlesex.

## WATFORD SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

**WHIT-MONDAY, MAY 30th, 1955**

### OPEN EVENTS

#### Men's Handicaps:

- 100, 300, 880yds., 3 Miles, 100yds. Veterans,
- Tug-of-War (6 men, 75 stone), One Mile
- Scratch, Pole Vault.

#### Ladies' Handicaps:

- 100, 220, Relay (4 x 110yds.), 880yds.
- scratch. Field Events (all handicaps)—
- High Jump, Long Jump, Shot, Discus, Jave-
- lin. Junior Girls (Handicaps): 100yds.,
- Relay (4 x 110yds.).

Entries close May 16th to R. B. Stevens, 126 Kenilworth Drive, Croxley Green, Rickmansworth, Herts (Rickmansworth 5539).

# On my Travels

by "Roamer"

MANY athletes and coaches over here will remember **John Powell**, now coaching in South Africa. As enthusiastic as ever, John is rightly proud of his high jump *protege* at Rhodes University, **Joe Truter**. Joe is consistent at 6ft. 6in. and may well reach 6ft. 8in. this year, perhaps even higher.

Though he is happy out there and enjoys his work, John sometimes sighs at the thought of the organisation and the competition in the "old country." That's the trouble with the wide open spaces and it isn't confined to South Africa.

Some of the athletes visiting America recently were none too happy on their return. According to an interview given by **Ragnar Lundberg** when he got back to Sweden, some of the Europeans were not impressed with American hospitality. Ragnar found it very cold and the city of New York not at all friendly. His bewilderment was shown by his statement, "People hurry and run around like fools."

**Gunnar Nielsen**, the Dane, was also a very disappointed man, according to Lundberg. He could not please himself over the events in which he took part, and was left entirely to his own devices between meetings. **Roger Moens**, whom White City fans will remember, cannot speak English and had to take care of himself after being deposited in his hotel. "When he became ill and finished last in his first race, they sent him home again," said Lundberg.

**George Adam**, the enthusiastic Secretary of the Doncaster Plant Works A.C., is watching with more than usual interest the progress of **W.H. (Bill) Robbins**, one of his club members and now at Oxford University. With **John Savidge** now world touring on the S.S. *Orontes*, Britain badly needs top class shot putters. Robbins, a former Northern Counties Junior Champion, is now 21 years of age, 5ft. 10½in. tall and nearly 14st. in weight. Last back end he reached 45ft. 8in., though he didn't figure in the 1954 rankings, and in the last few months has been most consistent in his performances and improvement. In a recent Achilles tour of Public Schools, Robbins pushed the 16lb. ball 48ft. 4in., and a continuation of this upward trend might well see him the third British athlete to reach 50ft.

Another field event exponent of whom much is expected this year is **Don Anthony**. I'm told **Dennis Cullum** has predicted some outstanding performances from this up and coming hammer thrower, who started off well at the Hammer Circle meeting on April 2nd, with a fine effort of 173ft. 3in.

**Ken Caulder**, who travelled as reserve to San Sebastian and then came into England's team when Gordon Pirie went down with 'flu, has just returned to "civvy street." Whether he can carry on where he left off depends on his fitting a strenuous training programme into his new civilian curriculum.

Caulder's move leaves his Surrey A.C. "twin," **Brian Barrett**, on his own once more. Both live at Tolworth in Surrey, joined the R.A.F. at different times, eventually found themselves at the same unit, but often preferred to train separately, though they do so together when at home! Barrett will move up to the 3 miles this summer, where he will no doubt resume some former duels with **Hugh Foord**, who may well be a threat to our best men on the track, now that he has the confidence of his second in the International Cross-Country Race behind him. Foord ran away from Barrett in the South of Thames race at Horsham this winter, but he won't find it so easy on the track.

**Peter Wood**, the Rotherham runner who beat his namesake, Ken, in the Northern C.C. Championship this winter, was very pleased with his performance, as it was accomplished on a minimum of training. Having moved to a new house adjoining a golf course, with plenty of fields around, Peter is hoping to get down to more serious track work this summer. He could not repeat his Northern form in the National race, but his steady improvement augurs well for the future.

Another Rotherham boy in **Eddie Kirkup**, is hitting the high spots, his latest win being in the Wigmore "15," when he ran away from a good class field. **Johnny Johnston** is helping him with his training and if Eddie can curb his impetuosity, he should prove one of our distance stars of the future.

**Len Smith**, the Rochester quarter-miler, left the single state behind him on April 9th, when he married Miss Sheelagh Smith (no relation

—at least she wasn't until April 9th!). After sampling the Brighton air for a brief spell, Len hopes to be back at his 1953 form after a proper winter preparation, something he was unable to get last year.

The Southern "six" next week should be a real tear-up. At the time of writing I hear that only two Southern stars are missing—**Frank Sando** and **Mike Maynard**. Entries are being restricted to 24, which means, I believe, that quite a number will be disappointed.

Though it was suggested long before the event that the English Cross Country Union Championships at Cardington couldn't be made to pay, the Local Committee are handing over something like £500 from the 1955 promotion, a very good effort.

Incidentally, a local amateur organisation took a very good film of the races at Cardington, which is said to be well worth a place in the archives of clubs possessing a 16mm. projector.

While on the subject of cross-country, it seems that the question of restricting entries to the National Championships may cause some heartburning. One well-known official, so I hear, has stated that if ever restrictions are imposed, he will depart from the c.c. scene, despite a long association with the sport. Which seems to me to be a case of living in the past, for progress cannot be halted.

Potters Bar Athletic Club, the go-ahead young Middlesex club which sponsors the Junior Road Relay at the end of this month,

have arranged for ever-popular **Sydney Wooderson** to start the event this year, and after the race and subsequent refreshments will put on a film show which will include Wooderson's greatest races, Bannister's record mile, Lovelock's Olympic 1500 metres, Chataway v. Kuts etc., in other words, an athletic treat. There is no entrance fee and anyone interested in athletics will be welcome at Parkfield School, Potters Bar, on April 30th. I only hope the hall is big enough to accommodate those who wish to see it!

