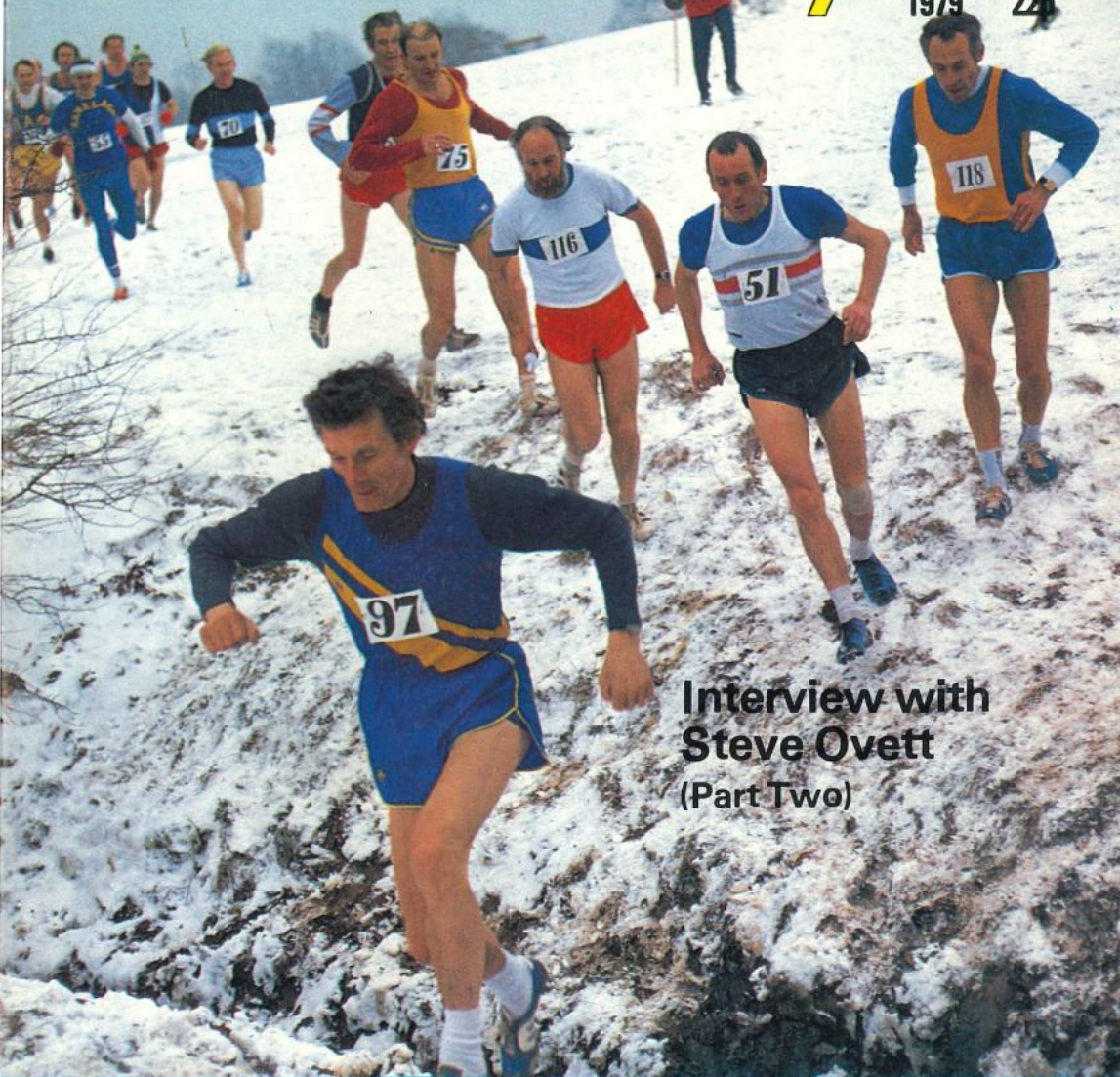


INCORPORATING: WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

athletics weekly

APRIL 14th
1979 22p



Interview with
Steve Ovett
(Part Two)

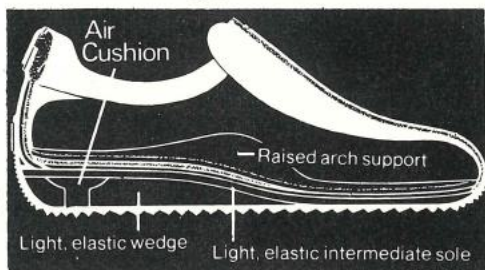
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weekly

Vol. 33 No. 15

APRIL 14th 1979

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COVER PHOTO

(By Mark Shearman)

Bill Fielding, the winner, leading in the National Veterans (Over-50) Cross-Country Championship.

THE WEEK AHEAD

Saturday, April 14th: Newport '10'; Bracknell Young Athletes Open Meeting; Liverpool H Young Athletes Meeting; Veteran's Road Race, Walthamstow; Women's Open Meeting, Uxbridge; 'Alpha-Beta' Women's Meeting, Enfield; Worthing Easter Parkland Relays, Lancing; Midland CWAAA Field Event & Walk Leagues; Essex Open 50km Walk, Basildon; Livingstone Road Relay, Melton Mowbray; Rivington Pike Race; Isle of Man Easter Athletic Festival.

Sunday, April 15th: 'Chippindale' Marathon, Huddersfield; Cambridge & Coleridge '10'; City of London Road Races; Crawley AC Open Track Meeting; Isle of Man Easter Athletic Festival.

Monday, April 16th: Bampton to Tiverton 8M Road Race; Easter Monday Road Races, Feltham; Burn Road '10', Hartlepool; Biggleswade Road Races; Pencoed Road Races; Picton House Relay Walks and Open '7', Gloucester.

Wednesday, April 18th: Highgate H Open

Meeting, Parliament Hill; W. Yorkshire Track & Field League, Cleckheaton; RAF v British Police v Civil Service 10M Walk, Henlow.

Saturday, April 21st: Longwood '10', Huddersfield; Solihull '10'; Stanwick '10', Wellingborough; Walthamstow Road Relays; Harborne Road Races; Scottish Veterans 7½M Road Race, Strathclyde Park; Southern Women's League; Cheshire League; Aberdare '5'; Rohm & Hass Road Races, Jarow; TVH v RAF, West London; Woodford Green v Met. Police, Woodford; Ealing & Southall Open Decathlon Meeting, Southall; Brighton to Steyning 20km Walk; Kent 20M Walk; National Post Office 15km Walk, Manchester.

ADVERTISERS

Advertisers of athletic events are reminded once again that they should book space required at least a month before the insertion date to avoid possible disappointment.

NICK ROSE WINS TEN-MILER IN 46:37

IN the absence of Brendan Foster, whose wife presented him with a daughter a few days earlier, and Mike McLeod, fifth in the Five Mills race in Milan the same day, the Barrow club were lucky to have such stalwarts as Nick Rose and Tony Simmons to provide the highlights in their annual 10 Miles Road Race, sponsored by Chas. Kendall (Turf Accountants) Ltd., on April 1st. A keen tussle was expected between the pair, particularly after Nick's great showing in the 'National' followed by Tony's fine run in the International at Limerick, but as it turned out the Bristol man had a comfortable win, taking a lead of some 20y on the first lap, increasing this to around 100y on lap 2 and having almost a minute to spare at the finish in excellent time.

Tony, who showed a return to something like his old form at Limerick after a winter of various physical set-backs, may not have fully recovered from the run in heavy mud the previous week, but managed to shake off the close attentions of Nick Brawn and Dennis Coates during the second lap and though the Invicta runner was never far away, he managed to hold on doggedly to second place on lap 3. Coates, a little short of training, dropped back in the second half of the race and John Woods of Liverpool led the chasing pack,

though Merv Brameld put in a strong finish to take fifth place.

Luton, with Dave Lockley and Mike Beevor giving good support to Tony Simmons, were comfortable winners of the team race from Irish visitors, Liffey Valley who also won the 'B' and Vets team awards, though it might have been a different story had not Richard Newble been forced to make a last minute withdrawal with a severe cold and Jon Wigley found on his return from Limerick that all his family had gone down with chickenpox — leaving Invicta with only two runners. Gateshead also had a winning team on paper but had no-one to back up Coates.

Margaret Lockley, running really well, was an easy winner of the women's race, beating many useful male club runners and slicing a huge chunk off the race record with 57:24. The Boys' race over 3 miles was a close run affair with Howarth of Leigh only just holding off Seddon of Blackpool at the finish. Champion of Preston not only took the 1st U/15 award in 5th place but also led Preston to a clear team win with three in the first ten.

It was a pity that a pre-race administrative slip-up was responsible for an aggrieved Blackpool contingent leaving long after the races had finished without Seddon having received his

EAST HULL HARRIERS & A.C.

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AFOS 20 MILE ROAD RACE

(Under A.A.A. Laws)

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Humberside County 20 Mile Championship
and Yorkshire County 20 Mile Championship

AT HULL ON SUNDAY, 27th MAY

Start 2.00 p.m.

£200 PRIZE LIST

Prizes: First 20 Individuals, first 3 Vets O/40, O/45, O/50., first Vet O/60. First 3 Teams, first Vets Team (3 to score).

Entries: 50p per Individual (no team fee) to Race Secretary Peter Dearing, 1 Collynson Close, Willerby, Hull, North Humberside HU10 6AS (Office Tel: 0482 25796).

Programme sent to all entrants, result sheet on day, time certificates to all finishers.

Generous sponsorship received from Afos Ltd., Heating Apparatus Manufacturers, Anlaby, Hull. Flat course — Overnight accommodation available.

Course record — 1:41:58 B. Plain Cardiff 1976.

ENTRIES CLOSE THURSDAY, 17th MAY

EAST HULL HARRIERS & A.C.

THIRD ANNUAL
CONTINENTAL STYLE

FIVE MILE ROAD RACE

(Under A.A.A. Laws)

& Second Annual

LADIES FIVE MILE ROAD RACE

(Under A.A.A. Laws)

SUNDAY, 3rd JUNE, 1979

Start 11.30 a.m.

Accurate Course on traffic free one mile lap
in old part of Town Centre

OPEN MEN'S RACE: Prizes to first 12 Individuals, first 3 Vets 40-44, first 3 Vets 45-49, first Vet 50 and over, first 3 Teams (3 to score).

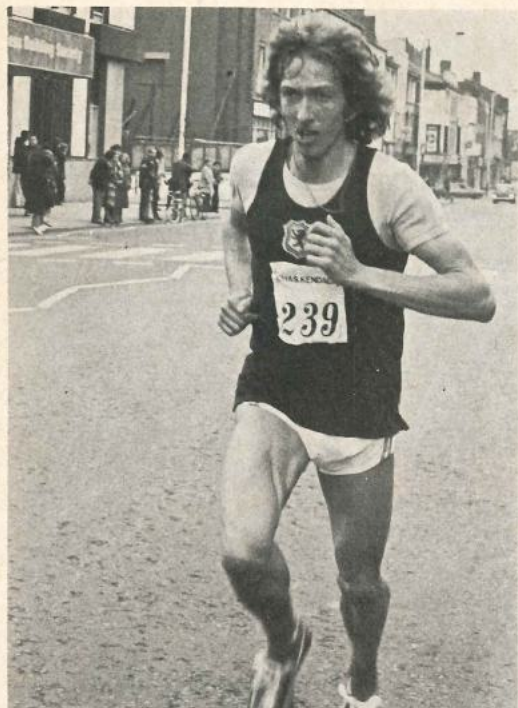
OPEN LADIES RACE: Prizes to first 6 Individuals with Team Prize if sufficient entries.

ENTRY FEE: 40p per Individual, no Team fee.

ENTRIES to P. Dearing, 1 Collynson Close, Willerby, Hull HU10 6AS (Office Tel: 0482 25796).

ADVANCE PROGRAMME SENT TO ALL ENTRANTS
CLOSING DATE THURSDAY, 24th MAY

Sponsored by Stewart Batch Leathers, Hull



Nick Rose in action on his way to winning the Chas Kendall '10' in 46:37.

Peter Williams

runners-up award in the Boys' race. After all the hard work and not inconsiderable expense put into this event by Race Secretary Chris Wood, the Barrow club's President Les Rigg and his wife Kate, and their many helpers, this was an unfortunate end to an otherwise well organised meeting enjoyed by the usual enthusiastic crowd. But it was ensured that it won't happen again — the awards for the Boys' race will be presented during the first lap of the Senior event — and another couple of minor improvements will be made next year in connection with awards and results to improve still further one of the most popular road races in the North.

The midnight sprint up the hill and around the green was held as usual after — or during! — the Barrow President's party later in the evening. Having just got over a throat infection I did not partake this year but acted as handicapper and starter — it was won by Mark Elsdon, the former Powderhall mile winner and recently reinstated Teviotdale Harrier, from Mel Batty who led for most of the way. John Riley was missed this year — his Irish songs are always popular — but a coming addition to the family kept him out of the Liffey Valley contingent.

"Jimmy" Green

1, N. Rose (Bristol)..... 46:37
 2, A. Simmons (Luton)..... 47:35
 3, N. Brawn (Invicta)..... 47:54
 4, J. Woods (Liv) 48:29; 5, M. Brameld (Inv) 48:34; 6, D. Coates (Gat) 48:39; 7, I. Elliot (ESH) 48:59; 8, G. Staunton (Lif. V) 49:11; 9, G. Ogden (High) 49:50; 10, P. Ravalid (Horw) 49:56; 11, W. Foster (Harr) 50:00; 12, D. Lockley (Lut) 50:00; 13, P. McCullagh (Leeds U) 50:03; 14, R. Sinclair (Sheff) 50:08; 15, D. Brennan (Warr) 50:15; 16, C. Leigh (Wig-V) 50:28; 17, B. Lloyd (Wig) 50:30; 18, J. Calvert (B'burn) 50:35; 19, M. Elsdon (Tev) 50:43; 20, M. Beavor (Lut) 50:46; 21, M. Colman (Lif. V) 51:31; 22, G. Entwistle (Man) 51:38; 23, M. Hodson (Man-J) 51:49; 24, M. Wakefield (Bol) 51:56; 25, J. Gaughin (Lif. V) 52:00; 26, A. Ascott (Liv) 52:01; 27, K. Robinson (Ken) 52:02; 28, C. Webb (Unatt) 52:02; 29, D. Francis (West) 52:10; 30, P. Clark (Liv) 52:11; 31, G. Woodburn (B'burn) 52:14; 32, N. Hanratty (Lif. V) 52:21; 33, A. Ramsbottom (Clay-V) 52:23; 34, G. Mason (Barr) 52:37; 35, D. Orme (Leeds U) 52:41; 36, B. Boxen (Man) 52:52; 37, K. Pailing (Leeds) 52:57; 38, A. Taylor (Ken-J) 53:06; 39, D. De Savigny (High) 53:09; 40, I. Rawlinson (B&F) 53:21; 41, S. Williams (E. Ches) 53:24; 42, A. Brown (L&M) 53:28; 43, F. Day (E. Ches) 53:29; 44, B. Todd (Cum) 53:31; 45, Geoff Entwistle (Man-V) 53:37; 46, S. Grimes (Horw) 53:43; 47, E. Maloney (Wig) 53:56; 48, R. Simpson (Liv) 54:01; 49, J. Hogg (Barr) 54:05; 50, K. Turner (B'burn) 54:07; 51, S. Woods (Leeds U) 54:13; 52, J. Reade (Clay) 54:21; 53, M. Winstanley (L&M) 54:28; 54, D. Rawlings (Barr) 54:30; 55, P. Whitney (Leeds U) 54:45; 56, M. Selby (Bol) 54:50; 57, C. Windle (Bing) 54:59; 58, G. Smith (Bol) 55:06; 59, G. Kavanagh (Lif. V-V) 55:11; 60, D. Clemenson (Bing-V) 55:15. **Teams:** 1, Luton 34; 2, Liffey Valley 54; 3, Liverpool 60; 4, Wigan 80; 5, Manchester 81; 6, Blackburn 99; 7, Leeds Univ. 99. **'B' Team:** Liffey Valley. **Vets Team:** Liffey Valley. **(Women):** 1, M. Lockley (Lut) 57:24 (Record); 2, C. Chapman (Bol) 59:54; 3, M. Chambers (ESH) 63:32.

Boys 3 Miles

1, J. Howarth (Leigh) 17:19; 2, G. Seddon (B&F) 17:23; 3, C. Roberts (Ken) 17:31; 4, N. Thorburn (Furn) 17:38; 5, J. Campion (Pres) 17:47; 6, S. Murgatroyd (Clay) 17:48; 7, J. Robinson (Bing) 17:55; 8, K. Kinchington (Pres) 18:11; 9, M. Harrison (Pres) 18:18; 10, J. Boylan (Barr) 18:20; 11, M. Richards (Barr) 18:25; 12, D. Shorolk (L&M) 18:26; 13, A. Grime (L&M) 18:30; 14, S. Sutcliffe (L&M) 18:38; 15, A. Doll (Pres) 18:51. **Teams:** 1, Preston 22; 2, Lancaster & M 39; 3, Clayton 44; 4, Kendal 45; 5, Barrow 51.

Lincolnshire track and field champs will be held at Yarborough Sports Centre on May 12/13. Details from D. Wilson, 15 St. Helen's Close, Grantham, Lincs (tel. 0476 66027).