## LONDON SHIPPING ATHLETIC ASSOCIATION

### TEN MILES OPEN ROAD RACE

(In conjunction with Road Runners' Club)

**SATURDAY, 30th APRIL 1955**  
from

**Headquarters of Blackheath Harriers**  
**56 Bourne Way, Hayes, Kent**  
at 3 p.m.

|                   |         |         |        |
|-------------------|---------|---------|--------|
| PRIZES—Individual | £7/7/0; | £5/5/0; | £3/3/0 |
| Team              | £5/5/0; | £3/3/0; | £1/1/0 |

Teams of Six to run, four to score.

Teams : 6/- Individual : 1/-

**ENTRIES** on A.A.A. Forms to Hon. Secretary,  
**J. H. F. COOKE**, c/o Orient Line, 7  
Bishopsgate, E.C.2.

**CLOSING DATE** : : **20th April, 1955**

Leaders at 3½ miles in the Regent's Park 15 Miles Walk. L. to R.: A. Macfarlane (Poly), R. F. Goodall (Wood. Green), B. Hawkins (Metropolitan W.C.), and G. W. Coleman (Highgate), the winner.

H. W. Neale



# Overseas News

## PAN-AMERICAN GAMES

(Mexico City, March 13th-19th)

The second Pan-American Games produced a crop of World records, Games records, and a warning that the track strength of the U.S.A. is not quite the back number many people are proving nowadays when proclaiming their long shot prognostications for Melbourne. Probably the shocks of the meeting were the new world record 400m. by Lou Jones and the defeat of Wes Santee by Miranda, of Argentine. One of the best performances was the reclaiming by Adhemar F. da Silva (Brazil) of his world record in the hop, step and jump, when he bettered the mark of Tscherbakov (U.S.S.R.) by 1ft. 1½in.

Day by day summary—

### 13th March

#### Men's Events

**100m. Heats** (First 3 to qualify): 1, 1, Smith (U.S.A.) 10.6 (ER); 2, Brazeiro (Uruguay); 3, Robinson (Bahamas); 2, 1, Nelson (Canada) 10.7; 2, Fortun (Cuba); 3, Garcia (Dominica); 3,

### SURREY FIRE BRIGADE ATHLETIC ASSOCIATION

Fourth Annual

## ATHLETIC MEETING

Carshalton Sports Arena, Wrythe Lane,  
Carshalton, Surrey

The Best & Most Up-to-date Track in the South

**WHIT-MONDAY, MAY 30th, 1955**

at 2.0 p.m.

#### MEN'S OPEN HANDICAP EVENTS

100 yds.; 220 yds.; 880 yds.; 1 Mile; 3 Miles;  
120yds. Hurdles; 3,000 metres Steeplechase

**PRIZES** (each event) **VALUED** — First £7;  
Second £3; Third £2.

**ENTRY FEE**—1/6 first event; 1/- each additional event.

#### CLOSING DATE FOR ALL ENTRIES:

14th MAY, 1955

Full details and entry forms may be obtained from and should be returned to:—

Divisional Officer.

Fire Station, Castlefield Road, Reigate, Surrey

By H. E. D. O'Neill

1, Williams (U.S.A.) 10.6 (ER); 2, Ahumada (Mexico); 3, Solorzano (Venezuela); 4, 1, Agostini (Trinidad) 10.5 (R); 2, Springbett (Canada); 3, Zabala (Argentine); 5, 1, Richard (U.S.A.) 10.5 (R); 2, Bonas (Venez.); 3, Gardner (Jamaica).

**800m. Heats** (3 qualify): 1, 1, Roque (Brazil) 1:55.0; 2, Spurrier (U.S.A.) 1:55.6; 3, Rivera (Pt. Rico) 1:59.0; 2, 1, Sandoval (Chile) 1:54.5; 2, Sowell (USA) 1:56.5; 3, Planas (Cuba) 1:59.2; 3, 1, Miranda (Arg.) 1:56.2; 2, Whitfield (USA) 1:56.7; 3, Monteiro (Brazil) 1:56.9.

**High Jump Final**—1, Shelton (U.S.A.) 6'7½" (R); 2, Wyatt (U.S.A.) 6'7½" 3, da Conceicao (Brazil) 6'3"; 4, Lagos (Chile) 6'2½"; 5, Lopez (Cuba) and Viga (Pt. Rico) 6'1½".

**10,000 Final**: 1, Juarez (Arg.) 32:42.6; 2, Sanchez (Mex.) 33:00.4; 3, Correa (Chile) 33:42.6; 4, Hernandez (Mex.) 33:49.8; 5, Serano (Mex.) 34:35.6; 6, Flores (Guatemala) 35:10.8. Gordon Mackenzie (U.S.A.) led for 4,000m., jogged another 1,000m. and retired.

#### Women's Events

**Discus Final**: 1, Pfuller (Arg.) 141'8½" (R); 2, Abellan (Arg.) 131'5½"; 3, Herrers (Cuba) 123'6".

### 14th March

#### Men's Events

**100m. S.F. (2 qualify)**: 1, 1, Smith (U.S.A.) 10.4 (R); 2, Fortun (Cuba); 2, 1, Williams (U.S.A.) 10.3 (R); 2, Agostini (Trin.); 3, 1, Richard (U.S.A.) 10.3 (ER); 2, Gardner (Jam.). **Final**: 1, Richard (U.S.A.) 10.3 (ER); 2, Agostini (Trin.); 4, Gardner (Jam.); 5, Fortun (Cuba). Smith pulled up lame after first few strides.

**400m. Hurdles Final**—1, Culbreath (USA) 51.5 (R); 2, Aparicio (Colombia) 51.7; 5, Carneiro (Brazil) 53.0; 4, Francis (Pt. Rico); 5, Leyva (Venez.); 6, Mendez (Mex.).

**Long Jump Final**—1, Range (USA) 26'4½"; 2, Bennett (USA) 26'3½"; 3, da Sa (Brazil) 25'8½"; 4, Vera (Chile) 24'6½"; 5, Zoccolillo (Paraguay) 24'3"; 6, Cabrejas (Cuba) 23'11½".

**Shot Final**: 1, O'Brien (USA) 57'8½"; 2, Gordin (USA) 52'5"; 3, Engel (USA) 47'10" 4, Pavelich (Can.) 46'8½"; 5, Adriana (Dutch W. I.) 43'9½"; 6, Trompic (Venez.) 41'11½".