BIRMINGHAM & DISTRICT LEAGUE**February 17th****Division 1, at Dartmouth HS**

1, R. Smedley (Birchfield)..... 27:05
 2, R. Partridge (Birchfield)..... 27:14
 3, A. Holden (Tipton)..... 27:16
 4, T. Wright (W&B) 27:24; 5, G. Harvey (Staffs M) 27:44; 6, M. Kearns (Tip) 27:48; 7, S. Fowler (Staffs M) 27:50; 8, R. Maule (Cov) 27:51; 9, B. Cole (Tip) 27:53; 10, B. Martyniuk (Birm. U) 27:55; 11, J. Wheway (W&B) 27:59; 12, R. Cytiau (Tip) 28:07; 13, J. Wright (Tip) 28:11; 14, P. Banks (Cov) 28:14; 15, C. Brown (Cov) 28:15; 16, P. Bowler (Staffs. M) 28:19; 17, P. Griffiths (Tip) 28:20; 18, B. Bowler (Staffs. M) 28:21; 19, K. Fradley (Stoke) 28:23; 20, D. Nicholl (W&B) 28:24; 21, J. Potts (Birch) 28:29; 22, R. Tilling (Birch) 28:35; 23, M. Hill (Gloucs) 28:37; 24, D. Lavelle (Cov) 28:41; 25, M. Bardsley (Birch) 28:42; 26, S. Carter (Cov) 28:48; 27, M. Hedges (B&R) 28:48; 28, M. Pickering (Birch) 28:51; 29, J. Hipwood (W&B) 28:56; 30, E. Kelly (Cov) 29:06. Teams: 1, Tipton 60; 2, Birchfield 99; 3, Coventry 122; 4, Staffs. Moorlands 141; 5, Wolverhampton & B 163; 6, Birmingham Univ. 198. **Final placings:** 1, Brown 34. Teams: 1, Tipton 358; 2, Coventry 392; 3, Birchfield 487; 4, Staffs Moorlands 587; 5, Wolverhampton & B 681; 6, Birmingham Univ. 729. (**Young Athletes:** 1, D. Bennett (Birch) 20:07; 2, R. Ellerton (Staffs. M) 20:16; 3, M. Hurst (Stoke) 21:00; 4, S. Chandler (Stoke) 22:21; 5, D. Batstone (Cov) 22:35; 6, R. Finney (Stoke) 22:59. Teams: 1, City of Stoke 13; 2, Coventry 28; 3, Gloucester 36. **Final placings:** 1, Ellerton 5. Teams: 1, City of Stoke 65; 2, Gloucester 99.

Division 2, at Solihull

1, J. King (S. Hth) 29:12; 2, P. Baker (Spark) 29:54; 3, M. Downes (Cann) 30:07; 4, P. Haywood (Worcs) 30:11; 5, S. Willmott (Cann) 30:12; 6, N. Jinks (Worcs) 30:21; 7, J. Thornbury (Spark) 30:26; 8, T. Redman (Leam) 30:33; 9, A. Harding (Spark) 30:37; 10, R. O'Hara (Spark) 30:47. Teams: 1, Sparkhill 55; 2, Worcester 69; 3, Leamington 188; 4, Newcastle 201; 5, Small Heath 263; 6, Cannock Chase 271. **Final placings:** 1, Haywood 11. Teams: 1, Worcester 344; 2, Sparkhill 398; 3, Small Heath 670; 4, Newcastle 791; 5, Leamington 843; 6, Stafford 992. (**Young Athletes:** 1, P. Davies-Hale (Cann) 21:04; 2, K. Hack (Rug) 21:28; 3, E. Twohig (Leam) 21:31; 4, J. Taylor (Rug) 21:55. Teams: 1, Rugby 11; 2, Worcester 34; 3, Leamington 39; 4, Sparkhill 41. **Final placings:** 1, Davies-Hale 4. Teams: 1, Rugby 61; 2, Halesowen 182; 3, Sparkhill 199; 4, Newcastle 209.

Division 3, at Tamworth

1, D. Jackson (Tel) 31:20; 2, C. Routledge (Nun) 31:52; 3, D. Eades (D&S) 31:56; 4, E. McLaughlin (Stour) 32:00; 5, I. Crilly (Tel) 32:01; 6, J. O'Rourke (Tel) 32:11; 7, E. Williams (Shrew) 32:14; 8, R. Morris (Shrew) 32:24; 9, P. Sanderson (Tel) 32:34; 10, K. Lane (Burt) 32:36. Teams: 1, Telford 60; 2, Shrewsbury 92; 3, Dudley & S 162; 4, Stourport 217. **Final placings:** 1, Jackson 16. Teams: 1, Telford 329; 2, Shrewsbury 470; 3, Dudley & S 662; 4, Warley 666. (**Young Athletes:** 1, P. Black (Tam) 16:25; 2, S. James (Nun) 16:42; 3, P. Boxall (Tam) 18:05. Teams: 1, Bridgnorth 15; 2, Nuneaton 17. **Final placings:** 1, Black 5. Teams: 1, Nuneaton 73; 2, Bridgnorth 76.

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It was M. Tucker, not G. Churchill, who finished 1457th in the National, representing Sun Life AC.

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25th APRIL, 1979**

at
20.00 Hours

ENTRY FORM and 60p fee to:

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Southern Counties A.A.A. Offices,
70 Brompton Road,
London SW3 1EE.

**ENTRIES CLOSE THURSDAY,
19th APRIL**

**English Schoolboys
CC Championships**

At Leicester, March 24th

1, J. Walsh (Surrey)	28:18
2, K. O'Connell (Lancashire)	28:24
3, M. Rolfe (Essex)	28:32
4, C. Dagnall (Mersey) 28:36; 5, D. Pemberton (W Mid) 28:44; 6, C. Robinson (Der) 28:49; 7, M. Smith (Lancs) 28:51; 8, A. Bristow (Sx) 28:53; 9, J. Sharp (Avon) 28:57; 10, A. Deighton (Mx) 28:59; 11, P. May (N'd) 29:00; 12, C. Brittain (Gtr Man) 29:03; 13, K. Fahey (H&W) 29:04; 14, P. Naisbett (N'd) 29:07; 15, G. Heslop (Leics) 29:08; 16, M. Hurst (Staffs) 29:09; 17, J. Blair (N'd) 29:09; 18, C. Bromhall (Ox) 29:09; 19, N. Clark (Dur) 29:12; 20, J. Buckner (Notts) 29:12; 21, M. Herbers (Berks) 29:16; 22, A. Guilder (Kent) 29:20; 23, T. Leader (Notts) 29:20; 24, C. Bloor (S Yks) 29:21; 25, C. Cornwell (Mx) 29:24; 26, M. Harris (Avon) 29:24; 27, I. Mills (Notts) 29:25; 28, C. McGeorge (Cumb) 29:25; 29, M. Hodson (Gtr Man) 29:25; 30, P. Stenning (Sx) 29:26; 31, N. Appleby (W Mid) 29:27; 32, D. Ansell (S Yks) 29:29; 33, G. Nagel (Dur) 29:32; 34, A. Jackson (W Mid) 29:35; 35, J. Illingworth (W Yks) 29:37; 36, D. Foote (Sy) 29:37; 37, M. Moore (N'd) 29:38; 38, B. Tilley (W Mid) 29:38; 39, S. Donnelly (N'd) 29:39; 40, M. Cawood (Leics) 29:40; 41, D. Jackson (Lancs) 29:42; 42, C. Taylor (N'd) 29:42; 43, M. Seabrook (Herts) 29:45; 44, R. Heap (Mersey) 29:45; 45, D. Lightowler (Herts) 29:46; 46, C. McIntyre (Avon) 29:47; 47, I. Rawlinson (Lancs) 29:47; 48, E. Power (Kent) 29:50; 49, A. Suddards (W Yks) 29:53; 50, M. Darville (Lincs) 29:55; 51, D. Sweeney (Mx) 29:55; 52, M. Cursons (Mx) 29:56; 53, D. Bennett (H&W) 29:57; 54, P. Knight (Warw) 29:59; 55, S. Lowe (W Mid) 30:01; 56, J. Goodhand (Lincs) 30:01; 57, P. Lightowler (Herts) 30:01; 58, P. Berrett (Ex) 30:02; 59, M. Calver (Suff) 30:02; 60, R. Turner (Herts) 30:03.	

Teams: 1, Northumberland 160; 2, W. Midlands 234; 3, Lancs 288; 4, Gtr Manchester 312; 5, Surrey 358; 6, Herts 379; 7, Kent 392; 8, Middlesex 413; 9, Merseyside 419; 10, Avon 440; 11, Essex 511; 12, W. Yorks 552; 13, Notts 582; 14, Sussex 633; 15, Hants & Vectis 704; 16, Leics 762; 17, Cambs 765; 18, S. Yorks 779; 19, Durham 788; 20, Cumbria 791; 21, Staffs 793; 22, Berks 823; 23, Hereford & Worcs 831; 24, Suffolk 860; 25, Cheshire 905; 26, London 992; 27, Warwicks 1051; 28, Derbyshire 1062; 29, Lincs 1079; 30, Dorset 1082; 31, Somerset 1098; 32, Salop 1134; 33, Oxon 1140; 34, Wilts 1192; 35, Devon 1200; 36, Norfolk 1209; 37, Bucks 1222; 38, N. Yorks 1275; 39, Humberside 1283; 40, Gloucs 1407; 41, Northants 1468; 42, Cleveland 1559; 43, Beds 1561.



Peter Elliott, here running in the Yorkshire CCA Youth Championship, won the English Schools Intermediate title.

Eric North

INTERMEDIATES

1, P. Elliott (South Yorkshire) 21:41
 2, P. Hicken (Cheshire) 21:47
 3, J. Richards (Cornwall) 21:49
 4, G. Taylor (Mx) 21:57; 5, A. Holloway (Ches) 22:09; 6, G. Davies (S Yks) 22:11; 7, A. Barlow (Gtr Man) 22:13; 8, R. Ellerton (Staffs) 22:15; 9, N. Price (Dors) 22:23; 10, G. Henderson (Dur) 22:24; 11, C. Bigg (Sx) 22:24; 12, J. Keyworth (Gtr Man) 22:24; 13, M. Billock (Gtr Man) 22:25; 14, T. Rayworth (W Mid) 22:25; 15, M. Newby (Lancs) 22:26; 16, M. King (Corn) 22:26; 17, J. Webster (Kent) 22:26; 18, A. Fell (W Mid) 22:28; 19, K. Stainer (Dors) 22:30; 20, A. Evans (Warw) 22:31; 21, S. Angus (Dors) 22:31; 22, J. Duckett (Lancs) 22:32; 23, A. Reynolds (Staffs) 22:32; 24, A. Wickens (Sy) 22:33; 25, L. Tredell (W Mid) 22:33; 26, G. Lucas (Notts) 22:34; 27, D. North (Lon) 22:35; 28, A. May (Herts) 22:36; 29, P. Wynn (Mersey) 22:38; 30, P. Burton (Lon) 22:39; 31, A. Ford (Mersey) 22:40; 32, R. Herbert (Northants) 22:41; 33, P. Tooten (Gtr Man) 22:44; 34, D. Topham (W Yks) 22:47; 35, J. Solly (Berks) 22:48; 36, C. Wills (Northants) 22:49; 37, S. Knapp (Avon) 22:49; 38, D. Constable (W Mid) 22:49; 39, M. Flint (Shrop) 22:50; 40, M.

Trees (Dur) 22:50; 41, A. Leach (W Yks) 22:50; 42, B. McGregor (Staffs) 22:51; 43, K. Miles (Avon) 22:51; 44, I. Farmer (Kent) 22:53; 45, M. Green (Northants) 22:53; 46, S. Crompton (Gtr Man) 22:54; 47, B. Parsons (Mersey) 22:54; 48, S. Bond (Glos) 22:55; 49, D. Buzza (Corn) 22:57; 50, T. Buckner (Notts) 22:57; 51, M. Hirsch (Sx) 22:57; 52, M. Wright (Lancs) 22:57; 53, R. Walters (N Yks) 22:58; 54, I. Higgins (W Mid) 22:58; 55, M. Wright (Dur) 22:58; 56, M. McCulloch (Sx) 22:59; 57, P. Cunningham (Mx) 22:59; 58, M. Crewe (W Yks) 22:59; 59, I. Swift (Humb) 23:00; 60, R. White (W Mid) 23:00.

Teams: 1, Gtr Manchester 176; 2, W. Midlands 209; 3, Merseyside 359; 4, W. York 384; 5, Durham 455; 6, Sussex 496; 7, Staffs 499; 8, Northants 511; 9, London 512; 10, Kent 521; 11, Cheshire 543; 12, Herts 559; 13, Middlesex 562; 14, Dorset 572; 15, S. Yorks 602; 16, Lancs 656; 17, Avon 682; 18, Notts 687; 19, Cornwall 703; 20, Hants & Vectis 766; 21, Northumberland 771; 22, Derbyshire 773; 23, Surrey 840; 24, Warwicks 882; 25, Leics 903; 26, Salop 944; 27, Essex 969; 28, Berks 993; 29, Oxon 1030; 30, Gloucs 1046; 31, Humberside 1046; 32, Devon 1082; 33, Cambs 1124; 34, Hereford & Worcs 1146; 35, Bucks 1148; 36, Cleveland 1157; 37, Suffolk 1194; 38, Cumbria 1203; 39, N. Yorks 1263; 40, Somerset 1284; 41, Beds 1343; 42, Wilts 1618; 43, Lincs 1822.

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 2, A. Severs (Greater Manchester) 18:24
 3, D. Stones (Humburside) 18:26
 4, C. Bradley (Staffs) 18:40; 5, D. Clarke (W Mid) 18:42; 6, A. Rowe (Sx) 18:48; 7, R. Farish (Kent) 18:49; 8, A. Alsop (W Yks) 18:49; 9, M. Slowikowski (Sy) 18:55; 10, D. Bean (Kent) 18:57; 11, R. Dukes (S Yks) 18:59; 12, P. Ranyard (S Yks) 19:01; 13, A. Pasey (H&W) 19:01; 14, M. Barnes (Kent) 19:04; 15, R. Tudor (Mersey) 19:06; 16, D. Ramsden (W Mid) 19:06; 17, A. Gravett (Sy) 19:07; 18, B. Pfeiffer (Mx) 19:09; 19, D. Burchell (Gtr Man) 19:12; 20, T. Guy (Mersey) 19:12; 21, B. Murphy (Mersey) 19:13; 22, R. Brewster (Wilts) 19:13; 23, J. Ellis (Mersey) 19:13; 24, P. Fraey (Herts) 19:15; 25, P. Ryder (N'd) 19:17; 26, M. Edwards (Herts) 19:18; 27, J. Hartigan (W Mid) 19:18; 28, T. Berrett (Kent) 19:20; 29, E. Kimani (Mx) 19:21; 30, D. Muxworthy (Avon) 19:21; 31, K. Berrett (Ex) 19:22; 32, P. Trott (Staffs) 19:22; 33, R. Menjies (Herts) 19:23; 34, J. Moxon (Kent) 19:25; 35, J. Surtees (N'd) 19:26; 36, R. Ede (Herts) 19:27; 37, K. Foley (Avon) 19:29; 38, P. Dainty (W Mid) 19:29; 39, S. Bell (Gtr Man) 19:30; 40, D. Toole (Sx) 19:30; 41, K. Smith (W Yks) 19:30; 42, A. Moore (Corn) 19:30; 43, B. Hussain (Gtr Man) 19:30; 44, A. Aked (Notts) 19:30; 45, P. Barr (Ex) 19:30; 46, P. Barron (Dur) 19:30; 47, C. Collins (Staffs) 19:31; 48, M.

Perry (Dur) 19:32; 49, D. People (Berks) 19:33; 50, D. Hoinville (Lon) 19:34; 51, S. Wyatt (Avon) 19:35; 52, C. Walters (Ox) 19:37; 53, A. Tomlinson (Mersey) 19:38; 54, A. Hawkins (Kent) 19:39; 55, S. Whittaker (Lancs) 19:40; 56, D. Pick (Leics) 19:42; 57, D. Taylor (Mx) 19:42; 58, P. Screawn (Ches) 19:43; 59, S. Leighton (S Yks) 19:44; 60, G. Clarke (Mersey) 19:44.

Teams: 1, Kent 147; 2, Merseyside 192; 3, W. Midlands 246; 4, Gtr Manchester 286; 5, W. Yorks 308; 6, S. Yorks 348; 7, Surrey 354; 8, Herts 363; 9, Northumberland 372; 10, Middlesex 449; 11, Durham 486; 12, Sussex 487; 13, Avon 545; 14, Staffs 559; 15, Derbyshire 633; 16, Essex 651; 17, Humberside 715; 18, Lancs 763; 19, Oxon 826; 20, Cheshire 839; 21, Hants & Vectis 843; 22, Berks 845; 23, Wilts 851; 24, Cleveland 905; 25, Gloucs 909; 26, Devon 928; 27, Leics 936; 28, Notts 943; 29, London 992; 30, Cornwall 1019; 31, Cumbria 1057; 32, Warwicks 1177; 33, Lincs 1190; 34, Bucks 1217; 35, Cambs 1295; 36, Somerset 1305; 37, Hereford & Worcs 1325; 38, Norfolk 1330; 39, Salop 1368; 40, Dorset 1380; 41, N. Yorks 1424; 42, Beds 1588; 43, Suffolk 1689; 44, Northants 1743.

CHRIS VOSE '10'**At Warrington, March 25th**

1, A. Royle (Grimsby) 49:24
 2, K. Lazarides (Bolton) 49:35
 3, C. Helme (Leigh) 50:22
 4, M. Tagg (Staffs M) 50:28; 5, I. Gilmour (W&B) 50:36; 6, R. Harbisher (Long) 50:41; 7, N. Deagan (O&R) 50:43; 8, P. Rawnsley (Sheff) 51:01; 9, D. Austin (Man) 51:01; 10, H. Jones (Liv. U) 51:13; 11, D. Brennan (Warr) 51:47; 12, R. Sinclair (Sheff) 51:48; 13, D. Gee (Man) 52:10; 14, A. Adams (Staffs M) 52:21; 15, S. Edmonds (Sale) 52:24; 16, C. Turner (C&AC) 52:30; 17, M. Flynn (Liv. P) 52:32; 18, M. Downes (Cann) 52:41; 19, M. Oldham (Man) 52:47; 20, R. Hill (Clay-V) 52:54; 21, P. Bowler (Staffs M) 52:59; 22, H. Leeming (Der) 53:02; 23, J. Prescott (Leigh) 53:10; 24, S. Clegg (Sal) 53:23; 25, A. Barlow (Wirr) 53:32; 26, P. Kilbey (Alt) 53:33; 27, P. Batchelow (C&AC) 53:38; 28, W. Halsall (Wig) 53:39; 29, K. Jacques (Sutt) 53:45; 30, M. Lavery (Unatt) 53:50. **Teams:** 1, Staffs Moorlands 39; 2, Manchester 41; 3, Sheffield 50; 4, Leigh 76; 5, Sale 85; 6, Longwood 105. **(Vets):** 1, Hill; 2, K. Hodgkinson (E. Ches) 54:24; 3, E. Isaacs (Wirr) 54:28; 4, A. Hughes (Roch) 55:24; 5, P. Billington (Wrex) 57:33; 6, K. Mather (Frod) 58:20. **(Juniors):** 1, S. Willimott (Cann) 54:17; 2, H. Storey (Sutt) 57:34; 3, A. Jones (Wrex) 57:42.

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On the Road

One Second In It After 90 Minutes Of Running

THE host club were well to the fore from the start of the Cambridge Harriers Road Relay at Bexley on March 17th, with indoor international Paul Williams leading home the field on the first stage. Second were Aldershot, some 8 sec in arrears, while TVH were third. Last year's winners, Brighton were sixth, and Invicta were languishing in 13th place.

Marathon man Barry Watson maintained Cambridge's lead on the second 3¼M circuit, although Bob Gevers (SLH) closed to within 3 sec. Aldershot (Ian Logan) were third, while Richard Newble had brought Invicta right into contention, gaining eight places with the third fastest time (14:44). Lap 3 saw further improvement from Invicta, Martin Knapp taking them into a 5 sec lead over Brighton (Bill Mullett). SLH (John Roberts) had slipped one place to third, Aldershot (Dave Ives) one to fourth, and Cambridge (John Huntingford) four to fifth.

There was a further change of leadership on leg 4 as Tim Hassell took Aldershot 17 sec clear of Invicta (Peter Brenchley), while SLH (J. Robinson) remained third. Pete Adams just managed to hold the lead for Aldershot, as Keith Penny brought Cambridge to within one second of them, taking 5 sec from Steve Overt's 1978 course record with 14:12. Invicta (Merv Brameld) lost further ground and were now 22 sec adrift of the leaders. These were the only teams in contention at the final change-over as Brighton had slipped more than a minute behind Invicta.

Jon Wigley took off like a man possessed and closed the gap on Cambridge (Dave Roberts) as Peter Bennett took Aldershot further away again. Jon eventually caught Peter in the last mile, but the latter had the stronger finish to cross the line one second ahead of the Invicta man, with Cambridge holding third. An excellent race was marred on the second lap when veteran Ken Harland was knocked down by a passing car and suffered a compound fracture of the leg.

Mick Paul

1, Aldershot F&D (J. Hood 15:12, I. Logan 15:18, D. Ives 15:17, T. Hassell 15:08, P. Adams 14:45, P. Bennett 15:01) 90:41;

2, Invicta (J. Wilkins 15:59, R. Newble 14:44, M. Knapp 14:51, P. Brenchley 15:38, M. Brameld 14:50, J. Wigley 14:40) 90:42;

3, Cambridge H (P. Williams 15:04, B. Watson 15:15, J. Huntingford 15:36, G. Meredith 15:34, K. Penny 14:12, D. Roberts 15:22) 91:03;



Peter Bennett holds off Jon Wigley for victory in the Cambridge H Road Relay.

C. R. Whitty

4, Brighton & H (P. Witcomb 15:22, M. Gratton 15:14, W. Mullett 15:03, P. Rockwood 15:56, P. Bidmead 15:42; B. Hawkins 15:35) 92:52;

5, SLH (F. Upcott 15:19, R. Gevers 15:03, J. Roberts 15:18, J. Robinson 15:36, R. O'Mahoney 16:06, I. Lymath 16:06) 93:28;

6, Aldershot 'B' (T. Davies 15:35, J. Peel 15:41, E. Herridge 15:21, M. Woods 16:00, P. Ledger 16:06, T. Eglen 15:36) 94:19;

7, Hercules Wimbledon 94:48; 8, Cambridge H 'B' 95:30; 9, Brighton 'B' 96:44; 10, Groupement de la Basse Seine (France) 97:15; 11, TVH 97:50; 12, Dartford 98:12; 13, Blackheath 98:21; 14, Elliotts 98:53; 15, Belgrave 99:16; 16, Aldershot 'C' 99:20; 17, Hercules W 'B' 99:22; 18, Medway 101:37. **Fastest:** Penny 14:12 (rec), Wigley 14:40, Newble 14:44, Adams 14:45, Brameld 14:50, C. Geffray (Basse Seine) 14:50, Knapp 14:51.

Bromsgrove & Redditch AC regret that they will not be able to hold the Junior Girls 4x800m as part of their 'Taurus Relays' meeting as they are unable to obtain a permit from the MCWAAA.

Janette Dawkins In Command

Janette Dawkins soon took command of the Ilford 3 Mile senior women's road race over three laps of the Eastway Cycle Circuit on March 17th and was a comfortable winner in the end. With 3 in 7 Cambridge H. had the team race sewn up. Finishing in 12th place was Pam Davies of Selsonia and the way this grand veteran and former national champion ran made one wonder just how long she will continue. Keep it up, Pam!

Highlight of the relays was the grandstand finish in the Minors. With 400y to go it looked a two-horse race with the diminutive Lorraine Grant of Medway leading from Lawless of Havering, but Karen Hendrickse came through strongly to close the gap for Mitcham, caught the Havering girl who had been dropped some 80y out and went after the leader. She caught the Medway girl 40y from the line and they battled it out with only inches between them all the way to the finish, where the timekeepers were unable to separate them but Grant got home by the narrowest of margins. The Mitcham runner had fastest time with 5:23.

P.W.G.

Senior Road Race

1, J. Dawkins (Southampton & E) 16:16
2, E. Barnes (Cambridge H) 16:31
3, B. Stone (Thurrock) 16:39
4, D. Kiernan (Hav) 16:56; 5, M. Coomber (Camb. H) 17:08; 6, M. Meadows (Ilf) 18:01; 7, A. Chataway (Camb. H) 18:14; 8, V. Robinson (Sel) 18:19; 9, B. Lock (S'end) 18:29; 10, C. Chaplin (Sel) 18:30. **Teams:** 1, Cambridge H 14; 2, Selsonia 30; 3, Havering 32; 4, Southampton & E 53; 5, Mitcham 59; 6, Ilford 65. **(Intermediate Relay):** 1, Thurrock (C. Jarman 11:17, K. Finch 13:01; K. Timson 11:02) 35:20; 2, Ilford 37:34; 3, Reading 39:02; 4, Chelmsford 40:05; 5, Colchester 40:57; 6, Mitcham 41:10. **Fastest laps:** Timson 11:02; Jarman 11:17; J. Parr (Read) 12:17. **(Junior Relay):** 1, Havering (S. Jeffries 5:29, G. Oughton 5:14, S. Baxter 5:13) 15:56; 2, Thurrock 15:59; 3, Reading 16:21; 4, Havering 'B' 16:50; 5, Mitcham 16:55; 6, Medway 16:57. **Fastest laps:** S. Foster (Thur) 5:11; C. Fairbrass (Read) 5:12; Baxter 5:13. **(Girls Relay):** 1, Medway (H. Conti 5:39, R. Mattocks 6:05, L. Grant 5:31) 17:15; 2, Mitcham 17:15; 3, Havering 17:20; 4, Ipswich 17:37; 5, Cambridge H 17:57; 6, Thurrock 18:07. **Fastest laps:** K. Hendrickse (Mit) 5:23; Grant 5:31; D. Lawless (Hav) 5:38.

BATH '10'

March 17th

1, R. Crabb (RAF Lyneham) 52:17
2, D. Cowles (Westbury) 52:45
3, T. Jones (Bristol) 53:23
4, P. Keenen (Ov) 53:41; 5, D. Francis (West) 54:10; 6, D. Sherman (Bris) 54:27; 7, C. Carroll

(Gloucs) 54:30; 8, A. Rowling (DoC) 54:32; 9, A. Etchells (Ilf) 54:40; 10, T. Parker (DoC) 54:43; 11, D. Latter (Brack) 54:51; 12, N. Ede (B&R) 55:23; 13, S. Darling (Bath U) 55:36; 14, R. Games (Chelt) 55:40; 15, L. Hughes (B&P) 55:47; 16, G. McIntyre (West) 56:07; 17, D. Parson (Ox. C) 56:08; 18, A. Griffiths (Bath U) 56:18; 19, G. Watts (West) 56:35; 20, R. Gaywood (Newp) 56:46; 21, A. Hannen (Lyne) 56:47; 22, C. Lee (B&P) 57:07; 23, V. Webster (DoC) 57:12; 24, D. Catlow (Chelt) 57:13; 25, R. Cornish (West) 57:16; 26, J. Rooney (VoA) 57:21; 27, R. Taylor (Newb) 57:30; 28, C. Daniel (West) 57:31; 29, C. White (Unatt) 57:34; 30, M. Daykin (Gloucs) 57:42. **Teams:** 1, Westbury 23; 2, Duchy of Cornwall 41; 3, Bristol 53; 4, RAF Lyneham 67; 5, Gloucester 71; 6, Bath & P 72; 7, Bath Univ. 77; 8, Cheltenham 88; 9, Westbury 'B' 117; 10, Vale of Aylesbury 134. **(Vets):** 1, B. Gore (Trow) 60:49; 2, G. Old (Weston) 61:21; 3, G. Douthwaite (Cle) 61:32. **(O/50):** 1, D. Rickley (Brack) 61:34.

CROYDON H RELAYS

At Crystal Palace, March 18th

1, Hercules Wimbledon (Newton) 9:58, Graham 10:00, Allinson 9:53, Ingall 10:23, Holt 9:49, Shine 10:27, Webb 10:19, Fuller 10:10) 80:59;

2, Sparkhill (Laukam 10:08, Edwards 10:12, Wrenn 10:42, Daly 10:30, Wilkins 10:22, O'Hara 10:08, Thornbury 10:13, Harding 10:25) 82:40;

3, Walton (Dippie 10:05, Owen 10:47, Wells 9:50, Snelling 10:34, Roath 10:15, Connelly 9:52, Newbould 11:09, Wayland 10:13) 82:45;

4, Blackheath 82:55; 5, Epsom & E 83:20; 6, Hastings 84:08; 7, Southampton & E 84:46; 8, Croydon 85:15; 9, Luton 85:18; 10, Groupement Athletique La Basse Seine 85:43. Fastest laps: R. Geffray (La Basse Seine) 9:30; J. O'Sullivan (HHH) 9:46; B. Dee (Lut) 9:48. **(Veterans):** 1, Cambridge H (Geoghegan 10:31, Leggatt 11:23, Mahon 10:55, Martin 10:42, Middleton 11:09) 54:40; 2, Havering 55:12; 3, Ranelagh 56:15. Fastest lap: Geoghegan 10:31. **(Colts 2M):** 1, M. Barnes (Camb. H) 9:07; 2, A. Gravett (St. J) 9:13; 3, D. Toole (Hast) 9:18; 4, A. Hawkins (Camb. H) 9:24; 5, N. Hopkins (Reig. P) 9:34; 6, P. McDonald (Coll) 9:40. **Teams:** 1, Cambridge

H 13; 2, Collingwood 25; 3, Tonbridge 35. **(Junior Women):** 1, J. Rose (Ash) 7:10; 2, N. Brown (Ton) 7:21; 3, S. Smith (HHH) 7:31. **Team:** Herne Hill. **(Girls):** 1, W. Saker (Ell) 7:50; 2, S. Eady (Ryl) 7:55; 3, D. Moxon (Ton) 8:17. **Teams:** 1, Rylands School 8; 2, Croydon 13.

Airedale Win TSB Relay

At Liverpool, March 24th

Lap 1: The Airedale duo of Colin Taylor and Ken Benjafield led the 50 teams towards the café and up the hill to the park perimeter. On the run down to the lake the leading pack of six strung the field out. Taylor broke away on the hill up to the Palm House and led around the lake to hold a slight advantage over the chasing group. On the second lap he consolidated his lead which was never challenged for the remainder of the race. Six runners contested the major placings just 15 seconds apart.

Lap 2: Alwyn Dewhurst extended his team's lead up to 25 seconds whilst 'evergreen' Mike Freary brought Bolton up to second position ahead of Holmfirth, Salford and Manchester.

Lap 3: Andy Armitage put the issue beyond doubt with the fastest lap of the day (20:33) while



Anchormen in the TSB Relay; left to right — Stan Curran, John Temperton, Ricky Wilde.

Jeff Bailey

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Entry 25p, SAE for details to D. Townsend, 6 Manor Road, East Grinstead.

Certificates and badges for all; Plaques and medals in family team events to reward honest endeavour.

Mike Plant (20:51) fought out the Manchester 'derby' ahead of Salford's Pete Morris (21:11). John Woods brought the host club into contention for the first time ahead of Bolton, Holmfirth and Sheffield.

Lap 4: John Temperton (21:29) coasted home to give Airedale a comfortable win 50 seconds ahead of Ricky Wilde (21:09) and Salford's Stan Curran (21:57) whilst Graham Ellis (20:58) overtook Bolton's Mike Critchley in the closing stages to sort out the minor team awards with Liverpool finishing in sixth place.

1, Airedale (C. Taylor 21:10, A. Dewhurst 20:53, A. Armitage 20:33, J. Temperton 21:29) .. 84:05;
2, Manchester (D. Blakeley 21:53, P. Shaw 21:03, M. Plant 20:51, R. Wilde 21:09) 84:56;
3, Salford (B. Aspden 21:22, A. Sladen 21:25, P. Morris 21:11, S. Curran 21:57) 85:55;
4, Holmfirth (I. Roberts 21:18; A. Buckley 21:17; A. Marsh 22:27, G. Ellis 20:58) 86:10;
5, Bolton (D. Singleton 21:26; M. Freary 21:02; M. Wakefield 22:30, M. Critchley 21:18) .. 86:16;
6, Liverpool (D. Evans 21:32, G. Haynes 22:03, J. Woods 21:04, P. Clarke 22:44) 87:23;
7, Sheffield 87:27; 8, Manchester 'B' 88:07; 9, Liverpool Pem. 88:50; 10, Sheffield 'B' 89:05;
11, Salford 'B' 89:22; 12, Wirral 89:48; 13, Bolton 'B' 89:49; 14, Liverpool 'B' 89:50; 15, Liverpool Univ. 90:04; 16, Manchester 'C' 90:05;
17, Barrow 91:05; 18, Leeds City 91:23; 19, Southport W 92:20; 20, Bolton 'C' 92:57. **Fastest laps:** 1, Armitage 20:33; 2, Plant 20:51; 3,

Dewhurst 20:53; 4, Ellis 20:58; 5, Freary 21:02; 6, Shaw 21:03; 7, Woods 21:04; 8, Wilde 21:09; 9, Taylor 21:10; 10, Morris 21:11; 11, Buckley 21:17; 12 eq, Roberts & Critchley 21:18; 14, Aspden 21:11; 15, K. Benjafield (A&SV 'B') 21:23; 16, Sladen 21:25; 17, Singleton 21:26; 18, T. Byrne (Sal. 'B') 21:28; 19 eq, Temperton, R. Sinclair (Sheff) & F. Pendlebury (Man 'B') 21:29.

Penny Comfortably Ahead In Romford Half Marathon

KEITH PENNY has experienced mixed fortunes on the road this winter. He suffered a deep cut in his knee from a fall in the Mitcham '15', was heading for a time of about 47:30 in the Woking '10' before being misdirected off course, won the Hillingdon '5', broke Steve Ovett's lap record in the Cambridge Harriers Relay ... and, on March 24th, won the Romford Half Marathon comfortably. His time, in blustery conditions which made a record attempt out of the question, was 66:19.

Surprisingly, Penny drew away from the field after only 1½ miles, never to be caught. He passed 5M in 24:50 ahead of Bob Gevers (25:09), Laurie Adams, Francis Upcott and Gerry Taylor (25:25). Over the hilly course at 10M the situation was Penny 50:14, Gevers 51:17, Upcott 51:31,

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Jim Peters (right), the trail blazing marathon runner of the early fifties, gets the Henderson Half Marathon (Romford) under way. Keith Penny, the winner, is in the front row to the left of No. 70.

Mike Street

Taylor 51:33, Adams and Paul Betteridge 51:39. It was at 11½M that Taylor moved into 2nd place and at 12M that Betteridge went into 3rd. Rosemary Cox ran a good 81:53 (62:22 at 10M), placing 76th in a field of 160 finishers. The race was sponsored by Henderson's Door Systems of Romford.