#### Women's Events

**60m. Final**: 1, Diaz (Cuba) 7.5; 2, Daniels (USA); 3, Landry (USA).

### 15th March

#### Men's Events

**200m. Heats** (3 to qualify): 1, 1, Thomas

(USA) 22.3; 2, Rivas (Dom.); 3, Goya (Mex.); 2, 1, de Conceicao (Brazil) 21.2 (R); 2, Robinson (Bahamas); 3, Bloem (Curacao); 3, 1, Soloranzano (Venez.) 21.8; 2, Springbett (Can.); 3, Williams (USA); 4, 1, Moore (Jam.) 22.3; 2, Tenrriero (Mex.); 3, Garcia (Dom.); 5, 1, Bonnhoff (Arg.) 22.5; 2, Richard (USA); 3, Bates (Trin.); 6, 1, Agostini (Trin.); 2, Revell (Can.); 3, Huiguizera.

**Semi-Finals** (2 to qualify): 1, 1, de Conceicao (Brazil) 20.8 (R); 2, Thomas (USA); 2, 1, Bates (Trin.) 21.6; 2, Springbett (Can.); 3, 1, Richard (USA) 20.9; 2, Agostini (Trin.).

**800m. Final:** 1, Sowell (USA) 1:49.7 (R); 2, Spurrier (USA) 1:50.0; 3, Sandoval (Chile); 4, Whitfield (USA); 5, Miranda (Arg.); 6, Monteiro (Brazil).

**5,000m. Final—1,** Juarez (Arg.) 15:30.6; 2, Ashenfelter (USA) 15:31.4; 3, Correa (Chile); 4, McKenzie (USA); 5, Hernandez (Mex.); 6, Ganzalez (Mex.).

**Pole Vault Final:** 1, R. Richards (USA) 14' 9 $\frac{1}{2}$ " (ER); 2, Smith (U.S.A.) 14' 1 $\frac{1}{2}$ "; 3, Laz (USA) 14' 1 $\frac{1}{2}$ "; 4, de Souza (Brazil) 13' 1 $\frac{1}{2}$ "; 5, Aguiler (Mex.) 12' 9 $\frac{1}{2}$ "; 6, Iriarte (Venez.) 11' 9".

**Discus Final:** 1, Gordien (USA) 174' 2 $\frac{1}{2}$ "; 2, O'Brien (USA) 167' 6 $\frac{1}{2}$ "; 3, Haddad (Chile) 154' 8"; 4, Ucke (Arg.) 141' 0 $\frac{1}{2}$ "; 5, Rodriguez (Venez.) 133' 9 $\frac{1}{2}$ "; 6, Pavelich (Can.) 123' 3".

#### 16th March

##### Men's Events

**110m. Hurdles Heats** (3 to qualify): 1, 1, Gardner (Jam.) 14.3; 2, Anderson (Cuba); 3, Bell (Venez.); 2, 1, Davis (USA) 13.7w.; 2, Iglesias (Cuba); 3, Carniero (Brazil).

**200m. Final:** 1, Richard (USA) 20.7 (R); 2, Thomas (USA) 21.3; 3, Agostini (Trin.) tied de Conceicao (Brazil); 5, Springbett (Can.); 6, Bates (Trinidad).

**Hop, Step and Jump Final:** 1, da Silva (Brazil) 54' 4"; 2, Devonish (Venez.) 53' 11"; 3, Hernandez (Cuba) 51' 2 $\frac{1}{4}$ "; 4, Cabrejas (Cuba) 50' 2 $\frac{1}{4}$ "; 5, Clawton (Can.) 49' 2 $\frac{1}{2}$ "; 6, Hollie (USA) 49' 1".

**Hammer Final:** 1, Backus (USA) 180' 1 $\frac{1}{4}$ " (R); 2, Engel (USA) 175' 0 $\frac{1}{4}$ "; 3, Porta (Arg.) 168' 0 $\frac{1}{2}$ "; 4, Diaz (Chile) 165' 10 $\frac{1}{2}$ "; 5, Melcher (Chile) 162' 8 $\frac{1}{4}$ "; 6, Kupper (Brazil) 161' 8 $\frac{1}{4}$ ".

##### Women's Events

**100m. Final:** 1, Jones (USA) 11.5 (R); 2, Faggs (USA); 3, Castelli (Arg.).

#### 17th March

##### Men's Events

**400m. Heats** (3 to qualify): 1, 1, Jones (USA) 47.6 (R); 2, Spencer (Jam.); 3, Eddie (Venez.); 2, 1, Gutierrez (Venez.) 48.2; 2, Roque

(Brazil); 3, Moore (Jam.); 3, 1, Lea (USA) 48.8; 2, Rivera (Pt. Rico); 3, Harding (Can.); 4, 1, Mashburn (USA) 50.4; 2, Monteiro (Brazil).

**Semi-Finals** (3 to qualify): 1, 1, Jones (USA) 46.9 (R); 2, Lea (USA); 3, Moore (Jam.); 2, 1, Mashburn (USA); 2, Rivera (Pt. Rico); 3, Spencer (Jam.) and Revell (Can.).

**1500m. Heats** (5 to qualify): 1, 1, Miranda (Arg.); 2, Santee (USA); 3, Mendez (Brazil); 4, McMillan (USA); 5, Fontecilla (Chile); 2, 1, Camacho (Venez.) 4:31.4; 2, Gonzalez (Mex.); 3, Mitt (Brazil); 4, Dwyer (USA); 5, Sola (Chile).

**110m. Hurdles (Final):** 1, Davis (USA) 14.3; 2, Gardner (Jam.); 3, Iglesias (Cuba); 4, Anderson (Cuba); 5, Bell (Venez.); 6, Carniero (Brazil). 2nd and 3rd timed at 14.7.

**Javelin (Final):** 1, Held (USA) 228' 11" (R); 2, Heber (Arg.) 217' 0 $\frac{1}{4}$ "; 3, Oliver (Pt. Rico) 215' 5 $\frac{1}{4}$ "; 4, Fajer (Mex.) 202' 10 $\frac{1}{4}$ "; 5, Irate (Venez.) 184' 8 $\frac{1}{4}$ "; 6, Vera (Mex.) 171' 0 $\frac{1}{4}$ ".

##### Women's Events

**80m. Hurdles Final:** 1, Gaete (Chile) 11.7; 2, Diaz (Cuba); 3, Dos Santos (Brazil).

**High Jump Final:** 1, McDaniel (USA) 5' 6 $\frac{1}{4}$ "; 2, De Castro (Brazil) 5' 2 $\frac{1}{2}$ "; 3, Thomas (USA) 5' 2 $\frac{1}{2}$ ".

## DE HAVILLAND (HATFIELD) SPORTS CLUB

(Under A.A.A. & W.A.A.A. Rules)

**SATURDAY, JUNE 25th, 1955**

### SPORTS GROUND

Adjoining de Havilland Aircraft Co., Ltd.,  
Hatfield (Barnet By Pass)

#### Open Handicaps Men

100, 220, 880yds., One Mile Medley  
Relay, 2 Mile Team Scratch (4 to run,  
3 to score).

**PRIZE VALUES** — Open Handicaps, £7/7/0,  
£3/3/0, £1/10/0. Team Race—1st Team  
Prizes, £4/4/0 each; 2nd Team Prizes  
£3/3/0 each; Individual winner Prize value  
£5/5/0.

**ENTRY FEES**—Individual 1/6 first, 1/- subsequent events. Team (4 run 3 score) and  
Relay 5/-.

**Entries to B. T. Holloway, General Secretary, De Havilland (Hatfield) Club, Hatfield, Herts, by June 4th, 1955.**

### 18th March

#### Men's Events

**400m. Final:** 1, Jones (USA) 45.4 (WR); 2, Lea (USA) 45.6; 3, Mashburn (USA) 46.3; 4, Rivera (P. Rico) 48.2; 5, Spencer (Jam.) 48.2. Only 5 finished.

**3000m. Steeplechase Final:** 1, Sola (Chile) 9:46.8; 2, Nova (Chile) 9:50.4; 3, Galicia (Mex.) 9:54.2.

#### Women's Events

**Javelin:** 1, Anderson (USA) 161'3"; 2, Peunte (Uruguay) 142'5½"; 3, Wershoven (USA) 141'3½"; 4, Larney (USA) 132'11¼"; 5, Venegas (Chile) 131'6½".

### 19th March

#### Men's Events

**1500m:** 1, Miranda (Arg.) 3:53.2; 2, Santee (USA) 3:53.2; 3, Dwyer (USA) 3:55.8; 4, McMillen (USA) 4:04.8.

**Marathon:** 1, D. Flores (Guat.) 2:59.09.2; 2, Rodriguez (Mex.) 3:02.25.6; 3, Velasquez (Guat.) 3:05.25.2.

**Decathlon:** 1, Johnson (USA) 6994 pts.; 2, Richards (USA) 6886 (Richards did not start in the 1500m.); 3, Figueroa (Chile) 5740; 4, Iriarte (Venez.) 5253; 5, Vera (Chile) 4365.

#### Women's Events

**4 x 100m. Relay:** 1, U.S.A. (Daniels, Landry, Faggs, Jones) 47.0; 2, Argentine 47.2; 3, Chile 49.3; 4, Mexico 51.2.

#### U.S.A.

Several good marks were accomplished in the United States on April 2nd. Highlight of the Texas Relays at Austin was Santee's great 4:0.5

mile. Running at a near-even pace of 59.8, 60.2, 61.0 and 59.5, he broke his own American record by .1sec. Santee's next attempt on the 4-minute mile will take place at the Kansas Relays on April 23rd, while a month later he will resume rivalry with Gunnar Nielsen at Los Angeles. Other good performances came in the 4 x 110 yards relay (40.6 by Texas University), long jump (Ellis 24'9¼", Beaufort 24'1¼", Moore 23'9¼"), and weight (Neider 53'10").

Over in Fresno, Lon Spurrier confirmed his world-beating form by clocking 1:50.5 for the 880. He passed 800 metres in 1:49.8. Fred Barnes cleared 14'4" while in the javelin Bud Held threw 250'2" to defeat Olympic champion Cy Young (242'5½") and Leo Long (227'5½").

M.W.

#### PAKISTAN

The fourth Pakistan Olympic Games took place at Dacca Stadium, East Pakistan from March 18 to 20.

On the first day, two Asian records were beaten. M. Ayub threw the discus 148'0", beating the previous record of 142'3½" created by Parduman Singh (India) last year; and Mobarak Shah improved upon the 10,000 metres record by 37 seconds—clocking 32:39.

The second day saw a new Pakistan long jump record of 23'1" by Imtiaz, while on the closing day Mohammed Iqbal broke the national hammer record and Naik Wadi Khan set new pole vault figures.



The winning team from London Olympiades in their own Road Relay at Alperton. L. to R.: Helen Vincent, Enid Vivian (Harding), M. Ricketts and J. Timbs.

E. D. Lacey

The Quaid-i-Azam trophy for the best team was retained by the Army, with East Pakistan second and Punjab third.

### AUSTRALIA

Shape of things to come . . . ?

In what were 14m. 29.6s. in 5000m. time virtually only training runs, Dave Stephens clocked 14min. 29.6sec. for 5000 metres on March 23rd; and three days later 13:54.6 for 3 miles—both in Melbourne.

The 5000 metre time was a new Australian home record—5.8sec. faster than the 1953 time set by Les Perry, who, however, still remains Australia's fastest with 14:23.6 in the 1952 Olympic final.

It was run in a twilight meet, ruined by heavy rain and excessive humidity. Naturally, the track was "dead"; although without the heavy atmosphere it would have been good.

Stephens' 3 miles was part of a mixed sports carnival. He cruised along comfortably all the way. His only other recent run was 2 miles in 8min. 58sec., at Seymour (60 miles north of Melbourne) on March 13th.

Stephens, right into his winter work, is to have one more race—the Victorian 5000 metres championship at Bendigo on Easter Monday evening. This track, although grass, is very lively; so everything else being in order, Dave could do something sensational.

I feel it is too soon, but others are confident. Dave's opinion on the matter I have not sought. Pressuring him into record tries is all wrong—we had too much of it in the case of John Landy in 1953-54.