Alastair Aitken

1, K. Penny (Cambridge H) 66:19
2, G. Taylor (Small Heath) 67:33
3, P. Betteridge (Havering) 67:40
4, R. Gevers (SLH) 67:51; 5, W. Upcott (SLH)

68:05; 6, L. Adams (Hill) 68:21; 7, G. Meredith (Camb. H) 68:51; 8, P. Williams (SLH) 69:03; 9, A. Joslyn (Newp) 69:07; 10, B. Diss (Hav) 69:26; 11, P. Bryan (Hav) 69:48; 12, L. Gough (Thur) 70:00; 13, A. Nichol (Ilf) 70:12; 14, I. Burgess (S&E) 70:27; 15, R. Thurston (Hav) 70:31; 16, D. Stokes (Thur) 70:51; 17, P. Richardson (Hav) 70:54; 18, J. Avis (Camb. H) 70:56; 19, G. Harrold (Enf) 70:58; 20, M. Herring (Ilf) 72:16; 21, J. Rooks (Camb. H) 72:39; 22, S. Smythe (Camb. H) 72:46; 23, M. Etchells (Ilf) 73:25; 24, L. Parrott (Hav-V) 73:40; 25, K. Lowe (VPH)

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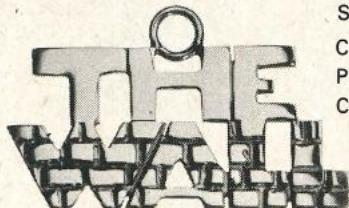


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73:55; 26, J. Robertson (Camb. H) 74:06; 27, G. Webb (Ilf) 74:11; 28, M. Etherton (C&C-V) 74:31; 29, J. Mackenzie (Ilf) 74:39; 30, K. Gill (Es. B) 74:41; 31, G. Bowman (Diss-V) 74:45; 32, S. Herrington (W. Gn) 75:02; 33, J. Fretwell (Holm) 75:18; 34, T. Hoyles (Hav-V) 75:41; 35, P. Mylrea (Hav) 75:46; 36, I. Lymeath (SLH) 75:47; 37, J. McGlashan (Camb. H) 75:48; 38, B. Switzer (S&E-V) 75:59; 39, M. Robinson (Hav-V) 76:45; 40, M. Baggs (Wey. St. P) 76:49. **Teams:** 1, SLH 14; 2, Cambridge H 23; 3, Havering 32; 4, Havering 'B' 36; 5, Ilford 48; 6, Thurrock 62; 7, Southampton & E 97; 8, Cambridge H 'B' 117; 9, Woodford Green 125; 10, Havering 'C' 126; 11, Dartford 137; 12, Hillingdon 142; 13, Eton Manor 150; 14, VPH 155; 15, Ilford 'B' 171. **(O/50):** 1, G. Smith (E. Man) 76:50; 2, D. Martin (Rane) 79:01; 3, T. Flowers (VPH) 83:48. **(Women):** R. Cox (Enf) 81:53.

CARL LISSEMAN ROAD RELAY

At Wolverhampton, March 24th

1, Tipton (T. Milovsorov 15:25, D. Fownes 16:04, R. Cytlau 15:37, M. Kearns 15:15) 62:21; 2, Birchfield (R. Partridge 15:45, M. Pickering 15:43, M. Densley 15:26, R. Tilling 15:56) 62:50; 3, Wolverhampton & B (K. Scott 16:08, J. Wheway 15:30, J. Hipwood 16:46, T. Wright 15:54) 64:18; 4, Tipton 'B' 64:36; 5, Birchfield 'B' 65:33; 6, Sparkhill 66:48; 7, Bromsgrove & R 69:02; 8, Birchfield 'C' 69:15; 9, Rugby 69:17; 10, Leamington 69:28; 11, Tipton 'C' 69:36; 12, Sparkhill 'B' 69:44; 13, Stoke 70:22; 14, Solihull 70:32; 15, Halesowen 70:59; 16, Warley 71:51; 17, Shrewsbury 72:42. **Fastest:** D. Black (S. Hth) 14:50, Kearns 15:15, Milovsorov 15:25, Densley 15:26, Wheway 15:30, Cytlau & J. O. Meara (Tip. 'B') 15:37, Pickering 15:43, Partridge 15:45, Wright 15:54.

ESSEX LADIES ROAD RELAYS

At Claybury, March 24th

1, Mitcham (D. Lucy 13:15, M. Lowe 11:35, B. Cushen 13:29) 39:19; 2, Cambridge H (A. Chataway 13:33, J. Allison 13:09, C. Kay 14:11) 40:53; 3, Thurrock (B. Stone 12:12, J. Wiles 15:13, V. Thomas 14:21) 41:46; 4, Ilford 45:12; 5, Hillingdon 45:51; 6, Essex Ladies 49:07. **Fastest:** Lowe 11:35. **(Inters):** 1, Thurrock (K. Finch 13:13, C. Jarman 11:00, K. Timson 10:43) 34:56; 2, Mitcham (J. Frankland 12:13, P. Gee 12:52, E. Ashton 12:52) 37:57; 3, Chelmsford (J. Dawson 13:09, C. Gould 12:57, S. Bentley 12:44) 38:50; 4, Ilford 38:57; 5, Essex Ladies 45:24. **Fastest:** Timson 10:43. **(Juniors):** 1, Stevenage & NH (L. Wight 9:58, A. Alford 9:20, D. Cutts 10:28) 29:46; 2, Thurrock (S. Foster 9:49, K. Hughes 10:03, T. Jax 10:36) 30:28; 3, Aldershot F&D (A. Howard 10:18, G. Fernley 10:14, H. Churn 10:03) 30:35; 4, Essex Ladies 30:46; 5, Mitcham 30:56; 6, Medway 31:15. **Fastest:** M. Witts (Ex) 9:15. **(Girls):** 1, Mitcham (K.

Hendrickse 10:10, A. Mansell 11:10, A. White 10:30) 31:50; 2, Stevenage & NH (D. Campbell 11:20, D. Taylor 10:44, C. Mahoney 10:43) 31:55; 3, Aldershot F&D (S. Heard 10:55, T. Harrison 11:20, C. Lillie 10:07) 32:22; 4, Thurrock 32:29; 5, Stevenage 'B' 32:52; 6, Medway 33:20. **Fastest:** Lillie 10:07.

HASTINGS AC '6'

March 24th

1, K. Hick (Sussex Univ.) 28:11
2, R. Coles (Blackheath) 28:13
3, D. Stevens (Hastings) 28:43
4, P. Whitcomb (B&H) 29:09; 5, T. Baker (B&H) 29:12; 6, R. Allinson (HW) 29:16; 7, R. Brookes (Hast) 29:27; 8, J. Adam (Inv) 29:39; 9, D. Crowe (B&H) 29:44; 10, A. Kuhn (Unatt) 29:46; 11, T. Race (Folk) 29:52; 12, F. Tota (Craw) 29:55; 13, P. Rockwood (B&H) 29:59; 14, A. Lambourne (B&H) 30:02; 15, P. Brook (Hast) 30:17; 16, C. Moulton (HW) 30:19; 17, R. Parker (Worth) 30:31; 18, I. Wilson (B'heath) 30:40; 19, B. Salter (B&H) 30:53; 20, P. Leitch (Hor) 30:56. **Teams:** 1, Brighton & H 31; 2, Hastings 46; 3, Brighton 'B' 80; 4, Blackheath 81; 5, Hastings 'B' 110; 6, Sussex Univ. 117. **(Youths 3M):** 1, S. Keywood (Ton) 14:59; 2, A. Kindley (Ver) 15:08; 3, M. Clarke (Craw) 15:14; 4, M. Cooper (Folk) 15:20; 5, P. Delcambre (Beth) 15:26; 6, P. Mason (Ton) 15:29; 7, M. Simpson (SLH) 15:31; 8, M. Bannister (Ton) 15:35; 9, K. Newton (Craw) 15:46; 10, R. Heasman (Hay. H) 15:54. **Teams:** 1, Tonbridge 41; 2, Brighton & H 60; 3, Hastings 84; 4, Worthing 90. **(Boys 2M):** 1, N. Maytham (Ell) 10:39; 2, N. Wheeler (E. Grin) 10:48; 3, G. Couch (Bas) 10:55; 4, A. Perry (Hay. H) 11:01; 5, P. Davies (Craw) 11:03; 6, P. Sims (Inv) 11:04. **Teams:** 1, Elliott 26; 2, Crawley 53; 3, Haywards Heath 77; 4, Basildon 82. **(Colts 2M):** 1, N. Hopkins (Rei. P) 11:13; 2, K. Howard (Worth) 11:22; 3, A. Hollins (Ton) 11:23; 4, D. Neale (Ton) 11:24; 5, D. Martin (Ton) 11:39. **Teams:** 1, Tonbridge 18; 2, Brighton & H 40. **(Women 2M):** 1, E. Barnes (Camb. H) 11:10; 2, E. Sloan (Hast) 11:21; 3, E. Harding (E&E) 11:42; 4, D. Phillips (Croy) 11:52; 5, C. Stroud (E&E) 12:33; 6, M. Griffiths (E&E) 12:39. **Teams:** 1, Epsom & E 23; 2, Brighton & H 26; 3, Bethune 43. **(Juniors 1½M):** 1, S. Vinall (B'heath) 6:45; 2, B. McDonagh (Inv) 6:51; 3, N. Brown (Ton) 6:54; 4, S. Smith (Dun) 6:59; 5, N. Hughes (Inv) 7:00; 6, R. Honeychurch (St. V) 7:04. **Teams:** 1, Invicta 14; 2, Brighton & H 18; 3, Sutton & C 35. **(Girls 1½M):** 1, D. Campbell (Craw) 6:50; 2, R. Gamble (E. Grin) 6:55; 3, H. Avila (S&C) 6:57; 4, S. Evans (S&C) 7:00; 5, S. Anderson (S&C) 7:03; 6, R. Eldridge (Rei. P) 7:07. **Teams:** 1, Sutton & C 12; 2, Brighton & H 30; 3, East Grinstead 30.

Scottish Marathon Club secretary/treasurer: J. Softley, 8 Craig Road, Cathcart, Glasgow, G44 3DR (tel. 041-633 2236).

TVH Win Own Relay

THAMES Valley Harriers narrowly succeeded in retaining their own road relay promotion at Cranford on March 31st after a threat from course record-holders Hercules Wimbledon petered out on the final lap. It was the Valley's last leg runner, Barry Walters, who secured victory after taking over 24 sec behind Hercules Wimbledon.

It was Tim Woods of Ranelagh who led the 69-strong field home on the first 3½M lap in 16:38, 6 sec ahead of Hercules Wimbledon's Rob Allinson. Welshman Clive Thomas (16:32) took the Valley 12 sec clear of Hercules Wimbledon's Steve Newton with the fifth best time of the afternoon.

International steeplechaser John Davies consolidated TVH's lead on the third leg with 15:57, the best time of the day; but Hercules Wimbledon's Dave Clarke chased hard and only allowed the Valley a 41 sec lead at the end of the leg. His time of 16:26 was the fourth best of the race.

It now became a two-team battle with both TVH and Hercules Wimbledon well clear of their rivals, but the Valley's prospects received a jolt on stage four as John Sheridan (17:42) turned in a disappointing performance and was overhauled by Hercules Wimbledon's Bob Holt (16:37), as Peter Adams (16:21) brought Aldershot back into the reckoning with the third best time of the afternoon.

For the Valley, all hopes rested on anchor man Barry Walters. With his clubmates cheering him on he pulled out all the stops to pass a tiring Stu Graham (HW) with a mile to go. The race was all but over and TVH had retained their title.

In the veterans event over three laps evergreen Mike Barratt clocked the fastest time of the day to lead Ealing to a team victory.

Tom Pollak

1, TVH (P. Baker 16:51, C. Thomas 16:32, J. Davies 15:57, J. Sheridan 17:42, B. Walters 16:33) 83:35;

2, Hercules (Wimbledon (R. Allinson 16:44, S. Newton 16:51, D. Clarke 16:26, R. Holt 16:37, S. Graham 17:09) 83:47;

3, Aldershot, F&D (D. Ives 16:55, R. Lunnon 16:26, E. Herridge 17:25, P. Adams 16:21, P. Bennett 17:05) 84:38;

4, Portsmouth 85:47; 5, Shaftesbury 86:35; 6, Old Gaytonians 86:58; 7, Windsor, S&E 87:03; 8, Aldershot 'B' 87:05; 9, Elliott 87:11; 10, Hercules 'B' 87:41; 11, Reading 87:54; 12, Blackheath 88:00; 13, Hillingdon 88:10; 14, Gloucester 88:35; 15, London Irish 88:41; 16, TVH 'B' 88:56; 17, Ranelagh 89:58; 18, Hercules 'C' 89:59; 19, Woking 90:05; 20, SLH 90:08. 56 teams finished.

Fastest: J. Davies (TVH) 15:57, J. Espir

OLYMPIC HOPES FLY FOR TRAINING IN THE SUN

A party of 14 middle and long distance runners, including Sebastian Coe and Mike McLeod and accompanied by two coaches, spent last week in the Algarve, Portugal. Five shot/discus specialists have trained for a week in Gibraltar with their coach. They are some of a total of 50 athletes and 14 coaches who are enjoying the benefits of warm weather training at various locations in France, Spain, Portugal and Gibraltar, between now and early June.

The cost of this essential warm weather training, organised each year by the BAAB for selected groups of athletes, is being underwritten this year by Chef & Brewer Limited. Designated "Chef & Brewer Training Trips", these training sessions represent the first major contribution to sport from the £250,000 Chef & Brewer Olympic Appeal, launched last June in collaboration with the International Athletes' Club, to provide vital extra training, coaching and equipment for potential members of the British team for the 1980 Moscow Olympics.

Commenting on this sponsorship, David Shaw, BAAB General Secretary, said "Absolutely fantastic! With this assistance we are able to give full support to our athletes now training hard for the 1980 Olympics. In particular I'm pleased with the co-operation between Chef & Brewer, the International Athletes' Club and ourselves".

The Appeal is being strongly supported throughout England and Wales by the customers of Chef & Brewer's 1300 pubs, in which an intensive programme of Olympic evenings and other events is being mounted right through to the Olympics in 1980.

These events are enthusiastically supported by the athletes themselves — all members of the IAC — who find the time, in spite of their own heavy training schedules, to visit the pubs and take part in a variety of "Pub Olympics" and other activities, such as sponsored jogs.

David Bedford, Chairman of the IAC, said, "The exciting element of this sponsorship is that the athletes and the public are participating together in raising money for Olympic preparation".

(Shaft) 16:10, P. Adams (AFD) 16:21, D. Clarke (HW) 16:26, C. Thomas (TVH) 16:32, B. Walters (TVH) 16:33.

Veterans (3 laps of 3½M): 1, Ealing & Southall 53:47; 2, Maidenhead 56:48; 3, TVH 57:06; 4, Hillingdon 57:16; 5, Aldershot F&D 58:39; 6, Hillingdon 'B' 61:22. **Fastest:** M. Barratt (Eal) 17:30, M. Moody (Maidenhead) 18:02, C. Canton (Eal) 18:06.

Spotlight On Youth

JANETTE PICTON

BORN: Slough (Berks), 4.3.1963. Height: 1.67m (5'6"); Weight: 64kg (141lb). Club: Bracknell AC. Attends St Joseph's Secondary School. Coach: Charles Forsythe. Hobbies and interests outside athletics: "music and art". Brother David (13) and sister Mary (13) both compete in middle-distance races. Favourite event: Discus.

Brief details of achievements in major competitions: 1978 — 1st English Schools, 1st Southern WAAA, 1st WAAA. Annual discus progression: 1977 — 37.76, 1978 — 43.24.

Got started in athletics through her PE teacher, Mrs Pat Barlow — "She was the first person to introduce me to discus throwing. She asked me to throw for the school; she then advised me to join an athletics club during the 1976 season. I joined Bracknell AC where I met the discus coach Charles Forsythe, and his throwing squad (consisting of three internationals — Janet Thompson, Jackie Elsmore and Fiona Condon) who impressed me very much, and a group of girls my age and younger".

General description of a week's training in summer: Monday — Weight training; Tuesday — Fitness training and throwing; Wednesday — Weight training; Thursday — Fitness training

and throwing; Friday — Rest; Saturday — Competition or rest; Sunday — Competition or throwing. **Winter:** Monday — Weight training; Tuesday — Rest; Wednesday — Weight training; Thursday — Rest; Friday — Weight training; Saturday — Rest; Sunday — Throwing & fitness.

The performance that has given her the greatest pleasure was winning the English Schools in 1978, "because the wind was completely wrong for discus throwing. I felt my throws were very good under these conditions". The performance that has caused the greatest disappointment was the Schools International match — "because I came a miserable third whereas I knew I could have won it, quite easily. The reason was, I was so tired after the English Schools and travelling".

Considers her main rival to be Sandra MacDonald of Scotland, "who I consider will give me some good competition next season". Top athletes she admires are Geoff Capes ("because I feel he has achieved world class standard and done so much for British throwing") and Tessa Sanderson ("she has achieved world class standard and helped British throwers to be recognised"). Short-term ambitions: "To get the 16-year-old discus record and to have an equally successful season in 1979". Long-term aim: "To represent the UK in international matches".

Comment: "It is only through my father that I am able to travel from Slough to Bracknell for training and for all my financial help".

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THE ULTIMATE FUN RUNNER

Steve Ovett interviewed by Mel Watman

In this, the second half of an interview granted exclusively to 'AW', Steve Ovett attempts to explain his attitude towards the sport — even though, as he candidly admits, he doesn't really understand himself. He emphasises that he is not obsessed by athletics, he is not concerned with image-building, he has no specific goals. No, not even Moscow. What does emerge is a refreshingly free spirit, a young man who does not take himself or his sport too seriously, who values his independence and privacy, and who runs because he LOVES to run. In many ways he is the ultimate fun runner, although instead of being an anonymous jogger he happens to be the finest middle distance runner in the world today. Forget the surly, vaguely hostile image fostered by certain sections of the press; don't be misled either into dismissing Steve as cocky or arrogant because of all that waving to the crowd. I hope, as you read through this interview, that you will draw your own conclusions as to the true nature and character of Steve Ovett.

M.W.

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Are you not curious to find out whether you are the fastest miler who ever lived?