A good junior distance prospect is Ron Clarke, age 17, of Melbourne, who has established three national under 19 marks recently—1500 metres 4min. 4.8sec., 3000 metres 8min. 54.4sec., and 2 miles 9min. 17.8sec.

The latter time was made at Bendigo on

March 19th, behind Geoff Warren (9:13.4), and ahead of Neil Robbins (9:18.4). Clarke's best mile time is 4min. 19.4sec. Before his record, his best 2 miles was 9:50.6—a decent sort of an improvement.

In Sydney on March 19th, Tony Kenk set a N.S.W. state discus throw record of 145ft. 10 $\frac{1}{2}$ in.; a performance bettered in Australia only by Ian Reed.

Ron Gray set a Personal-best hop, step and jump of 48ft. 6 $\frac{1}{2}$ in. He is the fourth Australian to better 48ft. this season—good, but not to be compared to the pre-war era, when there were four 50ft.-plus men.

### WORTHING ROAD RELAY

1, Thames Valley H. "A" (E. Elderfield 12.56, A. Dennis 12.34, K. Norris 11.32, J. Cameron 12.07, A. Ingles 11.58, E. Ellis 12.08) 73.15 (rec.).

2, Ilford A.C. "A" (A. Mills 12.22, D. Owers 12.20, A. Tiffin 12.21, H. Catton 13.17; A. Wilson 12.14, R. Shuttleworth 12.40) 75.14.

3, Aylesford P.M.S.C. "A" (D. Turrell 12.31, P. Blakoston 12.58, F. Sando 11.37, J. Winch 12.45, S. Acott 12.49, J. Charlesworth 12.59) 75.39.

4, Eastleigh "A" 75.41; 5, Finchley 76.11; 6, Portsmouth "A" 76.17; 7, Brighton "A" 76.40; 8, Horsham BSH "A" 77.12; 9, T.V.H. "B" 77.29; 10, Epsom and E. "A" 78.23; 11, T.V.H. "C" 79.04; 12, Portsmouth "B" 79.19; 13, Aylesford P.M. "B" 79.36; 14, Ilford "B" 80.12; 15, Worthing "A" 80.13; 16, T.V.H. "D" 81.57; 17, Epsom and E. "B" 82.07; 18, Portsmouth "C" 82.22; 19, Ilford "C" 83.15; 20, Brighton "B" 84.10; 21, R.N.A.C. (S) 87.15; 22, Worthing "B" 87.15; 23, T.V.H. "E" 89.19; 24, Horsham BSH "B" 92.08.

**Fastest laps:** 1, K. Norris (T.V.H.) 11.32 (rec.); 2, F. Sando (A.P.M.) 11.37; 3, H. Foord (Brighton) 11.46; 4, A. Ingles (T.V.H.) 11.58; 5, T. Dobson (Eastleigh) 12.04; 6eq., T. Porter (Portsmouth) and J. Cameron (T.V.H.) 12.07.

### CITY OF CAMBRIDGE

#### WHIT-MONDAY GALA

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

#### On Cambridge City F.C. Ground

#### OPEN EVENTS — TOP PRIZES

**MEN**—100, 220, 880, mile, 3 miles, 2 mile walk handicaps.

**LADIES**—100, 220yds. handicap, 4 x 110 relay. Also School races and Open Cycling Events

**Entries**—(1/5 first, 1/- additional, 4/- relay) close 16th May, to G. E. Smith, 203 Gilbert Road, Cambridge.

### A REMINDER TO INTENDING COMPETITORS

7th MAY, 1955

#### CHICHESTER TO PORTSMOUTH

#### 16 Miles Open Road Race

(Under A.A.A. Laws)

Entries Close 23rd April 1955

**Fees**—Individuals (for Handicap Purposes) 3/-. Teams 5/- to A. Gibb, 8 Magdalen Ct., 355 London Rd., Portsmouth, Hants.

**AWARDS**—1st, 2nd, 3rd Scratch, 1st, 2nd, 3rd H'cap. 1st, 2nd 3rd Teams, Consolation Prize List, Veterans' Prizes.

No Late Entries Please

# LONG DISTANCE WALKING

By

*ERNEST NEVILLE*

NATURE has provided the human race with the equipment which gives everyone the possibility of walking, which is the right kind of action to exercise the great external muscular system of the body, particularly the lower extremities. No exercise is equal to walking in its beneficial results upon the circulatory system controlling the flow of blood throughout the body and as an aid to the preservation of good health.

The real benefit from walking is found particularly when it is daily, systematically and seriously undertaken. It therefore follows that the preparation for a 100 Miles walking race, the training for which should be walking 100 miles per week, creates the necessary incentive to perform the daily walks.

Race Walking does not necessitate a competitor departing from the method of walking which he ordinarily uses and the feat of walking from London to Brighton and Back in 24 hours can be accomplished by the ardent stroller, in fact quite a number of Centurions have been enthusiastic strollers who ordinarily did not compete in races.

**Hints:** In a long distance walking race every effort should be made by the competitor to walk with the least possible exertion. To achieve this I suggest the following:

- (a) The body should be carried in an easy upright position.
- (b) The head should be held in an erect position, not drooped towards either shoulder.

- (c) The eyes should look straight ahead.
- (d) The feet, when being carried forward, should skim the ground and thereby avoid jolts or jars when reaching the ground.
- (e) The rear foot must retain contact with the ground until the front foot makes contact, i.e., unbroken contact with the ground must be maintained.
- (f) The length of the proper stride to be taken by the legs depends upon the height of the man and length of his legs. Generally the length of the stride should be a little less than the distance a man can reach when his legs are thoroughly stretched out and poised, i.e., on the heel of the front foot and the toe of the rear foot.
- (g) The shortest distance between two points being a straight line, a walker should endeavour to walk as near as conveniently possible in a straight line.
- (h) The arms should be used as a counterpoise to the legs and should be swung in rhythm with the movement of the legs.
- (i) The hands should not be clenched. Turning the thumb inwards towards the palm of the hand is a convenient method of avoiding clenching the fist.