It really doesn't bother me. I know I'm good, but you can never say that because I run faster than Elliott or Ryun I'm a better miler than them. If I thought I was in the sport to be remembered I would probably go for these things but it doesn't worry me if everybody forgets about me in another two years. If I wanted to be remembered I would be on the image-building side of the sport, but I'm in the sport because I love running. It's what I do best — it's what I was born for. Sometimes it's good to get a fast time in, but as long as I'm running and racing well, and getting a lot of enjoyment back from the race, anything like going for a world record seems senseless to me.

Don't you think that eventually, when you've retired, you might feel a little frustrated knowing you could have been world record holder?

If you know you could have, then there can't really be any frustration. I know that a couple of times I could have quite easily broken the record, and I think knowing that is more important to me. Whether I actually prove it to other people is, as far as I'm concerned, pointless really.

Unless it just happens to come . . .

In a race, yes. It's very hard to explain my attitude to records. I know it may sound strange but you're talking to me as if I'm absolutely enveloped in athletics, and I'm not.

Yet you are, in a sense, a full-time athlete.

No, I don't think I am. I don't live and breathe athletics. I'm not really that wrapped up in it.

How much time do you spend on average each day on training?

Exactly the same as Matt (Patterson), and you wouldn't say he was a full-time athlete, would you? About an hour and a half. I'm out at 7.30 am, back at 8, and then I go out at night for another hour. That's all it is.

What do you do the rest of the day? Do you find you have too much spare time?

I love it; I can do what I like. How many other people have that amount of time to do what they like? I've got it now while I'm young and can enjoy it. When athletes go to big meets like the European or Olympics they're always pacing about: because they've got so much time on their hands they don't know what to do with themselves. With me, it's second nature. I know what to do. I don't panic because I'm not doing anything. People are always asking me what I do with my time, yet they never ask a footballer, or a golfer, or a racing driver what they do with their



Mike Street photo

"I have a rather casual approach really ..."

without Harry. His temperament and attitude towards things are so similar to mine that it's almost as though we were destined to meet. Harry sees me about once a month in the winter and once a fortnight in the summer. If he sees me and says 'Oh God, you're looking a bit fat' or 'you look as if you could do with some more speed work', then he's giving me an objective viewpoint on certain things that maybe I've missed through training on my own or with Matt.

What about picking races? Do you go your own way or do you talk it over with Harry?

I talk it over with Harry and my parents, and we generally discuss things. I'm trying to explain that there's nothing clear-cut with me; if anything I'm rather slap-happy with my sport. I have a rather casual approach really, but I suppose that image has been lost with this sort of ruthless cold-hearted James Dean image that the press seem to give me. People think 'don't talk to him, he's going to bite your head off', or 'he knows what he's doing, he'll be ready'. It's not me. I panic the same as everybody else.

Do you get hurt by some of the criticism?

With no disrespect to your profession, I take

time. People are fascinated, as though I'm fanatically studying up on results or racing or training all the time. I don't! I quite enjoy going fishing or reading or helping Mum out sometimes ... pushing the trolley round Tesco's.

Ah, the exciting things of life!

I must be one of the fastest trolley pushers in the business!

What do you do in the way of track training in the summer?

I don't train on the track except for the odd session. Last summer I suppose I trained on the track about six times all told. I just love doing fartlek in the woods. I can't stand running round in circles on the track; that doesn't appeal to me.

This is the traditional Scandinavian attitude, where you come to a track race refreshed.

I think you do. You enjoy it a lot more. I made the mistake before Montreal of being too obsessed with tracks and the stopwatch — it just wasn't me. I love running over the Downs and I'll be running over them when I'm finished with top class athletics. It's what relaxes me the best. Maybe I could perform a lot better if I did a bit of track training, but I don't think so.

How important an influence is Harry Wilson on you now?

He's a friend really, a great help — and a laugh. We get on well as people; I couldn't do

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"My attitude to the press has changed"

you all with a pinch of salt. How can any of you possibly know me well enough to know what's good for me and what I do wrong and what I do well. As far as I'm concerned I just run. You can see the race and you can write about the race; that's fair enough. But to try and understand me by, like yourself, coming down here for couple of hours a year is I think ludicrous. A lot of the others don't see me for four or five years, and for them to say he should do this and that . . .

My attitude to the press has changed. Probably why I'm giving you this interview is that I've seen lately some interviews in American magazines and one in a new English magazine with comments that are out of date now. Various things do change and these other interviews really are not me any more. My attitude to the press isn't 'I couldn't give a damn, they don't like me, I don't like them'. It's not like that any more. My attitude has changed and I think, by having given an interview to someone that I hope will understand, that people won't be fed this image of me. I've reached this sort of Howard Hughes syndrome, where not talking to the press is doing more damage than talking to them, because people just regurgitate old comments. You know I read this new interview in *Jogging* magazine, and there were things there that are about three or

four years out of date. It's slightly annoying because my attitude towards racing and training and the press has changed. I do talk to the press; I talk to anybody who wants to come up and talk sensibly. What I won't stand for is people who really don't want to know what I say, who then go off and write something completely different "having talked to Steve Ovett".

What throws some of the press, I think, is that they can't pigeonhole you. I don't know if this causes the breakdown in communication or whether it's because you've got your own views, which happen to be different from some other athletes — that you're not obsessed by times . . .

I'm not obsessed by athletics! I'm just not. If someone said to me tomorrow, you know, you're going to have to stop world class athletics — I wouldn't throw myself off of Beachy Head.

Wouldn't it bother you?

Not at all.

As long as you're still carrying on running for your own recreation?

It would be a relief! I mean, unlike most

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ALL ABOUT STEVE

Born: Brighton, 9.10.1955. Personal

Bests: 200 — 22.3 (1973), 400 — 47.5 (1974), 800 — 1:44.1 (1978) (ex-UK rec), 1500 — 3:34.5 (1977) (UK rec), Mile — 3:52.8 (1978) (UK rec), 2000 — 4:57.8 (1978) (UK rec), 3000 — 7:41.3 (1977), 2M — 8:13.5 (1978) (outdoor world best), 5000 — 13:25.0 (1977), Half Marathon — 65:38 (1977).

Championship Record: (1970) 1st English Schools Junior 400. (1971) 1st AAA Youths 400. (1972) 1st English Schools Intermediate 800, 1st AAA Youths 400. (1973) 1st European Junior 800. (1974) 1st AAA 800, 2nd European 800. (1975) 1st English Junior CC, 1st AAA 800, 1st European Cup Final 800. (1976) 5th Olympic 800, Semi-finalist Olympic 1500, 1st AAA 800. (1977) 1st UK 1500, 1st European Cup Final 1500, 1st World Cup 1500. (1978) 2nd European 800, 1st European 1500.

Annual Progression at 800 & 1500/Mile:

1970	2:00.0	4:10.7	—
1971	1:55.3	—	—
1972	1:52.5	4:02.0	—
1973	1:47.3	3:44.8	4:00.0
1974	1:45.8	3:46.2	3:59.4
1975	1:46.1	3:39.5	3:57.0
1976	1:45.4	3:37.9	—
1977	1:48.3	3:34.5	3:54.7
1978	1:44.1	3:35.6	3:52.8

athletes, I stopped at the end of the season; I had three months off. A lot of athletes are frightened to death of stopping, frightened that they're not going to come back the same person they were before. I don't. I enjoy myself . . . I go away, eat, drink and be merry.

Do you get overweight like Brendan does?

Yes, stone and a half overweight, but I don't bother about it really. As far as I'm concerned that's just what I like doing. But as you say, maybe they're unable to pigeonhole me because I don't like to be pigeonholed. I react different ways in certain situations. I'm not predictable. That's probably one of my strongest points, that I can be flexible. I will do stupid things sometimes, completely unpredictable, like running half marathons in the middle of the season but it's just that I enjoy it.

Well, that's what the sport is there for.

But I'm trying to change this image that the press seem to be trying to perpetuate. I wouldn't like to think that kids coming through will think 'that's the attitude to have!', because it's false. This sort of 'kick 'em all in the backside and be objectionable all the time' — that's not me.

With regard to this business of waving to the crowd, which got an awful lot of coverage in 'AW' a few months ago, would you like to comment?

It started at the Olympic Trials in 1976. There I suppose it was just sheer excitement really . . .

You got yourself into a lot of trouble and you got yourself out.

Yes. You get into so much trouble and all of a sudden runners part like that and you think, what's going on? You think, great, that's over and done with, and you just run through the line. And of course, it's the old 'Ovett waves his rivals goodbye' and things like this. Once or twice I have waved to my mum, letting her know that it's OK, but I'll probably stop it if people don't like it.

But is this something you can control or is this just an extension of your own feelings of elation?

Yes, I get excited. I mean I'm not the typical Englishman who wipes his brow, puts his tracksuit on and walks back for a cup of tea! I'm just not like that. I mean I'm sorry if I do, it may not be what people want, but I do get excited and I show it occasionally — but maybe I will stop it, I don't know. I cannot see why other people get so upset about it.

Some people construe it as arrogance. But as far as you're concerned, it's not intended that way?

Well, it's not intended that way. I just do it, I think oh great, that's over with . . . You know the old saying, you can never please all of the the people all of the time. If I wasn't to wave, I'd upset some other people. They would think why isn't he waving any more? There's no malice there towards other competitors and I don't think

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3rd CUMBRIA OPEN
20 MILES CHAMPIONSHIP**

(Under A.A.A. Rules)

Sponsored by N.W. Evening Mail
SUNDAY, 6th MAY, 1979

Changing: Roose Conservative Club. Prizes 1st 6 plus
1st 3 Teams. Entries 30p to: Peter Leviston, 14
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28th.

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(Under A.A.A. & W.A.A.A. Laws)

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All age groups Men & Women unless otherwise
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Entries to: Joyce Smith, 22 Avon Close, Garston,
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event, best recent performance. Enclosing: 25p per
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required. Cheques and P.O.s made payable to
Shaftesbury Harriers.

3000m Walk (Men) all meetings at 6.45 p.m. Other
events 7.00 p.m.

WEDNESDAY, 25th APRIL

Events: 800m, 200m, 3000m
Javelin, High Jump

ENTRIES CLOSE 23rd APRIL

**BEDFORD & COUNTY A.C.
YOUNG ATHLETES
MEETING**

(Under A.A.A. & W.A.A.A. Laws)

MONDAY, MAY 28th, 1979

AT NEWNHAM TRACK, BEDFORD

Commencing at 11.00 a.m.

Minor Girls — 100m, 200m, 800m, L.J.

Junior Ladies — 100m, 200m, 800m, 1500m,
L.J., H.J., Shot, Javelin, Discus.

Inter Ladies — 100m, 200m, 400m, 800m,
1500m, L.J., H.J., Shot, Javelin, Discus.

Colts — 100m, 200m, 800m, 1500m, H.J.

Boys — 100m, 200m, 400m, 800m, 1500m,
3000m, L.J., H.J., Shot, Javelin, Discus.

Youths — 100m, 200m, 400m, 800m, 1500m,
3000m, 1500m S/C, L.J., H.J., Shot, Javelin,
Discus.

Trophies — 1st, 2nd and 3rd in all events.

ENTRY FEE: 30p per event.

ENTRIES to D. Spring, 28 Wedgwood Road,
Bedford (0234-64737) with date of birth and
S.A.E.

ENTRIES CLOSE 7th MAY, 1979

STANDARDS MEETING APPLIED FOR

"You cannot buy gold medals"

there's any arrogance there at all. I just do it
because I get excited, you know?

I think athletics has improved out of all
recognition in recent years because of the
tremendous rapport between the crowd and the
athletes, the laps of honour, the waving and so
on.

I suppose so. I particularly love running at the
Palace because it's my home track really and you
get a lot of feeling there. I suppose they like to see
me run and like to see me wave and I just enjoy
doing it. It works both ways. At the Coke
meeting it was fabulous. I didn't know what the
public reaction would be, but when I stepped out
onto the track the whole of the back straight just
stood up and applauded. It overwhelmed me; I
didn't know what to do! There is that kind of
rapport, which seems strange to me, because I'm
probably the first athlete who hasn't given a lot
of time to image promotion. I don't appear on
television, I don't say the right things at the right
time like a lot of other athletes, yet despite that
and a lot of bad press coverage the crowd was
still with me. And the people showed, particularly
with the BBC Sports Personality Award, that
they are still for me and I think that's fabulous.

Are you going to continue to keep yourself
away from any kind of sponsorship deals?

Yes, I've never accepted any sponsorship at all
throughout the whole of my career, never even
from the Board. My parents have supported me
that long and I think it would be wrong to
suddenly switch over my allegiance to a major
firm that probably wouldn't be too worried about
my performances as long as they got a lot of press
coverage from it. They would use my name for a
minimum outlay of money as far as possible.
Again, there is this misconception that
sponsorship or money can buy medals. Because a
lot of money is going to be ploughed in between
now and the Olympics people will automatically
assume we're going to win gold medals . . . but
we're not. There's no way. You just cannot buy
gold medals.

However, Steve, you're in a fairly uncommon
situation in that you're able to pursue your
athletics career without financial worries.

I think I've put myself in that situation. A lot
of people say I'm lucky, I haven't got a job, I
haven't got any pressures. But I've done that:
I've decided I shouldn't get a job, I've decided
that I shouldn't get married. Others say they've
got a wife, they've got a kid, but they had the
decision. They could have said 'no, I don't want
this'. Or they could have said 'no, I don't want to
work, I'll apply for sponsorship'. There's plenty
of it about now. Really, this 'unique situation' is
not strictly true. A lot of people can fabricate the
same situation I've got if they had been fairly
ruthless enough with their life.

The occasion of Steve Ovett's fastest 1500m to date . . . the World Cup at Dusseldorf in 1977. Here is how the electric scoreboard displayed the result.

1500 M MAENNER				
ERGENIS				
PROGR. S. 76				
1	405	OVETT S.	EUR	3:34.50
2	905	WESSINGHA	GER	3:36.00
3	505	STRAUB J.	GDR	3:37.50
4	105	MORCELI A	AFR	3:37.80
5	305	ISHII T.	ASI	3:38.20
6	205	HILL D.	AME	3:39.20
7	805	SCOTT S.	USA	3:44.00
8	605	WALKER J.	OCE	AUFGEH.

George Herringshaw

But you've made these decisions to go your own way presumably because you felt it advantageous to your athletic career.

I'm not wrapped up in athletics. I think a lot of so-called top athletes now are paying the price of fabricating images through various PR situations and through the media. They are now having trouble not only with living up to their image but they're starting to believe in it — and their performances are suffering for it. When you go out onto a track and come face to face with the other competitors it's not your image that's going to run the race — it's you! So, staying away from sponsors, television and the press to a certain extent really lessens this fabrication of 'Steve Ovett — Superstar' and enhances my chances of running better on the track. I haven't got any image to live up to; well I don't think so and that's important to me. You asked me when you came in if people recognised me. They don't. When I go into shops and they ask me my name and I say Ovett, they say to me 'you're not any relation to the runner, are you?' It's good to have my own private life. It's important to me that I stay the way I am.

Do you have any definite ideas as to what you want to do in life?

Not really. When Cliff Temple came down for an afternoon, at the end of it he said he still couldn't understand me. I said 'Cliff, you can't understand me and you've been here half an hour — I can't understand me and I've been living with myself for 23 years!' I don't know how I'm going to end up, and although I should be I'm not really bothered. At least I've enjoyed myself from my start in athletics to when I finished. Many people work in jobs they don't like doing from the time they leave school to when they die. For me, it's more than enough to enjoy things day to day.

Some people have very definite ambitions in life — they want a house, marriage, a fridge, a camera, or knock one off their golf handicap. But I'm just meandering through and appreciating what I can when I can. I enjoy home life, I enjoy running, I enjoy doing things that other people can't do because they haven't got the time. Eventually I'll have to change. I can't go on

NEWARK ATHLETIC CLUB

ANNUAL ROAD RACES

SUNDAY, MAY 6th, 1979

Ladies 2 miles 2.30 p.m.

Men 6 miles 3.00 p.m.

**Changing at: Lilley and Stone School,
London Road, Newark.**

RACES SPONSORED BY LOCAL FIRMS

PRIZES: Individuals; Teams; Vet; Local.

Entry Fees: 30p Individuals (all competitors must enter as individuals). 50p per team, (3 to score). 50p individual on the day.

Entries by: Tuesday, 1st May (S.A.E. for details).

Entries to: R. O. Yeomans, 3 The Hemplands, Collingham, Newark, Notts. Tel. 0636 892864.

"Moscow doesn't bother me that much"

living with my parents for ever, but for the moment I'm quite happy. I'm just a child, I suppose, really!

Will you stay involved in athletics after you stop racing?

I don't think so. I would just enjoy being a jogger or a club runner afterwards. I wouldn't like to go through again the situations I've been through already even if it's in the category of being a coach . . . worrying about big races and so on. Harry gets just as nervous sometimes as I do.

How long do you anticipate staying in top-class athletics? Are you looking at anything beyond Moscow at this stage?

I'm not even looking at Moscow; that's the truth! Moscow doesn't bother me that much. Everyone seems to be obsessed with winning gold medals and I just cannot understand it. As I said to one journalist: 'Look, okay you're obsessed with my winning a gold medal in Moscow. Suppose I was to say to you next year on such and such a date you're going to write an article in 15 minutes, and it's going to be the best article of your life, and not only that but there's going to be eight other correspondents writing the same thing and we're going to select the best . . . and if you

don't get selected that's it, your life's a failure'. It's a bit hard, isn't it? The public and media put us under that stress and I think it's rather a false situation to get into. Everybody thinks that anyone who gets an Olympic gold medal is someone different, something mystical — which is not true. I know a lot of complete idiots who are Olympic champions and I know a lot of great athletes who never were. I think as long as you enjoy your running and enjoy life then Olympic gold and things like this are immaterial.

Can you honestly say that (a) if you got injured and missed the Games or (b) you make the Games and you don't win, you are still going to say you're not too bothered?