## LONDON TO BRIGHTON AND BACK OPEN WALKING RACE

(About 104 5/8 miles)

(Under A.A.A. Laws and R.W.A. Rules)

Starting near Coulsdon Hall at 6 p.m., on Friday, the 1st July, 1955

Organised by the Surrey Walking Club and sponsored by the "Sunday Dispatch"

Particulars of the Race can be obtained from A. I. Bell, 13 Trenholme Terrace, Anerley Park, London, S.E.20; or Ernest Neville, 2 Stanton House, St. Mark's Hill, Surbiton, Surrey (Elmbridge 5168).

## LETTERS—contd.

true amateur sportsmen, who, by comparison, regard me as a youngster, and yet can turn in a better performance.

Yours truly,

**F. C. Mountfort, Flt./Lt.**  
Hon. Sec., Cross-Country,  
R.A.F. Athletic Association

In other letters readers have praised Mr. Coleman's "timely remarks," as one writer put it.

Mr. Coleman was not, I feel sure, referring to the organisers, but the pathetic interest and effort put into it by the non-athletic participant in such cross-country "turn-outs." Personally, I would suggest that the reason for this is merely our so-called "civilisation," with its many attractions such as dance halls, cinemas, television, etc., and a surfeit of public transport which assists the madly rushing Westerner of the towns in becoming soft and flabby unless he is sports minded and engages in some athletic pursuit—Ed.

## FAIR COMMENT

Dear Mr. Editor,

This is the first occasion I have written to "Athletics Weekly," and I am glad to say my remarks are complimentary.

I am writing to express my appreciation of the article "We Must Wake Up," by M. D. Coleman, which I think is fair comment, and once again spotlights the distorted and deplorable reporting of our sport by the so-called popular daily Press.

Finally, I would like to wish "Athletics Weekly" a thriving and even more successful future.

Yours sincerely,

**G. Hayner,**  
East Cheshire H. & A.C.

Dear Sir,

Whilst I can agree with the main theme of Mr. M. D. Coleman's quite excellent article: "We Must Wake Up," I cannot let him get away with his generalisation about "sensible reporting of athletics."

Has Mr. Coleman never heard of "World Sports," or does he consider that Messrs. Abrahams, Crump and Dyson do not report sensibly on athletics?

The first two named also cover athletics for the "Sunday Times" and "Daily Telegraph" respectively, and again I cannot accept the inference that they do not report as well as any other writer on the subject.

This is not in any way suggesting that "Athletics Weekly" is not the leading magazine of its type in the country. In fact the danger is in taking it for granted.

Yours faithfully,

**R. C. Normandale**

An open invitation is extended by South London H. to anybody who would like the opportunity of early season competition in the following events, to be held as part of Club Trials at Battersea Park Track on Saturday, 30th April, starting 2.45 p.m.: 120 Hurdles (Senior, Junior and Youth); 440 Hurdles; Pole Vault; 1 Mile Steeplechase. A. P.C. to W. D. Thomas, 14 St. Barnabas Rd., Mitcham, Surrey, notifying intention to compete, will suffice.

\* \* \*

Owing to the fact that the A.A.A. Senior Relays and Marathon will not, after all, be held in the North this year, the date of the Belgrave 20 Miles Open Road Race has been altered to Saturday, 20th August.

### Brotherhoods Works Sports Club

7th ANNUAL

### MARATHON RACE

Brotherhoods Sports Ground

Lincoln Road, Peterborough

Whit-Monday : May 30th, 1955

3.15 p.m. start

£100 Individual Trophy. £60 Team Cup.

1st, 2nd, 3rd Cups; 4th, 5th, 6th, 7th,

8th Plaques. 1st, 2nd, 3rd Team Medals.

Entrance Fee: 3/- Individual; 9/- per team.

Hon. Marathon Secretary, Peter Roy, 288

Padholme Road, Peterborough.

### HAMPSHIRE CONSTABULARY ATHLETIC SPORTS MEETING

Saturday, 18th June, 1955

Fleming Park, Eastleigh

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

OPEN EVENTS include Tug-of-War, Sprints,  
Distance and Ladies' Relay Events.

ENTRIES CLOSE—6th JUNE, 1955

Full details from Supt. J. T. Canfield,  
Police Station, Eastleigh, Hants.

## ILFORD YOUTHS' RELAY

Consistent running throughout and a storming last lap by Heiberg brought its own reward when Woodford Green won the Ilford Youths' Relay at Chigwell Row on April 2nd.

Somewhat surprisingly, Watford (Wiggs 9.25) had a five second lead at the end of lap 1, but dropped back to 5th on the next circuit, when Southgate had taken over the lead through Barnard. Cambridge H., who were last on the first lap, moved up eight places to 7th, thanks to a fine run by Roberts.

Woodford, who had moved up from 6th to 2nd, went ahead on lap three and were 4sec. in front at the changeover, with Shaftesbury a further 10sec. away in third place.

The leaders increased their lead on the fourth lap and a Heiberg's run clinched the issue. Ricketts of Ilford ran even faster on the final circuit and made best time of the afternoon with 9.17.

1, Woodford Green A.C. (Davis 9.49, Davidson 9.37, Wiseman 9.43, Meddings 9.43, Heiberg 9.20) 48min. 12sec.

2, Southgate H. (Coward 9.35, Barnard 9.44, Worthington 9.54, Rookes 9.48, McIlwain 9.26) 48min. 27sec.

3, Essex Beagles (Campbell 9.30, Rawe 9.58, Kemp 10.02, Tobwell 9.50, Dew 9.36) 48min. 56sec.

## NORTHERN COUNTIES WOMEN'S A.A.A. 1955 CHAMPIONSHIPS

to be held on

Saturday, June 11th, 1955, at 2.30 p.m.

at the Municipal Track,

Temple Newsam, Leeds

(Under Women's A.A.A. Rules)

### SENIOR EVENTS

- |                  |                 |
|------------------|-----------------|
| 1. 100 Yards     | 7. 80M. Hurdles |
| 2. 220 Yards     | 8. Javelin      |
| 3. 440 Yards     | 9. Shot         |
| 4. 880 Yards     | 10. Discus      |
| 5. One Mile      | 11. High Jump   |
| 6. One Mile Walk | 12. Long Jump   |

### JUNIOR EVENTS

- |               |                       |
|---------------|-----------------------|
| 13. High Jump | 15. 100 Yards         |
| 14. Long Jump | 16. 4 x 110yds. Relay |

**AWARDS**—Association Medals for 1st, 2nd and 3rd in each event 1 to 15. Association Medals for 1st, 2nd and 3rd teams in event 16. Association Bronze Medals awarded to competitors attaining standard.