No, I won't be bothered. I sometimes go to schools and see a lot of kids who can't run, can hardly walk, and to me to be blessed with the ability to run is enough. Olympic golds are secondary really. How can you worry about world records when some kid can't even walk. You can get too wrapped up in it, I think. That's the attitude I have to the sport: I'm lucky enough to be able to run, lucky enough to have the gift to run, and that's all I accept. I don't want anything else. If, at the end of my career, I've only done such and such then that's enough. I'll have given everything I have to running, giving as much effort and time as possible, and that's good enough to me. I've been to the Olympics and I've known what it's like to fail at an Olympics. It would be no shock to me again in Moscow. I could come back from the Olympics quite easily finishing fifth or sixth again.

So your attitude has changed drastically since, in 1974, you were so bitterly disappointed at getting beaten in the European 800.

Yes, I do change. It was a necessary stage to go through; I had to be like that to start with. Every kid is like that, obsessed with achieving certain things, but I think you appreciate your situation a little better with time. You have different standards. In many ways an Olympic champion can be nothing but a disappointment to the press and public after the Olympics. If I win at the Olympics I don't think it would be enough for people if I got beaten after that. I could accept it but I don't think the general public could.

Like Lasse Viren?

Well, Lasse Viren has got probably the ideal situation. He doesn't run between Olympics! At least he doesn't put himself on the line except at the Olympics. The public expect sportsmen to be obsessed with the ultimate in their sport, and I'm not really.

On the other hand you have someone like Ian Stewart — to him anything less than winning was complete failure. That's no good, because you're just setting yourself up for disappointment that way.

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DATE: SUNDAY, 6th MAY, 1979

VENUE: Hillcrest School, Rye Road, Hastings

START: 2.30 p.m.

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Of Ian Stewart, pictured here running behind Ovett and ahead of John Walker and Ari Paunonen, Steve says: "I think he's probably the greatest distance runner we've had".

Peter Tempest

You are, you can be nothing but disappointed in life. I'm not that way. Does Ian classify his whole career as a complete waste of time now as far as he's concerned? By any standards, I think he's probably the greatest distance runner we've had; he's won everything except an Olympic gold. I wouldn't classify that as a disappointment.

You told me at the 'National' that you haven't

trained as hard as last year because you didn't have so much incentive this summer. Does the European Cup or World Cup come into your reckoning this year?

Not really, I don't think so. I've won the European and World Cup. There again, if I'm running well then I may just want to run to see how I go. It's very difficult for me to say what is important and what isn't. If I suddenly find I'm

BLACKHEATH HARRIERS

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TED PEPPER MEMORIAL ROAD RACE

6 Miles (Measured)

(Under A.A.A. laws)

BANK HOLIDAY MONDAY, 7th MAY, 1979 at 3 p.m.

PRIZES: First 25 individuals, first 3 vets O/40 and first O/50, first 3 teams (4 to count), first 'B' team (outside first 3).

CHANGING: Blackheath Harriers Club Room, 56 Bourne Way, Hayes, Kent. (Map Ref. TQ 398 660)

ENTRIES: 30p per individual, no team fee, **by 25th April, 1979** to: Mike Peel, 29 St. Davids Close, West Wickham, Kent. Tel. 01-777-8291. S. A. E. for confirmation.

TEA — REFRESHMENTS — BAR

injured it may be important to get back to fitness again; or if I'm running all right it may be important to run the World Cup or Europa Cup. At the moment I'm not **desperately** training hard to get to the World Cup. I'm just training with Matt the same as we would do normally. Last year we trained a little bit harder because we had the European coming up.

So you just take things as they come?

Yes. It's a terrible thing to write about — he hasn't got any ambitions! I'm not obsessed with running; if this year is a complete waste of time, fair enough. If the year after that is a complete waste of time, fair enough, although it includes the Olympics. It's that attitude that I just cannot get across to people, you know. I just enjoy running, just enjoy ticking over. If I'm running well, then great. I enjoy it, that's what the sport is there for, it's not for putting yourself under intense pressure all the time, feeling sick all the time, coming home and being depressed, and all that. Good grief!

You seem to be better equipped to keep things in perspective than those athletes for whom athletics is everything, and who get depressed even if they just have a bad run in training.

Although I understand that attitude, I'm not sure that I'm sympathetic with it. I think that's slightly naive and narrow visioned really. My attitude is similar not to top class athletes...

You're more like a club runner who happens to be extremely good...

Yes, that's right; someone like Matt, who runs because he loves running. Matt does exactly the same training as I do and he'll never be better than, say, good in Sussex, and he's quite happy with that. I would be quite happy with that, but unfortunately I was born a better athlete than Matt and that's progressed me up the scale to various other things.

After all this interesting philosophy, can I ask a more mundane question, You're not going to run in Limerick, and no doubt you will expect to be criticised for that. Can you explain why you are happy to run the National but not the International?

I love the National — and that's strange coming from a track runner, especially a half miler — because it brings together all the layers of athletes. Fred Bloggs can say 'I ran against Steve Ovett or Brendan Foster today'. The National is a vital part of our harrier tradition. I love taking part in it. Hell, it kills me, and while I'm running in it I hate it, but I think it's much more important than the International and I'll always support it. The International is something that I feel I cannot get involved in because it's infringing too much on my training for the track. I didn't run in the National to get a place in the team.

But you're likely to run in the Five Mills race in Italy the week after Limerick, as you did last year?

They've invited me. It's a comical occasion — you run in through people's back gardens, out through the mills while people are stacking up sacks of flour! It just appeals to me, I suppose, because it's so funny. It's an idiotic race and doesn't mean anything at all. It's fun. You could finish last because someone's hit you with a sack of flour! It weighs heavily in favour against running in the ultra-serious International with everything at stake. I accept that to do what I want to do I'm going to come in for criticism. Anyway, I'm not that much of a wonderful cross-country runner. I don't train for it; hell, nine miles is a struggle. I try hard but the body's just not willing! No, if I wanted to win the National I'd have to sacrifice my rest at the end of the track season; I'd have to train that much earlier and that much harder, run in all sorts of ten mile road races to get fit for running nine miles, run the National, win that, and then find myself completely and utterly exhausted by the time the track season comes around. My attitude towards track is fairly haphazard, and my attitude towards cross-country is even more so.

Do you feel you have obligations to anyone?

I don't run in the International because I don't want to do it. Simple as that. You see, I'm not obliged to anybody. I haven't got a boss who can come up to me and say why didn't you run for your country; I haven't accepted sponsorship, so sponsors can't say this is bad publicity; the Board or the Sports Aid Foundation don't give me money, so I don't have to answer to them. In that respect I'm quite lucky I suppose. But I only say I don't want to run for my country if I don't think I'm fit enough or don't think I'm going to perform well enough. This may upset people but that's the advantage I've got — I'm not that obliged. But overall I think I do give a lot back to the sport in performance; when I run I do run well. In other words I may not run that much but when I do it's good quality running.

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Cambridge & Coleridge AC officers: general secretary — R. Smith, 7 Marshall Road, Cambridge (tel. Camb. 45455); fixture secretary — B. Barnes, 13 Mead View, Oakington, Cambs. (tel. Histon 3695); women's secretary — B. Spratt, 60A Cherry Histon Road, Cambridge CB1 4AA (tel. Camb. 49838); cross-country secretary — P. Chaplin, 1 Gunning Way, Cambridge CB4 3SQ (tel. Camb. 59886).

Brighton & Hove AC officers: general secretary — K. Dale, 5 Birling Close, Brighton, Sussex (tel. Bri. 685102); fixtures secretaries — Mr & Mrs. M. Langmaid, 16 Fairford Close, Haywards Heath, Sussex, RH16 3EF (tel. Hay. Hth 52854); walking secretary — A. Buchanan, 200 Braeside Avenue, Patcham, Sussex (tel. Bri. 508717).

Nat Fisher Displays Sparkling Form

NAT FISHER, who won the Southern Veterans cross-country championship for the third time this year, scored another series of successes — but all in one day — at Woodford Green AC's 'Sun Life' road races on March 31st. First Fisher beat his own course record of 14:37 by 5 sec in comfortably winning the Veterans 3 miles race over three laps of the Eastway Cycle Circuit, Stratford, then an hour later he lined up for the 4 miles senior/junior race and proceeded to come home ninth out of 92 finishers.

Keith Penny was the winner of the race in 18:17 after breaking away from Andy Catton with a mile and a half to go. It is interesting to note that Andy's father, Jim Catton, won the over-60's division of the Veterans race and like Nat Fisher intends competing in the World Veterans Championships at Hannover in July. Penny remarked after his victory, in which his splits were 4:33, 9:07, and 13:41: "Last year's race was harder as Steve Kenyon forced the pace then and I was really having to hang on. I never got a chance to lead till the final straight, because of Steve pushing me so hard, and my record of 18:01 then will take some beating".

In the Women's 3 mile race Chris Benning (on 50 to 70 miles a week in 'essential' training for the 800 and 1500 in the summer), Wendy Smith (in her first race after an injury that kept her out of competition for five months) and Glynis Penny (who had a throat infection) were all timed at a mile in 5:07. At 2 miles Smith and Benning were out ahead in 10:16, and on the hill in the last lap Benning broke away.

Steve Gower, despite recent injury, led all the way in the 3 miles walk (6:47 and 14:12 on the way) and hopes to get fit enough for a chance of international selection again.

Alastair Aitken

1, K. Penny (Cambridge H) 18:17
2, A. Catton (Ilford) 18:49
3, P. Betteridge (Havering) 19:07
4, R. Green (Harl) 19:17; 5, M. Fromant (Mit) 19:22; 6, D. Coates (Ilf) 19:22; 7, E. Martin (Bas) 19:34; 8, Denehey (Bed-J) 19:40; 9, N. Fisher (Harl-V) 19:48; 10, K. Davies (N. Lon) 19:56; 11, N. Tyler (Hav) 20:00; 12, T. Farrow (Chelm) 20:02; 13, P. Palmer (Chelm) 20:05; 14, M. English (N. Lon) 20:06; 15, M. Emms (W. Gn) 20:07; 16, D. Horton (Harl) 20:08; 17, D. Munn (Sheff) 20:09; 18, M. Etchells (Ilf) 20:10; 19, J. Batchelor (Ilf) 20:11; 20, R. Friend (Dart) 20:12; 21, S. Vines (Hav) 20:13; 22, R. Dunn (Chelm) 20:13; 23, P. Coyne (Bed) 20:21; 24, M. Benning (Poly) 20:30; 25, K. Kearsley (E. Man-J) 20:32; 26, A. Pinfield (Mit) 20:33; 27, C. Reed (W. Gn) 20:33; 28, M. Bowler (S'end) 20:33; 29, P. Mylrea (Hav) 20:36; 30, M. Brown (Camb. H)

20:39. **Teams:** 1, Ilford 26; 2, Harlow 29; 3, Havering 35; 4, Chelmsford 47; 5, N. London 57; 6, Cambridge H 63; 7, Woodford Green 78; 8, Bedford 87.

Veterans

1, N. Fisher (Harlow) 14:32
2, A. Jones (Cambridge H) 15:09
3, L. Parrott (Havering) 15:15
4, J. Geoghegan (Camb. H) 15:18; 5, J. Oliver (Camb. H) 15:21; 6, T. Ryan (N. Lon) 15:27; 7, T. Hoyle (Hav) 15:32; 8, M. Robinson (Hav) 15:41; 9, A. Kimber (Dart) 15:46; 10, W. Roe (Hav) 15:47; 11, G. Martin (Camb. H) 15:50; 12, T. Everitt (E. Man) 15:52; 13, R. Chalk (Bas) 15:54; 14, E. Saberton (C&C) 15:55; 15, D. Day (Enf) 16:01; 16, G. Smith (E. Man) 16:05; 17, B. Middleton (Camb. H) 16:13; 18, S. Cash (Lough) 16:24; 19, H. Tempan (VPH) 16:29; 20, J. Porter (Mit) 16:30; 21, D. Mullen (G&G) 16:31; 22, P. Macen (Unatt) 16:35; 23, B. Hicks (Met. Pol) 16:37; 24, R. Heywood (Dart) 16:38; 25, C. Morgan (Dart) 16:40; 26, P. Keasley (E. Man) 16:41; 27, C. Mould (Hav) 16:45; 28, J. Harman (Hor) 16:48; 29, A. Tewksbury (Hav) 16:51; 30, M. Rossbrook (Bas) 16:59. **Teams:** 1, Cambridge H 17; 2, Havering 18; 3, Eton Manor 54; 4, Dartford 58; 5, Havering 'B' 66; 6, Basildon 92. (O/50): 1, Smith 16:05; 2, Tempan 16:29; 3, Harman 16:48. (O/60): J. Catton (Ilf) 19:38.

Walk

1, S. Gower (Ilf) 21:43
2, J. Robsin (Anglia Striders) 22:16
3, M. Scammell (Belgrave) 22:24
4, K. Carter (Ang) 22:41; 5, G. Scott (Enf) 23:12; 6, P. Furey (Enf) 23:39; 7, D. Shepherd (Ang) 23:56; 8, D. Salter (Enf) 24:04; 9, J. Hedgethorpe (Ang) 24:14; 10, N. Stone (Newh) 24:23. **Teams:** 1, Anglia Striders 13; 2, Borough of Enfield 19; 3, Ilford 27.

Women

1, C. Benning (Stretford) 15:23
2, W. Smith (Borough of Hounslow) 15:34
3, G. Penny (Cambridge H) 15:54
4, S. Harris (Birch) 17:08; 5, M. Meadows (Ilf) 17:38; 6, N. Braines (Peter) 17:49; 7, A. Tamplin (Harl) 18:01; 8, J. Dartnell (S'end) 18:05; 9, B. Lock (S'end) 18:17; 10, T. Truncey (Ilf) 18:34. **Teams:** 1, Ilford 29; 2, Harlow 36; 3, Havering 38.

A set of car keys was found at the Renfrewshire Road Races on March 24th. The owner should contact John Softely, 8 Craig Road, Cathcart, Glasgow, G44 3DR (tel. 041-633 2236).

CLEARANCE SALE

Fantastic Reductions

Approximately 15% off normal retail prices in our end of season sale, 1 month only, from date of publication. **Sale prices in brackets.**

NIKE WAFFLE TRAINER

sizes 6-12 £17.50 (**£14.90**)

NIKE LADY WAFFLE

sizes 4-5 1/2 £15.75 (**£13.40**) 6-8 £16.99 (**£14.45**)

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sizes childrens 10-5 £6.99 (**£5.95**)

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sizes 3-5 1/2 £9.25 (**£7.90**) 6-12 £9.99 (**£8.50**)

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Sizes: 26/28" £1.70 (**£1.45**)

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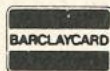
Sizes: Small, Medium, Large all at £5.95 (**£5.05**).

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Size: Small only at £6.25 (**£5.30**).

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Cash with order would be appreciated.



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Scottish Results

Springburn H Club Championships, at Auchinairn, (March 3rd). 1, T. Patterson 39:12; 2, A. McIndoe 42:10; 3, J. McKenzie 43:50. (Vets): 1, T. O'Reilly 31:55; 2, T. Malcolm 33:40; 3, B. Fickling 35:44. (Youths): 1, S. Callan 19:48; 2, A. Callan 20:33; 3, C. Canning 20:40. (Senior Boys): 1, R. Chalmers 21:04; 2, S. Murphy 22:12; 3, T. Gillespie 24:43. (Junior Boys): 1, K. Sinclair 19:02; 2, J. Kyle 19:20; 3, S. Bradley 19:29. (Colts): 1, M. Kerr 9:35; 2, J. Stewart 10:20.

Inter-University CC Match, at Balgownie (March 10th). 1, F. Clyne (Glas) 31:40; 2, R. Murray (Glas) 32:04; 3, C. Donnelly (A'deen) 32:15; 4, M. Edwards (A'deen AAC) 32:43; 5, G. Getty (Strath) 32:53. Team: Aberdeen Univ. (Women): 1, S. McLaren (A'deen AAC) 16:32; 2, B. Harvie (A'deen) 16:55; 3, U. McKane (A'deen) 17:59.

Inverclyde District 7½ Mile CC Champs, at Greenock (March 10th). 1, G. Clark (SV) 37:12; 2, T. Dobbin (SV) 39:01; 3, G. Gaffney (G.

W'park) 39:23; 4, R. Hodelet (G. G'park) 39:41; 5, J. Orr (G. G'park) 40:04. Teams: 1, Spango Valley 20; 2, Greenock Glenpark 25; 3, Greenock Wellpark 33.