**TROPHY**—The H.S. Finney Trophy to be presented to the winning Relay Team and held by them for 12 months. In the case of Junior Relay Championship, only affiliated clubs are eligible to compete.

**ENTRANCE FEES**—Senior Events 2/- each. Junior 100yds., High and Long Jumps, 1/6 each. Junior Relay 5/- per team.

**ENTRY FORMS** and further particulars from Mrs. M. Harris, 9 Margrove Road, Salford, 6. Entries close May 21st.

4, Shaftesbury H. 49.31; 5, Ilford A.C. 49.34; 6, Belgrave H. 49.48; 7, Watford H. 50.04; 8, Ruislip & N. 50.17; 9, Belgrave "B" 50.55; 10, Woodford "B" 51.00 and Herne Hill 51.00; 12, Eton Manor 51.06; 13, Cambridge H. 52.02; 14, Southall A.C. 53.28. 16 started. 14 finished.

**Fastest times:** Ricketts (Ilford 9.17; Heiberg (Woodford) 9.20; Wiggs (Watford) 9.25; McIlwain (Southgate) 9.26; Roberts (Cambridge H.) 9.28; Campbell (Essex B.) 9.30.

### Shaftesbury H. 6M. Track Championship.

1, D. J. Wheatley 31.07; 2, E. V. Pearce 31.48; 3, H. J. Ashton 32.26; 4, J. Cunningham 32.35; 5, J. Chaplin 33.10; 6, B. Roberts 34.06.

### Hammer Circle Invitation Meeting.

1, D. W. J. Anthony (Poly.) 173'3"; 2, C. A. Harper (Birchfield) 164'10"; 3, J. J. Butterfield (Camb. H.) 146'10"; 4, D. S. Mann (LAC) 143'2"; 5, P. L. Porter (Belgrave) 142'5"; 6, J. A. Pullinger (Gosforth) 139'4" (Pullinger is a Junior but entered in Senior event). **Junior Youths:** 1, J. Deane (Arborfield AAS) 147'0"; 2, L. M. Hall (TVH) 137'5"; 3, M. Gillingham (Preston Manor Sch.) 128'5"; 4, I. T. Roper (LAC) 128'2"; 5, P. Jackson (TVH) 126'6"; 6, G. M. Edwards (Richmond GS) 125'7".

### 2nd T.A.F. 64M. Championship, at R.A.F.,

Bruggen. 1, LAC Boothman (Bruggen) 32.25; 2, LAC Thompson (Geilenkirchen) 32.55; 3, LAC McFall (Fassberg) 33.12; 4, SAC Reeves (HQ(U) 2 TAF); 5, LAC Murphy (Fassberg); 6, LAC Wild (Geilenkirchen); 7, Cpl. Harrington (HQ(U) 2 TAF); 8, Sign. Evans (HQ(U) 83 Group); 9, SAC Eves (Fassberg); 10, J/T Wright (Ahlhorn). **Teams:** 1, Fassberg 83pts.; 2, HQ(U) 83 Group 100; 3, Bruggen 145.

### Essex Beagles 10M. Road Championship.

1, B. Hames 56.15; 2, D. Anderson 60.58; 3, L. Robins 65.31. **H'cp:** 1, D. Anderson (5.00) 55.58; 2, B. Hames (0.15) 56.00.

*Continued on back page*

Ex-GOVERNMENT 1/5 Sec.

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# Scottish News

By W. Diverty

THE Scottish Marathon Club's first road race of the season was held at Springburn H. quarters at Bishopbriggs. Marathon Champion Joe McGhee (Shettleston H.) was a comfortable winner by about 700 yds.

At 5½m., McGhee was leading by nearly 300 yds. from G. King (Greenock W.H.) with T. D. Reid (Larkhall) and H. Howard (Shettleston) running together 150yds. behind King. With 7½m. covered, McGhee had increased his lead to 400yds., while at 10m. this lead was up to nearly 700yds., and his time was 55m. 50s. At this stage G. King was still in second

place, while T. Reid had drawn away from H. Howard to finish 3rd, 150yds. behind King.

1, J. C. McGhee (Shettleston H.) 1h.4m.33s.; 2, G. C. King (Greenock W.H.) 1h.6m.43s.; 3, T. D. Reid (Larkhall) 1h.7m.36s.; 4, H. Howard (Shettleston H.) 1h.8m.46s.; 5, J. E. Farrell (Maryhill H.) 1h.8m.58s.; 6, A. Fleming (Cambuslang H.) 1h.10m.22s. T. D. Reid won the handicap with allowance of 6m.

**Paisley H. 4M. Handicap** — 1, W. McNeil (1.0) 23m.1s.; 2, W. Smith (2.30) 23m.12s.; 3, J. Sellar (1.45) 23m.20s.

## SCOTTISH NATIVE RECORDS—Standard Events, 1/10/54

(Where differing from All-Comers' Records).

|          |           |                                     |                |         |
|----------|-----------|-------------------------------------|----------------|---------|
| 100yds.  | 9.8s.     | W. Jack, Victoria Park A.C.         | Westerlands    | 20/5/52 |
| 220yds.  | 21.6s.    | E. H. Liddell, Edin. Un.A.C.        | Craiglockhart  | 16/6/23 |
| 440yds.  | 48.4s.    | W. Halswell, H.L.I.                 | Celtic Park    | 1/7/08  |
| 880yds.  | 1m.53.6s. | J. C. Stothard, Achilles A.C.       | Hampden Park   | 22/6/35 |
| 1 mile   | 4m.11.2s. | A. D. N. Breckenridge, Vict.Pk.A.C. | Ibrox Stadium  | 13/6/53 |
| 2 miles  | 8m.58.4s. | I. Binnie, Victoria Park A.C.       | Ibrox Stadium  | 1/8/53  |
| 3 miles  | 14m.0.2s. | I. Binnie, Victoria Park A.C.       | New Meadowbank | 25/6/54 |
| 120y. H. | 15.3s.    | J. G. M. Hart, Edin. Un.A.C.        | Hampden Park   | 25/6/49 |
| P.V.     | 13'6¼"    | N. G. A. Gregor, Kent Const.        | Ibrox Stadium  | 7/8/54  |
| H.J.     | 6'7½"     | A. S. Paterson, Victoria Pk. A.C.   | Ibrox Stadium  | 2/8/47  |
| L.J.     | 23'5½"    | K. S. Duncan, Achilles A.C.         | Hampden Park   | 29/6/35 |
| H.S.J.   | 47'2"     | A. S. Lindsay, Shotts A.C.          | Murrayfield    | 3/9/49  |
| S.P.     | 46'7½"    | T. A. Logan, Renfrew Const.         | New Meadowbank | 25/6/54 |
| J.T.     | 203'8½"   | D. W. R. Mackenzie, Fld. Evts. Cl.  | New Meadowbank | 26/6/54 |
| D.T.     | 155'3"    | H. Duguid, Edin. Un.A.C.            | Craiglockhart  | 12/5/51 |
| 2m. Walk | 14m.6.4s. | C. McLellan, Shettleston H.         | Ibrox Stadium  | 30/5/25 |