City of Edinburgh CC Races, at Inverleith Park (March 17th). 1, S. Gibson (Edin. U) 29:49; 2, C. Youngson (ESH) 30:08; 3, J. Thomson (Law) 30:19; 4, A. Keith (EAC) 30:30; 5, A. Robertson (ESH) 30:53; 6, I. Orton (ESH) 31:08; 7, N. Jones (EAC) 31:27; 8, C. Aithie (EAC) 31:28; 9, R. Morris (EAC) 31:33; 10, J. Gibson (FVH) 31:36; 11, R. Adams (FVH) 31:36; 12, W. Blair (FVH) 31:55; 13, C. White (Edin. U) 32:04; 14, J. Gray (EAC) 32:27; 15, E. Fisher (EAC) 32:37. Teams: 1, Edinburgh Southern 13; 2, Edinburgh AC 19; 3, Edinburgh Univ. 31; 4, Falkirk Victoria 33. (Youths): 1, A. Mackay (EAC) 21:18; 2, D. Brodie (ESH) 21:38; 3, J. Steel (ESH) 22:02; 4, A. Murray (Cen. R) 22:09; 5, S. Dick (EAC) 22:11; 6, C. McQueen (VP) 22:20; 7, T. Miller (EAC) 22:20; 8, A. Pringle (GHS) 22:31; 9, E. McQueen (GHS) 22:42; 10, K. Anthony (Fife S) 22:47. Teams: 1, EAC 13; 2, ESH 23; 3, George Heriot's School 30; 4, Central Region 34; 5, Victoria Park 40. (Senior Boys): 1, A. Anderson (VP) 16:12; 2, J. Watson (Liv) 16:18; 3, M. Walker (Cen. R) 16:32; 4, R. Cameron (Cen. R) 16:36; 5, B. Slessor (ESH) 16:54; 6, J. Cowan (VP) 16:56; 7, J. Anderson (ESH) 17:00; 8, J. Blair (EAC) 17:05; 9, A. Bennett (Ind) 17:16; 10, J. Miller (VP) 17:19. Teams: 1, Victoria Park 17; 2, Central Region 18; 3, Livingston 34; 4, ESH 34; 5, EAC 44; 6, Dumbarton 49. (Colts): 1, D. Green (Shett) 10:14; 2, M. Bingham (Liv) 10:25; 3, S. Campbell (Liv) 10:27; 4, A. Swan (Shett) 10:38; 5, J. Green (Liv) 10:46; 6, M. Pullar (Pit) 10:49. (Women): 1, B. Harvie (A'deen. U) 18:30; 2, C. Lightfoot (Shett) 18:44; 3, M. Brown (ESH) 18:46; 4, C. Deegan (ESH) 19:02; 5, P. Meldrum (Glas) 19:41; 6, D. Thomson (Ind) 19:52; 7, E. Trainer (Shett) 19:58; 8, M. McLeod (ESH) 20:09; 9, J. Millington (ESH) 20:15; 10, A. Munroe (ESH) 20:45. Teams: 1, ESH 15; 2, Shettleston 18. (Inters): 1, B. Breen (FVH) 18:19; 2, G. Pullar (Pit) 20:05; 3, M. Barrie (Liv) 20:24; 4, M. Morgan (VP) 20:33; 5, S. Malcolm (Cen. R) 20:41. Team: Central Region. (Juniors): 1, S. Morris (Shett) 11:50; 2, A. Everett (Shett) 12:00; 3, C. Gray (EAC) 12:27; 4, T. Reid (VP) 12:47; 5, L. Glen (VoL) 12:48; 6, L. McArthur (FVH) 12:54. Teams: Shettleston 16; 2, Victoria Park 19; 3, Vale of Leven 41; 4, ESH 54; 5, Central Region 65; 6, Fife Southern 77. (Girls): 1, K. Husband (ESH) 10:36; 2, E. Barrett (ESH) 10:36; 3, S. Gumbrell (Fife S) 10:41; 4, J. Stewart (VP) 10:46; 5, E. McInnes (VP) 10:54; 6, E. McMinn (Law) 10:59. Teams: 1, Victoria Park 16; 2, ESH 21; 3, Livingston 30. (U/11): 1, S. Hamilton (ESH) 6:24; 2, K. Ross (ESH) 6:32; 3, Y. Cowan (Liv) 6:34. Teams: 1, ESH 16; 2, Victoria Park 19; 3, Pitreavie 21.

Looking forward to seeing you again
or welcoming you for the first time

PLESSEY (BEESTON)

SPORTS AND SOCIAL CLUB

18th ATHLETIC & CYCLE MEETING

SATURDAY, 23rd JUNE, 1979

Trent Vale Road Ground, Beeston, Nottingham
(Under AAA, WAAA Laws and BCF Laws)

Track Events commencing 2.15 p.m.

Organising Secretary, Noel Baisbrown

Events

MEN

100 metres Handicap
200 metres Handicap
800 metres Handicap
1500 metres Handicap
5000 metres Handicap
and 1st Team (4 run, 3 count)

LADIES

100 metres Handicap
200 metres Handicap
800 metres Scratch
1500 metres Scratch

Prize Values

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£15 £10 £8
£15 £10 £8
3 x £5

We regret prizes cannot be exchanged

Entries: 15p per event. Team 25p. Team members in 5000 metres not eligible for individual prizes unless also entered as individuals.

Entries must be received not later than Friday, 25th May. Note early closing date due to Bank Holidays, etc. Entries to: Len Upton, General Sec., (PB)S.S.C., Plessey Telecommunications Ltd., Beeston, Notts NG9 1LA.

The committee reserve the right to withdraw any event if less than 12 entries are received, and to abandon any event if bad weather endangers the track surface to the extent of long term damage.

Competitors — Bring your family — Its a great sports & gala day — something for everyone.

Results In Brief

March 8th

First National Post Office CC Champs, at Stockport. 1, M. Densley (Mid) 20:28; 2, C. Robinson (NW) 20:50; 3, L. Benjamin (LPR-Y) 20:55; 4, C. Moxsom (LTR) 21:05; 5, K. Fradley (Mid) 21:13; 6, J. Evans (Scot) 21:20; 7, W. Cooper (NW-V) 21:22; 8, M. Logue (Scot) 21:25; 9, M. Oldham (NW) 21:27; 10, J. Crowley (NE) 21:27; 11, T. Moore (NW) 21:34; 12, J. Gibson (N. Ire) 21:48; 13, M. Flynn (NW) 21:50. Teams: 1, London Telecomms. 63; 2, Midland 69; 3, North Western 73; 4, Northern Ireland 99; 5, North Eastern 105; 6, Scotland 117. **(Veterans):** 1, Cooper; 2, P. Morris (Mid) 22:30; 3, G. Eadie (Scot) 23:02. **(Youths):** 1, Benjamin; 2, S. Beattie (NE) 22:18; 3, H. Thompson (LPR) 24:38.

March 10th

Albert Cook Boys Relay, at Maidstone. 1, Basildon 47:11; 2, Elliott & R 48:57; 3, Ashford 49:38; 4, Crawley 51:07. Fastest laps: 1, G. Couch (Bas) 11:27; 2, P. Barr (Bas) 11:36; 3, I. Chalk (Bas) 11:46. **(Colts Race, Loalala Trophy):** 1, A. Rosbrook (Bas) 11:58; 2, A. Hollens (Ton) 12:00; 3, D. Neale (Ton) 12:01; 4, G. Nash (Ash) 12:17; 5, I. Coates (Med) 12:30; 6, A. Suckling (B'heath) 12:46. Teams: 1, Tonbridge 23; 2, Medway 60; 3, Crawley 76.

Ranelagh H Veterans Championship & "Hastings" Cup, at Richmond Park. 1, A. Horne 44:46; 2, J. Bull 44:53; 3, J. Kirk 46:07.

Hull & District CC Championships, at Hull. 1, S. Crossland (E. Hull) 42:40; 2, J. Clark (Grim) 42:54; 3, C. Nightingale (CoH) 44:06; 4, S. Shallcross (CoH) 44:12; 5, J. Barker (Grim) 44:35; 6, C. Voden (CoH) 44:41; 7, T. Hunter (E. Hull-V) 44:47; 8, P. Maglagan (CoH) 44:55; 9, N. Goodwin (Grim) 45:08. Teams: 1, City of Hull 32; 2, Grimsby 41; 3, E. Hull 47. **(Juniors):** 1, D. Parish (Rown) 33:20; 2, M. Upton (Rown) 34:40; 3, L. Kirlew (E. Hull) 35:00; 4, G. Baker (CoH) 35:33. Teams: 1, Rowntrees 11; 2, City of Hull 17; 3, E. Hull 27. **(Youths):** 1, A. Shelbourne (E. Hull) 21:55; 2, I. Swift (CoH) 22:14; 3, N. Hunter (Rown) 22:35; 4, A. Cocks (CoH) 22:40; 5, A. Malton (CoH) 22:49; 6, L. Glasby (E. Hull) 23:00; 7, C. Headley (Scar) 23:01; 8, A. Raiton (CoH) 23:03. Teams: 1, City of Hull 11; 2, E. Hull 17; 3, City of Hull 'B' 29. **(Boys):** 1, D. Stones (Bart) 16:30; 2, D. Clarke (Hull) 16:40; 3, P. Flanagan (Rown) 16:59; 4, S. Bowering (E. Hull) 17:02; 5, M. Goodwin (E. Hull) 17:08; 6, G. Dibnah (E. Hull) 17:09; 7, M. Ainsworth (Rown) 17:12; 8, S. Bain (Rown) 17:15. Teams: 1, E. Hull 15; 2, Rowntrees 18; 3, Barton 28. **(Colts):** 1, C. Flowers (E. Hull) 11:32; 2, P. Booth (Hull) 11:33; 3, D. Matthews (Hull)

11:38; 4, D. Andrews (CoH) 12:05; 5, D. Fox (E. Hull) 12:07. Teams: 1, E. Hull 12; 2, Hull S 13; 3, City of Hull 24. **(Women):** 1, V. Stammers (CoH) 12:48; 2, D. Briggs (CoH) 13:01; 3, T. Louth (CoH) 13:07; 4, A. Rodmell (CoH) 13:15. **(Inters):** 1, K. Almond (CoH) 12:16; 2, C. Brown (Hull) 13:04; 3, D. Hugill (Rown) 13:56. **(Juniors):** 1, J. Campion (E. Hull) 10:12; 2, H. Bullimore (Rown) 10:28; 3, M. Maull (E. Hull) 10:29. Teams: 1, E. Hull 9; 2, City of Hull 23; 3, Hull S 31. **(Girls):** 1, J. Millership (CoH) 6:03; 2, H. France (CoH) 6:19; 3, V. Dawes (CoH) 6:20. Team: City of Hull.

Chester & Ellesmere Port Women's CC Championships. 1, J. Asgill (Stret) 18:58; 2, J. Marlow (Stret) 19:09; 3, J. Boydell (Stret) 19:32; 4, S. Parker (W&B) 19:51; 5, R. Bowers (Warr) 20:00; 6, J. Holmes (Liv) 20:15; 7, C. Readdy (Stoke) 20:21; 8, G. Rhodes (Stoke) 20:36; 9, S. Hales (Wirr) 20:59; 10, L. Degg (Stoke) 21:15. Teams: 1, Stretford 6; 2, City of Stoke 25; 3, Liverpool 34. **(Inters):** 1, E. Young (Man) 12:38; 2, A. Pattinson (Cann) 12:58; 3, J. Smith (Cann) 13:03; 4, K. Bachelor (Cann) 13:05; 5, C. Riley (Stret) 13:18; 6, J. Simcock (Stoke) 13:32. Teams: 1, Cannock Chase 10; 2, Warrington 29; 3, Stretford 40. **(Juniors):** 1, M. Drath (Ashton) 11:19; 2, C. Simcock (Stoke) 11:31; 3, J. Wedman (Stret) 11:37; 4, M. George (Stoke) 11:41; 5, J. McLean (Stret) 11:49; 6, P. Brannelly (Stoke) 11:54. Teams: 1, City Of Stoke 27; 2, Stretford 51; 3, Cannock Chase 63. **(Girls):** 1, T. Jones (Stoke) 10:12; 2, H. McDonald (Cann) 10:14; 3, J. Gough (Leigh) 10:19. Teams: 1, Bromsgrove & R 62; 2, Cannock Chase 87; 3, Salford M 108. **(U/11):** 1, S. York (S&NH) 6:27; 2, L. Potter (B&R) 6:32; 3, P. Demonti (S&NH) 6:38. Teams: 1, Frodsham 23; 2, Ashton 64; 3, Stretford 87.

HHH SURREY WOMEN'S LEAGUE

At Redhill, March 3rd

1, L. Dalley (Sy. B) 16:22; 2, P. Davies (Bel) 17:14; 3, J. McKnight (Croy) 18:01. Teams: 1, Hercules Wimbledon 28; 2, Surrey Beagles 29; 3, Croydon 32. Final positions: 1, Belgrave 13; 2, Surrey Beagles 11; 3, Hercules Wimbledon 10; 4, Croydon 10. **(Juniors):** 1, M. Tingay (Sy. B) 10:18; 2, W. Williams (HHH) 11:22; 3, J. Worsfold (Sy. B) 11:34; 4, A. Trevitt (HW) 11:44; 5, L. Humphries (HW) 11:53; 6, S. Cohen (HHH) 12:09. Teams: 1, Herne Hill 25; 2, Hercules Wimbledon 37; 3, Surrey Beagles 51. Final positions: 1, Herne Hill 29; 2, Dorking St. Pauls 21; 3, Walton 20; 4, Surrey Beagles 16; 5, Hercules Wimbledon 15. **(Girls):** 1, J. Clark (R&R) 8:49; 2, C. Betts (Dor. St. P) 8:56; 3, J. Streeter (R&R) 9:03; 4, J. Creed (Sy. B) 9:21; 5, T. Bowser (Dor. St. P) 9:25; 6, A. Peake (HW) 9:34. Teams: 1, Dorking St. Pauls 45; 2, Surrey Beagles 48; 3, Redhill & R 55. Final positions: 1, Dorking St. Pauls 27; 2, Walton 24; 3, Redhill & R 20; 4, Surrey Beagles 18.

Letters

DENIS WATTS' TREMENDOUS CONTRIBUTION

Dear Sir,

On behalf of all followers of athletics in the North West I would like to express through your columns sincere thanks to Denis Watts for the tremendous contribution he has made to coaching in the North and more particularly in the North West.

The present BAAB coaching scheme is working successfully here and a great deal of this success is due to the foundation work carried out by Denis during the time that he was responsible for coaching in the North and also as a Principal National Coach.

When I became interested in coaching in this area in the early 1960's it was an uphill struggle to get courses arranged with the minimum of facilities and apparent lack of interest, but Denis was never discouraged and could always be depended upon to assist when required, which was on many occasions as there were very few coaches with his extensive knowledge.

He was of course dependent upon the co-operation and sacrifices of his wife, Stephanie. His many absences on coaching courses and international matches at home and abroad must have presented many domestic difficulties and therefore any thanks to Denis must also be extended even more so to Stephanie.

I am sure all athletes and officials will join me in wishing Denis and his wife many happy years in retirement, which I understand will be spent in the Lake District. This I hope will mean that we shall see him from time to time at major meetings and social functions in the North West. Once again, many thanks Denis and Stephanie.

Les Williams,
Chairman, North West Athletics
Coaching Committee

I would like to add my best wishes to Denis on the occasion of his retirement as BAAB Principal National Coach and congratulate him on his many years of devoted and successful service to

BMC PRESENTATION

The British Milers' Club National Committee entertained Denis Watts to dinner in London last month to mark his retirement and great service to British middle distance running. The committee made a presentation gift to him. In his speech of thanks, Denis paid tribute to the BMC and said that without them we would not be leading the world as we are in miling.

the sport. Denis was a fine athlete in his own right, 6th in the 1946 European long jump championship and AAA champion in that event and the triple jump. He began coaching in 1941 while in the RAF. Among the many athletes he guided to stardom was Ann Packer, the 1964 Olympic 800m champion and 400m silver medallist. Good wishes on his retirement also go to Midlands-based National Coach Bill Marlow, the man who shaped Peter Radford into an Olympic sprint medallist. — Mel Watman.

WHAT HAPPENED TO MICK MORTON?

Dear Sir,

After reading 'AW' where you stated that little has been heard of me this year it has been brought to my attention that very few people have heard what's happened this year. Well, the story is that I have struggled through since the end of the track season with a cyst on one of my cartilages without too much success. Following an operation, I hope to be running well by the end of June.

Mick Morton,
Waddington, Lancs.

CHRIS SHOULD HAVE BEEN PICKED

Dear Sir,

I should like to protest about the unjustified non-selection of Chris Harvey for the 3000m walk in the Spain v UK v Italy indoor match. As the third ranked Briton in this event and an international of proven ability he surely had a right to be offered selection for this race since Roger Mills and Brian Adams (the two athletes above him in the rankings) both evidently turned it down. As one of the fastest rising young prospects in British walking and a possible future competitor in major championships, this trip would have been of inestimable value in acclimatising him to travelling abroad with a full athletics team as opposed to just a handful of walkers, as well as being valuable competitive experience.

Steve Uttley,
Lancs Walking Club

THANKS — SAYS KEN HARLAND

Dear Sir,

May I be allowed to express my gratitude for the truly fantastic number of messages of condolence and encouragement from both close friends and just acquaintances after my recent accident. It is an over-used cliché that such circumstances reveal one's true friends, but I can't think of any better way of describing the enormous support I have received.

I am pleased to say that things are going as well as can be expected, and with any luck I could be back on my feet within a few weeks, although a burn-up with my old friends and rivals may take a little longer.

Ken Harland

UK RESULTS ROUND-UP

18.2 Whitchurch. Women's SP: Venissa Head 15.54. **10.3. Kandel (Ger).** Mar: 3, T. Jones 2:22.24. **25.3. Essonne (Fra).** Mar: 2, D. Clark 2:16.02; 4, P. Eales 2:17.03; 8, B. Watson 2:20.52; 9, M. Knapp 2:21.01; 10, M. Gratton 2:22.29. **30.3. Gainesville (USA).** 800: 2, P. Chimes 1:49.5. **31.3. Gainesville.** 1500: 1, D. Warren 3:42.8; 2, D. Rafferty 3:45.2. **31.3. Memphis (USA).** Women's Pent: A. Manley 3736 (5.98 LJ). **31.3. San Jose (USA).** DT: 2, C. Sutherland 52.58. **1.4. Whitchurch.** Women's SP: Head 15.19; DT: L. Mallin 52.66. **7.4. Wimbledon.** (Southern Road Relay) 1, Aldershot 4:08.51; 2, TVH 4:10.23; 3, Shaftesbury 4:11.12. Fastest long leg: S. Overt 23:47. A. Simmons 23:53; short: J. Wigley 15:21. **7.4. Sutton Coldfield.** (Midland RR) 1, Tipton 3:42.43; 2, Birchfield 3:45.00; 3, Bristol 3:47.22. Fastest short leg: M. Kearns 13:53. **7.4. Cleckheaton.** (Northern RR) 1, Bolton 4:21.10; 2, Bingley; 3, Manchester. **7.4. York.** 10M Walk: 1, C. Harvey 71:25; 2, B. Adams 71:51; 3, R. Mills 72:14.

DEVON COUNTY CC CHAMPS

At Torquay, March 17th

1, B. Knight (Tor) 36:39; 2, P. Gadon (Tor) 37:18; 3, C. Hazelwood (RM) 37:37; 4, C. Abrahams (Tor) 38:06; 5, K. Cawley (Ply) 38:38; 6, G. Seward (Exe) 39:00; 7, J. Zaple (Exe) 39:17; 8, R. Williams (Tiv) 39:28; 9, W. Valentine (Tor) 40:02; 10, M. Paine (Tor) 40:31. Team: Torbay. (Juniors): 1, C. Bibby (Ply) 31:14; 2, R. Butler (N. Dev) 32:02; 3, K. De'Ath (New. A) 32:46. (Youths): 1, K. Field (Tiv) 23:37; 2, R. Chudley (Tor) 24:01; 3, P. Phillips (Tor) 25:37; 4, J. Brewer (New. A) 26:04; 5, P. Alford (Tor) 21:22. Team: Torbay. (Boys): 1, C. Dunne (Ply) 19:04; 2, P. Harvy (Tiv) 19:22; 3, R. Martin (Ply) 19:45; 4, D. Hunt (Exe) 20:06; 5, M. Northam (Ply) 20:07. Teams: 1, City of Plymouth 8; 2, Tiverton 17; 3, Torbay 26. (Colts): 1, T. Brice (Ply) 12:29; 2, A. Ivory (N. Dev) 12:36; 3, A. Reed (Ilfra) 12:40; 4, P. Ebsworthy (Exe) 12:51. Teams: 1, City of Plymouth 11; 2, Exeter 15.

"PAT SPENCE" MEMORIAL CC MEETING

At Greenock, March 25th

1, C. Deegan (ESH) 23:22; 2, P. Meldrum (Glas) 23:50; 3, D. Thomson (Law) 24:23. Team: Greenock Rankin Park. (Inters): 1, M. Morgan (VP) 20:40; 2, V. McWilliams (GRP) 20:48; 3, M. O'Neill (Law) 22:20. Team: Greenock Rankin Park. (Juniors): 1, M. Young (VP) 11:49; 2, K. Greally (Pit) 11:58; 3, K. McKee (VP) 12:11. Teams: 1, Victoria Park 8; 2, Pitreavie 13. (Girls): 1, J. Stewart (VP) 9:57; 2, E. Barrett (ESH) 9:57; 3, K. Husband (ESH) 9:57. Teams: 1, Victoria Park 10; 2, Edinburgh Southern 20; 3, Pitreavie 28. (U/11): 1, K. Ross (ESH) 7:12; 2, S. Anderson (ESH) 7:14; 3, H. McHenry (VP) 7:22. Teams: 1, Edinburgh Southern 8; 2, Pitreavie 17.

APRIL BARGAINS

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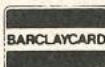
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(European Track and Field Coaches Association)

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MARION FAWKES WORLD'S FASTEST AT 10km

MARION Fawkes set a world's best of 48:37.6 in winning the WAAA 10,000m track championship at Hornchurch on March 31st. In a superb display of aggressive walking Marion clearly showed that she is a match for anybody in the world on her day, particularly at this distance. Following a steady first lap with Judy Farr, Marion burst ahead and was never challenged. Her kilometre splits show the speed and consistency of her walking: 4:45; 4:44; 4:49 (14:18 for 3km); 4:53; 4:52 (24:03 for 5km); 4:51; 4:59; 4:57; 4:56; 4:51.

While Marion was taking 2.7 sec off the previous best set by Siv Gustafsson (Sweden) in 1977, Irene Bateman was chasing hard and even closing a little in the last 4km to clock 49:05 — moving into No. 4 spot on the all-time list. Taking third place that remarkable veteran, Judy Farr, showed good technique and stamina after having to give way to Irene after 3km or so. Chasing Judy, Beverley Francis had an excellent race but Carol Tyson, though working extremely hard, obviously had not recovered from her recent knee operation. With Fawkes and Bateman in such form it now seems that the British team has every chance of beating the strong Swedish squad.



MARION FAWKES

Mike Street

1, M. Fawkes (N. Shields Poly) 48:37.6; 2, I. Bateman (Basildon) 49:05; 3, J. Farr (Trow) 51:18; 4, B. Francis (B&H) 51:35; 5, C. Tyson (Lake) 52:27; 6, V. Birch (Enf) 52:41; 7, S. Till (B&H) 54:18; 8, P. Reynolds (RoI) 57:57.

World all-time list: 48:37.6 M. Fawkes (UK); 48:40.3 S. Gustafsson (Swe); 48:58.0 M. Olsson (Swe); 48:59.0 M. Simu (Swe); 49:05.0 I. Bateman (UK); 49:19.7 T. Gylde (Nor).

Continued on next page

UK WOMEN'S WALKS RANKINGS 1978

THANKS to some very diligent research by John Powell, I am now able to include the result of the 5000m trial race at Warley on July 9th and various other races, and I revise my merit rankings as follows: (Nat = National Road Walk)

1. **Carol Tyson** 3km—13:40.0, 14:04.0, 14:22.0, 1st North; 5km—23:35.2R, 24:08R, 24:08.2, 24:21.1, 2nd Warley, 1st WAAA, 4th World, 1st Nat; 10km—49:26.7R, 49:59, 1st WAAA.

2. **Marion Fawkes** 3km—14:10.5, 14:29.4, 14:31.6, 2nd North; 5km—23:31.7R, 24:21.1, 1st Warley, disq WAAA, 3rd World; 10km—50:31, 2nd WAAA.

3. **Judy Farr** 3km—14:46.0, 15:27.4, 1st South IC; 5km—24:21R, 24:29R, 24:31R, 1st South, 4th Nat; 10km—50:46, 51:38R, 1st Brock. Pk, 3rd WAAA.

4. **Karen Eden** 3km—14:33.0; 5km—24:20R, 24:45.4, 25:09.4, 1st Mid, 3rd Warley, 3rd WAAA, disq World, 2nd Nat; 10km—53:00R, 53:44, 3rd Mid, 3rd Brock. Pk.

5. **Virginia Birch** 3km—14:56.0, 14:59.0, 15:00.0; 5km—25:06.4, 25:13R, 26:07.0, 2nd Mid, 8th Warley, 2nd WAAA; 10km—51:36, 52:13R, 52:16, 4th WAAA, 1st Mid, 2nd Brock. Pk.

6. **Irene Bateman** 3km—14:34.0, 14:48.6, 14:49.0, 1st South, 2nd South IC; 5km—24:26R, 24:46.2, 25:09.9, 4th Warley, 12th World, 3rd Nat; 10km—53:51, 6th WAAA.

7. **Beverley Francis** 3km—14:41.3, 14:45.6, 15:02.0, 2nd South; 5km—24:49.4, 24:55R, 25:00.0, 6th Warley, 5th Nat; 10km—53:57R, 53:58R, 54:22, 7th WAAA, 4th Brock. Pk.

8eq **Elaine Cox** 3km—15:12.8; 5km—23:57.2, 26:32R, 26:54.0, 1st E. Sch, 3rd Mid, 7th Warley, 4th WAAA, 7th Nat; 10km—52:09, 54:06R, 55:05, 8th WAAA, 2nd Mid, 5th Brock. Pk.

8eq **Sylvia Saunders** 5km—25:27.4, 27:52.4, 4th Mid, 5th Warley.

10. **Christine Coleman** 5km—25:20R, 26:39.0, 2nd South, 9th Warley; 10km—52:59, 55:18R, 55:38R, 5th WAAA, 7th Brock. Pk.

Amendments to other women's merit rankings — 100: Heather Hunte add 11.7. 100H: Judy Vernon born 25:9.45. 400H: 7, Jane Colebrook 59.2, 61.3, 61.9; 8, Brady; 9, Kiernan; 10eq, Griffiths & Reed.

Peter Matthews

MARION FAWKES

Born in North Shields, 3.12.1948.
Height: 1.52/4'11½"; Weight: 43kg/95lb.
Club: North Shields Polytechnic. Married to walker Peter Fawkes.

Began in athletics as a hurdler and half-miler; joined North Shields Poly in 1966. Took up walking in 1967. Best marks: 3000 — 14:10.5 (1978), 5000 — 23:59.6 (1977) & 23.31.7 (road — 1978), 10,000 — 48:37.6 (1979). Annual progression:

1973	15.04.6	25:28.0	—
1974	14:33.6	24:59.2	—
1975	14:24.4	24:47.8	—
1976	14:14.8	24:10.0	—
1977	14:25.0	23:59.6	50:03.0
1978	14:10.5	23:31.7(r)	50:31.0
1979	—	—	48:37.6

(r) road time

Brian Adams notches up 5th successive win in AAA track 10,000m championship, at Hornchurch (March 31st). From the start Roger Mills and Brian Adams spreadeagled the field, going through 2km in 8:21 and passing 3km in 12:44. Mills continued to lead but Graham Morris, having dropped Gordon Vale, was cutting the deficit on the two leaders. Just after passing 5km (21:40) Adams sprinted ahead and within 200m Mills had retired with acute shin soreness. Adams was not seriously challenged although Morris never really dropped away. Amos Seddon worked his way through the field and then held off a revitalised Gordon Vale, who had dropped back to 7th at one stage. The Surrey Junior, although not quite up to his recent Southern Championship form, put in another solid performance. Peter Marlow, back in top racing again, showed his usual immaculate style.

1, B. Adams (Leics) 43:48.2; 2, G. Morris (Stey) 44:09.2; 3, A. Seddon (Enf) 45:25.6; 4, G. Vale (Sy) 45:37.2; 5, C. Lawton (Bel) 45:55; 6, P. Marlow (B&H) 46:05; 7, R. Hankin (Sheff) 46:32; 8, A. King (Leic) 46:38; 9, N. Troy (Harb) 46:40; 10, R. Dorman (Bel) 47:01; 11, D. Jarman (Sy) 47:02; 12, D. Stevens (Stey) 47:18; 13, M. Miley (Harb) 47:24; 14, N. Walsh (Grey) 47:41; 15, A. James (Enf) 47:52; 16, T. Hayes (Med) 49:09; 17, D. Buchanan (B&H) 49:41; 18, S. Mendham (Hav) 49:47; 19, A. Buchanan (B&H) 49:57; 20, D. Hay (Hav) 50:11; 21, J. Newnham (Bel) 50:43; 22, N. Perry (B&H) 51:31; 23, T. McDermot (Bel) 51:41.

Colin Young

South Western & Hampshire 10M Championships, at Salisbury (February 24th). 1, C. Maddocks (Daw) 76:01; 2, D. Jones (Wey) 77:54; 3, E. Shillabeer (Daw) 78:16; 4, J. Turner (Trow) 79:12; 5, S. Maidment (Stey) 81:39; 6, W. Wright (S&E) 81:43; 7, K. Baker (Wey) 83:19; 8, G. Saxty (Trow) 84:30; 9, C. Dunn (Wey) 84:39; 10,

R. Jones (Wey) 85:01. Teams: 1, Dawlish 13; 2, Weymouth 14. (Dorset): 1, D. Jones; 2, Baker; 3, Dunn. (Devon): 1, Maddocks; 2, Shillabeer. (Wiltshire): 1, Turner; 2, Saxty. (Hampshire): 1, Wright; 2, R. Eade (B'stoke) 85:12. Phil Thorn Trophy: 1, Dorset 20; 2, Devon 28; 3, Hampshire 32.

Worcestershire County AAA Road Championships, at Quinton (February 24th). 1, M. Miley (Harb-J) 75:26; 2, N. Troy (Harb-J) 75:39; 3, G. Tranter (RSC) 77:26; 4, P. Rogers (B&R) 77:49; 5, R. Gardner (Hales) 80:16; 6, A. Smallwood (Hales) 81:30; 7, R. Care (Harb) 82:17; 8, R. Rawlins (Harb-J) 84:24. Team: Harborne. (Youths): 1, I. Hartles (B&R) 25:56; 2, N. Stewart (Harb) 26:43. (Boys): 1, N. Corbett (B&R) 15:17; 2, N. Cotterill (Harb) 16:04; 3, A. Bell (Harb) 16:22. Team: Harborne. (Women): 1, J. Wickham (Harb) 26:05; 2, D. Birbeck (Worcs) 27:20. (Inters): 1, A. Jones (Harb) 26:22; 2, D. Miley (Harb) 26:58; 3, L. Tyrell (Worcs) 27:30; 4, S. Crutchley (Harb) 28:16. Team: Harborne. (Juniors): 1, C. Fierek (Worcs) 16:45; 2, N. Griffiths (Harb) 16:54; 3, S. O'Neill (Worcs) 17:38; 4, A. Ricketts (Worcs) 17:52. Team: Worcester. (Girls): 1, K. Bowers (B&R) 12:30; 2, M. Small (Worcs) 13:01; 3, C. Rawlins (Harb) 14:00; 4, J. Blundell (B&R) 14:34. Team: Worcester.

Midland Counties Women's AAA 10km Champs, at Northfield (March 10th). 1, K. Eden (Sol) 52:12; 2, J. Lewis (Holl. P) 61:34; 3, D. Birbeck (Worcs) 62:08; 4, D. Miley (Harb) 64:49; 5, H. Roe (Sol) 66:05. (Open 2000m, U/15): 1, G. Nichol (Sol); 2, J. Storer (RSC). (U/13): 1, K. Williams (Sol) 12:10; 2, J. Blondell (B&R) 12:40; 3, A. Bartlam (B'ville P) 13:06.

Swift AC Meeting, at Thrapston (March 4th). 1, K. Emsley (Corby) 29:29; 2, D. Levy (Swift-V) 30:05; 3, M. Blyth (Leics) 32:00. Team: Corby. (Boys 1M): 1, C. Morgan (Corby) 8:00; 2, D. Lynch (Swifts) 8:05; 3, J. Levy (Swifts) 8:11. Teams: Swifts.

SCAAA INDOOR HURDLES COMPETITIONS

Best marks at 60m during five meetings held at Crystal Palace between October and February: (Snr Men) D. Wilson 8.0 (Jan), R. Simpson 8.1 (Oct) & 8.2 (Feb), N. Gerrard 8.1 (Jan), T. James 8.2 (Oct) & 8.3 (Jan), G. Oakes 8.2 (Jan), A. McKenzie 8.2 (Feb), K. Cheong 8.3 (Oct). (Jnr Men) P. Allen 8.8 (Nov & Jan). (Snr Women) S. Strong 8.5 (Jan), C. St John 8.5 (Feb), S. Colyear 8.6 (Jan), L. Boothe 8.6 (Feb), J. Vernon 8.6 (Jan & Feb), J. Livermore 8.7 (Oct), V. Douglas 8.8 (Nov). (Inter Women) M. Chung 9.0 (Dec) & 9.2 (Jan & Feb), S. Dean 9.1 (Oct) & 9.2 (Jan & Feb), S. Trickett 9.2 (Jan & Feb), M. Lewis 9.2 (Jan & Feb), J. Buttress 9.2 (Feb), L. Playel 9.2 (Oct).

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BASILDON AC OPEN MEDALS MEETING

At Gloucester Park, Basildon

Sunday, 20th May, First event 11.00 am

Minor Girls 100m, 800m, L.J. Jnr Ladies 100m, 200m, 800m, 1500m, 75mH, H.J, L.J, SP, JT. Inter Ladies 100m, 200m, 400m, 800m, 1500m, 80mH. Senior Ladies 100m, 200m, 400m, 800m, 1500m, 3000m, 400mH, H.J, SP, JT. Colts 100m, 800m. Boys 100m, 200m, 800m, 1500m, 80mH, L.J, SP, JT. Youths 100m, 400m, 800m, 1500m, 3000m, H.J, L.J, SP. Snr/Jnr Men 100m, 400m, 800m, 1500m, 400mH. Vets 3000m.
Entry: 20p each event to John Barnes, 12 Elizabeth Ave., Rayleigh, Essex, by 4th May. SAE acknow.
(Under A.A.A. & W.A.A.A. Rules).

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With more than 17,000 copies going out weekly and a total readership approaching 50,000 an advertisement in "Athletics Weekly" can increase **YOUR** entries. Specially reduced rate for clubs (prepaid): £1.50 per cm (depth) for first insertion and £1 per cm per insertion for each repeat of the same copy. Minimum size 3cms. Display: ¼ page £13 (£9 per repeat), ½ page £24 (£17 per repeat), page £45 (£32 per repeat). A remittance to cover all insertions **must** accompany order. Cheques and Postal Orders to be crossed and made payable to "Athletics Weekly". Copy deadline 12 days (Monday) before publication date.

LOUGHBOROUGH STUDENTS A.C.

OPEN TRACK MEETING

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 29th APRIL, 2.30 p.m.

at Ashby Road Stadium, Loughborough

Men: 200m, 800m, 3000m.

Women: 200m, 400m, 1500m.

ENTER ON DAY, 20p PER EVENT

NORTHERN COUNTIES WOMEN'S AMATEUR ATHLETIC ASSOCIATION

CHAMPIONSHIPS 1979

Track and Field at Kirkby, 2nd June

Closing date 2nd May

Pentathlons, Walks and Relays — at Hull, 18th Aug.

Closing date 7th August

Forms & details from: Mrs Pat Green, 33 Wheatfield Road, Cronton, Nr. Widnes, Merseyside
All clubs have been circulated — entries on official forms only.

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A FLOODLIT INTER-CLUB INVITATION MEETING

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INCLUDING SPECIAL INVITATION EVENTS

Men's 3000m, 400m, Discus
Ladies 100m

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