## SCOTTISH NATIVE RECORDS—Non-Standard Events, 1/10/54

(Where differing from All-Comers' Records).

|                  |           |                                                                                      |                |         |
|------------------|-----------|--------------------------------------------------------------------------------------|----------------|---------|
| 75yds.           | 7.8s.     | J. Crawford, Shettleston H.                                                          | Helenvale Park | 1/7/30  |
| 120yds.          | 11.6s.    | A. McCorquodale, London A.C.                                                         | Hampden Park   | 26/6/48 |
|                  | 11.6s.    | W. Jack, Victoria Park A.C.                                                          | Helenvale Park | 10/6/52 |
| 150yds.          | 15.0s.    | A. R. Downer, Edinburgh H.                                                           | Powderhall     | 28/5/95 |
|                  | 15.0s.    | E. H. Liddell, Edin. Un.A.C.                                                         | Powderhall     | 15/7/22 |
| 300yds.          | 31.2s.    | W. Halswell, H.L.I.                                                                  | Hampden Park   | 20/6/08 |
| ¼ mile           | 3m.4.6s.  | R. Graham, Maryhill H.                                                               | Celtic Park    | 1/8/35  |
| 1½ mile          | 6m.36.5s. | T. M. Riddell, Shettleston H.                                                        | Helenvale Park | 2/7/35  |
| 2hrs. run        | 20m.908y. | D. McL. Wright, Maryhill H.                                                          | Hampden Park   | 18/9/33 |
| 56lb. Wt.        | 36'2¼"    | A. Smith, Glasgow Police A.C.                                                        | Hampden Park   | 17/6/33 |
| H.(Scots Style)  | 120'5"    | G. E. Mitchell, Glasgow Police A.C.                                                  | Craiglockhart  | 23/6/28 |
| 1m. Walk         | 6m.45.6s. | R. Quinn, Bellahouston H.                                                            | Ibrox Stadium  | 11/6/10 |
| 1m. Medley Relay | 3m.31.7s. | Glasgow University A.C.<br>(T. B. Begg, R. M. Ward,<br>J. P. H. Paton, D. K. Gracie) | Helenvale Park | 26/6/50 |
|                  | 3m.31.7s. | Edinburgh Southern H.<br>(J. Smart, J. Dishington,<br>O. Hardmeier, J. Crow)         | New Meadowbank | 7/7/51  |

## ROAD RUNNERS' CLUB

### Additional Local Representatives

**Beds. and Hunts.** — V. J. F. Farrar, 390 Goldington Road, Bedford.

**Eire**—H. Cooney, 14 Raleigh Square, Dublin.

**Middlesex** — G. A. Haig, Lancaster Gate Hotel, Lancaster Gate, London, W.2.

**Northamptonshire**—R. W. Simpson, 3 Newbury Court, Northampton.

**Sussex** — F. A. Knott, 38 Orchard Avenue, Lancing, Sussex.

### Presentation

L. Butler, who in 1931 ran from Bristol to Weston-super-Mare and back (42 miles) in 5hr. 18min., has offered a Cup to the first person to beat his time. It is hoped to organise a race over the course in the near future. Anyone interested please contact P. W. Johnson, 40 Hill Grove, Henleaze, Bristol.

### I. of M. Road Race

It is proposed to hold a race round the T.T. Course in the Isle of Man, provided sufficient entries materialise, on Whit-Monday, 30th May. The distance is 37½ miles. Anyone in-

terested should write to A. J. Currie, 3 Dukes Road, Douglas, I. of M. Accommodation can be arranged for competitors on the Island.

### RESULTS—contd.

**Thurrock H.** beat **St. Clement's A.C.** and **Bata S.C.** combined 14pts. to 28. 1, R. Stebbing (St. C.); 2, R. Batty (T); 3, B. Coker (T).

**Herne Hill H. 6M. Road Championship.** 1, V. J. Fowle 33.14; 2, J. Heywood 33.15; 3, A. H. Towl 33.44; 4, A. Heywood 33.55; 5, G. R. Fisher 34.17; 6eq., G. Grayson and F. Cornforth 34.21.

**Kent A.C. 10M. Road Race.** 1, R. Hale 60.30; 2, J. Hill 63.01; 3, R. Gadd 66.52; 4, J. Wilson 70.26; 5, E. Furze 73.02.

**Ranelagh H. 3M. Road Race.** 1, J. Kirk (Scr.) 15.24; 2, B. Switzer (1.20) 15.35; 3, P. Leach (1.45) 15.41; 4, R. C. Hayward (5.40) 15.48; 5, N. H. Rider (6.00) 15.53; 6, L. J. Watson (2.55) 15.54.

**Rochdale H. and A.C. 8M. Championship.** 1, J. Salt 43.49; 2, A. Hughes 44.39; 3, E. Noble 44.48; 4, K. Docker 45.06; 5, J. Barker 47.51; 6, L. Bottemly 48.14. **H'cp:** 1, J. Barker (4.30) 43.21. **Boys 1½M.:** 1, A. Dewhirst 8.18; 2, D. Robinson 8.36; 3, D. Whittles 8.52; 4, D. Hussey 9.22. **H'cp.:** D. Robinson (0.30) 8.06.

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